Long Oral 1
TRANSVAGINAL MESH-RELATED COMPLICATIONS AND THE POTENTIAL ROLE OF BACTERIAL COLONIZATION
C. Diedrich1, K. Verhorstert1, S. Zaat1, J. Roovers1. Amsterdam University Medical Center1

Introduction: Transvaginal mesh (TVM) surgery is associated with serious complications, such as mesh exposure and pelvic pain. It is hypothesized that bacterial colonization contributes to the development of mesh-related complications (MRCs) by inducing a persistent inflammatory response.

Objective: The aim of this study was to investigate the potential role of transvaginal mesh bacterial colonization in the development of mesh-related complication (MRCs).

Methods: An exploratory observational study was performed including 49 patients indicated for mesh removal. We first investigated bacterial presence using quantitative culture of homogenized explanted mesh-tissue complexes (MTCs) from women suffering from MRCs, and subsequent bacterial species identification. Secondly, we evaluated the host response and localization of microorganism using histology and Fluorescence in situ Hybridization (FISH). A reference cohort of 20 women undergoing prolapse surgery was included as a control.

Results: Of the 49 patients, 44 (90%) samples were culture positive (Figure 1), with a higher diversity of species, more Gram-negative bacteria and polymicrobial cultures compared to the reference cohort, with mostly staphylococci, streptococci, Actinomyces spp., Cutibacterium acnes and Escherichia coli (Figure 2). Patients with clinical signs of infection or exposure had the highest bacterial counts. Histology demonstrated moderate to severe inflammation in the majority of samples (Figure 3). Gram staining showed bacteria in 57% of culture positive samples and in selected samples FISH illustrated a polymicrobial biofilm.

Conclusions: In this study we observed distinct differences in bacterial numbers and species between patients suffering from MRCs compared to a reference cohort. Bacteria were observed at the mesh-tissue interface in a biofilm. These results strongly suggest a role of bacterial mesh colonization in the development of MRCs.

Disclosure: No

Long Oral 2
ATOMIC FORCE MICROSCOPY EVALUATION OF CELLULAR MECHANICAL CHANGES IN ADIPOSE MESENCHYMAL STEM CELL INDUCED FIBROBLASTS
Y. Jia1, X. Sun1, J. Wang1. Peking University People's Hospital1

Introduction: After pelvic floor tissue injured, tissue mechanics have changed, resulting in pelvic organ displacement. What is the role of cells in the microenvironment of tissue injury in the change of tissue mechanics? In this study, we compared the changes of cellular mechanics in adipose mesenchymal stem cells and fibroblasts induced by adipose mesenchymal stem cells, and investigated the effects of microenvironment on the changes of cellular mechanics.

Objective: The purpose of this study was to investigate the changes of cell adhesion and stiffness between adipose mesenchymal stem cells and fibroblasts induced by growth factor.

Methods: In this study, fat from rat was extracted for primary culture of adipose mesenchymal stem cells. The third generation of adipose mesenchymal stem cells were cultured by bFGF and EGF growth factor, for induced into fibroblasts. The cell adhesion stiffness were detected and compared with atomic force microscope.

Results: 1. The cellular mechanical Young's modulus and adhesion force of cytoplasm and nucleus were obviously different (P<0.05). 2. The average Young's modulus of the nuclear region was lower than that of the cytoplasm region, indicating that the stiffness of the nuclear region was larger (P<0.05). 3. The mean value of adhesion in the nuclear region was greater than that in the cytoplasm (P<0.05). 4. The average adhesion force of fibroblasts was larger than that of adipose mesenchymal stem cells.

Disclosure: No
(P<0.01), and the average Young's modulus of fibroblasts was smaller than that of adipose mesenchymal stem cells(P<0.005), indicating greater cell stiffness.

**Conclusions:** Growth factor can adjust cell mechanics by influencing microenvironment. Under the action of growth factor, the stiffness of fibroblasts is significantly increased, indicating that it is less prone to deformation, which may enhance the mechanical properties of tissues.

**Disclosure:** No

**Long Oral 3**
**RANDOMIZED CLINICAL TRIAL OF PERIOPERATIVE VAGINAL ESTROGEN VS. PLACEBO AS ADJUVANT THERAPY TO Native Tissue VAGINAL APICAL PROLAPSE REPAIR**

D. Rahn1, H. Richter2, V. Sang3, J. Pruszynski3, L. Hynan1, University of Texas Southwestern Medical Center1, University of Alabama at Birmingham2, Women and Infants Hospital of Rhode Island3

**Introduction:** Adjunctive therapies that may improve outcomes of native tissue prolapse surgery are needed. The vagina and surrounding muscular and connective tissue support are estrogen-responsive, but the effect of intravaginal estrogen as a potential perioperative adjunctive therapy in surgical prolapse management is uncertain.

**Objective:** To examine if perioperative vaginal estrogen (compared to placebo) combined with native tissue transvaginal prolapse surgery impacts failure rates through 1 year postoperatively.

**Methods:** Randomized, double-blind surgical trial including postmenopausal women ≥ stage 2 symptomatic apical and/or anterior vaginal wall prolapse planning transvaginal native tissue apical repair enrolled at 3 clinical sites in the US (12/2016 – 2/2020). Adjunctive intervention was 1 g conjugated estrogen (CE) vaginal cream (0.625 mg/g) or identical vehicle placebo, inserted nightly for 2 wk, then 2x/wk for ≥ 2 weeks preoperatively, resumed postoperative day 1 and continued 2x/wk for 1 y. Randomization was stratified by site, hysterectomy status, and duration since menopause, current tobacco or steroid use, prior prolapse repair using mesh, or estrogen contraindications. Participants underwent vaginal hysterec- tomy (if uterus present) and either standardized bilateral uterosacral or unilateral sacrospinous ligament fixation with concomitant repairs at surgeon’s discretion. The primary outcome was time-to-surgical failure through 1 y, defined by ≥ 1 of 3 outcomes: anatomical/objective prolapse of the anterior or posterior walls beyond the hymen and/or the apex descending > 1/3 TVL, subjective vaginal bulge symptoms, or retreatment. A sample size of 186 subjects achieved 80% power at α=0.05 to detect a hazard ratio of 0.518 when the proportion of cumulative failures was 20% vs. 35%, measured at 1 y, accounting for up to 25% loss-to-follow-up or study cream non-adherence. Data were analyzed as intent-to-treat and “per-protocol” (i.e., ≥50% of expected cream use, per objective tube before/after weights, for the perioperative period and ≥ 30 months postoperatively).

**Results:** Of 206 women consented, 199 were randomized (mean age 65 y) and ≥ 18 underwent surgery. Characteristics were similar at baseline between groups. There was no difference in time to surgical failure (Fig.1) in women receiving CE vs. placebo through 1 y (adjusted hazard ratio, 1.97 [95% CI, 0.92-4.22]); 1 y failure incidence, 23% vs. 12% placebo, with anatomic failures being most common (Table 1A). Per-protocol, the CE group had greater failure (hazard ratio, 2.44 [1.01-5.88]) with 1 y failure incidence 24% CE vs. 11% placebo. Subjective pelvic floor disorder symptoms were improved significantly in both arms (Table 1B). Atrophy-related symptom score for most bothersome symptom was significantly more improved with CE compared to placebo. Granulation tissue ≥ 6 mo post-surgery was more common in the CE group, 16 (18%) vs. 7 (8%), P = 0.048.
Conclusions: There was no difference in surgical failure outcomes with use of adjuvant vaginal CE application in postmenopausal women with anterior/apical prolapse over 1 year after native tissue transvaginal repair. However, when cream was used per-protocol, the CE group had greater surgical failure. CE provides improvement in urogenital atrophy complaints compared to placebo. Further follow-up to 36mo post-procedure continues.

Disclosure: Sponsored by Pfizer, Inc. Industry funding only - investigator initiated and executed study

Long Oral 4
THE IMPACT OF DIETARY CHOLINE INTAKE ON THE DEVELOPMENT OF URINARY URGENCY INCONTINENCE
D. Sheyn1, H. Momotaz2, A. Hijazi3, K. Penney4, O. Zelenski5, V. Minassian6, S. Whalley7, S. Marki8. University Hospitals1, Case Western Reserve University2, Harvard University3, Brigham Women's and Infant's Hospital4

Introduction: Acetylcholine (Ach) is one of the main mediators of normal and abnormal micturition; and acetylcholine receptors are the primary target of mainstay pharmacotherapy. Ach is derived from choline (Ch), an essential nutrient which humans primarily predominantly obtain through diet. Therefore, evaluation of choline intake may lead to insights regarding the development of urinary urge incontinence (UUI).

Objective: To evaluate the association between Ch intake and the development of UUI in two prospective cohort studies with over 10 years of follow-up.

Methods: We evaluated the intake of dietary choline, choline-containing compounds (phosphocholine, glycerophosphocholine, phosphatidylcholine, and sphingomyelin) and betaine, a choline metabolite, and risk of UUI among women in the Nurses Health Study 1 (NHS 1) (2004-2012) and NHS 2 (2005-2013) who did not have UI or neurological conditions at baseline. Nutrient intake was assessed using a validated food frequency questionnaire (FFQ) updated every four years. Each intake was categorized into quartiles within the entire cohort. We followed the women for incident UUI, defined as new UI occurring at least monthly from 2004-2013; women were censored at first diagnosis of stress or mixed incontinence. We conducted multivariable Cox proportional hazards regression models to estimate the relative risk for the association between total choline and betaine intake, and separately free choline, phosphocholine, glycerophosphocholine and UUI. Meta-analyses using random-effects models to calculate pooled estimates. We further initiated and executed study.

Results: A total of 65,914 (NHS1: 44,351 & NHS 2: 21,563) women were included, with 9.0% (n = 5,886) reporting new UUI during the study period. Mean choline intake was 317.8 +/- 44.9 milligrams in NHS1 and 327.1 +/- 47.6 milligrams in NHS2. Higher total choline intake was associated with an increased risk of UUI in NHS1 (HR: 1.22, 95%CI: 1.12-1.33) and in pooled analysis (HR: 1.20, 95%CI: 1.11-1.29) (Figure 1). Higher betaine intake was associated with decreased risk of UUI only in NHS2 (HR: 0.80, 95%CI: 0.69-0.92). increased phosphatidylcholine was associated with UUI risk across all analyses (NHS1: HR: 1.25, 95%CI: 1.09-1.43, NHS2: HR: 1.24, 95%CI: 1.11-1.38). Pooled: HR: 1.26, 95%CI: 1.17-1.36). Higher sphingomyelin was also associated with UUI risk overall (pooled HR: 1.29, 95%CI: 1.19-1.38). There were no associations between free choline, phosphocholine, glycerophosphocholine and UUI. The association between choline intake and UUI was only found among postmenopausal women in both NHS1 and NHS2.

Conclusions: There appears to be a dose dependent relationship between choline intake and development of UUI, particularly for phosphatidylcholine and sphingomyelin. This relationship may be in part mediated by metabolic changes that occur in the postmenopausal state.

Disclosure: No
time with the provider (P = 0.003) and their visit was timely and efficient (P = 0.016) despite having less attending physician face time. Women in the telehealth group expressed uncertainty regarding the format and the perceived benefits of telehealth. There were no differences in the number of follow up visits (P = 0.81), patient-initiated (P = 0.52) or staff-initiated phone calls (P = 0.07), distance from home to office (P = 0.87), or travel time from home to office (P = 0.94) between groups. There were no differences in treatments (surgical vs non-surgical) chosen based on PSQ-18 scores.

Conclusions: Women seen by urogynecologic providers either in person or via telehealth demonstrated high satisfaction with their first visit. Although the results are inconclusive with respect to non-inferiority, telehealth is safe and does not impact conversion to surgical or procedural treatments. As telehealth use continues to demonstrate safety, efficacy, and tolerability by patients, we must educate providers and patients on the utility of this platform.

Disclosure: No
Objective: The primary objective was to assess the feasibility of CSD on post-op day 1 (POD1). Secondary objectives included (1) assessing the rate of postoperative healthcare utilization and (2) identifying risk factors for VT failure.

Methods: This is an ongoing pilot study of women undergoing outpatient urogynecologic or minimally invasive gynecologic surgery at one academic practice in the Mid-Atlantic. Data from August to December 2021 is presented. Women with pre-operative urinary retention, known upper motor neuron disease, those undergoing active treatment for malignancy, or women planning for fistula repair, diverticulectomy, sacral neuromodulation, hysteroscopy only or concomitant extra-pelvic procedures were excluded. Enrolled women who failed immediate postoperative VT on post-operative day 0 (POD0) were instructed to perform CSD at 6 am on POD1 and record their voided volumes over the subsequent four-hours. Patients who voided less than 150 ml underwent repeat VT in the office. Demographics, medical history, attending surgeon, procedure(s) performed, anesthesia, estimated blood loss, operative time, perioperative complications, duration of catheterization, persistent urinary retention, and number of post-operative office calls/visits and emergency department (ED) visits within 30 days were collected. Students t-test and Kruskall-Wallis rank sum test were used to compare continuous parametric and nonparametric variables, respectively. Fisher’s exact test was used for categorical variables.

Results: One-hundred and eight women enrolled and 38 (35%) failed POD0 VT. POD0 VT failures were more likely to be older (61 vs 55 years, P = 0.008) and undergo vaginal prolapse repair (84% vs 52%, P = 0.001) compared to women who passed. Of the 38 women who failed POD0 VT, 35 (92%) performed CSD on POD1. Two women who failed POD0 VT did not perform CSD on POD1. The first presented to the ED POD0 for pain management where her catheter was removed. The second performed CSD on POD0, presented to the ED in retention where a catheter was reinserted, and then passed in-office VT on POD1. 32/36 (89%) of the women who performed CSD successfully passed at-home VT on POD1. Of the four who failed POD1 VT, one (25%) passed in-office VT on POD1 and three (75%) failed in-office VT and required catheter reinsertion. Women who failed POD1 VT attended more post-op office visits than women who passed POD1 VT (2 vs 1, p less than 0.001), but there was no difference in office calls/messages or ED visits. Importantly, there were no complications or adverse events with the process of CSD. Women who failed POD1 VT after CSD were older when compared to those who passed (77 vs 60 years, P = 0.013) with no other significant differences between these two groups.

Conclusions: In our study, successful catheter removal was performed by all women who attempted at-home CSD on POD1 with no adverse events. CSD following advanced urogynecologic and minimally invasive pelvic surgery appears to be a safe and feasible option that may reduce burden for women unable to sufficiently void prior to discharge on POD0.

Disclosure: No

Long Oral 8
CHARACTERISTICS OF URINALYSIS FROM A CLEAN-CATCH MIDSTREAM URINE VS. CATHETERIZED SPECIMEN IN WOMEN AFTER VAGINAL SURGERY FOR PELVIC ORGAN PROLAPSE
A. O'Meara1, V. Abulyan2, E. Tunitisky-Bittin2, O. Sullivan1, Hartford Hospital1, Hartford Healthcare Division of Urogynecology2

Introduction: Urinary tract infection (UTI) is recognized complication of surgery for pelvic organ prolapse (POP) (1). Postoperative complaints after vaginal surgery such as dysuria, frequency, pelvic pain and low-grade fever are similar to those of UTI symptoms. When addressing these concerns a urinalysis is often ordered as part of a work-up. Most commonly this is done on a voided urine specimen. However, recent vaginal surgery is associated with vaginal bleeding and discharge which can lead to the contamination of the voided urine specimen. The reliance on the contaminated urinalysis may lead to misdiagnosing a UTI in a patient presenting postoperatively for acute care, and potentially missing a true pathological diagnosis. Additionally, accurate diagnosis of UTI is imperative in maintaining antibiotic stewardship as antibiotic overuse leads to antimicrobial resistance.

Objective: The aim of our study is to compare urinalysis characteristics and urine culture results obtained via clean-catch midstream urine vs. a catheterized specimen in women who recently underwent vaginal surgery for POP.

Methods: This is a prospective, longitudinal, non-randomized, non-blinded study that evaluates patients after vaginal surgery for pelvic organ prolapse. A clean-catch urine specimen and a straight catheter urine specimen were collected from participants at their routine 3-week postoperative appointment. Participants were asked to complete UTI symptoms assessment (UTISA) questionnaires. Urinalyses of both specimens were evaluated specifically for leukocyte esterase, nitrates, and blood. Urine cultures were sent on both specimens. The following results were considered contamination on urine culture: mixed urogenital flora (which includes Lactobacillus species), coagulase-negative staphylococci and Streptococcus species(2-3).

Results: Fifty-nine participants were enrolled in the study. Twelve straight catheter urine specimens were positive (22.4%). E. coli was the most common bacterium isolated (53.8%). Among those who were positive, the clean catch urine culture was more often than twice as likely to be contaminated (i.e., “a mixed result”) as the straight catheter urine culture (53.7% vs 23.1%). Leukocyte esterase on clean-catch correlated with positive urine culture on straight catheter (P < 0.001). The positive and negative predictive values of leukocyte esterase were 22.6% and 100%, respectively. Nitrates on clean-catch did not correlate with positive urine culture on straight catheter. The positive and negative predictive values of nitrates were 100% and 84.0%, respectively, although only four catheter urine specimens were positive for nitrates.

Conclusions: Leukocyte esterase on urine analysis obtained from clean-catch specimen is a poor screening tool for UTI. Voided urine specimens are more likely to be contaminated in the immediate postoperative period following vaginal surgery. Therefore, when assessing for UTI, the catheter specimen should be obtained. Our findings may help guide postoperative care in women after recent vaginal surgery provided by the surgeon and by the other providers in the inpatient and outpatient settings.

Disclosure: No

Long Oral 9
FOLLOWING THE TRAILS OF WHITE BLOOD CELLS TO REVEAL CAUSATIVE PATHOGENS IN CHRONIC URINARY TRACT INFECTION
C. Chiang1, Q. Kong1, N. Liu1, J. Malone-Lee1, R. Khasaiey1, H. Horsley1, University College London1

Introduction: Urinary tract infection (UTI) is one of the most common bacterial infections worldwide, with an estimate that over 50% of all women will have an episode of UTI in their lifetime. While acute UTI is generally self-limiting or can be treated with a course of antibiotics, UTI can become a recurrent or chronic occurrence for a subgroup of the population. Patients with chronic UTI experience varying degrees of lower urinary tract symptoms related to urgency, incontinence, voiding and pain. In recent years, it has been established that the urine is not sterile, and bacteria are ubiquitously present in health and disease. This has complicated the diagnosis and treatment of UTI as it is now harder to distinguish pathogens from commensals. As part of the body’s immune defence towards UTI, epithelial cells are shed into the urine accompanied by large numbers of white blood cells (WBCs). By targeting the bacteria implicated in the activation of these white blood cells, pathogens that potentially cause chronic UTI can be identified.

Objective: To isolate bacteria associated with the white blood cells in urine samples of chronic UTI patients.

Methods: Urine samples from 2 chronic UTI patients were collected and centrifuged, providing the supernatant and sediment portions of “neat urine”. The cells in the sediment were labelled with CD45 microbeads and separated with magnetic-activated cell sorting, resulting in CD45-positive “white blood cell (WBC)” and CD45-negative “non-WBC” fractions. Aliquots of the supernatants and sediments of neat urine, WBC and non-WBC fractions were individually cultured on chromogenic agars (chromID® CPS®/ Elite). Colony growth was recorded after two-day incubation at 37 °C. The cells in the sediments were also stained with DAPI (for nucleus and bacteria) and WGA (for cell membrane) and examined with confocal microscopy.

Results: The bacterial colonies were putatively identified based on colour as Enterococcus sp. (turquoise), Proteus sp. (light brown) and Streptococcus sp. (purple). Supernatant cultures provided information on free-floating bacteria present in the urine while sediment cultures showed bacteria associated with WBC in the WBC fraction and epithelial cells in the non-WBC fraction. In Sample 1 (Figure 1a-c), Enterococcus sp. was observed in every aliquot while Proteus sp. was found in the supernatant and sediment of neat urine and WBC sediment. Of interest was Streptococcus sp., which was observed in the neat urine sediment and again only in the WBC sediment. In Sample 2 (Figure 1d-f), Proteus sp. was observed in all aliquots. Confocal microscopy showed presence of bacteria in neutrophils.
Conclusions: This preliminary study described a workflow for isolating bacteria that are potentially being targeted by the white blood cells of the host immune system in chronic UTI. More samples are required to establish a meaningful biological interpretation of the bacterial growth observed. Definitive identification of the bacteria could be achieved through mass spectrometry to pinpoint possible pathogens linked to the development of chronic UTI.

Disclosure: No

Long Oral 10
EMERGING UROPATHOGENS, AEROCOCCUS URINAE AND COAGULASE-NEGATIVE STAPHYLOCOCCI ARE MORE FREQUENTLY DETECTED BY M-PCR/POOLED-AST THAN STANDARD URINE CULTURE, IN FEMALE PATIENTS SYMPTOMATIC OF URINARY TRACT INFECTION

N. Luke¹, D. Baunoch¹, D. Wang², H. Zhas². Pathnostics¹, Stateward²

Introduction: The standard urine culture (SUC) has been the gold standard test for the diagnosis of urinary tract infection (UTI). Its limited culture conditions are biased for the identification of classical E. coli and monomicrobial UTI infections. Recently, other bacterial species, including other Gram-negative and Gram-positive bacteria, have increasingly been acknowledged for their role in UTIs. Furthermore, recent research in this field has demonstrated that not all UTIs are monomicrobial and those polymicrobial infections are common. Novel advanced methods, such as multiplex polymerase chain reaction (M-PCR) can provide clinically relevant microbiological data missed by SUC. Aerococcus urinae is a Gram-positive bacterium that has been isolated from urine from UTI, urgency urinary incontinence and overactive bladder. It has been known to cause bacteremia and endocarditis, generally preceded by UTI and UTI symptoms. Coagulase-Negative Staphylococci (CoNS) is a group of Gram-positive cocci. Nosocomial isolates of CoNS are often found in polymicrobial cultures. Among them, S. saprophyticus is the second most frequent causative microorganism of uncomplicated lower UTI in young, sexually active women.

Objective: This study was conducted to compare Guidance® UTI, a M-PCR-based test, including Pooled Antibiotic Susceptibility Testing (P-AST), with SUC to detect A. urinae and CoNS in female symptomatic UTI patients.

Methods: Female patients from a prospective study, recruited by 75 physicians from 37 urology offices in seven states between July 26, 2018, and February 27, 2019, were included in the analysis (Western IRB 20181661). Guidance® UTI and SUC were performed on their urine samples. Detections at >10⁵ CFUs in SUC or >10⁵ bacteria/mL in Guidance® UTI were defined as positive for A. urinae and CoNS (S. epidermidis, S. haemolyticus, S. lugdunensis, and S. saprophyticus).

Results: A total of 1,360 female patients, with an average age of 73.3 years, were included in this analysis. All patients enrolled in the study presented with UTI symptoms. Most of the urine samples (94.2%) were voided midstream urine (Table 1). A. urinae and CoNS were detected in 159 and 15 (p < 0.0001) and 55 and 17 (p < 0.0001) patients by M-PCR/P-AST and SUC, respectively (Table 2). There were 144 patients detected with A. urinae by M-PCR/P-AST but missed by SUC (Table 2). Among the 144 patients, 70.8% were polymicrobial (A. urinae was detected with >1 other bacteria). SUC reported normal urogenital microflora in 38 of the 144 patients (26.4%) and no bacteria detected in 57 (39.6%) patients (Table 3). M-PCR/P-AST identified 40 patients with CoNS that were missed by SUC (Table 2), with 67.5% being polymicrobial (Table 3). Thirty percent (30%) of these patients were reported as normal urogenital microflora by SUC (Table 3).

Conclusions: M-PCR/P-AST-based Guidance® UTI is more powerful than SUC in detecting emerging uropathogens, A. urinae, and CoNS in female symptomatic UTI patients. This may be due to the limited ability of SUC to detect emerging organisms and polymicrobial infections.

Table 1: Patient demographics and clinical information

<table>
<thead>
<tr>
<th>Demographical and clinical characteristics (N=1,360)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, mean (SD)</td>
</tr>
<tr>
<td>Method of urine collection</td>
</tr>
<tr>
<td>Voided, n (%)</td>
</tr>
<tr>
<td>Catheterized, n (%)</td>
</tr>
<tr>
<td>UTI Symptoms, n (%)</td>
</tr>
<tr>
<td>Dysuria</td>
</tr>
<tr>
<td>Urinary cloudy or strong smell</td>
</tr>
<tr>
<td>Pain/Pelvic discomfort</td>
</tr>
<tr>
<td>Fever</td>
</tr>
<tr>
<td>LUTS</td>
</tr>
<tr>
<td>Urinary incontinence</td>
</tr>
<tr>
<td>Gross hematuria</td>
</tr>
<tr>
<td>Antibiotic Usage in the Last 3 Weeks, n (%)</td>
</tr>
<tr>
<td>Positive Urine Analysis or Dipsticks Results, n (%)</td>
</tr>
</tbody>
</table>

Table 2: Detection of Aerococcus urinae and Coagulase-Negative Staphylococci, by Guidance® UTI and SUC

<table>
<thead>
<tr>
<th>Aerococcus urinae</th>
<th>Coagulase-Negative Staphylococci</th>
</tr>
</thead>
<tbody>
<tr>
<td>Detected by SUC</td>
<td>17 (1.3%)</td>
</tr>
<tr>
<td>% of patients</td>
<td>15 (1.1%)</td>
</tr>
<tr>
<td>Detected in Guidance® UTI, n (%)</td>
<td>58 (4.4%)</td>
</tr>
<tr>
<td>% of patients</td>
<td>159 (11.7%)</td>
</tr>
<tr>
<td>Detected in Guidance® UTI but not by SUC, n (%)</td>
<td>40 (3.2%)</td>
</tr>
<tr>
<td>% of patients</td>
<td>144 (10.7%)</td>
</tr>
</tbody>
</table>

p-value: <0.0001
Table 1: Intra-operative Outcomes Comparing Vitamin B2 versus 5% Dextrose in Water for Ureteric Jet Visualization during Pelvic Floor Reconstructive Surgery

<table>
<thead>
<tr>
<th>Type of Outcome</th>
<th>Vitamin B2 (n=119)</th>
<th>5% Dextrose in Water (n=119)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgery Time (minutes)</td>
<td>69 (59.0)</td>
<td>85 (61.2)</td>
<td>0.055</td>
</tr>
<tr>
<td>Incontinence surgery only</td>
<td>13 (10.9)</td>
<td>23 (17.9)</td>
<td>0.009</td>
</tr>
<tr>
<td>Other surgery only</td>
<td>2 (1.7)</td>
<td>5 (4.1)</td>
<td>0.171</td>
</tr>
<tr>
<td>Prostate and incontinence surgery</td>
<td>38 (32.5)</td>
<td>42 (35.3)</td>
<td>0.349</td>
</tr>
<tr>
<td>Prostate and other surgery</td>
<td>1 (0.9)</td>
<td>0 (0)</td>
<td>0.496</td>
</tr>
<tr>
<td>Study medication intake time (minutes)</td>
<td>95 (81.2)</td>
<td>97 (83.5)</td>
<td>0.000</td>
</tr>
<tr>
<td>Time from taking study medication to “looking for ureter” (minutes)</td>
<td>140 (160-170)</td>
<td>157 (158-172)</td>
<td>0.000</td>
</tr>
<tr>
<td>Primary outcome</td>
<td>112 (97.4)</td>
<td>120 (100.0)</td>
<td>0.062</td>
</tr>
<tr>
<td>Detection of bilateral ureteric jets</td>
<td>1 (0.8)</td>
<td>0 (0)</td>
<td>0.389</td>
</tr>
<tr>
<td>Detection of one ureteric jet</td>
<td>3 (2.6)</td>
<td>4 (3.4)</td>
<td>0.181</td>
</tr>
<tr>
<td>Detection of no ureteric jet</td>
<td>1 (0.9)</td>
<td>6 (5.0)</td>
<td>0.023</td>
</tr>
</tbody>
</table>

All procedures included in this study required routine cystoscopic surgical details are outlined in Appendix 1.

Table 2: Post-Operative Outcomes Comparing Vitamin B2 versus 5% Dextrose in Water for Ureteric Jet Visualization during Pelvic Floor Reconstructive Surgery

<table>
<thead>
<tr>
<th>Related to Cysto-</th>
<th>Vitamin B2 (n=117)</th>
<th>5% Dextrose in Water (n=119)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enlarged labia</td>
<td>85 (73.0)</td>
<td>72 (63.7)</td>
<td>0.099</td>
</tr>
<tr>
<td>Infection</td>
<td>19 (16.3)</td>
<td>58 (50.5)</td>
<td>0.000</td>
</tr>
<tr>
<td>Incontinence</td>
<td>66 (56.9)</td>
<td>53 (45.5)</td>
<td>0.008</td>
</tr>
<tr>
<td>Post-operative pain 1 year</td>
<td>6 (5.7)</td>
<td>6 (5.2)</td>
<td>0.852</td>
</tr>
<tr>
<td>Ultrasound catheter at follow-up visit</td>
<td>84 (72.8)</td>
<td>60 (50.5)</td>
<td>0.023</td>
</tr>
<tr>
<td>Ultrasound catheter at follow-up visit</td>
<td>84 (72.8)</td>
<td>60 (50.5)</td>
<td>0.023</td>
</tr>
<tr>
<td>Length of catheterization (days)</td>
<td>5 (1.9)</td>
<td>3 (0.8)</td>
<td>0.241</td>
</tr>
<tr>
<td>Positive urine culture</td>
<td>53 (45.5)</td>
<td>59 (50.5)</td>
<td>0.839</td>
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</table>

Categorical data described by median (interquartile range) and compared between groups using the Mann-Whitney test.

RESULTS: In total, 236 patients were enrolled, randomized, and completed their intervention (vitamin B2 n = 117, D5W n = 119). Pre-operative characteristics were similar across randomization groups. Accurate detection of both ureteric jets was high in both groups (vitamin B2 97.4% versus D5W 90.8%, P = 0.02). The vitamin B2 group had significantly lower use of fluorescein rescue compared to the D5W group (3.4% versus 11.8% respectively, P = 0.025). Surgeon satisfaction while using vitamin B2 was significantly higher (P < 0.001). There were no significant differences in the time elapsed until visualization, the use of furosemide, or the incidence of positive urine culture at one week after surgery.

CONCLUSIONS: Both pre-operative vitamin B2 and intra-operative cystoscopy distension with D5W are highly available and inexpensive methods to detect ureteric jets with high accuracy at the time of pelvic reconstructive surgery. However, vitamin B2 was shown to have lower rates of fluorescein rescue for visualization and higher rates of surgeon satisfaction.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for Szio, COSM, Pfizer

LONG ORAL 12
DEVELOPMENT OF A PATIENT-CENTERED TEXTING PROGRAM FOR THE SELF-MANAGEMENT OF INTERSTITIAL CYSTITIS SYMPTOMS: ERICA (EDUCATIONAL AND REMOTE INTERSTITIAL CYSTITIS AIDE)
E. Kim1, L. Brown1, E. Seltzer1, D. Hartzell-Leggia1, Y. Borodyanskaya1, D. Newman1, L. Ary1, University of Pennsylvania
Introduction: Current treatment recommendations for interstitial cystitis/ bladder pain syndrome (IC/BPS) are not patient-centered. Our published focus group study found that IC/BPS patients have a strong interest in guided treatment programs that teach evidence-based self-care practices remotely.

Objective: To develop a text message-based platform that (i) remotely delivers first- and second-line American Urological Association (AUA) treatments of IC/BPS, (ii) integrates treatment of biological (neuropathic pain, pelvic floor dysfunction), psychological (symptom-related fear and anxiety) and social (barriers in access to care, limited patient-provider communication) domains of IC/BPS; (iii) uses clinically validated messages to provide guidance and support.

RESULTS: In total, 236 patients were enrolled, randomized, and completed their intervention (vitamin B2 n = 117, D5W n = 119). Pre-operative characteristics were similar across randomization groups. Accurate detection of both ureteric jets was high in both groups (vitamin B2 97.4% versus D5W 90.8%, P = 0.02). The vitamin B2 group had significantly lower use of fluorescein rescue compared to the D5W group (3.4% versus 11.8% respectively, P = 0.025). Surgeon satisfaction while using vitamin B2 was significantly higher (P < 0.001). There were no significant differences in the time elapsed until visualization, the use of furosemide, or the incidence of positive urine culture at one week after surgery.

CONCLUSIONS: Both pre-operative vitamin B2 and intra-operative cystoscopy distension with D5W are highly available and inexpensive methods to detect ureteric jets with high accuracy at the time of pelvic reconstructive surgery. However, vitamin B2 was shown to have lower rates of fluorescein rescue for visualization and higher rates of surgeon satisfaction.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for Szio, COSM, Pfizer
Methods: We conducted a literature review of evidence-based treatments and strategies that patients use to self-manage their symptoms. We combined the results of this review with cognitive interviews with 9 IC/BPS patients to understand the types of information that IC/BPS patients want. This data informed the creation of educational and treatment video modules, the accuracy of which was reviewed by an advisory group including urogynecology and urology clinicians, psychologist, physical therapist, and health innovation expert. Finally, we conducted a feasibility study in 10 women with IC/BPS eligible for first- and second-line treatments. Patients received video modules through a HIPAA-compliant texting platform and participated in dialogue tree-based open-ended texting with a study coordinator for 6 weeks. Patients were instructed to 1) provide narrative feedback on the content; 2) request a call from a clinician as needed; and 3) assess ease of use of the platform (System Usability Scale, score range 0-100, higher score indicates easier use).

Results: We developed a patient-centered texting platform, ERICA, that provides: 1) video modules of first- and second-line treatments (Table 1) and 2) clinically validated messages offering support and guidance (Figure 1) using a structured dialogue tree. Table 2 shows demographic data of the 10 patients. All patients received modules on patient education, bladder retraining and dietary triggers over two weeks. Each patient could then choose between cognitive behavioral therapy (CBT) for chronic pain, guided mindfulness practices, or pelvic floor physical therapy (PT) including myofascial trigger point release over four weeks. Four patients chose mindfulness, four chose PT, and two chose CBT. Median number of texts exchanged with each patient was 79 (range 49-120). Patient response rate was 89% indicating high engagement. In narrative feedback, patients expressed 1) appreciation for evidence-based treatments that they could access remotely on their own schedule and 2) confidence in implementing strategies for managing their symptoms. Qualitative comments included, “I felt like someone cared about me,” “I felt empowered,” and “I didn’t feel like I was alone in figuring this out.” No patient requested a call from a clinician. All 10 patients completed the program. Mean SUS was 87.8 +/- 6 denoting high usability of the platform. Suggestions for improvement included making the platform more personalized and interactive.

Conclusions: We developed a feasible low-cost patient-centered texting platform for the management of IC/BPS symptoms. Future work will involve incorporating patient feedback into the design, automating the dialogue tree, and evaluating clinical effectiveness of the platform.

Table 1: List of educational video modules or first and second line American Urogynecologic Association treatments

<table>
<thead>
<tr>
<th>Video modules</th>
<th>Title</th>
<th>Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient education &amp; bladder health</td>
<td>What is IC?</td>
<td>4:29</td>
</tr>
<tr>
<td></td>
<td>Bladder retraining and dietary triggers</td>
<td>3:04</td>
</tr>
<tr>
<td>Cognitive behavioral therapy for chronic pain</td>
<td>Understanding conditions</td>
<td>2:00</td>
</tr>
<tr>
<td></td>
<td>Managing anxiety</td>
<td>3:37</td>
</tr>
<tr>
<td></td>
<td>Identifying values</td>
<td>3:29</td>
</tr>
<tr>
<td></td>
<td>Expanding our focus</td>
<td>2:23</td>
</tr>
<tr>
<td></td>
<td>Mindfulness video modules</td>
<td>Mindfulness introduction</td>
</tr>
<tr>
<td></td>
<td>Mindfulness practice</td>
<td>4:24</td>
</tr>
<tr>
<td>Audio-guided mindfulness practice</td>
<td>Relaxation</td>
<td>4:05</td>
</tr>
<tr>
<td></td>
<td>Meditation</td>
<td>5:23</td>
</tr>
<tr>
<td>Basics of pelvic floor PT</td>
<td>Pelvic floor anatomy</td>
<td>5:17</td>
</tr>
<tr>
<td></td>
<td>Pelvic floor exercises</td>
<td>7:41</td>
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<tr>
<td></td>
<td>Pelvic floor exercises</td>
<td>5:23</td>
</tr>
<tr>
<td></td>
<td>Deep muscles and glutes</td>
<td>4:54</td>
</tr>
<tr>
<td></td>
<td>Core muscles and glutes</td>
<td>4:39</td>
</tr>
<tr>
<td></td>
<td>Hip flexors and abductors</td>
<td>5:59</td>
</tr>
<tr>
<td></td>
<td>Hip extensors and abductors</td>
<td>1:04</td>
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<tr>
<td></td>
<td>Abnormalities</td>
<td>0:56</td>
</tr>
<tr>
<td></td>
<td>Nerve blocks and x-ray</td>
<td>1:23</td>
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<tr>
<td></td>
<td>Sensory nerve blocks</td>
<td>1:23</td>
</tr>
<tr>
<td></td>
<td>Pelvic floor relaxation</td>
<td>2:15</td>
</tr>
<tr>
<td></td>
<td>Relaxation</td>
<td>1:15</td>
</tr>
<tr>
<td></td>
<td>Core</td>
<td>1:05</td>
</tr>
<tr>
<td></td>
<td>Pelvic Floor</td>
<td>1:19</td>
</tr>
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</table>

Table 2: Demographics of the 10 participants

<table>
<thead>
<tr>
<th>Age</th>
<th>Race</th>
<th>Cognitive behavioral therapy</th>
<th>Mindfulness</th>
<th>Audio-guided mindfulness practice</th>
<th>Basics of pelvic floor PT</th>
<th>Hip adductors</th>
<th>Deep muscles and glutes</th>
<th>Core muscles and glutes</th>
<th>Hip flexors and abductors</th>
<th>Hip extensors and abductors</th>
<th>Abnormalities</th>
<th>Nerve blocks and x-ray</th>
<th>Sensory nerve blocks</th>
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Disclosure: No
improvement’ to the Patient Global Impression of Improvement (PGI-I) questionnaire. Secondary outcomes included symptom bother measured with the Pelvic Floor Distress Inventory (PFDI-20), adverse events and cross-over of therapy. In the PFDI-20, a higher score represents more bothersome symptoms. With 198 women per group, we would achieve 80% power to reject the null hypothesis that pessary therapy is inferior to surgery, with a 1-sided alpha of 0.05 and a non-inferiority margin of 10%. Analysis of the primary outcome was done using the Manning-Farrington test for non-inferiority for the difference between two proportions, against the non-inferiority margin of 10% risk difference. Continuous data were analysed using the independent t-test, with 95% confidence intervals (CI) estimated using bootstrapping.

**Results:** A total of 439 women were included, 218 (49.7%) women in the pessary group and 221 (50.3%) women in the surgery group. A total of 96 (44.0%) women in the pessary group switched to surgery and in the surgery group re-surgery was performed in 7 (3.2%) women and 2 (0.9%) women additionally used a pessary. In the intention-to-treat analysis, subjective improvement was reported by 75.9% of women in the pessary group and 82.3% in the surgery group (risk difference 17.5%; 90% CI -26.1% - -8.8%; p-value 0.02), as compared to the pessary group. Both groups showed an improvement on all subscales of the PFDI-20, without significant difference between groups. In a per-protocol analysis, subjective improvement was reported by 67.3% of women in the pessary group and 84.8% of women in the surgery group (risk difference 17.5%; 90% CI -26.1% - -8.8%; p-value 0.02) and on the total PFDI-20 scale (mean difference 11.3; 95%CI 1.0 - 21.4; p-value 0.03), as compared to the pessary group.

**Conclusions:** For patients presenting with symptomatic POP, surgery, as compared with initial pessary, results in higher rates of subjective improvement at 1-year. Therefore, pSMCs may be used to restore internal urethral sphincter function. We confirmed efficacy of human pSMCs in a SUI animal model previously.

**Disclosure:** No

**Long Oral 14**

**DONOR-AGE RELATED EFFICACY AND BIODISTRIBUTION OF IPSC-DERIVED SMOOTH MUSCLE CELL PROGENITORS FOR STRESS URINARY INCONTINENCE**

J. Zhang¹, Y. Wen¹, T.D.B. Ho¹, G. Zhuang¹, Q. Shae¹, S. Guo¹, B. Chen¹.

**Stanford University²**

**Introduction:** The internal urethral sphincter, consisting mostly of smooth muscle cells (SMC), contributes to urethral continence mechanism. Trauma and aging are associated with urethral SMC loss. Surgery is currently the main treatment for stress urinary incontinence (SUI), but recurrence rate is high in older patients. The process of genetic reprogramming of patient somatic cells into induced pluripotent stem cells (iPSCs) that can then be differentiated into smooth muscle cell progenitors (pSMCs) may provide an attractive strategy for autologous cell therapy.

**Methods:** Fibroblasts from female patients in different age groups (40, 70, 80 years) were reprogrammed into iPSCs using a mRNP reprogramming method. These were differentiated into pSMCs. SUI rat model was created via urethroylisis and ovariectomy in the immune compromised RNU rat. All SUI rats underwent peri-urethral injections: saline (sham saline group) and pSMCs three weeks post-surgery. Blinded vertical tilt table leak point pressure (LPP) tests were performed 5 weeks post injection. Total RNA was extracted from the urethras, and RT-PCR was performed to evaluate rat elastin and collagen III mRNA levels. For biodistribution, peri-urethral pSMC injections were performed on NSG (severely immune compromised) mice to maximize long-term survival of the human cells. Mice were euthanized at day 1, 4, 7 and 14 and pelvic tissues/organs harvested for immunohistochemistry and Alu-seq PCR. The Alu sequence is a well-preserved gene in human cells which can be used to detect presence of human cells. Alu-seq PCR was performed from DNA extracted from the liver, brain, kidneys, vagina, bladder, and urethra to trace and confirm cell migration up to 4 months post injection.

**Results:** Compared to intact control rats with no surgery, the mean LPP was significantly lower in SUI rats injected with saline (sham saline). All three SUI groups treated with patient-specific pSMCs exhibited higher LPPs compared to sham saline rats (P < 0.05, Fig 1). Compared to saline treatment, one out of three pSMC-treated SUI groups showed significant upregulation of elastin mRNA in the urethra, with the other two groups showing a trend for upregulation of elastin (Fig 2). Two out of three pSMC-treated SUI groups showed significant upregulation of collagen III mRNA. pSMCs were detected in the bladder, vagina, and urethra at day 1, 4, and 7 post-injection via Alu-PCR and confirmed via immunohistochemistry. pSMCs were detected only in the urethra via Alu-PCR up to 4 months after injection (Fig 3).

**Conclusions:** In summary, our data suggest that pSMCs derived from older patients may be efficacious for autologous cell treatment of SUI and pSMCs appear to engraft in the injected site (urethra/periurethral region) without migration to distant organs. Long term in vivo studies are needed to confirm sustained efficacy and safety.
Abstracts

Female Pelvic Medicine & Reconstructive Surgery • Volume 28, Number 6, Supplement 1, June 2022

Long Oral 15
LOSS OF AN ESSENTIAL GENE FOR CELLULAR SENESCENCE (CYCLIC GMP-AMP SYNTHASE) RESCUES PELVIC ORGAN PROLAPSE

E. Tappy1, H. Shi1, M. Florian-Rodriguez1. UT Southwestern Medical Center1

Introduction: Pelvic organ prolapse becomes more prevalent with increasing age. Cellular senescence is associated with the process of aging and contributes to both tissue dysfunction and impaired tissue regeneration. Cyclic GMP-AMP Synthase (cGAS) is a cytosolic DNA sensor that plays a key role in activating innate immunity and is essential for cellular senescence.

Objective: To determine if loss of cGAS rescues prolapse in fibulin-5 knock-out mice (Fbln5−/−). We hypothesized that inhibition of cGAS activity will eliminate or decrease the severity prolapse in Fbln5−/− mice.

Methods: Female wild type (WT) (n = 9), Fbln5−/− (n = 14) and DKO (n = 9) mice were followed with weekly mouse pelvic organ prolapse quantification system (MOPQ) measurements from 4 weeks to 24 weeks. Vaginal tissue was harvested at 12 and 24 weeks for immunostaining and cytokine analysis. ANOVA with post hoc testing was used for statistical analysis. Quantitative data is presented as mean ± standard error of the mean.

Results: The magnitude of perineal bulge (bulge) and perineal body length (PBL) increased significantly with age in Fbln5−/− mice. Loss of cGAS in DKO animals rescued prolapse indicated by stable measurements of bulge (PBL) increased significantly with age in Fbln5−/− mice. Loss of cGAS in DKO animals rescued prolapse indicated by stable measurements of bulge and PBL (Figure 1). There were no differences between groups in young animals (4, 8, or 12 weeks). Significant differences were observed starting at 20 weeks with the most striking differences observed at 24 weeks when average bulge was 9.7 ± 0.75 mm in Fbln5−/− and 4.7 ± 0.12 mm in DKO mice (P = 0.0006). Likewise, PBL was 9.5 ± 0.42 mm in Fbln5−/− and 5.6 ± 0.19 mm in DKO mice (P = 0.004). Interestingly, WT and DKO were indistinguishable suggesting complete rescue of the prolapse phenotype. Immunofluorescence demonstrated although expression of senescence markers p16, and γH2A.x increased with age in both Fbln5−/− and DKO mice, age-associated increases in these markers were attenuated in DKO animals (17.1% vs 0.76%, P = 0.047) respectively (Figure 2). In contrast, p21 expression increased in Fbln5−/− mice, but not DKO. Cytokine analysis revealed increased expression of macrophage inflammatory protein-1 alpha (0.9 pg/mL ± 0.1 vs 7.3 ± 1.4, P = 0.001) in Fbln5−/− compared with DKO mice at 12 weeks. Differences in these senescent markers were not observed in older mice at 24 weeks suggesting initiation of cell senescence may occur prior to development of prolapse.

Conclusions: Pelvic organ prolapse was rescued in DKO mice compared to Fbln5−/− mice suggesting that cGAS, an essential gene for cellular senescence plays a key role in the development of prolapse in these animals with age. In agreement with this finding, senescence-associated cytokines were increased in Fbln5−/− mice prior to the development of prolapse at 12 weeks, but not in DKO mice. Increased cytokine expression was followed by increased expression of γH2A.x and p21, markers of cellular senescence. These findings suggest that cellular senescence may play a role in the pathogenesis of pelvic organ prolapse and strategies to mitigate its effects may aid in disease prevention.

Disclosure: One of the authors act as a consultant, employee or shareholder for Cellino Biotech, Inc., Hims, Inc., Procter & Gamble.

Long Oral 16
DEVELOPMENT AND VALIDATION OF MODELS PREDICTING TREATMENT PATTERNS IN WOMEN WITH URINARY URGENCY AND/OR URGENCY INCONTINUENCE

C.E. Bretschneider1, Q. Liu2, A. Smith3, Z. Karkali3, C. Amundsen4, H. Lai5, J. Geynisman-Tan1, A.C. Kirby6, J. Griffith1, J.E. Jelovsek7. Northwestern University8, Arbor Research Collaborative for Health2, NIDDK3, Duke University9, Washington University in St. Louis5, University of Washington6

Introduction: Urinary urgency (UU) and urinary urgency incontinence (UUI) are chronic conditions often managed with multiple treatments, but it is difficult for clinicians to predict which treatments women are likely to use or discontinue over time.

Objective: To develop and internally validate model-based clinical tools to predict treatment patterns over 12-month for women with bothersome UU and/or UUI.

Methods: This is a secondary analysis of a prospective cohort study that enrolled adult women with bothersome UU and/or UUI seeking care for lower urinary tract symptoms in specialty care clinics. Recommended treatments were organized from the least to more invasive: (1) behavioral therapy, (2) pelvic floor physical therapy, (3) OAB medications, and third line treatments including (4) percutaneous bladder nerve stimulation, (5) intradetrusor onabotulinumtoxinA, and (6) sacral neuromodulation. Ordinal logistic and Cox proportional hazards models were fitted to predict two outcomes: 1) the most invasive level of treatment and 2) time to OAB medication discontinuation during the 12-month follow-up, respectively. As some UU/UUI patients also had concurrent bother-some stress urinary incontinence (SUI) and got treated with sling surgery, a binary logistic model was built to predict sling surgery during the study.

Disclosure: No.
follow-up. Model selection was done using backward elimination and variables with p-value <0.10 were kept in the model. All models were internally validated using a bootstrap with 500 resamples and model performance was evaluated using Brier score, bias-corrected c-statistic, and bias-corrected calibration curves. The three models were incorporated into an online calculator for clinical evaluation.

Results: 349 women with bothersome UU and/or UUI were included. After controlling for treatments (level of treatment and sling) received at or prior to baseline, the most invasive level of treatment over 12-month follow-up was predicted using the following characteristics: 1) education level, 2) history of hypertension, 3) severity of urgency, 4) severity of SUI, and 5) Anticholinergic Burden Score at baseline. Among 105 (30%) participants that used OAB medications during the study period, PROMIS depression score and severity of urgency were predictive of time to OAB medication discontinuation. Participants with less depression (depression score < normative mean) and participants with more severe urgency were less likely to discontinue OAB medication. 70 (20%) participants underwent sling placement during study follow-up. After controlling for sling prior to baseline visit, four variables predicted a higher likelihood of sling placement during study follow-up: 1) white race; 2) more negative feelings if had to live with current urinary condition for the rest of the life (from the American Urological Association Symptom Index questionnaire); 3) lower severity of urgency; and 4) higher severity of SUI. Each model’s performance is demonstrated in Table 1. The calibration curves (Figure 1) demonstrated moderate calibration with predicted probabilities close to observed probabilities in the ranges of making clinical decisions. The online calculator is linked here: https://duke-som.shinyapps.io/UUI_treatments-app/.

Conclusions: These models, combined into a tool for clinical evaluation, show potential to help providers counsel patients and develop focused treatment plans for women at high risk for treatment discontinuation when seeking treatment for UU and UUI.

Disclosure: No

Long Oral 17
OBSTETRIC ANAL SPHINCTER INJURY: GUIDANCE FOR FUTURE DELIVERY ROUTE
A. Nutaitis1, S. Kolikondai2, M. Yao2, L. Hickman3, K. Propst2. Cleveland Clinic Akron General1, Cleveland Clinic2, The Ohio State University Wexner Medical Center3

Introduction: Up to 79% of women experience an obstetric laceration during a vaginal delivery. Obstetric anal sphincter injuries (OASIs) are the most severe lacerations and include third and fourth-degree tears. While OASIs only occur in up to 4.4% of vaginal deliveries, long-term effects can be debilitating and future delivery route planning can be challenging.

Objective: Our study objectives were to analyze OASI delivery characteristics between women with a subsequent vaginal delivery versus subsequent cesarean delivery and to describe demographic and OASI delivery characteristics in women who had a recurrent OASI.

Methods: This was a retrospective cohort study of women who experienced a vaginal birth that resulted in an OASI between 2013 and 2015 at a tertiary academic medical center. Electronic medical records were reviewed for patient demographics, obstetric delivery data, and subsequent pregnancy delivery data. The Pearson's chi-square and Fisher's Exact test were used to compare OASI delivery characteristics in women who subsequently had either a vaginal or cesarean delivery. Level of significance was set to a p-value less than or equal to 0.05.

Results: 287 women who experienced an OASI met eligibility criteria. The majority of women were white (n = 209, 72.8%), non-Hispanic (n = 262, 91.3%) and aged between 20 and 34 years (n = 249, 86.8%). Most women had a spontaneous vaginal delivery (n = 190, 66.2%), while 72 (25.1%) and 25 (8.7%) had a vacuum-assisted (VAVD) and forceps-assisted vaginal delivery (FAVD), respectively. The majority of women did not experience shoulder dystocia (n = 258, 92.1%) or episiotomy (n = 215, 74.9%). The most common OASI was a 3A laceration (n = 158, 55.1%), followed by 3B (n = 75, 26.1%), fourth degree (n = 37, 12.9%), and 3C (n = 17, 5.9%). The mean infant weight was 3513 g (SD +/- 462.1). Table 1 highlights characteristics in the OASI delivery that may have contributed to subsequent delivery route. Significantly more
women experienced a cesarean delivery in their subsequent pregnancy if their prior delivery was impacted by a shoulder dystocia (P < .001) or a four-degree laceration (P < .001). There was no difference in subsequent delivery route among women with prior postpartum laceration complications or fecal incontinence. While only 3 of the 127 (1.9%) women who experienced a subsequent vaginal delivery experienced a recurrent OASI, history of OASI and maternal request represented the majority of the indications for cesarean delivery (n = 38, 64.4%). Of the 3 women with recurrent OASI, all were white, non-Hispanic, and non-smokers, with only 1 woman having an episiotomy and VAWD.

Conclusions: Only 1.9% of women experienced a recurrent OASI in this cohort. The increased morbidity associated with cesarean delivery should be weighed against the potential impact and sequelae from recurrent OASI, and utilized in informed, patient-centered counseling when planning a subsequent obstetric delivery route in all women with history of OASI.

Disclosure: No

Long Oral 18
THE USAGE OF TISSUE SEALANT IN MANAGEMENT OF GENITO-URINARY FISTULAS: A SYSTEMATIC REVIEW
M. Bouchard1, H. Khalill1, A. Clancy1. The Ottawa Hospital - University of Ottawa

Introduction: Tissue adhesive have gained attraction in multiple surgical fields in the past decade. Their use for vesicovaginal fistulas is currently off label, but articles are getting published on its usage for this indication.

Objective: To carry out a systematic review on the effectiveness and complications of tissue sealant in the management of genitourinary fistula in women.

Methods: A systematic review of the literature was conducted through the Medline, Embase and Scopus databases according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement. The research was conducted with the guidance from a librarian. Studies from 1990 to 2021 in English, using the keywords ‘fistula’, ‘vesicovaginal fistula’, ‘vesicocutaneous fistula’, ‘urethrovaginal fistula’, ‘urethrocutaneous fistula’ and ‘fistula’ were included. Editorials, commentaries, letters, animal studies and conference abstracts were excluded. Two reviewers screened abstracts and full-text and extracted data independently. The software Covidence was used for recording decision and collection of articles. A narrative synthesis was conducted given the heterogeneity of studies.

Results: A total of 1032 abstracts were screened and 14 articles met inclusion and exclusion criteria: one randomized controlled trial, one prospective cohort, six case series and six case reports. Of the 84 women included, 12 (14.3%) had unsuccessful repair with tissue adhesive usage. The mean time of follow up was 11.46 months. The average size of the fistula was 1.05 cm (range from 0.1 to 3.9 cm). Most fistulas (81) included were vesicovaginal fistulas. In 70 (83.3%) women, the fistula tract was excised and sutured, and the tissue adhesive was used as an interposition layer over the suturing. Of the interposition technique, 8 women experienced recurrences (11.4%). Nine publications reported the usage of commercial fibrin glue including a total of 46 women. Of these only three (6.5%) patients reported recurrence of fistula. The time to recurrence was given the heterogeneity of studies.

Conclusions: Tissue adhesive appears to be a promising alternative for management of urogenital fistulas without reported important complications. Larger prospective studies on the subject will be required to assess outcomes.

Disclosure: No

Long Oral 19
ASSOCIATION BETWEEN POSTPARTUM GENITAL HIATUS SIZE EIGHT WEEKS POSTPARTUM AND PELVIC ORGAN PROLAPSE 1 YEAR FOLLOWING FIRST VAGINAL DELIVERY
H. Roset1, A. Allhouse1, I. Nygaard4, A.J. Hild1, C. Swenson1. University of Utah

Introduction: Vaginal parity and genital hiatus (GH) enlargement are both risk factors for pelvic organ prolapse (POP). Recent longitudinal data of women 5-10 years after first delivery suggests GH enlargement precedes POP development. However, it is unknown whether postpartum GH enlargement increases risk of POP.

Objective: The aim of this study is to determine whether an enlarged GH (≥4 cm) at 8 weeks postpartum predicts POP at 1 year following first vaginal delivery.

Methods: This is a secondary analysis of the Motherhood and Pelvic health study, a prospective cohort study of nulliparous women who delivered vaginally. Demographics, delivery characteristics, and POP-Q data at 8 weeks and 1 year postpartum were abstracted. GH size was measured during maximal Valsalva and an enlarged GH was defined as ≥4 cm. We defined POP as any of the POP-Q points Ba, Bp, or C ≥ 0 cm. Kaplan Meier (KM) curves were used to compare time to POP development between women with and without an enlarged 8-week postpartum GH. Proportional hazards modeling was used to (1) quantify the association between enlarged GH at 8 weeks and POP at 1 year postpartum in an unadjusted model, 2) test for difference in association in the presence of POP, and 3) adjust for maternal characteristics. Diagnostic properties of GH ≥ 4 cm as a postpartum screening tool for POP one year postpartum were calculated.

Results: Of the 645 women who completed the study, 65 were excluded for missing POP-Q data leaving 580 women for analysis. Enlarged GH was present in 36% (n = 206) of women at 8 weeks postpartum and 30% (n = 172) at 1 year. Prevalence of POP at 1 year was 9% (54). In bivariable analysis, women with POP were on average 2 years older than those without POP and maternal age was the only variable significantly associated with POP. In KM analysis limited to women without POP at 8 weeks, women with (n = 190), versus without (n = 301), an enlarged GH at 8 weeks developed POP more quickly (P < 0.001; Figure 1). In the hazards model, GH size at 8 weeks was independently associated with POP at 1 year postpartum, after adjusting for age, BMI, and presence of POP at 8 weeks postpartum (aHR 3.34, 95% CI 1.85-6.06, P < .001). POP 8 weeks postpartum did not modify the effect of GH on POP at 1 year (Figure 2). The diagnostic properties of postpartum GH ≥ 4 cm to predict POP at 1 year are as follows: sensitivity 0.63 (95% CI 0.50, 0.76), specificity: 0.67 (0.63, 0.71), positive predictive value: 0.17 (0.11, 0.22), and negative predictive value: 0.95 (0.92, 0.97).

Conclusions: Women with an enlarged GH (≥4 cm) postpartum have a 3.3-fold increased risk of POP at 1 year and faster onset to POP development compared to women with GH <4 cm. As a screening tool, postpartum GH ≥4 cm has moderate diagnostic properties suggesting GH may be a simple screening tool to help discern between women at average versus increased risk for POP development within the first postpartum year.
WHAT CAUSES CYSTOCELE? VARIATIONS IN PATTERN AND SEVERITY OF STRUCTURAL FAILURE SITES ON STRESS 3D MRI

C. Hong¹, L. Nandikanti², J. DeLaney¹, L. Chen¹. University of Michigan¹, University of Michigan Medical School²

Introduction: Cystocele, or anterior vaginal wall prolapse, is caused by failure at one or more fascial and muscular sites. These sites include (1) vaginal attachments to surrounding structures, as reflected by apical and paravaginal descent, (2) the fibromuscular wall of the vagina, as reflected by increased vaginal length and width, and (3) levator ani and perineal support, as reflected by the increased hiatus diameter. Women with similar prolapse size may have uniquely different failure sites. However, the relative contribution of total failure site number and failure site severity to overall prolapse size is currently unknown. The ability to identify and measure them in specific women could expand the understanding of prolapse progression, aid in operative selection, and help identify reasons for operative failure.

Objective: To compare the frequency and impairment severity of structural failure sites among women with cystocele according to increasing prolapse size based on stress three-dimensional magnetic resonance imaging (MRI).

Methods: Eighty-three women with anterior vaginal wall-predominant prolapse and uterus in situ who had undergone stress 3D MRI as part of prior (n = 30)¹ and ongoing (n = 53) research studies with similar protocols were selected for this analysis. Subjects had symptomatic prolapse with POP-Q location Ba >1 and Ba > C. The vaginal wall length and width (at the mid-vagina), apex and paravaginal locations relative to the Pelvic Inclination Coordinate System (PICS), and urogenital hiatus diameter were measured at maximal Valsalva (Figure 1). Prolapse size was measured as the lowest point of anterior wall descent. Subject measurements were compared to established measurements in normal controls without prolapse (see ref.). The failure site z-score was calculated.
Increasing anterior vaginal wall prolapse size is associated with increases in failure site frequency and severity across all measurements from frequency for apex location (Figures 2 and 3). The median number of abnormal failure sites increased across prolapse size tertiles with the largest difference between the small and medium tertiles (small: 3 [2-3.5]; medium: 5 [4-5]; P ≤ 0.01). Similarly, the mean failure severity z-score (Figure 3) increased across prolapse size tertiles (small: 1.35, standard error of the mean [SEM] 0.14; medium: 2.54, SEM 0.11; large: 3.46, SEM 0.10, P < 0.01). Subjects were more likely to have impairment of attachment and hiatal factors than vaginal wall factors.

Conclusions: Increasing anterior vaginal wall prolapse size is associated with an increase in the number of structural failure sites from small to medium tertiles and severity of failure between all tertiles, although significant variation exists between women with similar prolapse sizes. Ref: Obstet Gynecol. 2016;128 (4):853-862.

Disclosure: One of more of the authors act as a consultant, employee or shareholder of an industry for Cosm Medical

Long Oral 21
INTERSTITIAL CYSTITIS/BLADDER PAIN SYNDROME PATIENTS WITH A BLADDER CENTRIC PHENOTYPE EXHIBIT A VARIABLE BLADDER MUCOSAL FIBROSIS-RELATED GENE EXPRESSION PROFILE BASED ON HUNNER’S LESION STATUS

D.T. Wolff1, R. Xu1, S. Wachtman2, R.J. Evans1, G. Badlani1, C.A. Matthews1, S.J. Walker2, Wake Forest School of Medicine, Wake Forest Institute for Regenerative Medicine

Introduction: The concept of fibrosis in interstitial cystitis/bladder pain syndrome (IC/BPS) is enigmatic in that even though ~10% of patients appear to have a bladder-centered disease, characterized in part by a significantly diminished anesthetic bladder capacity (BC) which has inconsistent overlap with the presence of Hunner’s lesions (HL), the etiology and pathophysiology that underlies this bladder-centric phenotype is still poorly understood.

Objective: The objective of this study was to determine, using expression profiling of fibrosis-relevant genes in bladder mucosa from IC/BPS patients, if subgroup-specific gene expression patterns were apparent.

Methods: Bladder mucosal biopsies from 48 adult females (32 IC/BPS patients; 16 non-IC/BPS controls) were evaluated in this study. Equal numbers of IC/BPS patient samples (n = 16/group) were selected from our biorepository based on either a low anesthetic bladder capacity (BC; ≤ 400 cc) or a non-low BC (more than 400 cc). Within each BC group, one-half of the patients (n = 8) were Hunner’s lesion positive (HL+) and the other half were HL-. Following RNA isolation and quality assessment, mucosal gene expression was measured using the Nanostring nCounter Fibrosis Panel, a gene array that enables the simultaneous quantitative expression profiling of 770 fibrosis-related genes. Differentially expressed genes (DEG) lists were extracted from the following 3 group comparisons: (1) all IC/BPS vs control, (2) IC/BPS/HL+ vs control, and (3) IC/BPS/HL- vs control. Subgroup analyses compared bladder-centric only (i.e., low BC) IC patients +/- HL vs control. All individual DEG lists were uploaded to Ingenuity Pathway Analysis (IPA) to allow for the identification of biological pathway involvement.

Results: Overall, in the comparisons of gene expression in mucosal specimens from IC/BPS patients to non-IC/BPS controls, there was a statistically significant overrepresentation of genes corresponding to upregulated inflammatory pathways involved in cell mediated immunity including: Systemic Lupus Erythematosus (SLE) in B Cell Signaling, Pyroptosis Signaling, and Fcg Receptor Mediated Phagocytosis in Macrophages and Monocytes pathways. Overrepresented genes were also involved with downregulation of the Growth Arrest and DNA Damage-inducible 45 (GADD 45) Signaling pathway (Figure 1). In the comparisons between samples from bladder-centric patients (low BC) with and without HL, the HL+ subgroup was found to have upregulated active inflammatory via the Neuroinflammation, T-cell Receptor Signaling, and Dendritic Cell Maturation pathways. In contrast, the HL- group had significant downregulation of the Idiopathic Pulmonary Fibrosis Signaling, Cytoskeletal Integrin Linked Kinase (ILK) Signaling and Hypoxia Inducible Factor 1α (HIF1α) Signaling pathways (Figure 2).

Conclusions: The bladder centric IC/BPS phenotype represents about 10% of all IC/BPS patients, and within this phenotypic subgroup there is an approximately 50-50 split between patients that are HL+ and HL-. The data presented
Introduction: Small fiber polyneuropathy (SFPN) has recently been found in small series to be associated with interstitial cystitis/bladder pain syndrome (IC/BPS), however the role of SFPN in the etiology and/or pathophysiology of IC/BPS is not known.

Objective: The objective of this study was to characterize the clinical phenotype of IC/BPS patients with a confirmed diagnosis of SFPN, and to identify which co-occurring symptoms and syndromes are associated specifically with SFPN.

Methods: 100 patients with IC/BPS undergoing therapeutic hydrodistention (HOD) provided a skin biopsy from the distal calf, which was stained with protein gene product (PGP) 9.5, a marker for intraepidermal nerve fibers (IENF). SFPN status (+/-) was determined by comparing linear IENF density (fibers/mm²) with normative reference values for age and sex (<5th percentile for SFPN). Anesthetic bladder capacity (BC), Hunner’s lesion (HL) status, and glomerulations were recorded. Demographic information and affirmative response for conditions known to co-occur with IC/BPS (e.g., fibromyalgia, chronic pelvic pain (CPP), vulvodynia, endometriosis, irritable bowel syndrome (IBS), chronic fatigue syndrome (CFS), migraines, depression, panic disorder, allergies, and asthma) were determined from patient reports. Data were compared utilizing Fisher’s exact test for categorical variables, and independent samples t-test for continuous variables.

Results: In this large cohort of IC/BPS patients, 81% had IENF densities below the median for their age and sex, and almost one third were SFPN+ (31/100; 31%). SFPN+ patients were, on average, younger (46.55 versus 60.6 years old; p = 0.002). Additionally, 43.6% of the patients in the placebo group were a unique population due to the anatomic proximity of the surgical field to the rectum as compared with general gynecologic or oncologic surgical patients.

Conclusions: Decreased intraepidermal nerve fiber density is a common finding in IC/BPS patients, and frequently reaches a level that meets the definition for small fiber polyneuropathy. The finding of SFPN correlated positively with chronic fatigue syndrome in this population. Contrary to the fact that SFPN tends to affect older individuals, the SFPN+ IC/BPS patients were, on average, almost 6 years younger than their SFPN- counterparts. Additional studies are warranted to assess the significance of SFPN in the pathophysiology of IC/BPS.

Table 1. Demographic and clinical data.

<table>
<thead>
<tr>
<th>Variable</th>
<th>SFPN+ (n=31)</th>
<th>SFPN- (n=69)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>Mean ± SD</td>
<td>Mean ± SD</td>
<td></td>
</tr>
<tr>
<td>Sex (F)</td>
<td>29 (93.5%)</td>
<td>59 (85.5%)</td>
<td>0.33</td>
</tr>
<tr>
<td>BMI</td>
<td>29.37 ± 7.94</td>
<td>28.5 ± 6.6</td>
<td>0.485</td>
</tr>
<tr>
<td>Smoker</td>
<td>3.19 ± 0.4</td>
<td>24 (34.3%)</td>
<td>0.16</td>
</tr>
<tr>
<td>Race (White)</td>
<td>24 (77.4%)</td>
<td>63 (91.3%)</td>
<td>0.103</td>
</tr>
<tr>
<td>IENF Density</td>
<td>3 ± 1.05</td>
<td>9.1 ± 4.3</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Bladder Capacity</td>
<td>799.19 ± 357.6</td>
<td>765.81 ± 374.7</td>
<td>0.87</td>
</tr>
<tr>
<td>Hunner’s Lesions</td>
<td>6 (23.6%)</td>
<td>12 (17.6%)</td>
<td>0.21</td>
</tr>
<tr>
<td>Chronic Fatigue Syndrome</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allergies</td>
<td>11 (35.5%)</td>
<td>20 (46.0%)</td>
<td>0.047</td>
</tr>
<tr>
<td>Chronic Pelvic Pain</td>
<td>16 (50.9%)</td>
<td>24 (34.5%)</td>
<td>0.12</td>
</tr>
<tr>
<td>Vulvodynia</td>
<td>7 (23.5%)</td>
<td>11 (16.7%)</td>
<td>0.41</td>
</tr>
<tr>
<td>Endometriosis</td>
<td>10 (32.3%)</td>
<td>14 (21.2%)</td>
<td>0.20</td>
</tr>
<tr>
<td>Pelvic Floor Dysfunction</td>
<td>11 (35.5%)</td>
<td>22 (33.1%)</td>
<td>0.82</td>
</tr>
<tr>
<td>Fibromyalgia</td>
<td>11 (35.5%)</td>
<td>22 (33.1%)</td>
<td>0.82</td>
</tr>
<tr>
<td>Irritable Bowel Syndrome</td>
<td>14 (45.2%)</td>
<td>23 (34.5%)</td>
<td>0.26</td>
</tr>
<tr>
<td>Migraines</td>
<td>8 (21.7%)</td>
<td>30 (45.5%)</td>
<td>0.12</td>
</tr>
<tr>
<td>Depression</td>
<td>14 (44.8%)</td>
<td>28 (42.4%)</td>
<td>0.83</td>
</tr>
<tr>
<td>Panic Disorder</td>
<td>12 (39.4%)</td>
<td>25 (39.4%)</td>
<td>0.27</td>
</tr>
<tr>
<td>Asthma</td>
<td>6 (20.7%)</td>
<td>19 (28.8%)</td>
<td>0.46</td>
</tr>
</tbody>
</table>

Disclosure: No
required rescue treatment with magnesium citrate compared with only 7% of the treatment group (P < 0.001). McNanley and colleagues tested a stepwise laxative regimen with docusate, fiber, polyethylene glycol, and bisacodyl against a control of docusate alone. Patients receiving the combination regimen had a bowel movement 11.7 hours earlier than the docusate-only patients after regression to adjust for preoperative bowel habits and other confounders (P = 0.04). They found no difference in pain during the first bowel movement. Edenfield and colleagues randomized patients to polyethylene glycol plus docusate or docusate alone. There was no significant difference in the primary outcome of time to first bowel movement, but the polyethylene glycol group was less likely to take additional laxatives (23% vs. 42%, P = 0.01). By GRADE criteria, all 3 studies provide moderate quality evidence.

Conclusions: Few studies have investigated laxative regimens in patients after urogynecologic surgery. The available literature is moderate quality and suggests benefit of multiple-agent treatment over docusate only or no treatment.

Disclosure: No

Long Oral 24

FRAILTY AND ACUTE POSTOPERATIVE URINARY RETENTION IN OLDER WOMEN UNDERGOING PELVIC ORGAN PROLAPSE SURGERY

S. Zuo1, C. Carter-Brooks2, H. Zyczynski1, M. Ackenbom1, UPMC Magee Women’s Hospital1, George Washington School of Medicine & Health Sciences2

Introduction: Acute postoperative urinary retention (POUR) is common following pelvic organ prolapse surgery, occurring in 15-45% of women. Some studies have reported that older age is associated with POUR. Although frailty is known to be associated with adverse postoperative outcomes, there is a paucity of data on the relationship between frailty and POUR.

Objective: We aimed to examine the association between frailty, as defined by the Fried Frailty Index (FFI), and POUR in older women who underwent pelvic organ prolapse surgery.

Methods: This was a secondary analysis of a prospective study on postoperative delirium which enrolled women 860 years old undergoing prolapse surgery at a large academic center from October 2016 to December 2019. Exclusion criteria included history of cognitive impairment and major neurologic disorder. The FFI, measured for each patient prior to surgery, includes the following components: self-reported unintentional weight loss ≥ 10 pounds over the past year, self-reported exhaustion, low activity with calculated expenditure of less than 270 calories/week, decreased hand grip strength, and slowed walking speed. Total FFI score of 3 or above is categorized a “frail,” score of 1-2 is “prefrail,” and score of 0 is “not frail.” The primary outcome is acute POUR, defined as requiring bladder catheterization at hospital discharge due to urinary retention. Chi-square (or Fisher’s exact) for categorical variables and Student’s t-test for continuous variables were used to compare characteristics across patients with or without POUR. Univariable logistic regression was performed to assess for risk factors of POUR in this cohort. An exploratory multivariable logistic regression was performed with forward additions and confirmed with backward removal techniques using relevant (age) and candidate variables with P < 0.2 on univariable regression (body mass index (BMI), surgical approach, concomitant incontinence procedure, decreased grip strength).

Results: Analyses were conducted on the full dataset of 165 women with mean age of 72.5 ± 6.1 years and BMI of 28.0 ± 4.4 kg/m2 (Table 1). Most women were White (n = 153, 93.3%). There were 50 laparoscopic/robotic apical suspension procedures (30.3%), 44 colpocleisis/colpectomies (26.7%), and 44 vaginal colpopexy procedures (26.7%). Nine (5.5%) women underwent a concomitant incontinence procedure. Most patients were discharged on the day of surgery (n = 139, 84.2%), and 25/26 admitted patients were discharged the following day. At time of discharge, 47.3% (n = 78) had acute POUR. Thirty-one women (18.8%) met criteria for “not frail,” 115 (88.5%) were “prefrail,” and 19 (11.5%) were “frail.”

Table 1: Demographic and Clinical Characteristics of Study Cohort

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Total (n=165)</th>
<th>Women without Acute POUR (n=92)</th>
<th>Women with Acute POUR (n=73)</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years</td>
<td>72.5 ± 6.1</td>
<td>72.3 ± 6.0</td>
<td>72.9 ± 6.7</td>
<td>0.36</td>
</tr>
<tr>
<td>Body mass index, kg/m²</td>
<td>28.0 ± 4.4</td>
<td>28.3 ± 4.5</td>
<td>27.7 ± 4.5</td>
<td>0.10</td>
</tr>
<tr>
<td>Pariety</td>
<td>2 (1-3)</td>
<td>2 (2-3)</td>
<td>2 (1-3)</td>
<td>0.95</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td></td>
<td>0.07</td>
</tr>
<tr>
<td>Black</td>
<td></td>
<td>9 (5.5)</td>
<td>8 (4.4)</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>154 (95.5)</td>
<td>82 (94.5)</td>
<td>72 (93.7)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2 (1.2)</td>
<td>1 (1.1)</td>
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<td></td>
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<tr>
<td>Pelvic Organ Prolapse Quantification Stage</td>
<td></td>
<td></td>
<td></td>
<td>0.70</td>
</tr>
<tr>
<td>Stage 1</td>
<td>26 (16.0)</td>
<td>15 (18.8)</td>
<td>11 (15.0)</td>
<td></td>
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<tr>
<td>Stage 2</td>
<td>103 (62.6)</td>
<td>56 (66.7)</td>
<td>47 (64.4)</td>
<td></td>
</tr>
<tr>
<td>Stage 3</td>
<td>13 (8.0)</td>
<td>8 (8.8)</td>
<td>5 (6.9)</td>
<td></td>
</tr>
<tr>
<td>Stage 4</td>
<td>23 (13.9)</td>
<td>14 (16.3)</td>
<td>9 (13.3)</td>
<td></td>
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<tr>
<td>Fried Frailty Index Classification</td>
<td></td>
<td></td>
<td></td>
<td>0.17</td>
</tr>
<tr>
<td>Not frail (Score 0)</td>
<td>31 (18.6)</td>
<td>21 (24.1)</td>
<td>10 (12.8)</td>
<td></td>
</tr>
<tr>
<td>Pre-frail (Score 1-2)</td>
<td>115 (68.7)</td>
<td>56 (64.4)</td>
<td>59 (79.5)</td>
<td></td>
</tr>
<tr>
<td>Frail (Score 3-6)</td>
<td>19 (11.5)</td>
<td>10 (11.5)</td>
<td>9 (12.3)</td>
<td></td>
</tr>
<tr>
<td>Fried Frailty Index Score</td>
<td></td>
<td></td>
<td></td>
<td>0.17</td>
</tr>
<tr>
<td>Not frail</td>
<td>1 (1.2)</td>
<td>1 (1.2)</td>
<td>0 (0.0)</td>
<td>0.26</td>
</tr>
<tr>
<td>Unintentional weight loss</td>
<td>14 (8.5)</td>
<td>3 (3.4)</td>
<td>11 (4.2)</td>
<td>0.02</td>
</tr>
<tr>
<td>Extraction</td>
<td>30 (18.0)</td>
<td>16 (18.4)</td>
<td>14 (19.2)</td>
<td>0.34</td>
</tr>
<tr>
<td>Low activity</td>
<td>29 (17.6)</td>
<td>15 (16.9)</td>
<td>14 (19.2)</td>
<td>0.55</td>
</tr>
<tr>
<td>Decreased hand grip strength</td>
<td>130 (76.6)</td>
<td>65 (74.7)</td>
<td>65 (88.5)</td>
<td>0.18</td>
</tr>
<tr>
<td>Slowed walking speed</td>
<td>15 (9.1)</td>
<td>9 (10.3)</td>
<td>6 (7.7)</td>
<td>0.56</td>
</tr>
</tbody>
</table>

Surgery characteristics

Laparoscopic approach | 50 (30.3) | 36 (40.0) | 14 (19.2) | 0.003 |
| Concomitant incontinence procedure | 9 (5.5) | 1 (1.1) | 0 (0.0) | 0.01 |
| Spinal anesthesia | 12 (7.3) | 5 (5.8) | 7 (9.3) | 0.43 |
| Anesthesia duration, hours | 3.2 (0.9) | 3.2 (0.9) | 3.2 (0.9) | 0.95 |
| Same-day discharge | 139 (84.2) | 71 (81.6) | 68 (92.2) | 0.33 |

POUR: Postoperative urinary retention

Data are presented as mean (standard deviation), median (interquartile range) or n (%).
(11.5%) were “frail.” Frailty, by classification and by FFI score, was not associated with POUR. In an analysis of individual FFI components, self-reported unintentional weight loss was significantly associated with POUR (OR 4.6, 95% CI [1.23-17.15]). Of 14 women reporting unintentional weight loss, 7 (50%) met criteria for frailty, and 11 (78.6%) had acute POUR. There remained a significant association between unintentional weight loss and POUR on multivariable logistic regression (aOR 4.04, 95% CI [1.0-16.38], Table 2).

**Conclusions:** In this cohort of older women who underwent surgical prolapse repair, frailty was not associated with POUR. Further prospective studies are needed to explore the observed risk of POUR in older women reporting unintended weight loss in the year preceding surgery.

**Disclosure:** No

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**Long Oral 25**

**STRUCTURAL FAILURE SITES AT REST IN WOMEN WITH CYSTOCELE: A MID-SAGITTAL MRI ANALYSIS**

M. Duarte Thibault¹, P. Schmidt¹, J. DeLaney¹, L. Chen¹. University of Michigan¹

**Introduction:** Although prolapse is typically analyzed during Valsalva, we recently discovered that resting measures, such as enlarged levator hiatus and a dorsally oriented levator plate shape, are associated with increased risk of prolapse recurrence. Abnormalities at rest may be due to permanent structural changes indicating advanced disease.

**Objective:** To quantify the resting structural failure site frequency and severity in a prospective cohort of women with cystocele compared to normal controls.

**Methods:** Secondary analysis of pelvic MRIs of women in two groups: 1) anterior predominant prolapse, defined as Ba ≥ 1 cm below the hymen, and 2) parous controls with normal pelvic support. We analyzed resting structural measurements on mid-sagittal MRIs using ImageJ: apex location, urogenital hiatus (UGH), levator hiatus (LH), levator area (LA), and levator plate (LP) shape as shown in Figure 1. Principal component analysis was used to quantify LP shape variations between groups. Positive principal component (PC) scores indicate a more vertical position of the LP in relation to the body axis which indicates a lower pelvic floor. MR measures and PC scores were compared between groups using independent t-test.

"Structural failure site" was defined as MRI measures greater than the 90th percentile of normal controls. The failure frequency was calculated as the proportion of prolapse women with respective structural site failures. The impairment severity z-score was calculated as the structural measurement z-score relative to the normal distribution in control subjects. We also examined the correlation between resting MRI measures and maximum prolapse size on POP-Q.

**Results:** Eighty-nine women were included: 59 (66.3%) women with prolapse and 30 (33.7%) controls. Mean age (mean 59.9 ± standard deviation 11.7 years vs 57.7 ± 5.6 years, P = .34), BMI (26.2 ± 4.6 kg/m² vs 27.7 ± 6.2 kg/m², P = .26), and parity (mean 3 IQR (2,4) vs 3 (2.75, 5)) did not differ between groups. Maximum prolapse size on POP-Q in cases was 3 (2,4) versus -1.5 (-2.5, -1) in controls (P < .001). Women with cystocele had 31.9% larger

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### Table 1: Univariate and Multivariable Analyses of Clinically Relevant and Significant Variables and Acute Postoperative Urinary Retention

<table>
<thead>
<tr>
<th>Variable</th>
<th>Acute POUR (unadjusted OR [95% CI])</th>
<th>p value</th>
<th>Acute POUR (adjusted OR [95% CI])</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>1.02 (0.67 – 1.53)</td>
<td>0.92</td>
<td>1.02 (0.67 – 1.53)</td>
<td>0.92</td>
</tr>
<tr>
<td>Body mass index (kg/m²)</td>
<td>0.94 (0.87 – 1.01)</td>
<td>0.10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surgical approach (laparoscopic vs vaginal)</td>
<td>0.86 (0.57 – 1.32)</td>
<td>0.40</td>
<td>0.86 (0.57 – 1.32)</td>
<td>0.40</td>
</tr>
<tr>
<td>Concurrent hormone procedure</td>
<td>0.93 (0.74 – 1.18)</td>
<td>0.53</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diastolic blood pressure</td>
<td>1.02 (0.79 – 1.34)</td>
<td>0.93</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unintentional weight loss</td>
<td>4.02 (1.33 – 13.19)</td>
<td>0.12</td>
<td>4.02 (1.33 – 13.19)</td>
<td>0.12</td>
</tr>
</tbody>
</table>

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LA (P < .001), 35.9% larger UGH (P < .001), 13.3% larger LH (P < .001), and 2 cm lower apex location (P < .001) on resting MRIs compared to controls (Figure 2). Women with prolapse also had significantly larger PC1 scores, indicating a more dorsally oriented LP than normal controls (4.9 ± 17.5 vs -9.6 ± 16.5, P < .001). Failure frequency was highest at apex location (55.8%), followed by UGH (45.8%), PC1 score (40%), LH (37.3%), and LA (28.8%) (Figure 3). The median number of failure sites was 2 (1,4) in women with prolapse, with an average (SE) impairment score of 1.3 (0.41) (Figure 3). Resting measures had moderate to strong correlations with POP-Q maximum prolapse size (r ranges from .33 to .67, P < .001).

Conclusions: At rest, 56% women with cystocele have an abnormally low apical location, 40-46% have larger than normal UGH and an abnormal dorsally oriented LP shape. The severity of these resting structural failures is significantly associated with increasing maximum prolapse size.

Disclosure: No

Long Oral 26

OPTIMIZING PARAMETERS IN POST-OPERATIVE TRIALS OF VOID: THE OPTION STUDY

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Introduction: Post-operative trials of void (TOV) are routinely performed to assess voiding function after Female Pelvic Medicine and Reconstructive Surgery (FPMRS) procedures. There is a paucity of information regarding the comparative diagnostic accuracy of commonly used TOV parameters.

Objective: To compare the diagnostic performance of post-operative TOV parameters in an outpatient FPMRS population.

Methods: Prospective study of patients undergoing outpatient FPMRS procedures at an academic tertiary referral center from September 2018 through June 2021. Participants recorded their post-void residual (PVR), minimum voided volume (MVV) and subjective force of stream (sFOS) for all voids postoperatively until they met criteria to stop. The primary outcome was the sensitivity of TOV parameters in predicting impaired voiding function, defined as PVR greater than or equal to 87 mL, MVV less than or equal to 150 mL, and sFOS less than 60% had the highest sensitivities and specificities with adjustment for multiple comparisons by the Benjamini-Hochberg procedure. Youden’s index was calculated to determine optimal TOV thresholds.

Results: A total of 160 participants completed the study. Mean age was 52.1 +/- 11.4 years, mean BMI was 28.9 +/- 5.8 kg/m2, with 140/157 (89.1%) participants identifying as white and 18/156 (11.5%) identifying a Hispanic ethnicity. Mean pre-operative PVR was 25.8 +/- 29.9 mL. Most participants’ surgeries included a midurethral sling 137/160 (85.6%). There were 35/160 (21.9%) participants meeting criteria for impaired voiding function (PVR greater than or equal to 1/2 of voided volume on the first two postoperative voids). To detect a 25% difference in the sensitivity between TOV parameters using McNemar’s test (alpha = 0.05, beta-0.2) with ability to accommodate 20% missing data, sample size was set at 182. McNemar’s test for paired proportions was used to compare TOV parameters by diagnostic accuracy with adjustment for multiple comparisons by the Benjamini-Hochberg procedure. Youden’s index was calculated to determine optimal TOV thresholds.

Table 1: Diagnostic Performance of Trial of Void Parameters in Prediction of Impaired Voiding Function

Parameter Sensitivity Specificity PPV NPV AUC
PVR ≥ 87 mL 90.3 74.8 10.0 66.5 16.5 52.8 35.6 66.7 52.0 80.0 36.5
PVR ≥ 150 mL 87.2 86.0 15.2 78.8 51.2 52.5 51.6 65.5 82.1 70.6 57.0
MVV ≤ 150 mL 84.9 95.5 12.0 84.9 75.5 59.2 81.0 87.4 80.8 75.7 69.0 68.6
sFOS ≥ 60% 87.2 96.6 14.9 87.2 74.5 56.5 84.4 75.5 120 58.8 120

Conclusions: Among this cohort of patients, PVR greater than or equal to 87 mL, MVV less than or equal to 150 mL, and sFOS less than 60% had optimal performance in predicting impaired voiding function postoperatively.

Disclosure: No

Long Oral 27

SAME DAY DISCHARGE AFTER MINIMALLY INVASIVE HISTERECTOMY IN THE COVID-19 PANDEMIC

M. Baker1, T. Ding1, Z. Zhao1, S. Murakal1, B. Butler1, R. Adam1, L. Prescott1. Vanderbilt University Medical Center

Introduction: While same day discharge after minimally invasive hysterectomy (MIH) has demonstrated efficacy, patient’s and provider’s comfort and safety concerns have limited the universal transition to outpatient MIH. Beginning in March 2020, the COVID-19 pandemic led to an increased demand for hospital beds and limited the capacity for overnight admissions. Additionally, concerns over infection exposure increased patient and provider interest in limiting patient time in the hospital system. Together, these factors increased pressure for same day discharge in MIH cases.

Objective: To quantify the impact of COVID-19 pandemic on same day discharges for MIH and evaluate the effect on postoperative outcomes and health care utilization.

Methods: This was a retrospective cohort study of women who underwent MIH at a single institution between March 2018 and October 2021. Women over age 18 who underwent laparoscopic, vaginal, or robotic assisted hysterectomy by any gynecologic surgeon were included. Cases that converted to laparotomy or where a gynecologic surgeon was not listed as the primary surgeon were excluded. The primary objective measure was rate of same day hospital discharge. Secondary measures included length of stay and 30-day postoperative complications, readmissions, unplanned returns, and mortality. Continuous variables were summarized using medians (quantiles) and assessed with Wilcoxon rank tests; Categorical variables were presented using percentages (percentages) and assessed with χ2 tests. All analyses were conducted using R version 4.1.

Results: A total of 1608 women were included: 896 in the pre-pandemic cohort and 712 in the post pandemic cohort. Demographics are summarized in Table 1. The pre-pandemic cohort was more likely to have an ASA class III or IV (P < 0.01) and more likely to have a diagnosis of diabetes (P < 0.01). Surgical characteristics are described in Table 1 and Figure 1. Breakdown of surgeon subspecialty was similar between groups, endoscopic procedures were more frequent in the post-pandemic cohort (P < 0.01), and the timing in the day of cases was different between groups. Intraoperative complications were more frequent in the post-pandemic cohort (2.8% vs. 1.0%, P < 0.01). The post-pandemic cohort was significantly more likely to discharge on postoperative day 0 (32% vs. 54%, P < 0.01). Rates of 30-day postoperative complications were not significantly different (16.4% vs. 15.4%, P = 0.60), and there were not significant differences in postoperative transfusion (0.6% vs 1.0%, P = 0.78), reoperations (3.5% vs. 2.5%, P = 0.28), reoperations (0.8% vs. 0.8%, P = 0.89), or mortality (1 vs 0, P = 0.37). Thirty-day postoperative emergency department visits were more frequent in the post-pandemic cohort (0.1% vs. 1.3%, P < 0.01).

Disclosure: No
Conclusions: The COVID-19 pandemic was associated with an increase in same day discharge without increase in 30-day postoperative complications, although there was a significant increase in postoperative emergency room visits. Our data suggests increased utilization of same day discharge is a safe strategy for management of capacity and hospital bed constraints caused by the COVID-19 pandemic.

Table 1: Demographics and Surgical Characteristics

<table>
<thead>
<tr>
<th>Patient Demographics</th>
<th>Pre-Pandemic</th>
<th>Post-Pandemic</th>
<th>Total</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median (IQR)</td>
<td>46 (10.1, 59.0)</td>
<td>45.0 (196.56.0)</td>
<td>46.0 (10.1, 59.0)</td>
<td>0.05</td>
</tr>
<tr>
<td><strong>BMI</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median (IQR)</td>
<td>29.8 (21.3, 35.3)</td>
<td>29.7 (21.3, 35.3)</td>
<td>29.8 (21.3, 35.3)</td>
<td>0.35</td>
</tr>
<tr>
<td><strong>RACE</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black or African American</td>
<td>136 (15.2%)</td>
<td>129 (18.3%)</td>
<td>265 (15.6%)</td>
<td>0.16</td>
</tr>
<tr>
<td>Other or Unknown</td>
<td>56 (17.1%)</td>
<td>39 (11.5%)</td>
<td>95 (11.8%)</td>
<td>0.05</td>
</tr>
<tr>
<td><strong>ASA Class</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I</td>
<td>416 (44.6%)</td>
<td>397 (52.6%)</td>
<td>813 (56.4%)</td>
<td>0.01</td>
</tr>
<tr>
<td>II</td>
<td>400 (23.6%)</td>
<td>215 (42.6%)</td>
<td>765 (45.4%)</td>
<td>0.01</td>
</tr>
</tbody>
</table>

Tobacco Use

Current

Current | 91 (10.2%) | 56 (9.2%) | 156 (9.8%) | 0.05 |
Former | 202 (22.5%) | 126 (17.9%) | 328 (20.3%) | 0.05 |
No | 602 (67.3%) | 543 (72.9%) | 1145 (69.9%) | 0.05 |
Malignancy | 140 (16.5%) | 128 (18.0%) | 268 (17.2%) | 0.04 |
Diabetes Mellitus | 86 (9.0%) | 43 (5.8%) | 129 (7.7%) | 0.04 |

Surgical Characteristics

| Hysterectomy | | | |
|-------|-------|-------|
| Vaginal | 255 (28.5%) | 150 (21.1%) | 405 (25.2%) |
| Total Laparoscopic | 430 (71.3%) | 557 (78.9%) | 1117 (74.8%) |
| LAHP | 1 (0.3%) | 5 (0.7%) | 6 (0.4%) |

Surgical Division

Urogynecology | 197 (22.9%) | 130 (18.6%) | 327 (20.9%) | 0.24 |
Gynecologic Oncology | 177 (39.6%) | 153 (21.5%) | 330 (20.5%) | 0.24 |

Table 2: Postoperative Outcomes

<table>
<thead>
<tr>
<th>Same Day Discharge</th>
<th>Pre-Pandemic</th>
<th>Post-Pandemic</th>
<th>Total</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Length of Stay (days)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>287 (31.9%)</td>
<td>365 (54.5%)</td>
<td>652 (42.0%)</td>
<td>0.05</td>
</tr>
<tr>
<td>1</td>
<td>567 (61.3%)</td>
<td>291 (41.7%)</td>
<td>858 (53.9%)</td>
<td>0.05</td>
</tr>
<tr>
<td>2</td>
<td>30 (3.3%)</td>
<td>18 (2.5%)</td>
<td>48 (3.0%)</td>
<td>0.05</td>
</tr>
<tr>
<td>3 or more</td>
<td>21 (1.3%)</td>
<td>9 (1.3%)</td>
<td>30 (1.9%)</td>
<td>0.05</td>
</tr>
</tbody>
</table>

| Any Postoperative Complication | 241 (31.4%) | 180 (25.4%) | 421 (25.8%) | 0.90 |

Surgical Site Infection | 21 (2.5%) | 15 (2.1%) | 36 (2.1%) | 0.90 |
Postoperative Blood Transfusions | 5 (0.6%) | 11 (0.8%) | 16 (0.8%) | 0.81 |
Emergency Department Visit | 210 (12.1%) | 91 (1.3%) | 301 (1.8%) | 0.05 |
Medication | 31 (1.5%) | 18 (2.5%) | 49 (2.8%) | 0.88 |
Respiration | 1 (0.1%) | 0 (0.0%) | 1 (0.1%) | 0.37 |
Mortality | 1 (0.1%) | 0 (0.0%) | 1 (0.1%) | 0.37 |

Disclosure: No

Long Oral 28

PATIENT SATISFACTION WITH SAME-DAY DISCHARGE AFTER UROGYNECOLOGIC SURGERY FOR APICAL VAGINAL PROLAPSE DURING THE COVID-19 PANDEMIC

P. McElhone1, B. Henley1, W. Boyd1, C. Malkani1, D. Roberson1, K. Alsup1, J. Lanzer1. Augusta University Medical College of Georgia2

Introduction: To alleviate strain on hospital resources during the COVID-19 pandemic, urogynecologists at our institution transitioned to same-day discharge for patients undergoing minimally invasive urogynecologic surgery for apical vaginal prolapse. Such practice has previously been shown to be safe and effective.

Objective: This study aims to investigate patient satisfaction with same-day discharge after minimally invasive urogynecologic surgery for apical vaginal prolapse during the COVID-19 pandemic. Additionally, we aim to identify demographic and surgical characteristics that may influence patient satisfaction.

Methods: All patients undergoing apical prolapse surgery at a single academic institution during the COVID-19 pandemic (n = 137) from March 2020 to June 2021.
December 2021 were queried using applicable CPT codes. In this retrospective, observational cohort study, each participant was surveyed by phone. The survey included questions on patient demographics, the Surgical Satisfaction Questionnaire (SSQ-8) to assess general satisfaction with the surgical experience, and questions on the impact of the COVID-19 pandemic on satisfaction with the surgical experience. The SSQ-8 is an eight-question validated survey with scores ranging from 8-40, higher scores indicating greater satisfaction. Participants responding “satisfied” or “very satisfied” with an average overall score ≥ 32 were classified as “Satisfied.” Participants with scores <32 were considered “Unsatisfied.” Those with missing values were excluded from analysis. Surgical satisfaction relating to the COVID-19 pandemic was assessed with Likert scale and open-ended questions. Crosstab tables were generated with chi-squared testing to compare patients that were defined as “satisfied” and “unsatisfied.”

Results: We identified 137 patients who met inclusion criteria and obtained responses from 60 patients with a response rate of 43.8%. Among surveyed patients, mean age was 64 and 47 (78.3%) self-identified as white (Table 1). SSQ-8 scores revealed high overall satisfaction with the surgical experience (34.7 ± 5.7 out of 40). Itemized SSQ-8 results are included in Table 2. When considering the COVID-19 pandemic, 54 (90%) patients reported feeling “very” or “somewhat” safe going home the day of surgery and only 14 (23.3%) patients would have preferred to stay overnight (Table 2). The majority of patients, 43 (71.7%), found that the ongoing COVID-19 pandemic had “no impact” on their surgical satisfaction. When examining global satisfaction, pain control, and return to baseline as measured by the SSQ-8, there were no statistical differences in demographic or surgical factors between satisfied and unsatisfied patients (p > 0.05, Table 3). Patients with “poor or fair” general health self-assessments were more likely to be unsatisfied (P = 0.02). Additionally, having surgery during the early COVID-19 pandemic prior to widespread vaccine availability in April 2021, compared to having surgery after widespread vaccine availability had no impact on patient satisfaction (P = 1.00).

Conclusions: Same-day discharge after surgery for apical vaginal prolapse is regarded as highly satisfactory and safe by the majority of patients. Of specific patient characteristics, poor or fair general health self-assessment had a negative impact on patient satisfaction. Overall, the COVID-19 pandemic had no impact on patient satisfaction with same-day discharge after urogynecologic surgery at our institution.

Disclosure: No

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Long Oral 29

LIFETIME RISK OF PELVIC ORGAN PROLAPSE AND STRESS URINARY INCONTINENCE SURGERY AND TRENDS IN TYPE OF SURGERY FROM 2010 TO 2020

J. Masata, A. Martan, R. Chloupkova, M. Koudelkova, O. Majek. 1st Medical Faculty, Charles University and General University Hospital, Institute of Biostatistics and Analyses; Faculty of Medicine, Masaryk University, Institute of Health Information and Statistics of the Czech Republic

Introduction: In terms of the lifetime risk of pelvic organ prolapse surgery, based on data obtained from the USA covering the years 2007–2011 relating to a large population of adult women (over 10 million), the cumulative risk for POP surgery was 12.6% and for SUI 13.6% [1]. In the Czech Republic all inhabitants have the same mandatory health insurance. All health insurance companies have to report all data about outpatient and inpatient procedures to the National Register of Covered Health Services from the year 2010.

Objective: The aim of the study was to estimate the lifetime risk of pelvic organ prolapse surgery and stress urinary incontinence in the whole population of the Czech Republic, and to assess the overall number and type of surgery provided.

Methods: The analysis is based on data provided by the Institute of Health Information and Statistics of the Czech Republic (IHS CR); these data are collected in the context of The National Health Information System (NHIS) and national health registers; the relevant data from 2010 to 2020 are available.

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Table 2: Surgical Satisfaction Questionnaire (SSQ-8) Results

<table>
<thead>
<tr>
<th>SSQ-8 Categories</th>
<th>Overall (n=60)</th>
<th>Satisfied (SSQ ≥32) (n=39)</th>
<th>Unsatisfied (SSQ &lt;32) (n=21)</th>
</tr>
</thead>
<tbody>
<tr>
<td>All respondents</td>
<td>34.7±5.7</td>
<td>35.8±4.2</td>
<td>33.5±6.3</td>
</tr>
<tr>
<td>Age</td>
<td>34.8±5.7</td>
<td>36.3±5.7</td>
<td>32.9±5.7</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>34.8±5.7</td>
<td>36.1±5.7</td>
<td>33.5±5.7</td>
</tr>
<tr>
<td>Education</td>
<td>34.7±5.7</td>
<td>35.9±5.7</td>
<td>33.2±5.7</td>
</tr>
</tbody>
</table>

Table 3: The Impact of Patient Characteristics on Overall Satisfaction

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Overall</th>
<th>Satisfied</th>
<th>Unsatisfied</th>
<th>p-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education</td>
<td>0.21</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ethnicity</td>
<td>0.61</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Race</td>
<td>0.67</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gender</td>
<td>0.69</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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The methodology used to establish the lifetime risk of surgery for prolapse (or incontinence) was based on data from the Czech Statistical Office estimating the probability of the woman surviving to a particular age.

**Results:** 60,996 women underwent surgery for pelvic organ prolapse and 44,403 for SUI between 2010-2020 (at 1 January 2020 5,421,943 women were living in the Czech Republic); the average age of women undergoing surgery for POP was 64, and for SUI the mean age was 57. The most common prolapse procedure was hysterectomy (40,082), generally in combination with traditional vaginal wall repair (20,188 procedures). Similarly, the provision of traditional vaginal wall repair remained steady (overall 25,723 procedures).

In the period monitored an increase in laparoscopic procedures was evident, rising by 100% from 2010 procedures to 2009 surgeries in 2019 (in total 18727 from 2010 to 2020). The most common procedure is laparoscopically assisted vaginal hysterectomy (15268). And increase in laparoscopic sacrocolpopexy is also apparent (total 2298). The risk of reoperation for POP in women undergoing surgery between 2010 and 2015 varied between 3.3 and 4.2%. Mean lifetime risk for POP surgery for women having surgery between the years 2015 and 2020 is 14.12% (min 13.58, max 14.37%). The Covid pandemic significantly decreased the number of procedures for POP (on average on 29%). The most common anti-incontinence procedure is tension-free vaginal tape (total 44389). In terms of risk, the risk of reoperation for SUI for women having surgery between 2010 and 2015 varied between 0.2 and 0.7%.

The mean lifetime risk for SUI surgery for women undergoing surgery between the years 2015 and 2020 is 6.44 (min 5.82, max 6.71) with a declining trend of anti-incontinence surgery.

**Conclusions:** We have unique data available which covers the whole female population of the Czech Republic, indicating trends in surgical treatment of POP and SUI and making it possible to estimate lifetime risk of such surgery and also the risk of recurrent surgery.

**Disclosure:** No

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**Long Oral 30**

**ANALYSIS OF CLINICAL RESPONSE, SEXUALITY AND VAGINAL HEALTH IN WOMEN WITH GENITOURINARY SYNDROME OF MENOPAUSE TREATED WITH TOPICAL ESTROGEN, MICROABLATIVE FRACTIONAL CO2 LASER AND MICROABLATIVE FRACTIONAL RADIOFREQUENCY: RANDOMIZED CONTROLLED TRIAL**

A.M. Bianchi-Ferraro1, C. Dia Oliveira2, N. Speck2, M. Campos2, M.C. Nogueira2, S. Marair Gracio Ferreira1, Z. Janny Di-Bella2, EPM – UNIFESP2

**Introduction:** The Genitourinary Syndrome of Menopause (GSM) is a set of vulvovaginal and urinary signs and symptoms associated with decreasing circulating hormones after menopause, especially estrogen. GSM affects around 50% of women, negatively impacting their quality of life. In contrast to hot flashes which usually reduce or disappear spontaneously, the longer the time elapsed from menopause, the worse the GSM. The classical treatment is topical estrogen therapy (ET). On the other hand, some clinical situations contraindicate its use. Moreover, the need for continuous use and frequent vaginal manipulation for medication insertion contribute to treatment non-adherence. Therefore, alternative therapeutics based on tissue remodelation by energy use, such as Microablative Fractional CO2 laser or Microablative fractionated radiofrequency therapies, respectively, have been proposed with promising results. Further option to deliver estrogen to vaginal tissue is the Microablative Fractionated Radiofrequency (RF), a more accessible and less expensive technology that has also been described with good results.

**Objective:** To compare clinical response and impact on sexual function of the treatments: ET, CO 2 L, and RF on the vaginal health of women with GSM.

**Methods:** This is a prospective randomized controlled. After given written informed consent, were included women with GSM moderate to severe, assessed by a visual analog scale (VAS). They underwent a standardized gynecological examination for Vaginal Health Index (VHI) analysis, had vaginal walls smear collected for bacterioscopy, followed by lactobacillus quantification and Nugent Score (NS) and answered Female Sexual Function Index (FSF-I).

Women were randomized: ET, CO 2 L, and RF. The ET group consisted of domiciliary use of 0.5 mg Estradiol vaginal cream for 14 consecutive days, and later two times a week for four months. In the CO 2 L and RF groups, three vulvovaginal Fractional CO2 laser or Microablative fractionated radiofrequency therapies, respectively, were applied in monthly intervals. 120 days after the beginning of the treatments the patients were reevaluated to access the same parameters obtained at the first visit by an observed blinded to the treatment group.

**Results:** This are preliminary results of RCT were included 67 women randomized 56 and reached the 120 days follow-up 34 (figure 1). The groups were homogenous regarding age (56±8-60±y, p=0.018), BMI (26.8±2.1-24.0±3.3 kg/m2, p=0.70), time since menopause (4-2-10y, p=0.7). The symptoms that reached the highest pre-treatment scores in all groups were dryness, lack of lubrication and dyspareunia. This information was confirmed by FSF-I domains score. Clinical symptoms, sexual function, and VHI significantly increased after the
three proposed treatments (p-value<0.001), without difference among them (table1, figure2). There was a predominance of lactobacillus in the vaginal flora of the three groups after treatment, even though not statistically different to the pre-treatment parameters. NS also did not show a statistically significant difference after the treatments, neither among the groups. No urinary infection, or vaginal mucosa scarification or fibrosis were observed.

Conclusions: CO2L and RF seem to be good alternatives to ET for ameliorating clinical symptoms, sexual function and vaginal health in patients with GSM with no statistically significant difference between the treatments.

Disclosure: No

Long Oral 31
TOILETING BEHAVIORS AND LOWER URINARY TRACT SYMPTOMS IN YOUNG FEMALE ATHLETES
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Introduction: Stress urinary incontinence (SUI) prevalence reaches 80% among high school and collegiate female athletes, yet overall prevalence of other lower urinary tract symptoms (LUTS) is not well described. High-impact sports participation and female athlete triad are known SUI risk factors. Other individual risk factors, such as toileting behaviors, are not established.

Objective: To characterize and correlate individual toileting behaviors and LUTS in high school and collegiate female athletes.

Methods: One hundred high school and collegiate female athletes from 3 universities and 4 high schools participated. Athletes 13-23 years old were included, and excluded for prior parity or history of neurogenic bladder. Informed consent occurred in a one-on-one setting, including parental assent for subjects <18 years old. Eligible participants completed a demographic questionnaire, the Toileting Behaviors-Women Elimination Behaviors Scale (TB-WEB) and the Bristol Female LUTS Questionnaire (BFLUTS) in a single visit. Associations between TB-WEB and BFLUTS sub-scale scores were assessed for statistical significance using Spearman’s rank correlation coefficients.

Results: Athletes had a mean age of 19.6, BMI 23.4, and identified as White (78.9%), Black (12.5%), Latino (6.7%), and Asian (1.9%). Comorbid medical conditions included UTIs (26%), dysmenorrhea (19%), and constipation (13%). Athlete’s sports included track & field (33%), softball (14%), volleyball (14%), cross country (12%), basketball (7%), swimming (7%), lacrosse (7%), soccer (2%), dance (2%), golf (2%), hockey (1%), tennis (1%), and water polo (1%). LUTS were prevalent with athletes reporting “filling” (non-incontinence storage) symptoms (69%), incontinence symptoms (27.6%), and voiding symptoms (39%), Table 1. Athletes reported multiple filling symptoms: urgency (39%), frequency (31.3%), nocturia (8%), and bladder pain (7%); multiple incontinence symptoms: SUI (20.4%), urge UI (14.4%), and frequent incontinence (9.2%); and multiple voiding symptoms: hesitancy (32%), intermittency (14%), and straining (11.1%). Table 1. Maladaptive toileting behaviors were prevalent with athletes reporting sometimes, often, or always emptying their bladder before leaving home (96%), worrying about public toilet cleanliness (96%), delaying emptying when busy (84%), hovering over the toilet seat away from home (70.7%), pushing down to empty the bladder (51%), and waiting to empty until unable to hold any longer (50%), Table 2. Strained voiding correlated with LUTS for voiding symptoms (r = 0.53, 95% CI: 0.37, 0.66) and incontinence symptoms (r = 0.21, 95% CI: 0.37, 0.66); delayed voiding correlated with all LUTS including filling symptoms (r = 0.27, 95% CI: 0.07, 0.44), incontinence symptoms (r = 0.27, 95% CI: 0.08, 0.45), and voiding symptoms (r = 0.28, 95% CI: 0.08, 0.45); and premature voiding correlated with LUTS voiding symptoms (r = 0.28, 95% CI: 0.08, 0.45), Figure 1.

Conclusions: LUTS were prevalent among young female athletes, particularly urgency, frequency, hesitancy, and to a lesser degree, SUI. Maladaptive toileting behaviors including preemptive voiding, delayed voiding, hovering, and straining were also. Straining and delayed or premature voiding behaviors were all highly correlated with LUTS, suggesting that abnormal toileting behaviors may negatively impact pelvic floor mechanics and function. These findings highlight areas that could be targeted for bladder health education, prevention, and treatment in young female athletes.

Disclosure: No

Table 1: Lower Urinary Tract Symptoms in Female Athletes as reported on the BFLUTS

<table>
<thead>
<tr>
<th>Symptom</th>
<th>No (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No symptoms</td>
<td>11 (17)</td>
</tr>
<tr>
<td>Urgency</td>
<td>39 (59)</td>
</tr>
<tr>
<td>Bladder pain</td>
<td>37 (56)</td>
</tr>
<tr>
<td>Frequency (r=0.91)</td>
<td>23 (36)</td>
</tr>
<tr>
<td>Any filling symptom</td>
<td>64 (64)</td>
</tr>
<tr>
<td>Incontinence subjective (r=0.91)</td>
<td>22 (32)</td>
</tr>
<tr>
<td>Incontinence symptoms (r=0.91)</td>
<td>14 (14)</td>
</tr>
<tr>
<td>Filling (Non-Incontinence Storage)</td>
<td>9 (7.0)</td>
</tr>
<tr>
<td>Urinary incontinence</td>
<td>10 (10)</td>
</tr>
<tr>
<td>Nocturnal enuresis</td>
<td>11 (11)</td>
</tr>
<tr>
<td>Any incontinence symptoms</td>
<td>27 (27)</td>
</tr>
<tr>
<td>Void volume, mean</td>
<td>2.4 (1.7)</td>
</tr>
<tr>
<td>Void symptoms, n (%)</td>
<td>3 (5.5)</td>
</tr>
<tr>
<td>Urinary incontinence</td>
<td>12 (19)</td>
</tr>
<tr>
<td>Nocturnal enuresis</td>
<td>11 (11)</td>
</tr>
<tr>
<td>Intermittency</td>
<td>14 (14)</td>
</tr>
<tr>
<td>Void symptoms, n (%)</td>
<td>3 (5.5)</td>
</tr>
</tbody>
</table>

Table 2: Toileting Behaviors in Female Athletes as reported on the TB-WEB

<table>
<thead>
<tr>
<th>Behavior</th>
<th>N (%) (with toileting behavior*)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Worry about public toilet cleanliness</td>
<td>89 (89)</td>
</tr>
<tr>
<td>Avoid public toilets</td>
<td>54 (54)</td>
</tr>
<tr>
<td>Empty bladder before leaving home</td>
<td>96 (96)</td>
</tr>
<tr>
<td>Hold urine until get home (n=99)</td>
<td>47 (47.5)</td>
</tr>
<tr>
<td>Empty at home when doesn’t feel need</td>
<td>32 (32)</td>
</tr>
<tr>
<td>Erupts away from home when doesn’t feel need</td>
<td>9 (9.0)</td>
</tr>
<tr>
<td>Erupts at others’ home when doesn’t feel need</td>
<td>7 (7.0)</td>
</tr>
<tr>
<td>Erupts in public place when doesn’t feel need</td>
<td>8 (8.0)</td>
</tr>
<tr>
<td>Erupts just to care</td>
<td>44 (44.4)</td>
</tr>
<tr>
<td>Delay emptying when busy</td>
<td>34 (34.0)</td>
</tr>
<tr>
<td>Wait to empty until cannot hold any longer</td>
<td>50 (50.0)</td>
</tr>
<tr>
<td>Wait too long at work</td>
<td>36 (36.0)</td>
</tr>
<tr>
<td>Does not intentionally empty bladder (n=97)</td>
<td>14 (14.4)</td>
</tr>
<tr>
<td>Push down to begin urinating (n=97)</td>
<td>42 (43.5)</td>
</tr>
<tr>
<td>Push down to keep urine flowing (n=98)</td>
<td>44 (44.9)</td>
</tr>
<tr>
<td>Push down to empty bladder (n=98)</td>
<td>50 (50.0)</td>
</tr>
<tr>
<td>Push down to empty bladder faster (n=98)</td>
<td>61 (62.2)</td>
</tr>
<tr>
<td>Empty bladder completely when urinating (n=98)</td>
<td>97 (99.0)</td>
</tr>
<tr>
<td>Site or toilet seat at home</td>
<td>100 (100.0)</td>
</tr>
<tr>
<td>Hovers over the toilet seat at home (n=99)</td>
<td>10 (10.1)</td>
</tr>
<tr>
<td>Site or toilet seat away from home (n=99)</td>
<td>77 (78.6)</td>
</tr>
<tr>
<td>Hovers over the toilet seat away from home</td>
<td>70 (70.7)</td>
</tr>
</tbody>
</table>

*sometimes, often, or always
CORRELATION BETWEEN OVERACTIVE BLADDER AND DETRUSOR OVERACTIVITY: A RETROSPECTIVE STUDY

T. Huang, T. Lo, Y. Lin, C. Liang, W. Hsieh, Chang Gung Memorial Hospital, Linkou Branch, Chang Gung Memorial Hospital

Introduction: Overactive bladder (OAB) is a syndrome diagnosed clinically with symptoms of urinary urgency associated with frequency and nocturia in the absence of urinary tract infection or other pathology. Detrusor overactivity (DO), as seen with detrusor contraction during the filling cystometry in a urodynamic study is a demonstratable finding correlating to OAB symptoms. However, the etiology of OAB and DO is not well defined, and half of the patients with OAB does not have DO.

Objective: The primary objective of this study is to determine the prevalence of OAB and DO in patients from a single tertiary teaching center who were referred for UDS due to lower urinary tract symptoms (LUTS). The secondary objective is to determine the subjective and objective differences between OAB patients with and without urodynamically proven DO.

Methods: All patients who underwent UDS in a single, tertiary medical center for LUTS between June 2016 to September 2019 were retrospectively reviewed. Personal history, medical history, and physical examination were collected. Patients were asked to complete validated questionnaire including OABSS, ICQ-IU SF, UDI-6, PISQ-12, and CRADI-8. One-hour pad test and multichannel urodynamic study was performed according to ICS Standard Good Urodynamic Practices (ICS-GUP2016).

Results: A total number of 4184 patients underwent UDS due to LUTS between June 2016 to September 2019. A total of 1524 patients were analyzed for OAB or DO/DOI. In all patients with lower urinary tract symptoms, the occurrence of OAB was 36.4%. The overall incidence of DO/DOI in patients with OAB was 15.5%. 9.5% of all patients had DO/DOI finding on UD study, and the incidental finding of DO/DOI was 4.6%. There were significant differences between mean age, parous number, ICQ-UI SF, OABSS, and POPDI-6 between patients with and without DO/DOI. Except for maximal urethral pressure and pressure transmission ratio, all other urodynamic parameters had significant differences between the two groups. In patients with DO/DOI, there were no significant differences between age, parous, and BMI in patients with or without OAB symptoms. However, there were significant differences between the mean OABSS, ICQ-UI SF, UDI-6, POPDI-6, ICIQ-7, and pad test.

Conclusions: UDS was previously considered as an invasive examination that should be limited to OAB patients that failed first line treatment regardless of presence and absence of DO. However, patient's perception of symptoms is often unreliable, leading to misdiagnosis and improper treatment. In the present study, we have found patients with DO are associated with older age, increased parity, greater urine leakage, and worse storage and micturition functions on UDS. The combination of subjective and objective measurements are better predictive models for OAB patients than either one alone.

Disclosure: No
Long Oral 33
PREVENTION OF UROTRACT INFECTIONS (UTIs) IN PATIENTS AFTER UROGYNECOLOGICAL PROCEDURES – NON-ANTIBIOTIC HERBAL THERAPY (CANEPHRON N) VERSUS ANTIBIOTIC (FOSFOMYCIN TROMETAMOL): A PARALLEL-GROUP, RANDOMIZED, NON-INFERIORITY, EXPERIMENTAL TRIAL
S. Wawrysek1, T. Reichberger1, A. Kubik-Komar2, A. Kelodyńska1, K. Nabar1, P. Mielta1, Medical University of Lublin1, University of Life Sciences in Lublin2, Technical University of Munich1

Introduction: Urinary tract infections are one of the most common complications of urogyneological surgeries. The potential risk of UTI increases because of catheterization of the bladder during and after the surgery, intraoperative cystoscopy, and urine retention after the procedure. Surgeries such as midurethral sling procedure are connected to a high incidence of UTI, the risk reaches up to 34%. Increasing antibiotic resistance is the main reason for searching of new methods of post-operative UTI prevention. Commonly used antibiotic prophylaxis is being replaced with non-antibiotic preparations such as Canephron N, which is a mixture of century herbs, lovage roots, and rosemary leaves with a diuretic, spasmyotic, anti-inflammatory, antibacterial, and nephroprotective properties. Objective: The aim of the study is to demonstrate the non-inferiority of Canephron N versus antibiotic (trometamol fosfomycin) in the overall results of postoperative urine culture analysis.

Methods: The study protocol was approved by the local institutional ethical committee. One hundred twenty-five female patients aged 18-70 years old before urogyneological surgeries such as implantation of midurethral sling, vaginal plastic surgery and Manchester operation were included in the study. The patients had a urine analysis taken in the morning before the surgery. Eight patients were disqualified due to a urinary tract infection (UTI) before the procedure.

Results: The study protocol was approved by the local institutional ethical committee. One hundred twenty-five female patients aged 18-70 years old before urogyneological surgeries such as implantation of midurethral sling, vaginal plastic surgery and Manchester operation were included in the study. The patients had a urine analysis taken in the morning before the surgery. Eight patients were disqualified due to a urinary tract infection (UTI) before the procedure.

On postoperative day 14, the use of non-antibiotic prophylaxis was 74.5% in patients who received Canephron N, which is a mixture of century herbs, lovage roots, and rosemary leaves with a diuretic, spasmyotic, anti-inflammatory, antibacterial, and nephroprotective properties. Objective: The aim of the study is to demonstrate the non-inferiority of Canephron N versus antibiotic (trometamol fosfomycin) in the overall results of postoperative urine culture analysis.

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Conclusions: Urinary tract infections (UTIs) are one of the factors of treatment failure due to improper healing. Postoperative UTI is associated with the development of de novo urgency urinary incontinence and the risk of reoperation for mesh revision/removal. UTI in postoperative period is also a risk factor for recurrent stress urinary incontinence. Canephron N is non-inferior to fosfomycin trometamol in the prevention of postoperative UTI. Non-antibiotic methods of postoperative prophylaxis should be considered because of their safety in terms of antibiotic resistance.

Disclosure: No

Long Oral 34
PATTERNS OF THE USE OF BOTULINUM TOXIN IN OVERACTIVE BLADDER: RESULTS OF A MULTINATIONAL ONLINE SURVEY OF UROGYNECOLOGISTS IN GERMANY, AUSTRIA AND SWITZERLAND
S. Lange1, G. Carlin1, M. Koch1, H. Hueslein1, E. Hanzał1, W. Umek1, B. Bodner-Adler2, Medical University of Vienna1

Introduction: Botulinum toxin is a widely used treatment for overactive bladder (OAB). Nevertheless, no standardization exists to this day, concerning dosage, frequency of application and peri-interventional procedures (e.g., number of injections, antibiotics).

Objective: To evaluate patterns of the use of botulinum toxin in overactive bladder among German speaking urogynecologists using an online survey.

Methods: A clinical practice online survey was carried out between May 2020 and January 2021. All members of the German, Suisse and Austrian urogynecologic societies were invited to participate. The aim of the questionnaire was to evaluate the practical use of botulinum toxin in women with overactive bladder.

Results: A total of 116 urogynecologists participated in the online survey. 85.3% of respondents used botulinum toxin as a treatment of overactive bladder, but only 75.0% of these performed the procedure themselves. Furthermore, only 37.9% of participants presented a high caseload of over 20 procedures per year. Most participants used botulinum toxin to treat idiopathic OAB and mixed urinary incontinence (MUI) with a predominant OAB (92.3% and 83.3%, resp.), whereas the treatment was performed mainly as a second-line therapy (88.5%). Physicians with high caseloads use botulinum toxin more frequently as a first-line treatment (21.1% vs 6.3%, P = 0.025). Board-certified urogynecologists perform significantly more interventions per year (46.6% vs 10.7%, P < 0.001). Anesthesia: 95.9% of surgeons performed the procedure in an OR under general anesthesia (83.3%). Local anesthesia was more often used by high caseload surgeons (57.9% vs 28.2%, P = 0.003). Furthermore, almost two-third of patients (66.3%) received pre-operative single-shot antibiotics, with board-certified urogynecologists using it more frequently (69.9% vs 57.1%, P = 0.017). Intraoperative procedure: Most of the surgeons applied 11-20 injections (70.9%), while only a small percentage (1.9%) used 31-40 injections. Besides, the trigone and/or the ureteric orifices were spared by 74.5% of patients and the preferred locations for injections were documented at the posterior bladder wall and the lateral walls (95.1% and 72.5%, resp.). Surgeons with a higher caseload (84.2% vs 96.9%, P = 0.008) injected less frequently, while board-certified urogynecologists (21.9% vs 3.6%, P = 0.027) injected more frequently botulinum toxin into the trigone and/or the ureteric orifices. Postoperative care: Postoperative indwelling catheters were used by almost half of surgeons (48.0%), while only a minority of surgeons preferred clean intermittent self-catheterization perioperatively (26.5%). Postvoid residual volume (PRV) was measured by 52.4% of participants, mostly prior to patient’s discharge (72.6%). Half of respondents measured PRV one month later after the intervention. Repeated treatments in case of insufficient effect were proposed by 75.5%, with 61.0% not putting any limit to the number of repetitions. In 99.0%, treatment was proposed at the charge of the health insurance.

Conclusions: Our survey confirmed that botulinum toxin is widely used by urogynecologists in the three German speaking countries, but practice patterns vary widely, and no standardized method could be detected. Our results clearly demonstrate that there is a strong need for standardized periproductive protocols regarding the use of botulinum toxin in patients with OAB.

Disclosure: No

Long Oral 35
CERVICOSACROPEXY (CESA) OR VAGINOSACROPEXY (VASA) FOR APICAL PROLAPSE AND URINARY INCONTINENCE: A NARRATIVE SYSTEMATIC REVIEW
A. Page1, G. Page2, F. Van der Aa, J. Derpert1. University Hospitals KU Leuven, Cluster Urogenital Surgery, KU Leuven1, Jan Tpearman Hospital2

Introduction: The Integral Theory holds that lax urogenital ligaments may result in apical prolapse as well as urinary incontinence. Therefore, prolapse repair may result in the resolution of urinary incontinence symptoms. Cervicosacropexy or Vaginosacropexy with Dymesh is described as treatment for these conditions.

Objective: We aimed to synthesize the evidence of the efficacy and safety of this procedure.

Methods: A systematic review was performed searching MEDLINE, COCHRANE’s Trial Register, EMBASE and other sources. The latest date search was September 2021. Risk of bias and the certainty of the evidence were done by Robin’s tools and GRADE. Data collection was by standard Cochrane methods.

Results: Of 7130 titles screened, nine studies were included, reporting on 851 procedures with follow-up ranging from 4 weeks to 36 months. All included studies showed a moderate to high risk of bias and low certainty of evidence. Due to heterogeneity in study methodology and estimation of outcomes, no pooling of data was done. The cure rate for apical prolapse, mixed urinary incontinence and urge incontinence was 97-100%, 47.5% (CI95% 42.4-52.6) and 73.8% (CI95% 61.9-85.7) respectively, at a mean follow-up of 9.7 months (± 7.3). Concomitant or subsequent surgery for prolapse was done in 4.4% (13/299) and additional incontinence surgery (trans-obturator tape placement)
was done in 216/555 (38.9%) of patients with initial urinary incontinence. Only one serious intraoperative hemorrhage and one mesh exposure were described.

Conclusions: Cervicosacropexy or Vaginosacropexy seems to correct apical prolapse and may remedy urinary symptoms of urge and mixed urinary incontinence, at least up to two years after surgery. The intervention seems safe. Nevertheless, overall level of evidence is low. Therefore we suggest, according to NICE and the IDEAL framework, the setup of randomized trials comparing to other current treatments for apical prolapse and urge urinary incontinence.

Table 1: Postoperative anatomical success of apical prolapse repair by CESA or VASA in studies where presence of apical prolapse was primary or co-primary outcome.

Table 2: Postoperative cure rates following CESA or VASA in studies where the persistence of urinary incontinence was the primary or co-primary outcome.

Disclosure: No

Long Oral 36
LEVATOR PLATE AND ILIOOCYGEAL MUSCLE SHAPE CHANGES CONTRIBUTE TO THE INCREASING LEVATOR BOWL VOLUME WITH AGING
W. Horner1, C. Swenson2, J. DeLancey1, L. Chen1. University of Michigan1, University of Utah2

Introduction: Pelvic floor failure is a critical causal factor in prolapse. A full understanding of its structural alterations is incomplete, and the separate contribution from childbirth and age is unclear. Levator bowl volume (LBV), of which the levator plate (LP) and iliooccygeal muscle (ICM) shapes are key structural features, increases with age in women with, and without, prolapse (Figure 1A). The contributions of LP and ICM shape changes alone or in combination to increased LBV with aging is unclear.

Objective: To quantify age-related changes independent from childbirth changes in the LP and ICM across three different nulliparous age groups. Additionally, we sought to quantify the contribution of these shape changes to LBV

Methods: 3D Slicer™ was used to model the LP, ICM, and LBV using high resolution 2 mm resting sagittal, axial, and coronal MRI images from young, middle-aged, and older nulliparous women (Figure 1B). First, the LP was identified on mid-sagittal image and the ICM was then sampled in the middle of the LP on rotated axial and coronal MRI. B-spline curves were identified representing ICM muscle shape (Figure 1B). LP and ICM shape evaluation was performed with principal component analysis (PCA). For each analysis, two independent shape variations (PC1, PC2) were identified, and PC scores were compared using one-way analysis of variance. A bivariate correlation was explored to identify the shape variations significantly associated with LBV. Linear regression model estimated significant shape variation’s relative contribution to LBV.

Results: Ten young (24 ± 3.5 years old), 10 middle-aged (58 ± 4.7 years old), and 10 older (74 ± 4.7 years old) nulliparous women were included. LBV from young to middle-aged women were similar (59 ± 19.3 cm3 versus 63 ± 10.2 cm3, P = >0.99). LBV in the older group was larger than both younger groups (older 108 ± 34.5 cm3, middle 63 ± 10.2 cm3 versus younger 59 ± 19.3 cm3, P = <0.001) (Figure 1C). Age-related LP shape change was seen in PC1 (Figure 2). Younger women had a more horizontal LP shape while the middle-aged and older women had a more vertical LP shape. For the ICM shape analysis, an age-related shape change was seen in PC2 (Figure 3). Older women had a more concave upward ICM than young and middle-aged women who had a more convex ICM. LP PC1 and ICM PC2 were significantly correlated with LBV (r = .67, r = .64 respectively). LP PC1 can explain 40% of the variation of LBV. ICM PC2 can explain an

Table 3: Summary of Findings (SOF)

Table 3: SOF-table for MNS and RCT. *Non-blinded, underpowered trial; CI: confidence interval; MI: risk ratio

Figure 3: A) Conceptual model for age-related pelvic floor changes, representing the levator plate (blue band) and ICM (red band). B) Mid-sagittal MRI with blue line showing the levator plate. Axial plane tilted to measure in plan of ICM. Levator bowl volume is demonstrated. Pubic symphysis (PS), bladder (B), urethra (U), vagina (V), uterous (U), external anal sphincter (EAS). C) Average levator bowl volumes for young, middle-aged, and older nulliparous women.

LP shape change

Figure 4: Levator plate shape analysis comparing younger, middle-aged, and older women. A) Apical height of tracing aligned at the sacrospinous ligament. B) Medians (IQR) for plate shape, for each group. C) PC scores compared among groups. P = principal component analysis.
additional 26% of LBV variation. Together, ICM and LP can explain 66% of the variation in LBV.

**Conclusions:** Older nulliparous women have a more vertical LP and concave ICM which contribute to an enlarged levator bowel volume. Comment: Age and vaginal birth are two primary factors in prolapse. This project deepens our understanding of age specific pelvic floor change to complement birth-related changes.

**Disclosure:** No

**Long Oral 37**

**NATIVE TISSUE AND MESH-AUGMENTED PROLAPSE REPAIRS IMPROVE RESTING LEVEL I BUT NOT LEVEL II/III PELVIC FLOOR SUPPORT: A PRELIMINARY PRE- AND POSTOPERATIVE MRI ANALYSIS**

**P. Schmidt¹, E. Rociu², R. van der Weiden³, M. Duarte Thibault³, L. Chen⁴,**

*University of Michigan¹, Francisca Gasthuis & Vlietland, Rotterdam, The Netherlands², Sint Franciscus Gasthuis, Rotterdam, The Netherlands³, University of Michigan⁴*

**Introduction:** Enlarged pre- and postoperative resting Level II/III levator ani MRI measures, but not lower apical (Level I) measures, have been associated with increased risk of long-term recurrence after prolapse repair.1,2 We hypothesize that reconstructive prolapse surgeries are effective at improving Level I support but not Level II/III levator ani support.

**Objective:** To compare pre-and short term postoperative resting MRI-based anatomical measures following native tissue and mesh-augmented prolapse repairs.

**Methods:** This was a secondary analysis study, using two primary prospective studies of women who underwent MRIs for research preoperatively and postoperatively 3 months after undergoing native tissue (NT) or 6 months after mesh-augmented (MA) prolapse repairs. Demographic, clinical, and surgical data were abstracted. Resting mid-sagittal MRIs were used to perform measurements including: apex location, urogenital hiatus (UGH), levator hiatus (LH), levator area (LA), and to trace the levator plate (LP) (Figure 1). Principal component shape analysis was used to quantify two independent shape variations in LP shape (PC1 and PC2) and principal component (PC) scores calculated. Negative PC1 scores corresponded to a more horizontal position and negative PC2 scores corresponded to a more caudad position relative to the body axis. MR measures and PC scores were compared between (1) native tissue versus mesh-augmented prolapse repair groups using independent t-test and (2) pre- to postoperatively using a paired t-test.

**Results:** Thirty-eight participants were included with mean age of 63.4 ± 12.3 years and BMI 36.6 ± 4.7 mg/kg². Sixteen women underwent NT and 22 women underwent MA prolapse repairs. There were no differences in age, BMI, or parity between groups. The native-tissue group had a larger preoperative Ba (median 2.3 ± 0.2 cm vs 0.0 (-2.0, 1.0), P < .001), GH (5.0 cm (4.5, 6.0) vs 3.0 (3.0, 4.0), P < .001), and LH (2.3 ± 0.2 cm vs 0.0 (-2.0, 1.0), P < .001) prolapse repairs. However, there were no significant differences in resting preoperative MRI measures (Table 1).

**Apex location was higher after both NT (preoperative 2.3 ± 0.2 cm vs postoperative 4.4 ± 0.1 cm, <.001) and MA (preoperative 2.6 ± 0.2 cm vs postoperative 3.9 ± 0.2 cm, P = .004) prolapse repairs.** However, there were no significant differences between pre- and postoperative UGH, LH, LA, LP shape in both the NT and MA groups (Table 1).

**Conclusions:** Native tissue and mesh-augmented prolapse repairs improve apex location (Level II) in the short term postoperatively, however neither procedure type induces significant changes in Level II/III levator ani support measures. Innovative prolapse repair procedures are needed to better address Level II/III levator ani support.

**Disclosure:** No

**Long Oral 38**

**COMPARISON OF PESSARIES TO PELVIC FLOOR TRAINING TO TREAT POSTPARTUM URINARY INCONTINENCE: RESULTS FROM A RANDOMIZED PRAGMATIC TRIAL (BREST).**

**S. Lange¹, E. Tabibi², G. Naumann³, R. Lange⁴, Medical University of Vienna¹, DieGyn-Praxis², Helios-Klinikum, Erfurt³, Pelvic Floor Center Rheinhessen, Klinikum Worms gGmbH⁴**

**Introduction:** Postpartum urinary incontinence is a frequent and bothersome pathology. Pelvic floor training is widely used but its effectiveness is limited. Pessaries though widely used in prolapse and incontinence have not been studied in postpartum women.

**Objective:** This study aimed to compare the effectiveness and acceptance of pessaries compared to two types of pelvic floor training in women with postpartum urinary incontinence.

**Methods:** Randomized controlled, pragmatic multicenter trial in 6 outpatient clinics in Germany. The trial was conducted from June 2019 to July 2021. Patients with urinary incontinence at postpartum check-up were included and randomized into three groups: 1) Pelvic floor exercise courses, 2) pelvic floor physiotherapy, and 3) vaginal pessary. Satisfaction was evaluated after 6-10 weeks of treatment via a standardized phone interview or questionnaire. Secondary outcomes included treatment complications.

**Results:** 516 patients were screened for urinary incontinence at postpartum check-up in the study, of these, data from 511 was available for analysis. Urinary incontinence was present in 21.7% of women. Almost half of all affected
women wanted to participate in the treatment phase (46.8%, n = 52). In the pelvic floor exercise-group, 46.7% (n = 7/15) were satisfied with the treatment, compared with 28.6% (n = 4/14) in the physiotherapy group and 93.3% (n = 14/15) in the pessary group. The difference between the groups was statistically significant (P = 0.001). No differences between the groups were found for age, mode of delivery, pre- or post-pregnancy BMI or parity. Drop-out rate was 11.8% (n = 2) in the pelvic floor exercise-group, 17.6% (n = 3) in the physiotherapy group, and 16.7% (n = 3) in the pessary group, no differences between the groups were found. No complications especially neither vaginal lesions nor infections due to pessary were noted in either group.

Conclusions: Pessaries are rarely used to treat postpartum urinary incontinence. In this study, patients who were treated with pessaries showed higher rates of satisfaction compared to pelvic floor training. This indicates that pessaries might be an efficient way to treat postpartum urinary incontinence. Further studies need to be done to confirm these results. Long-term effects of postpartum pessary use on urinary incontinence should also be investigated.

Disclosure: One of more of the authors act as a consultant, employee or shareholder of an industry for coma-urogyn gmbh

Long Oral 39
USE OF A COMPUTERIZED DECISIONAL AID TOOL IN WOMEN WITH URGENCY URINARY INCONTINENCE
H. Nguyen1, O. Brown1, B. Carol1, M. Mueller1, J. Geynisman-Tan1, C. Lewicky-Gaupp1, K. Kenton1, S. Collins1. Northwestern1

Introduction: Decision Analysis Tools (DAT) are shared decision-making (SDM) instruments that include patient input on treatment goals and values and have been shown to decrease decisional regret in women’s healthcare.

Objective: We describe a novel, computer-based DAT for women with urinary incontinence (UI) and aim to assess the concordance between treatment fit as determined by the DAT and treatment selected after physician counseling.

Methods: We created a computer-based DAT for the treatment of women with UI in partnership with WiserCare, Inc., using a proprietary algorithm that incorporates up-to-date evidence and patient-provided preferences about treatment goals. Use of the DAT was implemented in 2020 as part of routine practice and is given to all new patients screening positive for UI using the Pelvic Floor Distress Inventory (PFDI-20), administered during the scheduling process. Patients complete the DAT prior to the initial consult visit to support SDM in this single, university-based practice of 7 fellowship trained urogynecologists. We retrospectively analyzed DAT results of new English-speaking patients between June 2020 and December 2021 with urgency urinary incontinence (UUI) and urgency-predominant mixed urinary incontinence (MUI) according to items 16 and 17 of PFDI-20. We abstracted demographic and clinical data and treatment plans established after initial physician consults. DAT results including top attribute preferences (treatment factors that differ between treatments) and treatment fit maps (lists of treatments in order of best to worst fit) were collected. The DAT algorithm can identify >1 top attribute preference and more than one top treatment fit for each patient.

Results: We identified 400 women with UUI (219, 55%) or urgency predominant MUI (181, 45%) who completed the DAT before their consults. The mean (SD) age was 61 (16) years, and the mean (SD) body mass index was 29 kg/m2 (8). Table 1 shows additional demographic and clinical characteristics. The most frequently selected first-choice treatments on pre-counseling DATs were pelvic floor physical therapy (PFPT) (44%), sacral neuromodulation (SNM) (38%), and medication (12%). Treatment choice was driven most strongly by the desire to improve UI (54%), to avoid an injection into the bladder (18%), and to avoid implantation of a permanent device (9.8%). After clinical counseling, PFPT (55%), medication (17%) and intradetrusor OnabotulinumToxinA injection (10%) were the top treatment plans. For 66% the treatment plan after counseling matched the DAT-determined best treatment fit. When we compared women with concordance between DAT and post-counseling treatment choices to those with discordance, BMI, race, ethnicity, and diagnosis (isolated UUI or MUI) did not differ. Women with treatment concordance were slightly younger (61 vs. 66 years, P = .03), and less likely to have a diagnosis of diabetes (P = .03).

Conclusions: Women choosing treatment for UUI and urgency predominant MUI using a novel, computer-based DAT to prepare for SDM with their physicians often choose to proceed with their top DAT-determined treatment fit after counseling. Those with concordant treatment choices were younger than those with discordant treatment plans. More data on DATs in women’s pelvic health are needed to support widespread implementation of SDM.

Disclosure: No
Long Oral 40
SAFETY AND EFFECTIVENESS OF MIDURETHRAL SLING FOR STRESS URINARY INCONTINENCE AFTER URETHRAL BULKING
A. Arthur1, N. Guadarrama2, J. Chung3, J. Zhang1, Whitcomb, MD, E2. University of California, Irvine1, Kaiser Permanente, Orange County2, Kaiser Permanente Southern California Research Office3

Introduction: Stress urinary incontinence (SUI) affects 20% to 40% of women [1]. Midurethral sling (MUS) is the gold standard for the treatment of SUI and has been shown to be safe and effective. For patients who desire a less invasive procedure, injection of urethral bulking agents is a minimally invasive alternative. There is limited current literature regarding the safety and effectiveness of MUS after urethral bulking. In a retrospective study, Koski et al. found sling placement after urethral bulking to be safe and effective [2]. This has been the only study over the past decade evaluating this unique treatment combination.

Objective: Our primary objective was to evaluate the safety and effectiveness of MUS for the treatment of recurrent SUI following urethral bulking compared to MUS alone.

Methods: This was a retrospective IRB approved cohort study of patients within the Southern California Permanente Medical Group who underwent MUS from January 2009 to December 2020. Patients who underwent prior urethral bulking were compared with a control group with no prior urethral bulking in a 1:1 ratio based on similar MUS procedure date. Patients were identified using the Current Procedural Terminology (CPT) code 57288 for MUS and CPT code 51715 for urethral bulking injection. The primary outcome was either subjective failure defined by symptoms of SUI or objective failure defined by a positive cough stress test, unresponsive stress incontinence or re-treatment for SUI. Secondary outcomes were perioperative complications such as increased estimated blood loss (EVL) or operative time, urethral or bladder injury, urinary retention and urinary tract infection (UTI). Multivariable logistic regression and Cox proportional hazard regression analysis, controlling for sling type, BMI and vaginal parity were used to examine the association between safety and effectiveness and each potential variable.

Results: Eighty-five patients underwent MUS after urethral bulking and 85 matched controls who underwent MUS alone were identified. There was no difference in age, race, BMI, vaginal parity and menopausal status between the groups. In univariate analysis, those undergoing MUS after urethral bulking were more likely to have concomitant surgery at the time of MUS (P = 0.0013) and abnormal cystoscopy intraoperatively than the MUS only group (P = 0.0232). These cystoscopical findings were urethral mucosa changes from the prior bulking. Controlling for concomitant surgery, there was no difference in EVL between groups. The operative time was longer in the MUS after urethral bulking group without concomitant surgery by 5.5 minutes (P = 0.0039), which is not clinically significant. The operative time was prolonged by 95.4 minutes for the MUS only group compared to the MUS after urethral bulking group when there was concomitant surgery (P = 0.001). In multivariate analysis controlling for confounders, there were no differences in safety or effectiveness of MUS between the groups.

Conclusions: In this study, we found that the unique treatment combination of MUS after urethral bulking for recurrent SUI appears to be safe and effective. This result supports this routine practice.

Disclosure: No

Table 1: Presentation and perception of pelvic floor dysfunction and pelvic pain in transgender and gender non-binary persons

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Percentage (n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voiding dysfunction</td>
<td>7/40 (17.5)</td>
</tr>
<tr>
<td>Sexual dysfunction</td>
<td>1/4 (25)</td>
</tr>
<tr>
<td>Pelvic Discomfort</td>
<td>3/42 (7.1)</td>
</tr>
<tr>
<td>Urinary urgency/urgency</td>
<td>1/4 (25)</td>
</tr>
<tr>
<td>PFD/PP 1st</td>
<td>1/4 (25)</td>
</tr>
<tr>
<td>PP/PP 2nd</td>
<td>1/4 (25)</td>
</tr>
<tr>
<td>Had surgery for PFD/PP</td>
<td>3/4 (75)</td>
</tr>
<tr>
<td>Had surgery for PFD/PP &amp; tendering</td>
<td>3/4 (75)</td>
</tr>
</tbody>
</table>

Table 2: Presenting and perception of pelvic floor dysfunction and pelvic pain in transgender and gender non-binary persons

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Percentage (n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive experience with a provider</td>
<td>14/14 (100)</td>
</tr>
<tr>
<td>Negative experience with a provider</td>
<td>0/14 (0)</td>
</tr>
<tr>
<td>Gender identity affecting access</td>
<td>1/14 (7.1)</td>
</tr>
</tbody>
</table>

Long Oral 41
EXAMINING PELVIC FLOOR DISORDERS AND PELVIC PAIN IN TRANSGENDER PERSONS: A PILOT STUDY
M. Youngstrom1, C. Voltare1, J. Harroche2, K. Ujunwa2, L. Flowers2, G. Northington2, Emory University1, Emory2

Introduction: Although much is known about how cis-gender women experience and present with pelvic floor disorders (PFD) and pelvic pain (PP), it is unclear how these symptoms manifest in transgender(TG) and gender non-binary (GNB) people.

Objective: The aim of this study is to evaluate the presentation and perception of pelvic floor disorders and pelvic pain in transmasculine, transfeminine, and GNB persons via in-depth interviews.

Methods: This was an IRB approved qualitative study. Semi-structured, in-depth, one-on-one interviews were conducted by the same interviewer using a standardized interview guide. This guide was developed with the assistance of women’s and transgender care providers, and qualitative research experts. Interviews were conducted with patients in the Emory and Grady Healthcare systems. These patients were recruited by providers in the Department of Gynecology and Obstetrics. Ninety patients were identified as candidates for interview. The presentation, perception, and experiences of pelvic floor symptoms and interaction with the healthcare system of transgender and GNB persons were explored in 60-90 minute interview sessions. These interviews were audio-recorded and then transcribed. The transcripts were then analyzed and coded with QDA Miner Lite. Themes were analyzed by debriefing with the researchers weekly. Codes for themes and sub-themes were then developed and the transcripts were analyzed by the research team. Themes organized into four categories: sexual health, experience with PF and PP perceptions, and barriers.

Results: A total of 14 participants were interviewed. Six (42%) respondents identified as transmasculine, and of the transmasculine group, 3 (50%) had undergone bottom surgery, and 3 (50%) had not undergone bottom surgery. Six (42%) of the respondents identified as GNB. Four participants (29%) of this group had undergone bottom surgery, while one (16%) had not undergone bottom surgery. One (6%) of the participants identified as transfeminine, and also undergone bottom surgery. Symptoms of bladder dysfunction, sexual dysfunction, urinary frequency/urgency, and chronic pelvic pain were common amongst the participants (Table). Seven participants (50%) noted vaginal dryness, but only 3 (21.4%) have been prescribed vaginal estrogen. Two (14.3%) participants had undergone surgery for PFD or PP, and 8 (57.1%) of participants utilized nonsurgical modalities for their PP or PFD including exercise, Kegels, timed voiding, and meditation. PFD symptoms affected self-reported quality of life (QOL) in 8 (57.1%) participants and PP affected QOL in 9 (64.3%) participants. All fourteen participants reported having at least one positive experience with accessing care, and 10 (62.5%) reported having at least one negative experience. All of these participants stated discomfort caused by perceived homophobia/ transphobia or misgendering by the physician/office staff was a significant barrier to pelvic healthcare.

Conclusions: Understanding how transgender and GNB persons experience PFD/PP is pivotal to providing care to these patients. Using these in-depth interviews, we can elucidate how to better care for this patient population. We plan to continue to recruit patients to further understand the presentations, perceptions, and experiences of transgender and GNB persons. Also, further study is underway to identify specific symptoms using more condition specific questionnaires and determine if these are different from cis-gender persons.

Disclosure: No
Long Oral 42
RETURN TO WORK AFTER MID-URETHRAL SLING: SECONDARY ANALYSIS OF THE TRIAL OF MID-URETHRAL SLINGS (TOMUS)
R. Wang1, E. Sappenfield2, Hartford Hospital2
Introduction: The timing for returning to work is an important part of surgical counseling and quality of life.
Objective: To evaluate the pattern of patients returning to work and return to normal daily life following mid-urethral sling surgery.
Methods: This is a secondary analysis of the randomized controlled Trial of Mid-Urethral Slings (TOMUS), a two-arm randomized controlled trial that compared two types of mid-urethral slings used for the treatment of stress urinary incontinence: the retropubic mid-urethral mesh sling (RMUS) and the transobturator mid-urethral sling (TMUS). Our primary outcome is return to work defined by the answer to “How many paid workdays did you take off after surgery?” Return to normal daily life was defined by “Have you returned to full normal activities of daily life (including work, if applicable) since your surgery?” and “How many days did it take you to return to full normal activities of daily life (including work, if applicable) after surgery?” Patients who underwent a concomitant surgery were excluded. Predictors affecting the timing of return to work and normal activities were also assessed. Given multiple comparisons, Bonferroni correction with threshold at 0.003 was used to assess the statistical significance of P-values.
Results: Among patients undergoing a mid-urethral sling, 183 (41.5%) returned to normal activities within 2 weeks, with a median of 6 days (interquartile range 1-14 days). Median paid workdays was 4 (interquartile range 0-12 days) with 141 (67.8%) citing restrictions on heavy lifting. Within 6 weeks of surgery, 308 (70.0%) had returned to normal activities including work. At the 6 months follow up, 407 (98.3%) had returned to normal activities including work. Patients who returned within 2 weeks versus after 2 weeks did not have significantly different characteristics after accounting for multiple comparisons (Table 1). The risk of objective and subjective treatment failures were not significantly different between those who returned within 2 weeks and those who returned after 2 weeks. There were also no differences in physician visits, emergency room visits, hospitalization, abdominal/pelvic surgery, antibiotics, or urinary tract infection treatments for patients who returned within 2 weeks. Similar results of no significant differences were found for failure rates and adverse outcomes comparing patients who returned within and after 6 days. In multivariate regression analysis , there was no significant predictor of the timing of returning to normal activity/work.
Conclusions: Out of approximately forty percent of patients who returned to work/normal activities within 2 weeks of a mid-urethral sling surgery, half did so within 6 days. The timing of return to work was not associated with significant differences in treatment failure or adverse outcomes.
Disclosure: No
Long Oral 44

OPIOID USE FOLLOWING PELVIC RECONSTRUCTIVE SURGERY: A PROSPECTIVE COHORT STUDY

K. Roberts1, M. Abrams1, S. Sears1, S.D. Whelley1, S. Rhodes1, A. Alfahmy1, A. Kamamibi, N.C. Wang2, S. Mahajan3, S. El-Nashar3, J.W. Henderson4, A. Hijazi4, J. Mangal4, R. Pollard4, D. Sheyn1. University Hospitals1, Case Western Reserve University2, Mayo Clinic Jacksonville3, MetroHealth Hospitals4

Introduction: There is an indelible link between narcotic prescriptions and the opioid epidemic, mandating increased vigilance on postoperative opioid prescribing practices.

Objective: To determine the amount of opioid used by patients undergoing surgery for pelvic floor disorders (PFD) and identify risk factors for opioid consumption greater than the median.

Methods: This was a prospective cohort study conducted at two tertiary care medical centers between 11/01/2020 and 10/15/2021. All English-speaking patients who were 18 – 89 years old and undergoing major surgery for PFD were approached for participation. Consenting subjects completed one preoperative questionnaire that surveyed factors expected to influence postoperative pain and pain medication use. At approximately one- and two-weeks following surgery, patients completed two additional questionnaires (“questionnaire 2” and “questionnaire 3”) about their pain scores and pain medication use. On analysis, the cohort was divided into four procedural groups: 1. Laparoscopic apical suspension (LA), which included laparoscopic sacrocolpopexy, robotic sacrocolpopexy, and laparoscopic uterosacral ligament suspension; 2. Vaginal apical suspension (VA), which included vaginal uterosacral ligament suspension and vaginal sacrospinous ligament fixation; 3. Vaginal repair only (VR), which included anterior repair and/or posterior repair; and 4. Obliterative (O) procedures, which included colpocleisis. Opioid prescribing practices and use between groups was then analyzed.

Results: LA n = 69 (21.8%), VA n = 62 (21.8%), VR n = 42 (21.8%), O n = 20 (10.4%). Milligram morphine equivalents used by patients in the hospital, MME prescribed at discharge, MME used by questionnaire 2, and MME used by questionnaire 3 were all found to be significantly different between procedure groups on Kruskall-wallis analysis (Table 1). When looking at the entire cohort, the median amount of MME prescribed at discharge was 100 MME (100-200), whereas the median amount used by questionnaire 2 was 15 MME (0-50) and by questionnaire 3 was 20 MME (0-75). On multivariable logistic regression, variables found to be associated with using greater than the 50th%tile of MME at the time of questionnaire 2 included a diagnosis of arthritis (OR = 2.57; 95%CI 1.21-5.77), a diagnosis of endometriosis (OR = 4.25; 95%CI 1.75-9.54), endometriosis or fibromyalgia increase the risk that a patient will have a higher postoperative opioid consumption, whereas increasing age decreases that risk.

Disclosure: No

Long Oral 45

PUDENDAL NERVE BLOCK WITH LIPOSOMAL BUPIVACAINE FOR SACROSPINOUS LIGAMENT SUSPENSION: A RANDOMIZED CONTROLLED TRIAL

D. Ezzedine1, L. Dhariwal1, E. Wasenda1, C. Salaman1, R. Caraballo1. Atlantic Health System-Morristown Medical Center1, Orlando Health Winnie Palmer Hospital2

Introduction: Achieving adequate pain control after surgery is of utmost importance to promote timely recovery. Pudendal nerve block has been frequently utilized for postoperative pain management following vaginal reconstructive surgery. However, studies investigating its efficacy and the type of anesthetic used have had conflicting results.

Objective: To determine the effects of intraoperative pudendal nerve block with liposomal bupivacaine 1.3% on post-operative pain up to 3 days following sacrospinous ligament suspension. We hypothesized that pudendal nerve block using 1.3% liposomal bupivacaine would lead to a 2-point reduction in postoperative pain on their visual numerical scale (VNS) score.

Methods: This is a single-blinded randomized controlled trial. Eighty-three women undergoing sacrospinous ligament suspension with or without vaginal hysterectomy were randomized to receive either intra-operative bilateral pudendal block with liposomal bupivacaine or no pudendal block. Additional prolapse repairs or placement of a mid-urethral sling was allowed. Participants were sent home with a packet containing VNS scales to complete on postoperative days (POD) 1-3 and day 7 and instructed to mark the number corresponding with the worst pain of the day, overall pain of the day, pain with sitting and pain with first bowel movement. The packet also contained a diary to record the day of first bowel movement, and the number of ibuprofen 600-mg tablets and narcotic tablets consumed on POD 1-3. Finally, the quality of recovery was assessed using the Quality of Recovery-15 (QoR-15) questionnaire filled pre-operatively and on POD 3. Based on a review of the literature, a 2 points difference on an 11-point VNS scale would be clinically significant. Assuming 80% power with a 10% dropout rate, 74 participants (37 in each group) were needed. Continuous variables were analyzed using Student t test. Non-parametric variables with the Mann-Whitney U test, and categorical variables were compared with the Fisher exact or Chi-square tests as appropriate.

Results: Forty-one women were randomized to the pudendal block group and 42 to the control group. Mean age was 64.6 years [range 41-89] (P = 0.549). 68% of participants were white, 18% were Hispanic and 6.8% were black. There was no...
statistically significant difference in the overall pain scores between the pudendal block group vs. control group for POD 1 and 3: 5 [2-6.25] vs. 5.5 [4-8] (P = 0.058) and 4 [1-9] vs. 5 [2-7] (P = 0.365) respectively. Return to normal bowel function was faster in the pudendal block group than the control group, 2 days [1.5-3] vs. 3 days [2-3] (P = 0.047). There were no significant differences in opioid and NSAID consumption, the remaining pain scores, or mean change in QoR-15 scores [10-16] vs. [16-30] (P = 0.023). Return to normal bowel function was faster in the pudendal block group than the control group, 2 days [1.5-3] vs. 3 days [2-3] (P = 0.047). There were no significant differences in opioid and NSAID consumption, the remaining pain scores, or mean change in QoR-15 scores [10-16] vs. [16-30] (P = 0.023).

Conclusions: Bilateral pudendal block with liposomal bupivacaine did not result in a clinically significant reduction in postoperative pain scores following sacrospinous ligament suspension.

Disclosure: One of more of the authors act as a consultant, employee or shareholder of an industry for Boston Scientific.

Short Oral 61
IMPLICATION OF SELENOPROTEINS IN THE PROGRESSION OF INTERSTITIAL CYSTITIS
A. Ranjan1, H. Tunuguntla2. Rutgers Robert Wood Johnson University Hospital

Introduction: Interstitial Cystitis (IC) painful bladder syndrome (PBS) is a chronic disease that significantly reduces the quality of life for patients. Previous studies of bladder biopsies from patients with IC revealed changes in the cellular expression of certain biomarkers, however, the etiology of IC/PBS is still not fully understood. Selenoproteins, class of proteins that play a role in the inflammatory and immune responses to IC. Therefore, we hypothesize that certain selenoproteins may have a notable role in the pathogenesis of IC and the progression of Interstitial Cystitis to determine the inflammatory reaction pathway and the possible role of these proteins. Another objective of our study is to create a searchable database that provides information about expression values of genes in patients with Interstitial Cystitis. This database contains the names of over 50,000 genes and their expression values. Raw data for each gene is generated as well as the average values for IC and control patients, and the Log2 fold change to include up- or downregulation.

Methods: Using a gene expression profile from previous study done on ulcerative cystitis, we analyzed twenty different selenoproteins and their possible involvement in the inflammatory response associated with IC. Genetic expression analysis was performed using an online resource of gene expression profile in our study. A sizeable number of asymptomatic individuals have bacteriuria on standard cultures, a value that increases with age. Chronic lower urinary tract symptoms (LUTS), such as incontinence, urinary frequency, urgency, and dysuria, overlap with symptoms of urinary tract infection (UTI). Distinguishing infection from asymptomatic bacteriuria co-occurring with a chronic urogenital condition is challenging. Culture-independent molecular diagnostics, including quantitative polymerase chain reaction (qPCR), reveal a breadth of microbial populations in urine not recognized by standard cultures and have high sensitivity in detecting uropathogens. While qPCR is increasingly used in the diagnosis of UTI, data regarding the use of these techniques to distinguish UTI from non-infectious LUTS is limited.

Objective: To assess relative levels of common uropathogens from urine samples in a cohort of uninfected urogynecology patients using qPCR.

Methods: Urine samples from 502 women with and without LUTS were collected. Diagnoses included microscopic hematuria, fibroids, stress urinary incontinence, urge incontinence, pelvic organ prolapse, pelvic pain, and recurrent UTI. Women suspected of having acute cystitis were excluded. qPCR was performed on DNA isolated from urinary cellular material using microbe-specific primers to evaluate relative levels of three common uropathogens, Escherichia coli, Enterococcus species, Klebsiella species, as well as four commensal Lactobacillus species (L. crispatus, L. jenseni, L. gasseri, and L. iners) and Candida albicans. Stringent thresholds were assigned to distinguish a positive from a negative result. Results were stratified by menopausal status and diagnosis to evaluate for differences in urinary microbial profiles related to age or symptoms.

Table 1. Proportions of positive quantitative PCR results for E. coli, Enterococcus species, Klebsiella species, Candida albicans, and Lactobacillus species (L. crispatus, L. gasseri, L. jenseni, and L. iners) stratified by menopausal status from a cohort of 502 female urogynecology patients with and without LUTS. Meneou equal differences were compared using logistic regression analysis. SMD: standard mean difference.
Proportions of women with positive results in each category were compared by logistic regression analysis.

Results: For symptomatic women judged by their provider to have a low suspicion of acute cystitis, 18% had elevated levels of urinary E. coli, 69% Enterococcus species, 50% Klebsiella species, and 31% C. albicans by qPCR. Except for decreased L. crispatus in subjects with recurrent UTI, no differences in the quantities or rates of positivity were observed between controls, patients with LUTS, and subjects with recurrent UTI for the evaluated taxa. Significant differences in the amounts of urinary E. coli, Enterococcus species, and Lactobacillus species, Lactobacillus crispatus, Lactobacillus jensenii, and Lactobacillus iners were observed when stratified by menopausal status, with postmenopausal women having higher amounts of E. coli (P = 0.023) and Enterococcus (P = 0.002), and lower amounts of Lactobacillus species (P < 0.001) compared to pre- and peri-menopausal women (Table 1).

Conclusions: A clinically significant portion of asymptomatic women and women with symptomatic lower urinary tract symptoms have detectable levels of uropathogens in the urine by qPCR. No qPCR detection threshold was capable of distinguishing recurrent UTI subjects from either asymptomatic controls or patients with LUTS (Figure 1). Differences in detection frequencies were observed based on menopausal status, with postmenopausal women having higher levels of uropathogens and lower levels of commensals than pre- and peri-menopausal women. Providers should exercise caution when using culture-independent molecular tests in women without a high suspicion for acute cystitis. Given the high rates of detection in both asymptomatic women and women with chronic LUTS, testing carries a high risk of UTI overdiagnosis and antibiotic overuse.

Disclosure: No

Short Oral 63
COMPARING THE URINARY MICROBIOME IN WOMEN WITH URGENCY URINARY INCONTINENCE AND WELL-MATCHED CONTROLS

G. McNary1, E. Dahl2, Z. Wang3, L. Karstens2, L. Ma4, N. Siddiqui1. Duke University Medical Center, 1, Oregon Health & Science University, 2, Duke University

Introduction: Several studies suggest that alterations in the typical urinary microbiome (i.e., “urobiome”) are associated with urgency urinary incontinence (UUI). However, many of these studies fail to comprehensively control for clinical variables (e.g., age, menopausal status, history of recurrent urinary tract infections, insulin resistance) that could potentially confound observed associations.

Objective: To re-assess associations between the urobiome and UUI in a population of well-phenotyped women with UUI and matched controls.

Methods: Women with idiopathic UUI (defined as >3 UUI episodes per week, confirmed with validated questionnaires), and matched controls without incontinence were recruited for a translational research study. Insulin resistance was assessed via medical history, serum Hemoglobin A1C, and Homeostatic Model Assessment for Insulin Resistance (HOMA-IR). Catherized urine samples, probiotic-free water (negative control), and serial dilutions of a mock microbial community (ZymoBIOMICS Microbial Community Standard, positive control) underwent DNA extraction with the DNeasy Blood and Tissue Kit (QIAGEN). Genomic DNA was submitted for 16S rRNA gene sequencing via PCR amplification of the V4 hypervariable region with Illumina MiSeq. Sequences were processed into amplicon sequence variants (ASVs) with a DADA2 pipeline and assigned taxonomy with BLCA using the 16S rRNA gene collection from NCBI as a reference database. Potential contaminant ASVs were identified and removed based on menopausal status, with postmenopausal women having higher levels of L. crispatus in subjects with recurrent UTI, no differences in the urobiome between asymptomatic controls or patients with LUTS, and subjects with recurrent UTI for the evaluated taxa. Significant differences are seen in reduced models when a covariate indicating insulin resistance is removed. This illustrates the importance of incorporating multiple clinical covariates when assessing relationships between the urobiome and urologic conditions.

Conclusions: Associations between the urobiome and UUI are complex, particularly because UUI is more common in populations who are older, more likely to be menopausal, with higher BMI, and with insulin resistance. Contrary to prior reports, we did not identify differences in the urobiome between well-phenotyped women with UUI and matched controls. Trends towards differences are seen in reduced models when a covariate indicating insulin resistance is removed. This illustrates the importance of incorporating multiple clinical covariates when assessing relationships between the urobiome and urologic conditions.

Disclosure: No
Concordance of Urinary Microbiota Detected by 16S rRNA Amplicon Sequencing Versus Expanded Quantitative Urine Culture

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Introduction: Multiple techniques exist for characterizing the urinary microbiome. Two commonly used methods include expanded quantitative urine culture (EQUC) and 16S rRNA amplicon sequencing (16S sequencing). Even with enhanced techniques, culture-based methods may still fail to detect several organisms that are difficult to grow. Sequencing methods also have limitations, such as failure to identify organisms with thick cell walls (e.g., Gram positive bacteria) due to inefficient cytolysis.

Objective: Given that each method of detecting the urobiome may present intrinsic biases toward which organisms are detected, we aimed to assess how the results from EQUC and 16S sequencing compared when both methods were performed on the same samples.

Methods: Catheterized urine samples were collected from menopausal women using vaginal estrogen at one institution from 12/2017-3/2019. Women with active UTI were excluded. Urine samples were immediately divided; one portion was sent for EQUC in the clinical microbiology laboratory using a published protocol. A separate portion was placed into a nucleic acid protectant (Assay Fier. Decontam v1.2.1) was used to identify potential contaminant ASVs. Raw sequences were processed into amplicon sequence variants (ASVs) with a DAD2 pipeline (v 1.14.0) and mapped to the SILVA reference database (v 132) using the RDP classifier. Decontam (v 1.2.1) was used to identify potential contaminant ASVs. Data were further processed and visualized in R using phyloseq (v. 1.26.1).

At the family level, we assessed the concordance of microbiota identified from EQUC and 16S sequencing.

Results: 59 specimens were analyzed with both methods. A total of 403 organisms were identified and assigned taxonomy at the family level across all samples (Figure 1). EQUC and 16S sequencing identified concordant organisms from the same sample on 61/403 occasions (15.1%). Within each sample, discordant organisms were also detected between methods - 16S sequencing identified more organisms than seen in culture. However, a complementary degree of observed concordance was approximately 50%, which highlights the limitations of culture-based methods to identify urinary microbiota. Conversely, there were a few bacterial, yeast, and fungal families only identified using EQUC. As such, scientists may need to consider additional methods of accounting for biases in the urobiome based on the identification method that is applied.

Disclosure: No
Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Cooper Surgical

Short Oral 66
RANDOMIZED TRIAL ON EXPECTATIONS AND PAIN CONTROL ADVANCEMENT IN SURGERY: THE REPAIR STUDY
T. Serna-Gallegos1, Y. Komesu1, G. Davan1, K. Meniwether2, C. Ninnivaggi1, T. Petersen1, P. C. Jeppson1. University of New Mexico Health Sciences Center1

Introduction: Opioid use disorder is an epidemic directly related to providers’ narcotic prescribing practices. Limiting post-operative pain management to the fewest necessary pills following urogynecologic procedures can help curb misuse by reducing opioid medications available in communities.

Objective: The objective of this study was to assess the impact of 1) patient-centered pre-operative education and 2) shared decision-making in determining amount of post-operative narcotics prescribed on outpatient narcotic consumption in women undergoing pelvic floor surgery.

Methods: Women undergoing pelvic floor surgery were randomized to pre-operative education delivered via a “standard” video (content determined by provider consensus based on current practices) or “patient-centered” video (content determined by patient focus-groups, including patient recommendations regarding pain management). The “standard” group received 225 morphine milligram equivalents (MME) for major surgery or 90 MME for minor surgery at hospital discharge (equivalent to 30 oxycodone pills for major and 12 for minor surgery) and the “patient-centered” group chose the amount of narcotics (ranging from 0–30 oxycodone pills for major and 0–12 for minor surgery). The primary outcome was outpatient opioid consumption within 2 weeks of surgery. Secondary outcomes included opioids prescribed at discharge and number of unused narcotics within 2 weeks of surgery. Opioid consumption was determined by pill counts and translated into MME (presented as equivalent number of oxycodone pills for ease of understanding). Both Spanish and English-speaking women were enrolled as the videos were available in both languages. An intent-to-treat analysis with bivariate and multivariate regression models was performed. Chi-square and Fisher’s exact tests were used for categorical variables, while t-tests and Wilcoxon-Mann-Whitney tests were used for continuous variables.

Results: The study enrolled 174 women between September 2019 and October 2021. A total of 154 patients completed the primary outcome (89% of those enrolled) and were included in analysis. Of those, 78 were randomized to standard pre-op education and 76 to patient-centered pre-op education. There were no differences between groups’ demographic characteristics (Table 1). The patient-centered group undergoing major surgery had a median of 20 pills prescribed at discharge (IQR 10, 30) while those undergoing minor surgery had a median of 12 pills (IQR 6, 12). The patient-centered group had fewer unused narcotic pills (median difference of 9 pills, 95% CI 0 to 19, P < 0.001, Table 2). There was no between group difference in the median number of pills taken (0, 95% CI 0 to 1, P = 0.627). With multivariate modeling to adjust for confounders, there was no difference between groups for the number of pills taken within 2 weeks of surgery.
Conclusions: In this study, patient-centered preoperative education did not decrease narcotic consumption at 2 weeks postoperatively compared to the standard preoperative education. However, shared decision-making for narcotic prescribing did decrease the number of unused narcotic pills following pelvic floor surgery. With limited literature specific to narcotic consumption following urogynecologic surgery, this study shows that aligning patient and surgeon goals preoperatively with patient-centered education may blunt the impact of unused narcotics on the community and the opioid epidemic.

Disclosure: No

Short Oral 67
HEALING AFTER PREGNANCY: ASSESSING THE IMPACT OF AN EDUCATIONAL VIDEO ON KNOWLEDGE OF PELVIC FLOOR DISORDERS AMONG OBSTETRIC PATIENTS
M. Siddique1, C. Shi1, E. Passarella1, A. Osinubi1, D. Myers1. Brown University/Women & Infants Hospital of Rhode Island1

Introduction: Urinary incontinence (UI) and pelvic organ prolapse (POP) are common conditions in parous women. Despite its prevalence, knowledge of pelvic floor disorders remains low in obstetric populations. Video-based education may serve as an accessible platform for counseling.

Objective: To evaluate the impact of an educational video on knowledge of POP and UI in an antenatal patient population.

Methods: This is a quality improvement study of English and Spanish speaking pregnant adult females who were recruited at routine antepartum visits. Knowledge on UI and POP was assessed before and after watching an original animated educational video on POP and UI, available in English and Spanish. Proficiency for UI knowledge was defined as having a score ≥ 50% on the PIKQ-UI and ≥ 50% on the PIKQ-POP for both UI and POP. Overall scores and knowledge proficiency on the PIKQ were compared before and after watching the video. Images from the videos and QR codes for each video seen in Figure 1.

Results: Forty participants completed the study; 30 watched the video in English and 10 in Spanish. The mean age was 31.2 (SD 5.3) years and mean gestational age 33.9 (SD 5.8) weeks. The mean parity was 1.9 (SD 4.9). 55% had at least one delivery, among whom, 86.4% had previously delivered vaginally. 40% identified as Hispanic or Latina. 82.5% completed at least high school/GED and 57.5% were publicly insured. 55% had at least one delivery, among whom, 86.4% had previously delivered vaginally. 40% identified as Hispanic or Latina. 82.5% completed at least high school/GED and 57.5% were publicly insured. 25% of participants had symptoms of POP or UI. None had been seen by a urogynecologist. Prior to watching the videos, the PIKQ, 55% of participants agreed with the statement that “not much can be done” to treat UI and only 52.5% believed surgery to be the only treatment. For POP, 27.5% knew that POP was more common in older women and only 17.5% knew of a pessary as a management option. After watching the video, the number of questions answered accurately on the PIKQ for both UI and POP significantly increased (P < 0.0001), see Table 1. Among the most significant changes between pre and post-video responses included the increase in percentage of patients who agreed that giving birth many times may lead to UI or POP. Knowledge proficiency significantly increased for both UI and POP. 32.5% and 52.5% had baseline proficiency in UI and POP respectively, versus 75.0% and 97.5% after watching the video. Participants rated the quality of information to be “Good” or “Excellent” on the Client Survey Questionnaire. 97.5% would recommend this video to a friend and 92.5% would watch it again if they were looking for information on POP and UI.

Conclusions: Video education increased antenatal patient knowledge on POP and UI. Education that utilizes virtual platforms may be a beneficial adjunct to peripartum counseling.

Disclosure: No

Short Oral 68
DEVELOPMENT AND RELIABILITY OF URINARY DIARY MOBILE APPLICATION
S. Aydin1, A. Kunt2, S. Kalkan3. Koc University1, Medeniyet University2, Bezmialem Vakif University3

Introduction: Patient-reported outcome measures play a great role in the objective evaluation of lower urinary tract and voiding disorder symptoms. A urinary diary is a daily record of the patient’s bladder activity and liquid intake for determining the severity of the problem and need for follow up, and provides an objective documentation of the patient’s voiding pattern, episodes of incontinence, and inciting events associated with urinary incontinence. However, traditional pen-and-paper urinary diaries have poor completion rates, inconsistent patterns in data entry, and are deficient in validation. The use of smartphones has steadily increased, with 98% of adults using mobile phones and 77% using smartphones according to the reports for digital usage. People tend to go to the bathroom with their smartphones. According to the results of a website survey of over 2114 people, 80% of men and 60% of women use their smartphones while using the toilet.

Objective: The aim of this study was to develop feasible smartphone urinary diary application (UDA), evaluate reliability and patient acceptability as collection, calculation and sharing tool.

Methods: We developed the UDA for smartphones, which collects voiding, leakage, take fluid, grade of urgency data. The application interface has four icons, representing, voiding, leakage, fluid intake and diary summary (Figure 1). Two way cross sectional study was conducted with 60 participants, participants split into two groups (Figure 2). Thirty participants completed UDA for 5 days either preceded or followed by a standard paper diary. We assessed paper app reliability of the UDA with Kappa variable and internal correlation coefficient (ICC).

Results: Twenty nine (96.6%) participants completed the 3 day UDA in the first phase, 92.6% in second phase, in comparison to 90% and 79.4% in paper form, respectively. Incomplete variable recording was observed 10.3- 20% in UDA group in comparison to 33.3-34.8 % in paper form group. From the 48 participants who experienced both diaries, 40 (83.3%) preferred the UDA. Paper app correlation was good to very good with ICC ranged from 0.60 to 0.90 for all variables (P < 0.001). Kappa values for incontinence, stress incontinence, urge incontinence, increased frequency were 0.95, 0.94, 0.82 0.87 and 0.54, respectively (P < 0.001).

Conclusions: The performance of developed smartphone UDA is comparable with and highly correlated with paper form with most users finding the app feasible. Convergent validity with urinary incontinence and other lower urinary tract dysfunctions is required.

Disclosure: No
Disclosure: No

Short Oral 69
GERIATIC PATIENT RECEPTIVITY TO THE INTEGRATION OF TELEHEALTH IN UROGYNECOLOGY CARE
D. Zoorob¹, Y. Hasbini², K. Chen². University of Toledo College of Medicine and Life Sciences / ProMedica Health System¹, University of Toledo College of Medicine and Life Sciences²

Introduction: Several urogynecology conditions can be managed through telehealth visits as this is a combined surgical and medical specialty. However, geriatric patients may experience difficulty using such a modality due to the inherent ageism within the medical system. This manifests in portal developers and providers presuming the elderly’s obligatory conformance to what is provided and a limited interest in this population’s constraints, thus disregarding their needs when designing the interface as well as forgoing conversations on patient portals with their patients. With the COVID-19 pandemic catalyzing the digitalization of medicine, excluding the needs of this patient population risks impacting their care. Online health portal use must be optimized accordingly to improve access to geriatric urogynecology patients.

Objective: To identify facilitators, concerns, technical or personal issues encountered, and the desired features of the online patient portals among geriatric urogynecology patients.

Methods: This is a cross-sectional study of patients (> = 65 years of age) at an academic medical center in Northwest Ohio, where telehealth practices had been well established since early 2020. The data collection occurred between June 1-30, 2021. Two focus groups were conducted with the identified themes used to devise the anonymous survey. The questions addressed comfort with telehealth visits for urogynecology-specific conditions and the practicality of patient portals for physician visits. The promoters and deterrents were compared using the Pearson’s Chi-squared test between those comfortable and uncomfortable having telehealth visits for preoperative, postoperative, and medical management.

Results: A total of 205 patients completed the study (91% response rate, 225 surveys distributed). Mean age was 68.9 (SD 4.9) with 81% of participants being Caucasian and 10% being African American. Promoters of patient portal use identified included provider encouragement, enrollment on-site with concurrent education, and clarification of relevance of the telehealth to one’s care (Table 1). Patients who were uncomfortable with telehealth use reported anxiety and technical issues as deterrents for using such technology. This included difficulty using the hardware, accessing the portal, and significant input needed to log on. More than half of the patients were comfortable having online visits for preoperative (51.7%), postoperative (66.3%), and medical management (73.7%) (Table 2). Up to 60.5% of the patients believed that telehealth visits were equally stressful as in-person visits, while 24.4% believed that the logistics of in-person visits were the cause of stress. Most of the patients who considered in-person visits stressful reported provider encouragement, enrollment by the hospital, and clarification of benefits as major promoters for portal use. Specific design features such as additional drop-down lists, colors, and icons in addition to an intuitive design were desired. Patients who preferred in-person visits were deterred primarily by technical and privacy concerns, anxiety, and cost of use (Figure 1).

Conclusions: To improve access to care, augment the utilization of online patient portals, and combat ageism, enhancing the geriatric urogynecologic patient portal experience is vital. Investment in this population’s needs includes education of patients, active enrollment, engagement by healthcare systems, and addressing technical concerns.

Table 1. Focus group identified geriatric patient promoters and deterrents of telehealth adoption

<table>
<thead>
<tr>
<th>Promoters</th>
<th>Deterrents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provider encouragement</td>
<td>Technical issues</td>
</tr>
<tr>
<td>Social circle/family encouragement</td>
<td>Privacy</td>
</tr>
<tr>
<td>Enroll patient or visit concurrent education</td>
<td>Cost</td>
</tr>
<tr>
<td>Clarification of benefits with relevance to one’s personal care</td>
<td></td>
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</tbody>
</table>

Table 2. Questions about patient portal usability

<table>
<thead>
<tr>
<th>Concerns</th>
<th>Personal issues encountered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anxious</td>
<td>Difficulty due to arthritis and limited mobility and physical limitations</td>
</tr>
<tr>
<td>Not easy or easy to navigate</td>
<td>Difficulty using the hardware</td>
</tr>
<tr>
<td>Too complicated to understand</td>
<td>Difficulty accessing the portal</td>
</tr>
<tr>
<td>Unable to print/upload personal results/documents</td>
<td>Not easy or easy to navigate</td>
</tr>
</tbody>
</table>

*Considerations are not listed in a specific order.
Disclosure: No

Short Oral 70
IMPLEMENTING TELEMEDICINE IN UROGYNECOLOGY: A FEASIBILITY STUDY
D. Lucas Macharet1, L. Nogueira Mendes2, G. Vissoci Marquini3, M. Vale de Castro Monteiro1. Universidade Federal de Minas Gerais1, Ebsereh2, Universidade Federal de Uberlandia

Introduction: The use of telemedicine in urogynecology was accelerated in the context of Coronavirus disease (COVID-19) pandemic, since it was considered an opportunity to minimize exposure without sacrificing treatments. Even though it is believed that low-and middle-income countries can benefit more from remote access to health care services, there is no data assessing its usage in this population.

Objective: Evaluate the feasibility of implementing telemedicine, in the context of COVID-19 pandemic, in an urogynecology setting of a middle-income country.

Methods: We included first visits and follow-up appointments of patients whose in-person visits were canceled due to COVID-19 pandemic and that had the diagnose of a condition possible to be followed by telemedicine according to Grimes et al (2020) guide. The appointments were performed between November 2020 and March 2021; Seven to 15 days after, a telephone call was made in order to assess if the patient was able to access the sent documents and to perform a satisfaction questionnaire. The feasibility of telemedicine was evaluated according to the composite outcomes: appointment resolvability, defined as the capacity of the physician to make a clinical decision based on the data of the appointment and the report from the patient that she felt the physician was able to understand her health-condition; technical feasibility, defined as the quality of the audio/video of the call, length of the appointment inferior to 20 minutes and access to the sent documents; and patient satisfaction, defined as the overall satisfaction and the acceptance to engage with telemedicine in future appointments. The statistical analysis consisted of a description of the variables and a Chi-squared test was performed to evaluate the association between patient’s satisfaction with the others feasibility criteria.

Results: From the 225 patients that had their appointment cancelled, 203 were eligible to telemedicine, we were able to contact 171 of them, 83 (48%) agreed to participate and 71 (85.5%) responded to the satisfaction survey. Most of the appointments (92.7%) were made through a telephone call. There were 27 (32.5%) first visits and 31.1% of all the appointments required an in-person visit afterwards. The mean appointment length was 12 minutes (SD: 5.48). The audio was considered adequate in 97.6% of the appointments by the physicians and 91.5% by the participants. From the 47 participants to whom a document was sent, 43 responded to the survey and 60.5% reported being able to access them. The resolvability criterion was met by 73.2% of the appointments, 78.9% were technically feasible and 57.7% of the patients were satisfied with telemedicine. There was no significant statistical association between the patient satisfaction with the appointment resolvability (P = 0,494) nor with the technical feasibility (P = 0,494).

Conclusions: In spite of the potential benefits of telemedicine, this form of care still finds barriers to its implementation. The main difficulties found include technological resources and the patient acceptance to engage in this form of care. We believe telemedicine is feasible and should be implemented to this population, but actions to support patient’s preferences and improve acceptance are needed.
without prolapse. However, due to technical challenges at the protocol development phase, many subjects had to be excluded from the pilot study resulting in a small sample size (n = 30) and possible selection bias.

**Objective:** To identify structural site failure in a larger, prospective cohort of women with cystocele undergoing high-resolution stress 3D MRI.

**Methods:** A prospective cohort of fifty-three women with anterior vaginal wall-predominant prolapse who had undergone stress 3D MRI at maximal Valsalva were compared to thirty women without prolapse (controls) from prior studies with similar protocols (see ref.). The anterior vaginal wall length and width (at four equally spaced along vaginal axis), apex and paravaginal locations relative to the Pelvic Inclination Coordinate System (PICS), and urogenital hiatus diameter were measured (Figure 1). Clinical characteristics were compared using the Wilcoxon rank-sum test. Spearman correlation coefficients were calculated to assess bivariate relationships. A p-value <0.05 was considered statistically significant.

**Results:** Subject clinical characteristics are shown in Table 1. Measurement comparisons between groups are shown in Figure 1. Vaginal length was 57% longer in women with prolapse compared to controls (P < 0.01). Similarly, vaginal width was 15-58% greater in women with prolapse compared to controls, with larger differences observed among vaginal segments closer to the urethrovesical junction. On average, patients with prolapse had a 33.5 cm lower vaginal apex and 21.5 cm lower paravaginal locations (P < 0.01 for all) compared to controls. Hiatal diameter was 88% greater in women with prolapse compared to controls (P < 0.01).

**Conclusions:** We have confirmed the primary causes of cystocele (apical and paravaginal descent and enlarged hiatus size) and their collinearity in an independent prospective and larger cohort of women. These causes are strongly predictive of prolapse presence and size among subjects with cystocele. Contrary to prior findings in less severe prolapse, we found a difference in vaginal width between patients with and without prolapse and a positive correlation between vaginal width and other factors, although this correlation was weak.

**Disclosure:** Any of the authors act as a consultant, employee or shareholder of an industry for: Cosm Medical

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**Short Oral 72 PREDICTORS OF PERSISTENT OVERACTIVE BLADDER FOLLOWING SURGERY FOR ADVANCED PELVIC ORGAN PROLAPSE**

**A. Padoa**, T. Fligelman, E. Levy, R. Tomashov, M. Serati. Shamir-Assaf Harofeh Medical Center1, Bnai Zion Medical Center2, University of Insubria3

**Introduction:** Overactive bladder (OAB) and pelvic organ prolapse (POP) are widely prevalent conditions: up to 88% of POP patients present with OAB. One of the motivations for POP repair is to resolve OAB symptoms. Urgency has been shown to improve following POP surgery in about 50-85% of cases. Nevertheless, persistent OAB following POP repair is common. Studies seeking to determine clear predictors of OAB outcome following POP surgery have yielded conflicting results. There are still no reliable preoperative parameters to adequately predict patients at risk for persistent OAB and evidence regarding the role of pre-operative urodynamic in this regard is scarce.

**Objective:** The aim of this study is to assess which peri-operative variables are associated with persistent OAB following POP surgery for POP stage 3-4.

**Methods:** The study includes analysis of women suffering from combined POP stage 3-4 along with OAB who underwent surgery from November 2012 to December 2020. Pre-operative evaluation included targeted pelvic floor
symptom history, prolapse staging according to POP-Q, and multi-channel urodynamic studies. UDI-6 questionnaire was also completed by all women who are literate and data was analyzed. Surgical procedures included: anterior and posterior colpopathy, sacropinous ligament suspension, single-incision mesh repair with Anterior Elevate™, robotic-assisted laparoscopic sacrocopelopy. At the 12-month follow-up, pelvic floor symptom history was repeated, POP-Q evaluation and cough stress test were carried out and the UDI-6 questionnaire was also completed by all women who are literate and data was analyzed. Surgical procedures included: anterior and posterior colporrhaphy, sacrospinous ligament suspension, single-incision mesh repair with Anterior Elevate™, robotic-assisted laparoscopic sacrocolpopexy. At the 12-month follow-up, pelvic floor symptom history was repeated, POP-Q evaluation and cough stress test were carried out and the UDI-6 questionnaire was administered. Surgical procedures included: anterior and posterior colporrhaphy, sacrospinous ligament suspension, single-incision mesh repair with Anterior Elevate™, robotic-assisted laparoscopic sacrocolpopexy.

Results: One hundred-seventy-three patients were identified. Resolution of urgency was observed in 56% of women following surgery. Demographic data (Table 1) were similar between groups but for a higher body mass index (BMI) in women with persistent urgency (27 kg/m² vs 25.7 kg/m², P = 0.04). Pre-operative increased daytime frequency and urgency urinary incontinence (UIU), detrusor overactivity (DO), and lower maximum flow rate during voiding cystometry (13.9 ml/sec vs 15 ml/sec, P = 0.04) were associated with persistent post-operative urgency. Multivariate analysis confirmed the following predictive risk factor for persistence of OAB symptoms: preoperative DO (OR: 12.2 [95%CI: 1.4-16.6]; P = 0.01), preoperative UIU (OR: 3.8 [95%CI: 1.3-11.0]; P = 0.008) and BMI > 25 kg/m² (OR: 1.8 [95%CI: 1.1-7.2]; P = 0.04).

Conclusions: In women with advanced POP we have found BMI > 25 kg/m², pre-operative UIU and DO to be predictors of persistent OAB following POP surgery. Our findings suggest that overweight women with more severe urgency are at risk for post-operative persistent OAB. According to our findings, urodynamic testing indicating DO is an important tool for setting surgery expectations in this group of patients.

Disclosure: No
and urinary retention but were more likely to be treated for wound infections and pelvic abscesses. After adjusting for combined vs POP-only surgery, patients who had anti-incontinence procedures (aOR = 1.85, 95% CI 1.16, 2.94, P = 0.02) and perineorrhaphies (aOR = 1.68, 95% CI 1.05, 2.70, P = 0.02) were more likely to have <30-day postoperative complications. Twelve patients in the combined group and 15 patients in the POP-only group (5.9% vs 7.4%, P = 0.26) had subsequent POP repairs. In the combined group, 10 patients (4.9%) underwent one repair and 2 patients (1.0%) underwent two repairs. All patients who had recurrent POP surgery in the POP-only group had one subsequent POP repair. Twenty-one patients in the combined surgery group and 28 patients in the POP-only group (10.3% vs 13.7%, P = 0.26) reported recurrent POP. On multivariable analysis adjusted for number of prior POP repairs, combined vs POP-only group and perineorrhaphy at the time of surgery, patients were more likely to have a subsequent POP surgery if they had had 2 or more prior POP repairs (aOR = 6.06, 95% CI 2.10, 17.5, P = 0.01).

Conclusions: In this case-control study, patients undergoing combined POP +RP surgery had a similar risk of <30-day postoperative complications compared to patients undergoing POP-only surgery. Combined patients also had a similar risk of recurrent POP and subsequent POP surgery compared to patients undergoing POP-only surgery.

Disclosure: No

Short Oral 74
REVERSIBLE AND PERSISTENT ALTERATIONS IN STRUCTURAL AND SOLUBLE COMPONENTS IN THE EXTRACELLULAR MATRIX OF THE RAT PELVIC FLOOR MUSCLES ALONG THE NONPREGNANT-TO-POSTPARTUM CONTINUUM
L. Burnett1, P Duran1, K. Hansen2, A. Saviola3, K. Chrismn1, M. Alperin1. University of California San Diego1, University of Colorado2

Introduction: During pregnancy, the overall extracellular matrix (ECM) content of the rat pelvic floor muscles (PFMs) increases to support the elongated myofibers, assure adequate muscle load-bearing capacity, and protect myofibers from excessive mechanical injury during parturition by conferring resistance to strains. The specific changes within ECM are challenging to study due to high molecular weight and decreased solubility of its components.

Objective: The objective was to identify and quantify the structural and soluble ECM proteins altered in response to the fluctuating hormonal and mechanical cues associated with pregnancy and delivery.

Methods: PFMs, comprised of coccygeus (C) and the two portions of the rat levator ani–isocaudalis (ICa) and pubocaudalis (PCa), were harvested from non-pregnant (NP), mid-pregnant (MP, D11), late-pregnant (LP, D21) and postpartum (PP, 8 weeks post spontaneous vaginal delivery) 4-month old Sprague-Dawley rats (n = 9/group). For high resolution mass spectroscopy, individual PFMs were snap frozen, milked, lyophilized, and decellularized for ECM isolation. Analysis was done by liquid chromatography and mass spectroscopy with peptide identification and quantification. Data were visualized and significantly differentially expressed proteins were identified with Metaanalyst.

Results: Overall, greater proteomic differences between groups were observed for soluble compared to structural ECM components (Fig. A). Seven structural ECM proteins, including collagens (CO1A1, CO3A1, CO5A1), fibrinogens (FIBB, FIBG), the elastin-modulating protein FBLN5, and the laminin-collagen interaction mediating protein NID2 were altered in all PFMs. In PCa and ICa, collagens gradually increased during pregnancy and then decreased PP relative to NP state. In C, collagens decreased in MP, increased in LP compared to NP and MP states, and then decreased PP compared to LP and MP states. Fibrinogens and FBLN5 varied between timepoints along the gestational period and between individual PFMs. NID2 was increased in ICa and PCa during pregnancy and then declined PP relative to MP state. In NaCa and ICa, collagens gradually increased during pregnancy and universally declined PP. In C and ICa, signaling DAMP, S10A1, increased dramatically PP despite minimal expression during gestation. In PCa, this protein returned to NP levels PP despite decreased expression during pregnancy (Fig. C).

Disclosure: No
Conclusions: PFM ECM constituents vary along the nonpregnant-to-postpartum continuum. In mid-pregnancy, many structural and soluble ECM proteins are increased relative to non-pregnant state, followed by decrease at the end of gestation, with further decline postpartum. Notably, PFMs’ ECM composition does not return to the nonpregnant state postpartum. Soluble rather than structural proteins account for the greatest proteomic variability along the nonpregnant-to-postpartum continuum. Soluble ECM is critical for structural ECM remodeling and homeostasis and therefore may be significant in determining functionally relevant properties of PFMs.

Disclosure: No

Short Oral 75
TGF-β1 SELECTIVELY SUPPRESSES WOUND CLOSURE BY STROMAL FIBROBLASTS FROM THE HUMAN FEMALE REPRODUCTIVE TRACT
P. Wadensweiler1, M. Patel2, D. Hopkins2, J. Shaw1, C. Wira2. Dartmouth-Hitchcock Medical Center1, Geisel School of Medicine at Dartmouth2

Introduction: Wound healing following surgery requires optimized behavior of fibroblasts, the integral cells for tissue repair and remodeling (1). Fibroblasts help maintain pelvic floor support to prevent prolapse and urinary incontinence. Transforming growth factor beta 1 (TGF-β1) is a fibroblast mitogen involved in extracellular matrix turnover, which may have altered expression in vaginal tissue of women with stress urinary incontinence and in uterosacral ligament tissue of women with aging (2,3). While vaginal and uterosacral ligament fibroblasts have been focuses of recent research, less is known about the effects of TGF-β1 on wound closure by endometrial, endocervical and ectocervical fibroblasts.

Objective: To determine the effects of TGF-β1 on endometrial, endocervical and ectocervical stromal fibroblast cell proliferation and wound closure in vitro.

Methods: Matched endometrial, endocervical and ectocervical tissues were obtained from three de-identified patients (age 45, 46, and 50 years old) undergoing hysterectomy for benign indications. Fibroblasts were isolated from each tissue through mechanical dissection, enzymatic dissolution, and cell filtration as previously described (4). For wound closure studies, fibroblasts were plated on 96-well plates in standardized growth media (5,6). After 24 hours, fibroblast monolayers were treated with TGF-β1 at several concentrations (0.01, 0.1, 1, 10 ng/mL) for 48 hours. A uniform wound was then created in the fibroblast monolayer, after which the cells were retreated with the same concentrations of TGF-β1. Wound closure was determined as relative wound density (the cellular density of the wounded area versus the non-wounded area) measured with the live-cell analyzer (IncuCyte® Zoom) every hour over the next 48 hours. For cell proliferation studies, fibroblasts were plated in 96-well plates in standardized growth media. After 24 hours of growth, the cells were treated with TGF-β1 at several concentrations (0.01, 0.1, 1, 10 ng/mL). Cell proliferation was determined using the live-cell analyzer (IncuCyte® Zoom) over 96 hours of TGF-β1 exposure, with retreatment occurring at 48 hours.

Results: TGF-β1 selectively and dose-dependently inhibited wound closure in ectocervical and endocervical fibroblasts relative to control cells with the greatest suppression occurring at 10 ng/mL of TGF-β1 in 3 out of 3 experiments (Fig. 1, 2). In contrast, TGF-β1 did not alter the wound closure of endometrial fibroblasts. Cell proliferation was not affected by TGF-β1 treatment of endometrial, endocervical, or ectocervical fibroblasts (Fig. 3).

Conclusions: In vitro fibroblast wound closure is selectively inhibited by TGF-β1 in ectocervical and endocervical fibroblasts. In contrast, there is no effect of TGF-β1 on endometrial fibroblast wound closure. Endometrial, endocervical, and ectocervical fibroblast proliferation was not affected by TGF-β1. This suggests that TGF-β1-mediated suppression of endocervical and ectocervical wound closure is not caused by changes to fibroblast proliferation post-injury. Decreased cell migration may be responsible for suppression of wound closure. Further studies are required to understand the effects of TGF-β1 on fibroblast interactions and tissue-level differences in TGF-β1 receptor expression. These studies indicate that all fibroblasts are not created equally, raising concerns about the need to evaluate those fibroblasts that contribute to resolving pelvic floor disorders such as pelvic organ prolapse and urinary incontinence following reconstructive surgery.

Disclosure: No
Short Oral 76
THE ROLE OF THE USE OF PLATELET RICH PLASMA IN COMMON CASES IN UROGYNECOLOGY: A SYSTEMATIC REVIEW

E.M. Kurniawati1, N.A. Rahmawati1, Universitas Airlangga1

Introduction: There are many challenges in the field of urogynecology. This case affects the quality of life of women in the long term therefore it requires improvement and proper management of complaints faced. Platelet-Rich Plasma (PRP) is an innovative treatment designed to stimulate cell regeneration, neovascularization, and the formation of healthy cells.

Objective: This paper systematically evaluates the role of platelet-rich plasma in the common case in urogynecology

Methods: A systematic review was conducted through the PubMed, Google Scholar, and ScienceDirect databases using a combination of the Medical Subject Heading (MeSH) terms and relevant keywords. The arrangement follows the PRISMA guidelines.

Results: In patients with pelvic organ prolapse, an increase in collagen concentration after PRP application was observed. In addition, PRP was also effective in relieving the symptoms of stress urinary incontinence at 1 month and 6 months after treatment with no significant adverse reactions reported. PRP can also be used in the treatment of vesicovaginal fistulas. In vulvo-vaginal rejuvenation with lipofilling, injection of a combination of platelet-rich plasma and hyaluronic acid showed an increase in the modified Stabbatsberg scale and vulva-perineal rejuvenation by increasing vaginal trophic and restoring normal vaginal caliber. Perineal trauma can also be treated with platelet-rich plasma containing high concentrations of platelets and various growth factors. As a minimally invasive method, administering PRP to the distal anterior vaginal wall can enhance the sexuality of women with high satisfaction.

Conclusions: Platelet-rich plasma can be a hope for case management in the field of urogynecology by seeing the many opportunities from common cases that can be overcome. However, further research is needed on how to use PRP to function properly and study its effectiveness.

Disclosure: No

Short Oral 77
USE OF DECISION AIDS TO SUPPORT SHARED DECISION MAKING IN THE TREATMENT OF OVERACTIVE BLADDER

V. Duong1, E. Byrne2, K. Hung3, Massachusetts General Hospital1, The Brigham & Women’s Hospital/Massachusetts General Hospital2

Introduction: Although first- and second-line treatment options for overactive bladder (OAB) are associated with poor compliance and suboptimal efficacy, the utilization of third line options is very low, in part due to the complex nature of the options. Patient counseling and perceptions impact treatment choices and adherence, and Decision Aids (DAs) used as part of shared decision making (SDM) could be effective tools for improving patient experience and outcomes as well as guiding patients to third line options that may be more effective.

Objective: The purpose of this study is to examine the impacts of using a DA in counseling patients with OAB.

Methods: This pilot study enrolled patients presenting to a Urogynecology ambulatory practice for OAB care. Participants in the control group underwent usual care without a DA, and in the intervention group, providers utilized a DA for counseling on OAB options. The groups were randomized by first enrolling all patients into the control group then recruiting subsequent patients into the intervention group. Post-visit telephone surveys containing validated SMD scales were administered in each participant’s primary language to assess patient perceptions, preferences, and satisfaction. Post-visit surveys included the validated SURE scale, a 4-item short form of the Decisional Conflict Scale (representing the subjective variables: sure of myself, understand information, risk-benefit ratio, and encouragement). The Wilcoxon rank-sum test was used to compare continuous variables, and Fisher’s exact test was used to compare categorical variables.

Results: A total of 81 patients were enrolled in the study, of whom 62 (77%) completed the post visit survey (33 control, 29 intervention). Median age was 65.5 (IQR 52.3, 71). The majority (52/62, 84%) of patients identified as white, and 13% (8/62) identified as Hispanic/Latino. There were no significant differences in demographic variables between the two groups. On univariate analysis, none of the survey responses were statistically significant between the two groups. However, a trend was observed towards patients in the intervention group feeling that behavioral interventions and PT were discussed more (median score of “a lot” of discussion compared to “some” discussion; P = 0.21). There was no difference in SURE score between groups.

Conclusions: Patients who received counseling using a DA may have recalled greater emphasis on behavioral treatments and may have perceived greater effort from their providers in understanding their health issues. Patient perceptions impact compliance, satisfaction, and outcomes. The use of DAs in counseling on OAB shows promise, and additional studies are warranted to better articulate the role of DAs in Urogynecology.
Disclosure: No

Short Oral 79
DIGITAL THERAPEUTIC DEVICE FOR URINARY INCONTINENCE: A 6- AND 12-MONTH FOLLOW-UP OF A RANDOMIZED CONTROLLED TRIAL

M.M. Weinstein1, G. Dunivan2, N.M. Guaderrama3, H.E. Richter4. Massachusetts General Hospital1, University of New Mexico2, Southern California Permanente Medical Group3, University of Alabama at Birmingham4

Introduction: Supervised pelvic floor muscle therapy (PFMT) for stress, urgency, and mixed urinary incontinence (UI) optimizes treatment results and can lead to improvement or resolution of UI symptoms. However, most women do not access skilled care, do not adhere to PFMT programs, and/or do not perform exercises correctly. An 8-week randomized controlled study (RCT) showed that a motion-based digital therapeutic device to guide PFMT was superior to home PFMT program for the treatment of stress UI and stress-predominant mixed UI. The device incorporates an accelerometer-based intravaginal insert that detects pelvic floor motion during PFMT and provides visual feedback via a blue-tooth paired smartphone application.

Objective: The objective of this study was to report long-term follow-up, 6-months and 12-month following an 8-week RCT.

Methods: Between October 2020-March 2021, an all-remote, virtual trial was conducted, in which 363 women with stress or stress-dominant mixed UI were randomized to complete PFMT using a motion-based digital therapeutic intravaginal device or a home program following written/video instructions. Primary outcomes at 8-weeks included the Urogenital Distress Inventory (UDI-6) and stress UI episodes on a 3-day bladder diary. At 8 weeks, the intervention group demonstrated significantly greater improvement in UI symptoms on UDI-6, bladder diary, and Patient global impression of improvement (PGI-I) outcomes. UDI-6, PGI-I, and adherence data were also collected at 6- and 12-months. PGI-I improvement was defined as responses of ‘much better’ or ‘very much better’. A modified intention-to-treatment analysis was performed using Student t-tests and Chi-square tests as appropriate.

Results: Of 299 subjects analyzed at 8-weeks, 286 (96%) returned 6-month data, 151 and 135 in the control and intervention groups, respectively. Preliminary 12-month data show 235/277 (84%) of eligible subjects have responded (Figure 1). 46 subjects have not yet reached 12 month follow up. There were no demographic or baseline UDI-6 differences between those who did or did not return 6-month data. Mean age was 52.3 ± 12.7 years, and mean BMI was 31.9 ± 7.4 kg/m2; 84% of subjects were parous, and 57% were postmenopausal (Table 1). Based on recommended 3 times daily use, device reported adherence for the intervention group after the initial 8-week period was 13% (vs 69% during the active study period). Mean change in UDI-6 scores from baseline to 6-months was significantly greater in the intervention group (23.54 vs 18.87 points, P = 0.019) (Table 2). Improvement using PGI-I was significantly greater in the intervention group than the control group at 6-months (43.4% vs. 21.2%, OR 3.33, 95% CI 1.99, 5.68), PGI-I data for available 12-month respondents demonstrate 52/108 (48%) improved in the intervention group and 35/127 (27%) improved in the control group (P = 0.002; OR 2.44, 95% CI 1.42-4.20).

Conclusions: PFMT guided by a motion-based digital therapeutic intravaginal device yielded significantly greater UI symptom improvement compared to a standard home program at 8-weeks with significantly improved results maintained at 6 months and available 12-months data. Use of this technology may provide maintained efficacy and facilitate remote access to PFMT with biofeedback for women with UI and represents an effective modality for enhancing conservative first-line care above standard PFMT home program.
Short Oral 79
SHORT TERM OUTCOMES OF SURGICAL INTERVENTIONS FOR STRESS URINARY INCONTINENCE DURING THE UK MESH PAUSE
R. Mohamed-Ahmed1, B. Down1, M. Izett-Kay1, B White1, H Jefferis1, S. Jackson1, Oxford University Hospitals1

Introduction: Stress urinary incontinence (SUI) has a prevalence of 24% in the UK(1). In 2013, NHS England implemented a pause on the synthetic mid-urethral sling (MUS) for SUI. This led to an increase in the use of previously less utilised surgical interventions. Comparative outcome data of these interventions, particularly following the advent of laparoscopy, are sparse.

Objective: To report short-term safety and efficacy data on the current permissible NICE approved surgical interventions for SUI in the immediate post-pause period.

Methods: This was a retrospective cohort study of patients that underwent peri-urethral bulking (PUB), laparoscopic colposuspension (LC) or autologous fascial sling (AFS) for urodynamic confirmed SUI. Operations were performed between January 2015 and August 2021. All patient attended for three-month follow up. Data were collected from the BSUG database.

Results: We identified 161 patients; 88 PUB, 59 LC, and 14 AFS. The demographics of the groups were similar for age, parity and previous urogynaecological surgery. Average length of stay was 0 days following PUB, 1.8 days following LC and 1.8 days following AFS. There were no returns to theatre in any of the groups and none reported post-operative pain at follow-up. The rate of post operative catheterisation for more than 10 days was 2% in the LC group and 0% in the PUB and AFS groups. Requirement for oral post-operative overactive bladder (OAB) was 1% following PUB, 0% after LC, and 7% following AFS. After PUB, LC and AFS, 40%, 30% and 79% of patients respectively reported a PG1 of ‘much better’ or ‘very much better’. 58%, 96%, and 79% of patients respectively reported ‘improvement’ or ‘cure’ of SUI. Mean reduction in ICIQ-FLUTS score were 8.0, -6.9, and -16.2 after PUB, LC, and AFS respectively.

Conclusions: All procedures offered following the mesh pause appear to have a good safety profile. In this cohort PUB appeared the most commonly chosen procedure. However, it appears to be the least effective, with lower rates of subjective cure and improvement of symptoms at follow up. Laparoscopic colposuspension confers the highest likelihood of short-term cure and subjective improvement. Whilst AFS is associated with the biggest improvement in ICIQ-FLUTS, there is a higher risk of needing ongoing oral therapy for OAB. Our findings may justify LC as a first line surgical therapy for women with SUI whilst the MUS is not available. Further comparative studies are needed, to assess cost-efficacy and more long-term outcomes.

Disclosure: No

Short Oral 80
THE ASSOCIATION BETWEEN OBSTETRICAL ANAL SPHINCTER INJURY AND POSTPARTUM URINARY RETENTION: A CONTEMPORARY NATIONALWIDE COHORT STUDY
J. Stairs1, D. Rolnick2, D. Pascali1, A. Clancy1, University of Ottawa1, Monash University2

Introduction: Postpartum urinary retention is a common consequence of vaginal delivery. Identification and prompt management is essential to minimize the risk of long-term morbidity. Obstetric anal sphincter injury (OASI) has been identified as a possible risk factor for urinary retention. Characterization of this relationship will guide surveillance and counselling.

Objective: The objective of this study was to estimate the association between OASIS and postpartum urinary retention.

Methods: We conducted a population-based, retrospective cohort study of pregnant persons delivering singleton fetuses via vaginal delivery using the Agency for Healthcare Research and Quality National Inpatient Sample (NIS) database. This is the largest all-payer inpatient database in the United States. Logistic regression models adjusting for maternal age, prolonged second stage, operating vaginal delivery, large for gestational age infants, epidural use, shoulder dystocia, constipation, and grand multiparity, defined as ≥5 prior deliveries, were used to estimate the odds ratio (OR) for the association between OASIS and postpartum urinary retention overall and by grade of perineal tear.

Results: 2,024,021 delivery admissions were included in this cohort which was representative of a population size of 10,120,098 utilizing the complex sampling design of the NIS database. 47,192 (2.33%) admissions sustained an OASIS and 5,486 (0.27%) of admissions experienced overt urinary retention.

After adjusting for potential confounders, vaginal deliveries where an OASIS occurred had 3.57 times the odds of postpartum urinary retention compared to vaginal deliveries where an OASIS was not sustained (95% CI 3.24-3.94). Postpartum urinary retention was associated with a mean increased length of stay (3.06 days vs 2.30 days, P = 0.04) and 1.4 times the mean total cost of admission ($23,854.73 USD vs $16,891.44 USD, P < 0.01). When patients with urinary tract infection (UTI) were excluded (n = 6,034), the odds of urinary retention following vaginal delivery that sustained OASIS were 3.58 times that of vaginal deliveries who did not sustain OASIS (95% CI 3.24-3.95) in multivariable models.

Conclusions: OASIS is associated with increased risk of postpartum urinary retention compared to vaginal deliveries where OASIS did not occur. Close surveillance of postpartum voiding and interventions in the early postpartum period in this high-risk population may avoid long-term complications associated with unrecognized urinary retention.

Disclosure: No

Short Oral 81
MODE OF DELIVERY FOLLOWING OASI: A 7-YEAR RETROSPECTIVE REVIEW AND FOLLOW UP COHORT SURVEY
R. Young1, L. Batas2, J. King2, RANZCOG2, Westmead Hospital2

Introduction: Limited evidence exists regarding long-term outcomes following births after prior obstetric anal sphincter injuries (OASI).

Objective: To describe delivery outcomes following birth after OASI. To review the grades of tear, endoanal ultrasound (EAUS) findings, and subsequent delivery outcomes, as well as long-term symptoms.

Methods: This study was conducted in two parts. The first involved a retrospective review of all OASI at a tertiary hospital over 7 years (2013 – 2019 inclusive) where the patient underwent a subsequent delivery. Following this a retrospective cohort survey of this group was performed, inviting the 247 women who experienced OASI and a subsequent birth to complete a survey.

Results: There were 27,284 vaginal births and 828 OASIs (3.03%), of which 86.6% had been nulliparous. As part of follow up of the index OASI, 81% had an EAUS at our institution by a single operator, of which the majority were normal (92.5%, 185/200). Those with a residual defect at EAUS were more likely to have a caesarean for all subsequent deliveries (53%) than if EAUS was normal (23.8%). A persistent defect was more likely following 3C/4B degree tears (24%) than after 3A/B tears (5.2%). 247 (29.8%) had at least one subsequent birth by January 2021. Vaginal delivery occurred in 68%, recurrence of OASI was 5.4%. There were 90 responses (36.4%) to a follow up survey. EAUS had been performed in 87.5%; none demonstrated a defect. Vaginal birth was the preferred mode for 77.8%, this occurred in 64%. The majority had high levels of satisfaction on Likert scale, this related to communication rather than the mode of delivery itself. Fecal or flatal incontinence was reported in 17.8% after the index delivery; 12% have had these symptoms since. Of those who had only vaginal births 10% reported symptoms after the index delivery; 15% since. Of those who had only caesarean sections since OASI, 29.6% reported fecal or flatal incontinence prior to their last delivery and 7.4% since. There was no statistically significant difference between St Marks incontinence scores for those having had vaginal deliveries vs caesarean sections when compared with a two-tailed T-test (p = 0.59).

Conclusions: In our unit most women who sustain OASI will have a subsequent vaginal delivery in future pregnancies. The majority remain asymptomatic at long term follow up with no statistically significant difference in incontinence scores regardless of mode of delivery. The rate of recurrent OASI was 5.4%.

Disclosure: No

Short Oral 82
INTERDISCIPLINARY LAPAROSCOPIC RECTOPEXY COMBINED WITH SACROCLOPOPEXY FOR OBSTRUCTED DEFECATION SYNDROME IN WOMEN WITH PELVIC ORGAN PROLAPSE: A PILOT STUDY
S. Ludwig1, J. Madukakuzhy2, C. Ulrici3, L. Karapanos1, C. Rudorf2, University Hospital of Cologne1, EVK Hospital Cologne Weyeralt2

Introduction: Obstructive defecation syndrome (ODS) is a disturbed defecation process due to a protrusion of the lower rectum or intussusception and frequently associated with chronic obstruction and pelvic organ prolapse (POP) in...
women. The quality of life of affected patients is substantially compromised, especially among younger patients. Conservative treatment options are often limited to slightly improvement of patients' symptoms, and do not achieve cure. Surgical interventions aim to the anatomical reconstruction of the bowel and pelvic holding apparatus. So far, these surgical interventions are characterized by individual approaches and methods of each individual department and sufficient data on standardized interdisciplinary treatment options are missing.

**Objective:** The study investigates the feasibility of a standardized laparoscopic resection rectopexy combined with mesh sacrocolpopexy (either biological/ resorbable mesh or synthetic mesh) in an interdisciplinary setting. So far, there is no interdisciplinary approach for ODS in women and the use of a biological/ resorbable mesh in combination with a resection rectopexy. For the first time, this is a promising novel treatment alternative, in an interdisciplinary setting especially in premenopausal women.

**Methods:** Women who presented with an ODS combined with POP were operated in an interdisciplinary approach. All patients underwent laparoscopic resection rectopexy with mesh sacrocolpopexy using either synthetic or biologic mesh (Figure). Primary endpoint is postoperative morbidity and mortality measured by the Clavien-Dindo-Classification (CDC) at 12 months after surgery. Further endpoints are relapse of prolapse and improvement of bowel evacuation based on scores (Altomare, modified Longo, rectal toxicity score; quality of life according to the SF 312 and PHQ 9 score), the control imaging with MRI based on scores (Altomare, modified Longo, rectal toxicity score; quality of life according to the SF 312 and PHQ 9 score), the control imaging with MRI based on scores (Altomare, modified Longo, rectal toxicity score; quality of life according to the SF 312 and PHQ 9 score).

**Results:** Between 2020 and 2021, 26 patients were operated on this interdisciplinary approach with a median follow-up of 14 months (7–19 months). In five cases a biological mesh was used (3 due to patients' preference and 2 due to planned pregnancy). Grades of complications according to CDC and frequency of postoperative complications were low. Anatomical outcomes were excellent (Table).

**Conclusions:** The combined approach is safe, feasible, and effective to treat the medical condition. For the first time, the medical condition of the patients involved is addressed with an interdisciplinary surgical approach instead of a variety of individual treatment approaches which are seldom discussed and addressed between disciplines. Additionally, a biological mesh as an alternative to the standardized synthetic mesh is offered for sacrocolpopexy. The use of a biological mesh in combination with a resection rectopexy is safe and feasible and offers an additional treatment option, especially for younger and fertile women.

**Disclosure:** Any of the authors act as a consultant, employee or shareholder of an industry for: FEG Textiltechnik mbG Aachen, Germany

**Short Oral 83**

**REVIEW OF PATIENT CHARACTERISTICS AND OUTCOMES OF GENITOURINARY AND GENITOENTERIC FISTULA SURGICAL REPAIR IN MULTIDISCIPLINARY CENTER**

L. Burkett1, A. Carroll1, L. Siff3. VCU Health System

**Introduction:** The development of pelvic health centers creates greater opportunity for multidisciplinary surgical approach in the complex care and surgical treatment of genitourinary and genitoenteric fistulas.

**Objective:** To describe current approach and patient characteristics for surgical repair of pelvic fistulas in multidisciplinary pelvic health center and to compare reconstructive approach, complications, and recurrence rates between genitourinary and genitoenteric fistulas.

**Methods:** A retrospective cohort review was completed at academic health system between 2017 and 2021 of multidisciplinary clinic including Urogynecology, Reconstructive Urology, Colorctal Surgery, and Plastic Surgery providers. Female patients over 18 years with surgical repair of pelvic fistula isolated by CPT code. Electronic medical records were reviewed for sociodemographic, presentation, perioperative, and postoperative outcomes. Direct comparisons were made between urinary and enteric fistulas groups.

**Results:** CPT code guided search yielded 67 records, 27 were excluded as repeated patients, 14 were non-fistula repairs, resulting in 26 records for analysis. Urinary tract involvement was noted in 8 patients (6 vesicovaginal and 2 urethrovaginal) while the remaining 18 patients had enteric fistulas (4 enterovaginal, 5 anovaginal, 1 enterouterine, and 1 pouchvaginal). Overall characteristics included median age of 49 years (Iqr 14), 61% white, 23% black and mean BMI 31 (SD 9.1). Four patients in each group had respective urinary or bowel diversion on presentation. One patient in enteric group had history of malignancy (cervical); no patients with history of radiation. Smoking status and menopausal status did not differ between groups. Comorbidities were similar between groups, except cardiovascular disease which was more common in urinary group. The use of flaps or grafts did not differ by fistula type. Median length of stay (0.5 vs 1) and prolonged antibiotic (>24 hours) (37% vs 22%) were similar between urinary and enteric groups respectively (Table 1). Overall adverse event rate was 52%. There were more immediate recurrent fistulas (<90 days) (12% vs 16%) and reoperations in enteric group (12% vs 16%). Enteric fistulas also tended toward more recurrence (41% vs 25%) and reoperation past 90 days postoperatively (27 vs 15%) but not significantly different. Median months of follow up did not differ between groups 9.5 (Iqr 17.5) vs 7.5 (Iqr 21). Patients in both groups were able to maintain long-term sexual function.

**Conclusions:** While multidisciplinary surgical approach was taken in most surgical repairs (18/26, 69%) adverse events and fistula recurrence were still common. The majority of patients at our referral center had prior repair attempts (57%) and about 15% in each group had prior diversion. The vast majority of patients retained long term physical and sexual function. In conclusion, even in multidisciplinary referral center, recurrence rates and surgical adverse events were common. A uniform approach to perioperative management with good preoperative counseling and patient optimization is critical.
Short Oral 84
EVALUATION OF MULTIDISCIPLINARY SURGICAL TEAM OUTCOMES FOR COMPLEX VAGINAL, URETHRAL, PERINEAL, AND RECTAL FISTULAS USING FLAPS AND GRAFTS
L. Burkett1, L. Siff1, A. Carroll1. VCU Health System1

Introduction: Autologous flaps, biologic mesh, and grafts can enhance the surgical approach to complex and genitourinary fistulas though there is no consensus on best practices.

Objective: To describe patient factors, surgical techniques, adverse events, recurrence, and long term functionality related to use of grafts and flaps for complex pelvic fistulas with a multidisciplinary team approach. We hypothesized that advanced surgical techniques with graft, mesh, or flaps would have improved closure rates compared to repairs with local tissue alone.

Methods: Retrospective cohort from 2017 to 2021 at an academic center of gynecology, urology, urogynecology, plastics, and colorectal procedures utilizing grafts, flaps, or biologic mesh for complex vaginal, urethral, perineal, and rectal fistula repair. Included patients were female, over age 18 with surgical fistula repair by CPT code query.

Results: Sixty-seven patients were screened from CPT code search result; 27 repeats excluded, 14 non-fistula procedures excluded, 26 remained for analysis. Patients were dichotomized into two groups by surgical repair technique, 14 with grafts or flaps and 12 with local tissue. There were 10 Martius (bulbocavernous/ labial fat pad) flaps, 4 Gracilis muscle transpositions, 2 cadaveric fascia lata grafts, and 1 omental flap. Patients with graft or flap procedures were older, had lower bmi, current non-smoker and were more frequently white (table 1). More patients in the local tissue group were younger, had lower BMI, non-smokers and were more frequently black. Prior surgical repair history including number of surgeries, prior repair with graft/flap, and prior diversion were not statistically different between groups. Further long term studies with validated questionnaires are needed to further assess this population venerable to obstructed defecation symptoms can be calculated using data from Magnetic Resonance Imaging (MRI) and Dynamic Ultrasound Imaging (DUI) of the pelvic floor. While MRI is commonly believed to outperform MRI in terms of speed, cost and complexity, its applicability has been hindered by the relatively poor quality and high levels of noise in MRI images.

Objective: We propose a Machine Learning-based approach to the segmentation of pelvic floor dynamic ultrasound images. The proposed approach uses a deep neural network (of the U-Net architecture) to automatically detect landmarks (Figure 1). An artificial deep neural network (of the U-Net architecture) was designed and trained to take raw DU images as input and extract features of the landmarks (Figure 1). The dynamic ultrasound recording started with the patient at rest and captured 5 seconds of Valsalva straining and 5 seconds of squeeze while visualizing mid sagittal view of posterior compartment. Cul de sac, levator plate and rectum were segmented on each image and used for training the network to detect creasing mid sagittal view of posterior compartment. Cul de sac, levator plate and rectum were segmented on each image and used for training the network to detect

Disclosure: No

Table 1: Comparison of characteristics and surgical outcomes for genitourinary fistula by surgical approach.

<table>
<thead>
<tr>
<th>Variable</th>
<th>All No. (%)</th>
<th>Flap/Grft No. (%)</th>
<th>Local Tissue No. (%)</th>
<th>P-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fistula Type</td>
<td>19 (29%)</td>
<td>10 (52%)</td>
<td>9 (48%)</td>
<td>0.035</td>
</tr>
<tr>
<td>Vaginal</td>
<td>9 (14%)</td>
<td>5 (26%)</td>
<td>4 (21%)</td>
<td>0.059</td>
</tr>
<tr>
<td>Urethral</td>
<td>7 (11%)</td>
<td>3 (15%)</td>
<td>4 (21%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Rectovaginal</td>
<td>3 (5%)</td>
<td>2 (10%)</td>
<td>1 (5%)</td>
<td>0.042</td>
</tr>
<tr>
<td>Anorectal</td>
<td>4 (6%)</td>
<td>2 (10%)</td>
<td>2 (10%)</td>
<td>0.625</td>
</tr>
<tr>
<td>Obstetric Anorectal</td>
<td>4 (6%)</td>
<td>2 (10%)</td>
<td>2 (10%)</td>
<td>0.625</td>
</tr>
<tr>
<td>Interstitial</td>
<td>3 (5%)</td>
<td>1 (5%)</td>
<td>2 (10%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Recurrent</td>
<td>8 (12%)</td>
<td>4 (21%)</td>
<td>4 (21%)</td>
<td>0.059</td>
</tr>
<tr>
<td>Genitourinary</td>
<td>10 (15%)</td>
<td>5 (26%)</td>
<td>5 (28%)</td>
<td>0.225</td>
</tr>
<tr>
<td>Previous Fistulaa</td>
<td>15 (23%)</td>
<td>8 (42%)</td>
<td>7 (37%)</td>
<td>0.233</td>
</tr>
<tr>
<td>Number of prior surgeries, mean (SD)</td>
<td>2.8 (1.4)</td>
<td>2.9 (1.5)</td>
<td>2.5 (1.7)</td>
<td>0.522</td>
</tr>
<tr>
<td>Prior Surgery with graft or flap</td>
<td>14 (21%)</td>
<td>6 (30%)</td>
<td>8 (44%)</td>
<td>0.167</td>
</tr>
<tr>
<td>Surgical provider</td>
<td>21 (33%)</td>
<td>11 (58%)</td>
<td>10 (56%)</td>
<td>0.100</td>
</tr>
<tr>
<td>Urogynecology/University of Chicago</td>
<td>16 (25%)</td>
<td>9 (47%)</td>
<td>7 (39%)</td>
<td>0.122</td>
</tr>
<tr>
<td>Urogynecology</td>
<td>5 (8%)</td>
<td>3 (16%)</td>
<td>2 (11%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Urogynecology</td>
<td>2 (3%)</td>
<td>1 (5%)</td>
<td>1 (5%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Urology</td>
<td>1 (2%)</td>
<td>1 (5%)</td>
<td>0 (0%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Plastic Surgery</td>
<td>1 (2%)</td>
<td>1 (5%)</td>
<td>0 (0%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Length of stay (days), median (IQR)</td>
<td>5 (4-10)</td>
<td>8 (5-15)</td>
<td>4 (3-7)</td>
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</tr>
<tr>
<td>Perioperative adverse events</td>
<td>13 (20%)</td>
<td>6 (30%)</td>
<td>7 (37%)</td>
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</tr>
<tr>
<td>Anemia requiring transfusion</td>
<td>2 (3%)</td>
<td>1 (5%)</td>
<td>1 (5%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Venous thromboembolism</td>
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<td>1 (5%)</td>
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</tr>
<tr>
<td>Urinary incontinence</td>
<td>9 (14%)</td>
<td>5 (26%)</td>
<td>4 (21%)</td>
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</tr>
<tr>
<td>Urinary tract infection</td>
<td>1 (2%)</td>
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<td>0 (0%)</td>
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</tr>
<tr>
<td>Ulceration/decubitus</td>
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<td>0 (0%)</td>
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</tr>
<tr>
<td>Recurrence within 90 days</td>
<td>3 (5%)</td>
<td>1 (5%)</td>
<td>2 (11%)</td>
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</tr>
<tr>
<td>Malignant recurrence</td>
<td>3 (5%)</td>
<td>1 (5%)</td>
<td>2 (11%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Other complications</td>
<td>4 (6%)</td>
<td>2 (10%)</td>
<td>2 (11%)</td>
<td>0.338</td>
</tr>
<tr>
<td>Abnormal finding requiring intervention</td>
<td>1 (2%)</td>
<td>1 (5%)</td>
<td>0 (0%)</td>
<td>0.338</td>
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<tr>
<td>Cosmetic complaints from flap</td>
<td>0 (0%)</td>
<td>0 (0%)</td>
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* x2 analysis; continuous data are mean (standard deviation), and non-parametric data as median (interquartile range).

Disclosure: No

Short Oral 85
A MACHINE LEARNING-BASED APPROACH TO THE DETECTION OF RECTAL HYPERMOBILITY AND FOLDING USING DYNAMIC ULTRASOUND IMAGING
K. Fazli Zaman Abadi1, M. Haghighattallah1, S. Taghizadeh1, M. Letafatir J. Seraj2, K. Shabani1, S. Jahaed2, H. Ghattan Kashani2, H. Chilli3, G. Rostaminia2, M. Shariat-Panahi2. University of Tehran1, School of Mechanical Engineering, College of Engineering, University of Tehran, North Shore Urogynecology/University of Chicago2, College of Medicine, University of Tehran2.

Introduction: Rectal Compression Ratio which is a key factor in diagnosing and determining the severity of rectal hypermobility/folding in women with obstructed defecation symptoms can be calculated using data from Magnetic Resonance Imaging (MRI) and Dynamic Ultrasound Imaging (DUI) of the pelvic floor. While DUI is commonly believed to outperform MRI in terms of speed, cost and complexity, its applicability has been hindered by the relatively poor quality and high levels of noise in DUI images.

Objective: We propose a Machine Learning-based approach to the segmentation of pelvic floor dynamic ultrasound images. The proposed approach uses a deep neural network (of the U-Net architecture) to automatically detect landmarks (Figure 1). An artificial deep neural network (of the U-Net architecture) was designed and trained to take raw DU images as input and extract features of the landmarks (Figure 1). The dynamic ultrasound recording started with the patient at rest and captured 5 seconds of Valsalva straining and 5 seconds of squeeze while visualizing mid sagittal view of posterior compartment. Cul de sac, levator plate and rectum were segmented on each image and used for training the network to detect creasing mid sagittal view of posterior compartment. Cul de sac, levator plate and rectum were segmented on each image and used for training the network to detect

Disclosure: No
several cases it had not been previously exposed to; and was able to extract the required features with accuracies of 83.5%, 70% and 90.5% for Cul de Sac, levator plate, and rectum, respectively. The average Intersection over union (IOU)-based accuracy of 82.9% is expected to improve with more clinical data presented to the network and minor refinements made to the architecture of the network.

**Conclusions:** As there continues to be an emerging clinical application for the use of ultrasound in urogynecology imaging, there is significant opportunity to utilize AI technology to address some of the main limitations of ultrasound for this application to drive increased up-take and new user use. Results from the application of the trained U-Net to several DU images suggest that the proposed approach can generate information that would enable the physician to diagnose and determine the severity of rectal hypermobility/folding fairly accurately. Future studies with larger data is required to improve the accuracy of current trained AI for this application.

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**Disclosure:** No

**Short Oral 86**

**IMPACT OF PERMANENT VERSUS ABSORBABLE SUTURE IN SACROCOLOPSEXY FOR PELVIC ORGAN PROLAPSE: A SYSTEMATIC REVIEW AND META-ANALYSIS**


**Introduction:** Sacrocolpexies are commonly performed surgeries for apical vaginal prolapse. Either permanent or absorbable sutures are used at the discretion of the surgeon. There is limited data comparing the outcomes of permanent and absorbable sutures used during sacrocolpexy. Our study focuses on the anatomic outcomes of permanent versus absorbable suture use on the vaginal mesh attachment in sacrocolpexy.

**Objective:** To systematically review the literature regarding how permanent versus absorbable suture impacts anatomic failure in women undergoing sacrocolpexy.

**Methods:** MEDLINE and EMBASE were searched from their inception through 6/11/21 using pre-identified search terms. Our population included studies of women who underwent sacrocolpexy. We excluded cadaver, tissue sample, or animal studies. We excluded hysterectomy. Our intervention was defined as permanent sutures (polytetrafluoroethylene, polypropylene, poliglecaprone 25, polyester, silk, and nylon). Our comparator group was absorbable or delayed absorbable sutures (polyglactin, polydiaxanone, and polyglyconate). Outcomes included anatomic failure defined using POP-Q stage or Baden Walker grade, subjective symptoms of a bulge, re-operations, or re-treatments. A single composite anatomic success proportion was determined for each study. Adverse events including suture exposure, mesh exposure, granulation tissue, surgery for suture complication, and dyspareunia were collected. Abstracts were double-screened using Abstrackr, then full text articles were doubly screened, and then accepted articles were doubly extracted. Quality of studies was assessed using GRADE criteria. In studies using either absorbable or permanent sutures (single-arm studies), random effects meta-analyses of pooled proportions were used to assess anatomic success. In studies investigating both suture types (comparative studies), random effect meta-analyses of pooled risk ratios were used. Analyses were performed using STATA, v.17 and P < =0.05 was considered statistically significant.

**Results:** 4,357 abstracts were screened, 349 full-text papers assessed, and 41 studies met eligibility criteria. (Figure 1). Of these, 7 compared both suture types, and 34 used one suture type. Overall, 11 studies were RCTs, 12 were comparative (1 prospective and 11 retrospective) and 17 were single arm (8 prospective, 9 retrospective, 1 unclear direction). 4 studies had quality ratings of A, 18 were rated B, and 19 were C. Mean follow up was 17.4 months. The proportional anatomic success rate of absorbable suture (n = 13) was 90% (95% CI 0.86, 0.94), and permanent suture (n = 24) was 93% (95% CI 0.91, 0.95) with considerable heterogeneity. On meta-analysis, there was no difference in relative risk of success compared to failure for permanent sutures versus absorbable sutures (n = 7), RR = 1.01 (95% CI 0.99, 1.02) with low heterogeneity (Figure 2).

**Conclusions:** Overall, failure rate was low and similar for both absorbable and permanent suture for the vaginal attachment of sacrocolpexy with medium term follow-up.

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**Disclosure:** No
Short Oral 87
RISK OF RECURRENT PROLAPSE BY EXTENT OF SYNTHETIC MESH EXCISION PROCEDURES: A MULTICENTER STUDY

A. Sripad1, K. Gerjevic2, V. Duong3, D. Hassani4, A. Askew5, S. Glass Clark6, K. Woodburn7, E. Maetzold8, C. Raker9, C. Raker10. Women & Infants Hospital of Rhode Island/Warren Alpert Medical School of Brown University1, Geisel School of Medicine at Dartmouth2, Mass General Hospital/Harvard Medical School3, University of Pennsylvania4, The University of North Carolina at Chapel Hill5, Magee-Womens Hospital of University of Pittsburgh Medical Center6, Georgetown University/MedStar Washington Hospital Center7, University of Iowa Hospitals and Clinics8, Women & Infants Hospital of Rhode Island9, Warren Alpert Medical School of Brown University10.

Introduction: There is limited evidence guiding surgeons in how much mesh to resect when treating mesh complications.

Objective: To compare rates of recurrent prolapse after surgical procedures for mesh complications.

Methods: This multicenter, retrospective cohort study included patients treated surgically for complications of mesh placed for prolapse repair at 8 institutions between 2010 and 2019. We identified patients by relevant CPT codes; they were excluded if the mesh was placed for incontinence, had prolapse at time of excision, or less than two weeks of follow-up data were available. Cases were categorized as "major excisions" (total vaginal mesh excision, extravaginal mesh excision, and total mesh excision) or "minor excisions" (partial vaginal mesh excisions and mesh revisions) based on the AUGS/IUGA Joint Statement. The primary outcome was composite prolapse recurrence (prolapse beyond the hymen, symptoms of bulge, or prolapse retreatment) at 1 year after mesh excision surgery, or the most recent, highest extent surgery. Time to recurrence was evaluated by Kaplan-Meier curves and Cox proportional hazards regression.

Results: Of 238 eligible patients, 166 had minor excisions (69.7%) and 72 (30.3%) had major excisions. Median follow-up was 0.9 years (IQR 0.2-3.1) and was similar between groups. Between groups, there were no differences in demographics or medical history except the major excision group on average had higher parity (3.3 vs 2.7, p < 0.01). Table 1. Major excisions more often involved multiple compartments (64.6% vs 22.5%, p < 0.01), prior transvaginal mesh kits (52.9% vs 40.1%, p = 0.03), and were more likely to occur at a different facility than mesh implantation (73.9% vs 53.5%, p < 0.01). Major excisions were more likely to have followed previous mesh-complication related surgeries (41.7% vs 21.7%, p = 0.01), and less likely to have followed non-surgical treatments (44.4% vs 66.3%, p < 0.01). There were no differences in concurrent colporrhaphy or apical suspension procedures at the time of the index procedure. Of 27 total recurrences, 9.6% (n = 16) and 15.3% (n = 11) were in the minor and major groups, respectively. Most cases (92.6%, n = 25) of recurrent prolapse were based on anatomic findings; 63% (n = 17) in the anterior compartment, 37.0% (n = 10) posteriorly, and 7.4% (n = 2) apically. At 1 year, 3.3% (n = 3) of minor and 8.2% (n = 5) of major excisions recurred. In unadjusted regression analysis, major excisions were not significantly associated with recurrences when compared to minor excisions (hazard rate [HR] 3.76, 95% CI 1.09-13.73), Figure 1. However, when adjusting for type of mesh implant, major excisions were associated with increased recurrence at 1 year (HR 5.17, 95% CI 1.20-22.35). In long term follow-up, there was no difference in recurrence rates of minor (37.8%, 95% CI 20.3-63.0) and major (28.7%, 95% CI 15.7-49.0) excisions.

Conclusions: Our study demonstrates overall low prolapse recurrence after mesh excision of prolapse mesh in the first year. When adjusting for mesh type, major mesh excision was associated with increased prolapse risk compared with minor excision. Recurrence increases time in both groups. Planning surgical intervention for mesh complications may consider prolapse recurrence risk.

Disclosures: No

Short Oral 88
1-YEAR OUTCOME AFTER BILATERAL UTEROSACRAL LIGAMENT REPLACEMENT - COMPARISON OF ABDOMINAL AND LAPAROSCOPIC SURGICAL TECHNIQUES IN TREATMENT OF PELVIC ORGAN PROLAPSE AND URINARY INCONTINENCE

S. Ludwig1, E. Voullie2, H. Regaj1, P. Mallmann1. University Hospital of Cologne1, St. Franziskus Hospital Cologne2.

Introduction: Laxity of the anterior vaginal wall leads to the funnelling of the bladder neck and triggering inappropriate micturition reflexes and thus might lead to urinary incontinence. In the upright body position the anatomical support of the anterior vaginal wall (on which urethra and bladder base rest) is mainly ensured by the cervix/uterus, thus an intact apical suspension is mandatory.

Objective: Sacrocolpopexy (SCP) is the gold-standard for apical reconstruction. The technical performance of each SCP varies according to the surgeon’s discretion, and comparison of clinical outcomes may be hampered. Therefore, a comprehensible surgical technique for bilateral apical fixation with a minimum amount of synthetic material is developed. Evaluation of the clinical 1-year results after cervicosacropexy (either abdominal or laparoscopic) and its safety and efficacy are presented for the first time.

Methods: Retrospective analysis in a tertiary center of women with POP-Q stages I-IV and urinary incontinence. All patients received a standardized bilateral uterosacral ligament (USL) replacement using polyvinylidene-fluoride tapes (PVDF) either open abdominal or laparoscopic cervicosacropexy. These PVDF tapes were identical in shape, that is 0.4 cm width and 8.8 cm length (Fig. 1). Clinical outcome was assessed at 12 months.

Results: 145 patients were evaluable, 75 patients were operated with the abdominal, 70 patients with the laparoscopic approach. No major complications occurred intraoperatively, and no mesh erosions were detected within 1-year postoperatively. There was no significant difference in clinical outcome one year after surgeries. Apical support (POP-Q stage 0) was restored in 100% of patients and urinary continence restored in 59% of patients (59% after laparotomy vs 62% after laparoscopy, respectively). After laparoscopy, patients stayed 3 days in mean compared to 5 days after laparotomy. Regarding the operating time, a laparotomy lasted in mean 120 minutes (89 - 168 minutes), whereas a laparoscopy lasted in mean 89 minutes (58 - 128 minutes).

Conclusions: In contrast to many other apical fixations, both USL were replaced using a clearly defined surgical technique (in term of type of material, size, shape of mesh, and positioning). This standardization ensured comparable and reproducible clinical outcomes, despite different surgical access paths. This bilateral cervicosacropexy shows a very good anatomical result even one year after surgery, without any mesh complications. Beside the anatomical correction of the prolapse, the anterior vaginal wall (and its vesico-urethral junction) is emphasized and urinary continence could be restored. This surgical procedure is one alternative option in women with apical prolapse and urinary incontinence, especially since only a minimum of synthetec material is used.
Short Oral 89
PELVIC ORGAN PROLAPSE ASSESSMENT AFTER PESSARY REMOVAL – THE IMPORTANCE OF TIMING
A. Grob1, L. Morsinkhof4, L. van Genugten2, F. Simonis1. University of Twente1, Ziekenhuissgroep Twente4
Introduction: Vaginal pessaries are widely used as a conservative treatment option in the management of pelvic organ prolapse (POP) [1,2] and have proven effective in relieving POP symptoms [3–5]. However, some patients, after initial successful pessary fitting, choose for surgical management. This decision is often based on continued pessary dislodgment or the development of pressure ulcers. These patients typically require new pelvic organ prolapse quantification (POP-Q) to assess the involved compartments as well as the extent of prolapse to allow for proper surgical planning. From a clinical perspective one could expect a direct descent of all affected compartments since the physical support which the pessary gave to the vaginal walls and pelvic organs is gone. However, a delayed descent due to retainment of the organ compartments since the physical support which the pessary gave to the vaginal walls and pelvic organs is gone. However, a delayed descent due to retainment of the organ position might also be possible. To the best of our knowledge there are no guidelines or studies describing the amount of time that should be applied between pessary removal and POP-Q assessment. Assessing this time period should, in line with previous study results [6], be done in upright position.
Objective: To evaluate the amount of time needed after pessary removal to assess the full extent of POP by means of upright MRI.
Methods: 15 post-menopausal women with POP stage II, ≥1 vaginal delivery and with successful pessary (ring) management ≥3 months were included. Pessaries were removed 15 minutes before scanning in case of removal by physician (group 1; n = 12) or the evening before scanning in case of self-management (group 2; n = 3). All women were scanned in the morning (8:00-10:00), midday (12:00-14:00) and afternoon (16:00-18:00) during one day. The T2/T1 weighted sagittal scans were acquired in upright position using a tiltable 0.25 T MRI scanner (G-Scan Brio, Esaote SpA, Italy). Bladder and cervix height were determined, defined as their distance perpendicular to the horizontal line (Figure 1). The Wilcoxon signed-rank test was used to evaluate statistically significant differences in bladder and cervix heights between the morning and midday/afternoon measurements.
Results: In group 1 (Table 1), at 4 hours after pessary removal (midday) the bladder height decreases with a median (min, max) difference of -0.2 cm (-2.8, 1.2), with a further significant descent after 8 hours up to -0.5 cm (-5.4, 1.2) (P = 0.028) (Figure 2). Similar results were found in cervix height, with a median difference of -0.3 cm (-1.2, 1) and -0.4 cm (-2.6, 0.6) at 4 and 8 hours after pessary removal respectively. In group 2 (Table 2) no significant differences in bladder and cervix height were found between the morning, midday and afternoon measurements, but a similar descent during the day was found (Table 1).
Conclusions: Median descent of POP is limited in time between pessary removal and assessment. However 83% of the patients have organ descent during the day, with delayed POP descent up to 5 cm. The current study sample was limited and measurements were done in upright rest position, while POP-Q is done in supine straining position. These results indicate that, to prevent POP underestimation, at least 8 hours should be planned between pessary removal and POP-Q assessment.
Disclosure: No
questionnaire. The EMR was queried for demographic and peripertative data. 6-month GH measurements were used as a proxy for early postoperative GH size. A receiver operating characteristic (ROC) curve was generated to identify a 6-month GH cut point associated with 24-month bothersome vaginal bulge, and/or retreatment and this threshold was explored. Based on this, patients were categorized as having a GH < 3 cm or GH ≥ 3 cm, and comparisons between these two groups were made.

Results: A total of 108 women met inclusion criteria. 35 patients (32%) underwent robotic-assisted SCP and 73 (68%) laparoscopic SCP. Mean age and BMI were 60 ± 8 years and 28 ± 5 kg/m². The majority of women were white (94%), postmenopausal (94%), and had anterior predominant, stage 3 POP (56%). 23 (21%) patients had a GH ≥ 3 cm underwent retreatment for prolapse. Of the patients, 45% (49) underwent a concurrent level 3 support procedure at the time of MI-SCP. Mean GH size reduction was greater for patients who underwent concurrent level 3 support procedures ≤1.0 cm vs ≥0.5 cm, P = .02. There were no differences in de novo dyspareunia or de novo defecatory dysfunction between patients who underwent concurrent level 3 support procedures and those who did not.

Conclusions: 24-month composite subjective failure following MI-SCP did not differ based on 6-month GH size; however, surgical failure was only seen in patients with a GH size of 3 cm or greater. Concurrent level 3 support procedures were not associated with subjective prolapse recurrence, bowel symptoms, or de novo dyspareunia.

Disclosure: No

Short Oral 91
LAPAROSCOPIC SACROCOLPOXYPE VERSUS OPEN ABDOMINAL SACROCOLPOXYPE FOR VAGINAL VAULT PROLAPSE: LONG-TERM FOLLOW-UP OF A RANDOMIZED TRIAL

A. van Oudheusden,1 J. Eissinger,2 M. Bongers,1 A. Coolen1, Jeroen Bosch Hospital,3 Zuyderland Medical Center4, Maxima Medical Center5 Bergman Clinics

Introduction: The prevalence of vaginal vault prolapse, requiring apical surgery, has been reported in 23% of women who underwent vaginal hysterectomy for pelvic organ prolapse (POP). Sacrocolpopexy is one of the preferred surgical treatment options. A previously conducted randomized controlled trial compared laparoscopic sacrocolpopexy (LSC) to abdominal sacrocolpopexy (ASC) as treatment for vaginal vault prolapse. The results showed less blood loss, a shorter hospital stay, and less related morbidity in favor of the laparoscopic group, after 12 months of follow-up. There was a significant improvement in quality of life in both groups. Recognition of long-term outcomes is essential for giving consensus regarding optimal surgical treatment and for adequate patient selection and preoperative counselling.

Objective: To evaluate long-term outcomes in patients with vaginal vault prolapse, who underwent a laparoscopic sacrocolpopexy or abdominal sacrocolpopexy in our previously conducted randomized controlled trial.

Methods: All patients from the initial trial were asked for participation in a long-term follow-up study. They were asked to fill in several Dutch questionnaires and visit our outpatient clinic for pelvic examination. Primary outcome was the long-term disease specific quality of life, measured with the Urogenital Distress Inventory. Secondary outcomes include the effects of the surgical treatment on POP-related functional symptoms as micturition and defecation, measured with the Urogenital Distress Inventory, Defecatory Distress Inventory, and Incontinence Impact Questionnaire. Patient satisfaction of their postoperative condition as compared to how it was before surgery was verified by the Patient Global Impression of Improvement. Anatomical outcomes were measured with the POP-Q examination.

Results: In the original trial 74 women were randomly assigned to laparoscopic sacrocolpopexy (n = 37) or abdominal sacrocolpopexy (n = 37) between 2007 and 2012. We analyzed 22 patients in the LSC group and 19 patients in the ASC group, with a median follow-up duration of 105 months (8.75 years) and 111 months (9.25 years), respectively (P = .856). Health related quality of life did not differ after long-term follow-up with median scores of 0.0 on the ‘genital prolapse’ domain of the UDI in both groups (IQR 0 - 17 for LSC and IQR 0 - 0 for ASC; P = .175). Patient satisfaction, according to the PG-I questionnaire was also not statistically different (LSC 57.9%; ASC 58.8%; P = .317). Anatomical outcomes were the same for both groups on all points of the POP-Q. Point C on the POP-Q examination showed a mean score of -4.7 in the LSC group and a mean score of -5.8 in the ASC group (range -8 - 8 for LSC and range -8 - -3 for ASC; P = .353).

Conclusions: Results of early follow-up provided evidence in favor of the laparoscopic approach. After long-term follow-up, laparoscopic sacrocolpopexy and abdominal sacrocolpopexy show no differences on health related quality of life and anatomical outcome measures.
redistribution process induced by inflammation, which may be the underlying pathophysiology of Hunner’s lesions.

Table 1. Quantitative and histologic analyses of collagen content and deposition in the bladder mucosa from IC/ICP patients compared to non-IC/ICP controls.

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<th>PL- (N=15)</th>
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<th>Non-low BC (N=10)</th>
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Disclosure: No

Short Oral 93
A CLINICAL CONSENSUS TREATMENT ALGORITHM FOR PATIENTS WITH HIGH TONE PELVIC FLOOR DYSFUNCTION: A DELPHI STUDY OF NATIONAL EXPERTS


Introduction: High-tone pelvic floor dysfunction (HTPFD) is a neuromuscular disorder of the pelvic floor characterized by non-relaxing pelvic floor muscles, resulting in voiding and defecatory symptoms, sexual dysfunction, and pelvic pain. Due to poor awareness of the condition and the need for detailed myofascial pelvic exam, these patients are often underdiagnosed and undertreated. Even when recognized, there are no uniformly accepted guidelines or treatment algorithms to guide the management of these patients.

Objective: To develop evidence- and consensus-based clinical practice guidelines for management of HTPFD.

Methods: A Delphi method of consensus development was used, comprising three survey rounds administrated anonymously via web-based platform (Qualtrics® XM). National experts in the field of HTPFD were recruited through targeted invitation. Round 1 involved evidence-based statements about treatment for HTPFD. Panelists were asked to rate their agreement with statements on a 5-point Likert scale. Clinical consensus was defined as 70% agreement. In Rounds 2 and 3, participants reappraised their ratings in view of the group consensus and contributed further ideas to be incorporated as new statements. Statements that did not reach consensus were revised and reposed in the subsequent round to clarify ambiguities.

Results: 11 experts participated with backgrounds in urology, urogynecology, minimally invasive gynecology, and pelvic floor physical therapy (PFPT). A total of 31 statements were reviewed by group members at the first Delphi round with 10 statements reaching consensus. 28 statements were reposed in the 2nd round with 17 reaching consensus. The posed algorithm met clinical consensus in the 3rd round. There was universal agreement that PFPT should be first-line treatment for HTPFD. At the same time as referral to PFPT, the patient should be encouraged to initiate home-based stretching and counseled on behavioral management options for concurrent bladder and bowel symptoms. If satisfactory symptom improvement is reached with PFPT, the patient can be discharged home with a home exercise program and reassessed at 4-6-6-month intervals for sustained improvement and referral back to PFPT as necessary. If no improvement after PFPT, 2nd line options may be considered, including cognitive behavioral therapy, trigger point injections, and vaginal muscle relaxants. Vaginal trigger point injections are performed by palpating the muscle perpendicular to its fiber orientation for a taut band, the taut band is palpated within its fiber direction for the most tender spot. Compounded vaginal muscle relaxants are preferred; if not accessible to the patient oral muscle relaxants may be employed. Trigger point injections and muscle relaxants may be used in conjunction with PFPT. OnabotulinumtoxinA trigger point injections should be used as 3rd line at 10-40 units per muscle with symptom assessment after 2-4 weeks. There was universal agreement that sacral neuromodulation is 4th line. The largest identified barrier to care for these patients is access to PFPT. For patients who cannot access PFPT, experts recommend at-home guided pelvic floor relaxation, vaginal wands, and virtual PFPT visits.

Conclusions: A stepwise approach to the treatment of HTPFD is recommended, with patients often necessitating multiple lines of treatment either sequentially or in conjunction. However, PFPT should be offered first line.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Willow Innovations, Inc.

Short Oral 94
URINARY BIOMARKERS AND OVERACTIVE BLADDER SYMPTOMS BEFORE AND AFTER PROLAPSE SURGERY

E. Maetzold1, J. Kowalski1, D. Santillan1, K. Kenele1, C. Bradley1, P. Ten Eyck1, L. Wendt1. University of Iowa Hospitals & Clinics1

Introduction: High-tone pelvic floor dysfunction (HTPFD) is a neuromuscular disorder of the pelvic floor characterized by non-relaxing pelvic floor muscles, resulting in voiding and defecatory symptoms, sexual dysfunction, and pelvic pain. Due to poor awareness of the condition and the need for detailed myofascial pelvic exam, these patients are often underdiagnosed and undertreated. Even when recognized, there are no uniformly accepted guidelines or treatment algorithms to guide the management of these patients.

Objective: To develop evidence- and consensus-based clinical practice guidelines for management of HTPFD.

Methods: A Delphi method of consensus development was used, comprising three survey rounds administrated anonymously via web-based platform (Qualtrics® XM). National experts in the field of HTPFD were recruited through targeted invitation. Round 1 involved evidence-based statements about treatment for HTPFD. Panelists were asked to rate their agreement with statements on a 5-point Likert scale. Clinical consensus was defined as 70% agreement. In Rounds 2 and 3, participants reappraised their ratings in view of the group consensus and contributed further ideas to be incorporated as new statements. Statements that did not reach consensus were revised and reposed in the subsequent round to clarify ambiguities.

Results: 11 experts participated with backgrounds in urology, urogynecology, minimally invasive gynecology, and pelvic floor physical therapy (PFPT). A total of 31 statements were reviewed by group members at the first Delphi round with 10 statements reaching consensus. 28 statements were reposed in the 2nd round with 17 reaching consensus. The posed algorithm met clinical consensus in the 3rd round. There was universal agreement that PFPT should be first-line treatment for HTPFD. At the same time as referral to PFPT, the patient should be encouraged to initiate home-based stretching and counseled on behavioral management options for concurrent bladder and bowel symptoms. If satisfactory symptom improvement is reached with PFPT, the patient can be discharged home with a home exercise program and reassessed at 4-6-6-month intervals for sustained improvement and referral back to PFPT as necessary. If no improvement after PFPT, 2nd line options may be considered, including cognitive behavioral therapy, trigger point injections, and vaginal muscle relaxants. Vaginal trigger point injections are performed by palpating the muscle perpendicular to its fiber orientation for a taut band, the taut band is palpated within its fiber direction for the most tender spot. Compounded vaginal muscle relaxants are preferred; if not accessible to the patient oral muscle relaxants may be employed. Trigger point injections and muscle relaxants may be used in conjunction with PFPT. OnabotulinumtoxinA trigger point injections should be used as 3rd line at 10-40 units per muscle with symptom assessment after 2-4 weeks. There was universal agreement that sacral neuromodulation is 4th line. The largest identified barrier to care for these patients is access to PFPT. For patients who cannot access PFPT, experts recommend at-home guided pelvic floor relaxation, vaginal wands, and virtual PFPT visits.

Conclusions: A stepwise approach to the treatment of HTPFD is recommended, with patients often necessitating multiple lines of treatment either sequentially or in conjunction. However, PFPT should be offered first line.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Willow Innovations, Inc.
Objective: The primary aim was to determine association between urinary biomarkers measured prior to POP surgery with post-operative OAB symptoms as measured by the OAB Questionnaire Short Form (OAB-q SF) in patients with POP and OAB. Secondary aims were to compare pre-operative biomarkers between those with and without OAB, compare pre-operative biomarkers in those with OAB with post-operative Urgentential Distress Inventory-6 (UDI-6) score.

Methods: Patients with anterior and/or apical POP beyond the hymen undergoing POP surgery provided informed consent for participation. OAB symptoms were assessed using the OAB-q SF and the UDI-6 pre-operatively and 3 months post-operatively. Patients were grouped as OAB or no OAB pre-operatively based on answering ’sometimes’ or greater on questions 1, 2, 5, or 6 of the OAB-q SF bother scale. A first morning void was collected pre-operatively and 3 months post-operatively. N-terminal teleopeptide type 1 collagen (NTXs), interluekin-8 (IL-8), matrix metalloproteinase-9 (MMP-9), monocyte chemoattractant protein-1 (MCP-1), and calcitonin gene-related peptide (CGRP) were measured via colorimetric commercial enzyme-linked immunosorbent assays. Biomarkers were characterized based on their proposed pathophysiologic mechanism including general inflammation (IL-8, MCP-1), tissue remodeling (NTX, MMP-9), and neuro-inflammation (CGRP). Descriptive statistics were obtained for baseline clinical variables. Categorical measures were reported as counts (%). Normally and non-normally distributed continuous measures were reported as means (SDs) and medians (IQRs), respectively. Natural log transformations were applied to right-skewed continuous measures. Outliers more than two standard deviations from the mean were removed. Transformations that were approximately normal were used in parametric assessments. Pearson correlation coefficients measured the relationship between biomarkers and symptoms. Between-cohort assessments were made using two-sample t-tests. Pre- versus post-operative biomarker comparisons in OAB patients followed paired t-tests.

Results: Seventy-seven subjects with OAB (n = 67, 87.0%) and without OAB (n = 10, 13.0%) enrolled. Mean (SD) age was 64.9 ± 9.9 years and body mass index 28.4 ± 4.6 kg/m2. Median (IQR) pre-post and post-operative OAB-q SF symptom bother scores were 36.7 (16.7, 60.0) and 13.3 (6.7, 33.3), respectively. Pre- and post-operative OAB-q SF health related quality of life (HRQL) scores were 76.9 (53.8, 89.2) and 96.9 (83.8, 98.5), respectively. Seventy-four (96%) patients completed 3-month follow up. Amongst OAB patients, higher pre-operative MMP-9 correlated with improvement in post-operative OAB-q SF bother score (r = -0.269, P = 0.045). Similarly, higher pre-operative NTXs correlated post-operatively with lower OAB-q SF bother score (r = -0.226, P = 0.024), higher HRQL score (r = 0.251, P = 0.049), improvement in HRQL score (r = 0.272, P = 0.033), and lower UDI-6 score (r = -0.367, P = 0.004). Other biomarkers did not demonstrate significant correlations. No significant differences were seen in pre-operative biomarkers between patients with and without OAB or when comparing pre-operative and post-operative biomarkers in OAB patients.

Conclusions: Pre-operative urinary MMP-9 and NTXs, biomarkers of tissue remodelling, in patients with OAB may be associated with improved OAB symptoms following POP surgery.

Disclosure: No
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COMPlications FOLLOWING RETROPUbIC VERSus TRANSObTURATOR MIdUREThRAL SYNThETIC SLING PLACEMENT

S. Sears1, S. Rhodes2, J. Shog1, A. Hijazi2, A. Sammarco3, S. Mahajan1, D. Shaen1. 1University Hospitals/MetroHealth Medical Center, 2University Hospitals, 3University Hospitals

Introduction: Recent studies have shown transobturator (TOT) slings to be less durable than retropubic (TVT) slings, but data on postoperative complications is lacking.

Objective: To determine differences in postoperative complications between retropubic and transobturator midurethral synthetic slings within one year after surgery.

Methods: Using the Premier database we identified encounters for patients undergoing a midurethral sling procedure with charge codes for TVT or TOT. Patients were excluded if undergoing a concomitant procedure for cancer or non-gynecologic conditions. The primary outcome was the difference in complication rates between groups. The complications included hematoma/hemorrhage, blood transfusion, surgical site infection (SSI), emergency room (ER) visits, readmission, urinary tract infection (UTI), urinary retention, mesh exposure, sling lysis/excision, urethral stricture, urethralysis, repeat sling, pain, cystotomy, GU tract injury, and treatment for overactive bladder with advanced therapy. Additional variables of interest included age, race, hospital size, hospital location/region, teaching status, insurance type, pre-existing conditions, the Charlson Comorbidity Index (CCI), and concomitant procedures performed. Postoperative complications were identified via CPT and ICD-9 and 10 codes up to 12 months after the index procedure. Comorbidities were identified by ICD-9 and 10 codes up to one year before the index encounter.

Results: Of 78,801 patients included, TVT patients had significantly higher rates of hematoma/hemorrhage (0.2% vs 0.15%, OR 1.290, 95%CI 1.162-1.431), sling lysis/excision (1.6% vs 1.2%, OR 1.321, 95%CI 1.162-1.506), and hematoma/hemorrhage (0.2% vs 0.15%, OR 1.822, 95%CI 1.163-2.855); they were less likely to have a UTI (5.4% vs 6.8%, OR 0.833, 95%CI 0.817-0.956) or repeat sling (0.38% vs 0.61%, OR 0.601, 95%CI 0.461-0.784). Each standard deviation increase in surgeon volume was associated with a 13% decrease in risk of complications. Multivariable logistic regression was performed, TVT patients were more likely to have urinary retention (4.1% vs 3.2%, OR 1.29, 95%CI 1.162-1.431), sling lysis/excision (1.6% vs 1.2%, OR 1.321, 95%CI 1.162-1.506), and hematoma/hemorrhage (0.2% vs 0.15%, OR 1.822, 95%CI 1.163-2.855); they were less likely to have a UTI (5.4% vs 6.8%, OR 0.833, 95%CI 0.817-0.956) or repeat sling (0.38% vs 0.61%, OR 0.601, 95%CI 0.461-0.784).

Conclusions: Midurethral synthetic slings have approximately a 1 in 6 rate of postoperative complications overall, however significant complications were infrequent. TVTs are associated with a higher rate of persistent bleeding and sling lysis/excision due to urinary retention, but less likely to be associated with UTI and treatment failure.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Minza
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**Table 2. Perioperative and postoperative complications by sling approach**

<table>
<thead>
<tr>
<th>Complication</th>
<th>TVT</th>
<th>N (%)</th>
<th>TOT</th>
<th>N (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hematoma/bleed</td>
<td>96 (0.26)</td>
<td>25 (0.15)</td>
<td>121 (0.24)</td>
<td>0.022</td>
<td></td>
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<tr>
<td>Blood transfusion within 90 days</td>
<td>61 (0.16)</td>
<td>47 (0.29)</td>
<td>108 (0.21)</td>
<td>0.0052</td>
<td></td>
</tr>
<tr>
<td>Surgical site infection within 90 days</td>
<td>262 (0.71)</td>
<td>158 (0.97)</td>
<td>420 (0.82)</td>
<td>0.0023</td>
<td></td>
</tr>
<tr>
<td>ER visit within 90 days</td>
<td>2336 (6.5)</td>
<td>1133 (6.9)</td>
<td>3469 (6.6)</td>
<td>0.0094</td>
<td></td>
</tr>
<tr>
<td>Readmission within 90 days</td>
<td>673 (1.8)</td>
<td>323 (2.2)</td>
<td>996 (1.8)</td>
<td>0.24</td>
<td></td>
</tr>
<tr>
<td>UUI within 90 days</td>
<td>2008 (5.4)</td>
<td>1117 (6.8)</td>
<td>3125 (5.9)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Urinary retention</td>
<td>1521 (4.1)</td>
<td>529 (3.2)</td>
<td>2050 (3.8)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Mesh exposure/erosion</td>
<td>279 (0.75)</td>
<td>105 (0.64)</td>
<td>384 (0.71)</td>
<td>0.17</td>
<td></td>
</tr>
<tr>
<td>Sling dysfuction</td>
<td>598 (1.6)</td>
<td>203 (1.2)</td>
<td>801 (1.5)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Urolithiasis</td>
<td>87 (0.24)</td>
<td>33 (0.22)</td>
<td>120 (0.23)</td>
<td>0.12</td>
<td></td>
</tr>
<tr>
<td>Repeat sling within 12 months</td>
<td>139 (0.38)</td>
<td>100 (0.61)</td>
<td>239 (0.45)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Urethra stricture</td>
<td>8 (0.02)</td>
<td>0 (0.00)</td>
<td>8 (0.02)</td>
<td>1</td>
<td></td>
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<tr>
<td>Postoperative pain</td>
<td>116 (3.1)</td>
<td>592 (3.6)</td>
<td>708 (3.7)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Cystotomy/bladder perforation</td>
<td>265 (0.82)</td>
<td>68 (0.42)</td>
<td>333 (0.66)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>GU tract injury</td>
<td>212 (0.57)</td>
<td>117 (0.71)</td>
<td>329 (0.64)</td>
<td>0.062</td>
<td></td>
</tr>
<tr>
<td>PTNS within 12 months</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>SNS within 12 months</td>
<td>86 (0.23)</td>
<td>52 (0.32)</td>
<td>138 (0.27)</td>
<td>0.09</td>
<td></td>
</tr>
<tr>
<td>Rome within 13 months</td>
<td>51 (0.14)</td>
<td>18 (0.11)</td>
<td>69 (0.13)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td>Any complication</td>
<td>684 (1.9)</td>
<td>272 (0.6)</td>
<td>956 (1.8)</td>
<td>&lt;0.001</td>
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</table>

**Table 3. Multivariable logistic regression for postoperative complications after TVT compared to TOT**

<table>
<thead>
<tr>
<th>Complication</th>
<th>Odds ratio (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UUI within 90 days</td>
<td>0.89 (0.84-0.956)</td>
</tr>
<tr>
<td>Urinary retention</td>
<td>0.92 (0.820-0.963)</td>
</tr>
<tr>
<td>ER visit within 90 days</td>
<td>1.98 (1.21-3.26)</td>
</tr>
<tr>
<td>Sling dysfuction</td>
<td>1.94 (1.07-3.36)</td>
</tr>
<tr>
<td>Urinary retention</td>
<td>1.299 (1.62-1.451)</td>
</tr>
<tr>
<td>Repeat sling within 12 months</td>
<td>1.66 (1.46-1.754)</td>
</tr>
<tr>
<td>Fecal incontinence</td>
<td>1.822 (1.26-2.857)</td>
</tr>
<tr>
<td>Mesh exposure/erosion</td>
<td>1.161 (0.920-1.460)</td>
</tr>
<tr>
<td>Urolithiasis</td>
<td>1.051 (0.925-1.156)</td>
</tr>
<tr>
<td>Sling specific complications</td>
<td>1.035 (0.962-1.079)</td>
</tr>
</tbody>
</table>

**Short Oral 98**

**RATE OF MESH EROSION WITH SACROCOLOPEXY IN SUPRACERVICAL VERSUS TOTAL HYSTERECTOMY: A SYSTEMATIC REVIEW AND META-ANALYSIS**

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**Introduction:** Sacrocolpexy is commonly used for surgical management of apical prolapse with concomitant hysterectomy frequently performed simultaneously. Studies have been conflicting if performance of a concomitant supracervical versus total hysterectomy at the time of sacrocolpexy is associated with a lower risk of mesh erosion.

**Objective:** To estimate the effect on mesh erosion rate in women undergoing abdominal apical sacrocolpexy and concomitant supracervical versus total hysterectomy by performing a systematic review and meta-analysis of the existing literature.

**Methods:** We explored MEDLINE, Embase, Web of Science, CINAHL, ClinicalTrials.gov and Cochrane Central Register of Controlled Trials for studies comparing the rate of mesh erosion with abdominal sacrocolpexy with a concomitant supracervical versus total hysterectomy. Two reviewers separatelyascertained studies, obtained data, and gauged study quality. The rate of mesh erosion was compared, and odds ratios (ORs) with 95% confidence intervals (CIs) were estimated.

**Results:** Nineteen retrospective cohort studies were identified with 10,572 women (4,285 with a supracervical versus 6,287 with a total hysterectomy). The overall mean age of women were 60.5 years, with an overall mean BMI of 27.0 kg/m2. Among all studies, minimally invasive sacrocolpexy (either laparoscopic, robotic or laparoscopic-assisted) was performed in 98% (10,375/10572) of women. Eighteen studies (n = 2,091 women) reported the specific approach to sacrocolpexy surgery with 69% (1448/2091) undergoing laparoscopic, 27% (558/2091) robotic and 4% (75/2091) open laparotomy. In eighteenth studies, the overall mean post procedure follow-up time was 30.7 months. The median point prevalence of mesh erosion was 0.36% (95% CI 0.1-1.9%) in women who had a supracervical compared to 3.8% (95% CI 1.8-7.8%) in women who had a total hysterectomy. The overall rate of mesh erosion in women with a supracervical hysterectomy was less than women with a total hysterectomy (pooled OR 0.26, 95% CI 0.18 to 0.38, I2 0%) (Figure). The overall mean time to diagnosis of mesh erosion was reported in ten studies and was 13.3 months after the surgical procedure. Twelve studies reported overall treatment outcomes in 304 women (including women with a previous hysterectomy) with mesh erosion and 83% (251/304) required a re-operation for a mesh related complication.

**Conclusions:** In women with symptomatic apical pelvic organ prolapse undergoing sacrocolpexy with concomitant hysterectomy, performing a supracervical hysterectomy is associated with a lower risk of mesh erosion compared to women who have a total hysterectomy.

**Disclosure:** No
pulprole were scarce (0.0% in HW compared to 0.4% in LW). Of patients attending follow-ups the vast majority felt better (PGIC ≥ 4) without difference between groups (HW: 84.5%; LW: 86.5%). GRC were more likely in HW-patients (22.8%; 23/101) compared to LW-patients (7.3%; 13/178; P = 0.0002; HR = 3.3; 95%-CI: 1.6–7.1). GRC were symptomatic in 2.8% (5/178) of LW and in 16.8% (17/101) of HW-implanted women. There was no significant difference in anatomical failure at point C (1.7% (HW) and 6.1% (LW); P = 0.13).

Conclusions: The number of asymptomatic and symptomatic GRCs and reinterventions for GRC in patients operated with LW-mesh is significantly lower than with HW-mesh. There were no differences in long term subjective and objective outcomes neither reoperation rates for prolapse.

Disclosure: Sponsored by Ethicon Endosurgery. Industry funding only — investigator initiated and executed study.

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COST UTILIZATION OF ROBOTIC-ASSISTED SACROCOLOPEXY: A COMPARISON OF TWO ROBOTIC PLATFORMS

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Introduction: Robotic assistance in pelvic organ prolapse (POP) surgery such as sacrocolpopexy can improve surgeon ergonomics and instrument dexterity compared with traditional laparoscopy but at increased surgical costs. Novel robotic platforms such as Senhance (Ascensus) mitigate increased costs by incorporating unlimited lifetime reusable instruments unlike the more widely available DaVinci (Intuitive).

Objective: To compare total hospital costs for robotic-assisted sacrocolpopexy (RSC) between two robotic platforms at an academic medical center.

Methods: Retrospective cohort study of all RSC performed at a single hospital within a large academic health system. All women who underwent RSC using Senhance between 1/1/2019 and 6/30/21 were matched 2:1 with RSC cases using DaVinci Xi or Si for comparison. Senhance cases were the first Senhance sacrocolpopexies performed in our health care system and therefore represented early experience with the platform. Medical charts were queried for demographics, medical history, operative characteristics, postoperative complications. Case-specific cost information was provided by our institution’s Surgical Service Center. Up-front purchase costs of the robotic systems were not included in this analysis. Descriptive statistics, t-test, chi-squared and Fisher’s exact tests were used for analysis. A multivariable linear regression was performed to model total costs and adjust for potentially confounding variables. All variables with P < 0.2 on univariable analysis were candidates for final regressions, fit with backwards removal techniques.

Results: The matched cohort included 75 subjects. 25 Senhance and 50 DaVinci cases were similar overall, with mean age 60.5 ± 9.7 years, BMI 27.9 ± 4.7 kg/m2, and parity 2.5 ± 1.0 (Table 1). 97.3% (n = 71) were white and 86.5% (n = 64) were postmenopausal. The only major difference was longer OR time in Senhance cases (Δ = 32.1 min, P = 0.01). There were 47 (62.7%) concomitant hysterectomies performed, 12 (16.2%) concomitant mid-urethral slings, and 19 (25.3%) cases required lysis of adhesions. All Senhance cases were performed by a single FPMRS surgeon who previously performed >1000 DaVinci cases; DaVinci cases were performed by 6 FPMRS surgeons. All cases involved a fellow trainee, 51 (68.0%) involved a resident trainee. Intraoperative and short-term postoperative complications were similar between platforms (all P > 0.05). On univariable analysis, Senhance showed a cost savings which was not statistically significant (Senhance $5368.34 ± 1486.89, DaVinci $5741.76 ± 1197.20, P = 0.29). When comparing cost categories for drugs/medications, supplies, diagnostic interventions, operating room, anesthesia, post-anesthesia recovery unit, medical-surgical floor, nursing, and facility costs there were no differences between groups (all P > 0.05). However, on multivariable linear regression total cost was significantly lower for Senhance than DaVinci by $908.33 when adjusting for operative time, estimated blood loss,
Disclosure: No

Short Oral 101

E-PACT: EXTENSION TRIAL OF PERMANENT VERSUS DELAYED-ABSORBABLE MONOFILAMENT SUTURE FOR VAGINAL GRAFT ATTACHMENT DURING MINIMALLY-INVASIVE TOTAL HYSTERECTOMY AND SACROCOLPOPEXY

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Introduction: We previously reported a 6.1% rate of mesh/permanent suture exposure at 1 year after minimally-invasive total hysterectomy and sacrocolpopexy (TLH + SCP) with a light-weight polypropylene mesh. Vaginal mesh exposures may increase over time.

Objective: The goal of this extension study was to evaluate total and incident mesh/permanent suture exposure rates at least 2 years after surgery. Our secondary aims were to evaluate surgical success and late adverse events.

Methods: This extension study included women previously enrolled in the multicenter randomized trial of permanent (2-0 GoreTex) vs delayed-absorbable (2-0 PDS) suture with Upsylon™ mesh during TLH + SCP for > stage II prolapse (POP), for follow-up at least 24 months after surgery. Due to COVID-19, women were blinded to the option of an in-person or telephone visit (symptoms only). The primary outcome was total and incident permanent suture or mesh exposure, or symptoms suggestive of mesh exposure in women without a pelvic examination (vaginal bleeding, bothersome discharge, partner feeling mesh). Women who did not enter the extension trial but were confirmed to have mesh exposure at 1 year were carried forward as a mesh exposure. Secondary outcomes were: 1) Surgical success, which was defined as no subjective bulge on the POP-Q questionnaire, no prolapse beyond the hymen, and no POP retreatment and 2) Adverse events, which were classified according to Dindo grading scale.

Results: 182/200 previously randomized participants were eligible for inclusion, of which 106 (58%) women (78 in-person and 28 via questionnaire only) agreed to the extension study. Demographic characteristics are presented in Table 1. At a mean of 3.9 years post-surgery, the rate of mesh/suture exposure was 7.7% (14/182): 5 in-person in the questionnaire only group and 8 cases carried forward from 1 year follow-up. Only 2 were incident cases reported after 1-year follow-up. There were 2 cases of suture exposure in the original cohort at 1 year, and 0 suture exposures in the current group, for a carry forward rate of 1.1% (2/182).

There was no significant difference in mean age or follow-up time for women with and without an exam. None reported vaginal bleeding/diarrhoea, dyspareunia, or penile dyspareunia. Mesh/suture exposures were managed as follows: 4 (66.7%) vaginal estrogen, 2 (33.3%) office trimming and 1 (16.7%) vaginal mesh excision surgery. For women without a study visit, there was one reported mesh exposure which was treated with office removal. Surgical success was 93/106 (87.7%): 13/94 (13.8%) failed by bulge symptoms, 2/78 (2.6%) by prolapse beyond the hymen, 1/85 (1.2%) by retreatment with pessary, and 0 retreatment with surgery. There were 34 (32%) subjects who reported an adverse event. The most common were vaginal atrophy (16), pelvic or vaginal pain (7), dyspareunia (5), UTI (3), vaginal bleeding (3), and vaginal discharge (3). There were no serious adverse events.

Conclusions: The rate of incident mesh exposure between 1 and 3.9 years post-surgery was low, success rates remained high, and there were no delayed serious adverse events after TLH + SCP with lightweight polypropylene mesh.

Table 1: Patient characteristics

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Permanent Suture N=97</th>
<th>Delayed Absorbable N=45</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (yr) (mean±SD)</td>
<td>60.7 ± 8.8</td>
<td>60.0 ± 10.0</td>
<td>0.71</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>White</td>
<td>51 (89.5)</td>
<td>44 (98.0)</td>
<td></td>
</tr>
<tr>
<td>African American</td>
<td>6 (10.5)</td>
<td>2 (4.4)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>2 (4.4)</td>
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<tr>
<td>Smoking status</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>73 (96.3)</td>
<td>38 (84.4)</td>
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</tr>
<tr>
<td>Prior smoker</td>
<td>5 (6.6)</td>
<td>6 (13.3)</td>
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</tr>
<tr>
<td>Current smoker</td>
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<tr>
<td>BMI (kg/m2) (mean±SD)</td>
<td>29.3 ± 6.3</td>
<td>28.4 ± 4.9</td>
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<tr>
<td>Current POP-Q stage</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stage I</td>
<td>12 (12.1)</td>
<td>7 (14.3)</td>
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<tr>
<td>Stage II</td>
<td>3 (3.1)</td>
<td>3 (6.7)</td>
<td></td>
</tr>
<tr>
<td>Stage III</td>
<td>1 (1.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mesh Exposure at ≥2 year visit</td>
<td>3 (3.1)</td>
<td>3 (6.7)</td>
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</tr>
</tbody>
</table>
pelvic outlet by skin closure techniques have not been well described. Furthermore, patient satisfaction can be influenced by patient perceptions regarding postoperative pain. It is unclear whether the suturing technique for perineorrhaphy skin closure has an impact on postoperative pain after this procedure. This study aimed to evaluate postoperative perineal pain comparing two perineorrhaphy skin closure techniques.

**Objective:** To compare postoperative perineal pain between continuous subcuticular (continuous) and interrupted transcutaneous (interrupted) perineal skin closure in women undergoing perineorrhaphy at the time of reconstructive pelvic organ prolapse surgery.

**Methods:** This is a single-center, randomized controlled trial of patients undergoing reconstructive pelvic organ prolapse repair, comparing perineal pain between continuous and interrupted perineal skin closure with 3-0 polyglactin suture at the time of a perineorrhaphy. The primary outcome was patient reported postoperative pain at 2 weeks, including average perineal pain (score 0-10 on a validated Surgical Pain Scale) at rest, with normal activity, with strenuous activity, and worst pain. Perineal pain was also assessed daily for the first two weeks postoperatively and at three months. Postoperative satisfaction was evaluated by a Likert scale at 2 weeks and 3 months. Baseline and demographics data were analyzed using Student’s t-test for continuous variables and Fisher’s exact or χ² tests for categorical variables. Our primary outcomes were evaluated with Student’s t-test, Wilcoxon rank sum, and χ² tests when appropriate.

**Results:** One hundred seventy-one women were screened and 68 participants were enrolled. Perineorrhaphy was not performed in 5 participants and 6 were lost to follow-up resulting in 57 participants with primary outcome data, with 27 (47%) in the continuous and 30 (53%) in the interrupted group. Demographic characteristics, preoperative exam including genital hiatus measurements, and concomitant pelvic procedures were similar between the two groups. There were no significant differences between the continuous and interrupted groups average perineal pain at rest (0.9 ± 1.2 vs 1.4 ± 2.0, P = 0.22, respectively), during normal activity (1.6 ± 1.8 vs 2.2 ± 2.3, P = 0.31), perineal pain with strenuous activity (1.2 ± 1.5 vs 2.0 ± 3.5, P = 0.61), and worst perineal pain (2.0 ± 2.5 vs 2.4 ± 2.7, P = 0.49) two weeks postoperatively. Patient satisfaction at 2 weeks with overall pain control between continuous and interrupted groups was high and was not significantly different [22 (38.6%) vs. 25 (43.9%), P = 0.85].

**Conclusions:** Perineorrhaphy perineal pain and patient satisfaction did not differ significantly between continuous versus interrupted skin suturing techniques. According to this study, differences in surgeon preference in skin closure technique will not impact perineal pain or patient satisfaction.

**Disclosure:** No

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**Short Oral 103**

**PELVIC FLOOR EXCURSION AND ENDURANCE IN RESPONSE TO PELVIC FLOOR MUSCLE TRAINING USING A DIGITAL THERAPEUTIC DEVICE.**

MM. Weinstein¹, SJ. Pulliam², L. Keyser, MPH, DPT³, J. McKinney, DScPT, PT⁴, M. Rao, MSc¹, HE. Richter, PhD, MD³. Massachusetts General Hospital¹, Tufts University School of Medicine², Andrews University³, Renovia Inc.⁴, University of Alabama at Birmingham⁵

**Introduction:** Important markers of pelvic floor muscle (PFM) function include movement and endurance of a contraction, often defined as PFM excursion as measured by ultrasound. Changes in PFM function correlate with changes in pelvic floor symptoms, including urinary incontinence (UI). Several publications have documented outcomes for women with UI undergoing pelvic floor muscle training (PFMT) using an intravaginal motion-based digital therapeutic device embedded with accelerometers that detect and quantify the motion produced during PFMT. During PFMT contraction physiologic data is captured, including baseline and maximum contraction angles and contraction duration.

**Objective:** To characterize pelvic floor muscle excursion and endurance measured during PFMT using data from the intervention arm of a randomized controlled trial (RCT) of women with stress and stress-dominant mixed UI.

**Methods:** Subjects in the RCT intervention arm were included if they 1) used the device for at least 8 weeks; 2) data collected was complete 3) evidence of correct use. Use of the device (Leva, Renovia Inc.) entails a prescribed standardized PFMT regimen performed in the standing position. Each exercise session includes five 15-second contractions alternating with 15-second rest periods. The device captured user adherence and the following parameters: 1) baseline vaginal angle (BA) at rest relative to a horizontal plane, 2) maximum angle change (MAC) during a contraction, and 3) duration of contraction time at MAC ≥ 75% (endurance – maximum of 15 seconds). Correct use was defined as BA within expected physiologic range between 0-90 degrees, confirming proper device orientation. Adherence was defined as the percentage of use with perfect use of 3-times daily. Each subject completed baseline, 4- and 8-week
URINE VOLUMES IN THE IMMEDIATE POSTPARTUM PERIOD AMONG WOMEN UNDERGOING SCHEDULED CESAREAN SECTION A. O’Meara, V. Alyahya, E. Tunitsky-Bitton, E. Deckers Hartford Hospital

Introduction: Urinary retention after gynecologic surgery is a known complication and algorithms exist to help ensure the timely diagnosis and management. In contrast, there are no guidelines that help monitor voiding postpartum and as a result urinary retention can be missed, leading to significant morbidity and undue emotional distress. As part of a quality improvement initiative, we implemented an algorithm to help identify women with postpartum urinary retention (Figure 1). Our algorithm used 200 ml as a cut off for normal voiding amount. Determining the typical voiding patterns postpartum is essential in developing guideline that help diagnose and treat voiding dysfunction in this high-risk patient population.

Methods: As part of the quality improvement protocol postpartum voiding volumes were closely monitored and recorded. We conducted a retrospective chart review of patients who delivered at our institution via scheduled cesarean section, primary or repeat, between August 1 and October 15, 2021. Patients are excluded if they had a non-singleton pregnancy, were admitted for induction of labor prior to cesarean section, had urinary retention, or were diagnosed with hypertensive disorder of pregnancy.

Results: We reviewed a total of 60 charts that met criteria for inclusion. Seventy percent (42) of patients underwent repeat cesarean section. The average qualitative blood loss was 625 ml (±325 ml). The patients’ first voided urine output averaged 436 ml (100-900 ml). Patients maintained an average voided volume greater than 400 ml for their first 5 voids.

Conclusions: Our study helps to define typical voiding patterns during the immediate postpartum period in women undergoing a scheduled cesarean section. Due to the physiologic changes postpartum the typical voided volumes are significantly higher than after gynecologic surgery. Therefore, protocols aimed to identify problems with urinary voiding postpartum should utilize higher cut-offs. Development of such protocols will allow prompt diagnosis and management of voiding dysfunction and avoid short-term and potentially long-term morbidity and sequelae.

Disclosure: No
have been reported. Less is known about the autonomic nerve supply, and nerve density of autonomic and somatic fibers. Surgical preservation of these nerves may reduce postoperative pain, decreased sensation, and sexual dysfunction.

**Objective:** To characterize the density and distribution of autonomic and somatic innervation within the clitoris and surrounding structures.

**Methods:** En bloc pelvic sections were harvested from adult female cadavers within 24 hours from death. Tissue was sectioned along the long axis of the clitoral body (CB) at the proximal aspect of the CB, distal CB and glans (Figure 1). Double immunofluorescent staining was performed using antibodies directed against Beta III tubulin (BIIIT), a global axonal marker and myelin basic protein (MBP), a myelinated nerve marker (Figure 2). Multichannel fluorescent images were acquired on a Zeiss Axioskop.1 whole slide scanner and anatomical regions were manually annotated in Zeiss Zen Blue Lite. Threshold-based automatic image segmentation distinguished tissue areas stained with BIIIT alone, MBP alone, and double positive regions. Autonomic and somatic nerve density was calculated as percentage of the area in each region stained with BIIIT antibodies alone, and with both BIIIT and MBP antibodies or MBP alone, respectively. Student’s t-tests compared nerve density within corresponding regions at the distal CB and glans.

**Results:** Four cadavers, aged 22-81, were examined, including two nulliparous females. Average autonomic nerve density was greater than somatic density in all regions, and both autonomic and somatic density increased from proximal to distal, except dorsal to the distal CB (Figure 3). Examination of immunostained slides revealed autonomic nerves were distributed within erectile tissue of the corpora cavernosa and vascular structures at all levels. (Figure 2). Average somatic nerve density was highest dorsal to the distal CB, and was significantly higher than the somatic density dorsal to the glans (1.02% vs. 0.31%, P = 0.015). Somatic density was significantly lower ventral to the distal CB than ventral to the glans (0.25% vs. 0.61%, p = 0.037). Consistent with gross dissection, histologic examination revealed large nerve bundles of the DNC between the tunica albuginea (TA) and deepest layers of subcutaneous tissue along the distal CB. Analysis of this dorsal subregion demonstrated significantly higher somatic and autonomic nerve density compared to surrounding dorsal tissue (3.7% vs. 0.23%, P = 0.01 for somatic, 1.63% vs. 0.39%, P = 0.0004 for autonomic).

**Conclusions:** Average somatic nerve density was greatest in a subregion dorsal to the distal CB, and decreased distally as nerve fibers penetrate the glans. This region may be most susceptible to direct injury due to the presence of large nerve bundles outside the protective TA layer. Autonomic density was greater than somatic density in all remaining regions analyzed and was distributed throughout erectile tissue and vasculature. Future research will focus on identifying the origin of autonomic nerve pathways within the perirectal and paravaginal tissue.

**Disclosure:** No
Methods: This is a prospective cohort study of women who experienced an OASI at the time of vaginal delivery and presented for care in our Postpartum Care Clinic (PPCC). Women meeting eligibility criteria were enrolled in a prospective database at their initial visit, after which patient and delivery characteristics were collected. Patients were subsequently contacted at 6- to 12-months and invited to complete an electronic survey, which included 7 questions developed internally utilizing a Likert scale (table 1). We compared survey responses based upon patient and delivery characteristics.

Results: 151 patients met eligibility criteria and were included in this analysis, with a median time to survey completion of 216 days [IQR: 204, 238]. Patients were a mean age of 31.1 (SD: ±4.1) years, with a mean BMI of 31.0 (±5.2) kg/m2 at the time of delivery. The majority of women were white (n: 118, 78.1%) and primiparous (122, 80.8%). 81 (53.6%) had a spontaneous vaginal delivery and 131 (86.8%) had a third-degree laceration. At the 6-to-12-month survey, 144 (95.4%) responded affirmatively (very good/good) regarding the education they received (question 1), and 146 (96.7%) responded affirmatively (very good/good) regarding the care they received in the PPCC (question 2). 146 (96.7%) reported being very/somewhat satisfied with the care they received (question 3), and 144 (95.4%) responded affirmatively (strongly agree/agree) that they would recommend the PPCC to family/friends (question 4). Regarding patient education, 112 (74.2%) strongly agreed/agreed the education received impacted their future childbearing plans (question 5), while 56 (37.3%) strongly agreed/agreed the education received changed their plan for future delivery mode (question 6). 107 (71.3%) strongly agreed/agreed they understood the tear they experienced prior to being seen in the PPCC (question 7). Women who answered affirmatively to question 5 (n = 112) had significantly lower UDI-6 (2.0 [IQR: 0.8, 4.0] vs 3.0 [IQR: 1.0, 6.0], P = .01) and Present Pain Index scores (2.0 [IQR: 0.0, 3.0] vs 3.0 [IQR: 2.0, 3.0] P = .03). Those who answered affirmatively to question 6 (n = 56) were significantly less likely to be white (38 [69.1%] vs 80 [86.0%], P = .01), more likely to have experienced a fourth-degree laceration (13% [23.2%] vs 7 [7.4%], P = .006), more likely to wear a pad for stool leakage (7 [12.7%] vs 3 [5.2%], P = .04) and more likely to have experienced a wound complication (9 [16.1%] vs 5 [5.3%], P = .03). Women who answered affirmatively to question 7 (n = 107) were more likely to have experienced a fourth-degree laceration (19 [17.8%] vs 0, P = .003).

Conclusions: Postpartum care in a subspecialty pelvic floor disorder clinic for women who experienced an OASI is associated with high patient satisfaction in over 95%. These clinics serve an important role in patient education and can in-...
Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Amara Therapeutics

Short Oral 109
TRENDS IN Hysterectomy FOR PROLAPSE: AN ANALYSIS OF THE EFFECT OF THE COVID-19 PANDEMIC
Y. Sifri1, A. Romanova1, S. Khalil1, C. Ascher-Walsh1, A. Hardart1. Icahn School of Medicine at Mount Sinai1

Introduction: The COVID-19 pandemic has had a considerable and evolving impact on delivery of surgical care to patients. During the early stages of the pandemic, resource scarcity was experienced by many healthcare systems. This led to the implementation of a surgical moratorium on elective surgeries in New York State between the months of March through June 2020. Certain specialties, specifically those performing elective surgeries, experienced significant strain and transformation.

Objective: This study aims to describe perioperative and intraoperative characteristics of patients undergoing hysterectomy for pelvic organ prolapse (POP) with and without concomitant urogynecology procedures between 2019-2021 at a multi-hospital healthcare system that experienced significantly strain and a subsequent moratorium on elective surgery during the first peak of the pandemic.

Methods: This is a retrospective cohort analysis of all patients in a multi-hospital healthcare system in New York City who underwent hysterectomy for POP from August 19th, 2019 through August 11th, 2021. Cases were identified using procedural and diagnostic codes for hysterectomy and POP, respectively. Patients were separated into three cohorts based on dates corresponding to phases of the COVID-19 pandemic. The ‘early peak’ was defined from March through June 2020, coinciding with the New York State moratorium. The primary outcome was the stage of POP for patients undergoing surgery. Secondary outcomes included concomitant urogynecologic procedures, route of surgery, time from indication to procedure, length of inpatient stay, and utilization of pre-operative medical assessment/clearance (POMA).

Results: A total of 253 cases were included: 106 (41.90%), 15 (5.93%), and 132 (52.17%) patients in the ‘pre-pandemic’, ‘early peak pandemic’, and ‘stable pandemic’ groups, respectively. Although not statistically significant, vaginal hysterectomy approach was performed less frequently during the ‘early peak pandemic’ and ‘stable pandemic’ cohorts (P = 0.0544). The ‘early peak pandemic’ cohort had significantly more stage IV POP compared to other cohorts (P = 0.0021). Rates of concomitant urogynecology procedures including slings, anterior or posterior repair, or apical repair did not differ between the cohorts. Further, cystoscopy was utilized intraoperatively more frequently in the ‘stable pandemic’ cohort (P = 0.0272). Time from surgical indication to operation was also significantly different with patients most frequently waiting at least 3 months in the ‘early peak pandemic’ group (P = 0.0132). Length of inpatient stay did not demonstrate a significant difference (P = 0.3982). The most frequent postoperative complication was transient voiding dysfunction, and this was observed more commonly in the ‘stable pandemic’ cohort (P = 0.0236), though overall no cases were complicated by persistent voiding dysfunction or urinary retention requiring surgical intervention in any group.

Conclusions: In late spring 2020, when the moratorium was lifted, surgical volume returned to pre-peak numbers. However, time from booking to day of surgery remained significantly longer during and after the ‘peak’. There was a statistically significant increase in patients with stage IV POP during the ‘early peak’ and ‘stable’ pandemic periods. There was a statistically significant increase in use of pre-cautionary measures peri and intra-operatively during the ‘peak’ and ‘stable pandemic’ periods with significant increases in use of POMA performed outpatient by anesthesia and an increased utilization of intraoperative cystoscopy.

Disclosure: No
Conclusions: ERAS implementation for FPMRS patients at a public hospital led to a significant decrease in LOS, inpatient admission, and perioperative morphine milligram equivalents used without a significant increase in 30-day ED returns. While the COVID-19 epidemic resulted in an accelerated adoption of ERAS protocol, it was found to be safe and effective in our underserved FPMRS patient population.

Disclosure: No

Short Oral 111
GENDER BALANCE IN US FPMRS FELLOWSHIP PROGRAM LEADERSHIP
S. DeAndrade1, S. Eckhardt1, K. Lau1, T. Yazdany1, Harbor UCLA1

Introduction: The proportion of female physicians in the workforce has been steadily increasing, but the proportion of women in department leadership roles across the US remains low. Prior studies have noted that even within Obstetrics and Gynecology (Ob/Gyn), where 58.9% of the physician workforce is female, women in positions of leadership are the minority, and women are significantly more likely to hold educational leadership roles over department leadership roles. Female pelvic medicine and reconstructive surgery (FPMRS) has the highest representation of women in leadership roles across Ob/Gyn and Urology subspecialties; however, the proportion of women in leadership roles within FPMRS fellowship programs has not been described previously.

Objective: To describe the proportion of female faculty in leadership roles within FPMRS fellowship departments in the United States.

Methods: This was a cross-sectional observational study of FPMRS fellowship programs in the US. The study population was determined by a list of FPMRS fellowship programs maintained by the Accreditation Council for Graduate Medical Education (ACGME). Department websites were queried for those in fellowship director and division chair positions. Gender was determined by name and/or photographic gender expression. Geography was determined by state, then categorized into regions as determined by the US census bureau. Categorical variables were presented as either frequency or proportion and were used to calculate odds ratios.

Results: A total of 68 ACGME-accredited FPMRS fellowship programs were queried. Of these, 54 are Ob/Gyn-based programs and 14 are Urology-based programs. Overall, women represent 61.8% of fellowship directors and 49% of division directors. One in five female fellowship directors concurrently hold the role of division chair. Women are significantly less likely to be fellowship directors in Urology based FPMRS programs compared to Ob-Gyn based programs (21.4% vs 72.2%, OR 0.10, 95% CI 0.03 to 0.43). Women are also less likely to be division chairs in Urology based FPMRS programs compared to Ob/Gyn programs, though this did not reach statistical significance (20% vs 56%, OR 0.2, 95% CI 0.04 to 1.04). The greatest gender parity was observed in the South, where women represent 55% of fellowship directors and 50% of division chairs. The greatest gender disparity was observed in the Northeast, where women represent 72% of fellowship directors and 36% of division chairs.

Conclusions: Across all FPMRS fellowship programs, women comprise an equal proportion of division chairs and a larger proportion of fellowship director positions compared to men. However, gender parity is only observed in Ob/Gyn based FPMRS programs. Gender parity in leadership also varies by region.

Disclosure: No

Short Oral 112
RESPECT: 2021 ANNUAL AUGS SCIENTIFIC MEETING DEMONSTRATES COMMITMENT TO GENDER EQUITY DURING PRESENTATIONS
D. Das1, T. Mou1, K. Kenton1, M. Mueller1, J. Geynamin-Tan1, Northwestern University1

Introduction: Gender disparity continues to exist across all facets of medicine. One area of bias commonly reported among other surgical subspecialties is different presentation of formal titles at academic conferences.
Objective: The primary objective of our study was to evaluate differences in speaker introductions and addresses based on gender at the annual American Urogynecologic Society (AUGS) meeting. Secondary objectives were to assess differences in types of questions asked of speakers by both moderators and audience members based on gender.

Methods: This was a cross-sectional study performed at the 42nd annual AUGS scientific meeting on October 12-15, 2021 which was a hybrid in-person/virtual meeting. Main podium sessions, including general sessions, panel discussions, and special lectures were coded independently by two reviewers. Breakout sessions, posters, and roundtables were not included in this analysis. Data regarding introducer/moderator gender, speaker introductions and addresses (“Dr.” versus “first name”), speaker gender, questions by introducer/moderator and questions by audience members (critical versus non-critical), and audience member gender were collected. Questions from the virtual chat were not included in this analysis. For this study, gender was assumed by the surrogate of gender expression. Demographic information including academic degree, academic rank, and administrative and educational leadership positions were collected from publicly available scientific program materials and webpages. Groups were compared using Fisher’s exact test.

Table 1: Demographics of Speakers and Introducers/Moderators at Main Podium Presentations

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Speaker Characteristics (n=37)</th>
<th>Introducer/Moderator Characteristics (n=17)</th>
</tr>
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<tbody>
<tr>
<td>Gender</td>
<td>N (%)</td>
<td>N (%)</td>
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<tr>
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<td>12 (71)</td>
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<tr>
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<td>1 (6)</td>
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</tr>
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<tr>
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<tr>
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Table 2: Speaker Question Pairs by Audience Members and Introducers/Moderators

<table>
<thead>
<tr>
<th>Audience Member/Gender</th>
<th>Speaker Gender</th>
<th>Critical Questions</th>
<th>Non-critical Questions</th>
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<td>5</td>
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</tr>
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<td>1</td>
<td>3</td>
<td>1.00**</td>
</tr>
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<td>2</td>
<td>7</td>
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<td>Either</td>
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<td>12</td>
<td>1.00**</td>
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Disclosure: No

Short Oral 113
FRACTIONAL CO2 LASER TREATMENT OF GENITOURINARY SYNDROME OF MENOPAUSE IN BREAST CANCER SURVIVORS
K. Ferrante1, S. Menefee1. Kaiser Permanente San Diego1

Introduction: Fractional CO2 laser therapy is a novel treatment for genitourinary syndrome of menopause (GSM). This therapy may be particularly helpful in women who incur higher than usual risk of using low dose vaginal estrogen which is a standard treatment for GSM.

Objective: The objective of this study was to determine the effectiveness and safety of fractional CO2 laser in breast cancer survivors with GSM.

Methods: This was a retrospective review of a cohort of female breast cancer survivors suffering from GSM (defined as one or more of the following symptoms without other known cause: vaginal dryness or pruritus, dyspareunia, dysuria, urinary urgency or frequency) receiving treatment with fractional CO2 laser therapy. Patients underwent 3 to 5 treatments 6 weeks apart as an initial series of therapy. They were invited to follow up for yearly maintenance therapy of one treatment. Patient improvement was measured using estimated percentage of improvement (EPI) at completion of initial treatment course and again at annual follow up. Patients were also asked about adverse events at each visit.

Results: Forty-eight women completed at least 3 treatments. There were no serious adverse events. The most common adverse events were vaginal spotting and vulvar discomfort. All women reported some degree of improvement in GSM symptoms as measured by the EPI. Seventy five percent of patients were at least 70% improved after their initial series. Mean EPI was 74.3% (+/- 22.9%). The majority of women underwent 3 treatments (25/48; 52%), 21% (10/48) required 5 treatments. Fourteen women had a yearly follow up treatment with a mean EPI of 71.8% (+/- 27.1%). Twelve of the 14 women had an EPI within 20% of the EPI seen at the last follow up visit of their primary series. Of those who were not within that range, one had improved by 35% and another reported no improvement after a 70% EPI after her initial series.

Conclusions: Fractional CO2 laser treatment resulted in improvement of GSM symptoms in a majority of breast cancer survivors in this study with no serious adverse events.

Disclosure: No

Short Oral 114
THE ROLE OF PESSARIES IN THE TREATMENT OF PELVIC ORGAN PROLAPSE: A SYSTEMATIC REVIEW AND META-ANALYSIS OF QUALITY-OF-LIFE IMPROVEMENT
S. Sansone1, C. Sze1, J. Mao2, B. Chuhta3. NewYork-Presbyterian/Weill Cornell Medicine1, Well Cornell Medicine2

Introduction: Pelvic organ prolapse (POP) can have a significant impact on a patient’s quality of life. Several options are available for POP that range from conservative measures to more invasive surgical options. Pessaries are common noninvasive management option for POP, though few prospective studies have evaluated their efficacy.

Objective: To evaluate the existing evidence on the efficacy of pessaries for the treatment of POP in regards to patients’ quality-of-life improvement.

Methods: We searched for the terms “pelvic organ prolapse” and “pessary/ies/im or vaginal support device,” and “safety or safe or outcome or complication or efficacy or effective or effectiveness” in PubMed, Embase, and Cinahl on March 16, 2020. Studies that characterized pre-treatment and post-treatment mean scores and standard deviations (SD) for standardized questionnaires following the

Disclosure: No
pessary use were included. Studies performed in pediatric populations, pregnancy, and use of pessaries not for prolapse were excluded. Three reviewers independently screened and assessed data quality and risk of bias according to PRISMA guidelines. For the meta-analysis, the change in pre-treatment and post-treatment questionnaire scores were pooled when those values were reported by at least three studies, which included those for the Pelvic Floor Distress Inventory Short Form-20 (PFDI-20) and Pelvic Floor Impact Questionnaire Short Form-7 (PFIQ-7) with the subscale Pelvic Organ Prolapse Impact Questionnaire (POPIQ-7). When appropriate, mean and SD were derived from median and interquartile range when only those values were reported. For studies that reported only the mean but not SD, a pooled SD was imputed based on all studies that reported SD. A random-effects meta-analysis model was used to combine the estimates and capture between-study heterogeneity using the I²-statistic. Publication bias was examined using funnel plots and the Begg-Mazumdar rank correlation test.

**Results:** Eight studies including 627 patients were included for systematic review (Table 1). When reported, the majority of patients had stage III prolapse (48%, n = 282/586) followed by stage II prolapse (43%, n = 253/586). Follow-up was variable among studies, though the majority conducted follow-up visits with questionnaire distribution at 3-month intervals. Study descriptions and extracted demographic variables are in Table 1. For the meta-analysis, studies by Ai et al., Mao et al., and Patel et al. were pooled together for PFDI-20, PFIQ-7, and POPIQ-7. A negative change between post-treatment and pre-treatment mean scores was noted for all questionnaires, signifying improvement following pessary use: PFDI-20 mean change = -46.12, SD = 65.39; PFIQ-7 mean change = -35.99, SD = 45.96; POPIQ-7 mean change = -16.27, SD = 26.84 (Figure 1). P-values for the I²-statistic were > 0.05 among all estimates (Figure 1), showing that we did not observe a significant difference in studies, with funnel plots (Figure 2) further illustrating this.

**Conclusions:** Based on improvements in standardized questionnaire scores among several studies, pessaries are an effective treatment option for prolapse. This supports pessary use for quality-of-life improvement, though larger studies with longer-term follow-up are warranted.

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**Disclosure:** No
sling (MUS) is a monofilament polypropylene of proven efficacy and safety in clinical trials and everyday practice. Being one of the most investigated SUI procedures, it has become the gold standard, and its prevalence has increased, resulting in declining numbers of other surgical treatments for SUI. There is little research specifically exploring counseling practice for the surgical management of SUI of pelvic floor surgeons as the mesh controversy has evolved.

Objective: To investigate doctors' opinions of the use of synthetic mesh for the treatment of SUI and the effect on patients' attitudes following recent adverse publicity and legal findings.

Methods: An international survey was distributed between December 2019 and May 2020. This electronic survey was approved by International Urogynecological Association (IUGA) and the American Urogynecologic Society (AUGS) and distributed to their members. The study population was practitioners who provide consultation and treatment for women with SUI. The Survey comprised of 16 questions: 10 assessing patient consultation with SUI, and six concerning respondents' (surgeons') demographics (Table 1).

Results: Five hundred and ninety-three surgeon respondents completed the Survey. The preferred initial surgical treatment for SUI was retropubic Midurethral sling (MUS) (62%), followed by trans-obturator MUS (19%), mini slings (10%) and then bulking agents (5%). Despite prolongation of consultation, majority of respondents (87%) believed that clinicians should provide patient information leaflet (PIL) to their clients. However, only 70% of respondents are doing this in practice. Majority of participants would use either IUGA or their institution PIL (61%). Only 8% felt that patients have a positive preconception of synthetic mesh for SUI. 83% of respondents haven't changed their recommendations for treatment and consent process. A logistic regression

<table>
<thead>
<tr>
<th>Question number</th>
<th>Question</th>
<th>Options</th>
<th>Acceptable answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q1 - Do you feel the majority of your patients have preconceived ideas about using synthetic mesh for the treatment of SUI?</td>
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<tr>
<td>1. Yes, negative preconception</td>
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<td>2. Yes, positive preconception</td>
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<td>3. No</td>
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<tr>
<td>Q2 - Do you think patients should receive patient information leaflets (PIL) while consulting?</td>
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<td>1. Yes</td>
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<td>2. No</td>
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<tr>
<td>3. Indifferent</td>
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<td>Q3 - Have you changed your consent process to include new information on synthetic mesh?</td>
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<td>1. I have not changed my consent process</td>
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<td>2. I have changed my consent process</td>
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<td>3. I have not changed my consent process</td>
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Table 1: Survey questions (Q1-Q15)

<table>
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<tr>
<th>Question number</th>
<th>Question</th>
<th>Options</th>
<th>Acceptable answer</th>
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</thead>
<tbody>
<tr>
<td>Q30 - Do you feel the majority of your patients have preconceived ideas about the use of synthetic mesh for the treatment of SUI?</td>
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<tr>
<td>1. Yes, negative preconception</td>
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<td>2. Yes, positive preconception</td>
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<td>3. No</td>
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Appendix E - Closed items
model identified preferences of certain geographic areas as predictors of consenting practices. Clipped answers are presented in Table 2.

Conclusions: Despite the negative publicity and the current medicolegal litigation involving MUS for SUI treatment, the majority of surgeon respondents still prefer this as the initial surgical treatment for SUI. Most clinicians value PIL in the surgical consent process.

Disclosure: No

Short Oral 116
SHORTAGE OF SPECIALIZED PELVIC FLOOR THERAPISTS ACROSS THE COUNTRY
C. Cisneros1, K. Tabak1, M. Torosis1, AL. Ackerman1. University of California Los Angeles2

Introduction: Pelvic floor physical therapy (PFPT) is either first-line or the only recommended treatment for a wide range of urogynecologic conditions, including pelvic organ prolapse, overactive bladder, dysfunctional voiding, and pelvic pain. Prior studies of PFPT utilization have demonstrated poor rates of PFPT initiation (66%) and completion (15%), with further distance to travel associated with PFPT attrition. These studies, however, were performed in health care systems with access to specialized therapists; yet many communities do not have local therapists with the expertise needed for the effective treatment of pelvic floor disorders, further reducing the applicability of this vital therapy.

Objective: To examine regional variations across the United States in the accessibility of specialized physical therapists with a practice focus in pelvic health, incontinence, and sexual dysfunction.

Methods: Individual physical therapists and facilities offering pelvic health services registered with the American Physical Therapy Association (APTA) were catalogued by city, state, and zip code. We extracted information for all therapists documenting a practice focus in pelvic health, incontinence, or sexual dysfunction, also noting whether these providers were board-certified as a Women’s Health Clinical Specialist. Therapists were grouped by state and practice focus to determine population-normalized numbers of specialized physical therapy providers per state.

Results: Of 750 physical therapists registered on the APTA “Find a Provider” site advertising some form of pelvic health treatment, only 286 are board-certified women’s health clinical specialists. Of these, 116 are associated with multiple facilities. While 710 therapists (95%) advertised a practice focus in pelvic health, only 356 (47%) endorsed the treatment of incontinence. Only 208 (28%) therapists indicated a practice focus in sexual dysfunction. As expected, therapists were clustered around larger metropolitan centers, but surprisingly, when normalized to total population, numbers of all therapists offering treatment for pelvic floor therapy (median: 0.2, range: 0.0-0.5 per 100,000 persons) were similar to those specializing in women’s health clinical specialists (median: 0.1, range: 0.0-1 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000) and incontinence (median: 0.1, range: 0-1 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000). Sexual dysfunction was the most poorly covered condition (median 0.07, range: 0-0.5 per 100,000).

Conclusions: Patients with reasonable access to PFPT providers face significant barriers to completing a course of therapy. These data demonstrate a nationwide shortage of providers that likely further limits the accessibility of pelvic floor physical therapy. As not all therapists are registered on the APTA site, these numbers represent an underestimate of total available practitioners. This deficiency, however, underscores the many difficulties patients may face in identifying a skilled provider for care that may prove insurmountable when combined with poor insurance coverage and the time burden of treatment. The low-density coverage of specialized therapists across the country, highlights the importance of alternative treatment options for pelvic floor disorders.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Watershed

Short Oral 117
SEXUAL FUNCTIONING IN WOMEN WITH A SYMPTOMATIC PELVIC ORGAN PROLAPSE: A MULTICENTER RANDOMIZED CONTROLLED TRIAL BETWEEN PESSARY AND SURGERY
L. van der Vaart1, A. Vollebregt2, A. Milanis3, A. Lagro-Janssen4, R. Duizendraver5, J. Roosen1, C. van der Vaart1, Amsterdam UMC2, Spaulding Rehabilitation Hospital3, Reimer de Graaf Hospital4, Radboud UMC5, University Medical Center Utrecht6

Introduction: Pelvic organ prolapse (POP) has a negative effect on female sexual functioning (FSF). Women with bothersome POP symptoms can be treated with either pessary or surgery. The effects on FSF have not been compared between women undergoing pessary and surgery as treatment for POP. We performed a multicenter randomized controlled trial (RCT) comparing both treatment modalities. This abstract refers to a planned secondary analysis of the RCT, namely the effect of pessary and surgery on FSF in women with POP, measured with the Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire, IUGA-Revised (PISQ-IR).

Objective: To present the 1-year interim results of a planned secondary analysis of a 2-year RCT comparing the improvement in FSF for both sexually active (SA) and sexually inactive women (NSA) who are treated with either pessary or surgery for symptomatic POP.

Methods: Multicenter RCT to prove non-inferiority, based on our primary outcome (the Patient Global Impression of Improvement scale), of pessary as compared to surgery. We included women with symptomatic POP stage ≥2a and a successful pessary fitting procedure. This abstract refers to the effect of both treatment modalities on the PISQ-IR. In the PISQ-IR, for sexually active (SA) women a higher score indicates better sexual functioning, for non-sexually active (NSA) women a higher score indicates a greater impact of POP on sexual inactivity. Secondary outcomes included a switch from sexual status and degree of dyspareunia. Categorical outcomes were analyzed using a Chi-squared, or Fisher’s exact test as appropriate. Continuous data were analyzed using the independent t-test and we calculated the 95% confidence intervals (CI) using bootstrapping.

Results: A total of 439 women were included, 218 (49.7%) women in the pessary group and 221 (50.3%) women in the surgery group. The intention-to-treat analysis showed that SA women in the surgery group reported statistically significant more improvement on the condition-impact domain (mean difference -0.29; 95% CI -0.47 – -0.10, p < 0.01) and the summary score (mean difference -0.08; 95% CI -0.17 – -0.01, p = 0.04) compared to the pessary group. In the per-protocol analysis, SA women in the surgery group also reported more improvement on the condition-impact domain (mean difference -0.32; 95% CI -0.57 – -0.09, p < 0.01) and the summary score (mean difference -0.13; 95% CI -0.23 – -0.03, p = 0.02) as compared to the pessary group. No significant differences between pessary and surgery on the domains for NSA women were found. Eight (3.6%) women in the surgery group and 8 (3.7%) women in the pessary group developed de novo dyspareunia (p = 0.82). After surgery, women have 1.13 times higher odds (95% CI 0.5 – 2.5, p = 0.7) to become sexually active as compared to pessary.

Conclusions: Surgery, in comparison with pessary therapy, resulted in significantly more improvement in sexual wellbeing in sexually active women undergoing an intervention for symptomatic POP. In non-sexually active women, both treatment modalities had similar effects on sexual functioning. Therefore, sexually active women who clearly express that POP-related symptoms limit their sexual functioning should be counseled that surgery results in a more remarkable improvement.
Short Oral 118

USE OF CO2 LASER AND MICROABLATIVE RADIOFREQUENCY IN COITAL INCONTINENCE TREATMENT: A RANDOMIZED, CONTROLLED TRIAL

AS. Seki1, AMHDM. Bianchi-Ferraro2, ESM. Fonsenca1, MG. F. Santor1, D. Biella1. UNIFESP1

Introduction: According IUGA/ICS Coital Incontinence (CI) is defined as involuntary loss of urine during coitus. This symptom might be divided into that occurs during penetration or at orgasm. It occurs even during masturbation. CI is an embarrassing condition for women, a symptom that is rarely reported spontaneously and can cause psychosexual problems. Some authors attribute the loss of urine during penetration to stress urinary incontinence (UI) due to urethral sphincter incompetence and loss during orgasm associated to urgency UI. Moreover, was reported a significant improvement in CI after sling surgeries. Recently, vaginal energies such as laser (LS) and radiofrequency (RF) have been described as an alternative treatment of UI.

Objective: To evaluate the use of vaginal energies, LS and RF, in the treatment of CI.

Methods: This is a secondary outcome of a randomized, double blinded, controlled clinical study was performed using LS and RF for the treatment of stress UI (Laser and microablative radiofrequency for stress UI: a double blind randomized controlled trial—one year follow-up) presented at 45th IUGA Annual Meeting. Were eligible for the study women referring predominant stress UI, confirmed by stress test. After providing written informed consent, women were randomized to have either LS, RF or sham control group(SCT)(allocation ratio 1:1:1). Block randomization was performed using a computerized random number generator(Microsoft Excel). All participants and the outcome assessors were blinded to the intervention group, and only the physician who performed the treatment application was aware of it. The treatment protocol included 3 subsequent monthly energy application sessions. In the RF group was used Microablative Radiofrequency and LS group was used CO2 fractioned LASER. Participants in the SCT group were submitted to the same procedures; however, the equipment was blocked and could not release energy. The equipment’s display remained on, and sounds were emitted by pressing a pedal to ensure participant blinding. Follow-up visits occurred at 1, 6, and 12 months after the third procedure. Complications were assessed between treatment sessions and in all follow-up visits by clinical evaluation including physical exam.

Results: A total of 153 women with stress UI were enrolled, 139 were randomized and 114 women, 38 in each group, reached the 12-months follow-up. Of those 47/139 (33.8%) presented CI, that occurred mainly during penetration 32/47 (68%) (figure1). The groups were similar regarding demographic and clinical pretreatment parameters (Table1). A significant reduction of CI (P = 0.01) was observed during the follow-up with better results associated with the energy-treated groups, LASER and RF than SCT (Table2). Mild vaginal bleeding immediately after the treatment sessions was reported and it was reduced as the treatments progressed (LS 29-8%, RF 36-5%, SCT 24-0%). Dysuria was referred mainly after the first application (LS 23%, RF 5%, SCT 1%) and did not occur after the third session in any group. No urinary infection or vaginal mucosa scarification or fibrosis were observed.

Conclusions: CO2 LASER and Microablative Radiofrequency are outpatient options for CI treatment, with no major complications. They have similar results and present better results when compared to the sham control group.

Disclosure: No

Short Oral 119

IMPACT OF INTRAURETHRAL LIDOCAINE ON CYSTOMETRIC PARAMETERS AND DISCOMFORT, A RANDOMIZED CONTROL TRIAL

C. Hicks1, J. Schaffer2, J. Pruszyński3, D. Rahn1. University of Texas Southwestern Medical Center

Introduction: Standard teaching for urodynamic studies (UDS) is to use intravesical aqueous jelly for insertion and removal of transurethral catheters.

Table 1. Change in bladder pressure at maximal voiding detrusor pressure

<table>
<thead>
<tr>
<th>Group</th>
<th>Change in bladder pressure (mmHg)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laser</td>
<td>3.4 ± 1.2</td>
<td>0.037</td>
</tr>
<tr>
<td>RF</td>
<td>3.2 ± 1.1</td>
<td>0.034</td>
</tr>
<tr>
<td>Sham Control</td>
<td>2.8 ± 1.0</td>
<td>0.040</td>
</tr>
</tbody>
</table>

Table 2. Change in CI at 6 months post-treatment

<table>
<thead>
<tr>
<th>Group</th>
<th>CI reduction (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laser</td>
<td>7.8 ± 3.2</td>
<td>0.017</td>
</tr>
<tr>
<td>RF</td>
<td>8.4 ± 3.5</td>
<td>0.013</td>
</tr>
<tr>
<td>Sham Control</td>
<td>5.1 ± 3.0</td>
<td>0.021</td>
</tr>
</tbody>
</table>

Disclosure: No
Despite this, some patients find urodynamic catheter insertion/removal very uncomfortable. Lidocaine jelly as an alternative may decrease discomfort but could impact accuracy of UDS findings.

Objective: Determine whether intraurethral 2% lidocaine jelly meaningfully impacts sensation during filling (primary outcome: volume at strong urge to void) and decreases discomfort for patients. Further, determine whether use of the lidocaine jelly impacts other filling metrics or voiding parameters.

Methods: Women >18 years planning UDS for assessment of urinary incontinence or in preparation for prolapse repair surgery were eligible. Exclusions were known neurologic disease impacting voiding or continence, active UTI, prolapse that could not be effectively reduced during UDS, or bladder pain syndrome/IC. After completion of uroflowmetry, participants underwent "UDS#1" with 1-2 mL aqueous jelly intraurethrally; this consisted of cystometry, assessing volumes at first sensation, first urge, strong urge, and max capacity. DO was assessed (yes/no). A pressure-flow study was then completed, including measurement of "voiding efficiency" [i.e., voided volume/(voided volume + PVR)]. Discomfort as assessed by 100 mm visual analog scale was queried for catheter insertion, max capacity, during pressure flow study, and an overall assessment. The provider also gave her assessment of the patient’s discomfort. The participant was then randomized (stratified by presence/absence of DO during UDS#1) to insertion of additional aqueous jelly (i.e., “placebo”) vs. 2% lidocaine jelly, and 5-10 minutes later, UDS#2 was completed with the same measurements as UDS#1. The patient and urodynamicist were masked to the lubricant used for UDS#2. The hypothesis was that lidocaine during cystometry would NOT meaningfully impact sensation during filling; this was powered as an equivalence trial assuming average strong urge to void of 300 mL, standard deviation 100 mL, and an equivalence margin of 75 mL. Given alpha 0.05 and power 0.80, 62 participants were needed.

Results: Thirty participants were randomized to placebo and 33 to lidocaine for UDS#2. Demographics are in Table 1; groups appeared similar. The mean(SD) volume at strong urge was 277(163) mL and 282(146) mL for placebo and lidocaine, respectively, difference(90% CI) 5 mL(-62.9, 72.3). Other filling metrics were not significantly different (Table 2). Likewise, voiding metrics (Table 2) were not significantly different, including voiding efficiency, which was 94.6% for placebo and 95.9% for lidocaine. There were no significantly different differences in other filling or voiding metrics and there was greater improvement in discomfort scores using lidocaine for overall discomfort and the provider’s perception of patient discomfort.

Conclusions: Compared to placebo, use of lidocaine jelly for UDS resulted in approximately equivalent volumes for strong urge to void and no significant differences in other filling or voiding metrics, and there was greater improvement in patients’ overall impression of discomfort and the provider’s assessment of patient discomfort. While the magnitude of pain reduction is likely not clinically meaningful for most patients, in women anxious regarding catheter insertion or a past history of pain during urethral instrumentation, intraurethral lidocaine during UDS is a reasonable alternative to aqueous gel.

**Table 1. Demographics**

<table>
<thead>
<tr>
<th>Placebo</th>
<th>Lidocaine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years), Mean (SD)</td>
<td>62.9 (11.2)</td>
</tr>
<tr>
<td>Race, Ethnicity</td>
<td></td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>23 (77)</td>
</tr>
<tr>
<td>Black, non-Hispanic</td>
<td>4 (13)</td>
</tr>
<tr>
<td>Hispanic</td>
<td>2 (7)</td>
</tr>
<tr>
<td>Other</td>
<td>1 (3)</td>
</tr>
<tr>
<td>Insurance type</td>
<td></td>
</tr>
<tr>
<td>Private</td>
<td>16 (53)</td>
</tr>
<tr>
<td>Medicare</td>
<td>14 (47)</td>
</tr>
<tr>
<td>Self-pay</td>
<td>3 (10)</td>
</tr>
<tr>
<td>Current smoker</td>
<td>27 (90)</td>
</tr>
<tr>
<td>Parous [yes/no]</td>
<td>5 (17)</td>
</tr>
<tr>
<td>Prior surgery for SUI</td>
<td>3 (10)</td>
</tr>
<tr>
<td>Prior surgery for prolapse</td>
<td>14 (47)</td>
</tr>
<tr>
<td>Prior hysterectomy</td>
<td>4 (13)</td>
</tr>
<tr>
<td>2 ≤ UTIs in past year</td>
<td>2 (7)</td>
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<tr>
<td>Diabetes</td>
<td></td>
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<tr>
<td>Detrusor overactivity observed on UDS#1</td>
<td>12 (40)</td>
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<tr>
<td>Stage 0 or 1</td>
<td>2 (7)</td>
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<tr>
<td>Stage 2</td>
<td>12 (40)</td>
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<tr>
<td>Stage 3 or 4</td>
<td>6 (20)</td>
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<tr>
<td>n (%) except where otherwise stated, *randomization was stratified by presence/absence of DO</td>
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**Table 2. Filling & Voiding Metrics**

<table>
<thead>
<tr>
<th>Placebo</th>
<th>Lidocaine</th>
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<tbody>
<tr>
<td>First sensation</td>
<td>17 (9-44)</td>
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<tr>
<td>First urge to Void</td>
<td>137 (66-191)</td>
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<tr>
<td>Maximum Capacity</td>
<td>344 (177-505)</td>
</tr>
<tr>
<td>DO observed on UDS#2, n (%)</td>
<td>9 (43)</td>
</tr>
<tr>
<td>If yes, to what pressure cm H2O, median (IQR)</td>
<td>23.9 (7.0-32.4)</td>
</tr>
<tr>
<td>Normal completeness observed, n (%)</td>
<td>28 (100)</td>
</tr>
</tbody>
</table>

**Table 3. Participant Discomfort**

<table>
<thead>
<tr>
<th>Placebo</th>
<th>Lidocaine</th>
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<tbody>
<tr>
<td>Discomfort with/without (UDS#2)</td>
<td></td>
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the hysterectomy were excluded. The risk of SUI surgery after hysterectomy was calculated. We adjusted for income, educational level and parity. The joint effect of hysterectomy and parity was calculated in the main cohort and the joint effect of hysterectomy and vaginal birth or cesarean section on SUI surgery was explored in a sub cohort of women who only had one mode of delivery. All calculations were made using Cox proportional hazard model.

**Results:** A total of 83,370 hysterectomized women and 413,969 reference women were included in the study. We found a large increase in the number of SUI surgeries per year throughout the study period. In total, 4.1% of hysterectomized women and 1.5% of reference women had a SUI surgery 30 years after index time (figure 1). The overall risk of SUI surgery was almost tripled for women with a history of one or more vaginal births. Hysterectomized women with one vaginal birth had a 15.6 (CI 95% 11.0-22.1) risk of SUI surgery, while the risk for reference women with one vaginal birth was 5.7 (CI 95% 4.0-8.0). Overall, hysterectomized women had a three times higher risk of SUI surgery than the reference, irrespective of the number of vaginal births. One or more cesarean sections also increased the risk of subsequent SUI surgery among both hysterectomized women and the reference. The risk of SUI surgery was particularly increased for women with a history of one or more vaginal births. Hysterectomized women had a 1.6 (CI 95% 1.10-2.21) risk of SUI surgery, while the risk for reference women with one vaginal birth was 5.7 (CI 95% 4.0-8.0). Overall, hysterectomized women had a three times higher risk of SUI surgery than the reference, irrespective of the number of vaginal births. One or more cesarean sections also increased the risk of SUI surgery among both hysterectomized women and the reference. The risk of SUI surgery was particularly increased for women with a history of one or more vaginal births. Hysterectomized women had a 1.6 (CI 95% 1.10-2.21) risk of SUI surgery, while the risk for reference women with one vaginal birth was 5.7 (CI 95% 4.0-8.0). Overall, hysterectomized women had a three times higher risk of SUI surgery than the reference, irrespective of the number of vaginal births. One or more cesarean sections also increased the risk of subsequent SUI surgery among both reference and hysterectomized women.

**Conclusions:** This study signifies, in accordance with previous studies, that hysterectomy increases the risk of subsequent SUI surgery. Women should be informed about the increased risk of SUI and SUI surgery when offered hysterectomy. Gynecologists should include knowledge of the increased risk in the decision-making process and choose other treatments when possible. Further precautions should be taken when treating parous women, particularly those with a history of one or more vaginal births.

**Disclosure:** No

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**Table 1**

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* analysis performed in male cohort
** analysis performed in subgroups restricted to women who had no mode of delivery only and multiparous women

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**Short Oral 121**

**IS THE PRESENCE OF AN AVULSION INJURY TO THE LEVATOR ANI MUSCLE RELATED TO THE POSITION OF THE BLADDER NECK IN WOMEN WITH SUI?**

**J. Dvorak1, P. Cacciar1, D. Dumoulin2, A. Martan3, J. Maláša3, K. Švabík4, Charles University in Prague and General University Hospital, Prague, Czech Republic1, University of Montreal, Montreal, Canada2**

**Introduction:** Stress urinary incontinence (SUI) is a multifactorial condition and hypermobility of the urethra is one of the reasons. There is no increase in levator ani (LA) avulsion rate in women with SUI compared to the general population. However, the avulsion of LA reduces pelvic floor contractility. The pelvic floor contraction should elevate the bladder neck (BN) and prevent urine leakage during cough and increased of intrabdominal pressure. Therefore, we investigated whether the position of the BN at rest or during pelvic floor muscle contraction is affected by the status of the LA in women with SUI and with absence of prolapse (POP).

**Objective:** The aim of our study was to compare the BN position at rest and during the pelvic floor muscle in SUI women with and without LA avulsion.

**Methods:** This is a retrospective cohort study of women with history of SUI, without POP between years 2017 and 2021. Women included in the study were age 18 or older and had a history of SUI. They were examined by 4D pelvic floor ultrasound during maximal contraction and at rest. Volumes were stored for later offline, then analyzed by an evaluator who was blinded to clinical data. Avulsion of LA was diagnosed as previously described. Position of BN was defined by the distance to the horizontal line (H-line) that runs through lower symphysis margin. The elevation of BN was calculated as the difference between the location of BN during contraction and at rest. The distance form the H-line was measured in centimeters, with negative values showing the distance above the lower margin of symphysis pubis.

**Results:** We included 180 women taking part in a pelvic floor physiotherapy study. Participants had a mean age of 55.2 years (min 22, max 88), mean BMI of 27.6 (min 16.4, max 47.8) and mean parity of 1.7 (min 0, max 4). Avulsion of the LA was detected in 38 women (avulsion rate 21%). The mean position of the BN at rest was -2.60 cm (SD 0.36) in the avulsion group and -2.77 cm (SD 0.52) in the group without avulsion (P = 0.07). (Fig 2) The elevation of the BN was 0.74 cm (SD 1.3) in the avulsion group and 0.14 cm (SD 0.43) in the group without avulsion (P = 0.42). (Fig 3) The mean position of the BN on maximal contraction was -2.60 cm (SD 0.36) in the avulsion group and -2.77 cm (SD 0.52) in the group without avulsion (P = 0.07). (Fig 1) The mean position of the BN on maximal contraction was -2.60 cm (SD 0.36) in the avulsion group and -2.77 cm (SD 0.52) in the group without avulsion (P = 0.07). (Fig 2) The elevation of the BN was 0.74 cm (SD 1.3) in the avulsion group vs. 0.99 (SD 1.7) in group without avulsion (P = 0.42). (Fig 3)

**Conclusions:** We were not able to show a significant difference in BN position between SUI patients with and without avulsion injury, either at rest or during the pelvic floor contraction. Further, the elevation of the BN from rest to contraction was similar in both groups. Whether pelvic floor physiotherapy can modify BN position differently in each group is unknown. Our data shows that the baseline is same for both groups. Physiotherapy treatment are in progress. This project was supported by CIHR, grant number 364926.
Objective: This retrospective cohort analysis examined the IBM MarketScan Commercial and Medicare Supplemental Database (01/01/2016 – 09/30/2020). Adults (≥18 y at index date) with a diagnosis of OAB (≥1 inpatient or ≥2 outpatient medical claims ≥60 days apart) were included if they had ≥1 claim (earliest claim = index date) for either onabotulinumtoxinA (onabotA), mirabegron, or percutaneous tibial nerve stimulation (PTNS). Continuous enrollment in medical/pharmacy benefits was required for ≥1 yr prior to and not in-use under-diagnosis of this population.

Methods: This retrospective cohort analysis examined the IBM MarketScan Commercial and Medicare Supplemental Database (01/01/2016 – 09/30/2020). Adults (≥18 y at index date) with a diagnosis of OAB (≥1 inpatient or ≥2 outpatient medical claims ≥60 days apart) were included if they had ≥1 claim (earliest claim = index date) for either onabotulinumtoxinA (onabotA), mirabegron, or percutaneous tibial nerve stimulation (PTNS). Continuous enrollment in medical/pharmacy benefits was required for ≥1 yr prior to and not including the index date and for ≥14 months after the index date. A 1-4-month post-index window was selected to allow for the 6–7 month retreatment interval used with onabotA in clinical practice. Pts using onabotA, mirabegron, PTNS, or toxins other than onabotA before the index date, or with a neurogenic bladder diagnosis were excluded. Persistence was defined as ≥2 injections in the 14 months post-index date to allow a 30-day gap between injections (onabotA); continuous prescription claims with no gaps ≥30 days (mirabot); and an average of ≥12 injections in the 16 weeks post-index date followed by 1 treatment/month with no gaps ≥30 days (PTNS).

Results: Of 10,261 pts in this analysis, 698 used onabotA, 9249 used mirabegron, and 314 used PTNS. At baseline, mean age was similar between the onabotA and mirabegron groups and higher in the PTNS group (61.1, 62.7, and 77.8 y, respectively) as was baseline mean Charlson Comorbidity Index (1.5, 1.5, and 2.3). The percentage of pts with a commercial insurance plan differed among the 3 groups (68%, 61%, and 3%, respectively). During the 12-month pre-index period, 55.1% used anticholinergics in the onabotA group, while 38.9% and 36.9% used anticholinergics in the mirabegron and PTNS groups, respectively. Persistence rate at 14 months post-index date was highest in the onabotA group (45.8%; P < 0.0001; Figure 1).

Conclusions: Among pts with OAB initiating later-line therapy, onabotA had a higher persistence rate at 14 months post-index date compared with mirabegron and PTNS.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: AbbVie

Short Oral 123
A NOVEL SCREENING TOOL FOR IDENTIFYING MYOFASCIAL PELVIC FLOOR DYSFUNCTION IN PATIENTS SEEKING CARE FOR LOWER URINARY TRACT SYMPTOMS: DEVELOPMENT OF THE PERSISTENCY INDEX

AL. Ackerman1, M. Torosis2, N. Jackson1, J. Routh2, J. Lowder3. David Geffen School of Medicine at UCLA1, Duke University School of Medicine2, Washington University in Saint Louis3

Introduction: Patients with myofascial pelvic floor dysfunction often present with lower urinary tract symptoms (LUTS), such as urinary frequency, urge, and incontinence, easily confused with other lower urinary tract disorders. We have dubbed this condition myofascial frequency syndrome (MFS). A detailed pelvic floor myofascial exam performed by a skilled provider is currently the only diagnostic method to identify MFS. Despite a high impact on quality of life, the combination of poor access to specialty providers, low awareness of this condition with the lack of objective diagnostic tests leads to the frequent mis- or under-diagnosis of this population.

Objective: To develop an index to identify patients with MFS (both some LUTS secondary to myofascial pelvic floor dysfunction) using patient-reported symptoms.

Methods: A homogenous population of patients with MFS was identified by provider diagnosis from a tertiary urogynecology practice and verified by a standardized pelvic floor myofascial exam. We utilized Least Angle Shrinkage and Selection Operator (LASSO) to identify candidate predictors from the OAB-q, fGUPI, and PFDI questionnaires predictive of MFS in a pooled population of patients with overactive bladder (OAB, n = 42) and interstitial cystitis (IC/BPS, n = 51). A simple summated score of the most predictive questions using the original scaling of the PFDI (0 to 4) and GUPI (0 to 5) and modified scaling of fGUPI (0 to 3) defined the persistency composite index (PCI) (possible score 0-12), which had an AUC of 0.75. Next, the PCI was evaluated using a
validation set of 719 patients with a variety of LUTS, including OAB (N = 285), interstitial cystitis (n = 53), MFS (n = 111), and unknown diagnoses (n = 61). Youden’s Index was used to identify the optimal cut point PCI score for maximizing sensitivity and specificity.

**Results:** The severity (PFDI5) and persistent nature (fGUPI2b) of incomplete bladder emptying as well as dyspareunia (fGUPI2b) were the most discriminatory characteristics of the MFS group, which were combined to create the PCI (Figure 1). A PCI score greater than or equal to 6 accurately identified patients with MFS from an unselected population of individuals with LUTS with 67% sensitivity and 64% specificity (Table 1). Combination of the PCI with the previously-defined bladder pain composite index (BPCI) and urge incontinence composite index (UICI) separated a population of women seeking care for LUTS into groups consistent with OAB, IC/BPS, and MFS phenotypes with an overall diagnostic accuracy of 65% (Figure 2). Retrospective chart review of patients with PCI > 6 revealed that the pre-referral diagnoses for these patients were varied, including cystocele, urinary retention, dysuria, recurrent UTI, urethral pain, and urinary urgency, without a dominant diagnosis. Specialist evaluation reclassified almost all of these patients, with more than 75% of MFS subjects given a primary diagnosis of either high-tone pelvic floor dysfunction (37%), urinary frequency (29%), or pelvic pain (9%), validating PCI utility.

**Conclusions:** We propose a novel screening method for patients presenting with LUTS complaints to identify patients with myofascial frequency syndrome. As telemedicine becomes more common, this index provides a way of identifying these patients without the need for a detailed pelvic exam. As telemedicine becomes more common, this index provides a way of identifying these patients without the need for a detailed pelvic exam.

**Disclosure:** Any of the authors act as a consultant, employee or shareholder of an industry for: Dr. Ackerman receives grant support from MicrogenDx and Medtronic and is a consultant for Watershed Medical, Inc. Dr. Torosis is a consultant with Willow Innovations, Inc.
history of tobacco use were independent risk factors for overall recurrence (BMI HR 1.07, P = 0.022; Tobacco HR 1.94, P = 0.031). The rate of complications was similar between groups. Median follow-up time was 2.1 years (P = 0.76).

Conclusions: CP at the time of SCP is associated with concomitant anterior repair but is not associated with higher rates of AVP recurrence. CP at the time of SCP does not appear to increase risk of AVP recurrence or composite failure.

Disclosure: No
with DM (P = 0.04), as did A VP and apical prolapse more than one-half of total vaginal length (P < 0.001). On multivariate analysis, women with DM experienced significantly more A VP recurrence but not composite failure (AVP Hazard Ratio (HR) 1.13, 95% CI 1.02-1.25, P = 0.02; composite HR 1.07 95% CI 1.02-1.13, P = 0.01). Prior hysterectomy was also an independent risk factor for composite failure (HR 2.73 95% CI 1.16-6.78, P = 0.03).

**Conclusions:** In our cohort, DM was a risk factor for A VP recurrence but not composite failure at 2-year follow-up after robotic SCP. However, DM significantly increased the risk of composite failure as well as AVP over time. This was true despite patients having well controlled DM at time of surgery and post-operative exam.

**Disclosure:** No

**Short Oral 126**

**REDUCING URINARY TRACT INFECTIONS AFTER PELVIC SURGERY: A BUNDLE OF CARE**

G.K. Mann1, N. Koenig1, T. Lee2, R. Geoffrion1. University of British Columbia1, Centre for Health Evaluation and Outcome Sciences, University of British Columbia2

**Introduction:** Urinary tract infections (UTI) after inpatient pelvic reconstructive surgery for prolapse and urinary incontinence can lead to significant patient morbidity and healthcare costs. Patient care bundles combine several evidence-based interventions to provide significantly better outcomes than simple interventions. Bundling has significantly reduced postoperative surgical site infection rates in multiple fields, but has not been tested in urogynecology. Our previous study found a postoperative UTI rate of 17.6% among inpatients at our tertiary center within six weeks after pelvic surgery (2016-2017). Based on risk factors identified through our prior research, we implemented a bundle consisting of three changes to our usual clinical care: universal preoperative UTI check with treatment if positive; replacing prolonged postoperative voiding trials on the ward with discharge home with indwelling catheter/management by a nurse continence advisor the next day; daily cranberry extract for six weeks postoperatively.

**Objective:** We aimed to compare pre- vs. post-bundle implementation UTI rates among inpatients within six weeks of clean-contaminated pelvic reconstructive surgeries.

**Methods:** We conducted a retrospective cohort study of inpatients after implementation of the bundle strategy (September 1, 2019 – December 1, 2021) and compared them to pre-bundle historical controls. We excluded patient charts under undergoing obstetric, clean, dirty, contaminated, or outpatient procedures. We also excluded charts where compliance with any of the three arms of the bundle failed. We reviewed charts for patient demographics and pre-, intra-, and post-operative factors. UTI was defined as positive urine culture (≥100,000 CFU/mL) in the symptomatic patient. Ethics approval was obtained. Data analysis involved hypothesis testing and assessing the difference between pre- and post-bundle implementation incidence of postoperative UTIs. Logistic regression was used to compare the odds of UTI between pre- and post-bundle groups.

**Results:** We reviewed a total of 193 patients during our study period and included 93. We compared the results to 204 inpatient charts from the pre-bundle cohort. There was a significant difference pre- versus post-bundle in age (60.8 vs. 66.1, P = 0.001), placement of indwelling catheter at the end of surgery (91.2% vs. 100%, P = 0.003), and discharge home with indwelling catheter (11.8% vs. 22.6%, P = 0.016). Baseline demographics were otherwise similar. The rate of post-operative UTI up to six weeks after procedure was 6.5% in the post-bundle group compared to 17.6% in the pre-bundle group (P = 0.01). After adjusting for age, anti-incontinence surgery, non-urogynecologic surgery, surgical approach, intraoperative cystoscopy, and successful pass of the first trial of void, the adjusted odds ratio for post- vs. pre-bundle likelihood of UTI was 0.35 (95% CI: 0.13, 0.98; P = 0.045). Post-bundle patients were more likely to be discharged home on the first day post-operatively (37.7% vs. 76.3%).
p < 0.0001). The main reason for bundle non-compliance was continuation of trials of void on hand.

**Conclusions:** A clinical bundle can significantly decrease both UTI rates and hospital stay post reconstructive pelvic surgery. Further research is required with various patient populations to establish its role as standard of care.

**Disclosure:** No

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**Short Oral 127**

**MINI OR RETROPUBLIC SLING IN WOMEN WITH INTRINSIC SPHINCTER DEFICIENCY AT 6 MONTHS—AN RCT (MINI RISD)**

**LL. Ow1, C. Murray2, J. Alexander3, J. Lee4, A. Leitch5, P. Dwyer2, A. Rosamilia6. Monash Health1, Mercy Hospital2, University of New South Wales3**

**Introduction:** Intrinsic sphincter deficiency (ISD) is associated with a higher risk of failure and is difficult to treat. The retropubic (RP) sling and the "mini" single incision sling (SIS) are two treatment options. Comparison of the efficacy and safety for these procedures in an ISD population has not been determined. The RP sling has been shown to be superior to the obturator sling for the treatment of SUI associated with ISD1, however the RP sling is associated with more complications such as bleeding, bladder injury and voiding difficulty2,3. SISs provide a "hammock" support and are able to be placed under more tension than an obturator sling. It is plausible that SISs could be as effective as the retropubic sling but associated with less complications.

**Objective:** To assess if the SIS is as efficacious as the RP sling for women with urodynamic stress incontinence (USI) and ISD and compare clinical outcomes.

**Methods:** This was a multicenter randomized controlled trial involving women with USI/ISD. Demographic data of eligible women and POPQ examination was collected. Randomization to SIS or RP occurred in equal probability. Comitant prolapse operation was performed as required. Post-operative interview and examination were performed at 6 weeks and 6 months. Examination included uroflow, cough stress test and POPQ assessment. Standardized questionnaires were performed at 6 months. Primary outcome was to assess the objective cure rate (negative cough clinical cough stress test) of the SIS against the RP sling at 6 months post-surgery. Secondary outcomes included immediate and short term post-operative complications and patient reported outcomes. Categorical Outcomes were compared using the chi-squared test and continuous outcomes using the independent samples t-test for normally distributed data.

**Results:** 112 women have been randomized and completed 6 month follow up. 54 women were randomized to SIS and 58 women to RP sling. Results were analyzed by an ITT analysis. No women crossed groups. We did not achieve our sample size of 132 due to a combination of factors including withdrawal of approval of the SIS from the local regulatory body, Covid restrictions on recruitment/surgery and women’s reluctance to have mesh. Age analysis was 66 years and BMI 27. Table 1 shows results at 6 months. There was no difference in post-operative complications between the 2 groups however, one SIS was removed for groin pain. At 6 months, women who had no symptoms of SUI (72% RP group versus 72% SIS) and who had a negative cough stress test (87% RP versus 82% SIS) were similar. 78% in the RP group and 76% in the SIS group reported improvement as "very much better or much better" (RR 1.06 95% CI 0.68-1.66, P = 0.79). 2 women had repeat surgery at 6 months. One in the RP group (1.7%) and one in the SIS group (1.9%). At 2 years, 4 women in the RP group (6.9%) had repeat surgery and 6 in the SIS group (11.1%).

**Conclusion:** After six months, we are unable to show a difference in subjective or objective cure between groups. With time, more women had repeat surgery.

**Disclosure:** No
Methods: Postmenopausal women with symptoms of either pure SUI or stress predominant mixed urinary incontinence were instructed to apply a constant dose of estradiol cream vaginally (with written instructions). Baseline and post treatment outcome measures were obtained. Main outcome measures: The stress domain of the UDI-6 was the primary subjective outcome measure and the vaginal pH was the primary objective outcome. Other subjective outcomes included the International Consultation on Incontinence Questionnaire Urinary Incontinence Short Form (ICIQ-SF), Incontinence Impact Questionnaire-7 (IIQ-7), Most Bothersome Symptom (MBS) approach and Patient’s Global Impression of Improvement (PGI-I). The secondary objective outcome used was the erect cough stress test. Patient compliance was also recorded.

Results: There were 46 postmenopausal participants, median age 62.1 (IQR 56.2–65.4). At 12 weeks the stress domain of UDI-6 significantly improved from 83.3 (IQR 50–100) to 58.3 (33–86.6, P = 0.001 table 1 and fig 1a) and the vaginal pH from 5.1 (4.9–5.9) to 4.9 (4.6–5.0, P = 0.005). The pad test at 12-week follow-up measured <1 g in 18/43 patients (42%) and dry rate for the ICIQ-SF (table 1 and fig 1b) was 14/43 (33%).

Conclusions: Twelve weeks of vaginal estradiol cream significantly reduced symptoms of stress urinary incontinence in post-menopausal women.
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DOES TREATMENT OF LICHEN SCLEROSUS IMPROVE OVERACTIVE BLADDER SYMPTOMS?
K. Glavind1, HS. Odgaard1, S. Olsen1. 1Aalborg University Hospital

Introduction: Lichen sclerosus (LS) is a chronic disease which mainly affects the vulvar area in women. A few studies have shown a possible relationship between LS and overactive bladder (OAB) symptoms, but no studies have investigated whether OAB symptoms improve after initiating treatment of LS.

Objective: The aim of this study was to investigate whether the treatment of LS also improves OAB symptoms in women newly diagnosed with LS.

Methods: A prospective cohort pilot study based on questionnaires from women newly diagnosed with LS. Women above the age of 18 who were newly diagnosed with LS were included. The women completed two questionnaires at inclusion and after 3 months. The questionnaires consisted of the validated Overactive Bladder Questionnaire-long form (OAB-q-lf) (33 questions, max. score 198) and Overactive Bladder Questionnaire-short form (OAB-q-sf) (8 questions, max score 56). All women initiated treatment with local steroid according to standard procedure by the time of the LS diagnosis.

Results: A total of 40 women were included and 13 women dropped out during the data collection period. Comparing month 0 to month 3 for the remaining 27 women a mean difference at 28.8 points was observed for OAB-q-sf and a mean difference of 5.7 points was observed for OAB-q-lf. Both results showed a statistically significant difference after 3 months (p < 0.05). A total of 92.6% (25/27) of the data collection period. Comparing month 0 to month 3 for the remaining 27 women a mean difference at 28.8 points was observed for OAB-q-sf and a mean difference of 5.7 points was observed for OAB-q-lf. Both results showed a statistically significant difference after 3 months (p < 0.05). A total of 92.6% (25/27) of the women improved their OAB symptoms.

Conclusions: Treatment with local steroid improves OAB symptoms in women newly diagnosed with LS. Larger studies are needed to confirm these findings.

Disclosure: No
CORONAL PLANE IMAGING OF LEVATOR TRAUMA

HP. Dietz1, KL. Shiek2, Sydney Urodynamic Centres1, Western Sydney University1

Introduction: Levator ani avulsion is a major etiological factor in pelvic organ prolapse (POP). To date, levator trauma has primarily been defined on tomographic ultrasound (TUI) of the pelvic floor. Trauma to the levator was defined as a full unilateral or bilateral avulsion of muscle mass (0-100% on either side); see Figure 1. Tomographic trauma score as a comparator. Muscle mass estimate (0-100% on either side). Table 1 shows associations with symptoms and signs of prolapse. An estimate of muscle mass in the coronal plane may be the best available measure if axial plane (3D/4D) imaging is unavailable.

Conclusions: Levator trauma can be assessed in the coronal plane, and measures obtained in this plane are strongly associated with symptoms of POP and objective prolapse on POPQ and ultrasound. However, neither an estimate of remaining muscle mass nor measurement of muscle area are superior to tomographic trauma score in predictive performance as regards symptoms and signs of prolapse. An estimate of muscle mass in the coronal plane may be the best available measure if axial plane (3D/4D) imaging is unavailable.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Renovia Inc.

Short Oral 134

BRAIN ACTIVITY AFTER EXPOSURE TO ANTICHOLINERGIC MEDICATION IN WOMEN WITH OVERACTIVE BLADDER

RA. High1, Z. Shi2, JM. Danfod3, ET. Bird4, C. Karmok2, R. Khavan1, University of Texas Austin Dell Medical School1, Houston Methodist Research Institute1, Ascension Seton1, Baylor Scott and White Health4, Houston Methodist Hospital5

Introduction: Oral medications are frequently prescribed as therapy for overactive bladder (OAB). Anticholinergic medications have been associated with cognitive impairment in observational studies. The effect of two different classes of oral medications on brain activity has not been previously reported.

Objective: To evaluate the effect of anticholinergic (Ach) versus non-anticholinergic (Non-Ach) interventions on regional brain activation during a cognitive memory task.

Methods: Twelve women seeking therapy from community clinics were recruited to a randomized, double-blind, controlled pilot trial. Voids were transformed into Montreal neurological institute space and whole brain activation maps were compared across two groups: Ach (solifenacin 5 mg), b3 (mirabegron 25 mg), or placebo using functional magnetic resonance imaging (Siemens MAGNETOM Vida, 3.0 Tesla full body) acquired images during a cognitive memory task. Images were transformed into Montreal neurological institute space and whole brain activation maps were compared across two groups: Ach (n = 3) versus Non-Ach [(b3, n = 5) and placebo, n = 4]. Two-way mixed ANOVA for effects of group, time, and group by time interactions were performed for the primary outcome.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Materna Medical, GE Medical, Mindray
Results: The ACh group had lower depression scores (2.3 vs 6.9, P < 0.03) and higher learning scores (28.6 vs 15.8, P < 0.04) at baseline (Table 1). Anticholinergic cognitive burden scores were higher in the ACh group postintervention (8.0 vs 4.0, P < 0.03). Overall baseline to postintervention scores for the patient perception of bladder condition decreased (P < 0.01) and recognition scores increased (P < 0.02); scores did not differ by group. Baseline regional activation was similar across groups. Of 154 regions evaluated, 7 regions had significant (P < 0.05) differences in activation by two-way mixed ANOVA (Table 2). Right mammillary body activation was higher in the Non-ach versus the Ach group (F-statistic 4.8, P < 0.04) post-intervention. Over time (baseline to postintervention) right middle frontal gyrus (F-statistic 6.3, P < 0.02), superior frontal gyrus (F-statistic 7.9, P < 0.01) and right supramarginal gyrus (F-statistic 8.5, P < 0.01) activity decreased. Group by time interactions were present in the left amygdala, left cerebellar lingual, left mamillary body. Due to the low sample size in this study, the nature and significance of interactions is unknown.

Conclusions: Activation in regions involved in working memory decreased from baseline to postintervention while memory scores remained similar over time. Decreased activation may indicate repetition of the cognitive task requires less effort from regions involved in language processing, attention, and impulse control. This preliminary data is limited by a small sample size and powered trial with a larger sample is needed to adequately evaluate the effect of anticholinergic interventions.

Table 1: Clinical Characteristics of 11 subjects by group

<table>
<thead>
<tr>
<th></th>
<th>NormAd</th>
<th>ACh</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>67.7 ± 9.6</td>
<td>67.6 ± 9.6</td>
</tr>
<tr>
<td>Body Mass Index, kg/m²</td>
<td>31.5 ± 10.1</td>
<td>32.1 ± 10.2</td>
</tr>
<tr>
<td>Symptom Bladder score</td>
<td>0.0 (0.0, 0.0)</td>
<td>56.0 (4.0, 6.0)</td>
</tr>
<tr>
<td>Quality of life score</td>
<td>154.5 ± 15.0</td>
<td>153.5 ± 15.0</td>
</tr>
<tr>
<td>Patient Perceived Bladder Control*</td>
<td>4.0 (3.0, 5.0)</td>
<td>4.0 (3.0, 5.0)</td>
</tr>
<tr>
<td>Vitality*</td>
<td>11.14 (9.0)</td>
<td>12.63 (9.0)</td>
</tr>
<tr>
<td>Urgency episodes (d)</td>
<td>8.4 (3.6)</td>
<td>10.6 (3.6)</td>
</tr>
<tr>
<td>Incontinence episodes (d)</td>
<td>4.9 (2.6)</td>
<td>7.2 (2.6)</td>
</tr>
<tr>
<td>Baseline ACh cognitive burden (ABQI)*</td>
<td>4.8 (2.6, 5.0)</td>
<td>4.5 (2.6, 4.0)</td>
</tr>
<tr>
<td>Postintervention ACh*</td>
<td>4.0 (1.0, 5.0)</td>
<td>8.0 (4.0, 9.0)</td>
</tr>
<tr>
<td>Montreal Cognitive Assessment</td>
<td>27.1 ± 2.9</td>
<td>27.2 ± 2.8</td>
</tr>
<tr>
<td>Depression level (HADS)</td>
<td>3.0 (3.0)</td>
<td>3.0 (3.0)</td>
</tr>
<tr>
<td>Anxiety level (HAMA)*</td>
<td>8.3 (5.0, 13)</td>
<td>3.0 (2.0, 4.0)</td>
</tr>
<tr>
<td>Learning error index score</td>
<td>33.1 ± 6.1</td>
<td>70.5 ± 6.1</td>
</tr>
<tr>
<td>Short-term retention score</td>
<td>13.3 ± 4.0</td>
<td>10.3 ± 4.0</td>
</tr>
<tr>
<td>Long-term retention score</td>
<td>139.0 ± 64.0</td>
<td>103.9 ± 64.0</td>
</tr>
<tr>
<td>Reaction time (ms)</td>
<td>31.2 ± 13.8</td>
<td>54.2 ± 13.8</td>
</tr>
</tbody>
</table>

Table 2: Conclusions of Anticholinergic versus Non-Anticholinergic groups

Table 1: Elastographic parameters in subjects with stress urinary incontinence

Table 2: Elastographical parameters vs Overseas and controls subjects

Disclosure: No
Objective: To show the appearance of common variations and structural changes of the PM and describe detailed anatomy as seen on MRI in living women.

Introduction: Few critical pelvic floor structures are so seldom studied as the perineal membrane (PM). In recent research, women with prolapse have been shown to have 1) increased separation at the perineal body, 2) longer length of medial and lateral attachments, and 3) larger PM surface area compared to controls [1]. In the process of developing and publishing a technique to measure PM features on MRI [2], we have identified anatomy that contradicts what is shown in many medical illustrations and have found significant changes in PM morphology in the presence of levator injury. The appearance of PM structural changes in women with impaired pelvic support have not yet been described and could aid in advancing our knowledge of the prolapse mechanism.

Methods: Secondary analysis of a convenience sample of MR scans from three prior studies. A total of 53 MRIs were included comprising 10 young nulliparous women, 26 primiparous women with normal support, and 17 young parous women (<40yo) with prolapse. The PM was identified on 2 mm coronal scans surrounding structures as established by previous research [3].

Results: The overall appearance of the PM on MRI differed between nullipara, primiparous women with normal support, and young women with prolapse. The most variability was seen in the dorsal aspect (adjacent to the vagina and perineal body), whereas the anatomy was similar among different groups ventrally (near the urethra). In nullipara, the PM appeared as a mottled layer of tissue intimately connected to surrounding structures (e.g., levator ani and erectile tissue – and penetrated by dorsal clitoral branches of pudendal vessels). How- ever, in parous women, particularly when levator defects were present, PM showed anatomical distortion with dorsal and caudal displacement of medial attachments, acquiring a more vertical orientation, and spreading of the fibers (Fig. 1). In prolapse, the greatest distortion was seen in the dorsal aspect. In addition to changes observed in parous women with normal support, a midline separation could be seen so that the two ends of the PM were not connected to the perineal body, with clear loss of spatial relationship between pelvic structures (Fig. 2). MR images showed that PM is only attached to the ischiopubic ramus 2/3rds of the way from the symphysis to the tuberosity, in contrast to common depictions that have it extend to the tuberosity (Fig. 3).

Conclusions: Detailed anatomy of the PM can be seen on MRI. Structural abnormalities can be documented and their relationship to other pelvic floor injuries investigated. Depictions of the PM extending to a line between the ischial tuberosities are not correct. Comment: As reproducible techniques for assessing PM structural failure evolve with MRI and ultrasound, the biomechanical consequences of these abnormalities and potential surgical approaches to correct them can be explored. 1:AUGS/IUGA 2021; 2:PMID 33893825; 3:PMID 19375575

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Hologic

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INTRA- AND Interrater RELIABILITY IN LEVATOR ANI DEFICIENCY SCORING WITH 360° 3D ENDOVAGINAL ULTRASONOGRAPHY IN PRIMIPAROUS WOMEN

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Introduction: Vaginal childbirth affects the levator ani muscle complex, as well as the perineal muscles including the anal sphincters. Recently, emphasis has been directed toward Levator ani deficiency, as this may lead to pelvic floor dysfunction further on in life. Levator ani avulsion, the detachment of the puborectal and pubo-/iliococcygeal muscles from the pubic bone, is found in 10–35% of vaginally delivered women and appears with a loss of muscle thickness and gaps between muscle and pubic bone. The appearance of the Levator ani muscle subdivisions and a scoring system for evaluation of Levator ani deficiency by endovaginal 3D ultrasound has previously been described, where each muscle subdivision is scored respectively. Any scoring system must be evaluated according to how consistent it is when used by different raters. Using...
ultrasonography adds clinically useful information when assessing the levator muscle and informing women of risks and benefits of e.g., prolapse surgery. A reliable and repeatable interpretation is paramount to patient care. **Objective:** To evaluate the inter- and intra-rater and -probe reliability of assessing and scoring Levator ani muscle defects and to determine the level of repeatability of a previously published Levator ani deficiency scoring system (LAD-score). 

**Methods:** One hundred and forty-one primiparas from a cohort of women who gave birth at two delivery clinics were examined at least one year after vaginal birth. Three-dimensional endovaginal ultrasound volumes were acquired by a single examiner using two different automated 360° endovaginal ultrasound probes. The ultrasound volumes were analyzed at a later point in time by two separate raters with different levels of experience (5 and 15 years of experience, respectively). The raters were blinded to clinical data and to each other’s assessments. Each muscle subdivision was scored respectively from zero points for an intact muscle to three points for a complete avulsion, resulting in a maximum of 18 points for a total bilateral avulsion. The scoring system also entails a possibility to categorize the muscle deficiency into three categories (mild, moderate, and severe). Correlations within (intra-rater) and between (inter-rater) raters and probes were calculated using Kendall’s tau-b correlation.

**Results:** Most ultrasound volumes were interpretable, but due to technical factors 6.4% were missing dependent on rater, probe or repeated assessments. Intra- and inter-rater and -probe correlations were very high. Kendall’s tau-b correlations for intra-rater comparisons of LAD score and LAD category were 0.80 or higher for Rater 1 and >0.79 for Rater 2. The correlations for inter-rater comparisons of LAD score and LAD category were >0.9 for assessment 1 and >0.78 for assessment 2.

**Conclusions:** We found high correlations in the inter- and intra-rater and -probe comparisons. We therefore conclude that the Levator ani deficiency scoring system is a reproducible and applicable method. Hence, using the scoring system in clinical practice may improve concordant assessment of the levator ani muscle between different examiners thus providing more consistent information in day-to-day patient care.

**Disclosure:** No

**Short Oral 138**

**COST-EFFECTIVENESS OF URETHRAL BULKING WITH POLYACRYLAMIDE HYDROGEL COMPARED TO OTHER TREATMENTS FOR STRESS URINARY INCONTINENCE**

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**University of Washington\(^1\), University of Connecticut Health Center\(^2\), Providence St. John’s\(^3\), Cleveland Clinic\(^4\), Yale University\(^5\), Stanford University\(^6\).

**Introduction:** Urethral bulking with polyacrylamide hydrogel (PAHG, Bulkamid\(^\text{®}\)) is a novel minimally-invasive treatment for stress urinary incontinence (SUI) that can be performed as an office or outpatient procedure. Compared to midurethral slings and other surgical treatment options, there are fewer complications and faster recovery for urethral bulking procedures. Recent data suggests higher success rates with PAHG than other traditional bulking agents, which can impact cost-effectiveness of treatment and could change utilization patterns.

**Objective:** Our objective was to perform a cost-effectiveness analysis comparing PAHG urethral bulking to other surgical and non-surgical SUI treatments.

**Methods:** We created a cost-effectiveness analysis using TreeAge Pro, modeling SUI treatments including no treatment, pessary, pelvic floor physical therapy, urethral bulking with PAHG, bulking with non-PAHG agents, midurethral slings (MUS), open and laparoscopic Burch colposuspension, and pubovaginal autologous slings. The time horizon was 2 years after initial treatment allowing for retreatment for recurrent SUI or complications. Expert urogynecologists developed SUI treatment pathways including recurrence with potential reoperation and complications. We assumed that 75% of PAHG procedures would be performed in the office and the rest at an outpatient surgical center. We modeled up to 3 rounds of urethral bulking in a 1-year period for both PAHG and non-PAHG treatments. Costs (2021 US$) included index surgery, surgical retreatment, and complication management including urinary retention, de novo urgency, and mesh exposure. We measured effectiveness with quality-adjusted life years (QALY) which ranged from 0-2 over two years. The incremental cost-effectiveness ratio (ICER) was calculated for non-dominated treatment strategies (ΔCost/ΔQALY), with a willingness-to-pay (WTP) threshold of ICER<$100,000/QALY. Costs, probabilities, and utilities were gathered from Medicare reimbursement data and published literature.

**Results:** Treatment with MUS had the highest effectiveness (1.86 QALY) followed by PAHG (1.82 QALY), a difference less than the minimally important difference for utilities of 0.03 annually (0.06 per 2 years). The four cost-effective strategies included pessary, pelvic floor physical therapy, PAHG and MUS (Table 1). Non-PAHG bulking was dominated by PAHG with both lower costs and higher effectiveness. MUS similarly dominated other surgical strategies. When 25% of PAHG procedures were performed in the office setting (base case 75%), PAHG remained a cost-effective option. While MUS was the preferred treatment due to the highest QALYs with ICER-WTP, when compared to PAHG the 14.6% increase in costs (Δ $739) yielded only a 2.2% gain in QALY (Δ 0.04) at 2 years. Multiple one-way sensitivity analyses were performed, and no other reasonable thresholds would change the conclusions.

**Conclusions:** When the proportion of PAHG urethral bulking procedures performed in the office is greater than 58%, PAHG is a cost-effective treatment for SUI along with pessary, pelvic floor physical therapy and midurethral sling. While midurethral sling is more effective and therefore the preferred SUI treatment, alternate health systems with limited resources may place higher value on the lower costs with PAHG urethral bulking.

**Disclosure:** No

**Table 1. Cost-effective Treatment Strategies for Stress Urinary Incontinence**

<table>
<thead>
<tr>
<th>Strategy</th>
<th>Cost/-Year</th>
<th>Δ Cost/ΔQALY</th>
<th>WTP</th>
<th>ICER</th>
<th>Δ Utility</th>
<th>Δ Δ Utility</th>
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<tbody>
<tr>
<td>PAHG</td>
<td>$1763.75</td>
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<td>$2341.93</td>
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<td>PAHG</td>
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<td>1.04</td>
<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
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<tr>
<td>PAHG</td>
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<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
</tr>
<tr>
<td>PAHG</td>
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<td>1.04</td>
<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
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<tr>
<td>PAHG</td>
<td>$4505.58</td>
<td>1.77</td>
<td>1.04</td>
<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
</tr>
<tr>
<td>PAHG</td>
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<td>1.86</td>
<td>1.04</td>
<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
</tr>
<tr>
<td>PAHG</td>
<td>$7917.97</td>
<td>1.73</td>
<td>1.04</td>
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<tr>
<td>PAHG</td>
<td>$7289.07</td>
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<tr>
<td>PAHG</td>
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<td>1.85</td>
<td>1.04</td>
<td>0.01</td>
<td>0.01</td>
<td>$2341.93</td>
</tr>
</tbody>
</table>

**PAHG= polyacrylamide hydrogel**

Effectiveness was measured in Quality-Adjusted-Life-Years (QALY) at 2 years; ICER = incremental cost-effectiveness ratio calculated as ΔCost/ΔQALY. *ΔICER* only calculated for the non-dominated treatment strategies.

**Disclosure:** No

**Short Oral 139**

**MEASUREMENT OF PREOPERATIVE AND POSTOPERATIVE ACTIVITY USING CONSUMER- GRADE FITNESS TRACKERS IN WOMEN UNDERGOING RETROPUBIC MIDURETHRAL SLING FOR SUI – A PROSPECTIVE OBSERVATIONAL STUDY**

Z. Cope\(^1\), J.R. Stewart\(^1\), K. Meriwether\(^1\), J. Gaskins\(^2\), A. Gupta\(^1\), S. Scheidel\(^1\), J. Warehime\(^1\), R. Feroz\(^1\), S. Lenger\(^1\), S. Francis\(^1\). University of Louisville School of Medicine\(^1\), University of Louisville\(^2\).

**Introduction:** Previous studies have demonstrated that for many women urinary incontinence can be an impediment to performing exercise. A midurethral sling (MUS) has repeatedly shown symptom improvement for women experiencing...
stress urinary incontinence (SUI) allowing a reasonable conclusion that activity rates/frequency of exercise should increase after treatment. Prior studies have as-
sumed increases in objectively measured physical activity levels via validated questions. To our knowledge there are currently no prior reports of pre- and post-operative physical activity evaluation using objective measurement devices such as personal fitness trackers or accelerometers in patients undergoing surgical treatment for SUI.

**Objective:** To determine the difference between objectively measured preoperative and postoperative activity levels in women undergoing placement of a MUS for SUI.

**Methods:** Patients undergoing MUS placement were provided a commercial activity tracker that was worn on their wrists and paired to an application on their phones that measured heart rate and caloric expenditure. Participants were required to utilize the device for at least 1-week preoperatively and as often as possible for 6-months postoperatively. Concomitant surgeries for pelvic organ prolapse were permitted. Baseline demographics and surgical outcomes were collected. Paired t-tests were used to assess differences between time points and two sample t-tests and ANOVA were used to compare differences between groups; all comparisons were two-sided at a significance level of alpha = 0.05.

**Results:** Seventy-two patients were able to provide at least one-week of preoperative data and consistently wore the activity tracker for up to 26-weeks postoperatively. The device was worn for a mean of 18.4 ± (SD)=12.1 days prior to surgery and 91.7 ± 53.3 days postoperatively. Mean age of participants was 51.9 ± 9.4 and 79% of subjects were BMI class overweight or obese. A concomit-
ant hysterectomy was performed for 21% of the subjects, 34% had a concomit-
ant prolapse reduction procedure and 54% had sling placement as the primary procedure. Preoperatively the mean daily caloric expenditure (MDCE) was 1673 ± 316 while postoperatively the MDCE was 2018 ± 330 calories/day. There was no significant difference in MDCE in the pre or postoperative period when comparing those who had a hystere-
tomy (n = 15) versus those subjects who did not have a hysterectomy (n = 57). Postoperative weeks 1–6 had a MDCE of 1967 ± 349 calories/day which was significantly lower than the MDCE of 2120 ± 339 calories/day in post-operative weeks 7-26 (P < .001). When comparing postoperative weeks 7-26 to weeks 1-6 there was a MDCE difference of 107 ± 221 (P < .001) calories/day. While there were no significant differences in the preoperative MDCE when comparing body mass index (BMI) classes (P = 0.296) – there was a significant difference in MDCE between the classes in the postoperative period. Regarding obesity class-II and III patients; 45% had at least a 500-
MDCE increase in the postoperative period (P = 0.005) with patients in the obese BMI categories having the largest increase in MDCE.

**Conclusions:** Treatment of stress urinary incontinence with a midurethral sling is associated with a greater caloric expenditure in the postoperative period.

**Disclosure:** No

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**Short Oral 140**

**TIME TO ONABOTULINUMTOXINA THERAPY FOR OAB:**

**TIME FOR A CHANGE?**

K. Laut1, T. Whitaker1, S. Eckhardt1, S. DeAndrade1, T. Yazdany1. Harbor UCLA Medical Center

**Introduction:** Treatment guidelines for overactive bladder (OAB) progression in a stepwise fashion. Third-line interventions, including percutaneous tibial nerve stimulation (PTNS), sacral neuromodulation (SNM) and onabotulinumtoxinA, often take months before initiation. The American Urologic Association (AUA) and Society for Urodynamics, Female Pelvic Medicine and Urogential Reconstruction (SUFU) guidelines recommend first-line treatments for 8 to 12 weeks, second-line treatments for 4 to 8 weeks, followed by third line treat-
ments if needed. Data from employer-insured populations demonstrate that me-
dian time to third-line therapies is 37.7 months, significantly longer than 20-week period recommended by AUA and SUFU.

**Objective:** The primary objective of this study was to review time from initial consulta-
tion to Female Pelvic Medicine and Reconstructive Surgery (FPMRS) to receiving onabotulinumtoxinA at a safety net hospital and to analyze predictors of length of time to first treatment with onabotulinumtoxinA in an under- and uninsured population.

**Methods:** A single-center retrospective review was performed of FPMRS pa-
tients undergoing onabotulinumtoxinA for OAB from 2015-2021. Demo-
ographic and OAB therapy characteristics were collected and included in univariate linear regression analysis for the primary outcome of time to first onabotulinumtoxinA. Variables in univariate analysis that were significant with P < 0.10 were included in a multivariate analysis and considered significant if P < 0.05. A similar, separate linear regression analysis was conducted for the secondary outcome of treatment success. Success was defined as repeated treat-
mients with onabotulinumtoxinA or reported subjective success without addi-
tional management of OAB.

**Results:** 66 patients were included in the analysis with a median time from con-
sultation to first onabotulinumtoxinA treatment of 331.5 days (interquartile range 178-533 days). Among the included patients, 57.5% had undergone PTNS prior to onabotulinumtoxinA and 16.7% had received monthly mainte-
ance therapy (Table 1). Medical management of OAB was used in 89.3% pa-
tients with an average of 1.74 (SD 1.0) medications tried. Patients who underwent subsequent treatments with onabotulinumtoxinA received an aver-
age of 3.23 (SD 1.6) treatments. Eighty-two percent met criteria for success with onabotulinumtoxinA. In multivariate analysis, increasing use of PTNS therapy (B: 23 days per additional one PTNS session, 95% Confidence Interval (CI): 95%; 5 – 42 days, P = 0.01) and a prior incontinence procedure (B: 249 days, CI95%: 22 – 477 days, P = 0.03) were significantly associated with increased length of time from first consultation to onabotulinumtoxinA. No de-
ographic or OAB therapy characteristics were associated with treatment suc-
cess with onabotulinumtoxinA in univariate analysis.

**Conclusions:** In our study, time to onabotulinumtoxinA from initial consulta-
tion for patients in a safety net hospital was 331.5 days and eight-two percent of patients found treatment successful. Given the efficacy of onabotulinumtoxinA in this study sample and others, consideration should be given for more diligent follow-up for patients with OAB and possible reshaping of counseling regarding third-line management of OAB.

**Disclosure:** No

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**Table 1. Patient and Case Demographics for Urogynecological Surgeries**

<table>
<thead>
<tr>
<th>Patient Age</th>
<th>Pre-Intervention (N=29)</th>
<th>Post-Intervention (N=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>55 (10)</td>
<td>57 (5)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Patient Hispanic/Latino Ethnicity</th>
<th>Pre-Intervention (N=29)</th>
<th>Post-Intervention (N=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>27 (93%)</td>
<td>18 (61%)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number of Surgeons</th>
<th>Pre-Intervention (N=29)</th>
<th>Post-Intervention (N=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Procedure Type</th>
<th>Pre-Intervention (N=29)</th>
<th>Post-Intervention (N=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colpocleisis, Colpopexy, +/- Colporrhaphy</td>
<td>10 (35%)</td>
<td>21 (11%)</td>
</tr>
<tr>
<td>Total Vaginal Hysterectomy</td>
<td>12 (41%)</td>
<td>11 (38%)</td>
</tr>
<tr>
<td>Repair Posterior Vagina</td>
<td>2 (7%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Revision Sling</td>
<td>2 (7%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Robotic-Assisted Supravaginal Hysterectomy</td>
<td>2 (7%)</td>
<td>3 (11%)</td>
</tr>
<tr>
<td>Robotic-AssistedSacralColpopexy</td>
<td>1 (3%)</td>
<td>2 (11%)</td>
</tr>
<tr>
<td>Repair Vesicovaginal Fistula</td>
<td>0 (0%)</td>
<td>5 (5%)</td>
</tr>
</tbody>
</table>

Pre-intervention period corresponds to dates 1/1/2019-6/1/2019.
Values are reported as N (%) or mean (SD)

**Table 2. Pre- and Post-Operative (OAS) Outcomes for Urogynecological Surgeries**

<table>
<thead>
<tr>
<th>Pre-Intervention (N=20)</th>
<th>Post-Intervention (N=19)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Surgery</td>
<td>5 (25%)</td>
<td>17 (90%)</td>
</tr>
<tr>
<td>PICU Length of Stay (in hours)</td>
<td>271 (144)</td>
<td>215 (133)</td>
</tr>
<tr>
<td>Length of Stay (days)</td>
<td>0.8 (0.3)</td>
<td>0.3 (0.3)</td>
</tr>
<tr>
<td>ED Return within 30 days</td>
<td>0 (0%)</td>
<td>2 (11%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medication Usage</th>
<th>Pre-Intervention (N=20)</th>
<th>Post-Intervention (N=19)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intravesical Intravenous Fluids (milliliters)</td>
<td>1665 (875)</td>
<td>1210 (488)</td>
<td>0.03</td>
</tr>
<tr>
<td>Anticholinergics</td>
<td>3 (16%)</td>
<td>4 (21%)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Local Anesthetic</td>
<td>12 (60%)</td>
<td>10 (53%)</td>
<td>0.59</td>
</tr>
<tr>
<td>Antibiotics</td>
<td>1 (5%)</td>
<td>1 (5%)</td>
<td>1.00</td>
</tr>
<tr>
<td>Prophylactic</td>
<td>0 (0%)</td>
<td>1 (5%)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Unrelated</td>
<td>26 (67%)</td>
<td>18 (90%)</td>
<td>1.00</td>
</tr>
<tr>
<td>Overall Morbidity (adverse events)</td>
<td>0.69</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Perioperative</td>
<td>57 (28%)</td>
<td>42 (22)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Postoperative</td>
<td>45 (22)</td>
<td>36 (19)</td>
<td>0.69</td>
</tr>
<tr>
<td>Number of Operative Pts Prescribed</td>
<td>12 (31)</td>
<td>9 (23)</td>
<td>0.00</td>
</tr>
</tbody>
</table>

Pre-intervention period corresponds to dates 1/1/2019-6/1/2019.
Values are reported as N (%) or mean (SD)

**Disclosure:** No
**Short Oral 141**

**TIME TO PERCEIVED ONSET OF SYMPTOM IMPROVEMENT WITH AXONICS THERAPY IN THE ARTISTRY POST MARKET REGISTRY**

A. Pezzella, MD, K. Kenton, MD, M. Bradly, MD, A. Taylor, MD, C. Langford, DO, R. Krlin, MD, R. McCory, MD, V. Lucente, MD, R. Dmochowski, MMHC, MD, F. Lane, MD.

**Introduction:** The ARTISTRY post-market registry is intended to collect data on the Axonics rechargeable sacral neuromodulation (SNM) System in a real-world setting. Historically there has been the belief that patients with urinary retention (UR) and fecal incontinence (FI) require a longer external trial phase to determine benefit, yet there is little data to support this.

**Objective:** The purpose of this analysis is to determine the time to therapy response stratified by indication during the external trial phase.

**Methods:** Participants underwent an Axonics SNM external trial with either a peripheral nerve evaluation (PNE) or an Advanced Trial (AT) (i.e., timed lead trial). At the end of the trial, participants were asked when they first noticed symptom improvement and the implanting physician determined whether or not they were a Trial Responder (TR). Onset of symptom improvement for both trial types were analyzed by clinical indication.

**Results:** Two hundred three (203) participants are currently enrolled in ARTISTRY and data was available in 141 participants who underwent an Axonics SNM external trial with either a PNE or Advanced Trial (AT). Of the 87 participants that received a PNE lead, 80 (92%) were TR. The average duration of the PNE trial was 5.0 days. On average, TRs reported symptom improvement at 1.4 days (±0.7). Of the 54 participants that received an Advanced Trial, 100% were TR. The average duration of the AT was 9.3 days. On average, TRs reported symptom improvement at 2.1 days (±1.7).

**Conclusions:** The ARTISTRY post-market registry provides evidence of the real-world performance of the Axonics System, including the external trial system. Registry participants had a high Trial Responder rate (92% PNE TR rate, 100% AT TR rate) and reported experiencing improvement in symptoms very early in the trial period (1-3 days depending on condition and trial type). Time to response to SNM therapy stratified by indication has not been well studied. Historically, UR and FI patients have been thought to require a longer trial period to determine response to therapy. The initial results from the ARTISTRY registry suggest that patients, regardless of condition, may start experiencing symptom relief within days of starting their external trial. This suggests that UR and FI patients with adequate symptom frequency may be candidates for a PNE trial, although further analysis is needed.

**Disclosure:** Yes, this is sponsored by industry/sponsor: Axonics, Inc. Clarification: Industry initiated, executed and funded study Any of the authors act as a consultant, employee or shareholder of an industry for: Axonics, Inc.

**Short Oral 142**

**TRANSCUTANEOUS POSTERIOR Tibial Nerve Stimulation in Older Adults With Overactive Bladder**

P. Mariani, M. Naser, D. Castro, A. Castro, L. Medina, G. Fasce

**Introduction:** Overactive bladder (OAB) is twice as prevalent among older adults, with respect to younger individuals. This is due to physiological conditions associated with aging, as well as the comorbidities affecting this population. Treatment options for OAB include transcutaneous posterior tibial nerve stimulation (TcPTNS), which has been shown to control symptoms. The objective of this study is to evaluate the effectiveness of this therapy in older adults with OAB.

**Objective:** The objective of this study is to evaluate the effectiveness of TcPTNS in older adults with OAB

**Methods:** A prospective cohort study was conducted. The initial sample included 37 female patients, 65 years of age and older, with OAB; of those, patients who had undergone surgery for urinary incontinence, untreated prolapse of the third degree or greater, frequent urinary tract infections, a possible neurological basis for their symptoms, cognitive deficits that impeded their ability to follow instructions, and/or those with a life expectancy of fewer than 6 months were excluded. The final analysis included the complete data from 30 patients, who completed a three-day voiding diary and quality of life survey (OAB-Q), before and after receiving TcPTNS, which was self-administered daily by each patient in her home over the course of a month. Prior to the intervention, patients were trained to conduct TcPTNS, and correct use of the technique was validated before patients were given a transcutaneous electrical nerve stimulation (TENS) unit with superficial electrodes to use at home. A positive treatment response was at least a 50% reduction in episodes of urinary urgency. STATA V12.1 was used for data analysis, with a p-value of 5%.

**Results:** The average age of the 30 patients who completed treatment was 79 years (range: 68 – 90). No adverse effects were reported. After the monthly TcPTNS treatment, there was a significant improvement in all the parameters measured with the voiding diary and quality of life survey, compared to the baseline data (P < 0.05). The overall response to treatment was 53%, and 13% of patients reported no episodes of incontinence post-TcPTNS.

**Conclusions:** TcPTNS is an effective tool for controlling symptoms of OAB in older adults. Nevertheless, the treatment response among this sample was less than that reported in a younger population. Daily stimulation for a month achieves therapeutic effects similar to those described after weekly or bi-weekly stimulation over the course of three months.

**Disclosure:** No
Objective: To compare the incidence of dementia among women with OAB treated with AM and those who received other treatments. To determine whether the incidence of dementia is associated with specific AM drugs for OAB, cumulative AM exposure, and total anticholinergic burden.

Methods: This retrospective cohort study was IRB exempt. The electronic medical record was queried for ICD-9 and 10 codes to identify women aged 55 and older with a diagnosis of OAB and/or urgency incontinence. Women were excluded if they did not have at least 10 years of follow-up in the medical record system. Demographic data and comorbidities were abstracted. The total number of doses of AM used for OAB was calculated for each study subject. Three previously published anticholinergic risk scores were used to assess total anticholinergic burden for each study subject.

Results: 16,249 women aged 55 and older had a diagnosis of OAB during the study period. Of these, 7,141 (44%) received AM treatment for OAB and 9,108 chose alternative treatments. The number of women with incident dementia during the study period was 1,200 (7.3%). Women with dementia were older, less likely to be white, and had more comorbidities than those without dementia (Table 1). AM use was more common in the dementia group (55% vs 43%; P < 0.001). Oxybutynin and Trospium were the most commonly prescribed AM for OAB, with 50% of women in the dementia group using oxybutynin and 20% using trospium, compared to 40% and 11% of those without dementia, respectively. The mean cumulative dose of oxybutynin and the mean anticholinergic risk score was higher in the dementia group. On multivariable analysis, only age at OAB diagnosis (OR 1.13, CI 1.12-1.14, P < 0.001), diabetes (OR 1.43 CI 1.22-1.68, P < 0.001) and AM use (OR 1.26 CI 1.11-1.43, P < 0.001) were associated with a diagnosis of dementia.

Conclusions: Dementia in women diagnosed with OAB is associated with any AM use and higher cumulative exposure to AM. This association is maintained when controlling for coexistent comorbidities.

Disclosure: No

Short Oral 144
RACIAL DIFFERENCES IN URINARY CATHETER USE AMONG FEMALE LONG-TERM CARE RESIDENTS
S. Zuo1, M. Ackenbom1, J. Harris1. UPMC Magee-Women’s Hospital

Introduction: Long-term care (LTC) facilities are often segregated, and facilities with high proportions of racial minorities have lower quality performance and resident quality of life scores. Generally, intermittent catheterization is preferred over indwelling catheters for patients with bladder emptying dysfunction for prevention of catheter-associated urinary tract infections. Women are at higher risk of developing bacteriuria from indwelling urinary catheters, compared to men. To date, racial disparities in catheter utilization among women in LTC have not been reported.

Methods: We performed a cross-sectional analysis using the 2019 Minimum Data Set 3.0, which includes data from nursing home residents in Medicare/Medicaid-certified LTC facilities in the United States. All women residing in a qualifying LTC facility on April 4, 2019 were included to assess a cross-section of the nursing home population. Bivariate analyses were performed. Race and ethnicity were defined by resident/family report. To better assess the relationship between race and urinary catheter use, we devised a multivariable logistic regression model which included Hispanic ethnicity and variables associated with indwelling catheter use, including age, body mass index (BMI), dementia, recent surgery, neurogenic bladder, recent urinary tract infection, stage 3 or 4 pressure ulcer, life expectancy less than 6 months, comorbid state, and facility-level indwelling catheter prevalence.

Results: Our study cohort was composed of 496,580 women with mean (standard deviation (SD)) age 79.5 (12.0) years and mean (SD) body mass index of 27.9 (8.6) kg/m2 (Table 1). LTC female residents were predominantly White (77.7%), followed by Black (12.6%), Other (7.9%), Asian (1.7%), American Indian/Alaskan Native (0.4%), and Hawaiian/Pacific Islander (0.3%). Additionally, 4.4% of residents were of Hispanic ethnicity. There were 5.8% (n = 28,900) of female residents with an indwelling catheter and 0.35% (n = 1,750) who used intermittent catheterization. American Indian/Alaskan Native residents were most likely to have an indwelling catheter (7.9%) and Black residents were least likely (5.2%) (Table 2). Conversely, White residents were most likely to use intermittent catheterization (0.38%) and American Indian/Alaskan Native residents were least likely (0.17%). Using our multivariable logistic regression model, we found that Black residents had a lesser odds of having an indwelling catheter compared to White women (aOR 0.88, 95% CI [0.84, 0.92]), while Asian and “Other” race residents had a greater odds (aOR 1.11, 95% CI [1.03, 1.23]; aOR 1.09, 95% CI [1.02, 1.17]) (Table 3). Black residents also had a lesser odds compared to White residents of using intermittent catheterization (aOR 0.59, 95% CI [0.49, 0.71]).

Conclusions: This study suggests that racial disparities in both indwelling catheter use and intermittent catheterization persist in LTC female residents. Further research is warranted to better understand the finding of lower indwelling catheterization rates in Black women in LTC facilities, which may suggest either undertreatment of these patients or better quality of care.

Disclosure: No
Disclosure: No

Short Oral 145
PELVIC FLOOR DISORDER ASSESSMENT OF KNOWLEDGE AND SYMPTOMS: AN EDUCATIONAL INTERVENTION FOR SPANISH-SPEAKING WOMEN (PAK'S STUDY)
K. Muniz1, M. Gomez2, C. Ortiz2, L. Grado2, R. Cerna4, K. Carson5, CCG. Chen1. Johns Hopkins University School of Medicine1, SUNY Upstate Medical University2, Maimonides Medical Center3, University of Maryland4, Johns Hopkins Bloomberg School of Public Health, Johns Hopkins University School of Medicine5

Introduction: Pelvic floor health workshops have previously been shown to be effective in improving postpartum knowledge, performance of pelvic floor muscle exercises, and bowel-specific quality of life.

Objective: The purpose of this study is to determine if an educational workshop on pelvic floor disorders (PFDs) administered via a video intervention will increase Spanish-speaking women’s knowledge of PFDs and decrease pelvic floor symptoms post-intervention. We hypothesize that Spanish-speaking women that undergo an informative workshop on PFDs in Spanish are more likely to raise their level of knowledge surrounding PFDs and improve their pelvic floor symptoms.

Methods: We conducted a prospective cohort study on women 18 and older. Women viewed a 20-minute video on PFDs. To assess changes in knowledge, we performed a repeated measures analysis of the mean difference of the scores on the Prolapse and Incontinence Knowledge Questionnaire (PIKQ) at baseline, immediately post-intervention and at 4 weeks post-intervention. To assess changes in pelvic floor symptoms we calculated the mean difference in scores of the Pelvic Floor Distress Inventory-20 (PFDI) at baseline and at 4 weeks.

Table 1: Demographics of Study Cohort

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Participants (n=114)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, mean (SD)</td>
<td>50.0 (14.5)</td>
</tr>
<tr>
<td>Place of Origin/Ethnicity, n (%)</td>
<td></td>
</tr>
<tr>
<td>Dominican Republic</td>
<td>36 (31.6)</td>
</tr>
<tr>
<td>El Salvador</td>
<td>30 (26.3)</td>
</tr>
<tr>
<td>Mexico</td>
<td>12 (10.5)</td>
</tr>
<tr>
<td>Ecuador</td>
<td>11 (9.7)</td>
</tr>
<tr>
<td>Honduras</td>
<td>4 (3.5)</td>
</tr>
<tr>
<td>Puerto Rico</td>
<td>4 (3.5)</td>
</tr>
<tr>
<td>Uruguay</td>
<td>4 (3.5)</td>
</tr>
<tr>
<td>Colombia</td>
<td>3 (2.6)</td>
</tr>
<tr>
<td>Guatemala</td>
<td>3 (2.6)</td>
</tr>
<tr>
<td>Peru</td>
<td>2 (1.8)</td>
</tr>
<tr>
<td>United States</td>
<td>2 (1.8)</td>
</tr>
<tr>
<td>Cuba</td>
<td>1 (0.9)</td>
</tr>
<tr>
<td>Nicaragua</td>
<td>1 (0.9)</td>
</tr>
<tr>
<td>Primary Language, n (%)</td>
<td></td>
</tr>
<tr>
<td>Spanish</td>
<td>87 (76.3)</td>
</tr>
<tr>
<td>Bilingual (English &amp; Spanish)</td>
<td>27 (23.7)</td>
</tr>
<tr>
<td>Education Level, n (%)</td>
<td></td>
</tr>
<tr>
<td>Grade school or less</td>
<td>7 (6.1)</td>
</tr>
<tr>
<td>Middle school</td>
<td>7 (6.1)</td>
</tr>
<tr>
<td>High school</td>
<td>34 (29.6)</td>
</tr>
<tr>
<td>Technical school</td>
<td>2 (1.8)</td>
</tr>
<tr>
<td>College</td>
<td>51 (44.7)</td>
</tr>
<tr>
<td>Graduate school</td>
<td>13 (11.4)</td>
</tr>
<tr>
<td>Previously Seen by a Urogynecologist/Urologist, n (%)</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>22 (19.3)</td>
</tr>
<tr>
<td>No</td>
<td>92 (80.7)</td>
</tr>
</tbody>
</table>

Results are compared to White women and represent an odds ratio (95% CI) adjusted for race/ethnicity, education, income, and parity.
post-intervention. Changes in the PIKQ and PFDI scores were compared with the Wilcoxon signed-rank test. The association between the change in scores and participant characteristics were tested with the Wilcoxon rank-sum, Kruskal-Wallis test and Spearman correlation coefficients.

**Results:** 114 women were enrolled and 104 women completed the intervention and questionnaires. The mean age was 50.0 years (SD 14.5). Baseline mean PIKQ total score was 15.4 (SD 5.6). Baseline mean PIKQ pelvic organ prolapse (POP) subscore was 7.7 (SD 3.0), and mean PIKQ urinary incontinence (UI) score was 7.8 (SD 3.0). Immediate post-intervention mean PIKQ total score was 20.3 (SD 5) and 19.0 (4.9) at 4 weeks post-intervention. Immediate post-intervention mean PIKQ POP subscore was 10.3 (SD 2.6) and UI subscore was 10.0 (2.6). At 4 weeks, mean PIKQ POP subscore was 9.6 (SD 2.5) and UI subscore was 9.4 (2.6). The mean difference in PIKQ total, POP and UI subscores, from baseline to immediate post-intervention, showed a significant improvement in all scores ($P < 0.001$). This improvement in scores continued at 4 weeks post-intervention. PFDI scores also showed an improvement in symptoms in 4 weeks, with baseline mean PFDI score of 37.8 (SD 38.9) and decreased to 35.1 (SD 36.4), however this was not significant.

**Conclusions:** Findings provide evidence to support the feasibility and efficacy of a video-based educational intervention to improve knowledge of pelvic floor disorders in Spanish-speaking women.

**Disclosure:** No

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**Short Oral 146**

**URINARY INCONTINENCE PREVALENCE AND CARE-SEEKING IN A PREDOMINANTLY BLACK / AFRICAN-AMERICAN SAMPLE OF COMMUNITY-DWELLING WOMEN**


**Introduction:** Despite the fact that race and ethnicity are sociocultural rather than biological constructs, multiple population-based studies report a lower prevalence of urinary incontinence (UI) among African-American or Black women. While African-American / Black women remain under-represented in most population health surveys, our state oversampled African-American / Black residents in 2018-2019 and collected information about UI symptoms and care-seeking as well as other social determinants of health.

**Objective:** To describe the prevalence of, and factors associated with, UI and UI care-seeking in a population-based sample of predominantly African-American / Black community-dwelling women.

**Methods:** The Survey of the Health of X is an annual health survey that conducts household interviews of a population-based sample. The 2018 cohort oversampled individuals who identified as Black or African-American race. Demographic and social determinants of health data were ascertained using face-to-face interviews and self-administered questionnaires. Incontinence symptoms and care-seeking history were ascertained via audio computer-assisted self-interview using the Sandvik Severity Index and this dichotomous question: “Have you ever talked to a health care provider, such as a doctor, nurse practitioner, or physician’s assistant, about your urine leakage?” Women with a Sandvik Severity Index score greater, or equal to, 1 were categorized as having UI. Descriptive analyses identified the sample overall and compared women with and without UI. Among women with UI, descriptive analyses identified factors associated with care-seeking; because this sample was smaller, several variables were recoded into fewer groups to comply with privacy protection requirements that all reported cells contain more than 5 participants.

**Results:** Among 242 female participants in the 2018-2019 SHOX cohort, 232 (96%) provided data about UI and were included in this analysis. The prevalence of UI was 47% (108/232), of whom 53% (n = 57) had previously sought care. Among those with UI, 39% experienced symptoms less than monthly, 20% monthly, 22% weekly, and 19% daily. Table 1 describes the sample stratified by urinary continence status. Table 2 characterizes those who had and had not previously sought care. Women with UI were more likely to have increased age, higher body mass index (BMI), hypertension, and depression, and were more likely to be post-menopausal. Women with UI were more likely to have used Medicare insurance in the last year (96%) provided data about UI and were included in this analysis. Among women with UI in the last year (96%) provided data about UI and were included in this analysis. Among women with UI, women with depression, UI weekly or more frequently, need help reading medical instructions sometimes or more frequently, and Medicaid insurance were more likely to report prior care-seeking for UI; women with employer or private insurance were less likely to report UI care-seeking.

**Conclusions:** In this sample of community-dwelling women, most of whom identified as Black or African-American, UI was common and associated with similar factors to those seen in other populations. Prior UI care-seeking was reported by more than half of those with UI and was more common among more vulnerable women and those with more frequent UI symptoms.

**Disclosure:** No
**Short Oral 147**

**PUBLIC AWARENESS OF OBESITY AND RISK OF PELVIC FLOOR DISORDERS**

KE. Husk, K. Leong, RG. Rogers, EC. Deverdics. Albany Medical Center

**Introduction:** Obesity is an established risk factor for pelvic floor disorders (PFDs). Despite evidence demonstrating this correlation, limited information exists about the public awareness of these associations.

**Objective:** Our primary objective was to assess awareness of the association between obesity and PFDs using body mass index (BMI) cohorts, comparing women with BMI < 30 kg/m² versus BMI ≥ 30 kg/m².

**Methods:** We conducted a prospective cohort study using an anonymous, self-administered survey, offered to all English-speaking women ≥ 18 years presenting outpatient to the Department of Obstetrics and Gynecology between 3/2021 and 1/2022 at a single institution. The survey included demographics, height and weight self-assessment, personal history of PFDs, and obesity knowledge and its association with PFDs. Our primary outcome was the rate of women correctly identifying that obesity increases the risk of pelvic organ incontinence (UI), fecal incontinence (FI), and pelvic organ prolapse (POP). Logistic regression was completed to evaluate the association between predictor variables and knowledge.

**Results:** Of 1605 eligible patients, 272 (16.9%) completed the survey. Six were excluded for not providing a height and weight, preventing cohort assignment. Of the 266 surveys analyzed, 159 women (59.8%) had BMI < 30 kg/m² and 107 (40.2%) had BMI ≥ 30 kg/m². Compared to the higher BMI cohort, the lower BMI cohort was older (mean age of 54.4 ± 18.3 vs 48.4 ± 17.5 years, P = 0.008). Education also differed, with lower rates of college/university in the BMI < 30 kg/m² group (37.1% vs 49.5%) but higher rates of graduate/professional school (35.2% vs 19.6%), P = 0.044. Race, household income, health insurance status, bariatric surgery; or rates of PFDs did not vary between the groups. Both groups had relatively high rates of PFDs, 67.9% (BMI < 30 kg/m²) vs 65.4% (BMI ≥ 30 kg/m²). UI was the most commonly reported PFD. Groups did not vary in their ability to identify obesity as a risk factor for PFDs, although the BMI < 30 kg/m² group had lower rates of correctly identifying the implications of weight loss on UI than the obese group (27.7% vs 45.9%, P = 0.002). The association between obesity and UI was the most common correctly identified PFD association for both groups. When controlling for obesity, race, household income, education, having a PFD, and obesity in logistic regression analysis, obesity remained associated with knowledge about the implications of weight loss on UI (OR 2.5, 95% CI 1.5, 4.4). Highest grade completed was significantly associated with knowledge of the association between obesity and PFDs (OR 1.6, 95% CI 1.1, 2.3) and the implications of weight loss on UI (OR 1.7, 95% CI 1.2, 2.4).

**Conclusions:** Our findings suggest that obese women may have increased awareness of the potential implications of weight loss on UI, although the groups did not differ in the rates of correct identification of the increased risk of PFDs with obesity. In our population, there was relatively poor knowledge of the implications of obesity and weight loss on PFDs, and therefore opportunities exist for patient education.

**Disclosure:** No

---

**Table 1:** Demographic Characteristics

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>BMI &lt; 30 kg/m² (n=159)</th>
<th>BMI ≥ 30 kg/m² (n=107)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>54.4 ± 18.3</td>
<td>48.4 ± 17.5</td>
<td>0.008</td>
</tr>
<tr>
<td>Race Ethnicity</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caucasian</td>
<td>136 (85.5)</td>
<td>83 (76.9)</td>
<td>0.41</td>
</tr>
<tr>
<td>African American</td>
<td>8 (5.0)</td>
<td>7 (6.5)</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>6 (3.8)</td>
<td>9 (8.4)</td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>5 (3.1)</td>
<td>1 (0.9)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>3 (1.9)</td>
<td>4 (3.7)</td>
<td></td>
</tr>
<tr>
<td>Educational income (per year)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤ $25,000</td>
<td>13 (8.2)</td>
<td>15 (14.6)</td>
<td>0.41</td>
</tr>
<tr>
<td>&gt; $25,000 ≤ $35,000</td>
<td>2 (1.3)</td>
<td>11 (10.3)</td>
<td></td>
</tr>
<tr>
<td>&gt; $35,000 ≤ $50,000</td>
<td>13 (8.9)</td>
<td>14 (12.9)</td>
<td></td>
</tr>
<tr>
<td>&gt; $50,000 ≤ $75,000</td>
<td>37 (23.1)</td>
<td>20 (18.7)</td>
<td></td>
</tr>
<tr>
<td>&gt; $75,000</td>
<td>52 (32.8)</td>
<td>39 (35.3)</td>
<td></td>
</tr>
<tr>
<td>No answer</td>
<td>14 (8.8)</td>
<td>8 (7.5)</td>
<td></td>
</tr>
<tr>
<td>Highest education</td>
<td></td>
<td></td>
<td>0.04</td>
</tr>
<tr>
<td>Grade school or less</td>
<td>2.3 (1.3)</td>
<td>2 (1.9)</td>
<td></td>
</tr>
<tr>
<td>High school/GED</td>
<td>40 (25.2)</td>
<td>27 (25.2)</td>
<td></td>
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<tr>
<td>Vocational school</td>
<td>1 (0.6)</td>
<td>3 (2.8)</td>
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<tr>
<td>College/university</td>
<td>59 (36.7)</td>
<td>53 (49.5)</td>
<td></td>
</tr>
<tr>
<td>Graduate or professional school</td>
<td>50 (32.1)</td>
<td>21 (19.6)</td>
<td></td>
</tr>
<tr>
<td>No answer</td>
<td>3 (1.9)</td>
<td>3 (0.9)</td>
<td></td>
</tr>
<tr>
<td>Health insurance</td>
<td></td>
<td></td>
<td>0.60</td>
</tr>
<tr>
<td>Private insurance</td>
<td>147 (92.1)</td>
<td>99 (92.9)</td>
<td></td>
</tr>
<tr>
<td>Public insurance</td>
<td>4 (2.5)</td>
<td>9 (10.9)</td>
<td></td>
</tr>
<tr>
<td>Prior pelvic surgery</td>
<td>4 (2.5)</td>
<td>10 (9.3)</td>
<td>0.14</td>
</tr>
<tr>
<td>Exprience any PFD</td>
<td>106 (67.0)</td>
<td>79 (73.8)</td>
<td>0.66</td>
</tr>
<tr>
<td>UI</td>
<td>60 (39.0)</td>
<td>61 (56.1)</td>
<td>0.58</td>
</tr>
<tr>
<td>FI</td>
<td>25 (15.7)</td>
<td>29 (27.2)</td>
<td>0.41</td>
</tr>
<tr>
<td>POP</td>
<td>58 (37.0)</td>
<td>50 (46.6)</td>
<td>0.39</td>
</tr>
</tbody>
</table>

Data presented as mean ± standard deviation or n (%) unless otherwise specified.

**Table 2:** Knowledge of Association Between Obesity and Pelvic Floor Disorders (PFDs)

<table>
<thead>
<tr>
<th>BMI &lt; 30 kg/m² (n=159)</th>
<th>BMI ≥ 30 kg/m² (n=107)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Correct all 5 PFDs</td>
<td>44 (27.7)</td>
<td>39 (36.9)</td>
</tr>
<tr>
<td>Correct UI</td>
<td>90 (56.6)</td>
<td>66 (61.7)</td>
</tr>
<tr>
<td>Correct POP</td>
<td>59 (36.7)</td>
<td>40 (36.9)</td>
</tr>
<tr>
<td>Correct weight loss improves UI</td>
<td>62 (39.0)</td>
<td>53 (49.5)</td>
</tr>
</tbody>
</table>

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**Short Oral 148**

**BARRIERS AND FACILITATORS OF BLACK AND MINORITY ETHNIC WOMEN ATTENDING FOLLOW-UP AFTER ANAL SPHINCTER INJURY**

P. Krishnaswamy, D. Tannous, R. Kearney. NHS Greater Glasgow and Clyde, UniCamillus International Medical University, Manchester University NHS Foundation Trust

**Introduction:** Black and Minority Ethnicities (BAME) are disproportionately affected by multiple barriers to health care with documented increase in maternal mortality and morbidity (ref MBBRACE). An audit in our institution has identified that BAME women are less likely to attend for follow-up after obstetric anal sphincter injury (OASI). The underlying reasons for this are not known but are likely to be multifactorial.

**Objective:** The aim of this study was to develop and pilot a questionnaire to explore the experience of BAME women sustaining an OASI and factors affecting their attendance for follow-up care.

**Methods:** The questionnaire was developed with involvement of the Caribbean & African Health Network (CAHN) and BAME women. It was piloted on three groups of women in a large university teaching hospital with over 9,000 deliveries, 40% of which are BAME women. As this was a qualitative study no sample size was calculated. The questionnaire was piloted on three groups of women. Group 1 were 10 women on the postnatal ward who sustained OASI. Group 2 were 10 women attending the perineal clinic for follow-up care. Group 3: were 9 women who did not attend their follow-up clinic appointment. A thematic analysis of answers was carried out.

**Results:** Pakistani ethnicity was most common in all three groups (15/29, 52%) and English was the most used language in groups 1 and 2 (9/11, 82%) with 4/9, 44% leaving this question unanswered in group 3. Women’s perception of their care in the hospital and at their perineal clinic appointments seemed to vary widely with strong sentiments and responses to their care. The words used by the women are depicted using a Word Cloud in Figure 1. More women in Group...
3 felt that their care was affected by their ethnicity (4/9, 44%) and the language they spoke (3/9, 33%). The majority of women who did not attend follow-up care were not aware of the type of tear they had (6/9, 67%), said this had not been discussed with them (5/9, 56%), did not recall seeing a women’s health physiotherapist (8/9, 89%), receiving information about their tear or were unsure of this (8/9, 89%). More than a third did not recall receiving information about attending the perineal clinic (4/9, 44%) with over half (5/9, 56%) who did remember this, not attending the appointment.

**Conclusions:** This study pilots a questionnaire which identified that women who do not attend the perineal clinic report more concerns that their ethnicity impacted their care and recall receiving less information and support. Future research needs to explore this and look at targeting information provision at women who do not appear to be accessing postnatal care.

**Disclosure:** No

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**Short Oral 149**

**COGNITIVE FUNCTION FOLLOWING SURGERY FOR PELVIC ORGAN PROLAPSE**

D. Hassani1, Y. Borodyanskaya1, H. Rao1, L. Arya1, U. Andy1. University of Pennsylvania1

**Introduction:** Women undergoing surgery for pelvic organ prolapse (POP) are older and at high risk for post-operative cognitive dysfunction, a decline in cognition occurring after a surgical procedure.

**Objective:** We sought to explore the effect of surgery for POP on cognitive function. Our hypothesis was that memory scores would worsen immediately after surgery but recover to baseline at the first post-operative clinic visit.

**Methods:** We conducted a prospective cohort study of women 60 years and older undergoing surgery for POP. Exclusion criteria included a Mini-Mental State Exam score below 24, non-English speaking, severe visual/auditory disorder, alcoholism or drug dependence. Basic demographic information and medical history were collected. Participants completed a battery of computer-based neuropsychological tests at the pre-operative visit, on post-operative day one (postop visit 1) and at the first post-operative clinic visit (postop visit 2). The battery included four tests assessing various neurocognitive domains: a scene-encoding task (episodic memory), an n-back task (working memory), the balloon analog risk task (BART, assesses risk taking), and the psychomotor vigilance test (PVT, assesses attention). Our primary outcome was performance on the scene-encoding memory task. Three scores were calculated for the scene-encoding task: hit rate (rate of correctly identifying a previously seen image), false alarm rate (rate of incorrectly indicating that an image had been seen previously), and d' (a calculated measure of signal detection accuracy). N-back task accuracy rates were calculated for both 1- and 2-back tasks. BART score was calculated as the average number of pumps for balloons which did not pop. The PVT assesses ability to sustain attention. Outcomes measured are the number of lapses and median response time. We had 90% power to detect a difference of one standard-deviation in the scene-encoding task at an alpha of 0.05. Paired t-test or Wilcoxon signed rank test were used as appropriate to compare preop and postop scores.

**Results:** We recruited 30 patients with characteristics listed in Table 1. The majority underwent vaginal surgery (52%), followed by robotic (26%) and abdominal (22%). Most were ASA class II (68%) and most were not frail. Mean operative time was 197 minutes. All patients received combination intravenous and inhalation anesthesia. Table 2 lists cognitive performance across visits. Performance on the scene-encoding task as assessed by d' and hit rate worsened at postop visit 1 but recovered by postop visit 2. Hit rate did not change significantly from the preop visit to postop visit 2. Performance on the n-back task and BART did not worsen between the preop visit and postop visit 2. Performance on the PVT worsened significantly from preop to postop visit 1 but recovered by postop visit 2. Figure 1 shows the trend of performance on the episodic memory test (primary outcome) over all three visits.

**Conclusions:** Performance on a highly sensitive episodic memory test did not worsen between pre-operative and delayed post-operative assessments in older women undergoing POP surgery. Overall, performance on memory and attention tasks was most affected in the immediate post-operative period but recovered by the delayed post-operative visit.

**Disclosure:** No

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**Table 1: Demographic and clinical characteristics**

<table>
<thead>
<tr>
<th>Age (years)</th>
<th>BMI (kg/m²)</th>
<th>Race</th>
<th>White</th>
<th>Black or African-American</th>
<th>American Indian</th>
<th>Asian</th>
<th>Unknown/Not Reported</th>
<th>Native Hawaiian or Other Pacific Islander</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>69.0 (±5.1)</td>
<td>27.1 (± 4.6)</td>
<td>n (%)</td>
<td>26 (86.7%)</td>
<td>2 (6.7%)</td>
<td>1 (3.3%)</td>
<td>1 (3.3%)</td>
<td>0 (0.0%)</td>
<td>0 (0.0%)</td>
<td></td>
</tr>
</tbody>
</table>

**Table 2: Performance on neuropsychological tests**

<table>
<thead>
<tr>
<th>Scene encoding task</th>
<th>Working memory</th>
<th>Balloon analog risk task</th>
<th>Psychomotor vigilance test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean preop score</td>
<td>Mean postop score</td>
<td>Mean preop score</td>
<td>Mean postop score</td>
</tr>
<tr>
<td>2.43 ± 1.33</td>
<td>3.58 ± 1.33</td>
<td>2.63 ± 1.33</td>
<td>6.28 ± 1.33</td>
</tr>
</tbody>
</table>

**Figure 1:**

Memory task scores over time

- d'
- Hit rate
- False alarm rate

- Pre-op: Immediate post op: Delayed post op

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Short Oral 150
PERIOPERATIVE PAIN MANAGEMENT WITH OPIOID ANALGESICS IN VAGINAL SACROCOLPOPEXY VS LAPAROSCOPIC SACROCOLPOPEXY
P. Agrawal1, T. Koh1, M. Clifton1, Johns Hopkins School of Medicine1
Introduction: The most common non-pregnancy-related major surgery performed on women in the US is a hysterectomy. Up to 40% of women may experience vaginal vault prolapse after a hysterectomy, entailing the surgical procedure, sacrocolpopexy for correction. Though the use of perioperative pain medications is highly investigated, limited studies have examined the usage of pain medication following vaginal vs laparoscopic sacrocolpopexy, and they have been restricted to smaller sample sizes.
Objective: Our objective was to assess the association of perioperative opioid usage following these minimally invasive sacrocolpopexy surgeries, using a large national claims database.
Methods: A US health research network (the TruNetX Diamond Network) of over 200 million patients, encompassing prescriptions and healthcare encounters, was queried from 2009 to 2022. Perioperative opioid analgesic usage was assessed amongst adult women (18+) with intra-peritoneal or extra-peritoneal vaginal colpopexy (CPT 57283 and 57282, respectively) following vaginal vault prolapse after hysterectomy (ICD-10 N09.3), in comparison to adult women with laparoscopic colpopexy (CPT 57425) following vaginal vault prolapse after hysterectomy. Propensity-matching between the cohorts for age, overweight and obesity (E66), chronic kidney disease (N18), hypertensive disease (I10-I16), ischemic heart disease (I20-I25), liver disease (K70-K77), obstructive sleep apnea (G47.33), and pelvic and perineal pain (R10.2) was conducted excluding those with any prior or concurrent diagnosis of opioid misuse (F11.1) or opioid dependence (F11.2).
Results: 35,612 women underwent vaginal or laparoscopic sacrocolpopexy. 15,866 women underwent vaginal sacrocolpopexy, and an equivalent number of propensity-score matched women underwent laparoscopic sacrocolpopexy. 23.1% of women with vaginal sacrocolpopexy were prescribed opioids within 7 days of surgery, whereas 32.66% of women with laparoscopic sacrocolpopexy were prescribed opioid analgesics within 7 days of surgery (P < 0.0001). With both a vaginal and laparoscopic approach, women that were prescribed opioids within 7 days of initial surgery continued to receive opioid prescriptions 9-15 months after surgery at a significantly greater rate compared to those that were never given opioids post-surgery (Risk Ratio: 1.95, 95% CI 1.76-2.17; RR: 1.62, 95% CI 1.44-1.81, respectively) (Figure 1). No difference was observed for opioid misuse (F11.1) or opioid dependence (F11.2) amongst women who received opioids post-surgery rather than the surgical approach taken. Thus, it is crucial for urogynecologists to be aware of their opioid prescription patterns.
Disclosure: No

Short Oral 151
PAIN AFTER PERMANENT VERSUS DELAYED-ABSORBABLE MONOFILAMENT SUTURE FOR VAGINAL GRAFT ATTACHMENT DURING MINIMALLY-INVASIVE TOTAL HYSTERECTOMY AND SACROCOLPOPEXY (PACT) – LONG-TERM FOLLOW UP
CE. Bretschneider1, E. Myers2, EJ. Geller3, K. Kenton1, B. Henley4, JM. Wu5, SA. Collins1, C. Lewicky-Gaupp1, CA. Matthews5, Northwestern University1, Arium Health2, University of North Carolina1, Medical College of Georgia at Augusta University3, Arium Wake Forest Baptist Health4
Introduction: Data regarding long-term pain outcomes after prolapse surgery are limited. As sacrocolpopexy is increasingly utilized for primary treatment of pelvic organ prolapse, understanding the relationship between abdominal mesh-augmented prolapse repairs and patient-reported pain outcomes has become increasingly important.
Objective: To evaluate pain in women undergoing minimally-invasive total hysterectomy and sacrocolpopexy (TLH + SCP) with a light-weight polypropylene mesh (Upsylon™) > 2 years after surgery.
Methods: This is a planned secondary-analysis of a 5-site randomized trial comparing permanent (2-0 Gore-Tex vs absorbable suture (2-0 PDS) for vaginal attachment of a lightweight polypropylene y-mesh during TLH + SCP in women with ≥ stage II prolapse. Sociodemographic, exam and pain data were collected at baseline, 1 year and > 2 years after surgery. Our primary outcome was patient reported pain or dyspareunia at >2 years. Secondary outcomes were associated risk factors for patient reported pain at >2 years.
Results: Of the 185 subjects eligible for enrollment in the e-PACT study, 106 subjects enrolled (78 in person and 28 via questionnaire only). Of these, 98 subjects (96%) completed either in person examinations or completed study questionnaires regarding pain and are included in this analysis. The median follow-up was 50 months [42, 58]. The mean age ± SD was 61 ± 10 years and BMI was 29 ± 6 kg/m2. The majority were White (90%), menopausal (82%) and had Stage III or IV prolapse. Of these participants, 11% reported pain at baseline. Of the sexually active participants (56/98), 25 (45%) reported dyspareunia at baseline. At >2 years, 27 (28%) reported any pain: 11 (14%) reported dyspareunia on questionnaires, 4 (5%) reported pelvic pain on questionnaires and 11 (14%) of those who had an in-person exam reported pain. Of the 10 participants who reported pain in their lower abdomen or genital area, one reported “moderate” bother while 9 participants reported being only “somewhat” bothered by their pain. Of participants who reported pain or dyspareunia at baseline prior to surgery, 20 (59%) reported resolution of their symptoms at 2-years. Of those who did not
report pain or dyspareunia at baseline, 13 (20%) reported new pain at 2-years. Of the 3 women who had pain elicited at the vaginal apex on exam, none reported dyspareunia (2 were sexually active). No differences were appreciated in most characteristics, including mesh/suture exposure, between subjects who reported pain at 2 years and those who did not (Table 1). The only characteristic associated with any pain at 2 years was a baseline history of pain or dyspareunia (52% vs 28%, \( p = 0.03 \)). On multiple logistic regression controlling for age and baseline pain, baseline pain or dyspareunia, baseline pain or dyspareunia was associated with a nearly 3-fold increased risk of reporting any pain at 2 years following TLH + SCP (aOR 2.7, 95%CI 1.1-6.9).

**Conclusions:** The majority of women with pain at baseline, report resolution of pain >2 years following TLH + SCP; however, 1 in 5 women report de novo pain of some bother. Baseline history of pain or dyspareunia is the only factor associated with an increased likelihood of experiencing pain 2 years following surgery.

**Disclosures:** Yes, this is sponsored by industry/sponsor: Boston Scientific. Clarification: No industry support in study design or execution. Any of the authors act as a consultant, employee, or shareholder of an industry for: Boston Scientific, Current Butler Snow, Ethicon

**Short Oral 153**

**EVALUATING THE LONG-TERM IMPACT OF IMPLEMENTING STANDARDIZED POSTOPERATIVE OPIOID PRESCRIBING GUIDELINES FOLLOWING PELVIC ORGAN PROLAPSE SURGERY**

B. Linder1, A. Glasgow2, J. Gehbart1, J. Occhino1, E. Trabuco1, E. Habermann1, Mayo Clinic1

**Introduction:** There is considerable concern regarding the volume of opioid medications prescribed postoperatively, as well as the rate of prescription opioid-related adverse events including persistent opioid use, diversion, overdose, and drug related mortality. We previously implemented a tiered opioid prescribing guideline following pelvic organ prolapse surgery at our surgical division, but the long-term impact on practice patterns is unknown.

**Objective:** To assess longitudinal prescribing patterns for patients undergoing surgery for pelvic organ prolapse in the 2-year timeframe before and after implementing an evidence based opioid prescribing recommendation and evaluate the impact of these recommendations on institutional practices.

**Methods:** Prospective data was previously used to create a 3-tiered recommendation for opioid prescribing following pelvic organ prolapse surgery at our institution based on opioid use. The guideline was implemented December 2017. Prescribing patterns including the quantity of opioids prescribed (in oral morphine equivalents [OMEs]) and refill rates were compared for opioid naïve patients undergoing prolapse surgery before (November 2015 through November 2017; \( N = 238 \)) and after (December 2017-December 2019; \( N = 361 \)) guideline implementation. Univariate analysis was performed using Wilcoxon rank sum and chi-squared tests. Cochran-Armitage trend tests were used to test for significance in the change in OMEs prescribed before vs after guideline implementation.

**Results:** The quantity of opioids prescribed at hospital discharge decreased from a median 225 OMEs (Interquartile range [IQR] 225, 300) before the guideline to 0 OMEs (IQR 0,75) after guideline implementation overall (\( P < 0.0001 \)) and also within each individual subgroup of prolapse surgery: native tissue vaginal (\( P = 0.0001 \)), robotic sacrocolpopexy (\( P < 0.0001 \)), open sacrocolpopexy (\( P < 0.0001 \)), and colpocleisis (\( P < 0.0003 \)). The overall proportion of patients discharged following prolapse surgery without opioids significantly increased after guideline implementation (49.9% after vs 42.2% before; \( P < 0.0001 \)). Despite the significant decrease in opioid prescribing, rate of opioid refills was similar before (2.9%) versus after (6.5%) guideline implementation (\( P = 0.06 \)).

**Conclusions:** With two years of postimplementation follow-up, the use of procedure-specific, tiered opioid prescribing guidelines at our institution was associated with a significant reduction in opioids prescribed without adversely impacting refill rates. This study further supports the use of evidence-based guidelines for opioid prescribing.

**Disclosure:** No

**Scientific Salon 154**

**IDENTIFYING KEY SEXUAL AND REPRODUCTIVE OUTCOMES FOLLOWING POUCH SURGERY FOR ULCERATIVE COLITIS**

J. Shi1, P. Cavallaro1, B. Kochar1, L. Bordeianou1, M. Weinstein1, Massachusetts General Hospital1

**Introduction:** Ulcerative colitis (UC) is an inflammatory bowel disease that often presents in young women of reproductive age. Restorative proctocolectomy with ileal-pouch anal anastomosis (IPAA) is the most commonly performed procedure for patients with UC, with experts advising delays in IPAA creation due to concerns regarding impairment in sexual function and fertility. While functional gastrointestinal outcomes following IPAA been well studied, patient outcomes in the areas of pelvic floor health, sexual function, and fertility are poorly understood.

**Objective:** Identify sexual function and reproductive outcomes that are key factors in evaluating IPAA function and patient quality of life following surgical intervention for ulcerative colitis.

**Methods:** This is a targeted analysis of women’s health outcomes collected by the “Patient Reported Outcomes After Pouch Surgery (PROPS)” study which sought to establish a broad patient-centered core outcome set using Delphi consensus methodology incorporating patient, surgeon, and non-surgical clinician input from an international cohort of patients and providers predominantly from North America, Europe, and Australia. All participants were given a questionnaire with 79 items covering a wide range of concerns including general health, defecation, pain, daily activities, social and sexual function with the question stem “In your opinion, how important is this factor for a patient’s overall experience of having a pouch?”. Responses were given on a 9-point Likert scale with results tabulated as low (1-3), intermediate (4-6), and high (7-9) impact. The responses were also compared between responder types (patient, surgeon, non-surgical clinician) as part of the Delphi consensus methodology.

**Results:** 150 female patients (Mean age 38.9, Mean years since pouch surgery 10.1 with range 0-38), 67 surgeons, and 56 non-surgical clinicians were included in this study. 92.0% of patients reported overall improvement in the QOL with pouch as compared to active UC. Interestingly, patients were more likely to report sexual function symptoms as lower importance compared to both surgeons and non-surgical clinicians (Figure 1). Patients were also more likely to report low concern regarding conception and delivery compared with providers (Figure 2).

**Conclusions:** Following ileal pouch creation for inflammatory bowel disease, patients were overall more likely to rate both sexual and reproductive concerns as lower importance to their overall experience compared to both surgical and non-surgical clinicians. This may reflect a higher relative internal focus on patients’ significant preoperative disability while also arguing against IPAA creation delay in patients of reproductive age. Further study is needed to elucidate the long-term impact of these procedures on women’s health.
Scientific Salon 155

RANDOMIZED TRIAL OF POSTERIOR REPAIR AT TIME OF LAPAROSCOPIC SACROCOPEXY TO REDUCE OBSTRUCTED DEFECTION SYMPTOMS

E. LeClaire1, L. Quinzi2, A. Hare2, S. Vesely2. University of Oklahoma1, University of Oklahoma Health Sciences Center2

Objective: Laparoscopic sacrocolpopexy (SCP) is a durable and effective treatment option for women with pelvic organ prolapse. Often, a vaginal posterior repair (PR) is performed with this procedure in order to decrease rectovaginal laxity associated with a distal rectocele as well as narrow the genital hiatus. A PR may alleviate obstructed defecation symptoms secondary to stool trapping caused by herniation of the rectum through the posterior vagina. Recently, questions 4, 7, and 8 of the Pelvic Floor Distress Inventory has been investigated as a measure of obstructed defecation symptoms. Collectively these questions have been referred to as the PFDI-Obstructed (PFDI-O) score. Curiously, questions 4, 7, or 8 of the PFDI-20 and had a preoperative POP-Q point Bp ≤ 2 were randomized to undergo sacrocopopexy (SCP-alone) vs. sacrocolpopexy with posterior repair (SCP + PR). Patients undergoing laparoscopic and robot-assisted SCP were included. Surgeons were blinded to participant allocation until completion of the SCP. Objective: To report a case of new and old perineal rupture

Methods: This was a prospective randomized trial of patients undergoing laparoscopic SCP at a single institution. SCP patients who responded ‘moderately’ or ‘quite a bit’ on questions 4, 7, or 8 of the PFDI-20 and had a preoperative POP-Q point Bp ≤ 2 were randomized to undergo sacrocolpopexy (SCP-alone) vs. sacrocolpopexy with posterior repair (SCP + PR). Patients undergoing laparoscopic and robot-assisted SCP were included. Surgeons were blinded to participant allocation until completion of the SCP. Our primary outcome was change in PFDI-O score at 3 months after SCP. Secondary outcomes included responses to the Obstructed Defecation Syndrome Score Questionnaire (ODS) questionnaire at the preoperative and 3-month postoperative time points.

Results: In all, 49 participants were enrolled and randomized with 27 in the SCP-alone group and 22 in the SCP + PR group. Participants in the SCP-alone group were slightly older than the SCP + PR group (57 vs 49 years, p = 0.042). There were no statistically significant differences in medical comorbidities, parity, or presenting stage of posterior vaginal wall prolapse. Furthermore, preoperative PFDI-O scores between groups did not differ significantly (p = 0.693). There was no difference in 3 month postoperative PFDI-O scores adjusting for baseline PFDI-O scores between the comparison groups (p = 0.866). Overall, 42 of 49 (86%) participants demonstrated improvement in their PFDI-O scores. Furthermore, the entire cohort (both groups combined) showed improvement with a mean reduction of 4.49 points when preoperative scores were compared to postoperative scores (p < 0.001). ODS score improvement, noted in 23 (85%) of the SCP-alone and 18 (82%) of the SCP + PR group, was no different between groups (p = 0.751).

Conclusions: Sacrocolpopexy improves obstructed defecation symptoms as measured by PFDI-O and ODS score, regardless of whether concomitant posterior repair is performed.

Disclosure: No
cicatrix and posterior lacerations that extended to the anus and 7 cm uterine sound. Rectal examination and a pill rolling motion found complete perineal defect. A preoperative diagnosis of fourth-degree perineal rupture involving the internal anal sphincter (IAS) and external anal sphincter (EAS) was made and perineorrhaphy was performed. The procedure was done under spinal anesthesia. The patient was scheduled for transperineal ultrasound (TPU) to evaluate pelvic floor after perineorrhaphy.

Conclusions: A good insight of perineal and anal sphincter anatomy and adherence to the sound principles is essential in management of perineal rupture. Obstetrical anal sphincter injuries (OASIS) diagnosed properly and repaired in good condition can lead to a good functional outcome. In order to reduce the rate of unknown sphincter lesions, it is essential to improve the skills of the teams in charge of delivery.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Urogynecology division, obgyn dept, Dr. M. Djamil General Hospital

Scientific Salon 157
DETECTION OF OCCULT ANAL SPHINCTER INJURIES IN PRIMIPARA BY 2D-TRANSPERINEAL ULTRASOUND AND ITS CLINICAL CORRELATION
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Introduction: Anal sphincter injury during childbirth is a leading cause of anal incontinence which incorporates a wide range of symptoms including perineal pain, flatal or fecal incontinence, passive soiling etc. Obstetric Anal Sphincter Injury Syndrome (OASIS) includes 3rd and 4th degree perineal tears. Anal sphincter damage that is not apparent on routine clinical examination is referred to as occult injury. These deeper sphincter injuries could be responsible for new onset or residual bowel symptoms and can only be diagnosed by imaging studies, which have shown the prevalence of occult tears to be as high as 35-41%.

Objective: To study the incidence, risk factors and clinical outcome of occult anal sphincter injury using 2D transperineal ultrasound in primipara.

Methods: Low risk primigravida at or more than 36 weeks were recruited from outpatient department. They underwent baseline 2D transperineal ultrasound (TPU) of the anal sphincter complex antenatally and it was repeated on day 2 postpartum. The difference between the pre and post-delivery measurements was used to detect occult anal sphincter injury (OASI). Group I (n = 91) included subjects with OASIS (diagnosed as thinning of internal and external anal sphincter, interruption in anal sphincter, alteration in mucosa and half-moon sign) and group II (n = 109) included those who had no OASIS. Repeat 2D TPU was done at 2 weeks and 6 weeks postpartum to follow-up sphincter injury and various clinical tests were applied at 6 weeks to assess the clinical outcomes of sphincter injury.

Results: In our study the incidence of occult anal sphincter was 44.5%. Overall, the mean antenatal thickness of external anal sphincter (EAS) was least at 12o'clock position and of internal anal sphincter (IAS) was least at 6o clock position. Baseline antenatal thickness of both EAS and IAS was already less in cases as compared to controls. Significant risk factors for OASI were position of baby (P = 0.028), duration of second stage of labor (P < 0.001), greater length of episiotomy (p < 0.001), angle of episiotomy (P < 0.001) and baby weight (P = 0.042). At six weeks post-partum, pelvic floor examination revealed weak levator muscle tone in 30% cases as compared to 2.75% controls (P < 0.001). Normal resting tone of anal sphincter was observed in 89% subjects in group I and 98% subjects in group II (P = 0.013); normal squeeze score was present in 81.3% subjects in group I and 96.3% subjects in group II (P = 0.008). Thus, OASI was associated with reduced anal sphincter tone in cases when compared to controls. The symptoms more often experienced by cases were sense of incomplete evacuation, pressure in lower abdomen and rarely incontinence to loose stool.

Conclusions: In our study the incidence of OASI was high. The technique of 2D-Transperineal ultrasound is simple, easily available and feasible to detect OASI. Majority of gynaecologists are already using transperineal probe to perform ultrasounds. Evaluation of anal sphincter in post-partum period is possible with the same probe. Patients who sustain OASI can be followed up in perineal clinic more meticulously for pelvic floor rehabilitation.
Implication of Levator Ani Muscle and Sacrouterine Ligament Defects on Cervix/Cuff Position: A Pilot MRI Study

L. Hympanova1, A. Dudova2, L. Horicka2, M. Nemec3, M. Kremař3, J. Feyerlein1, L. Krotha1, Institute for the Care of Mother and Child2, GONÁ Co. Ltd1, Hospital in Frydeč-Místek

Introduction: Pelvic organ prolapse (POP) is a common decrease. It decreases quality of life and leads to a high count of surgeries. Muscles and fascial structures of the pelvic floor create very complex multilevel structure. At a normal state, they keep organs in their correct position. The impact of specific structural defects on central structures is not completely described.

Objective: Does the levator ani muscle (LAM) injury have an impact on the location of a cervix/cuff?

Methods: Available MRI scans of women with POP were used for analysis. The LAM injury was quantified by the existing scoring system (0 = normal, 1-3 minor, 4-6 major). Levator plate angle was measured. The presence of sacrouterine ligaments was evaluated as normal/abnormal. The central compartment (cervix/cuff) was characterized by 1/distance of cervix/cuff from S5 vertebra (mm) 2/the sacrouterine (SU) angle (°) (Figure 1). Both measured at rest and Valsalva. The ANOVA was used for statistical analysis.

Results: The 289 MRI scans were included within a study (mean age: 60.7; 203 after hysterectomy). The LAM injury had significant impact only at Valsalva in both distance (Normal: 64 Minor: 77 Major: 75, P = 0.007) and SU angle (Normal: 0,5 Minor: -6,5 Major: -5,1, P = 0.054). The levator plate angle differed significantly between LAM groups (normal, minor, major). LP angle had an impact on distance of cervix/cuff and SU angle at Valsalva. The quality of SU ligament had an impact on distance and SU angle at Valsalva and rest.

Conclusions: Even though the association at the level of SU ligament is stronger, LAM injury is clinically easier to evaluate and also may have an impact on the position of a cervix/cuff at Valsalva.

Disclosure: No

EFFECT OF MID-URETHRAL SLING ON URETHRAL DYNAMIC SHAPE AND MOTION

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Introduction: The mechanism behind the success of a mid-urethral sling in reducing the symptoms of incontinence is assumed to be explained by the hammock theory by many, i.e increased abdominal pressure applied to the bladder base and urethra during a cough would compress the urethra against the sling resulting in urethral closure and continence. However, this hypothesis has not been examined with biomechanical studies.

Objective: The aim of this study was to investigate the effect of retro pubic mid-urethral sling (MUS) on urethral shape and motion using dynamic anterior compartment ultrasound at 2 and 12 months following a sling procedure.

Methods: This is an ongoing prospective cohort study. Women who presented to our tertiary urogynecology clinic with a complaint of stress dominant urinary incontinence and decided to proceed with MUS to treat the condition were recruited to the study. All patients underwent a comprehensive interview including PFDI-20 questionnaire, pelvic exam with POP-Q evaluation, and static and dynamic pelvic floor ultrasounds pre-operatively, and at 2- and 12-months post-operatively. Cystometrogram was performed only at the pre-operative visit. Imaging was obtained using the BK Medical X14L4 12 MHz ultrasound system.

Disclosure: No

Scientific Salon 158

Impact of Levator Ani Muscle and Sacrouterine Ligament Defects on Cervix/Cuff Position: A Pilot MRI Study

L. Hympanova1, A. Dudova2, L. Horicka2, M. Nemec3, M. Kremař3, J. Feyerlein1, L. Krotha1, Institute for the Care of Mother and Child2, GONÁ Co. Ltd1, Hospital in Frydeč-Místek

Introduction: Pelvic organ prolapse (POP) is a common decrease. It decreases quality of life and leads to a high count of surgeries. Muscles and fascial structures of the pelvic floor create very complex multilevel structure. At a normal state, they keep organs in their correct position. The impact of specific structural defects on central structures is not completely described.

Objective: Does the levator ani muscle (LAM) injury have an impact on the location of a cervix/cuff?

Methods: Available MRI scans of women with POP were used for analysis. The LAM injury was quantified by the existing scoring system (0 = normal, 1-3 minor, 4-6 major). Levator plate angle was measured. The presence of sacrouterine ligaments was evaluated as normal/abnormal. The central compartment (cervix/cuff) was characterized by 1/distance of cervix/cuff from S5 vertebra (mm) 2/the sacrouterine (SU) angle (°) (Figure 1). Both measured at rest and Valsalva. The ANOVA was used for statistical analysis.

Results: The 289 MRI scans were included within a study (mean age: 60.7; 203 after hysterectomy). The LAM injury had significant impact only at Valsalva in both distance (Normal: 64 Minor: 77 Major: 75, P = 0.007) and SU angle (Normal: 0,5 Minor: -6,5 Major: -5,1, P = 0.054). The levator plate angle differed significantly between LAM groups (normal, minor, major). LP angle had an impact on distance of cervix/cuff and SU angle at Valsalva. The quality of SU ligament had an impact on distance and SU angle at Valsalva and rest.

Conclusions: Even though the association at the level of SU ligament is stronger, LAM injury is clinically easier to evaluate and also may have an impact on the position of a cervix/cuff at Valsalva.

Disclosure: No
transducer. The dynamic imaging takes a 5 second video of a midsagittal view of the bladder and urethra. The urethral meatus, pubic symphysis, and bladder neck were included landmarks. Patients were asked to perform a squeeze maneuver followed by a strain maneuver. Urethral length, retropubic urethral length, bladder-neck-rectupubic angle, bladder-neck-pubic bone angle, urethral-knee swing angle, and urethral anterior-posterior diameter were measured at rest, squeeze and strain. Sling’s position relative to urethral meatus was measured. Surgical success was defined as complete or significant improvement of SUl at 2 and 12-month post-operatively. Patients’ demographics, symptoms, POP-Q, and changes in dynamic ultrasound measurements were compared between these surgical outcome groups using Fisher’s exact or chi-squared test for categorical variables and ANOVA (parametric) or Kruskal-Wallis test (nonparametric) for continuous variables.

**Results:** A total of 64 participants have been recruited thus far, of which 22 women reached the 2-month follow-up point and were included in this analysis. Mean age was 55.9 ± 13.9 and the majority of participants were Caucasian (86.4%). ~86% subjects underwent concomitant prolapse repair surgeries. All participants reported significant improvement in SUl symptoms. Average self-reported SUl episodes were 2.10 ± 2.34 per day vs 0.09 ± 0.23 per day pre-operatively and 2 months post-operatively, respectively. Dynamic ultrasound measurements are summarized in Table 1 indicating the sling allowed the urethra to swing about the pubic symphysis, but it lessened the extent of the swing proximally and distally.

**Conclusions:** The preliminary results of this ongoing cohort study show that a properly placed and functional retropubic mid-urethral sling limits the extent of urethral swinging. This is consistent with our previously published work which demonstrated that association was consistent with less urethral swinging motion. In addition, the increase in urethral thickness from rest to strain pre- and post-operatively suggests that the sling is not providing a backstop as described by the hammock theory.

**Disclosure:** No

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**Scientific Salon 160**

**ULTRASOUND GUIDED STAGING AND REVERSAL OF FEMALE GENITAL MUTILATION/CUTTING**

Y. Baumfeld¹, S.A. Shobeiri¹, E. Welch¹, J. Alshiek¹. **INOV A Health System¹**

**Introduction:** Female genital mutilation/cutting (FGM/C) is a procedure that involves the partial or total removal of the external genitalia or injury to the female genital organs for non-medical reasons. Over 200 million females worldwide have been affected by this syndrome. The World Health Organization (WHO) categorizes FGM/C into four main types according to the anatomy involved. While surgical correction has been described with good anatomical results, data regarding imaging modalities to further stage and evaluate the involved anatomic structures is lacking. Additionally, as clitoral engorgement can significantly impact sexual function, its structure and vasculature are areas of critical interest, therefore using Doppler US can be useful for this purpose.

**Objective:** We specifically focus on the clitoral structures and blood flow to evaluate the preoperative dysfunction and predict postoperative function.

**Methods:** This is a case series of patients with FGM/C who were evaluated and underwent reconstructive surgical management at a single institution between 2018-2021. Ultrasound examination using the Aixplorer® (Supersonic Imagine) and SuperlinerTM probe with Doppler imaging was performed. The electronic medical record was queried for data regarding patient characteristics, examination and ultrasound findings, as well as surgical and postoperative course.

**Results:** Seven patients that underwent FGM/C are described in this case series. The patients ranged from 27 to 47 years old and had sustained the FGM/C between 3 months to 7 years old. The primary presenting complaints were dyspareunia or apareunia. Out of the 7 patients, 6/7 reported anorgasmia. It was hard to distinguish if the sexual pressure, if any was derived from the clitoral or vaginal stimulation. The FGM/C WHO classifications ranged from Ia to IIIb. Four of the patients had prior vaginal deliveries, and one was delivered only by caesarean sections, two have not been able to have intercourse. Ultrasound examination was utilized before and during surgery to facilitate recognition of the anatomic structures for detailed staging of the FGM/C but also for further personalization and planning of reconstructive methods. Particularly for patients with clitoral involvement, the Doppler probe was helpful to evaluate the blood flow to the clitoris (Figure 1). In one patient, Doppler technology was useful to delineate clitoral tissues from a closely involved periclitoral inclusion cyst, which aided in surgical excision while minimizing vascular or nerve injury to the clitoris. Patients were evaluated 2-6 weeks post-operatively and found to have excellent anatomical restoration of the outer vulva and distal vaginal structures with improvement in sexual functionality and significant alleviation of dyspareunia. None of the patients reported decreased sexual pleasure postoperatively. In all patients discussed, the primary determinant of positive sexual functional outcome was the ability to achieve clitoral orgasm preoperatively.
Scientific Salon 161
PHENOTYPIC CHARACTERIZATION OF THE LAM INJURY AFTER VAGINAL DELIVERY

Y. Baumfeld1, Q. Wei2, J. Alshiek1, P. Chitnis2, R. Tomashov1, S.A. Shobeiri1

INOWA Health System1, George Mason University2

Introduction: Vaginal birth is the primary cause of pelvic floor injuries, including levator ani muscle (LAM) injury, resulting in pelvic floor disorders. Studies have explored the mechanics of vaginal delivery concerning the damage to the pelvic floor muscles, ranging from small hematomas to complete muscle separation where it attaches to the pubic bone. Some of the damage is reversible, as demonstrated using 3D endovaginal ultrasound (EVUS). We hypothesized that the levator ani muscle (LAM) injuries associated with vaginal deliveries have distinct phenotypic characteristics that correlate with the patient’s symptoms.

Objective: The study’s objective is to describe the LAM damage after vaginal delivery and its correlation with a patient’s symptoms.

Methods: The study is a single-center prospective observational study including women who presented to the mother’s pElvical fllOur Support (RECOUP) Clinic and underwent 3D EVUS, by a single observer with over 30 years of experience. We used EVUS to accurately diagnose the LAM injury as it is the only point-of-care imaging modality capable of differentiating LAM subdivisions. EVUS is the primary tool in the RECOUP clinic to elucidate the patients’ underlying pathology. The target patient population included perineal injury, instrumental delivery, urinary retention, urinary or fecal incontinence, pain, or pelvic pressure. Data collection included baseline characteristics, such as patient age, ethnicity, and background medical/surgical history, as well as validated questionnaire results and physical examination findings, including Pelvic Organ Prolapse Distress Inventory (POPDI), Pelvic Floor Disability Index (PFDI), and Pelvic Organ Prolapse Quantification (POPQ) evaluation.

Results: A total of 60 women were included in the analysis, with a mean age of 35; 70% were Caucasian, and the mean body mass index of 25. The mean parity was 1.6 with 1.4 vaginal deliveries. 17% had a history of forceps delivery, and 29% had a history of obstetric anal sphincter injury. 29/57 (50.9%) had a right-side injury, including either pubococcygeals (PR) or pubococcygeus (PC) with 18/57 (32%) and 28/57 (49%) PR and PC injury respectively. 20/57 (35%) patients had a left side injury, with 18/57 (32%) and 16/57 (28%) PR and PC injury respectively. 16/57 (28%) patients had a bilateral injury, while 13/57 (23%) had a right-side injury alone and 4/57 (7%) had left-side injury alone (P < 0.001). 17/18 (94.4%) with PR injury had PC injury as well (P = 0.001). In Table 2 a comparison between bilateral and unilateral muscle injuries are compared to the patients without any muscle injury. The bilateral group had higher POPDI and PFDI scores, in the POPQ total score and the section regarding vaginal symptoms as well as a positive correlation was found between the degree of injury and the POPQ scores.

Conclusions: Phenotypic characterization of the LAM subdivisions injuries after vaginal delivery reveals varied patterns and degrees of persistent LAM injury, which is not consistent with current literature of LAM injury as avulsion or no-avulsion phenomenon. These significant variations in the location and degree of LAM injuries correlate with the physical examination findings and symptoms.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Consultant to MEMIC, COSM, TRACKIMED.
Disclosure: No

Scientific Salon 163
FILLING AND VOIDING CYSTOMETRY VALUES AND THEIR SHORT-TERM REPRODUCIBILITY IN A UROGYNECOLOGIC POPULATION
A. Stork 1, C. Hicks 1, J. Pruszynski 1, J. Schaffer 1, D. Rahn 1. UT-Southwestern Medical Center 1

Introduction: Normal urodynamic study (UDS) filling and voiding parameters and their reproducibility with repeated cystometry studies have been previously described in asymptomatic healthy women (or mixed populations of men and women) and in women with neurologic disease using water-filled catheters, but these are not yet reported using air-filled catheters in a more typical urogynecologic population.

Objective: We aim to describe reference values for filling and voiding cystometry in a urogynecologic population without neurologic disease. We additionally seek to demonstrate the short-term reproducibility of these studies.

Methods: We performed a planned secondary analysis of data from a prospective study of female patients in a urogynecology clinic over 18 years old undergoing UDS for evaluation of urinary incontinence, voiding dysfunction, or assessment of occult incontinence in preparation for prolapse repair surgery. Exclusion criteria included known neurologic disease impacting voiding or continence, active urethral tract infection, prolapse unable to be effectively reduced, pregnancy or breastfeeding, or bladder pain syndrome. After a standard free-flow uroflowmetry and residual collection by catheterization, UDS1 was performed using 7-Fr intravesical and intravaginal air-filled catheters. Filling rate was 50 mL/min in a sitting position. Data from filling cystometry included volumes at first sensation, first urge, strong urge, and maximum cystometric capacity, the presence of detrusor overactivity (DO), and assessment of compliance. A pressure-flow micturition study then assessed voided volume (VV), post-void residual (PVR), voiding efficiency [VV/(VV + PVR)], maximum flow rate, maximum detrusor pressure, detrusor pressure at peak flow, presence of electromyogram (EMG) activity during void, and voiding pattern (normal, intermittent, interrupted, and/or prolonged). After 5-10 minutes rest, UDS2 was completed with the same measurements recorded. Due to non-normal distribution of continuous measures, medians (IQR) are reported with comparisons of UDS1 and UDS2 by Wilcoxon rank sum test.

Results: Consecutive UDS1 and UDS2 data were obtained from 63 women. Patient demographics are shown in Table 1; mean(SD) age was 62(11) years. Filling and voiding cystometric data are shown for the initial and repeat studies in Table 2. Volume at first urge changed significantly between UDS1 and UDS2, increasing from 86 mL to 124 mL (P < 0.001). There were 39 women contributing EMG data for both UDS1 and UDS2, and most demonstrated either active or active + abdominal overflow for UDS1 (10 and 28, respectively) with just 1 non-active/normal; this changed for UDS2 with 5 active, 31 active + abdominal overflow, and 3 non-active/normal (P < 0.001). There were otherwise no significant differences in UDS measurements between the initial and repeat studies, including presence/absence of DO.

Conclusions: We present UDS parameters in a urogynecologic population with urinary incontinence and/or reducible prolapse without neurologic disease. These parameters may better represent reference values for patients in a typical urogynecologic practice. There was a slight increase in volume at first urge and a change in EMG activity with repeat UDS—neither likely clinically significant. We otherwise confirmed the short-term reproducibility of UDS with air-filled catheters in women.

Table 1: Patient demographics

| Age, Mean (SD) | 62.5 (11.3) |
| Race, N (%) | |
| White | 50 (79) |
| Black | 9 (14) |
| Asian | 4 (6) |
| Other | 2 (3) |
| Hispanic ethnicity, N (%) | 7 (11) |
| Insurance | |
| Private | 37 (59) |
| Medicare | 26 (41) |
| Self-pay | 1 (2) |
| Current smoker | 6 (10) |
| Prior pregnancy | 56 (89) |
| Prior surgeries | |
| Surgery for SUI | 12 (19) |
| Surgery for pelvic organ prolapse | 7 (11) |
| Hysterectomy | 28 (44) |
| Diabetes | 6 (10) |
| More than 3 UTIs in past year | 6 (10) |
| Stage of most severely prolapsed compartment | |
| Stage 0 | 4 (6) |
| Stage 1 | 17 (27) |
| Stage 2 | 21 (34) |
| Stage 3 | 12 (19) |
| Stage 4 | 8 (13) |

Data reported as N (%) unless otherwise indicated.
TABLE 2: Volume of Filling/Draining Metrics (UISS) and their Reproducibility (UISS2)

<table>
<thead>
<tr>
<th>Volume of Filling/Draining, ml</th>
<th>UISS1 (N=61)</th>
<th>UISS2 (N=43)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.18 (4.88)</td>
<td>0.969</td>
<td></td>
</tr>
<tr>
<td>0.20 (4.85)</td>
<td>0.969</td>
<td></td>
</tr>
<tr>
<td>0.22 (4.85)</td>
<td>0.969</td>
<td></td>
</tr>
<tr>
<td>0.24 (4.85)</td>
<td>0.969</td>
<td></td>
</tr>
</tbody>
</table>

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Urovant Sciences, LLC.
Previous studies have shown that metabolic factors may play a role in the development of overactive bladder syndrome (OAB), urinary incontinence (UI) and other lower urinary tract symptoms (LUTS). However, ASSOCIATION BETWEEN CENTRAL OBESITY AND GENERAL OBESITY WITH FEMALES LOWER URINARY TRACT SYMPTOMS

Introduction:

Worldwide the prevalence of obesity has been increasing. Our country is also affecting because of increasing trend towards obesity. Previous studies have shown that metabolic factors may play a role in the development of overactive bladder syndrome (OAB), urinary incontinence (UI) and other lower urinary tract symptoms (LUTS). However, the relationships between central obesity and LUTS have not been well studied in females. In addition, most studies were international based; thus it is unclear whether the findings would apply to patients seeking care for their LUTS in our society.

Objective:

To determine the association between central obesity and lower urinary tract symptoms in women and to evaluate the effect of central obesity and generalized obesity on Lower urinary tract symptoms.

Methodology:

This is a cross sectional study, included females patients presented with the complaint of lower urinary tract symptoms. The ethical approval was obtained from institutional review board, participants were asked to fill a detailed, pre-structured questionnaire, and demographic details were documented along with height, weight and BMI and waist circumference was calculated to assess the association of obesity and waist hip ratio with lower urinary tract symptoms severity. Complete medical history was taken, data was entered and analyzed in statistical package of social sciences version 22. Descriptive analysis was analyzed as mean and standard deviation, while to assess the association multivariate and unadjusted regression was performed. To check the significance of data chi-square test was used, p-value <0.05 was considered significant.

Results:

Study participants were categorized within two groups divided by Waist circumference and generalized obesity. Lower urinary tract symptoms were increasingly reported in central obesity as compared to generalized obesity with 65% vs. 35% of frequency, 57.4% vs. 42.5% of urgency and 18.3% vs. 15% of urge incontinence in central obesity and generalized obesity respectively. Table 1. Demographic details including Age, BMI, waist circumference along with medical history of Hypertension, dyslipidemia, hyperglycemia and constipation were categorized with none to mild symptoms and moderate to severe symptoms of LUTS, multivariate regression indicated positive association of LUTS severity with age, obesity and increased waist circumference. Apart from all the positive associations, waist circumference had maximum odds of experiencing moderate to severe symptoms with 7.5 (2.2 – 14.3). table 2 Upon categorization of symptoms within total, voiding and storage the data distribution represented positive association of waist circumference with total symptoms of lower urinary tract, while Voiding symptoms were also showed positive association, only storage symptoms had negative multivariate regression for Waist circumference. Table 3

Conclusions: Our results suggested that females with increased waist circumference are at increased risk of LUTS. Increased waist circumference implies worsening of straining and voiding symptoms. Waist circumference measurement was more advantageous and may be a useful parameter for predictive of LUTS. The handling of correctable risk factors of waist circumference may help in prevention of the evolution of female health problems, especially LUTS.

Table 2 Characteristics of the participants according to LUTS severity

<table>
<thead>
<tr>
<th>Variables</th>
<th>None or mild symptoms (n, %)</th>
<th>Moderate or severe symptoms (n, %)</th>
<th>p-Value</th>
<th>OR (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>62 (3.5)</td>
<td>52 (3.5)</td>
<td>0.57</td>
<td>4.8(2.7–11.9)</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>20 (1.3)</td>
<td>26 (1.6)</td>
<td>0.31</td>
<td>2.4(1.1–5.3)</td>
</tr>
<tr>
<td>Waist circumference</td>
<td>68 (4.4)</td>
<td>108 (6.8)</td>
<td>0.49</td>
<td>7.5 (2.1–24.3)</td>
</tr>
<tr>
<td>Hypertension</td>
<td>42 (25.5)</td>
<td>58 (37.5)</td>
<td>0.37</td>
<td>3.4(1.7–7.0)</td>
</tr>
<tr>
<td>Dyslipidemia</td>
<td>33 (20.4%)</td>
<td>51 (31.9%)</td>
<td>0.72</td>
<td>3.7(1.5–6.3)</td>
</tr>
<tr>
<td>Diabetic</td>
<td>30 (19.1%)</td>
<td>53 (32.3%)</td>
<td>0.86</td>
<td>2.3(1.7–7.4)</td>
</tr>
<tr>
<td>Constipation</td>
<td>28 (17.8%)</td>
<td>42 (26.3%)</td>
<td>0.71</td>
<td>1.4(1.1–1.7)</td>
</tr>
</tbody>
</table>

Table 3 Odds ratio and 95% confidence interval for total symptoms, voiding symptoms, storage symptoms based on Waist circumference

Table 9 Odds ratio and 95% confidence interval for total symptoms, voiding symptoms, storage symptoms based on Waist circumference

<table>
<thead>
<tr>
<th>Dependent variable</th>
<th>Waist circumference</th>
<th>None or mild symptoms (n, %)</th>
<th>Moderate or severe symptoms (n, %)</th>
<th>Unadjusted OR (95% CI)</th>
<th>Multivariate adjusted OR (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total symptoms</td>
<td>45 (54.5%)</td>
<td>20 (11.8%)</td>
<td>59 (68.2%)</td>
<td>2.89 (0.82–9.22)</td>
<td>2.17 (0.64–7.18)</td>
</tr>
<tr>
<td>Voiding symptoms</td>
<td>47 (55.5%)</td>
<td>34 (19.5%)</td>
<td>55 (60.5%)</td>
<td>4.22 (1.53–11.43)</td>
<td>1.55 (0.53–4.82)</td>
</tr>
<tr>
<td>Storage symptoms</td>
<td>53 (70.3%)</td>
<td>50 (28.3%)</td>
<td>10 (16.3%)</td>
<td>2.18 (0.62–7.92)</td>
<td>0.820 (0.24–2.84)</td>
</tr>
</tbody>
</table>

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Tabba Kidney Institute
THE ROLE OF MACROPHAGES IN APOPTOSIS SURROUNDING POLYPROPYLENE MESH FIBERS

A. Arten1, C. Mayr1, K. Weber2, K. Rytel3, P. Moalli1. Magee-Womens Research Institute1, University of Pittsburgh Medical Center2, University of Pittsburgh3

Objective: We hypothesized that ROS produced by macrophages surrounding PP mesh contribute to adjacent cellular apoptosis via lipid membrane peroxidation and would be limited to the area immediately surrounding mesh fibers. In contrast, we anticipated that a chemical leaching induced by macrophages would lead to broader widespread apoptosis. To test this hypothesis, we quantified macrophages and apoptotic cells and their relative distance from meshes implanted on the abdominal wall vs Sham. We used malondialdehyde (MDA) as a marker of lipid peroxidation.

Methods: 14 female middle-aged rhesus macaques underwent implantation of one of two polypropylene surgical meshes: Gynemesh PS (42 g/m2) versus Restorelle (18 g/m2). Meshes were implanted into the abdominal wall and mesh-tissue complexes collected 90d later. Sham operated animals served as controls. Biochemical analysis included an assay for malondialdehyde, while immunofluorescence was performed with CD68 (macrophage) and TUNEL (apoptosis). Apoptotic index = apoptotic cells/total cells. Total cell counts, cells labeled as macrophages, apoptotic cells or both were counted and fascia and fiber area were quantified. Proximity to mesh was determined using regions of interest extending in a 350um radius from each cell fiber which included the extent of the visualized local immune response. Kruskal Wallis tests were performed to assess differences between groups with post-hoc rank sum tests using a Bonferroni correction.

Results: The primary site of apoptosis was immediately surrounding the mesh fibers with less in the more distant fascia (p = 0.2) which were both significantly higher than Sham (Figure 2). There was a moderate positive correlation between macrophages and apoptotic cells across all samples (Rho = 0.48, P = 0.032) and in the mesh samples, many of the apoptotic cells were macrophages (sham median 0%, range 0-37%; Restorelle 27.0% [0-2-77%], Gynemesh 39.4% [11.8-80.1%], p = 0.05 Restorelle vs Gynemesh). However, after excluding apoptotic macrophages from the analysis the correlation between macrophages and apoptotic cells persisted (Rho 0.53, p = 0.05) or apoptotic macrophages (P > 0.05). MDA positively correlated with both the total number of macrophages and number of macrophages that were nonapoptotic (Rho = 0.42 and 0.44 respectively, P = 0.04, Figure 3).

Conclusions: PP-associated apoptosis occurred primarily in the areas of mesh fibers, supporting the role of macrophages as a driver of lipid peroxidation and apoptosis, likely through the production of ROS. However, MDA did not correlate with number of apoptotic cells, suggesting that not all cells apoptose following membrane peroxidation. The absence of apoptosis >350um from mesh fibers argues against toxic chemicals leaching from PP Further research into alternative pathways in cellular death are ongoing.

Disclosure: No
subsequent dramatic drop at 8wks. In contrast, 4 weeks post CS, collagens decreased substantially relative to NP, with subsequent increase towards NP levels by 8wks. Fibrinogens and NID2 in PCs and C progressed increased relative to NP from 4 to 8wks post both CS and VD. FBLN5 was the highest in NP in PCA and C. It declined 4 weeks after VD, increasing by 8 weeks, but never returning to NP levels. After CS, FBLN5 progressively decreased after delivery compared to NP (Fig.B). Similar trends were observed in ICA. For soluble ECM proteins see Fig.C. Interestingly, overall proteomic composition in early postpartum (CS4, VD4) differed from late postpartum (CS8, VD8) period. After CS, the proteomic profiles of PFMs at 8wks more closely approximated the NP state than at 4 weeks. The reverse was seen after VD, with further departure from the NP state at 8-week time point compared to the 4-week one.

Conclusions: Specific proteomic signatures are observed in structural and soluble ECM components in response to delivery and even after 8 weeks did not return to NP state. Collagens and fibrinogens were decreased independent of delivery mode whereas ECM affiliated proteins, proteoglycans and DAMPs were differently altered by delivery mode. Overall, proteomic profiles suggest after CS PFMs trend toward the NP state while after VD they continue to diverge consistent with insidious decline in PFM function.

Disclosure: No

Scientific Salon 168
THE IMPACT OF MICROENVIRONMENTAL AND PREGNANCY-ASSOCIATED SYSTEMIC FACTORS ON RAT MUSCLE PROGENITORS
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Introduction: Pelvic floor muscle (PFM) dysfunction, consequent to birth injury, is a major risk factor for PFD. Rational design of preventative and reparative therapies is contingent upon a thorough understanding of the PFM’s adaptive and regenerative properties. The above necessitates the use of preclinical models, such as rat - previously validated for the studies of human PFM. Skeletal muscle plasticity and repair is influenced by specific cues contained in its extracellular matrix (ECM).

Objective: We aimed to test the hypothesis that the survival and function of rat muscle progenitors will be superior in the presence of tissue-specific skeletal muscle ECM (ECMSKM) compared to non-specific ECM. The systemic environment also strongly influences progenitors in limb muscles. Thus, we aimed to determine whether variable systemic factors present during pregnancy influence muscle progenitors’ fate.

Methods: To assess the impact of tissue-specific and non-specific microenvironments, ECMSKM, cardiac ECM (ECMCARD), and collagen (COL) were used to encapsulate rat skeletal myoblasts (L6 (ATCC); 25,000 cells/10 μL). The encapsulated cells were incubated for 1 hour until gelation on chamber slides. The resultant 3D constructs supplemented with standard growth media. After 1, 3 or 5 days, EdU (5-ethyl-2′-deoxyuridine) was added 4 hrs before fixation in 4% PFA. Fixed constructs were placed into freezing medium for 24 hrs at 4 °C, snap-frozen, cryo-sectioned (7 μm), and stained with DAPI. EdU+ cells were identified using Click-iT™. For the second objective, 3-month old non-pregnant, mid-pregnant and late-pregnant Sprague-Dawley rats were euthanized (N = 3/group) and serum was collected. Muscle progenitors were encapsulated in ECMSKM supplemented with DMEM with 10% of either non-pregnant, mid-pregnant or late-pregnant serum. After 3 days, all constructs were processed as described above. Sections were imaged with Keyence fluorescent microscope and ImageJ was used for quantification. Data were analyzed using two- and one-way ANOVAs, followed by Tukey’s pairwise comparisons.

Results: The total number of live cells was significantly higher at all time points when muscle progenitors were encapsulated in ECMSKM (Fig.1). In fact, none of the cells survived beyond Day1 in ECMCARD. Cellular proliferation was similar between ECMSKM and ECMCARD constructs on Day1, beyond which only muscle progenitors encapsulated in ECMSKM proliferated (Fig.1). COL inhibited cell proliferation at all time points. Given these results, ECMSKM was selected to test the impact of systemic factors on cell fate. Neither the total cell number nor the proportion of EdU+ cells differed in response to non-pregnant vs mid-pregnant serum (Fig.2). However, the exposure to late-pregnant serum resulted in significant decline in the number of live cells and reduction of cells’ proliferation compared to cells exposed to non-pregnant or mid-pregnant serum.

Conclusions: These data suggest that the complex microenvironment of ECMSKM, determined by multiple ECM proteins and various growth factor binding sites, is important for the viability and proliferative capacity of muscle progenitors, underscoring the importance of tissue-specificity in regenerative approaches. Secondly, our intriguing novel results reveal that systemic factors associated with late-pregnancy impair muscle progenitor viability and proliferation. Future studies will focus on identifying specific biologically relevant factors that likely impact muscle plasticity and regeneration.
Efficacy of V Aginal Estrogen in the Prevention of Recurrent Urinary Tract Infection in Hypoestrogenic Women


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Introduction: Vaginal estrogen is considered the standard of care to prevent recurrent urinary tract infection (UTI) in hypoestrogenic women. However, the literature supporting its use is limited to small clinical trials with narrow generalizability.

Objective: The primary objective of this study was to assess the association between vaginal estrogen use and the frequency of culture-proven UTIs over one year following prescription in a diverse population of hypoestrogenic women. Secondary objectives included evaluation of predictors of post-prescription UTI frequency and patient adherence.

Methods: This multicenter, retrospective cohort study included women who received a new prescription of vaginal estrogen for the indication of recurrent UTI from January 1, 2009 through December 31, 2019. Patients were confirmed to have filled this index prescription and continued care within the health maintenance organization for one year after the date of prescription. Recurrent UTI was defined as three or greater culture-proven UTIs at least two weeks apart in the year preceding vaginal estrogen prescription. Exclusion criteria included anatomic abnormalities of the genitourinary system, vesicoureteral reflux, genitourinary malignancy, mesh erosion into the genitourinary tract, and renal abscess. Data on patient demographics, medical comorbidities, and surgical history were collected. Adherence was captured through refill data after the index prescription. Low adherence was defined as no further refills; moderate adherence was defined as one additional refill; high adherence was defined as two or more refills. All data were abstracted from the...
Results: The cohort included 5,638 women with mean (SD) age of 70.4 (11.9) years, body mass index of 28.5 (6.3) kg/m², and baseline UTI frequency of 3.9 (1.3). Most were white (59.9%) or Hispanic (29.7%) and postmenopausal (93.4%). Mean UTI frequency detected in the year following index prescription decreased to 1.8 (Table 1, P < 0.001), a 51.9% reduction. During the 12-month period after index prescription, 55.3% of patients experienced one or fewer UTIs, and 31.4% experienced no UTIs. Significant predictors of post-prescription UTI (Table 2) included: age 75-84 (incident ratio 1.24; 95% CI 1.05-1.46) and 85 plus years (1.41; 1.17-1.68), baseline UTI frequency (1.22; 1.19-1.24), urinary incontinence (1.14; 1.07-1.21), urinary retention (1.21; 1.10-1.33), diabetes mellitus (1.14; 1.07-1.21), and moderate (1.32; 1.23-1.42) or high adherence (1.33; 1.24-1.42). Highly-adherent patients demonstrated more frequent post-prescription UTIs than low-adherence patients (Figure 1; 2.2 versus 1.6, P < 0.0001). The only significant predictor of moderate or high adherence was age 65-74 years (odds ratio 1.67; 95% CI 1.16-2.39).

Conclusions: UTI frequency decreases by approximately 52% in hypoestrogenic women who are prescribed vaginal estrogen. Baseline UTI frequency, increasing age, urinary incontinence or retention, and diabetes mellitus are significant predictors of UTI frequency over the 12 months following vaginal estrogen prescription. The paradoxical finding that women with moderate and high adherence experienced the lowest-magnitude reduction in UTI frequency may represent unobserved selection, such as the relative severity of underlying medical conditions.

Disclosure: No

Scientific Salon 170
SHARING IS CARING: DATA AVAILABILITY IN UROBIOME RESEARCH
L. Karstens1, J. Gourdin1, E. Dahl1, A. Barstad2, L. Brubaker2, A. Wolfe1, N. Siddiqui1, Oregon Health & Science University1, University of California, San Diego2, Loyola University Chicago2, Duke University Medical Center2

Introduction: Over the past decade, complementary sequence-based and culture-based approaches have provided clear, reproducible evidence that the urinary bladder has a microbial community (urobiome) that includes bacteria, fungi and viruses. Urobiome communities appear to be associated with several urological disorders ranging from kidney disease to overactive bladder, urinary incontinence, and bladder cancers. While individual studies have generated our current knowledge about the urobiome, more value can arise from data sharing and reuse. Reuse and secondary analyses of existing data can lead to new insights, particularly meta-analyses that combine data across studies. However, for data to be reused, it needs to be Findable, Accessible, Interoperable and Reusable (FAIR).

Objective: To identify how much of existing urobiome research is FAIR, with the ultimate goal of determining areas in need of improvement.

Methods: We performed a literature review on PubMed with the key terms “urobiome microbiome” or “bladder microbiome” on August 9th 2021. Primary research articles were evaluated by trained researchers to confirm that they contained sequencing data about the human urobiome. Remaining articles were reviewed in depth to determine if the data were Findable and Accessible. We further evaluated the metadata (i.e., clinical and technical descriptors that are submitted with sequencing files to describe the samples the data arise from) for 20 studies available through the NIH Short Read Archive (SRA) for interoperability (common terms and structured terminology).

Results: Our literature search returned 73 primary research articles about the human urobiome. Seven articles were inaccessible and not evaluated in detail. Of the remaining 66 research articles, 40 (60.1%, Figure 1) reported that data were publicly available without needing to submit a request to the authors. Data locations ranged from being provided as supplementary material, hosted on personal web repositories such as github, or present on large-scale repositories such as the SRA. The SRA was the most frequently used repository, with data from 27 (67.5%) of studies. Additional evaluation of metadata when also submitted on the SRA (available for 20/27 studies) showed few attributes (e.g., column names) being shared across studies. In total, there were 98 unique data attributes. No attribute was used consistently across all studies.

Only 17 (17.3%) of the unique attributes were used across at least 3 studies. Three attributes (host, geographic location, and sample collection date) that are generally required to upload sequences to SRA were used across 13 studies (Figure 2). Several attributes describe similar characteristics. For example, urine_collec_meth, urine_collect_method, and urine collection method, and sample collection device or method, are attributes identified across several studies, all of which describe how the urine was collected for samples.

Conclusions: Urobiome research has been substantially increasing since 2012. While the majority of urobiome research has been made publicly available, there are several inconsistencies that will hamper data reuse, such as the lack of consistent metadata attributes across studies. Since urobiome research is growing, it is an ideal time to build consensus, define structured terminology, and train urobiome researchers in FAIR data practices and available resources.
confirmed by constant polydipsia, polyuria, and hyperglycemia (≥ 300 mg/dL), a polypropylene mesh was implanted on the anterior and posterior vagina via lumbo-sacrocolpopexy following bilateral ovariectomy and suprarctal hysterectomy for 3- very early, 7- early) and 42-days (late). Normoglycemic rats underwent the same procedures (n = 5 for each time point in each group). Single cell suspension was prepared from mesh-rafted vagina using enzymic digestion for fluorescence-activated cell sorting. Macrophages (CD11b + CD68 + CD163 + CD172a+) were sorted following a gating strategy sequentially identifying CD45+ (pan- marker of immune cells) and non-lymphocytes/NK cells (CD3-CD45R-CD161a-). Total RNA was extracted using Qiagen’s RNAeasy Plus Micro kit followed by library preparation with Takara SMART-Seq Stranded kit. Sequencing was performed on an Illumina NextSeq 2000. Data were analyzed with CLC Genomics Workbench 22 (Qiagen). Differential expressions with absolute fold change >2 and false discovery rate < 0.05 were accepted as significant differences between groups and imported to IPA (Qiagen) for pathway analysis.

Results: In total, 22081 RNAs in macrophages were successfully mapped to rat genome (Ensembl) following trimming and quality checks. In both normoglycemic and diabetic groups, the most significant change of macrophage transcriptome occurred at 7 days with 1058 and 1240 genes differentially expressed relative to 3 days, respectively, whereas there were less changes occurred at 42 days (541 and 659 genes differentially expressed relative to 7 days). In the normoglycemic groups, macrophages at 7 days began to downregulate the expression of proinflammatory genes in response to acute injuries including IL-1α, IL-1β, IL-6, CXCL1-3, S100a8 and S100a9. Simultaneously, the expression of genes involved in fibrogenesis were upregulated, including Co1α1, Co3α1, and TGFb1. At 42 days, CXC3, S100a8 and S100a9 were further downregulated with a downregulation of Co1α1, Co3α1, indicating an attenuation of both inflammatory and fibrotic responses. When compared to the normoglycemic groups, macrophages in the diabetic groups demonstrated significant differences in gene expression at late (42 days) but not early stages (3 and 7 days) (Figure). There were 432 differentially expressed genes in the diabetic vs. normoglycemic groups at 42 days with increased expression of proinflammatory genes S100a8 and S100a9, and pre-fibrotic genes including Collα1, Collα3, Col6α1, and Collα2.

Conclusions: Longer duration of diabetes alters macrophage transcriptome in response to mesh implanted upon vagina, which may underlie the macrophage dysfunction in the regulation of inflammation and fibrogenesis. Future studies on diabetes-induced epigenomic modifications and macrophage- based therapies are warranted.

Disclosure: No

Scientific Salon 172

CHANGES IN THE UROGENITAL MICROBIOMES FOLLOW MIDURETHRAL SLING SURGERY FOR STRESS URINARY INCONTINENCE

I. Fields1, B. Garg1, A. Barstad1, E. Dahl1, W.T. Gregory1, L. Karstens1. Oregon Health & Science University

Introduction: Midurethral sling (MUS) procedures have become increasingly popular as the treatment choice for stress urinary incontinence (SUI). Some evidence suggests that MUS might lead to new-onset or worsening urinary urgency or urgency urinary incontinence (UUI), and overactive bladder (OAB) symptoms following MUS are as high as 30%. OAB and UUI are usually attributed to abnormalities in detrusor neuromuscular function and signaling but the exact cause of OAB is likely more complex. Growing evidence suggests that the female urinary microbiota may be associated with lower urinary tract symptoms and play a role in certain urinary disorders such as OAB and UUI.

Objective: The study objective was to evaluate the effect of MUS on the urinary and vaginal microbiomes.

Methods: This was a prospective observational cohort study of women planning to undergo MUS surgery for the treatment of SUI that took place from June 2019 through August of 2020. Urinary and vaginal samples were collected on the day of surgery and at 2- and 6-weeks postoperatively. Participants also filled out Pelvic Floor Distress Inventory (PFDI-20) and Overactive Bladder Questionnaire Short Form (OABq-SF) surveys at each visit. The urine and vaginal swabs were sent for 16S RNA amplicon sequencing of the V4 region with Illumina MiSeq along with extraction blanks and a mock microbial dilution series. Raw reads were processed with DADA2 to generate amplicon sequence variants (ASVs). Taxonomy was assigned with BLCA using the 16S Microbial NCBI database. The number of observed genera, Shannon, inverse Simpson, and Pieul indices were used to assess alpha diversity of the urobiome and vaginal microbiome. We assessed change in median values using paired Wilcoxon rank sum test between visits.

Results: Nineteen women undergoing MUS were enrolled in the study with an average age of 56.1 ± 11.4 years. Most women were postmenopausal (73.7%) and had history of prior hysterectomy (52.6%). PFDI-20 scores decreased over time by 7.10 points (P < 0.001). OAB symptom bother decreased and health-related quality of life improved over time by 16.4 and 18.3 points, respectively (P < 0.001). The vaginal microbiome demonstrated increases in the Inverse Simpson, Shannon, and Pieul indices from baseline to 2-weeks followed by a decrease from 2- to 6-weeks, although this was not statistically significant, likely due to high variability in the alpha diversity measures of the vaginal microbiome among subjects in this study (Fig. 1). These temporal change patterns do not appear to be mirrored in the urinary microbiome (Fig. 2). We did not observe similar trends in the median number of observed genera. In the vaginal microbiome, Staphylococcus, Dialister, and Peptoniphilus were decreased significantly from baseline to 6-weeks. This change was not mirrored in the urinary microbiome.

Conclusions: The vaginal and urinary microbiomes exhibit changes at 2- and 6-weeks post-operatively following MUS surgery. Three vaginal bacteria were significantly decreased. While we noted an initial increase followed by decrease in alpha diversity measures in the vaginal microbiome, none were significant, likely because of low sample size and high variability of the vaginal microbiome in our cohort. Interestingly, we did not observe similar changes in the urinary microbiome.

Disclosure: No
BACTERIAL PERSISTENCE AS A POTENTIAL MECHANISM OF RECURRENT UTI IN A UROGYNECOLOGIC POPULATION

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Introduction: Up to 50% of women are diagnosed with a urinary tract infection (UTI) in their lifetime.1 Approximately 20-44% of women will go on to develop recurrent UTIs (rUTI), with postmenopausal women disproportionately affected.2 It is unknown if rUTIs are as a result of bacterial resistance or persistence. Persistence occurs when bacteria become metabolically inactive in response to bacterial cell stress, allowing them to survive antibiotic treatment.3-6 These bacteria are called persisters.

Objective: Our team has a biobank of 90 clinically-sourced specimens from postmenopausal women. This study aims to characterize each specimen’s antibiotic susceptibility profile and phenotype to determine the prevalence of the persistence in vitro for uropathogens. The findings from this research will contribute to bridging the gap in our clinical armamentarium to treat recurrent infections.

Methods: Urine was obtained as part of an IRB approved study to identify mechanisms of rUTI. Uropathogens from 89 postmenopausal women with isolated and rUTI were collected. The minimum inhibitory concentration (MIC) of Nitrofurantoin, Trimethoprim-Sulfamethoxazole (TMP-SMX), Ofloxacin, and Fosfomycin for each isolate was collected according to the standard CLSI Method for broth microtiter dilution.7 Isolates were cultured, treated with ofloxacin at the MIC, washed, and resuspended in phosphate-buffered saline to generate persisters. The culture was aliquoted for antibiotic treatment at the MIC for each antibiotic and vehicle control (DMSO or Water). To quantify the bacterial growth, 10 μL of each dilution was spotted onto agar plates in quadruplicate to determine CFU/mL.8 The same quantification method was performed 24 hours post-treatment after washing each culture in PBS.8 The data was analyzed for significance (P < 0.01) between the vehicle treated persister culture and the antibiotic treatments using a one-way ANOVA followed by a Sidak test in Prism 9.0.

Results: Ninety-five uropathogen strains were isolated from postmenopausal women with culture-proven UTI; the majority of which were E. coli. We have characterized the susceptibility profiles for three strains and a laboratory strain (Figure 1). Isolate E-48 demonstrated a persister phenotype after 24 hours of treatment (Figure 2). After antibiotic treatment, there was bacterial growth that exceeded the pre-treatment sample in the post-treatment isolates confirming we generated the persistence phenotype. There was statistical significance between the post-treatment samples and the vehicle control (p < 0.01).

Conclusions: In our study we demonstrate that current first-line UTI antibiotics may not eradicate E. coli persisters. The MIC of Nitrofurantoin and TMP-SMX were used to inhibit bacterial growth. We were able to show bacterial growth persisted despite antibiotic treatment as bacteria entered a metabolically dormant state to ensure their survival. Once the antibiotic was removed, bacterial growth returned. Bacterial persisters may play a significant role in infection recurrence. There is ongoing research testing each first-line antibiotic for their potential to generate persister cultures.

Disclosure: No
PELVIC FLOOR MUSCLE SHAPE IS ASSOCIATED WITH ANATOMIC RECURRENCE AFTER APICAL PROLAPSE REPAIR

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Introduction: The pelvic floor muscles (PFM) are critical in providing vaginal support. Structural PFM defects have been associated with increased risk of anatomic recurrence after prolapse surgery. Comprehensive descriptions of PFM shape and how shape relates to anatomic recurrence after prolapse surgery are lacking but imperative for improving surgical outcomes.

Objective: To identify shape differences of the PFMs at rest and maximal strain between women with and without anatomic recurrence after vaginal hysterectomy with uterosacral ligament suspension (native tissue repair, NTR) vs transvaginal mesh (VM) hysteropexy for uterovaginal prolapse. We hypothesized that PFM shape significantly differs by surgery, anatomic outcome, and maneuver.

Methods: This was a secondary analysis of a prospective study in which 88 women treated surgically for uterovaginal prolapse (43 NTR, 45 VM hysteropexy) underwent pelvic MRI at rest and maximal strain 30-42 months postoperatively or earlier for patients who desired reoperation prior to 30 months. Anatomic recurrence was defined as prolapse beyond the hymen with strain on MRI. In the true midsagittal plane, the PFM complex was traced from the inferior pubic bone to the tip of the coccyx to generate a 2D curve aligned and normalized by the pubococcygeal line. After establishing corresponding points between all PFM shapes, a Principal Component Analysis (PCA) was performed. Significant modes of variation that explained shape variability greater than noise were identified using a Monte Carlo analysis. PCA scores, the projection of curve coordinates onto eigenvectors, were evaluated using a Three-Way Mixed MANOVA to determine the effects of surgery (NTR vs VM hysteropexy), anatomic outcome (success vs recurrence), and maneuver (rest vs strain) on PFM shape.

Results: Of the 88 women analyzed, 24 (56%) NTR and 13 (29%) VM hysteropexy had anatomic recurrence. Six significant modes of shape variation were identified. Multivariate analysis showed significant two-way interaction between anatomic outcome and maneuver on PFM shape (P = 0.002) which was also present in Modes 1 (P = 0.025), 2 (P = 0.036), and 3 (P = 0.002) (Figure 1). Mode 1 described levator plate relaxation (straightening) and perineal body/anal sphincter descent. Mode 2 described anterior distension/deviation of levator support. Mode 3 described anterior distension of levator support and straightening of the perineal body/anal sphincter during maximal straining. For Mode 1, the levator plate was straighter and the perineal body/anal sphincter were more inferior at strain in the recurrence group vs the success group.

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group (P = 0.009) (Figure 2a). For Mode 2, there was more anterior distension/ deviation of level III support from rest to strain in recurrences (P = 0.005), whereas PFM shape did not differ by maneuver in successes (P = 0.887) (Figure 2b). For Mode 3, there was anterior distension of level III support and straightening of the perineal body/anal sphincter during maximal straining in both groups (Figure 2c).

Conclusions: Hyper-relaxation of the levator plate, descent/hypermobility and straightening of the perineal body/anal sphincter, and anterior distension of level III support during maximal straining were associated with anatomic recurrence after prolapse surgery (Figure 3). These PFM shape characteristics are consistent with degenerative muscular support and warrant prospective studies to investigate their mechanistic role in anatomic recurrence.

Disclosure: Yes, this is sponsored by industry/sponsor: Boston Scientific Clarification: Industry funding only - investigator initiated and executed study

Scientific Salon 175
HOST RESPONSE TO A UROGYNECOLOGIC MESH: A TIME-COURSE STUDY
R. Liang1, A. Fisk1, G. King1, P. Moalli1, University of Pittsburgh1

Introduction: Urogyneologic meshes are used to augment surgical repairs of pelvic floor disorders such as urinary incontinence and pelvic organ prolapse. However, mesh complications including mesh exposure through the vaginal epithelium and chronic pain, hamper the application. A better understanding of host response to a vaginally implanted mesh is key to improve the practice.

Objective: To investigate the time course of host response to a polypropylene mesh implanted via sacrocolpopexy in a rat model.

Methods: Forty-three middle-aged (9 – 12 months) female Wistar rats were used. An ultra-lightweight, large pore polypropylene mesh was implanted on the anterior and posterior vagina via sacrocolpopexy without tensioning following supracervical hysterectomy and bilateral ovariectomy (n = 25). Sham-operated controls underwent the same procedures without mesh (n = 18). Vaginal tissues were collected at very early (3 days), early (7 days) and late (42 days) stages post-surgery. Inflammation at mesh fiber-tissue interface was quantified using hematoxylin & eosin or Masson trichrome methods. Mixed effect models were used to determine the impact of mesh load on the inflammation. Single cell suspension was obtained from mesh-grafted tissues followed by flow cytometry analysis of immune cell populations. Total protein was extracted from the tissue followed by multiplex assay of 22 cytokines/chemokines. Statistical significance was set at P < 0.05.

Results: Relative to Sham, mesh induced inflammatory response in the vagina, which was diffused at 3 days but confined to mesh fibers with the formation of encapsulated foreign body granuloma and FBGCs at 7- and 42-days. OL granuloma and FBGC counts were all positively correlated to mesh load independently (all P < 0.001, Figure 1). With the impact of mesh load adjusted, both OI and granuloma showed significant decrease at 42 days when compared to 7 days (P = 0.005, 0.006) while the number of FBGCs was not different (P = 0.22). In the mesh-grafted vagina, median % of CD45+ immune cells peaked at 7 days (53%) and decreased at 42 days (25%), which remained higher than 3 days (11%) (all P < 0.05). The fraction of macrophages tended to decrease while their lymphocytes tended to increase with time. The fraction of granulocytes remained relatively stable at the 3 time points (Figure 2). Twelve immune mediators were detected, including G-CSF, IFN-ϒ, IL-1α, IL-1β, GRox, MIP-2, IP-10, MCP-1, MIP-1α, RANTES, MCP-3, and eotaxin. Relative to Sham, mesh induced a significant increase of IFN-ϒ at 3 days and increases of eotaxin, IP-10, MCP-1 and MCP-3 at 7 days (all P < 0.05). The increase of these factors was mostly diminished at the late stage (42 days) except MCP-1 and MIP-1α which remained elevated by 8 folds and 13.4 folds (both P < 0.001) (Figure 3).

Conclusions: Polypropylene mesh-associated inflammation increases with mesh load. While it decreases over time, the inflammation sustains with a long-term increase of immune cells in the vagina, which is likely associated with an increase of proinflammatory chemokines MCP-1 and MIP-1α. Strategies to decrease mesh load and attenuate these proinflammatory chemokines are promising to improve mesh outcomes.

Disclosure: No
Authors were contacted for clarifications when needed. Fixed and random effects meta-analyses were conducted using co-dominant models of inheritance in metan. The interim Venice criteria were used to assess the credibility of pooled associations. Results: After removing duplicates 1283 study reports were screened, with 86 selected for full-text review, 42 were included in the analysis (18 adult papers and 24 pediatric papers). A single genome association study using 23andMe data (n = 78,478) has reported two genome wide significant SNPs: rs2976388 close to JRK-PSCA and rs146906133 close to FRMD5, but no external replication is available. All other included studies were candidate gene studies, with the possible meta-analyses summarized in Table 1 (pediatric samples) and Table 2 (adult samples). Many other putative significant findings have been reported in a single paper, but without replication. These meta-analyses demonstrated significant pooled associations for pediatric UTI with variation in ACE, CXC1R1, IL8, TGF, TLR4, VDR and VEGF all of which have plausible roles in the pathogenesis of UTI. These meta-analyses also demonstrated a significant pooled association for adult UTI with variation in CXC1R1. All significant pooled associations were graded as providing at most weak epidemiological credibility, because of small sample sizes, high heterogeneity between studies and high risk of bias from potential genotyping errors or case identification.

Conclusions: This systematic review provides a current synthesis of what is known about the genetic architecture of UTI in childhood and adulthood, and should provide important information for researchers planning or analyzing future genetic association studies. Although, overall, the credibility of pooled associations was weak, the consistency of findings for the rs2234671 SNP of CXC1R1 in both pediatric and adult populations points to a gene with a key role in the pathogenesis of UTI.

<table>
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<th>n patients</th>
<th>Pooled OR</th>
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Table 1: Pooled associations for pediatric UTI

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<th>95% CI</th>
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Table 2: Pooled associations for adult UTI

Disclosure: No

Scientific Salon 177

IN VITRO RESPONSE OF HUMAN BUCCAL EPITHELIAL CELLS TO A MULTIPHASIC BLADDER PATCH

I. Isali1, P. McClellan1, T. Wong1, R. Pope2, S. Gupta1, O. Akkus1, A. Hijaz2.

Case Western Reserve University

Introduction: Replacing bladder tissue with a functional equivalent remains one of the most challenging problems for conditions such as iatrogenic injuries, trauma, or fistula in reconstructive urology. Conventional bladder reconstruction utilizing gastrointestinal (GIS) segments is the most frequently employed therapeutic strategy and is related to a series of complications due to incompatibility of GIS with urine. Various tissue-engineered scaffolds have been studied as bladder patches for bladder reconstruction. Synthetic polymer materials are generally preferred because they are relatively easy to manufacture, and biocompatibility has been studied in detail. Among the polymers examined for tissue engineering, polycaprolactone (PCL) exhibits ideal biocompatibility for bladder augmentation, and its degradation products have minimal toxicity in vivo. While PCL represents an excellent base material as a template for infiltrating tissue, it does not provide biochemical cues to guide cell differentiation. Utilization of naturally derived biomaterials such as amnion and collagen can provide biochemical cues for cell attachment, growth, and proliferation. Additionally, oral epithelial cells represent a viable source of cells for clinical applications as they can be collected from small biopsies and expanded for tissue regeneration.

Methods: Human oral epithelial cells were harvested from buccal grafts under an IRB-approved protocol, and their phenotype was assessed by immunocytochemistry using a fluorophore-conjugated antibody against CK3/2p. Electrochemically compacted collagen sheets were fabricated using planar electrodes and then crosslinked using genipin. The human amniotic membrane was isolated from the placenta and adhered to a genipin crosslinked collagen sheet/PCL using the gluing solution (Fig.1). The morphology and composition of the surface layer were evaluated by scanning electron microscopy (SEM).

Figure 1. A schematic depiction of bioengineered scaffold for bladder regeneration. Cells were seeded on amnion sections of bladder patch. Images were made in 48h.

Figure 2. A) Representative immunofluorescent images of human oral epithelial cells CK3/2p (green)/DAPI (Blue). Scale bar is 100 µm. B) SEM shows adhesion between collagen sheet and amnion. C) NBT proliferation assay of cells seeded on bladder patch. TCP base culture plate D) Western blot images of cells were seeded on amnion portion of bladder patch.

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PCL was laser cut using an Epilog laser system. The amnion section of bladder patch was seeded with human oral epithelial cells and cultured for three days following sterilization. Seeded collagen sheets were evaluated for proliferation using MTT assay. Western blot for CK3/2p was performed on cells seeded on bladder patch to determine their phenotype at 72 hours.

**Results:** Human epithelial cells stained positive for CK3/2p (Fig.2A). SEM showed a connection between layers within composite bladder patch (Fig.2B). Epithelial cells exhibited increased cell proliferation when seeded on bladder patch compared to epithelial cells that are seeded on the culture plate (P < 0.05) (Fig.2C). Protein expression highlighted the presence of CK3/2p at 72 hours following seeding on a bladder patch (Fig.2D).

**Conclusions:** Multiphasic bladder patch supports sufficient epithelial cell attachment and survival suitable for protein expression. Protein expression results suggest that a multiphasic bladder patch sustains the epithelial cell phenotype and increases the proliferation rate. The proposed bioengineered bladder patch is highly novel, can be utilized in conjunction with epithelial cells and has tremendous potential for regenerative medicine-based repair of bladder tissue. We are in the process of testing this patch for biocompatibility and mechanical properties in animal studies for long-term safety in vivo.

**Disclosure:** One or more of authors act as a consultant, employee or shareholder for: CollaMedix

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**Scientific Salon 178**

**USE OF THE SENOLYTICS DASATINIB AND QUERCETIN FOR AMELIORATION OF PELVIC ORGAN PROLAPSE IN A MOUSE ANIMAL MODEL**

E. Tappy†, H. Shi†, M. Florian-Rodriguez†. UT Southwestern Medical Center

**Introduction:** The use of senolytic agents has the potential to target age-related pathology associated with cellular senescence and has demonstrated reduction of senescent cell activity in several disease processes.

**Objective:** To utilize a mouse model of pelvic organ prolapse, Fibulin-5 knock-out (Fbln-5-/-) mice, to assess the ability of the Dasatinib and Quercetin (D + Q) drug combination to prevent development of pelvic organ prolapse.

**Methods:** Four-week-old female Fbln5-/- mice (n = 9) and wild-type (WT) mice (n = 27) were assigned to either a control group (vehicle injection) or treatment group (D = 5 mg/kg, Q = 50 mg/kg), and oral gavage injections were administered at 4, 5, 6, 7 and 8 weeks of life. Mouse pelvic organ prolapse quantification system (MOPQ) measurements were obtained weekly. Vaginal tissue was harvested at 10, 12 and 20 weeks. Tissue analysis included immunostaining and cytokine analysis. ANOVA and t-test as appropriate with post hoc testing was used for statistical analysis. Quantitative data is presented as mean ± standard error of the mean.

**Results:** Perineal bulge and perineal body length, as measured by MOPQ, did not differ significantly between control and treatment groups in Fbln5-/- or WT mice at 10, 12, or 20 weeks. Immunofluorescence demonstrated significantly decreased expression of senescence markers p16 and p53 at 20 weeks within the Fbln5-/- D + Q treatment group compared to the Fbln5-/- control group (10.53% vs 29.54%, P = 0.021 and 3.55% vs 22.58%, P = 0.047, respectively) (Figure). No differences were noted at 10 or 12 weeks in Fbln5-/- mice, or within the WT groups at 20 weeks. Cytokine analysis at 10 weeks showed Fbln 5 -/- mice treated with D + Q had decreased expression of macrophage inflammatory protein-3 (4.4 pg/mL ± 0.3 vs 6.4 pg/mL ± 0.2, P = 0.008) compared to Fbln 5 -/- mice that received vehicle injections. Increased expression of tumor necrosis factor-alpha (4.1 pg/mL ± 0.4 vs 3.2 pg/mL ± 0.2, P = 0.007), C-C motif chemokine 11 (977.0 pg/mL ± 141.0 vs 32.2 pg/mL ± 1.5, P < 0.0001) and macrophage inflammatory protein-1 alpha (2.8 pg/mL ± 0.4 vs 0.9 pg/mL ± 0.1, P = 0.044) was seen in Fbln 5 -/- mice after treatment with D + Q compared to vehicle injections. At 20 weeks, expression of macrophage inflammatory protein-3 was higher in the Fbln 5 -/- D + Q treatment group compared to the control group (7.3 pg/mL ± 0.2 vs 4.4 pg/mL ± 0.5, P < 0.0001). There were no differences in cytokine expression between the WT groups.

**Conclusions:** In this study, use of serial D + Q injections did not result in significant differences in prolapse development but did demonstrate decreased expression of markers of cellular senescence in Fbln5-/- mice. These results suggest senolytic agents may play a role in mitigating the contribution of cellular senescence to tissue dysfunction associated with pelvic organ prolapse. Further studies are needed to confirm ideal timing, dosage, and route for the use of senolytics in the prevention and treatment of pelvic organ prolapse.

**Disclosure:** No

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**Scientific Salon 179**

**LASER VERSUS SHAM FOR GENITOURINARY SYNDROME OF MENOPAUSE: A RANDOMIZED TRIAL**

A. Page†, J. Verbake‡, J. Verhaaghe‡, Y. Latul†, S. Houmans†, J. Deprest†. University Hospitals KU Leuven‡, KU Leuven‡, University Hospitals Leuven, Amsterdam UMC, University of Amsterdam, Amsterdam Reproduction & Development Research Institute

**Introduction:** CO2 laser treatment is increasingly being used to treat genitourinary syndrome of menopause. However, there is a paucity of high-quality evidence on its safety and long-term efficacy.

**Objective:** Therefore, we explored whether CO2 laser treatment was more effective than placebo in relieving the MBS of GSM at three months and 18 months after therapy initiation.
Methods: A single center, randomized, sham controlled, double-blind trial, including 60 women with moderate to severe genitourinary syndrome of menopause symptoms. Outcomes were assessed at 12 weeks and 18 months from start of treatment. The primary outcome was the change in severity of the most bothersome symptom 12 weeks from start of therapy. Secondary outcomes were subjective and objective measures assessing the short-term effect and the long-term effect of treatment, and adverse events.

Results: The most bothersome symptom severity score decreased from 2.86 ± 0.35 to 2.17 ± 0.93 (23.6% [95% CI, 19.1 to 28.2]) in women treated with laser as compared to 2.90 ± 0.31 to 2.52 ± 0.78 (13.2% [95% CI, 8.0 to 18.3]) in those receiving sham procedure (P = 0.13). Also, 41.3% of women receiving laser rated their improvement as “better” or “much better” compared to 34.5% in the sham group. There were no obvious differences in change from baseline for any other subjective and objective secondary outcomes. There were no serious adverse events on the short and longer term.

Conclusions: The treatment response 12 weeks after laser therapy for genitourinary syndrome of menopause was not different from that of sham. There were no obvious differences for any other subjective or objective short- and long-term outcomes. Laser treatment was safe.

Disclosure: No

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Scientific Salon 180

SLEEP DISORDERS ARE ASSOCIATED WITH FEMALE SEXUAL DESIRE AND GENITAL RESPONSE - A U.S. CLAIMS DATABASE ANALYSIS

P. Agrawal1, T. Koh1, M. Clifton1. Johns Hopkins School of Medicine1

Introduction: The role of sleep disturbances in female sexual health has been largely overlooked. Though some studies have demonstrated associations between insufficient sleep and/or disrupted sleep due to sleep disorders and female sexual function and/or female libido, most of these studies have been limited by sample size, the presence of confounding factors, and/or performed at single institutions.

Objective: Our objective was to assess the association of various sleep disorders with hypoactive sexual desire disorder (HSDD), female orgasmic disorder (FOD), and female sexual arousal disorder (FSAD) using a large claims database.

Methods: A US health research network (the TriNetX Diamond Network) of over 200 million patients, encompassing prescriptions and healthcare encounters, was queried from 2009 to 2022. Amongst adult women free of antidepressants and/or other psychiatric medications, a cohort of women with insomnia, obstructive sleep apnea, or circadian rhythm sleep disorder were each independently assessed.

Results: In this large analysis based on US claims, we showed sleep disorders, especially insomnia, to be strongly associated with female HSDD, FOD, and FSAD. Although our study population is large, the incidences of HSDD, FOD, and FSAD are relatively low, and therefore, our rate estimates may be imprecise. Nevertheless, it is crucial for urologists and gynecologists to screen for poor sleep when conducting a thorough work-up for female sexual desire and genital response, to catch these underlying diseases in order to provide patients with the optimal treatment for complete health.

Disclosure: No

Scientific Salon 181

CLITORAL ADHESIONS AND PELVIC FLOOR SYMPTOMS: ARE THEY RELATED?

D. Árêvalo1, A. Maluenda2, R.S. Rubin3, J. Pizarro-Berichichevsky2. Servicio de Salud Táctil1, Centro de innovación en piso pélvico, Hospital Sótero del Río2, Georgetown University Hospital3

Introduction: Clitoral pathology is an understudied area as it pertains to sexual health, vulvodynia and pelvic floor dysfunction. The clitoris is innervated by the dorsal branch of the pudendal nerve and fascial connections have recently been shown to extend up to the anterior abdominal wall. Implantable neurostimulation of the dorsal nerve improved overactive bladder symptoms. Pathology of the clitoris and clitoral hood may lead to symptoms such as pain, anorgasmia, PGAD, arousal disorders and urinary symptoms. While clitoral adhesions (CA) have been previously described as having an incidence of 23%, little is known about the clinical significance and the improvement after lysis of adhesion procedure.

Objective: To characterize the women population that presents with CA in the pelvic floor clinic and describe related symptoms

Methods: A retrospective analysis was performed between June 2021 and January 2022. All the patients were examined by one FPMRS trained staff, and clitoral adhesions were diagnosed when there was no corona visualization and then classified as mild (>75% glans visualization), moderate (25-75%) or severe (<25%). The visible area of the glans was calculated by measuring in mm cefalo-caudal and lateral directions. CA lysis was performed under topical anesthesia using blunt instruments until complete lysis was achieved or until the patient requested to stop the procedure due to discomfort. 4 patients with complete clitoral phimosis had lysis performed in the OR. The visible area was measured after lysis. Paired T-Test analysis was performed to compare pre and post lysis areas. Follow up was planned for 1 and 3 months.

Figure 1: Clitoral Adhesions Classification and Results after lysis.
Results: 44 women were found to have clitoral adhesions; the average age was 47 (range 19-83). 22 women were premenopausal. Clitoral adhesions were classified as mild (11), moderate (18) and severe (8). The symptoms were Bulge/SUI (48%), V oiding Dysfunction (42%), Vulvodynia (42%), Sexual Dysfunction (12%), Bladder Pain (17%), Overactive Bladder(42%), Anorgasmia (40%). There was 1 asymptomatic woman. The average visible area at baseline was 16.5 mm² (range 4-56). 19 patients underwent lysis, which was complete in 15, partial in 2, and not possible in 2. Visual Analog Scale of pain during lysis was 5 out of 10. The average area visible of the glans after lysis was 85.5 mm² (range 35-132). Paired T-Test showed a p-value <0.001 pre vs post lysis visible area. 8 had follow-up visits after lysis, 5 patients had a partial improvement and 1 had a total improvement in symptoms as shown in table 1.

Conclusions: There is little information about the impact of clitoral adhesions on women’s quality of life, including sexual function or other pelvic floor symptomatology. The visible area increased significantly after lysis and could be related to symptom improvement. However, these symptoms are extremely subjective and need stronger instruments to be measured. Detailed prospective studies including RCT vs sham procedure are needed to confirm our findings and to understand the possible physiopathology of this condition.

Disclosure: No

Scientific Salon 182
THE CORRELATION OF GENITAL HIATUS MEASUREMENT WITH PELVIC FLOOR SYMPTOMS AND SEXUAL FUNCTION IN SEXUALLY ACTIVE WOMEN WITHOUT ADVANCED PELVIC ORGAN PROLAPSE
MM. Seval1, SE. Cetinkaya1, F Dokmeci1. Ankara University School of Medicine1
Introduction: The relationship of measurements of the genital hiatus (Gh) with sexual function is still not clear, and there are limited studies investigating the effects of Gh measurement on sexual function and pelvic floor symptoms in the literature (1,2). However, in these studies, women with advanced-stage prolapse that may adversely affect sexual functions were not excluded.

Objective: We aimed to evaluate the relationship of Gh measurement with pelvic floor symptoms and sexual function in sexually active women without advanced pelvic organ prolapse.

Methods: Records of women who were referred to the urogynecology unit with symptoms of pelvic floor dysfunction (lower urinary tract symptoms and pelvic organ prolapse) were reviewed retrospectively. A total of 1131 sexually active women with POPQ examinations were reviewed for the study. After excluding women with advanced pelvic organ prolapse (any point that does not protrude from the hymen), 624 women were considered for final analysis. All women underwent a standardized history and physical examination, which included a POPQ examination, described by the International Continence Society (ICS) (3). Pelvic floor symptoms were evaluated in all women with the Turkish validated Pelvic Floor Distress Inventory (PFDI-20), Overactive Bladder Awareness Tool Version-8 (OAB-V8), Incontinence Impact Questionnaire (III-7), and sexual function was evaluated with the Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire-12 (PI-SQ-12), which were all self-administered and fulfilled.

Results: Baseline characteristics and demographics of women are presented in table 1. Mean age was 53.2 ± 10.8 years and mean body mass index was 30.3 ± 6.1 kg/m²; 3% of the women were nulligravid, 4% were nulliparous and 58% were postmenopausal (Table 1). Genital hiatus measurement was significantly higher in women who delivered vaginally (P < 0.001), in women complaining of “loss of sexual desire” (P = 0.21), “feeling vaginal laxity” (P = 0.001) and “aerovagina” (P = 0.018), and in women with a positive cough.
Introduction:

Approximately 60% of breast cancer survivors experience vaginal dryness, irritation, pruritus, and dyspareunia; this is 20% higher than age-matched, postmenopausal women who do not have a history of breast cancer. Despite a growing body of literature regarding the safety of vaginal estrogen therapy, were actively undergoing pelvic floor physical therapy, had a chronic pain syndrome, their vaginal symptoms were attributed to a vulvar dermatologic condition, or had a history of pelvic radiation. Women were not excluded if they were taking a SERM or AI. Women were instructed on correct use of the Leva pelvic floor training device.

Methods:

Twelve out of sixty-one women enrolled in the program (20%) and eight completed the course (67%). There was a statistically significant decrease in DAS scores from baseline compared to 6 weeks and 12 weeks. These findings are summarized in Table 3. The Gh measurement showed a significant weak positive correlation with pelvic floor muscle strength (P = 0.026) and age (P = 0.001), and a significant weak negative correlation with pelvic floor muscle strength and clinical findings are summarized in Table 3. The Gh measurement showed a significant weak negative correlation with pelvic floor muscle strength (P = 0.026) and age (P = 0.001), and a significant weak positive correlation with parity (P < 0.001), body mass index (P < 0.001), UDI-6 stress subscale score (P = 0.031), and incontinence severity index (P < 0.001). When the correlation analysis was performed on the basis of individual questions of all validated questionnaires, the Gh measurement showed a significant weak positive correlation with the third, tenth and eighteenth questions of PFDI-20 (feeling of vaginal bulge, involuntary loss of loose-liquid stool, and involuntary loss of urine in drops, respectively) (P = 0.041, P = 0.049, 0.046, respectively), the fourth question (P = 0.041, P = 0.049, 0.046, respectively), the fourth question of OAB-V8 (accidental loss of small amounts of urine) (P = 0.003) and the first question of PISQ-12 (frequency of sexual desire) (P = 0.031). Finally, Gh measurement showed a significant weak negative correlation with the sixth question of the PISQ-12 (coital incontinence) (P = 0.012). The correlation coefficients and their significance were calculated using the Spearman test.

Conclusions:

Higher measurements of the Gh seem to be associated with worse sexual functions as well as worse urinary and anogenital functions.

Disclosure: No

Scientific Salon 183

APPROACHING SCIENTIFIC SALON

A PILOT STUDY OF HOME-BASED PELVIC MUSCLE TRAINING FOR VAGINAL SYMPTOMS AMONG SURVIVORS OF BREAST CANCER

J. Pennycott, S. Pulliam, J. McKinney, C. Iglesia, University of Wisconsin, Renovia Inc.

Introduction: Approximately 60% of breast cancer survivors experience vaginal dryness, irritation, pruritus, and dyspareunia; this is 20% higher than age-matched, postmenopausal women who do not have a history of breast cancer. Despite a growing body of literature regarding the safety of vaginal estrogen use in women with a history of breast cancer, many women do not feel comfortable using hormones. Pelvic floor physical therapy has been shown to improve vaginal health and the symptoms of vulvovaginal atrophy including vaginal dryness, dyspareunia, and overall quality of sexual life in women. Nonetheless, many barriers exist to accessing pelvic floor therapy, and adherence over the course of treatment is low.

Objective: The primary aim of this prospective pilot study was to evaluate if a self-directed, at-home pelvic floor training device can improve sexual symptoms due to vulvovaginal atrophy among women who are survivors of breast cancer.

Methods: This prospective pilot cohort study was approved by our institution's IRB. Women were eligible to enroll if they had a diagnosis of breast cancer, had an insertive partner, and experience symptoms of vaginal dryness. There were not eligible to participate if they were using local or systemic hormone replacement therapy, were actively undergoing pelvic floor physical therapy, had a chronic pain syndrome, their vaginal symptoms were attributed to a vulvar dermatologic condition, or had a history of pelvic radiation. Women were not excluded if they were taking a SERM or AI. Women were instructed on correct use of the Leva pelvic floor system.

Results: Twenty-six women were approached for enrollment in the study, and 13 women enrolled in the study. The mean age of participants was 62.4 years (SD 9.1). Mean BMI was 25.3 (SD 3.5). Mean parity was 2.3 (SD 1.1). The majority of women in the study were white. Most women were diagnosed with stage II breast cancer or less. The mean time since diagnosis was 4.7 years (SD 5.3). Eleven of the women were on an aromatase inhibitor at the time of enrollment. Mean baseline FSFI score was 16.6 (SD 7.5) and mean baseline PFDI-20 composite score was 79.2 (SD 55.0). On intention to treat analysis, there was no change in mean FSFI composite or subscores, PFDI-20 composite and subscores, and WHO DAS scores from baseline compared to 6 weeks and 12 weeks. These findings were seen on per protocol analysis. Most patients felt minimally improved at 6 and 12 weeks and minimally satisfied with treatment at 6 and 12 weeks.

Conclusions: While pelvic floor physical therapy has been shown to improve vaginal symptoms, we were unable to replicate these findings using a self-directed, at-home pelvic floor training device. Further research is needed to develop non-hormonal treatment options for vaginal symptoms among breast cancer survivors.

Disclosure: Yes, this is sponsored by industry/sponsor: Renovia Inc. Clarification: Industry funding only - investigator initiated and executed study. Any of the authors act as a consultant, employee or shareholder of an industry for: Renovia Inc.
Conclusions: A modified MBSR program for surgical trainees is feasible and desirable for OBGYN residents and positively impacts anxiety and surgical confidence. Trainees noted a sustained benefit from the course. The major limitation of this study was the small sample size. Future work should focus on expanding this study to other surgical specialties and addressing the barriers to mindfulness raised by participants.

Disclosure: No

Scientific Salon 185

AN INNOVATIVE THREE-DIMENSIONAL PELVIC MODEL FOR IMPROVING EDUCATION ON PELVIC ORGAN PROLAPSE AND THE PELVIC ORGAN PROLAPSE-QUANTIFICATION SYSTEM

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Introduction: Pelvic organ prolapse (POP) impacts millions of women globally and has a substantial impact on women’s productivity and quality of life. Still, medical students and junior obstetrics and gynecology residents gain minimal exposure to POP, if at all. Modeling and simulation have been shown to positively impact medical education and may be potential solutions for this knowledge gap.

Objective: Our goal for this project was to enhance medical student and resident education and promote exposure to POP early in training by creating a realistic three-dimensional pelvic teaching model.

Methods: We collaborated with engineers from our institution’s 3D Design and Innovation Center to create a model that would demonstrate different types and degrees of POP. A didactic learning session using the model was then developed with a pre-post test design to assess for change in learner understanding of POP and use of the Pelvic Organ Prolapse-Quantification (POP-Q) system. The Institution’s Human Research Protection Program classified this as a quality improvement project that did not require Institutional Review Board approval as it was not considered human subjects research. Data was analyzed using the Wilcoxon signed-rank test with significance set at a p-value of 0.05.

Results: Table 1 describes participant demographics and prior experience. Eighteen learners completed the session including the pre- and post-test. Eight participants were 3rd or 4th year medical students, and 10 were obstetrics and gynecology residents. Most participants had interacted with specialists in Urogynecology and had seen at least one patient with POP (n = 15), however fewer participants had received prior education on POP and the POP-Q exam (n = 9), witnessed or performed a POP-Q exam (n = 10, n = 6), or participated in POP surgeries (n = 11); and the majority of those who had were senior residents. Table 2 demonstrates participant answers to the pre-test and post-test surveys. Participants were asked to rank statements from 1 to 5 with 5 denoting strongly agree and complete an 8-question knowledge assessment. Pre- and post-test answers were then compared. Learner comfort with identifying POP and understanding the POP-Q system both doubled from 2 to 4 (P = 0.003, P = 0.002) and perceived ability to perform and teach a POP-Q exam tripled from 1 to 3 and 1 to 2.5, respectively (P = 0.002, P = 0.001). Interest in managing patients with POP remained at a median of 3 however participant interest was increased overall (P = 0.011). Most participants agreed or strongly agreed that the model made the field of Urogynecology more interesting (n = 13). Median score on an 8-question POP-Q knowledge assessment that we designed increased by 25% from 5 to 7 (P = 0.001). Learners rated the model as a highly effective teaching tool and the preferred learning modality over practicing on a patient, drawings, and lecture only.

Conclusions: Use of a 3-D pelvic model significantly increased medical student and resident comfort and understanding of POP and the POP-Q system, was the preferred learning modality, and increased learner interest in Urogynecology. Medical schools and residency programs could consider using models during the obstetrics and gynecology clerkship and didactic sessions to offer learners early exposure to POP.

Disclosure: No

Scientific Salon 186

TELEHEALTH ACCESS IN A MULTI-LINGUAL, UROGYNECOLOGY POPULATION

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Introduction: The Covid 19 pandemic led to a rapid adoption of telehealth. But challenges include technology literacy1 and access to technology (i.e. smartphones)2. Since our institution’s implementation of the Epic Systems (Verona, WI) electronic health record, Epic MyChart (EPIC) is the patient-facing, mobile portal application. It is the primary mode for televisits (televisit) endorsed by the female pelvic medicine & reconstructive surgery department for communication with patients.

Methods: The department made the decision to implement Epic MyChart (EPIC) to offer the patient a convenient alternative to in-person visits. All patients are provided with an account and are asked to use EPIC for accessing medical records, scheduling appointments, and communicating with physicians.

Results: The study cohort included 1000 patients who were invited to use EPIC. Of these, 85% of patients accepted the invitation to use EPIC and 75% of patients used EPIC at least once. The most common reason given for not using EPIC was that they did not have access to the internet or computer.

Conclusions: The implementation of Epic MyChart (EPIC) has been successful in improving access to telehealth for our multi-lingual, urogynecology population.

Disclosure: No
the institution. However, the platform is in English, requires downloads and passwords, site navigation, and requires over 20 clicks to setup. In a non-English speaking (55%), and digital elderly (50 + yrs old)3 patient population, this may be difficult. Doximity (Doximity, Inc, San Francisco, CA) is a text message based application without passwords and takes 4 clicks to start a televisit. This population successfully utilized Doximity for 76% of the televisits prior to EPIC.

**Objective:** This quality improvement project is to assess the type of application needed for a televisit. If an EPIC televisit does not connect then a Doximity televisit text was sent to the patient’s cell phone. If this is not successful, it is then converted to a phone visit. The secondary purpose is to assess for factors needed for a televisit. If an EPIC televisit does not connect, then a Doximity application without passwords and takes 4 clicks to start a televisit. This population successfully utilized Doximity for 76% of the televisits prior to EPIC.

**Methods:** All televisits scheduled from August 1-Dec 31, 2021 was de-identified to create the dataset. Abstracted data include televisit application, age, language, the need for login help, and zip code. Statistical analysis is conducted using SAS Studio Software. Descriptive statistics are used to summarize patient and visit data. Logistic regression is utilized for binary outcomes. Chi-square, and Fischer’s used for categorical variables.

**Results:** See Table 1. **93% (n = 208) of the scheduled televisits (n = 224) were completed.** No login help was needed for 27% of scheduled televisits via EPIC (average age(age): 50 years old (yo), 87% speaking English), with an additional 24% via Doximity (age: 66yo, 67% speaking English). Login help was needed for a smaller proportion of Doximity visits (29%; age 69yo, 41% speak English) compared to EPIC (35%; age: 68yo, 36% speak English). If Doximity was still unable to connect, a phone visits was initiated 17% of the time (age: 71 yo, 24% speaking English). Factors for independent televisits include EPIC (p = 0.089, P = 0.0001) are associated with a decreased likelihood that a patient will access an EPIC televisit without help.

**Conclusions:** In this non-English speaking and older patient population, only a minority of telehealth visits are accessible via EPIC. Despite selecting out younger and English speaking patients, due to the step-wise utilization of the televisit applications (EPIC, then Doximity), older (average 60 yo) and non-English speaking patients are able to independently login for a Doximity telehealth visit. These factors decrease access to care when only utilizing the EPIC application. To improve health equity and minimize barriers for care, a televisit application’s ease of use, needs to be considered when deciding on which televisit application should be utilized by an institution. And a choice of televisit applications should be offered for access to care.

**Disclosure:** No

**Scientific Salon 187**

**THE DOCTOR WILL “SEE” YOU NOW: A QUALITATIVE ANALYSIS OF PATIENT PERCEPTION OF TELEMEDICINE IN FPMRS**

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**Introduction:** A shift in the practice of medicine to include telemedicine modalities has been gaining momentum, being accelerated even further by the current pandemic. There is a paucity of data regarding patient-perceived barriers to telemedicine in urogynecology patients, a unique and complex population. In a previous study at our institution, we found that conversion to telemedicine in FPMRS during the first 11 weeks of the COVID-19 related shut-down was very low.

**Objective:** The aim of this study is to understand patient-perceived barriers to telemedicine and examine why some patients did not convert to telemedicine.

**Methods:** This was a qualitative study using both a questionnaire and one-on-one semi-structured interviews with patients from our institution’s urogynecology practice who were scheduled for appointments from March 17th through June 9th, 2020, a time period when our office was closed to meet social distancing guidelines. Informed consent was obtained verbally and interpretation services were used when necessary. All interviews were recorded, transcribed, and coded by two readers. The data was analyzed in a 3-phase coding process and the manifest context analysis method was used to analyze, summarize and refine interview data. Inductive codes were then applied to text fragments. A codebook was developed through serial discussions and triangulated amongst the research team. The codebook was saturated at 30 interviews and the final six interviews were cross-referenced to confirm findings.

**Results:** 36 interviews were conducted. Participants represented a wide age range (39 to 75 years), with 30.6% of participants ranging in age between 45 and 54 years. 66.7% of patients stated English was their preferred language. While some patients (25%) recalled being offered a virtual visit, others reported that this option was not offered (44.4%) or were unsure (19.4%). The majority of participants reported having a smartphone (97.2%). Codes from interviews were organized into four categories (Table 1). Three themes were identified: (1) Patients seemed amenable to telemedicine, yet there was reservation about the use of this modality for FPMRS specific patients. The participants felt concerned with the inability for physicians to examine them, and seemed to equate physical evaluation and diagnostic testing with an optimal experience. (2) The majority of participants felt comfortable using the technology and had minimal concerns regarding costs of cellular data or access to internet connectivity. Although some participants voiced reservations with this technological advancement, most seemed agreeable to using telemedicine in some capacity in the future. (3) There was a willingness to forge certain comforts of in-person visits, in order to preserve safety, especially given simplicity and ease of accessibility. However, the overarching perception was that telemedicine could lend itself to be more impersonal, and should be used for more straightforward and follow-up visits.

**Conclusions:** While there are certain challenges to incorporating telemedicine into urogynecology practice, many of our patients felt that tele-visits were practical and helpful. However, the concern for loss of human touch

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**Table 1**

<table>
<thead>
<tr>
<th>Type of televisit</th>
<th>EPIC</th>
<th>Doximity</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of all scheduled telehealth visits</td>
<td>27%</td>
<td>14%</td>
</tr>
<tr>
<td>Available but tech issues or need help</td>
<td>no show</td>
<td>1%</td>
</tr>
<tr>
<td>Demographics:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age (average) in years</td>
<td>50</td>
<td>60</td>
</tr>
<tr>
<td>% English Speaking</td>
<td>87%</td>
<td>85%</td>
</tr>
<tr>
<td>Factors that predict independent televisits.</td>
<td>EPIC</td>
<td>Doximity</td>
</tr>
<tr>
<td>Variable</td>
<td>Odds Ratio</td>
<td>p-value</td>
</tr>
<tr>
<td>Non-English Language</td>
<td>0.599</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Age</td>
<td>0.912</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Age = 65 yrs old</td>
<td>0.089</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>
and testing obviates that the desire for in-person visits remains. Further patient education and development of systems to streamline telemedicine practices will help those who remain hesitant.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Johnson and Johnson, Provepharm, Inc.

Scientific Salon 188
PATIENT PERSPECTIVES ASSOCIATED WITH THE INCORPORATION OF TELEHEALTH IN PELVIC FLOOR PHYSICAL THERAPY REGIMENS

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Introduction: A beneficial outcome of the pandemic has been the validation of telehealth’s versatility and ability to facilitate proficient patient care across medical specialties. This uptake occurred due to restrictions of in-person visits, with the service offerings gradually expanding as providers attempted to maintain care over the past two years. As the access to pelvic floor physical therapy (PFPT) was similarly curtailed, integration of telehealth in such a modality became a legitimate consideration. New deterrents such as logistics (scheduling) and medical apprehensions (fear of illness) added challenges to the traditional accessibility barriers of time and transportation.

Objective: The purpose of this study was to determine the willingness of patients to consider telehealth as a means of seeking PFPT care while determining the promoters and deterrents for the deployment of this technology in this treatment modality.

Methods: This is a cross-sectional study of patients, over 18 years of age, at a multidisciplinary pelvic health service in an academic medical center in Northwest Ohio. The data collection occurred over six months in the latter half of 2021. The 21-question survey was based on patient requests, needs, and concerns obtained through a focus group guided by published literature. Questions addressed the patients’ willingness to leverage telehealth for PFPT care while soliciting the promoters and deterrents of use and the associated rationale.

Results: The survey was completed by 210 patients (Response rate 70%, 300 surveys offered). The majority of patients (n = 60, 29%) were between 26-35 years old, with the age range of participants being 18 to 80. Forty percent (n = 83) of those completing the survey were approached after their first PFPT visit. Of those amenable to integrating telehealth into their PFPT therapeutic regimen (n = 142, 68%), interest was driven by convenience (78%) (Figure 1). When assessing a lack of interest in such a modality, privacy concerns were the principal reason for hesitation (n = 52, 76%). Up to 80% (n = 169) preferred to establish care through in-person visits prior to initiating PFPT regimens remotely, as the intravaginal assessment component for planning personalized therapeutic regimens would be lost. Only 41% (n = 87) believed adequate pelvic pain management and improved pelvic tone outcomes could be equivalent to in-person progress. Of the 210 patients, 56% (n = 123) suggested that incorporating telehealth would negatively impact engagement while reducing compliance and adherence to pelvic floor home exercise programs.

Conclusions: Offering patients in-person visits or hybrid alternatives may be optimal for improving adherence to therapeutic regimens if care access is the primary barrier. Since receptivity to telehealth was intermediate in our survey, identifying methodology to mitigate privacy concerns and demonstrate long-term outcomes may help increase the acceptance of integration of this technology into pelvic therapeutic management.

Disclosure: No

Scientific Salon 189
DEEP LEARNING AND ULTRASOUND IMAGE BASED PELVIC FLOOR ORGAN SEGMENTATION

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Introduction: Ultrasound imaging is one of the most commonly used clinical methods to examine the female pelvic floor. When ultrasound is used for clinical diagnosis, it often requires the segmentation of organs in the ultrasound image, which traditionally requires manual labelling by the physician, which is time-consuming and laborious. The use of deep learning, an artificial intelligence method, to automate this process could be helpful in the future for clinical gynecologic ultrasound examinations. The automation of pelvic floor ultrasound image segmentation can reduce the workload of physicians and is important for achieving efficient diagnosis of pelvic floor disorders.

Objective: We aimed to automate the segmentation of the major pelvic floor organs, bladder, uterus and rectum, in ultrasound mode by using a deep learning model and demonstrate the pilot results.

Methods: We adopted a U-Net network structure (Fig. 1) to implement the segmentation process. The U-Net architecture consists of a down-sampling path (also called encoder) to capture the image features, and an up-sampling path (also called decoder) to generate the segmentation map. A total of 371 ultrasound images were used in this study. The labeled image data (ground truth) were divided into training, validation, and test sets by patients in a 3:1:1 ratio. To reduce the impact of the small dataset, we first pre-trained the segmentation model on an open-source breast ultrasound dataset containing 780 breast cancer images. Then, we transferred the pre-trained model to our dataset. During the training process, we also used the data augmentation methods (i.e., random rotation, random translation, random zoom) to make the model learn more useful knowledge. Our deep learning model was trained using an Nvidia Titan RTX GPU. The model was trained for 200 epochs using Keras framework. DSC (Dice Similarity Coefficient) was used to evaluate the quantitative performance of the deep learning model.

Results: As shown in Fig. 2, the deep learning model can predict the relative positions of organs with clear boundaries in test ultrasound images. For organs with blurred boundaries, such as some uterus and rectum in the test set, the results still need further improvement. Compared with the ground truth images, DSC score on the test set is 0.8656.
Conclusions: In this work, a deep learning method was proposed in order to achieve automatic segmentation of the pelvic floor organs using ultrasound images. It was demonstrated to be feasible and could facilitate the diagnosis of pelvic floor disorders and reduce the workload of clinicians.

Disclosure: No

Scientific Salon 190
THE MISSING LINK IN GYNECOLOGIC GLOBAL HEALTH INITIATIVES
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Introduction: Global Health (GH) and Global Health Education (GHEd) initiatives are commonly utilized to address global inequities in the evaluation and management of benign gynecologic disease, yet there are few published outcome data related to these programs’ structure, effectiveness and challenges.

Objective: To perform a web-based narrative review of current GH and GHEd models in order to describe and categorize GH initiatives in the field of gynecology, and to review previously existing GH guidelines and training frameworks to assess potential successes and challenges in the identified models.

Methods: Investigators conducted a web-based narrative review of existing gynecologic GH and GHEd initiatives. PubMed was used to identify peer-reviewed articles, and Google was used to identify non-peer reviewed sources (websites, newspaper articles, social media and blog posts). Investigators then qualitatively categorized and subcategorized models based on defining features identified in the initiative descriptions. In an effort to assess the potential successes and challenges of each sub-categorized GH model, further narrative review of published GH and GHEd frameworks was conducted. The sub-categorized initiatives were then evaluated according to the ethical principles and educational competencies established by the Working Group on Ethics Guidelines for Global Health Training (WEIGHT), and the Association of Professors of Gynecology and Obstetrics Global Women’s Health Educational Objectives.

Results: A wide variety of gynecologic GH and GHEd initiatives were identified, largely in non-peer reviewed sources (27% peer-reviewed versus 73% non-peer reviewed, out of 33 sources). Initiatives were categorized into short-term (lasting 1 day-8 weeks) and long-term models (lasting >8 weeks), as previously defined by GH literature. Initiatives were then further subcategorized based on: scope including clinical/surgical rotations versus “mission trips” versus education, training and capacity building initiatives; stakeholders involved including universities and hospitals versus faith-based organizations versus ministries of health or local community leaders; topics covered including general women’s health versus specific pathology such as genitourinary fistula; directionality including projects led by High-Income Countries (HICs) to Low-Middle Income Countries (LMICs) versus projects within HICs or LMICs versus collaborative partnerships. Findings are represented in Graphic 1. Less than 15% of programs had detailed reporting to assess potential successes and challenges in the identified models.

Conclusions: Although a large number of gynecologic GH/GHEd initiatives are commonly utilized to address global inequities in the evaluation and management of benign gynecologic disease, yet there are few published outcome data related to these programs’ structure, effectiveness and challenges in the identified models.

Disclosure: No

Scientific Salon 191
ELECTROMAGNETIC STIMULATION THERAPY TO IMPROVE POST-PARTUM STRESS URINARY INCONTINENCE: A RANDOMIZED TRIAL
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Introduction: Electromagnetic stimulation is a new modality and alternative in women with urinary incontinence (UI). However, there was not much evidence that compares the use of electromagnetic stimulation to Kegel Exercises in post-partum stress urinary incontinence (SUI). Electromagnetic stimulation (EMS) is a new alternative in women with urinary incontinence (UI). However, there was not much evidence that compares the use of electromagnetic stimulation to Kegel Exercises in post-partum stress urinary incontinence (SUI).

Objective: We evaluate the subject’s compliance rate, effectiveness, and pelvic muscle strength in EMS group compared with Kegel exercises group in post-partum SUI women.

Methods: This was a single-blind randomized clinical trial in post-partum women diagnosed with SUI from at least three months post-partum from March 2020 to February 2021 at YPK Mandiri Jakarta Hospital. After our inclusion and exclusion criteria, we recruited 40 Patients and were randomized equally into two groups. The electromagnetic stimulation procedure was done three times a week for five weeks, and the Kegel exercises group will be instructed to do the exercises alone every day for eight weeks. We use UDI-6 and 1-hour pad test to measure effectiveness, self-assessment book for the compliance, and a perineometer for pelvic muscle strength.

Results: There was no statistical difference in compliance between EMS group and Kegel exercises therapy P = 0.05). There was a significant improvement in pelvic floor muscle strength, UDI-6, and 1-hour pad test results after the treatment of each group. However, EMS group had significantly higher muscle strength than the Kegel exercises group (16.5 vs 8.0 cm H2O, P = 0.006).

Conclusions: There were no differences in compliance and UDI-6 and 1-hour pad test results between EMS therapy and Kegel exercises. Electromagnetic stimulation improve pelvic floor muscle strength significantly than the Kegel exercises.

Disclosure: No

Scientific Salon 192
RETROSPECTIVE ANALYSIS OF THE USE OF PERI-URETHRAL BULKING INJECTION AT THE TIME OF PELVIC FLOOR REPAIR IN WOMEN WITH PELVIC ORGAN PROLAPSE AND URODYNAMIC STRESS INCONTINENCE
B. Lennom1, A. Varughese1, L. Cardozo2, R. Bray3, E. Cortes1, Kingston Hospital NHS Foundation Trust1, King's College Hospital NHS Foundation Trust2

Introduction: Pelvic organ prolapse (POP) and stress urinary incontinence (SUI) are common conditions that are likely to share an aetiology [1-3]. There are two schools of thought for the management of women with both POP and SUI: a) to perform a pelvic floor repair and a SUI procedure in a one-step procedure, b) to perform pelvic floor repair surgery first followed by continent surgery in a two-step approach. The combined approach stems from the days when women were offered surgery for POP with insertion of a mid-urethral synthetic sling [4], reducing anaesthetics, admissions to hospital, and post-operative recovery time. Raised awareness of complications associated with mesh in the UK has led to a pause in TVT procedures. The use of polyacrylamide hydrogel (PAGH) peri-urethral bulking was offered as an alternative to women attending our unit seeking concomitant surgery and an alternative to mesh.

Objective: To look at outcome and safety of the use of PAGH peri-urethral bulking performed at the time of pelvic floor repair in women with POP and urodynamic stress incontinence (USI).

Methods: All women having a urogynecologic procedure at our unit are consented to take part in the British Society of Urogynaecology (BSUG) National Database.

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As part of the recruitment process women are asked to complete validated questionnaires about their urinary symptoms ICIQ-urinary incontinence short form (ICIQ-UI SF) and their vaginal symptoms ICIQ-vaginal symptoms (ICIQ-VS). These validated questionnaires were completed by the control and study groups pre-and post-operatively and the scores were analyzed retrospectively. We compared the symptoms scores of twenty-six women having peri-urethral bulking for treatment of USI only (control group) with twenty-five women undergoing concomitant pelvic floor repair (table 1) and peri-urethral bulking injections (study group) for USI and POP. Surgery was performed by two sub-specialists in urogynecology, and all women in the study group were admitted overnight with a vaginal pack, a size 12F and underwent a TWOC the following morning.

**Results:** All women in the control group scored 0 in the ICIQ-VS questionnaire. Women in the study group had an average improvement in vaginal symptom scores of 13.1. Both groups showed overall improvement in continence scores with the average improvement in the study group being 7.24 and in the control group being 4.73. Statistical analysis showed that the difference in ICIQ-UI SF scores between the two groups were not statistically significant (p = 0.059). Using the global impression questionnaire, 80% of women from the study group and 65.4% in the control group reported improvement in their incontinence symptoms (see figure 1, 2). Women in the study group were admitted to hospital for an average of 1.6 days. Four women (16%) failed the next day TWOC which they subsequently passed at day 3 follow up. One of these patients had a post-operative hematoma following pelvic floor surgery which was managed conservatively.

**Conclusions:** Our study suggests that pelvic floor repair with peri-urethral bulking is a safe option for the concomitant management of POP and USI and has comparable results to peri-urethral bulking for USI alone.

**Disclosure:** No

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**Scientific Salon 193**

**SURGICAL TREATMENT OF STRESS URINARY INCONTINENCE: COMPARISON OF ROBOTIC ASSISTED BURCH URETHROPEXY WITH RETROPUBIC MIDURETHRAL SLING**

A. Melnyk1, N. Mackes1, S. Glass Clark1, P. Grosse2, A. Arsen1, M. Bondie1.

**UPMC, University of Pittsburgh**

**Introduction:** Synthetic midurethral slings (MUS) and robotic assisted Burch urethropexies (RA-Burch) are common surgical treatment options for stress urinary incontinence (SUI). Little data exists comparing these two retropubic approaches on SUI.

**Objective:** To compare the proportion of patients with subjective cure after RA-Burch to transvaginal MUS performed at an academic medical center. Secondary outcomes included OR time, EBL, postoperative complications, de novo urge urinary incontinence (UUI), reoperation for SUI, postoperative voiding dysfunction, and mesh complications.

**Methods:** This retrospective cohort study of RA-Burch and MUS procedures included all women who underwent RA-Burch at our institution between 1/1/2016 and 12/31/2020. They were then matched 1:4 with MUS procedures by calendar date. Demographics, medical history, preoperative symptoms and exams, intraoperative information, postoperative complications and symptoms, and follow-up were recorded. The primary outcome was the proportion of patients with subjective cure after RA-Burch compared to MUS. Subjective cure was defined as reporting no symptoms of SUI at longest follow up. Chi-square, Fisher’s exact, Mann Whitney U tests, ANOVA and logistic regression were used in analysis.

**Results:** The overall cohort of 235 subjects included 47 RA-Burch cases matched with 188 MUS cases. Patients who underwent RA-Burch were younger and had lower BMIs compared to MUS (44 [37-49] vs. 55 [45-64.8] years, p 0.05). Patients were more likely to have concomitant procedures, including hysterectomy and paravaginal repair, in the RA-Burch group vs. MUS (32 (68.1%) vs. 48 (25.5%), P < 0.01). There was no difference in subjective cure at longest follow up in the RA-Burch group compared to the MUS group (39 (83.0%) vs. 160 (85.1%), P = 0.76). Median follow-up was longer in the RA-Burch group than the MUS group (654 [88-1485] vs. 239 [42-636] days, P < 0.01). There was no difference in early postoperative complications between RA-Burch and MUS (14 (29.8%) vs. 48 (26.1), P = 0.49), additional treatments for persistent SUI (4 (8.5%) vs. 10 (5.4%), P = 0.49), or new UUI.

---

**Table 1: Comparison of Surgical Modalities - Preoperative Variables**

<table>
<thead>
<tr>
<th>Variable</th>
<th>RA-Burch (%)</th>
<th>MUS (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (yr.)</td>
<td>44 (37-49)</td>
<td>55 (45-64.8)</td>
<td>0.05</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>27 (18-38)</td>
<td>23.3 (18-45.4)</td>
<td>0.05</td>
</tr>
<tr>
<td>Parity</td>
<td>0 (1-4)</td>
<td>3 (3-4)</td>
<td>0.55</td>
</tr>
<tr>
<td>Vaginal Delivery</td>
<td>1 (1-4)</td>
<td>4 (3-4)</td>
<td>0.38</td>
</tr>
<tr>
<td>Cesarean Delivery</td>
<td>3 (1-4)</td>
<td>1 (1-4)</td>
<td>0.55</td>
</tr>
<tr>
<td>Hypertension</td>
<td>4 (8.5%)</td>
<td>5 (6.5%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Diabetes</td>
<td>0 (0-4)</td>
<td>1 (1-4)</td>
<td>0.38</td>
</tr>
<tr>
<td>Smoking</td>
<td>4 (8.5%)</td>
<td>5 (6.5%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Alcohol</td>
<td>3 (6.5%)</td>
<td>4 (4.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Type of Incontinence</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Stress</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Mixed</td>
<td>3 (6.5%)</td>
<td>4 (4.0%)</td>
<td>0.76</td>
</tr>
</tbody>
</table>

**Preoperative Variables**

<table>
<thead>
<tr>
<th>Preoperative</th>
<th>RA-Burch (%)</th>
<th>MUS (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior hysterectomy</td>
<td>19 (39.6%)</td>
<td>39 (23.5%)</td>
<td>0.05</td>
</tr>
<tr>
<td>Prior surgery</td>
<td>7 (14.3%)</td>
<td>11 (6.5%)</td>
<td>0.38</td>
</tr>
<tr>
<td>Current smokers</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Alcohol use</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Type of Incontinence</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Stress</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Mixed</td>
<td>3 (6.5%)</td>
<td>4 (4.0%)</td>
<td>0.76</td>
</tr>
</tbody>
</table>

**Clinical Variables**

<table>
<thead>
<tr>
<th>Variable</th>
<th>RA-Burch (%)</th>
<th>MUS (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>POP-Q</td>
<td>N/A (33.2%)</td>
<td>N/A (62.2%)</td>
<td>0.11</td>
</tr>
<tr>
<td>Anterior</td>
<td>11 (21.1%)</td>
<td>22 (13.1%)</td>
<td>0.55</td>
</tr>
<tr>
<td>Apical</td>
<td>3 (6.5%)</td>
<td>5 (3.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Mixed</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Preoperative incontinence</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Postoperative incontinence</td>
<td>1 (2%)</td>
<td>2 (1.0%)</td>
<td>0.76</td>
</tr>
<tr>
<td>Max capacity</td>
<td>300 (250-350)</td>
<td>200 (100-250)</td>
<td>0.38</td>
</tr>
<tr>
<td>Leak of Max capacity</td>
<td>60 (60-90)</td>
<td>90 (60-120)</td>
<td>0.38</td>
</tr>
</tbody>
</table>

*Data presented as N(%), clinical outcome as median (25th-75th).

Abbreviations: stress urinary incontinence (SUI), pelvic organ prolapse quantification system (POP-Q), abnormal bladder cough stress test (SESWT)
at longest follow up (6 (12.8%) vs. 19 (10.3%), \( P = 0.64 \)) (Table 2) Both groups experienced postoperative urinary retention at a similar rate (19.1% vs. 19.5%, \( P = 0.99 \)), although 4 (2.1%) MUS patients required sling lysis to improve their retention. One patient (0.5%) in the MUS group experienced a mesh exposure. Patients undergoing RA-Burch had significantly longer OR times compared to MUS when no concomitant procedure was performed (83 vs. 33 minutes, \( P < 0.01 \)). There was no difference in EBL between the two groups. (Table 2)

Conclusions: There was no difference in the subjective cure of SUI symptoms at longest follow-up between RA-Burch and MUS procedures. There were similar rates of reoperation for SUI and new symptoms of UUI among the groups. This study suggests that RA-Burch and MUS may be equally efficacious for patients with symptoms of SUI desiring surgical management.

Disclosure: No

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### Objective:
To identify differences in the efficacy of SNS for female urinary and fecal incontinence between patients younger than 70-years compared to patients 70-years or older.

### Methods:
This was a single-center retrospective cohort study comparing the efficacy of SNS on fecal and urinary incontinence between patient cohorts based on age at time of SNS device placement. Included patients had undergone SNS device placement for urinary and/or fecal incontinence. The primary outcome was efficacy as measured by percent improvement in the frequency of incontinence episodes. Frequency of urinary incontinence episodes per day and fecal incontinence episodes per week were recorded at each visit. All available follow-up data for devices placed during the study period of January 2016 – December 2021 were included in the data collection. Data were analyzed using the student’s t-test, chi-squared test, and logistic regression.

### Results:
There were 43 patients in the younger cohort (less than 70-years old) and 37 patients in the older cohort (70-years or older). Patients in the older cohort were more likely to be white (81% vs. 51%, \( P < 0.005 \)) and have hypertension (30% vs. 21%, \( P < 0.003 \)). Patients under 70-years old were more likely to be obese (Body Mass Index 35.4 vs. 29.1, \( P < 0.0001 \)). Median length of follow-up was 8 months (IQR17) for all patients and did not differ by age cohort (\( P = 0.17 \)). Before SNS treatment, 91% of patients reported urinary incontinence with a median frequency of 2 (IQR-4, average 3.9) episodes per day and 3 (IQR 6, average 5.0) episodes per day in the younger and older cohorts, respectively (\( P = 0.17 \)). After SNS treatment, the frequency of urinary incontinence decreased by 88 □ 23.4% in the younger cohort and 78.7 □ 26.9% in the older cohort (\( P = 0.13 \)). Before SNS treatment, 49% of patients reported fecal incontinence with a median frequency of 0 (IQR 3, average 4.4) episodes per week and 3 (IQR 3, average 3.4) episodes per week in the younger and older cohorts, respectively (\( P = 0.27 \)). After SNS treatment, the frequency of fecal incontinence decreased by 94.5 □ 9.5% in both the younger cohort and older cohorts (\( P = 0.99 \)).

### Conclusions:
Sacral nerve stimulation for the treatment of urinary and/or fecal incontinence is a highly effective treatment modality. The mean reduction in incontinence episodes did not significantly differ for either fecal or urinary incontinence between those aged younger than 70 and those 70 years and older.

Disclosure: No

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### Efficacy of Sacral Nerve Stimulation for Female Fecal and Urinary Incontinence in Patients Over Age 70

G. Rustia1, M. Baracy, Jr1, N. Baker1, MF. Aslam2, Ascension St John Hospital1, Ascension St John Hospital, Michigan State University2

#### Introduction:
Sacral nerve stimulation (SNS) has been shown to be a safe and effective treatment for those who do not respond to behavioral or medical therapies. Prior studies on the impact of age on SNS outcomes yielded mixed results.

#### Objective:
To identify differences in the efficacy of SNS for female urinary and fecal incontinence between patients younger than 70-years compared to patients 70-years or older.

#### Methods:
This was a single-center retrospective cohort study comparing the efficacy of SNS on fecal and urinary incontinence between patient cohorts based on age at time of SNS device placement. Included patients had undergone SNS device placement for urinary and/or fecal incontinence. The primary outcome was efficacy as measured by percent improvement in the frequency of incontinence episodes. Frequency of urinary incontinence episodes per day and fecal incontinence episodes per week were recorded at each visit. All available follow-up data for devices placed during the study period of January 2016 – December 2021 were included in the data collection. Data were analyzed using the student’s t-test, chi-squared test, and logistic regression.

#### Results:
There were 43 patients in the younger cohort (less than 70-years old) and 37 patients in the older cohort (70-years or older). Patients in the older cohort were more likely to be white (81% vs. 51%, \( P < 0.005 \)) and have hypertension (30% vs. 21%, \( P < 0.003 \)). Patients under 70-years old were more likely to be obese (Body Mass Index 35.4 vs. 29.1, \( P < 0.0001 \)). Median length of follow-up was 8 months (IQR17) for all patients and did not differ by age cohort (\( P = 0.17 \)). Before SNS treatment, 91% of patients reported urinary incontinence with a median frequency of 2 (IQR-4, average 3.9) episodes per day and 3 (IQR 6, average 5.0) episodes per day in the younger and older cohorts, respectively (\( P = 0.17 \)). After SNS treatment, the frequency of urinary incontinence decreased by 88 □ 23.4% in the younger cohort and 78.7 □ 26.9% in the older cohort (\( P = 0.13 \)). Before SNS treatment, 49% of patients reported fecal incontinence with a median frequency of 0 (IQR 3, average 4.4) episodes per week and 3 (IQR 3, average 3.4) episodes per week in the younger and older cohorts, respectively (\( P = 0.27 \)). After SNS treatment, the frequency of fecal incontinence decreased by 94.5 □ 9.5% in both the younger cohort and older cohorts (\( P = 0.99 \)).

#### Conclusions:
Sacral nerve stimulation for the treatment of urinary and/or fecal incontinence is a highly effective treatment modality. The mean reduction in incontinence episodes did not significantly differ for either fecal or urinary incontinence between those aged younger than 70 and those 70 years and older.

Disclosure: No

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### Scientific Salon 194

#### Web-Based Yoga-Pilates reduces stress urinary incontinence

M. Cramer1, A. Holland1, E. Boniface1, W.T. Gregory3, S. Cichowski2, Oregon Health & Science University1

#### Introduction:
Stress urinary incontinence (SUI) occurs in part due to a weakened urethral rhabdosphincter. Yoga and Pilates are low-impact workouts that use bodyweight as resistance, and limited evidence shows these exercises improve pelvic muscle strength and decrease incontinence episodes.

#### Objective:
The study objective was to evaluate the effect of an 8-week web-based yoga-Pilates exercise program on SUI severity as measured by the International Consultation on Incontinence Questionnaire - Urinary Incontinence Short Form (ICIQ UI SF) and secondarily to evaluate the potential mechanism of action for yoga-Pilates through ultrasound measurement of the urethral rhabdosphincter cross-sectional area (CSA). We hypothesized that yoga-Pilates would decrease SUI severity and cause hypertrophy of the urethral rhabdosphincter.

#### Methods:
This was a prospective interventional cohort study from November 2020 through September 2021. The intervention was an 8-week home yoga-Pilates web-based video that tracked and prompted participation. Participants with SUI underwent in-person visits pre/post-intervention during which they completed quality of life and severity surveys and underwent pelvic exam, including POP-Q, cough stress test, Brink pelvic floor strength score, and resting 3-dimensional transperineal ultrasound [1]. Ultrasound images were masked and measured post-collection. The rhabdosphincter is located in the middle third of the urethra, so CSA measurements were taken: at the midpoint and then at 2.5 mm and 5 mm cranial and caudal from the midpoint [1]. The urethral CSA was determined by subtracting luminal/submucosal area from total urethral area (Figure 1). Pre/post 24-hour voiding diaries and an automated video-viewing log were also collected. The study was powered to detect a mean change of 2.0 ± 4.0 ICIQ UI-SF score units and a mean CSA increase of 0.25 ± 0.6 cm² with 48 compliant participants. All pre/post-intervention changes were analyzed using paired t-tests with a null change of zero.

#### Results:
78 women, ages 46.6 ± 10.4 years, enrolled. 60 women completed the study. The cohort was predominantly premenopausal (67%), vaginally parous (65%), and had done yoga (76%) and/or Pilates (44%) in the past. 73% of the...
Web-based yoga-Pilates offers women with SUI a nonsurgical treatment that can improve symptoms of SUI and patient global impression of improvement. There were no significant changes in urethral measurements from pre- to post-intervention.

**Conclusions:** Although there were no changes in the urethral rhodospincter, this web-based yoga-Pilates exercise program improved symptoms of SUI and decreased number of incontinence episodes in women with SUI over 8 weeks. Web-based yoga-Pilates offers women with SUI a nonsurgical treatment that can be performed at home, which is beneficial in the ongoing COVID-19 pandemic.

**Figure 1:** Urethral cross-sectional area on transperineal ultrasound

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**Table 1:** Quality of life (QoL) measures and the changes post-intervention among participants completing the study (n = 96). Data are mean (SD confidence interval) or median (interquartile range).

<table>
<thead>
<tr>
<th>Measure</th>
<th>Pre-intervention</th>
<th>Test-intervention</th>
<th>Difference</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incontinence episodes</td>
<td>1 (1-2)</td>
<td>1 (1-2)</td>
<td>0.001</td>
<td></td>
</tr>
<tr>
<td>ICQ-SF score</td>
<td>9.6 (7.1-10.6)</td>
<td>7.6 (6.7-8.7)</td>
<td>2.0 (3.2-1.8)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>FOS score</td>
<td>14.9 (13.6-15.6)</td>
<td>14.2 (13.8-15.5)</td>
<td>0.5 (0.9-0.1)</td>
<td>0.043</td>
</tr>
<tr>
<td>Brink score</td>
<td>7.1 (6.7-7.7)</td>
<td>7.7 (7.5-8.2)</td>
<td>0.6 (1.1-1.0)</td>
<td>0.018</td>
</tr>
<tr>
<td>POP-Q stage</td>
<td>1.8 (1.1-3.6)</td>
<td>1.8 (1.2-3.5)</td>
<td>0.0 (0.1-0.1)</td>
<td>0.018</td>
</tr>
</tbody>
</table>

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**References:**

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**Disclosure:** No

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**Scientific Salon 197**

**COST-EFFECTIVENESS OF BULK INJECTION THERAPY POLYDIMETHYLSILOXANE-UROLASTIC COMPARED TO MID-URETHRAL SLING SURGERY FOR STRESS URINARY INCONTINENCE**

F. Castelein, J. Roovers, R. van Eekelen

**Amsterdam UMC**

**Introduction:** With a growing and aging population and an expected increase of 47.5% with regards to stress urinary incontinence (SUI) surgery in 2050, SUI is heading for a major public health issue accompanied by a significant economic burden. Mid-urethral sling (MUS) surgery is proposed as a viable surgical option. Bulk injection therapy Polydimethylsiloxane Urolastic (PDMS-U) is a non-absorbing bulking agent that does not require hospital admission, anesthesia and multiple re-injections. Therefore, if cure rates of PDMS-U would be non-inferior to MUS-surgery, it is assumable that PDMS-U is a more cost-effective treatment option.

**Objective:** To investigate the cost-effectiveness of bulk-injection therapy PDMS-U compared to mid-urethral sling (MUS) surgery for SUI.

**Methods:** We performed an international, multicentre, prospective, two-armed cohort study comparing mid-urethral sling surgery and PDMS-U with a two year follow-up. Time horizon of the cost-effectiveness analysis was 12 months. Female patients with moderate to severe SUI and a positive result on the standardized cough stress test (CST) were included. Exclusion criteria were: predominating urge incontinence, genital prolapse with a POP-Q score of point Aa or Ba >/=0, pregnancy or intended to become pregnant during study, untreated urinary tract infection, bladder capacity of 150 ml, urinary flow of <15 ml/sec, not capable of giving informed consent. Primary outcome was subjective cure (‘very much better’ and ‘much better’ on the Patients Global Impression of Improvement(PGI-I)). Secondary outcomes were: objective cure (negative cough stress test), adverse events and re-interventions. Cost-effectiveness outcomes were: total healthcare costs of intervention and hospital admission, adverse events, re-interventions, additional visits, productivity loss), quality-adjusted life year (QALY) using EQ5D-scores (Incontinence Impact Questionnaire) and EQ5D5L, incremental cost-effectiveness ratio (ICER) and monetary benefit (adjusted for baseline confounders). Costs were expressed in 2021 Euros.

**Results:** 131 PDMS-U and 153 MUS-surgery patients were treated. The PDMS-U group was older, had significantly more severe SUI at the Sandvik severity scale, had more mixed urinary incontinence and a higher number of previous surgical treatment for SUI. Subjective and objective cure rates for MUS-surgery and PDMS-U were respectively: 101/112 (90%) versus 40/87 (46%), OR was 5.9 (adjusted for age, BMI, severity and type of urinary incontinence), 98/109 (90%), 98/109 (90%) versus 58/92 (63%), adjusted OR 4.4. Average total costs for PDMS-U and MUS-surgery were €3567 and €6688, mean difference €3120. ICER for MUS-surgery was €15.598 per IQI QALY and €37.408 per EQ5D5L QALY. CEA plane showed that MUS-surgery was more effective and more expensive. With a willingness to pay (WTP) of €25.000, MUS has a 91% chance of being cost-effective with respect to disease specific QOL (IQI), whereas PDMS-U would have to be over €100.000 to have similar probabilities to be cost-effective. Subjective and objective cure rates of PDMS-U were inferior to MUS-surgery.

**Disclosure:** No
Introduction:
Pharmacologic therapy for overactive bladder (OAB) involves the use of an anticholinergic or beta-3 agonist. Despite the common use of anticholinergics for management of OAB, there is growing concern for the increased risk of cognitive impairment and dementia, particularly with cumulative dosing or prolonged exposure. In fact, there is an estimated relative risk of 1.46 for dementia with greater than 3 months of use.

Objective:
To describe national and regional trends in prescribing practices for overactive bladder.

Methods:
The United States Centers for Medicare and Medicaid Services annually publishes Medicare Provider Utilization and Payment Data, which includes information on prescription drugs provided to Medicare beneficiaries enrolled in Part D. The dataset includes the number of unique Part D beneficiaries with at least one claim for a drug and the aggregate number of days supply that was dispensed. We used data from 2013-2019 to assess geographic trends in prescribing practice based on the United States Census Bureau Regions and Divisions. Data are presented as proportions.

Results:
From 2013 to 2019, Medicare Part D beneficiaries received 3.3 billion pills for treatment of OAB. The number of anticholinergic and beta-3 agonist pills prescribed for OAB increased annually from 406 million in 2013 to 549 million in 2019, corresponding to a 5.0% annual increase. The majority of pills prescribed were anticholinergics, which accounted for 87.6% of all prescriptions for OAB. The number of anticholinergic pills prescribed increased by 33 million from 2013 to 2019, corresponding to an increase of 8.3%. While substantially more anticholinergics were prescribed, the number of beta-3 agonist pills prescribed increased by 110 million from 2013 to 2019, corresponding to nearly a 15-fold increase. Prescriptions for mirabegron, oxybutynin, and trospium increased annually from 2013 to 2019, while prescriptions for the other anticholinergics declined (Figure 1). The number of Medicare Part D beneficiaries filling these prescriptions increased by 514 thousand, corresponding to a 23% increase in the number of patients receiving pharmacologic treatment for OAB. There were substantial regional differences in prescribing practices and beneficiaries (Table 1). The West South Central, South Atlantic, and Mid-Atlantic were all more likely to receive a beta-3 agonist, while beneficiaries in Central East North, Mountain, and Central West North were less likely to receive a beta-3 agonist. For example, beneficiaries receiving pharmacologic therapy for OAB are 51% more likely to receive a beta-3 agonist in the South Atlantic compared to the East North Central. State differences in 2019 are shown in Figure 2.

Conclusions:
From 2013 to 2019, the number of pills prescribed to treat OAB and the number of patients receiving these prescriptions increased. The substantial rise in beta-3 agonist prescriptions is encouraging; however, anticholinergic medications still accounted for the majority of prescriptions filled by Medicare Part D beneficiaries. The growing body of evidence regarding the risks of anticholinergic medications should cause pause for prescribers, especially among elderly patients. Regional differences suggest that targeted provider education may be needed in certain states that disproportionately prescribe anticholinergics.
Scientific Salon 199
TRENDS IN PERFORMANCE OF ANTI-INCONTINENCE TREATMENT AT THE TIME OF PELVIC ORGAN PROLAPSE REPAIR FROM 2011-2019

G. Zemtsov1, J.E. Jelovsek2, M. O'Shea2, D. Luchrist2. Duke University Medical Center1, Duke University2

Introduction: Concomitant anti-incontinence procedures at the time of pelvic organ prolapse (POP) repair are frequently performed but are associated with an increased risk of adverse outcomes. Moreover, mesh midurethral slings have been subject to changing patient and provider perceptions given an evolving regulatory framework.

Objective: The aim of this study was to describe recent trends in performance of concomitant stress urinary incontinence (SUI) treatment with surgery for POP.

Methods: Surgeries with a primary diagnosis of POP were identified from the 2011-2019 National Surgical Quality Improvement Program Database and performance of a prolapse repair was ascertained by Current Procedural Terminology code. The primary outcome was concomitant SUI treatment, and the rate and type of treatment was calculated per quarter. An autoregressive interrupted time series regression estimated temporal trends and assessed for a change in treatment per quarter showed no significant trend prior to postmarketing studies (Δ0.2%, 95% CI -0.8, 1.1). After postmarketing studies, a downward deflection of -2.0% per quarter was observed (95% CI -3.6, -0.4). Conversely, following OPUS, we observed a flattening, with no further significant change (Δ-0.2%, 95% CI -0.8, 0.4). No change in trend was identified related to the FDA reclassification (P = 0.9). Assessing types of SUI procedures performed, midurethral or bladder neck slings constituted most of these procedures, increasing from 95.8% to 96.2% between 2011 and 2019 (P = 0.03).

Conclusions: Following the FDA’s warning and order for postmarketing studies from mesh manufacturers, rates of concomitant SUI treatment at the time of surgery for POP significantly decreased. However, performance of SUI procedures stabilized following publication of the OPUS trial at around 35% and did not change in response to subsequent regulatory changes.

Disclosure: No

Scientific Salon 200
HOW PAINFUL IS OUTPATIENT CYSTOSCOPIC INTRADETRUSOR BOTOX INJECTIONS?

K. Bhal1, J. Cao1, N. Hikary-Bhal2, J. Jones1. University Hospital of Wales1, Cwm Taf Morgannwg UHB2

Introduction: Studies have previously shown that patients who undergo cystourethroscopy consistently anticipate higher degrees of discomfort than they actually perceive during the procedure. Cystoscopic Botox injections are now common place outpatient or office based procedure for the management of refractory overactive bladder symptoms. This is usually performed with local anesthesia and pre-emptive oral analgesia. We wished to see if these previous findings were replicated in a therapeutic outpatient cystoscopic procedure.

Objective: The purpose of our review was to analyze how painful the procedure was likely to be and if there was a difference in the anticipated and actual pain scores before and after the procedure.

Methods: We analysed the outcome of pain scores using a visual analogue scale between 0–10 to assess the severity of pain for 102 consecutive patients undergoing cystoscopic intradetrusor Botox injections for refractory overactive bladder symptoms between 2018-2020. The dose of Botox-A (Allergan) was 100-200 IU depending on dose requirements, injected into 10-20 sites using a flexible cystoscope. All patients had been discussed a multidisciplinary team meeting as per NICE guidelines (UK) and they had completed medical and conservative treatment options before considering treatment. All patients had been taught intermittent self-catherization or in the rare occasion that this was not feasible they would have agreed to accept an indwelling catheter if the need arose. The pain scores were recorded in the operation note for each patient. All patients were recommended to take Paracetamol and/or nonsteroidal analgesia. We wished to see if these previous findings were replicated in a therapeutic outpatient cystoscopic procedure.

Results: The mean anticipated pain score appeared to be statistically significantly higher than the anticipated pain score [5.4 vs 3.8; P < 0.05 Paired t test],
The change in pain scores when grouped into mild (0-3), moderate (4-6) and severe (7-10) are depicted in Fig. 1. This suggests a normal distribution when it comes to assessing pain prior to cystoscopic botox however there was a skew to the left towards a lower actual pain score following the completion of the procedure. The mean pain scores were no different regardless of the number of injections [Anticipated; 5.97 vs 5.91 (10 vs 20 sites); Actual 4.24 vs 4.8 (10 vs 20 sites)]

Conclusions: Patients found the procedure less/as painful in 80% of this cohort. The number of injection sites did not reduce the pain scores. This data aids counselling and informing patients undergoing cystoscopic botox. More work on the use of a ‘vocal local’ and other distraction techniques would be worth considering in future studies.

Disclosure: No

Scientific Salon 201

REVIEW OF MDT APPROACH TO MATERNITY BLADDER CARE AND POSTNATAL URINARY RETENTION

K.J. Shah1, M. Ashraf2, V. Coghlin1, K. Logan1. Anurin Bevan University Health Board2

Introduction: Postdelivery bladder retention is an uncommon but distressing condition that affects some women in a difficult time in life. It is a preventable and manageable condition although it has an impact on the quality of life. This study aims at reducing this burden of postnatal urinary problems and propagate an effective and patient friendly way of management.

Objective: 1) Retrospective review of MDT management of postnatal retention cases for one year 2) Ongoing audit of Maternity Bladder Care guideline

Methods: Retrospective notes review of all postnatal retention cases referred to Bladder and bowel Nursing Service over one year. Ongoing audit and run chart of local Maternity Bladder Care guideline as part of a quality improvement project.

Results: The health board Maternity Bladder Care guideline has been continuously audited for compliance since 2018 as an ongoing quality improvement project.[presented at IUGA 2018] 1) All cases of postnatal retention are discharged with indwelling flip flow catheter for trial of catheter removal in the community at the patient’s convenience, usually 7-14 days after delivery. Between Oct’19 and Oct ‘20, 25 cases (0.49% of total deliveries) were referred, of which 20% had emergency sections and 26% had instrumental deliveries (double the background rate of these two modes of delivery). Support from Community team was provided for an average 25 days with 16 patients requiring self-catheterization and 1 referred to urology. 2) Continued adherence to the guideline is monitored by a monthly run chart. Results in February 2021 showed 100% antenatal screening, 76% adequate intrapartum care (void every 4-6 hours) and 88% postnatal void management (measured and documented void in 6 hours). Over the last 3 months, these results show improvement to 100% in all three areas. 3) Survey among other health boards in Wales, conducted to benchmark this practice, showed 71% of the responses used a maternity bladder care guideline. 76% responses suggested trial without catheter took place on the postnatal ward as an inpatient.

Conclusions: Continuing education of wider MDT as part of the QuIP has resulted in improved results from the audit. It is now a part of the induction for new doctors and midwives. Community management of PN retention encourages earlier discharge of these patients. TWOC is conducted at a convenient time, in a comfortable environment at the patient’s home. This strategy has shown anecdotal evidence of a positive impact on patient experience. Recommendation is to get formal patient feedback and present in the next meeting.

Disclosure: No

Scientific Salon 202

RETROSPECTIVE ANALYSIS FOR THE OUTCOME OF AUTOLOGOUS FASCIAL SLING PROCEDURES AT THE UROGYNAECOLOGY UNIT IN EAST SUSSEX HEALTHCARE NHS TRUST

S. Ibrahim1, H. El Halawy1, B. Towobola1, S. Bennet1. East Sussex Healthcare NHS Trust1

Introduction: Pubovaginal sling is a procedure used to manage stress urinary incontinence (SUI), which is an underdiagnosed and underreported medical problem. Stress urinary incontinence (SUI) affects 15-60% of women. More than one-fourth of nulliparous young college athletes experience SUI when participating in sports. An estimated 50-70% of women with urinary incontinence fail to seek medical evaluation and treatment. Following the NHS England implementation of high vigilance status on the Mesh Slings on July 2018, the use of Autologous sling has increased from 0.6% to 11.2%.

Objective: To study the long-term outcome of Autologous midurethral fascial sling procedures for management of stress urinary incontinence (SUI) with or without concomitant prolapse repair.

Methods: We studied the long-term outcome of 60 cases of Autologous Midurethral Fascial Sling procedures with or without concomitant prolapse repair. Data were collected using the electronic patient information system and BSUG database. Postoperative follow up was done at 12 months using telephone follow up consultation. The primary outcome was effectiveness in reducing urinary leakage episodes and secondary outcomes were patient satisfaction and complications at 1-year follow up.

Results: The mean age for the group was 56.8 (25-82) years, mean BMI was 30 (20-40) and Mean parity 2.49 (0-9). In 80% the cases AFS was performed as a primary procedure and 20.3% of cases were mixed incontinence as diagnosed by the Bladder pressure flow study. Nearly 16.7% of the secondary group had mixed incontinence, 10.4% of the primary group had mixed incontinence. At one year, an overall improvement of 88% was found in all the cases, 87% of the primary incontinence patient showed either cure or improvement of incontinent episodes meanwhile only 62.5% of secondary SI patients showed some improvement. As a secondary outcome, the mean improvement of the ICQ U1 and ICQ QOL score of 80% or greater was reached in 81% of the patients with primary SUI and 47% of patient with secondary SUI. The ISC rate (intermittent self-catheterization) was 6.3% in primary cases and 16.7% in the secondary cases. Two cases had severe bleeding episodes necessitating blood transfusion and one case had a bladder injury that was recognized and repaired during the surgery.

Conclusions: AFS remains a valuable surgical option for both primary and recurrent SUI in women showing high cure rates and low complications in the long-term.

Disclosure: No

Scientific Salon 203

PATTERNS OF PARTIAL LEVATOR TRAUMA

HP. Dietz1, KL. Shek2, Sydney Urodynamic Centres3, Western Sydney University2

Introduction: Levator ani avulsion is a major etiological factor in pelvic organ prolapse (POP). Partial trauma is common and there seem to be distinct patterns.

Objective: To identify patients with predominantly proximal and predominantly distal levator trauma, and investigate associations with symptoms and signs of pelvic floor dysfunction.

Methods: This was a retrospective study of women attending a tertiary urogynaecology unit for symptoms of pelvic floor dysfunction between 1/12 and 12/21. All underwent a history, clinical POPQ examination and tomographic ultrasound imaging (TUI) of the pelvic floor for the assessment of both levator ani and anal canal as standardized by IUGA. Trauma to the levator was diagnosed by postprocessing of saved ultrasound volume data to assess six tomographic slices bilaterally, resulting in a TUI score of 0-12. After identifying those with complete uni- or bilateral trauma, those with abnormal TUI slices (that is, TUI scores between 1 and 10) were then classified as predominantly proximal (slices 3-5) or predominantly distal (slices 3-5) trauma; see Fig. 1. Women with full avulsion and those with a score of 0 constituted control groups. These four groups were tested for associations with symptoms of urinary incontinence and prolapse.

Results: 4029 women were seen during the inclusion period, of which 3896 had complete data sets. Mean age at assessment was 58 (range, 17-95) years, mean BMI was 29 (15-65); 2825 (73%) presented with stress urinary incontinence, 2810 (72%) with urgency urinary incontinence and 2035 (52%) with symptoms of prolapse. On clinical examination, 2330 (60%) had a Ba of-1...
or higher, in 995 C was -4 or higher, and in 1925 women Bp was -1 or higher. On imaging, 1432 had a significant cystocele, 993 significant uterine descent and 1428 significant rectal descent on ultrasound. Hiatal area on Valsalva was 29 cm² on average (range, 5-69 cm²). Of those 3896 women, 930 (24%) were diagnosed with a full avulsion, 2173 (56%) were normal, and 793 (20%) had partial trauma. Of those, 239 were distal-predominant while 524 were proximal predominant. In 30 cases the location of partial trauma was balanced; these were omitted from the analysis, leaving 3896. Table 1 shows associations between no, proximal and distal partial trauma on the one hand and symptoms and signs of pelvic floor dysfunction. As TUI scores were higher in proximal partial trauma (mean 3.94 vs 1.97, P = 0.001), we included TUI scores in regression modelling for differences in signs and symptoms between the two partial trauma groups.

The difference between those groups remained significant for symptoms of prolapse (P = 0.03) cystocele descent on US (P = 0.023) and POP-Q variable C (P = 0.049) when TUI score was included in the model.

**Conclusions:** While partial trauma seems to be more relevant for symptoms and signs of prolapse when it occurs in the upper reaches of the levator plate, this effect may be clinically irrelevant compared to the much greater effect of complete avulsion.

<table>
<thead>
<tr>
<th>No trauma</th>
<th>Distal trauma</th>
<th>Partial trauma</th>
<th>Full avulsion</th>
</tr>
</thead>
<tbody>
<tr>
<td>n = 2173</td>
<td>n = 1299</td>
<td>n = 926</td>
<td>n = 64</td>
</tr>
<tr>
<td>Bn (cm²)</td>
<td>73.6%</td>
<td>71.6%</td>
<td>71.6%</td>
</tr>
<tr>
<td>Un (cm)</td>
<td>71.5%</td>
<td>71.6%</td>
<td>71.6%</td>
</tr>
<tr>
<td>By (cm)</td>
<td>92.9%</td>
<td>91.33%</td>
<td>91.33%</td>
</tr>
<tr>
<td>B (cm)</td>
<td>0.006 (0.10)</td>
<td>0.006 (0.10)</td>
<td>0.006 (0.10)</td>
</tr>
<tr>
<td>Cs (cm²)</td>
<td>-6.8 (0.66)</td>
<td>-6.8 (0.66)</td>
<td>-6.8 (0.66)</td>
</tr>
<tr>
<td>Bn (cm)</td>
<td>-3.2 (0.45)</td>
<td>-3.2 (0.45)</td>
<td>-3.2 (0.45)</td>
</tr>
<tr>
<td>Sn (cm²)</td>
<td>7.38 (0.13)</td>
<td>7.75 (0.13)</td>
<td>7.75 (0.13)</td>
</tr>
<tr>
<td>Gynecomastia on US (cm³)</td>
<td>-1 (9.018)</td>
<td>-1 (9.018)</td>
<td>-1 (9.018)</td>
</tr>
<tr>
<td>Bladder descent on US (cm³)</td>
<td>0.8 (20.21)</td>
<td>7.3 (20.21)</td>
<td>7.3 (20.21)</td>
</tr>
<tr>
<td>Rectal descent on prolapse (cm)</td>
<td>-0.73 (0.162)</td>
<td>-0.5 (0.165)</td>
<td>-0.5 (0.165)</td>
</tr>
<tr>
<td>Bladder area on Valsalva (cm²)</td>
<td>25.16 (98.84)</td>
<td>27.47 (98.84)</td>
<td>27.47 (98.84)</td>
</tr>
</tbody>
</table>

**Table 1: Associations between no, proximal and distal partial trauma on the one hand and symptoms and signs of pelvic floor dysfunction on the other hand. Bold figures indicate significant differences between distal and proximal trauma on univariate analysis.**

**Conclusion:** While partial trauma seems to be more relevant for symptoms and signs of prolapse when it occurs in the upper reaches of the levator plate, this effect may be clinically irrelevant compared to the much greater effect of complete avulsion.

**Disclosure:** No

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**Objective:** To clarify the arrangement of muscle bundles in the female levator ani muscle.

**Methods:** Seven pelvises and eight 16 hemipelvises were obtained from female cadavers (mean 84 ± o). Pelvic organs other than the lower rectum were removed. The levator ani muscles were observed superiority, anteriorly, and laterally.

**Results:** The muscle bundles of the levator ani muscle can be classified into five categories according to their origin and termination: 1) the part originating in the pubic bone and going around the anterior part of the rectum, 2) the part originating in the pubic bone and attaching directly on the rectal wall, 3) the part originating in the pubic bone and surrounding the posterior part of the rectum, 4) the part originating in the tendinous arch of the levator ani muscle and attaching directly on the rectal wall, and 5) the part originating in the tendinous arch of the levator ani muscle and going around the posterior part of the rectum. 1) was fused with the external anal sphincter as the anterior bundle, and contributed to the formation of the sling surrounding the anal canal. The muscle bundle originating from the pubic bone was thicker than those originating from the tendinous arch, and the fiber bundle of 2) was located in the shallow layer of the levator ani muscle. The origin of the fiber bundle that attaches at the rectal wall was distributed posterior to the origin of the fiber bundle that surrounds the rectum.

**Conclusions:** Based on the findings of the present study, the levator ani muscles can be divided into five groups according to their origin and termination. Further functional analyses of the levator ani muscles should be necessary.

**Disclosure:** No

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**Scientific Salon 205**

**TOMOGRAPHIC TRAUMA SCORE VERSUS AVULSION CATEGORIES IN THE PREDICTION OF PROLAPSE**

**HP. Dietz**, J. Descallar**, KL. Shek**, Sydney Urodynamic Centres, Ingham Institute for Applied Medical Research, Western Sydney University

**Introduction:** Pelvic floor trauma sustained at the time of vaginal birth is a major etiological factor for pelvic organ prolapse (POP). [1] This effect is likely mediated by an increase in hiatal distensibility, and for partial avulsion this seems to be the only pathophysiological pathway. [2] However, it is unclear as to whether complete avulsion in itself has an additional effect due to it being a marker of other trauma, e.g. to fascial structures.

**Objective:** To compare the performance of avulsion categories to tomographic trauma score (TTS) in the prediction of symptoms and signs of pelvic organ prolapse.

**Methods:** This was a retrospective study of 4029 women attending a tertiary urogynecology unit between 1/12 and 12/21. All underwent a history, clinical POPQ examination and imaging of the pelvic floor as standardised by IUGA. [3] Stored volume data were analysed at a later date to score levator trauma in six tomographic slices bilaterally, resulting in a tomographic trauma score (TTS) of 0-12, blinded against all other data. Levator trauma was defined as a full unilateral or bilateral avulsion, or as partial trauma (any TTS over 0 without complete avulsion). [2] The TTS was then compared to avulsion categories for its predictive power for symptoms and objective measures of POP. Multivariable logistic regression (for prolapse symptoms) and linear regression (for all other outcomes) were used to assess the independent effect of TTS and avulsion categories on each of the outcomes. A subgroup analysis was carried out for TTS scores between 6 and 10 to assess whether avulsion categories modified the effect of TTS score on outcomes using an interaction variable.

**Results:** 4029 women were seen during the inclusion period. In 133 women tomographic analysis was unavailable, leaving 3896 complete data sets. Mean age at assessment was 58 (17-95) years, mean BMI was 29 (15-65), 2825 (73%) presented with stress urinary incontinence, 2810 (72%) with urgency urinary incontinence and 2035 (52%) with symptoms of prolapse. On clinical examination, 2561 (66%) had a Ba of -1 or higher, in 1106 women (28%) C was -4 or higher, and in 2109 women (54%) Bp was -1 or higher. Gh + Pb was 7.7 on average (range, 3-17). On imaging, 1595 had a significant cystocele, 1106 significant uterine descent and 1621 significant rectal descent. The mean tomographic trauma score (TTS) was 2.8 (0-12); there were 792 women with partial (20%), 568 (15%) with unilateral and 363 (9%) with bilateral avulsions. All three forms of levator trauma were associated with symptoms and signs of prolapse (see Table 1). Unilateral avulsion had an increased effect on prolapse symptoms compared to no avulsion (OR = 1.62 (1.07, 2.45, p = 0.02)) after accounting for TTS. There were no significant interaction effects between TTS and prolapse categories on each of the outcomes. A subgroup analysis was carried out for TTS scores between 6 and 10 to assess whether avulsion categories modified the effect of TTS score on outcomes using an interaction variable.

**Conclusions:** We have found only very limited evidence of any effect of avulsion category on objective measures of POP beyond that which is expressed by the tomographic trauma score, which shows near-linear relationships with most
examined measures of prolapse. In other words, there is no threshold effect. We suggest to report trauma score (0-12) in addition to ‘partial’, ‘unilateral’ or ‘bilateral avulsion’ in order to optimise reporting of pelvic floor trauma. References: 1. Int Urogynecol J 2021;32: 1623-; 2. Abstract 006, IUGA 2021; 3. Int Urogynecol J 2011;22:609-

**Scientific Salon 206**

**FOLEY BALLOON PULL TEST OF PELVIC FLOOR MUSCLE STRENGTH**

S. Spector1, M. Andrews1, L. Lipetskaia1. Cooper University Hospital1

**Introduction:** Pelvic Floor Muscle (PFM) training by a physical therapist has shown efficacy in treating the symptoms of pelvic floor dysfunction. However, additional study is required to standardize scoring and assess external validation. Methods: This study involved patients currently undergoing pelvic floor strength assessments as part of their physical therapy or Urogynecology visits. All participants completed the validated Pelvic Floor Distress Inventory short form questionnaire and underwent PFM strength testing with the OMGS. The FBPT was then used to obtain 3 measures at rest and 3 measures during a Kegel exercise, where the maximum gauge reading was recorded in grams. The primary endpoint was the association between the OMGS and the FBPT strength scores. The secondary endpoint was the correlation of urinary incontinence or prolapse symptoms to the recorded PFM strength. Safety endpoints assessed included vaginal discomfort or injury. We hypothesized that the FBPT would demonstrate sufficient agreement with the OMGS.

**Results:** Twenty-four women underwent a total of 172 FBPT measurements (71 at rest, 70 Kegel). There were no adverse events. Results demonstrated an average resting pull force of 465 g (IQR 326 g-632 g) and an average Kegel pull force of 817 g (IQR 427 g-1078 g). Reliability of the measurements was highly correlated, with intraclass correlation coefficients >0.95. Regression analysis was performed comparing OMGS scores with different FBPT parameters in an attempt to identify the most meaningful correlation. All three tested correlations with OMGS reached statistical significance: OMGS and Kegel Average P = 0.011 R²=.26, OMGS and the ratio of Kegel Average/Rest Average P = 0.002 R²=.34, OMGS and the difference of Kegel Average - Rest Average P = 0.002 R²=.34. Similarly, regression analysis was also performed on PFDI totals and sub scores. The ratio of Kegel Average/Rest Average correlated with PFDI total P = .030 and with UDI-6 P = .018. The difference of Kegel Average -Rest Average correlated with PFDI total P = .047.

**Conclusions:** Foley balloon pull testing of PFM strength is an internally reliable, inexpensive, simple method of PFM strength testing, that is well tolerated by patients. However, additional study is required to standardize scoring and assess external validation.

**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: Materna Medical, GE Medical, Mindray

**Scientific Salon 207**

**EDUCATING WOMEN ABOUT PELVIC FLOOR DISORDERS DURING PREGNANCY FROM THE 1ST TO THE “4TH TRIMESTER”**

E. Rutledge1, A. Spiers2, J. Vardeman2, N. Griffin3, T. Nisar4, T. Mair1, D. Antosh1. Houston Methodist Hospital1, University of Houston1, Houston Methodist Research Institute2

**Introduction:** Pregnancy and childbirth are significant risk factors for developing pelvic floor disorders (PFDs). These risks extend into the postpartum period (“4th trimester”) and are often overlooked by physicians and patients. Knowledge of PFDs among women of childbearing age is lacking and presents an opportunity for improving patient education.

**Objective:** To compare the effect of two educational tools (written handout vs interactive workshop) on knowledge of PFDs during pregnancy as measured by the Prolapse and Incontinence Knowledge Questionnaire (PIKQ).

**Methods:** This was a randomized controlled trial of pregnant patients aged 18-40 years recruited in the 2nd or 3rd trimester. Patients were randomized to receive either written handouts only or written handouts in addition to attending a virtual, interactive workshop led by a pelvic floor physical therapist. The educational materials focused on PFDs, risk factors, and prevention strategies. The handouts were created in collaboration with specialists in healthcare communications. The primary outcome was patient knowledge as measured by PIKQ.
score. The secondary outcome was Pelvic Floor Distress Inventory (PFDI-20) score. Questionnaires were assessed at recruitment and again at 6 weeks postpartum. To identify the differences, Wilcoxon test was used for continuous variables (Median, & Interquartile range [IQR]), and Fisher exact test for categorical variables. Quantile regression models adjusted for demographics was used to identify the differences amongst the score.

**Results:** Between August 2020 and February 2021, 160 patients were screened, 120 patients were recruited with 61 randomized to the workshop group and 59 to the written group. Baseline characteristics (Table 1) were similar among groups with a median age of 32 years, the majority had a college education or higher, and an annual household income > $100,000. Patients were recruited in the mid 2nd trimester and delivered at term. There were no significant differences in the median PIKQ score change between the workshop and the written group [3, IQR (1-4.5) vs 4; IQR (1-7); P = 0.37] (Table 2). Quantile regression analysis showed that median post-education PIKQ scores were higher in both workshop [IQR (17 - 22) VS 17; IQR (13 - 20); P = 0.011] and written group [IQR (19 - 23) vs 17 IQR; (14 - 22); P = 0.001] compared to pre-education PIKQ scores, with an estimate (Δβ) of 0.63; 95% confidence interval (CI) [0.13 - 1.24] for workshop and Δβ of 0.86; 95% CI [0.52 - 1.34] for written group (Table 3). PFDI-20 scores were overall low within this population (CI) [0.13 – 0.23] for workshop and Δβ of 0.13; 95% CI [0.03 – 0.23] for written group (Table 3).

**Conclusions:** Even within a highly educated patient population with high baseline PIKQ scores, both groups showed a significant improvement in knowledge of PFDs. These results suggest that a hands-off intervention, such as giving patients written handouts, increases patient knowledge of PFDs. Future studies should focus on optimizing patient educational materials based on patient-centered feedback, social media messaging, and expanding access to a wider demographic, such as non-English speaking patients.

**Disclosure:** No

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**Table 3: Multivariable Pre Vs. Post PIKQ - Quantile Regression**

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Written</th>
<th>Estimate-Median</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workshop</td>
<td>Pre PIKQ</td>
<td>0.63 (0.13 - 1.24)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Written</td>
<td>Post PIKQ</td>
<td>0.86 (0.52 - 1.34)</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

**Table 2: PIKQ Pre-Education versus Post-Education Scores**

<table>
<thead>
<tr>
<th>Variables</th>
<th>Workshop</th>
<th>Written</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre PIKQ Total Score</td>
<td>17.00 (13.00 - 20.00)</td>
<td>17.00 (14.00 - 22.00)</td>
<td>0.52</td>
</tr>
<tr>
<td>Pre UI subscore score</td>
<td>10.00 (9.00 - 11.00)</td>
<td>10.00 (11.00 - 13.00)</td>
<td>0.73</td>
</tr>
<tr>
<td>Pre POP subscore score</td>
<td>7.00 (6.00 - 9.00)</td>
<td>8.00 (9.00 - 10.00)</td>
<td>0.30</td>
</tr>
<tr>
<td>Post PIKQ Total</td>
<td>31.00 (27.00 - 35.00)</td>
<td>31.00 (29.00 - 36.00)</td>
<td>0.03</td>
</tr>
<tr>
<td>Post UI subscore score</td>
<td>13.00 (12.00 - 15.00)</td>
<td>13.00 (14.00 - 15.00)</td>
<td>0.21</td>
</tr>
<tr>
<td>Post POP subscore score</td>
<td>10.00 (9.00 - 11.00)</td>
<td>10.00 (10.00 - 11.00)</td>
<td>0.77</td>
</tr>
</tbody>
</table>

**Disclosure:** No
Objective: The goal of our study is to describe the presentation, management, and outcomes of patients with pelvic floor disorders who presented postpartum to our clinic. Methods: The study is a single-center retrospective observational study including women who presented to the new mother’s pelvic floor support (RECOUP) Clinic. The target patient population for the clinic includes those who had a perineal injury, instrumental delivery, urinary retention, urinary or fecal incontinence, pain, or pelvic pressure associated with a recent delivery. We collected information regarding the patients’ main chief complaints, findings on initial physical exams and on 3D endovaginal ultrasounds, management plans, and findings on follow up physical exams and 3D ultrasounds. Patient characteristics included race, parity, medical problems, response to questionnaires (POPDI, CRADI, UDI, PFDI, PFQ) and POPQ results, US characteristics from their first visit to the clinic, proposed intervention for each patient (conservative including pessary and physical therapy vs. surgical intervention), outcome (resolution vs persistence of symptoms) as well as sonographic measurements from their follow-up visit. Results: There were 60 patients seen in our perineal clinic during our study period of 2019 – 2021. The majority of our patients were of Caucasian ethnicity (42 patients; 70%), The average age of the patients was 34.72 (± 5.90) and the average BMI was 25.06. The mean parity was 1.59. 10 patients (16.7%) had a history of instrumental delivery, and 17 patients (28.3%) had a history of OASIS. Most (46 patients, 76.7%) did not have any background morbidities, nor past surgeries xx/ (X%). the most common presenting symptom at the time of their first visit was vaginal pressure and bulge sensation in the vaginal area. 33.3% underwent physical therapy management, 19.4% had pessary placement, 41.7% underwent surgical management, and 58.7% had conservative management. After undergoing management, 84% of patients had symptom resolution whereas the other 16% had persisting symptoms. Most of the patients who had resolution of symptoms had undergone expectant management (92.9%). Conclusions: The mother’s pelvic floor support (RECOUP) Clinic is essential in providing complete and efficient assessment, diagnosis, and management of postpartum patients with pelvic floor disorders. It should be regularly implemented in the care of pregnant patients to provide better care and counseling regarding pelvic floor disorders postpartum.

Disclosure: No

Scientific Salon 210
EMPTY PERINEUM SYNDROME, AN ELUSIVE CONDITION: A RETROSPECTIVE COHORT STUDY

R. Tomashv1, Y. Baumfeld1, Q. Wei2, SA. Shobeiri1. INOWA Health System1, George Mason University2

Introduction: Pelvic floor dysfunction is a disturbing and frequently progressive condition that includes pelvic organ prolapse (POP), urinary (UI), and fecal incontinence (FI). One structure that supports the pelvic floor is the perineal body (PB). This complex structure encompasses the muscles and ligaments of the pelvic floor in the area between the vaginal introitus and the anus. Vaginal delivery may result in perineal trauma and inappropriate recognition and correction of a perineal laceration may result in long-term complications with quality of life consequences. Usually, perineal injuries' postoperative identification and correction are limited to obvious 3rd and 4th-degree lacerations or inappropriate laceration healing. To limit perineal damage the obstetricians have eliminated routine episiotomies and employ massage and stretching techniques that leave the perineal skin intact. Sometimes the underlying structures are separated without apparent skin tears creating an "empty perineum" that appears normal but does not function as intended. Besides FI or defecatory dysfunction, the patients may present with symptoms such as perineal pressure, splitting during bowel movements, and loss of vulvar tone.

Objective: We hypothesized that many patients with postpartum defecatory symptoms present with seemingly intact perineum that lacks supportive structures.

Methods: We conducted a retrospective cohort study from 2016-2021 of the patients presenting to the mother's pelvic floor support (RECOUP) Clinic. Demographic, urogynecological, and Ultrasound data were collected and statistically analyzed to analyze the demographics, sonographic, and POPQ measurements of the three groups (Table1). The EPS and PP groups showed statistically significant differences in BMI score only (28.59 ± 6.18 vs. 23.42 ± 2.35 (P-value = 0.04)). For POPQ score assessment (Fig 1), there was a statistically significant difference between the EPS and PP groups and the control group for the Posterior Compartment (AP/BP), Genital Hiatus (GH), and PB measurements: Ap: EPS (-0.50 ± 0.57), PP (-1.14 ± 0.69), control group (-2.05 ± 0.21); Bp: EPS (-0.75 ± 0.50), PP (3.07 ± 0.84), control group (-2.59 ± 0.50) GH: EPS (2.75 ± 0.50), PP (-1.71 ± 0.95), control group (2.00 ± 0.00) PB: EPS (1.25 ± 0.50), PP (1.25 ± 0.50) control group (2.05 ± 0.21) All the parameters showed P-value <0.01. EVUS (Fig 2), included the levator ani muscle (LAM), external and internal anal sphincter integrity, the minimal levator hiatus (MLH), and the levator plate descent angle (LPDA). There were no statistically significant differences between the groups, but a trend when we compared the MLH and LPDA between the three groups: MLH: EPS (12.24 ± 1.52), PP (11.60 ± 2.57), control group (2.05 ± 0.21), P-value = 0.09 LPDA: EPS (-6.24 ± 6.94), PP (-6.62 ± 6.96), control group (-12.45 ± 8.83), P-value = 0.1

Conclusions: Empty perineum syndrome is an unrecognized condition. The “EPS” is a distinct entity and larger studies are needed to estimate the prevalence and characteristics of those patients in postpartum clinics.
**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: Consultant of MEMIC, COSM, TRACKIMED

**Table 1: Demographic, POPQ and Sonographic data of the three groups, P value <0.01 is bolded**

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>P value</th>
<th>Control (nulliparous) n=22</th>
<th>Parity</th>
<th>Control (nulliparous) n=22</th>
<th>Control (nulliparous) n=22</th>
<th>Control (nulliparous) n=22</th>
<th>Control (nulliparous) n=22</th>
<th>Control (nulliparous) n=22</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian (%)</td>
<td>3 (60)</td>
<td>5 (62.5)</td>
<td>JO (90.9)</td>
<td>7 (78.2)</td>
<td>2 (22.2)</td>
<td>3 (60)</td>
<td>5 (62.5)</td>
<td>JO (90.9)</td>
</tr>
<tr>
<td>Age</td>
<td>40.85±3.5</td>
<td>32.89±4.06</td>
<td>34.05±4.19</td>
<td>0.12</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BMI</td>
<td>28.59±6.18</td>
<td>24.02±3.85</td>
<td>26.78±7.78</td>
<td>0.28</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parity</td>
<td>2.40±0.99</td>
<td>2.09±0.71</td>
<td>0.0095±0.04</td>
<td>-0.0036</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mode of delivery**

| Vacuum delivery (%) | 2 (30) | 1 (11.1) |
| Feces (%)           | 4 (60) | 2 (22.2) |

**POP Q**

| Aa | 1.59±2.37 | 0.58±1.27 | 0.89 |
| Ba | -2.49±0.57 | -2.14±0.67 | -2.35±0.50 | 0.19 |
| C  | -7.09±0.00 | -8.63±1.11 | -7.05±1.65 | 0.83 |
| D  | 7.71±0.50 | 7.85±0.29 | 0.14±0.30 | 0.25 |
| Ap | -0.58±0.57 | -1.14±0.89 | -2.56±0.21 | -0.0027 |
| Br | -2.49±0.57 | -2.14±0.67 | -2.35±0.50 | 0.19 |
| G  | 2.49±0.57 | 3.72±0.29 | 0.14±0.30 | 0.25 |
| Ps | 2.49±0.57 | 3.72±0.29 | 0.14±0.30 | 0.25 |
| TVI| 0.59±0.57 | 1.94±0.29 | 0.14±0.30 | 0.25 |

**Sonographic measurements**

| Levator Plate | -8.24±0.94 | -6.42±0.05 | -12.45±0.33 | 0.11 |
| Rectal Angle (PDA) | -8.24±0.94 | -6.42±0.05 | -12.45±0.33 | 0.11 |
| Urethral length | 38.13±6.48 | 33.45±6.85 | 38.75±6.13 | 0.13 |

**Introduction:** Women with interstitial cystitis/bladder pain syndrome (IC/BPS) feel isolated and face complex treatment decisions, compounding the difficulty

**Scientific Salon 211 CENTERING GROUP TREATMENT FOR WOMEN WITH INTERSTITIAL CYSTITIS/BLADDER PAIN SYNDROME: A QUALITATIVE ANALYSIS**

K. Meriwether, V. Panter, M. McWethy, H. Rishel Brakey, Y. Komune

**University of New Mexico**

**Introduction:** Women with interstitial cystitis/bladder pain syndrome (IC/BPS) feel isolated and face complex treatment decisions, compounding the difficulty

**Fig. 1:** The figure represents the POPQ values of the three groups: the blue columns represent the EPQ group; the red columns represent the periprosthetic group; and the green columns represent the control group.

**Fig. 2:** The figure represents the 2D endovaginal and endoanu US parameters of the three groups: the blue columns represent the EPQ group; the red columns represent the periprosthetic group; and the red columns represent the control group.

**Table 1: Demographic, POPQ and Sonographic data of the three groups, P value <0.01 is bolded**

**Table 2: Themes and exemplary quotes regarding the opposition of Centering model of care in women with interstitial cystitis/bladder pain syndrome (IC/BPS)**

**Themes**

**Exemplary Quotes**

**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: Consultant of MEMIC, COSM, TRACKIMED

**S125**
of navigating the disease and medical treatment. Centering models of group medical visits have been successful in other spheres such as obstetrical and cancer care, but have not been attempted or reported in ICBS therapy.

Objective: We sought to explore themes in advantages, limitations, barriers, and suggestions for the application of a Centering model in the care of women with ICBS.

Methods: As part of a larger mixed-methods study, we performed a qualitative study of experiences among adult women with ICBS participating (Centering patients) or not participating (control patients) in ICBS Centering visits offered by our subspecialty pelvic floor disorders clinics. Patients who attended at least three Centering visits were invited to participate in a focus group about the benefits, weaknesses, barriers to participation, and suggestions for ICBS Centering. We interviewed control patients to investigate the barriers to joining and what, if anything, appealed to them about Centering. Finally, we collected written commentary from those who attended Centering meetings in post-Centering evaluations.

Results: There were 45 participants in the larger study (20 IC Centering participants and 25 control participants) with an average age of 52 ± 17 years, with 56.8% being Caucasian and non-Hispanic and the remainder identifying as Hispanic and/or Native American. Within this population, we conducted four control patient individual interviews, had one focus group consisting of 5 Centering patients, and collected comments from 11 Centering participants post-treatment. Emergent themes of interest for this commentary include Motivations and Barriers to Joining, Cost, Leadership, Connecting with Others, Diversity, Learning, Alternative Treatments, and Areas for Improvement. Regardless of participation in Centering, patients noted self-care and alternative treatments were important, communication and sharing with other women with ICBS or other supports in their life were important, and that these ICBS participants were plagued by feelings of isolation and discouraged by their healthcare experiences (Table). Women in Centering noted the biggest advantages of Centering were sharing with and learning from one another, the creation of a safe space that was diverse and welcoming, and the feeling that Centering was more of a support group than a medical visit. Women noted barriers to Centering included cost, logistical issues like time and format, and personality barriers to interacting with a group.

Conclusions: Women have diverse needs and desires for ICBS treatment, but those who attended Centering group visits for ICBS treatment found many advantages, most notably a sense of learning and community that opened them to a wider variety of support systems and treatment options.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: RBI Medical

Scientific Salon 212
CORRELATION OF PELVIC FLOOR MYOFASCIAL TRIGGER POINTS AND PELVIC FLOOR SYMPTOMS IN WOMEN VISITING THE UROGYNECOLOGICAL OUTPATIENT CLINIC: A CROSS-SECTIONAL STUDY

S. Einig1, E. Russ1, A. Schoetzau1, V. Heinzelmann-Schwarz2, T. Kavadias1

University Hospital of Basel

Introduction: Chronic pelvic pain affects a significant number of women, with a prevalence, which is described to be between 5.7% and 26.6% worldwide. Although the etiology of chronic pelvic pain is mostly multifactorial, one source of pain seems to be the presence of myofascial trigger points, which, however, are often overlooked or ignored. There is evidence, that women with pelvic floor symptoms often experience pain and have positive trigger points upon pelvic floor examination. However, the correlation of these findings has not yet been systematically examined and sufficiently understood.

Objective: To examine the correlation between myofascial trigger points and pelvic floor symptoms using a standardized pelvic floor examination method and a validated pelvic floor questionnaire.

Methods: The study was performed in the outpatient urogynecological department of our clinic. Study participants underwent a standardized physical examination assessing myofascial trigger points in different muscle groups including pubococcygeus, iliococcygeus, obturator as well as at the bladder base. In addition, pelvic floor muscle tone was assessed. Participants also filled out the standardized German version of the Australian pelvic floor questionnaire, which consists of a total of 43 questions regarding bladder-, bowel- and sexual function as well as prolapse symptoms. The questionnaire provides a scoring system for each category (0-10) as well as a total score (0-40). Demographic data was retrieved from the patients’ medical records. Statistical analysis was performed using the Mann-Whitney-U test and chi-squared exact or Fisher’s test. All evaluations were done using the statistical software R.

Results: A total of 110 women were included in the study. Mean age was 55.9 (SD ± 17) years. Pelvic floor muscle tone was assessed as normal in 71 (64.5%) and high in 39 (35.5%) of the participants. The mean score of the pelvic floor questionnaire was 8.23 (SD ± 3.94). The overall questionnaire score showed a significant correlation with pain at all muscle groups (except bladder base). All four domain scores (bladder, bowel, prolapse and sexual function) were significantly correlated with painful trigger points in different muscle groups. Age was not significantly correlated with pain or pelvic floor symptoms, except from sexual function, where the correlation was negative (P < 0.001). A significant correlation could also be found between high pelvic floor muscle tone and the overall questionnaire score (P < 0.001) as well as the bladder function score (P < 0.001) and various pain scores of the different groups. Table 1 shows an overview of the most important findings.

Conclusions: The existence of myofascial pelvic floor trigger points seems to be reflective of pelvic floor symptoms, as assessed with a standardized pelvic floor questionnaire. Further research in order to examine and understand the mechanism of this correlation may help in the diagnosis and also offer more effective therapeutic options.

Disclosure: No

Scientific Salon 213
LIGHT EMITTING DIODE (LED) THERAPY TO TREAT GENITAL ATROPHY IN POSTMENOPAUSE: IN PRELIMINARY STUDY

T. Kim1. Catholic Kwandong University. College of Medicine

Introduction: In urogynecological fields, genital atrophy is a common health problem in postmenopausal women. It can cause many symptoms such as itching, dryness, pain or dyspareunia, etc. It makes to deteriorate the quality of life and to affect a negative effect on female sexual function. Postmenopause induces the collagen loss. The deficit of collagen density makes genital atrophy.

Objective: This study aims to evaluate the change of genital atrophy using Light emitting diode (LED) therapy in mouses as a preclinical study.

Methods: We performed a prospective evaluation of 20 postmenopausal mouses (control group; n = 10, LED group; n = 10) which were undergone bilateral ovariectomy from July 2021 to September 2021. We used to the mixed wavelengths of three types as the 460-nm LED (blue), the 592-nm LED (amber), the 630-nm LED (red). Each mouse got LED device (Bellalux, Linkoptics, Gwangu, Korea) on its buttock for 20 minutes for 4 weeks. On MT stain, mean scale of no therapy group (n = 9) and LED therapy group (n = 9) for 4 weeks after LED treatment. The mouses of treatment group were treated on LED devices on its LED (red). Each mouse got LED device (Bellalux, Linkoptics, Gwangu, Korea) on its buttock for 20 minutes for 4 weeks. We got the 1*1 cm tissue on both but- lock and analyzed to immunohistochemistry analysis using Masson trichrome (MT), hematoxylin and eosin (H&E), smooth muscle antibody (SMA) and vimentin stain. The study protocol was approved by the experimental animal institutional review board under registration number CKU-02-2021-004. Data were analyzed using SPSS software (version 22; IBM Corp., Armonk, NY, USA). Statistical significance was considered as P < 0.05. The paired t-test analysis was analyzed to compare between no LED group and LED therapy group for 4 weeks after LED treatment.

Results: We compared to the collagen density and the fibroblast count between no LED group (n = 9) and LED therapy group (n = 9) for 4 weeks after LED treatment. The mouses of treatment group were treated on LED devices on its buttock for 20 minutes for 4 weeks. On MT stain, mean scale of no therapy group was 127.28 ± 5.03 to be increased to 102.06 ± 6.94 of the LED therapy group (P < 0.05). The scale range on MT stain is from 0 to 250; 0 scale means...
the thickest density of collagen. We check the fibroblast count by eyeball evaluation in each section. The fibroblast count was increased from 51.19 ± 14.71 (control group) to 80.22 ± 31.28 (LED therapy group) after treatment (P < 0.05).

**Conclusions:** LED therapy improved collagen regeneration in mouse models. Postmenopausal atrophy is caused by collagen loss. It is expected that genital atrophy would opt for adequate treatment to restore in urogynecologic function and anatomical structure. In the absence of clinical data on postmenopausal women, this provides evidence for a future approach.

**Disclosure:** No

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**Scientific Salon 214**

"YOU’RE NOT THE ONLY ONE!": FEELINGS OF ISOLATION IN THE TREATMENT OF CHRONIC PELVIC PAIN

J. Greigo1, S. Jansen1, F. Abudushalamu1, J. Page-Reeves1, Y. Komesu1, K. Meriwether1, University of New Mexico1

**Introduction:** Women with chronic pelvic pain (CPP) face complex healthcare journeys, further complicated by perceived lack of support and a sense of not being heard or believed by others. However, this additional psychological burden of CPP has not been explored from the patient perspective.

**Objective:** We gathered stakeholder perspectives from patients, community health workers (CHWs), and medical providers on the impact of CPP and its treatment on patients’ emotional health and their perceptions of support. We were interested in perspectives on various components of women’s healthcare journeys related to suffering and treatment of CPP, including perspectives on isolation and loneliness.

**Methods:** This was an iterative, qualitative study conducted in two phases. Using discussion guides, we conducted discussion groups with three types of stakeholders (women experiencing CPP, CHWs, and providers), and individual interviews with women experiencing CPP. Results from a first phase of group discussions and interviews were incorporated into discussion guides used in phase 2 to make them more relevant to and expand upon emerging concepts. Patient participants also completed validated questionnaires. De-identified transcripts were coded with NVivo software.

We conducted three discussion groups (2 English; 1 Spanish) and 29 individual interviews (26 English; 3 Spanish) with CPP patients, three discussion groups with CHWs (1 English; 2 Spanish), and two discussion groups with providers (English). The mean age of patients was 40 ± 12 years, their mean pain score was 4.2 ± 2.9 on a 10-point scale, and 14/47 (28%) reported recent opioid use. We achieved thematic saturation in each section. The fibroblast count was increased from 51.19 ± 14.71 (control group) to 80.22 ± 31.28 (LED therapy group) after treatment (P < 0.05).

**Conclusions:** These findings support the move toward patient-centered care, particularly the acknowledgement that every woman experiences pain in a singular way. The need for social support was identified as key, both in terms of validation of pain from providers as well as from others diagnosed with CPP.

There is an urgent need to integrate validation and support into CPP care and develop and disseminate healthcare and community resources to combat feelings of isolation in patients with CPP.

**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: RBI Medical (author KM)

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**Scientific Salon 215**

STAKEHOLDER PERSPECTIVES ON COMPLEMENTARY AND ALTERNATIVE MEDICINE IN THE TREATMENT OF CHRONIC PELVIC PAIN: A QUALITATIVE STUDY

F. Abudushalamu1, S. Jansen1, J. Greigo1, J. Page-Reeves1, Y. Komesu1, K. Meriwether1, University of New Mexico1

**Introduction:** Women with chronic pelvic pain (CPP) face complex healthcare journeys, further complicated by a wide variety of available treatments from a wide variety of possible practitioners. It is known that women with CPP are interested in complementary and alternative medicine (CAM) options for treatment, but there is little information on how women consider these treatments as part of their care and what motivates them to consider or use them.

**Objective:** We gathered stakeholder perspectives from patients, community health workers (CHWs), and medical providers on treatment for CPP with CAM. We were interested in understanding various components of women’s healthcare journeys, including their perspectives related to CAM.

**Methods:** This was an iterative, qualitative study. We conducted three types of discussion groups (women experiencing CPP, CHWs, and providers), and individual interviews with women experiencing CPP. Results from a first phase of group discussions and interviews were incorporated into questions used in

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**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: RBI Medical (author KM)
phase 2 to make them more relevant to and expand upon emerging concepts. Patient participants also completed validated questionnaires. De-identified transcripts were coded with NVivo software.

**Results:** We conducted three discussion groups (2 English; 1 Spanish) and 29 individual interviews (26 English; 3 Spanish) with CPP patients, three discussion groups with CHWs (1 English; 2 Spanish), and two discussion groups with providers. The mean age of patient participants was 40 ± 12 years, mean pain score was 4.2 ± 2.9 on a 10-point scale, and 14/47 (28%) reported recent opioid use. Thematic saturation was achieved both in the overall study objectives and regarding CAM treatments for CPP. Treatments that stakeholders considered to be CAM and were discussed included herbal remedies, yoga, acupuncture, meditation, dietary lifestyles, cannabinoid products, hydrotherapy, and temperature (heat/cold) treatments. Motivations toward CAM treatments of CPP that were highly emphasized included cultural aversion to western medicine, perception of need to treat the body as a whole, reliance on family remedies, and openness to CAM due to failure or inconvenience of other therapies (Table). Different types of stakeholders (patients, CHWs, and providers) had varying ideas for why CAM might be useful for CPP treatment, but stakeholders agree that CAM is an important component of CPP care and should be offered, studied, and accessible.

**Conclusions:** CPP stakeholders from the culturally diverse population in this qualitative study report that they recommend or are interested in CAM for CPP treatment for a variety of reasons, but are united in expressing that this is an important aspect of CPP care. This emphasizes the need for more evidence based and collaborative approaches with CAM to provide more holistic and encompassing care to patients suffering from chronic pelvic pain.

**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: RBI Medical (author KM)

### Scientific Salon 216

DIFFERENCES IN VULVAR PAIN PERCEPTION BETWEEN WOMEN WITH AND WITHOUT PROVOKED VESTIBULODYNIA ASSESSED USING THE V-QUEST DEVICE

F. Ignacio Antonio1, S. Kannathas2, C. Pakall3, L. McLean2, University of Ottawa1, University of Ottawa2, Queen’s University1

**Introduction:** Provoked Vestibulodynia (PVD) may reflect sensitization of nociceptive pathways, presenting as allodynia (pain from non-noxious stimuli), hyperalgesia (lower thresholds for pain sensitivity and tolerance) and wind-up (temporal summation of pain (TS)). While the cotton swab test is recommended for the assessment of pain sensitivity in PVD it is poorly controlled. The Tampon Test is recommended to quantify vulvar pain but is non-specific. The V-QueST (Figure 1a) produces reliable measures of PPT at the vulvar vestibule2 for the assessment of pain sensitivity in PVD, it is poorly controlled. The Tampon Test is moderately correlated (r = -0.528, P = 0.000); PPT and TS are related to each other and to pain reported on the Tampon Test.

**Methods:** Participants over 18 years of age were recruited from the local community. According to Friedrich’s criteria3, women were classified as having PVD or not (CON), and the presence of VAG was recorded. Exclusion criteria were pregnancy, menopause, and other gynecologic conditions (e.g., pelvic organ prolapse, urinary incontinence, infection, etc.). Pain was evaluated through PPT (g) and TS among women with PVD. The aim of this study was to evaluate whether there is observable hyperalgesia and wind-up among women with PVD when assessed using the V-QueST.

**Objective:** To determine the rate differences in PPT (g) and TS at the vulvar vestibule among women with PVD, PVD with concurrent vaginismus (PVD + VAG) and controls (CON) and 2. To determine if pain assessments using PPT and TS are related to each other and to pain reported on the Tampon Test.

**Results:** There were lower and NRS ratings on the Tampon Test were higher in the PVD and PVD + VAG groups compared to CON; these outcomes were not different between PVD and PVD + VAG (Table 2) however, the PVD + VAG group was small and thus this finding is inconclusive. TS was not observed in any group.

**Conclusions:** Women with PVD present with hyperalgesia (lower PPT and higher pain on the Tampon Test) compared with CON, but with no evidence of wind-up (TS). PPT provides related but different information from the Tampon Test on the pain perceived by women with PVD.

**Disclosure:** No

### Scientific Salon 217

URINARY TRACT INFECTION AMONG WOMEN WITH POSTPARTUM URINARY RETENTION: PREVALENCE AND RISK FACTORS

E. Rom1, M. Massalha1, Emek Medical Center2

**Introduction:** Postpartum urinary retention (PPUR) is an obstetric complication affecting approximately 5% of deliveries, due to various definitions. Risk factors for overt PPUR are epidural analgesia, instrumental delivery, episiotomy, perineal tear and hematoma. Women who develop PPUR require intermittent or continuous catheterization of the urinary bladder that may increase the risk for urinary tract infection (UTI). The incidence of postpartum UTI in parturients with urinary continence is 4.6% following Caesarean delivery and 3.5% after vaginal delivery. Data regarding the rate of UTI in women with PPUR is lacking. Extrapolation from reports of women with urinary retention after pelvic reconstructive surgery suggest that the incidence of UTI was 17% in asymptomatic women and increases up to 50% in symptomatic women.

**Objective:** To date, no study has described the incidence of UTI among women with PPUR. We aimed to determine the prevalence and risk factors for UTI and to identify the causative microorganisms among women with PPUR.

**Methods:** A retrospective population-based cohort study conducted at a university-affiliated tertiary-center, with 3,500 deliveries annually. Data was collected between 2013 and September 2021. All women with overt PPUR, defined by the need for urinary bladder catheterization six hours after delivery, were included. Women with pre-existing medical conditions associated with potential urinary retention prior to pregnancy (Recurrent UTI or Pyelonephritis during gestation, urinary tract anomaly, chronic urinary retention prior to pregnancy or long-standing diabetes mellitus) and those with missing data regarding their urine culture or invalidated cultures were excluded. To compare between the UTI and the non-UTI groups, the Student’s t-test was used for continuous variables, and chi-squared test or Fisher’s test was used to compare the categorical parameters.

The PPT and Tampon Test were moderately correlated (r = -0.528, P = 0.000); TS was not correlated with the Tampon Test (r = 0.046, P = 0.715) nor with the PPT (r = 0.225 P = 0.069).

**Disclosure:** No
Results: The study cohort included 336 women. 71 women were excluded from the final analysis because of missing data from their urine culture or invalidated cultures, and 265 were included in the final analysis. The rate of UTI among women with PPUR was 15.47% (41/265). The most common isolated pathogen was Escherichia coli (19.5%). Two factors differed significantly between women with PPUR who had UTI and those without it: first, the median number of catheterizations needed until resolution of the urinary retention (median 2 range 1-5 vs. median 1 range 1-12, P = 0.001, respectively), and second, the higher rate of primiparous in the UTI group (81% vs. 63.4%, P = 0.027).

Conclusions: The risk for positive-culture is high among women with postpartum urinary retention. This emphasizes the importance in the common standard of care involving taking a urine culture among these women. Women with positive cultures needed more catheterizations after delivery until full resolution of the urinary retention. This group also had higher rate of primiparous. The study is unique because it is the first to address the rate of UTI among women with PPUR. This variable has not been described as a risk factor for PPUR. The findings may help to guide clinicians treating women with PPUR and also may affect health care costs.

Disclosure: No
difference between the navigated or non-navigated patients. Of all patients starting a second-line treatment, 70.2% (n = 6051/8623) discontinued treatment during the study timeframe. Of patients who discontinued their initial second-line treatment, 59.1% discontinued anticholinergics and 39.1% discontinued beta-3 agonists. 62.9% of the patients who discontinued had navigated care compared with 71.3% who were not under navigated care (P < 0.001). Discontinuations were lower in patients who received navigated care and follow-up visits (61.4% of patients) compared with navigated patients who did not have follow-up visits (71.1% of patients, P = 0.042).

Conclusions: The present analysis suggests that navigator-based care can decrease discontinuation of second-line treatment for OAB, which may ultimately improve OAB symptom control.

Disclosure: Yes, this is sponsored by industry/sponsor: Allergan (prior to its acquisition by AbbVie) Clarification: Industry initiated, executed and funded study Any of the authors act as a consultant, employee or shareholder of an industry for: AbbVie

Scientific Salon 219 PRIMARY CARE PERCEPTIONS ON THE DIAGNOSIS AND MANAGEMENT OF RECURRENT UTI: BARRIERS TO GUIDELINE-DRIVEN CARE

J. Park1, M. Torosis1, J. Kim1, A. Ackerman1, 1 - University of California, Los Angeles Introduction: Urinary tract infections (UTI) affect approximately 60% of all women, 20-40% of whom will develop recurrent UTIs (rUTI).1 Evidence-based guidelines from multiple international societies have established consensus pathways for the evaluation and management of these conditions. These approaches encourage comprehensive diagnostic evaluation, individualized patient care, and antibiotic stewardship. Numerous recent claims-based analyses, however, have demonstrated that these guidelines have not been widely adopted, with fewer than half of UTI episodes being evaluated with urine testing, antibiotics frequently prescribed for negative cultures, and inappropriate antibiotic agent selection or duration.2,3,4 As this data is primarily retrospective, little is understood of the barriers to providing guidelines-based care that primary care providers (PCPs) experience.

Objective: To examine the practice patterns governing the management of UTI/rUTI, referral to specialists, and patient counseling and education in a primary care setting.

Methods: Seventeen primary care providers (PCPs) across a tertiary healthcare center were interviewed using a semi-structured template of questions. Participants were asked questions related to management of first and recurrent presentations of cystitis, decision to refer to subspecialty care for rUTIs, and resources available to them for guidance on appropriate management strategies (Table 1). Grounded theory method were used to analyze interview transcripts and identify preliminary and major themes.

Results: Sixteen physicians and one nurse practitioner with an average of eight years of experience following completion of training were interviewed. While PCPs expressed the desire to obtain urine culture information for all patients with each presentation for UTI symptoms, they felt pressured to make compromises because of patient demands or barriers to care. There was a lower threshold to treat patients empirically if they had a history of recurrent infections, were young and sexually active, or were older. Urinalyses were infrequently considered when interpreting culture data; women were frequently treated in the setting of a negative urinalysis. There was a lack of consensus on use of guidelines for the management of rUTIs; UpToDate® emerged as the primary resource for the majority of the providers (PCPs) experience.

Table 1: Themes and illustrative quotes pertaining to themes

<table>
<thead>
<tr>
<th>Themes related to management of recurrent UTI</th>
<th>Quotes</th>
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| Management of first presentation of UTI | "I will not test unless I have to."
| Management of recurrent UTIs | "If you can't make a decision, you have to have evidence and guidelines to make a decision."
| Referral to specialists | "I will refer if it is a first UTI and if it is a second UTI.”
| Patient counseling | "I think I'm doing a good job."

Conclusions: Poor ease of use of guidelines and low availability of accurate educational materials on the management and treatment of rUTIs was the greatest barrier to appropriate and complete care. Patient difficulty accessing care providers and expectations for presumptive antibiotics also contributed to deviations from guideline-directed care. Future studies are needed to determine if improved educational materials for patients, simpler management algorithms for physicians, or streamlined electronic health record workflows can improve management of UTIs in the primary care setting.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Willow Innovations, Inc

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Scientific Salon 220

DO PATIENT-SPECIFIC CHARACTERISTICS INFLUENCE THE DURATION OF IMPAIRED BLADDER EMPTYING AFTER PELVIC SURGERY?

J. Shinnick1, C. Raker2, C. Rardin1, E. Geller2, A. Cooper1. Women & Infants Hospital of Rhode Island/Warren Alpert Medical School of Brown University1, University of North Carolina, Chapel Hill2, Dartmouth-Hitchcock Medical Center, Geisel School of Medicine3

Introduction: There is little data regarding patient-specific factors that impact the time to resolution of impaired bladder emptying after pelvic surgery.

Objective: The objective of this study is to describe patient characteristics associated with increased time to normalization of bladder emptying after pelvic reconstructive surgery.

Methods: Secondary analysis of a prospective cohort of women undergoing outpatient pelvic reconstructive procedures at an academic tertiary referral center September 2018–June 2021. This analysis was limited to participants of the primary trial who had a PVR greater than or equal to 1/2 voided volume in the recovery room and recorded their post-void residual (PVR) and voided volume for all post-operative voids until they had two consecutive PVRs less than 1/2 voided volume without need for surgical re-intervention. Normal bladder emptying was defined as two consecutive PVRs less than 1/2 voided volume. The primary outcome of this secondary analysis was to describe patient characteristics associated with increased time to normal bladder emptying.

Results: This analysis included the 39 participants. Most participants identified as white (37/39, 94.9%). Average age was 52.6 +/- 10.9 years, average BMI was 27.7 +/- 4.9 kg/m2, and most participants underwent a surgery that included a midurethral sling (33/39, 84.6%). Mean and median time to return of normal voiding were 14.8 hrs and 8.0 hrs, respectively, by Kaplan-Meier analysis. By 102 hours post-surgery, 39/39 (100%) participants noted normal bladder emptying, with the majority (33/39, 84.6%) noting normalization within 24 hours (Figure 1). Age, BMI, smoking history, and stage of prolapse did not affect time to normal bladder emptying (all p greater than 0.05); but history of overactive bladder (p less than 0.001) and nocturia (P = 0.008) were associated with increased time to normal bladder emptying. Some participants (6/39, 15.4%) had intermittent normal PVRs (less than 1/2 voided volume) that were followed by elevated PVRs (greater than 1/2 voided volume) in the post-operative period.

Conclusions: This information suggests that by 24 hours after pelvic reconstructive surgery most patients will have normal bladder emptying. The presence of pre-operative overactive bladder and nocturia are associated with increased time until normalization. Further studies are required to better understand post-operative bladder function.

Disclosure: No

Scientific Salon 221

TRANSVERSUS ABDOMINIS PLANE BLOCK IN ROBOTIC SACROCOLPOPEXY PROCEDURES - A PILOT RANDOMIZED CONTROLLED TRIAL (SACROTAP)

D. Zoors1, I. Tsolaki2, P. Perrig3, R. Maxwell4. University of Toledo College of Medicine and Life Sciences / ProMedica Health System1, University of Toledo College of Medicine and Life Sciences2, ProMedica Health System3, Wright State University4

Introduction: Optimal postoperative pain control methodology remains a controversial topic, even in robotic cases where analgesic needs are usually reduced.

Objective: The aim of this study was to compare the conventional oral pain medications to the combination of TAP block and conventional oral pain medications in patients undergoing robotic sacrocolpopexy. The primary outcome was the reduction in pain using the numeric rating scale (NRS) among patient groups. The secondary outcome was the change in narcotic analgesic use postoperatively.

Methods: We conducted a prospective double blind, pilot randomized controlled trial of women undergoing robotic sacrocolpopexy at a university academic center, with and without supracervical hysterectomy, with 20 patients enrolled in each arm. Patients were excluded if they had prior pelvic or abdominal surgery within 3 months prior to enrollment. Surgical technique, port placement, and pain management regimens were standardized for all patients. Analysis was on an intention to treat basis. Means were compared using Student’s t-test. Nominal data were compared using Fisher’s Exact Test. A p value < .05 was considered significant.

Results: A total of 48 women were approached to participate in the study, 40 women provided consent (20 per study arm), and completed the 7-day follow up. The demographic characteristics were similar for both groups, including number of hysterectomies. Patients receiving a TAP block had a lower NRS pain score at 4 hours post-op (4.95 ± 0.76 vs 5.50 ± 0.61, P = 0.02), 7 days post-op (2.29 ± 1.11 vs 3.15 ± 1.04, P = 0.008), and lower cumulative NRS pain scores at 48 hours post-op (14.90 ± 2.6 vs 16.60 ± 2.04, P = 0.02) and 7 days post-op (17.10 ± 2.63 vs 19.75 ± 2.65, P = 0.003). Patients in the intervention group also had a lower cumulative morphine milli-equivalents (mEq) at 7 days post-op (17.25 ± 10.7 vs 29.25 ± 14.53, P = 0.005). No significant differences were noted in NRS pain scores in PACU and at 48 hours although the trend was suggestive of reduction in the TAP block arm.

Conclusions: Use of TAP blocks in robotic sacrocolpopexy cases, with or without concurrent hysterectomy, may reduce postoperative pain and narcotic medication used.

Table 1. Demographics

<table>
<thead>
<tr>
<th>Variable</th>
<th>TAP (N=19)</th>
<th>No TAP (N=20)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>56.45 (11.56)</td>
<td>59.40 (8.62)</td>
<td>0.35</td>
</tr>
<tr>
<td>BMI</td>
<td>36.74 (8.46)</td>
<td>38.65 (13.31)</td>
<td>0.218</td>
</tr>
<tr>
<td>Vaginal delivery</td>
<td>1.85%</td>
<td>1.97%</td>
<td>0.963</td>
</tr>
<tr>
<td>Micturition</td>
<td>34.70%</td>
<td>33.69%</td>
<td>0.376</td>
</tr>
<tr>
<td>Prior abdominal surgery</td>
<td>8.42%</td>
<td>12.60%</td>
<td>0.317</td>
</tr>
<tr>
<td>Surgery-related</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Discharged home with catheter</td>
<td>3 (15%)</td>
<td>4 (20%)</td>
<td>0.577</td>
</tr>
<tr>
<td>Anterior colporrhaphy</td>
<td>2 (10%)</td>
<td>3 (15%)</td>
<td>0.653</td>
</tr>
<tr>
<td>Reimplantation</td>
<td>8 (42%)</td>
<td>6 (30%)</td>
<td>0.507</td>
</tr>
<tr>
<td>Supracervical hysterectomy</td>
<td>7 (36.8%)</td>
<td>16 (80%)</td>
<td>0.367</td>
</tr>
</tbody>
</table>

Table 2. Postoperative Pain and Narcotic Use

<table>
<thead>
<tr>
<th>Variable</th>
<th>TAP (N=19)</th>
<th>No TAP (N=20)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain reported</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NRS pain score at PACU</td>
<td>5.09 (2.48)</td>
<td>6.25 (1.07)</td>
<td>0.06</td>
</tr>
<tr>
<td>NRS pain score at 4 hours</td>
<td>4.93 (2.29)</td>
<td>5.50 (2.07)</td>
<td>0.02</td>
</tr>
<tr>
<td>NRS pain score at 48 hours</td>
<td>3.33 (0.873)</td>
<td>4.85 (0.813)</td>
<td>0.07</td>
</tr>
<tr>
<td>NRS pain score at 7 days</td>
<td>2.29 (2.95)</td>
<td>3.15 (1.04)</td>
<td>0.008</td>
</tr>
<tr>
<td>NRS pain score at 48 hours, cumulative†</td>
<td>14.90 (4.18)</td>
<td>16.60 (2.037)</td>
<td>0.02</td>
</tr>
<tr>
<td>NRS score at 7 days, cumulative‡</td>
<td>17.10 (2.634)</td>
<td>19.75 (2.953)</td>
<td>0.003</td>
</tr>
<tr>
<td>Narcotic needs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cumulative morphine mEq at 48 hours</td>
<td>11.10 (8.127)</td>
<td>12.75 (9.529)</td>
<td>0.07</td>
</tr>
<tr>
<td>Cumulative morphine mEq at 7 days</td>
<td>17.35 (19.669)</td>
<td>29.25 (14.534)</td>
<td>0.009</td>
</tr>
</tbody>
</table>

Disclosure: No

Scientific Salon 222

SEXUAL FUNCTION IN PATIENTS WHO UNDERGO LAPAROSCOPIC SACROHYSTEROPEXY

E. Grinstein1, O. Gluck1, Z. Rusyaz2, Y. Abdelkhalid3, S. Ginath1, B. Deval1, Edith Wolfsom Medical Center: Universita Karlova Lekarska Faculta v Pizen2, Geoffroy Saint-Hilaire, Ramsay, Générale de Santé3

Introduction: Patients with pelvic organ prolapse (POP) often reports on a decrease in sexual function. This may present as a decrease in sexual activity,
decrease desire and arousal, dyspareunia and general negative impact on their sexual behavior. For patients undergoing reconstructive pelvic surgery of any kind, improvement of sexual function is often one of the goals.

**Objective:** Our aim was to study the impact on sexual function among women with pelvic organ prolapse undergoing laparoscopic sacrohysteropexy (LSH).

**Methods:** This was a historic cohort study of patients undergoing LSH due to stage 3–4 apical compartment prolapse. All patients were operated on in our medical center at urogynecological and pelvic surgery division. As part of the routine preoperative and postoperative assessment, patients were asked about their sexual function including sexual activity, improvement in sexual function and dyspareunia before and after surgery. We also used the pelvic organ prolapse/urinary incontinence sexual questionnaire (PISQ-12) for assessment.

**Results:** Out of 270 patients who underwent LSH for apical prolapse repair, 99 (36.5%) reported to be asexually active. Among sexually active patients, 22 (22.2%) reported sexual function to be negatively affected by their prolapse. Ninety patients have completed PISQ-12 questionnaire, with a mean score of 29.3 ± 6.9. There were eleven cases of major perioperative complications (4.1%). The mean follow-up after surgery was 44.0 ± 24 months. Pelvic organ prolapse recurrence occurred in 26 cases (9.5%). One percent of patients (0.7%) reported dyspareunia. Sixty-nine patients completed PISQ-12 questionnaires with a mean score of 31.9 ± 11.1.

**Conclusions:** Sexual dysfunction is relatively common among patients undergoing apical prolapse repair. Treating POP with laparoscopic sacrohysteropexy appears to be safe, efficient, and with positive effect on patients' sexual function.

<table>
<thead>
<tr>
<th>Table 1: Patients Background Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
</tr>
<tr>
<td>Body mass index (kg/m²)</td>
</tr>
<tr>
<td>Parity</td>
</tr>
<tr>
<td>Significant obstetrical trauma</td>
</tr>
<tr>
<td>Menopause</td>
</tr>
<tr>
<td>Comorbidities</td>
</tr>
<tr>
<td>Sexually active</td>
</tr>
<tr>
<td>Prior abdominal surgery</td>
</tr>
<tr>
<td>Prior POP surgery</td>
</tr>
<tr>
<td>Anterior prolapse stage 3–4</td>
</tr>
<tr>
<td>Apical prolapse stage 3–4</td>
</tr>
<tr>
<td>Posterior prolapse stage 3–4</td>
</tr>
<tr>
<td>Dyspareunia/aesthetic pain</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Table 2: Operative details and perioperative complications up to 4 weeks.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operative Time (minutes)</strong></td>
</tr>
<tr>
<td><strong>Length of Hospitalization (days)</strong></td>
</tr>
<tr>
<td><strong>Additional procedure</strong></td>
</tr>
<tr>
<td><strong>Intestinal injury</strong></td>
</tr>
<tr>
<td><strong>Urinary injury</strong></td>
</tr>
<tr>
<td><strong>Conversion to laparotomy</strong></td>
</tr>
<tr>
<td><strong>Vascular injury</strong></td>
</tr>
<tr>
<td><strong>Any major complication</strong></td>
</tr>
</tbody>
</table>

Data are presented as n (%) or mean ± standard deviation (range). C: Clavien-Dindo classification grade ≥ II.

<table>
<thead>
<tr>
<th>Table 3: Long-term surgical outcomes.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mean Follow-up duration (months)</strong></td>
</tr>
<tr>
<td><strong>Pelvic or lower back pain</strong></td>
</tr>
<tr>
<td><strong>Mesh exposure</strong></td>
</tr>
<tr>
<td><strong>De novo SU</strong></td>
</tr>
<tr>
<td><strong>Surgery for SU</strong></td>
</tr>
<tr>
<td><strong>2nd surgery for POP recurrence</strong></td>
</tr>
<tr>
<td><strong>De novo constipation</strong></td>
</tr>
<tr>
<td><strong>Sexually active</strong></td>
</tr>
<tr>
<td><strong>Improvement in sexual activity</strong></td>
</tr>
<tr>
<td><strong>Postoperative PISQ-12 score</strong></td>
</tr>
<tr>
<td><strong>Dyspareunia</strong></td>
</tr>
<tr>
<td><strong>Prolapse recurrence</strong></td>
</tr>
</tbody>
</table>

Data are presented as n (%) or mean ± standard deviation (range). SU: Stress urinary incontinence; POP: Pelvic organ prolapse.

**Disclosure:** No
provides. In the past, hospitals have used these documents to negotiate billing with third-party payers, such as health insurance companies.

**Objective:** The goal of the study was to evaluate if significant price variations existed amongst hospitals for common procedures in urogynecology. Procedure prices were determined for each facility from its publicly available hospital chargemaster. Prices were then compared with data on quality, population demographics, and hospital characteristics to determine if any significant relationships existed. Through our investigation, we can evaluate if patients have accessible and relevant information to make informed decisions about their care.

**Methods:** Chargemasters were obtained between February and April 2020 from hospitals across 5 states, which were chosen to reflect the diversity of health systems in the United States (US). Hospital characteristics and quality metric data were obtained from the Homeland Infrastructure Foundation, US Department of Agriculture and CMS websites. Current Procedural Terminology (CPT) codes and procedure names for 7 common urogynecologic procedures were used to search through each chargemaster and extract price listings. These included diagnostic cystoscopy, cystoscopy with botox, cystoscopy with hydrodistension, colpocleisis, interstim, diverticulectomy and sacrospinous ligament fixation.

**Results:** 834 chargemasters across 5 US states were identified and downloaded from hospital websites. All hospital characteristics, population demographics and quality metrics data varied significantly across the 5 states. Not all procedures were listed in every chargemaster, ranging from sacrospinous ligament fixation (N = 38, 4.6%) to diagnostic cystoscopy (N = 648, 77.7%). Mean price listings for most of the procedures differed significantly across the 5 states. This included colpocleisis (P = 0.001), cystoscopy with botox (P < 0.001), diagnostic cystoscopy (P = 0.024), diverticulectomy (P = 0.002), interstim (P < 0.001), and sacrospinous ligament fixation (P < 0.001). Price listings were significantly higher in urban hospitals than rural hospitals for 6 procedures. No significant association was seen with price listing and quality measures for most of the procedures.

**Conclusions:** This study was a comprehensive evaluation of all available chargemasters from hospitals providing urogynecologic care across five US states. Overall, our findings demonstrate significant differences in charge for several of the urogynecologic procedures investigated. Some of this variation is associated with hospital characteristics such as urban setting. However, surprisingly, price listing was not associated with quality. It continues to be unclear whether there is any correlation between the listed prices and how much a patient actually pays. Further investigation of how chargemaster procedure prices are determined is imperative to allow patients to use this data in a meaningful way.

**Disclosure:** No

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**Table 1:** Median Price Listings of Procedures by Five States

<table>
<thead>
<tr>
<th>Procedure</th>
<th>CA</th>
<th>MA</th>
<th>MS</th>
<th>NY</th>
<th>ORH</th>
<th>p-value</th>
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</thead>
<tbody>
<tr>
<td>Colpocleisis</td>
<td>1510.9</td>
<td>1427</td>
<td>-</td>
<td>561.2</td>
<td>761</td>
<td>&lt;0.001*</td>
</tr>
<tr>
<td>Cystoscopy w/botox (N = 75, 20.7%)</td>
<td>2595.3</td>
<td>1350</td>
<td>761</td>
<td>1857.8</td>
<td>2547.3</td>
<td>&lt;0.001*</td>
</tr>
<tr>
<td>Cystoscopy w/hydrodistension (N = 75, 20.7%)</td>
<td>1400</td>
<td>1114</td>
<td>2181</td>
<td>1393.3</td>
<td>673.6</td>
<td>0.185</td>
</tr>
<tr>
<td>Diagnostic cystoscopy (N = 75, 20.7%)</td>
<td>1183.5</td>
<td>786.6</td>
<td>616.4</td>
<td>908.4</td>
<td>792.8</td>
<td>0.014*</td>
</tr>
<tr>
<td>Diverticulectomy (N = 75, 20.7%)</td>
<td>2543.5</td>
<td>1346</td>
<td>1816</td>
<td>1231</td>
<td>1579</td>
<td>0.002*</td>
</tr>
<tr>
<td>Interstim (N = 30, 40.9%)</td>
<td>1277.9</td>
<td>1502.4</td>
<td>1597</td>
<td>1204.3</td>
<td>5780</td>
<td>&lt;0.001*</td>
</tr>
<tr>
<td>Sacrospinous ligament fixation (N = 75, 20.7%)</td>
<td>490</td>
<td>140.6</td>
<td>245.8</td>
<td>898.3</td>
<td>354</td>
<td>0.001*</td>
</tr>
</tbody>
</table>

**Table 2:** Median Price Listings of Procedures by Hospital Quality Score Rating

<table>
<thead>
<tr>
<th>Procedure</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colpocleisis</td>
<td>5943</td>
<td>1646.9</td>
<td>1557.7</td>
<td>1741.2</td>
<td>2125.1</td>
</tr>
<tr>
<td>Cystoscopy w/botox (N = 75, 20.7%)</td>
<td>1857.6</td>
<td>1307.3</td>
<td>2359.5</td>
<td>2105.5</td>
<td>1495.5</td>
</tr>
<tr>
<td>Cystoscopy w/hydrodistension (N = 75, 20.7%)</td>
<td>544.2</td>
<td>1488</td>
<td>1324.1</td>
<td>1412.8</td>
<td>2124.1</td>
</tr>
<tr>
<td>Diagnostic cystoscopy (N = 75, 20.7%)</td>
<td>845.6</td>
<td>735.2</td>
<td>1072.1</td>
<td>1416.5</td>
<td>1776.7</td>
</tr>
<tr>
<td>Diverticulectomy (N = 75, 20.7%)</td>
<td>4562</td>
<td>1932.7</td>
<td>1779.8</td>
<td>2581</td>
<td>1059</td>
</tr>
<tr>
<td>Interstim (N = 30, 40.9%)</td>
<td>10092.3</td>
<td>1592.7</td>
<td>10075.9</td>
<td>8725.9</td>
<td>6032.6</td>
</tr>
<tr>
<td>Sacrospinous ligament fixation (N = 75, 20.7%)</td>
<td>8083.6</td>
<td>7851.4</td>
<td>444</td>
<td>518</td>
<td>1610</td>
</tr>
</tbody>
</table>

**Disclosure:** No

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Scientific Salon 224

**ROBOTIC SINGLE PORT SACROCOLOPEXY FEASIBILITY AND SAFETY: A SINGLE-INSTITUTION CASE SERIES**

L. Griebel1, K. Kim2, J. Yi1, Mayo Clinic1, Cedars-Sinai Medical Center2

**Introduction:** The benefits of a minimally invasive approach in gynecologic surgery have been well established. As technology has progressed, surgeons have consistently looked for further ways to decrease incision number and size while not compromising surgical dexterity or outcomes. To this end, robotic and single site approaches have gained popularity. The single port robotic system [SP1098 da Vinci Surgical SystemTM] is currently the only single port robot device commercially available. Its use in urologic procedures and otolaryngology was FDA approved in 2019, but there is currently no FDA approval for gynecologic surgery as there is limited data evaluating feasibility and outcomes with use of the single port robot in gynecologic surgery.

**Objective:** The objective of this study was to evaluate feasibility and surgical outcomes for the use of the single port robot system in Urogynecology, and specifically for sacrocolpopexy.

**Methods:** At an academic medical center, a total of 16 cases of sacrocolpopexy were performed. No cases required conversion to additional laparoscopic ports or laparotomy. IRB exemption was obtained, and outcomes were recorded via retrospective chart review.

**Results:** Demographics and clinical characteristics of our patient population can be seen in Table 1. All patients had a concomitant procedure. Procedures included hysterectomy (total or supracervical), posterior repair, retropubic sling, salpingectomy, and/or oophorectomy (Table 1). Average EBL was 73 mL (range 50-300 mL). All patients underwent concomitant cystoscopy. Average operative time was 3 hours, 5 minutes (range 2 hours 6 minutes - 4 hours 55 minutes). Average length of hospital stay was 12 hours, 47 minutes. Two patients were...
admitted overnight; the remainder were discharged home on the day of surgery. Five patients (31.3%) required a Foley catheter at time of discharge for urinary retention. There were 8 total adverse events in six patients as defined by the Clavien Dindo scale within the first 30 days after surgery. The highest-grade adverse event was a Clavien Dindo Grade I. The adverse events that occurred were discharge home with Foley catheter, overnight admission (2 patients), single event of ureteral stent placement, and a single event of candidal vaginitis. The most common post-operative adverse event was the need for a Foley catheter at time of discharge. No patients required conversion to multi-port laparoscopy or laparotomy, readmission, or reoperation within 30 days of surgery.

Conclusions: In this case series, our experience with the single port robotic platform demonstrates the feasibility and safety of this approach for urogynecologic procedures. Larger studies are indicated to better understand post-operative outcomes, and to compare this approach with traditional robotic and laparoscopic approaches.

Disclosure: No
Scientific Salon 227
PUDENDAL BLOCK ANALGESIA WITH VAGINAL SURGERY: A RANDOMIZED, DOUBLE-BLIND, PLACEBO CONTROLLED TRIAL
S. Sears, E. Slonick1, G. Chapman2, D. Sheyn3, M. Abrams4, K. Roberts4, R. Pollard5, J. Mangl6, University Hospitals/MetroHealth Medical Center7, Cleveland Clinic Foundation8, University Hospital9, MetroHealth Medical Center10

Introduction: Effective opioid-sparing postoperative analgesia often requires a multimodal approach, and regional nerve blocks may be one way to decrease opioid use following surgery.

Objective: To determine whether a pudendal nerve block at the time of vaginal surgery is associated with improved postoperative pain control and decreased opioid consumption compared to a placebo sham injection in patients undergoing vaginal surgery.

Methods: In this randomized, double-blind, placebo controlled trial, we enrolled women undergoing benign vaginal surgery performed by three urogynecology providers at a single academic institution. Exclusion criteria included patients with a diagnosis of chronic pelvic pain, inability to receive non-narcotic analgesia, or any concurrent abdominal procedure. Patients were randomized to receive a transvaginal bilateral pudendal nerve block (0.3 mL 0.5% bupivacaine +1 mL 40 mg/mL triamcinolone) or a sham injection (10 mL normal saline) at the conclusion of surgery while under anesthesia. Primary endpoints were visual analog pain scores (VAS) and postoperative opioid requirement, measured in the post-anesthesia recovery unit (PACU) and on post-operative days (POD) 1 and 4. A power calculation determined 60 patients were required to show a mean difference of 20 mm on a VAS at POD 4

Results: We randomized 71 patients: 36 pudendal block and 35 sham injection. The study groups were well matched with no differences in baseline characteristics or type of surgery performed. Pelvic organ prolapse repairs were the most common procedures (n = 63, 87.5%). There was no difference in anesthetic dose or operative time between groups. Pain scores were equivalent between groups in the PACU (mean VAS 53.1 block vs 56.4 sham, P = 0.517) and on POD 4 (mean VAS 26.7 block vs 35.5 sham, P = 0.131). On POD 1, the intervention group did report less pain than the sham group (mean VAS 29.2 vs 42.5, P = 0.047). Patients who received a pudendal block took fewer opioid medications than those in the placebo group at all time points, but this difference did not meet statistical significance (PACU 5 vs 7.8 MME, POD1 7.5 vs 11.25 MME, PODA 7.5 vs 21.25 MME, all P > 0.05).

Conclusions: Pudendal nerve blocks at the time of vaginal surgery help with pain control in the immediate postoperative period and may be an additional tool for non-narcotic postoperative pain control.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Coloplast, Renalis
groups. The “Regional” (RA) group included patients who were listed as receiving epidural, spinal, or regional anesthesia. Baseline and perioperative outcomes were then extracted and analyzed. Post-operative adverse events were classified in to “non-serious adverse events” (superficial wound infection and urinary tract infection) and “serious adverse events” (deep wound infection, organ space infection, blood transfusion, deep venous thrombosis, sepsis). Rates of reoperation, 30-day readmission, operative time, and length of stay were also determined. A composite adverse outcome was calculated and included any of the following: any non-serious or serious adverse event, 30-day readmission, or any reoperation. Fisher’s exact and Mann-Whitney U tests were performed and p-values were calculated. A propensity score weighted analysis was performed of perioperative outcomes to obtain causal estimates of the regional anesthesia effects.

**Results:** The cohort included 8,077 patients with obliterative vaginal surgery, of which 7,647 (95%) received GA and 430 (5%) received RA. Patients who underwent RA were noted to be older (90% vs 54% older than 70 years, P < 0.01), have higher rates of hypertension (71% vs. 57%, P < 0.01) and more likely to be operated on by Gynecology (91% vs 62%, P < 0.01). There were also statistically significant differences in race, body mass index, smoking status, and lung disease between the two groups (Table 1). When comparing outcomes, operative times were shorter (98 vs. 149 minutes, P < 0.01), and readmission (5% vs 8%, P < 0.01) and reoperation rates (1% vs 4%, P < 0.01) were significantly lower in the group that underwent surgery under RA (Table 2). There was a lower rate of composite adverse outcomes (10% RA vs 26% GA, P < 0.01) and length of stay was also shorter in patients receiving RA (71% discharged in 51 day compared with 54% in GA group, P < 0.01) (Table 2). These differences remained statistically significant under the propensity score weighted analysis (Table 3).

**Conclusions:** Length of stay, operative times, rates of serious and nonserious adverse events, reoperation, and 30-day readmission were all lower in patients who received RA for obliterative vaginal procedures when compared with GA.

**Disclosure:** No
Introduction: The enhanced recovery after surgery (ERAS) pathway comprises a series of evidence-based interventions accelerating recovery after surgery. COVID-19 disrupted perioperative processes, and vulnerable populations were at exceptionally high risk.

Objective: To facilitate and improve adherence to preoperative ERAS pathways, preoperative chlorhexidine (CHG) and prenutritional drinks were mailed directly to patients (ERAS kit). We hypothesized that shipping kits direct to women undergoing gynecological surgery would increase adherence and provide more equitable care.

Methods: This study is a retrospective cohort study of all adult cis-gender female patients undergoing gynecological surgery at a tertiary hospital from October to November of 2021. Adherence and access to the pathway at the time of surgery were compared between White patients and other racial minority groups in October and November 2019, 2020, and 2021 (before COVID-19, during COVID-19, and intervention period). Patient demographics were described using frequency and percent for categorical variables and mean and standard deviation for continuous variables. SPC 3-sigma p-charts were used to evaluate changes in the utilization of pre-surgical ERAS interventions.

Results: Compared to White patients, women from racial minority groups undergoing hysterectomy were less likely to adhere to ERAS pre-surgical interventions such as pre-surgery carbohydrate hydration and CHG use. Delivering ERAS pre-surgical kits directly to the patients’ homes is associated with large increases in utilization of the ERAS pathway among both White patients and patients of color.

Conclusions: At baseline, non-White patients undergoing hysterectomy were less likely to adhere to ERAS pre-surgical interventions such as pre-surgery carbohydrate hydration and CHG use. Delivering ERAS pre-surgical kits directly to the patients’ homes is associated with large increases in utilization of the ERAS pathway among both White patients and patients of color.

Disclosure: No

Table 1: Basic clinical characteristics and 30-day perioperative outcomes.

<table>
<thead>
<tr>
<th></th>
<th>Hysterectomy and Vaginectomy (N=15)</th>
<th>Vaginectomy only (N=20)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>32.2 (14.3)</td>
<td>34.2 (8.7)</td>
<td>0.33</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>25.9 (3.9)</td>
<td>50.2 (6.6)</td>
<td>0.08</td>
</tr>
<tr>
<td>Parity</td>
<td>0.00</td>
<td>0.1 (0.4)</td>
<td>0.39</td>
</tr>
<tr>
<td>Years on HT</td>
<td>4.8 (8.5)</td>
<td>7.5 (6.9)</td>
<td>0.13</td>
</tr>
<tr>
<td>EBL (mL)</td>
<td>210.0 (480.9)</td>
<td>122.0 (98.4)</td>
<td>0.03</td>
</tr>
<tr>
<td>Length of procedure (min)</td>
<td>140.2 (23.8)</td>
<td>236.2 (75.4)</td>
<td>0.10</td>
</tr>
<tr>
<td>Length of stay (days)</td>
<td>3.1 (2.0)</td>
<td>4.4 (2.9)</td>
<td>0.22</td>
</tr>
<tr>
<td>Prolonged postoperative</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>catheterization</td>
<td>10 (66.7%)</td>
<td>6 (42.8%)</td>
<td>0.19</td>
</tr>
<tr>
<td>ED visits</td>
<td>2 (13%)</td>
<td>8 (42.8%)</td>
<td>0.43</td>
</tr>
</tbody>
</table>
| BMI: Body Mass Index; HRT: Hormone therapy; EBL: Estimated Blood Loss; ED: Emergency Department Continuous variables are presented using mean (SD); Categorical variables are presented using frequency (%) *Patients undergoing concurrent urethral lengthening (N=4) were excluded from the analyses.
CONCURRENT LAPAROSCOPIC SACROCOLPOPEXY FOR POPULAR INDICATIONS: A RETROSPECTIVE STUDY

M. V. Brown,1 D. Wolfs,2 T. Overholt2, R. Xu2, C. Matthews2. Wake Forest Baptist Health, Wake Forest School of Medicine

Introduction: Concurrent laparoscopic sacrocolpopexy (SCP) is often performed with concurrent vaginal hysterectomy or laparoscopic hysterectomy. This study compares the costs and complications following concurrent hysterectomy and SCP, focusing on the vaginal and laparoscopic approaches for POP.

Methods: A retrospective cohort study evaluated patients undergoing concurrent hysterectomy and SCP at a single institution. The primary outcome was hospital cost, and secondary outcomes included complications and hospital length of stay.

Results: Between November 2017 and May 2021, 250 (122 VH, 128 LH) patients underwent concurrent hysterectomy and SCP. The primary outcome was hospital cost, which was slightly higher in VH ($12,949) than LH ($11,840) (P = 0.0098). The direct hospital cost of the visit encounter was lower in LH (P = 0.0003). A total of 8% of patients had mesh-related complications, all of which were noted within the minimum follow-up period. They were all managed conservatively with no differences in postoperative complication rates (P = 0.635).

Conclusions: This study shows that concurrent hysterectomy and SCP can be performed safely and effectively, with similar complication rates for both approaches. The vaginal approach may be more cost-effective, but further research is needed to confirm these findings.
postoperative mortality. Several studies have investigated the association between glucose measurements and hemoglobin A1c on surgical complications; however, this limited data specifically investigating this association in gynecologic surgery.

Objective: The purpose of the study is to determine if there is a threshold hemoglobin A1c value at which the risk of perioperative complications increases.

Methods: This was a retrospective cohort study of 211 female patients with recorded hemoglobin A1c values who underwent a benign gynecologic procedure at a single institution from January 1, 2011 to March 21, 2020. Demographics, preoperative hemoglobin A1c, immediate preoperative glucose measurements, and postoperative complications within 60 days were collected. Hysterecstromies done after cesarean delivery and for oncologic indications were excluded. Comparison of hemoglobin A1c across categorical variables were made using Kruskal-Wallis tests. Continuous variables were made using Spearman rank correlations. The primary outcome of composite postoperative complications was compared using chi-squared and Kruskal-Wallis tests.

Results: 211 female patients with recorded hemoglobin A1c values who had a benign hysterectomy (79% abdominal, 21% vaginal) were analyzed. Of these patients, the median hemoglobin A1c value was 5.9%, ranging from 4.4% - 13.2%. Median age was 49 years and BMI 35.6. About 53% (n = 111) of patients had a known diagnosis of diabetes mellitus (DM). Neither a diagnosis of DM nor hemoglobin A1c values were correlated with an increased risk of composite postoperative complications. This lack of correlation persisted even for the top 20% of A1c values, with only 12% (n = 25) of subjects with an A1c >8%. However, increased hemoglobin A1c was associated with wound infection (P = 0.006; median A1c 6.7%) or breakdown (P = 0.002; median A1c 6.3%). Similarly, increased preoperative glucose was associated with wound breakdown (P = 0.06; median glucose value = 145).

Conclusions: This study did not show a significant association between hemoglobin A1c or preoperative glucose values and postoperative outcomes complications in benign hysterectomies. An elevated hemoglobin A1c value was associated with wound infection and breakdown, and preoperative glucose was associated with wound breakdown. These results do not indicate an A1c value above which the risk of perioperative complications increased significantly. Further research with larger sample sizes and a larger proportion of patients with elevated A1c values may provide additional insight.

Disclosure: No

Scientific Salon 235

TOBACCO USE AND APICAL PROLAPSE REPAIR: HOW DOES ROUTE OF SURGERY AND CONCURRENT USE OF MESH IMPACT POSTOPERATIVE COMPLICATIONS?

T. Marczak1, A. Ajayi1, M. Hacker2, W. Winkelmann3. Mount Auburn Hospital1; Beth Israel Deaconess Medical Center1, Beth Israel Deaconess Medical Center1, Mount Auburn Hospital4

Introduction: Tobacco smoking is a risk factor for adverse surgical outcomes and is associated with increased post-operative pain following pelvic organ prolapse repair. Few studies have evaluated the association between smoking and post-operative complications after pelvic organ prolapse repair, particularly risks associated with surgical mesh.

Objective: To assess tobacco smoking on risk of postoperative infection, readmission and reoperation after pelvic organ prolapse repair and to assess if risks differ for procedures with and without mesh.

Methods: This was a retrospective cohort of individuals undergoing surgical repair for apical pelvic organ prolapse from 2012-2020 using American College of Surgeons National Surgical Quality Improvement Program data. Procedures were classified as: abdominal repair with or without mesh and minimally invasive repair with or without mesh. Exposure was smoking in the last year. Outcomes were postoperative infection, unplanned readmission, and unplanned reoperation within 30 days. We estimated crude and adjusted risk ratios (aRR) for smoking and post-operative complications using modified Poisson regression, controlling for age, body mass index, and diabetes. Adjustment for race, ethnicity, COPD, HTN related to the primary procedure (aRR 1.5; 95% CI: 1.3-1.8), and readmission related to infection (aRR 1.9; 95% CI: 1.4-2.6). Smoking was not associated with increased risk of unplanned readmission (Table 2). Smoking was not associated with increased risk of unplanned reoperation (Table 2). The sample size of abdominal procedures provided insufficient power for stratified analyses. Among patients who had a minimally invasive apical repair with mesh, infection risk was 2.7% for those who smoked and 1.7% for those who did not (aRR: 1.3; 95% CI: 1.2-1.7). aRRs for smoking and unplanned readmission, as well as unplanned readmission likely related to the primary procedure, were similar for procedures with and without mesh. Smoking was associated with higher risk of unplanned readmission for infection in minimally invasive procedures with mesh (aRR: 2.5; 95% CI: 1.5-4.2) than those without mesh (aRR: 1.5; 95% CI: 1.0-2.4). Smoking was not associated with unplanned reoperation, regardless of mesh.

Conclusions: Tobacco smoking increased risk of infection and unplanned readmission in patients undergoing apical repair for pelvic organ prolapse but did not increase reoperation risk. While the results suggest risk of infection associated with smoking may be higher for minimally invasive procedures with mesh than without mesh, the overall incidence of infection was low, suggesting that surgical mesh may be used safely in this population with proper counseling.

Disclosure: No

Table 1: Baseline patient characteristics among individuals who underwent apical prolapse repair, stratified by smoking status in the last year (n=57,111)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Full cohort</th>
<th>Smoking last year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>50.9 (11.0)</td>
<td>50.8 (11.1)</td>
</tr>
<tr>
<td>BMI</td>
<td>35.6 (7.3)</td>
<td>36.7 (7.4)</td>
</tr>
<tr>
<td>History of diabetes</td>
<td>13.2%</td>
<td>14.7%</td>
</tr>
<tr>
<td>COPD</td>
<td>6.8%</td>
<td>8.2%</td>
</tr>
<tr>
<td>HTN</td>
<td>30.3%</td>
<td>31.1%</td>
</tr>
<tr>
<td>Body mass index</td>
<td>25.8 (4.7)</td>
<td>26.6 (4.5)</td>
</tr>
<tr>
<td>Smoking status</td>
<td>8.7%</td>
<td>19.5%</td>
</tr>
</tbody>
</table>

Table 2: Risk of postoperative complications for individuals who smoked within the last year compared with those who did not, and those who underwent apical prolapse repair related to cancer-related procedures with and without mesh

<table>
<thead>
<tr>
<th>Procedure Type</th>
<th>Smoking Status</th>
<th>complication rate (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abdominal repair with mesh</td>
<td>Smoking last year (aRR: 1.5; 95% CI: 1.3-1.8)</td>
<td>Non-smoking (aRR: 1.1; 95% CI: 1.0-1.2)</td>
</tr>
<tr>
<td>Minimally invasive repair with mesh</td>
<td>Smoking last year (aRR: 1.4; 95% CI: 1.2-1.6)</td>
<td>Non-smoking (aRR: 1.0; 95% CI: 0.9-1.1)</td>
</tr>
</tbody>
</table>

Disclosure: No

Scientific Salon 236

COMPARISON OF WOUND COMPLICATIONS BETWEEN WOMEN WITH OASIS REPAIRS WITH BRAIDED ABSORBABLE VS CHROMIC CATGUT SUTURE

A. Murillo1, R. Durst2, L. Giugale3. University of Pittsburgh Medical Center1, Magee-Women Research Institute3

Introduction: Obstetric anal sphincter injuries (OASIS) that occur during obstetric anal sphincter injuries (OASIS) that occur during.

Disclosure: No
of Obstetricians and Gynecologists recommends using 2-0 or 3-0 Polyglactin (a braided absorbable suture) or 3-0 polydioxanone (a monofilament absorbable suture) for the external anal sphincter. However, there is large variation in types of sutures used among providers.

**Objective:** To compare wound complications in patients with OASIS who have had external anal sphincter repairs with chromic catgut suture versus braided absorbable suture. We hypothesized that repair of the external anal sphincter with chromic catgut suture would be associated with increased wound complications.

**Methods:** This was a retrospective cohort study of all 3rd and 4th degree lacerations from December 2019 through January 2021 at a large, tertiary care medical center. The primary outcome was composite wound complication compared between patients who had repairs with chromic catgut suture versus braided absorbable suture. We defined composite wound complication as any infection, breakdown, granulation tissue, or abnormal discharge as documented in the medical record through 12 weeks postpartum. Secondary outcomes included dyspareunia, anal incontinence, urinary incontinence and urinary tract infection. Patients were excluded if the delivery documentation did not specify suture type used for repair. t-tests, Mann-Whitney U, Chi square and Fisher’s exact were used for statistical analyses (SPSS Version 28). This study was approved by the quality improvement committee.

**Results:** The cohort consisted of 163 patients who experienced an obstetric anal sphincter injury. Of those, there were 145 (89.0%) 3rd degree lacerations and 18 (11.0%) 4th degree lacerations. The external anal sphincter was repaired using chromic catgut suture in 9.8% (n = 16) and with braided absorbable suture in 90.2% (n = 147). Demographics and delivery characteristics were similar between suture groups with the exception that those in the chromic catgut suture group were more likely to have received an antibiotic within 24 hours after delivery (Table 1). Twenty-six patients (16.0%) experienced a composite wound complication. While there was a greater proportion of composite wound complication in the chromic catgut suture group, this was not statistically significant [25% (n = 4) vs. 15% (n = 22), P = 0.29]. There were no significant differences in secondary outcomes between suture groups (Table 2). On multivariable logistic regression controlling for GBS status, episiotomy, and antibiotics after delivery, chromic catgut suture was not significantly associated with composite wound complication (OR 4.3, 95% CI 0.93-19.8, P = 0.06).

**Conclusions:** There was no statistically significant difference in composite wound complication between chromic catgut and braided absorbable suture for repair of the external anal sphincter at the time of OASIS. However, we are limited by a small sample size and lack of power to detect such a difference. Similar comparative analyses should be performed with a larger sample size.

**Disclosure:** No

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**Table 1: Demographic and Delivery Characteristics (n=163)**

<table>
<thead>
<tr>
<th></th>
<th>Braided Absorbable (n=147)</th>
<th>Chromic Catgut (n=18)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>29.8 ([24.9], 34.8)</td>
<td>29.6 ([24.8], 34.8)</td>
<td>0.64</td>
</tr>
<tr>
<td>BMI, kg/m²</td>
<td>29.8 ([24.8], 34.8)</td>
<td>29.6 ([24.8], 34.8)</td>
<td>0.64</td>
</tr>
<tr>
<td>Gestational Age, wks</td>
<td>38.1 ([35.1], 41.3)</td>
<td>39.3 ([36.1], 41.3)</td>
<td>0.69</td>
</tr>
<tr>
<td>Birthweight, g</td>
<td>3501 ([416], 4232)</td>
<td>3632 ([423], 4232)</td>
<td>0.31</td>
</tr>
<tr>
<td>Parity</td>
<td>0 ([0], 0)</td>
<td>0 ([0], 0)</td>
<td>0.20</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td>0.84</td>
</tr>
<tr>
<td>American Indian/Alaska Native</td>
<td>1 ([6.9%], 0)</td>
<td>0 ([0.0%], 0)</td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>23 ([15.0%], 16.6%)</td>
<td>16 ([9.4%], 16.6%)</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>7 ([4.9%], 16.6%)</td>
<td>2 ([1.2%], 11%)</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>133 ([76.9%], 87.5%)</td>
<td>147 ([76.5%], 87.5%)</td>
<td></td>
</tr>
<tr>
<td>Unknown/not reported</td>
<td>4 ([2.7%], 0)</td>
<td>0 ([0.0%], 0)</td>
<td></td>
</tr>
<tr>
<td>Ethnicity</td>
<td></td>
<td></td>
<td>0.33</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>7 ([1.4%], 1.6%)</td>
<td>6 ([1.1%], 1.6%)</td>
<td></td>
</tr>
<tr>
<td>Not Hispanic/Latino</td>
<td>135 ([81.6%], 99.3%)</td>
<td>147 ([81.5%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Unknown/not reported</td>
<td>10 ([6.8%], 0)</td>
<td>0 ([0.0%], 0)</td>
<td></td>
</tr>
<tr>
<td>Smoking History</td>
<td></td>
<td></td>
<td>0.89</td>
</tr>
<tr>
<td>Current Smoker</td>
<td>7 ([4.7%], 1.6%)</td>
<td>6 ([2.7%], 1.6%)</td>
<td></td>
</tr>
<tr>
<td>Former Smoker</td>
<td>15 ([13.0%], 13.0%)</td>
<td>147 ([97.5%], 97.5%)</td>
<td></td>
</tr>
<tr>
<td>Never Smoker</td>
<td>124 ([85.3%], 87.5%)</td>
<td>147 ([85.3%], 87.5%)</td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td>23 ([14.3%], 16.6%)</td>
<td>147 ([81.5%], 87.5%)</td>
<td></td>
</tr>
<tr>
<td>GBS status</td>
<td></td>
<td></td>
<td>0.06</td>
</tr>
<tr>
<td>Negative</td>
<td>132 ([76.7%], 95.9%)</td>
<td>147 ([81.5%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Positive</td>
<td>27 ([16.8%], 4.1%)</td>
<td>16 ([9.4%], 1.6%)</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>7 ([4.9%], 0)</td>
<td>2 ([1.2%], 1.6%)</td>
<td></td>
</tr>
<tr>
<td>Episiotomy</td>
<td>18 ([12.1%], 95.9%)</td>
<td>147 ([81.4%], 99.3%)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Operative Delivery</td>
<td>50 ([31.3%], 31.3%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Operative Delivery Type</td>
<td></td>
<td></td>
<td>0.36</td>
</tr>
<tr>
<td>Vacuum</td>
<td>25 ([50.0%], 49.0%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Forceps</td>
<td>25 ([50.0%], 49.0%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Type of OASIS</td>
<td></td>
<td></td>
<td>0.70</td>
</tr>
<tr>
<td>3° degree</td>
<td>130 ([88.4%], 93.8%)</td>
<td>16 ([9.4%], 1.6%)</td>
<td></td>
</tr>
<tr>
<td>4° degree</td>
<td>17 ([11.6%], 6.2%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td></td>
</tr>
<tr>
<td>Anorectal injury within 24 hours after delivery</td>
<td>65 ([41.5%], 21.5%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td>0.03</td>
</tr>
<tr>
<td>Discharged on antibiotics</td>
<td>5 ([3.4%], 2.7%)</td>
<td>147 ([99.3%], 99.3%)</td>
<td></td>
</tr>
</tbody>
</table>

*Data presented as N (%) mean (standard deviation), median (interquartile range).*
odds of 30-day complications compared to orchietomy alone; similar odds of 30-
day complications were observed compared to vaginoplasty alone. These data can be
helpful for preoperative risk counseling, especially among patients desiring orchi-
ectomy and considering concurrent versus staged vaginoplasty.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Cosm Medical, Boston Scientific

Scientific Salon 238

FROM OASIS TO THE OR: TIMING OF PRESENTATION TO A POSTPARTAM FELV COF SPECIALTY CLINIC IN WOMEN UNDERGOING SECONDARY SPHINCTEROPLASTY

W. Horner1, C. Russell1, P. Fairchild1, C. Swenson1, P. Schmidt1. University of Michigan1, University of Utah2

Introduction: Recognition of pelvic floor dysfunction within the first month postpartum can facilitate early intervention, such as surgical treatment or pelvic floor physical therapy, which can help reduce long-term sequelae of traumatic birth. Early secondary sphincteroplasty after obstetric anal sphincter injuries (OASIS) within 21 days of delivery has been associated with outcomes comparable to those following a delayed sphincter repair and likely reduce morbidity and psychologic distress in new mothers[1].

Objective: To determine the average time to presentation to our peripartum pelvic floor disorders clinic in women who undergo secondary sphincteroplasty. Secondarily, to characterize the indications for and determine perioperative outcomes of secondary sphincteroplasty. Lastly, to compare outcomes between woman who underwent sphincteroplasty ≤12 weeks versus >12 weeks from OASIS.

Methods: We conducted a case series of women seen in a peripartum pelvic floor disorders clinic in women who underwent secondary sphincteroplasty. Cases were identified using the CPT code 46750 (repair of anal sphincter). Six board-certified urogynecologists performed all procedures using a similar technique.

Demographics, clinical and surgical data were abstracted via chart review. Descriptive analyses were used to compare demographics, descriptive characteristics and postoperative complications in women who underwent sphincteroplasty ≤12 weeks versus >12 weeks from OASIS.

Results: Forty women were identified with an average age of 29.2 ± 5.3 years and BMI of 25.6 ± 6.2 kg/m2. Most women were primiparous (n = 30, 75%). All women delivered vaginally with their most recent delivery: 65% had a sphincter repair, and 33% had concurrent anal incontinence (n = 19, 47.5%). Followed by wound breakdown with anal incontinence (n = 8, 20%). Twelve percent of women reported follow-up postoperative complications (n = 6). When comparing women who underwent secondary sphincteroplasty ≤12 weeks versus >12 weeks from OASIS, there were no differences in demographic or obstetrical data or 30-day postoperative complications (Table 1), consistent with prior studies. However, indications were significantly different – compared to sphincteroplasties done >12 weeks after OASIS, those done ≤12 weeks were more commonly performed for wound breakdown with/without anal incontinence (68.8% vs 4.2%) and less commonly performed for chronic sphincter defect with anal incontinence (18.8 vs 66.7%).

Conclusions: Average time from OASIS to secondary sphincteroplasty was 10 weeks. Wound breakdown was the indication for surgery in nearly 70% of patients with secondary sphincteroplasty within 12 weeks of OASIS. In our cohort, early secondary sphincteroplasty was not associated with an increased postoperative complication rate. Future studies are needed to compare improvement in bowel symptoms and anal incontinence between women with early and delayed secondary sphincteroplasty. 1. Lewicky-Gaupp C, et al. Early Second-

Disclosure: No

Scientific Salon 239

ANALYSIS OF RISK FACTORS FOR LARGE BLOOD LOSS AND TRANSFUSION AMONG BENIGN GYNECOLOGIC CASES

S. Jansen1, D. Ghatiali1, A. Mayo1, A. Lokke1, T. Petersen1, T. Serna-Gallegos1, K. Meriwether1. University of New Mexico1

Introduction: Enhanced recovery after surgery (ERAS) and risk-based protocols for surgical patients are helping to minimize unnecessary laboratory work and line insertion. As benign gynecologic surgery shifts to minimally invasive routes, it is important to consider the risk of transfusion in these patients and the need for certain perioperative interventions.

Objective: To determine factors associated with increased blood loss and transfusion during gynecologic surgery for benign indications and explore the utility of transfusion among benign gynecologic cases.
DO PELVIC FLOOR DISORDERS AFFECT "ALL OF US"?

S. Brito, J. Struparz, A. Zano. Keck School of Medicine of USC

Introduction: The "All of Us" research program is an ongoing initiative from the U.S. National Institute of Health (NIH), aiming to collect the largest, most representative health data in the United States. This presents an opportunity for pelvic floor disorders (PFD) research among a potentially racially/ethnically diverse population.

Objective: The present study aims to expand on the understanding PFD prevalence in groups under-represented in prior research.

Methods: PFD symptoms reported include urinary incontinence (UI), fecal incontinence (FI), and pelvic organ prolapse (POP), and medical record data allows review of corresponding to ICD-9 and ICD-10 codes for PFDs. Prevalence was compared across age and race (White, African American, Asian, others) using chi-square tests.

Results: Among 199,669 adult participants who reported female sex at birth, 18,531 (9.3%) reported symptoms of any PFD: 15,689 (7.8%) reported UI, 9,524 (2.5%) reported POP, 2,682 (1.3%) reported FI (Table 1.). Of women reporting PFDs, 4,351 (23.5%) had multiple (Figure 1); 2,660 (0.14%) reported POP, 114 (0.06%) reported FI, and others.

Conclusions: Most benign gynecologic surgeries have minimal blood loss, and gynecologic patients undergoing minimally invasive and/or urogynecology procedures have a low risk of transfusion (~2%). Although providers seem to be applying interventions such as more IV lines, arterial lines, and T&S to higher-risk patients, the minority of patients that have these interventions receive transfusion.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Consultant for RBI Medical (Author KM)

Table 1. Prevalence of reported pelvic floor disorders (PFDs) by age and race. (N=199,668) women aged female participants with/without PFD history. P-value <0.05 was considered significant.

<table>
<thead>
<tr>
<th>Age-group</th>
<th>PFDs</th>
<th>No PFDs</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-34 years</td>
<td>5704</td>
<td>100600</td>
</tr>
<tr>
<td>45-64 years</td>
<td>7722</td>
<td>53147</td>
</tr>
<tr>
<td>65+ years</td>
<td>9163</td>
<td>29858</td>
</tr>
<tr>
<td>White</td>
<td>11994</td>
<td>105909</td>
</tr>
<tr>
<td>Black/African</td>
<td>2077</td>
<td>21501</td>
</tr>
<tr>
<td>Asian</td>
<td>1239</td>
<td>20905</td>
</tr>
<tr>
<td>Others</td>
<td>751</td>
<td>36096</td>
</tr>
</tbody>
</table>

Figure 1. Reported individual cases of pelvic organ prolapse (POP), urinary incontinence (UI), fecal incontinence (FI), and cases reporting 2 or all 3 of these types of pelvic floor disorders (PFDs) amongst females in the "All of Us" database.

Figure 2: Prevalence of reported conjugate use of pelvic floor disorders (HPB), pelvic organ prolapse (POP), urinary incontinence (UI), and fecal incontinence (FI). Of women (PFD) among female participants in the "All of Us" enrolled by race, age, and other race.

Scientific Salon 241

THE EFFECT OF PREOPERATIVE SCOPOLAMINE PATCH USE ON POSTOPERATIVE URINARY RETENTION IN UROGYNECOLOGIC SURGERIES

A. Courtpatte, M. Kelly, V. Minassian, Mass General Brigham

Introduction: Post-operative urinary retention is an unfavorable, yet common complication of surgery, particularly in urogynecologic surgeries. Previous studies looking at midurethral sling procedures have shown increased risk of post-operative urinary retention with the use of scopolamine, a prophylactic patch for post-operative nausea and vomiting.

Objective: The aim of study was to determine if the use of pre-operative transdermal scopolamine is associated with an increased risk of post-operative urinary retention across all urogynecologic surgeries.

Methods: This is a retrospective cohort chart review study of women who underwent urogynecologic surgery between January 1, 2018 and December 31, 2020 by trained FMPRS specialists at tertiary care hospital. Patients who received a scopolamine patch versus those who did not were compared across demographic and peri-operative characteristics using Pearson's Chi Squared Test and t-test of Wilcoxon Rank-sum. The primary outcome of interest was the patient's result of their post-operative voiding trial by exposure to scopolamine. P-value <0.05 was considered significant.

Results: A total of 449 women underwent a vaginal or laparoscopic hysterectomy, midurethral sling placement, uterosacral or sacropinous ligament suspension, sacrocolpopexy, anterior/posterior colporrhaphy, or other surgeries, with 109 of these patients (24.2%) having received transdermal scopolamine.
Baseline and perioperative characteristics were similar, however the scopolamine group had a lower median age, lower median pre-operative PVR, and a higher proportion of patients with midurethral sling placement. A significantly higher number of women with pre-operative scopolamine n = 50 (45.9%) failed their voiding trial when compared to those without scopolamine n = 100 (29.4%), P = 0.0016. This yielded a crude odds ratio of 2.03 (95% CI: 1.31 – 3.17). This association remained significant after adjusting for covariates. The adjusted model yielded an odds ratio of 1.77 (95% CI: 1.09-2.87). When comparing the odds of patients failing their voiding trial by surgery type, those whose surgery included a midurethral sling placement had an adjusted odds ratio of 3.14 (95% CI: 2.02 – 4.90) compared to those who did not. However, there was no significant interaction between midurethral sling, scopolamine use, and the outcome of post-operative urinary retention suggesting that although each of these variables independently affect post-operative urinary retention, the risk of post-operative urinary retention in the presence of scopolamine is irrespective of whether or not a midurethral sling is performed at the time of the surgery.

Conclusions: Prophylactic treatment of nausea and vomiting with transdermal scopolamine patch may be associated with increased risk of post-operative urinary retention across different urogynecologic surgeries. This finding can help guide future pharmacologic prescribing practices to ensure the best post-operative outcomes for patients undergoing urogynecologic surgery.

Table: Logistic regression model of the effect of scopolamine on postoperative urinary retention

<table>
<thead>
<tr>
<th>Variable</th>
<th>Crude OR (95% CI)</th>
<th>Adjusted OR (95% CI)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scopolamine</td>
<td>2.03 (1.31 - 3.17)</td>
<td>1.77 (1.09 - 2.87)</td>
<td>0.0016</td>
</tr>
<tr>
<td>Sling surgery</td>
<td>2.89 (1.84 - 4.39)</td>
<td>2.14 (1.20 - 3.89)</td>
<td>&lt;0.0002</td>
</tr>
<tr>
<td>Age</td>
<td>1.02 (1.00 - 1.04)</td>
<td>1.00 (0.99 - 1.01)</td>
<td>0.9713</td>
</tr>
<tr>
<td>PVR</td>
<td>0.99 (0.88 - 1.10)</td>
<td>0.98 (0.87 - 1.10)</td>
<td>0.8253</td>
</tr>
<tr>
<td>PVR</td>
<td>1.00 (0.98 - 1.02)</td>
<td>1.00 (0.99 - 1.01)</td>
<td>0.0051</td>
</tr>
<tr>
<td>Patient anxiety</td>
<td>0.99 (0.86 - 1.10)</td>
<td>1.00 (0.89 - 1.10)</td>
<td>0.8971</td>
</tr>
<tr>
<td>Alcoho use</td>
<td>1.14 (1.06 - 1.11)</td>
<td>1.01 (0.86 - 1.16)</td>
<td>0.9893</td>
</tr>
</tbody>
</table>

Disclosure: No
Prevalence and Knowledge of Pelvic Floor Dysfunction in Pregnant Women: A Cross-Sectional Study

A. Jaovisidha1, P. Wongson1, J. Manona1. Faculty of Medicine Ramathibodi Hospital, Mahidol University

Introduction: Pelvic floor dysfunction (PFD) which includes urinary incontinence (UI), fecal incontinence (FI) and pelvic organ prolapse (POP) is common in women. To date, studies that examined PFD symptoms in pregnant women are scarce and the findings are conflicting. In addition, knowledge and awareness regarding PFD symptoms in pregnant women are essential as giving birth is a major risk factor. Among pregnant women in Asian region, less is known about the magnitude of pelvic floor dysfunction and their level of knowledge. Addressing the prevalence and knowledge of pregnant women of these symptoms might help healthcare providers raise the issue of PFD early in pregnancy, provide relevant and reliable information, and offer potentially protective measures.

Objective: 1. To investigate prevalence of urinary incontinence, fecal incontinence and pelvic organ prolapse in pregnant women attending the antenatal clinic and 2. To explore their knowledge regarding pelvic floor dysfunction.

Methods: A cross-sectional survey was conducted at the antenatal clinic of a university hospital. Pregnant women who were in their second or third trimester of pregnancy were invited to participate and a written informed consent was provided. A structured interview was conducted using a standardized questionnaire. It consists of three parts and 44 items. Part 1 contains demographic characteristics and obstetric information (5 items). Part 2 focuses on pelvic floor dysfunction symptoms using validated questionnaires which are 2.1 urinary incontinence using the ICIQ-FLUTS (6 items) 2.2 pelvic organ prolapse symptoms using the ICIQ-VS (2 items), and 2.3 bowel symptoms using ICIQ-B (7 items). Part 3 assesses knowledge of POP and UI using the Prolapse and Incontinence Knowledge Questionnaire or PIKQ (24 items).

Results: A total of 153 participants responded to our survey. The mean maternal age was 34.2 ± 3.5 years with the mean body mass index of 25.1 ± 3.8 kg/m².

Seventy-three (47.7%) and 80 (52.3%) were in their second and third trimester of pregnancy, respectively. In terms of education level, 49.7% (76/153) received their bachelor degree and 47.2% (72/153) had higher education. Symptoms of stress UI was reported by 65 (42.5%), urgency UI by 17 (11.1%), flatus incontinence by 43 (28.1%) and POP by 2 (1.3%) respondents. Popi rate was significantly higher in the third trimester pregnant women compared to the second trimester group (p < 0.034), while prevalence of SUI, flatus incontinence and fecal incontinence were similar (p > 0.05). Regarding the PIKQ, the mean knowledge score for POP of all respondents was 7.40 ± 2.27, whereas the mean score for UI was 8.76 ± 2.00. Pelvic organ prolapse score was evidently impacted by age. Older women (age > 35 years) scored significantly higher than younger women (p < 0.001). There was no positive association between the knowledge score for POP and UI and symptoms of PFD, education level, BMI, parity, vaginal delivery and trimester of pregnancy (p > 0.05).

Conclusions: Symptoms of PFD were reported in 1.3%–42.5% of second and third trimester pregnant women. Women with and without PFD had a fair level of PFD knowledge. Age was only a significant factor affecting knowledge scores for POP and UI.

Disclosure: No

Scientific Salon 244
BP Connect: Referring Urogynecology Patients with High Blood Pressure for Primary Care Follow-up

H. Brown1, M. Williams2, E. Ramly2, M. Messina2, B. Hanlon1, A. Carlson1, C. Bartels1, M. Williams1, E.Ramly1, M. Messina1, B. Hanlon1, A. Carlson1

Introduction: Elevated blood pressure (BP) is the leading modifiable risk factor for cardiovascular disease (CVD), the leading cause of death in women. Timely referral to primary care from subspecialty care occurs infrequently. BP Connect, a staff protocol for specialty clinics, almost doubled timely primary care follow-up for hypertension patients with elevated BP (AOR 1.9; 1.4 – 2.5; from 29% to 42%).

Objective: To evaluate the feasibility and impact of implementing BP Connect in urogynecology and gynecology clinics.

Methods: In two academic urogynecology and gynecology clinics, the BP Connect intervention trained medical assistants and nurses to Check (re-measure) BPs above 140/90, Advise patients of links between BP and CVD, and Connect patients with confirmed high BP for timely primary care follow-up. Implementation included (1) tailored staff engagement focus groups; (2) staff education defining elevated BP (above 140/90) and CVD risk, (3) electronic health record (EHR) alerts prompting staff to re-measure elevated BPs and order timely (within 4 weeks) follow-up for confirmed high BP; (4) staff feedback (monthly audits); and (5) patient education and tools (brochure and BP log). Clinic staff were surveyed pre- and post-implementation about confidence and comfort with BP discussion and referral. Descriptive analyses compared rates of BP re-measurement, offers for and fulfillment of timely primary care follow-up in the 6 months before (08/2020-02/2021) and after (02/2021-08/2021) BP Connect implementation. Multivariable logistic regression, controlling for age, insurance, hypertension, and CVD, evaluated impacts on timely primary care follow-up.

Results: BP was elevated in 676 pre-implementation and 708 post-implementation visits. Table 1 describes demographic and relevant medical history for these patient visits. The only statistically significant difference between the pre- and post-implementation visits was a higher proportion insured by Medicaid during pre-implementation (16% vs. 10%). The rate of BP re-measurement increased from 19% pre-to 75% post-implementation (p < .0001). During post-implementation, among visits where patients had confirmed high BP, staff provided patient education in 83% and offered referral for primary care follow-up in 60% of instances. Overall, the rate of timely primary care follow-up for high BP increased from 28% before to 48% after implementation (p < .0001) despite implementation during the COVID pandemic. BP Connect implementation resulted in a 12-fold increase in BP re-measurement among patients with high BP and a 2-fold increase in timely follow-up with primary care (Table 2). Staff confidence to do something about high BP increased from 27 to 67%; comfort discussing high BP with patients increased from 27 to 83%, and comfort coordinating referral to primary care for high BP increased from 9 to 42% (all p < 0.05).

Conclusions: BP Connect implementation was feasible in academic urogynecology and gynecology clinics and doubled the likelihood of patients with high BP having timely primary care follow-up without creating undue burden on subspecialty clinics. The impact of BP Connect in urogynecology and gynecology clinics on timely primary care follow-up was almost identical to that seen in the rheumatology clinics where the intervention was initially developed and tested. Future work will examine adaptation and expansion of BP Connect to other specialties and health systems.

Disclosure: No

Scientific Salon 245
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H. Brown1, M. Williams2, E. Ramly2, M. Messina2, B. Hanlon1, A. Carlson1, C. Bartels1, M. Williams1, E. Ramly1, M. Messina1, B. Hanlon1, A. Carlson1

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Disclosure: No
Scientific Salon 246

OBSTETRICAL ANAL SPHINCTER INJURY: INTERPREGNANCY INTERVAL AND REPORTED POSTPARTUM SEQUELAE

A. Nutaitis1, S. Kolikkoon2, M. Yao3, L. Hickman1, K. Propst1. Cleveland Clinic Akron General1, Cleveland Clinic3, The Ohio State University Wexner Medical Center

Introduction: Obstetric anal sphincter injuries (OASIs) include third and fourth degree perineal lacerations and occur in up to 4.4% of vaginal deliveries. Although uncommon, long-term effects can be physically and mentally debilitating. Women with OASI are at higher risk of urinary and fecal incontinence, as well as mood disorders including depression and suicidal ideation. National interpregnancy interval (IPI) data, most recently from state IPI levels ranging from 25 to 32 months. Despite diminished quality of life and delayed healing, there is limited information on the IPI among women with OASI.

Objective: Our primary objective was to describe the IPI among women with an OASI. Our secondary objectives were to report postpartum complications and postpartum depression in women who experienced an OASI.

Methods: This was a retrospective cohort study of women at a tertiary academic medical center who experienced a vaginal birth that resulted in an OASI between 2013 and 2015. Electronic medical records were reviewed for patient demographics, obstetric delivery data, and postpartum sequelae that were documented within the first 3 months postpartum. IPI was defined as the time from date of first vaginal delivery to date of conception of the subsequent pregnancy. Date of conception was calculated using the obstetric estimate. Women without subsequent pregnancy were censored at the date of last follow-up. IPI was evaluated using a survival analysis (Kaplan-Meier estimator).

Results: 287 women who experienced OASI met eligibility criteria. The majority of women were white (n = 209, 72.8%), non-Hispanic (n = 262, 91.3%) and aged 20 to 34 years (n = 249, 86.8%). Mean body mass index (BMI) at the time of first delivery was 29.4 kg/m2 (SD = 5.2) and 99 (39.1%) women were obese. Most women were never smokers (n = 218, 76.0%), had an epidural (n = 254, 92.0%), did not require a blood transfusion (n = 279, 97.9%), did not develop a vaginal hematoma (n = 279, 98.9%) and did not have their OASI repaired in the operating room (n = 277, 97.2%). IPI data was available for 178 (65%) women, and the median IPI was 26.4 (95% CI: 23.7-29.9) months. The majority of women experienced no reported postpartum laceration complications (n = 252, 87.8%), urinary incontinence (n = 262, 96.0%), fecal incontinence (n = 264, 97.1%), or pelvic organ prolapse (n = 270, 99.3%) after their initial delivery. Postpartum depression was rarely reported (n = 22, 8.0%).

Conclusions: IPI post-OASI appears to be slightly shorter than the national average. The vast majority of women did not have documented pelvic floor dysfunction at postpartum office appointments in the first three months following delivery. Lack of identified pelvic floor dysfunction in this population differs from the incidence in previously published data and may reflect lack of identification by obstetric providers. As such, results of this study may represent an underestimation of these sequelae and highlight a gap in healthcare that, when addressed, could significantly improve postpartum quality of life.

Disclosure: No

Figure 5: Timeline of patient visits to the PPCU and outcomes

Scientific Salon 247

RETROSPECTIVE ANALYSIS OF PATIENTS WITH COMPLEX PELVIC FLOOR DISORDERS – A TERTIARY HOSPITAL PERSPECTIVE

SA. Mak1, SS. Sivarajah2, JCS. Lee3. Lee Kong Chion School of Medicine, Nanyang Technological University1, Sengkang General Hospital2, KK Women’s and Children’s Hospital3

Introduction: Pelvic floor dysfunction is a complex category of conditions involving multiple organ systems and affecting patients’ quality of life, with psychosocial and economic implications. Multidisciplinary management through combined pelvic floor clinics is increasingly being adopted as standard of care internationally with benefits such as more thorough symptom treatment, cost savings, and combined surgery streamlining surgical interventions and reducing recovery time. The combined urogynecology-colorectal surgery pelvic floor clinic (PFC) at our tertiary women’s hospital was established in September 2020, helping patients reduce visits to hospitals to access care from multiple specialties. All referrals to PFC were made from the general obstetrics, gynecology and urogynecology clinics.

Objective: This audit aims to characterize patients seen in the first 12 months at the PFC. Study goals include symptom cluster identification and review of management strategies against international care standards, improvement of local understanding of complex pelvic floor dysfunction, and guidance of future development of the clinic and ancillary support.

Methods: This is a single-center retrospective audit of medical case records for all patients referred to and seen at the PFC between the 1st of September 2020 and 31st of August 2021. Data was de-identified and aggregated with analysis performed for descriptive and summary statistics. Institutional Review Board approval was obtained with waiver of informed consent.

Results: Sixty-six referrals were made, with 57 patients seen in 11 clinic sessions across the 12-month period (Figure 1). Majority were postmenopausal (56.1%), multiparous (80.7%), and of increased age, with mean age of 57.4 (±17.7) years. The most common referring reasons were fecal or flatus incontinence (52.6%), severe constipation or defecatory dysfunction (21.1%), and rectal prolapse (17.5%). Most (78.9%) were given multiple diagnoses, most commonly fecal incontinence (50.9%). Double incontinence was a common symptom cluster (26.8%), and all patients with pelvic organ prolapse presented concurrently with either a defecatory disorder or urinary incontinence, or both. Chronic symptoms of more than 3 months were reported in 68.4%, with a mean of 29.4 (±51.5) months. Median waiting time was 34 days. 84.1% of patients were seen within 2 months. Almost all patients (94.7%) required further investigations; colonoscopy (50.9%), endoanal ultrasound (42.1%) and anorectal manometry (40.4%). Most (77.2%) were managed conservatively as a first-line treatment plan. Outcomes were favorable for all three patients requiring combined surgical intervention, with no intra-operative and minimal post-operative complications. 22.8% of PFC patients were discharged after initial consult and 87.5% of patients reported symptom improvement by first follow-up.

Conclusions: The demographic profile of patients seen aligns with known risk factors for pelvic floor dysfunction, with a high burden of gastrointestinal symptoms similar to PFCs worldwide. Current workflow and services are well utilized to address complex patient needs that were previously left untreated, or managed by multiple providers. Waiting times were acceptable by international standards. The conservative approach to management preferred is similar to other global PFCs, with favorable clinical outcomes for patients managed conservatively and surgically. Future studies to analyze PFC patient satisfaction are planned.

Disclosure: No
organ prolapse (POP), urinary incontinence (UI), and fecal incontinence (FI). The proportion of women reporting PFD incrementally increases with age ranging from 9.7% in women aged 20 to 39 years old to 49.7% in women aged 80 or older[1]. Despite the high prevalence of disease and presence of good treatment options, fewer than half of women with significant PFD symptoms seek care[2].

**Objective:** The main objective of this systematic review was to determine the barriers to care for PFDs of women living in the United States of America and give a broad overview of the literature examining these barriers to care. By identifying current barriers to patient care, providers could then focus on developing solutions to the known barriers.

**Methods:** This systematic review followed the MOOSE guidelines. An electronic search limited to English language articles with sample population comprising women in the USA from 1946 to September 27, 2020 was performed using the Ovid MEDLINE database. Seven additional studies were located through hand-searching of the reference list of articles. Article eligibility was based on SPIDER framing question. Articles were excluded due to duplications, study population located outside the USA, inclusion of men in study populations, or lack of data on phenomenon of interest. Included articles were independently assessed using the Joanna Briggs Institute Appraisal checklist for qualitative and cross-sectional studies to measure methodological quality (risk of bias). Narrative synthesis was used to present categorized domain themes for barriers to care for PFDs.

**Results:** A total of 34 articles fulfilled the inclusion criteria [Figure 1]. Barriers were categorized into 3 domains – patient factors, provider factors, and external factors. These factors were then further sub-divided into patient (knowledge, attitude, disparities, and help-seeking), provider (knowledge, attitude and practice), and external (cost, insurance, and geography) [Figure 2]. Some commonly identified barriers to care for PFDs included patients not expressing symptoms to providers (help-seeking), patients being unaware that PFDs are treatable conditions (knowledge), and providers feeling that there were too many other issues to address aside from PFD symptoms (attitude) [Figure 3].

**Conclusions:** This systematic review builds upon previous research by providing a broad overview of the literature examining barriers to care for pelvic floor disorders. The prevalence of barriers varied across different factors, but the most common barriers to care fell into the patient and provider domains. The general challenge of comparing different barriers was that some domains were assessed by many studies while others received little attention. Despite using systematic method study, limitations include higher risk of bias due to incorporating studies considered lower quality. Nonetheless, the results provide insight into what has been assessed in the literature and how common issues that were identified across studies were examined. Future focus should incorporate improved screening practices by providers and better education of patients in what is a normal part of aging and the available therapies for treating pelvic floor disorders.

**Disclosure:** No

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**Scientific Salon 250**

**TRANSLATION AND VALIDATION OF THE MALAY VERSION OF THE PELVIC FLOOR DISTRESS INVENTORY (M-PFDI-20)**

B. Abdullah1, S. Idris1, S. Daud1, MR. Isa1, F. Sham1. *Universiti Teknologi MARA*

**Introduction:** The Pelvic Floor Distress Inventory 20 (PFDI-20) have been shown to be a psychometrically valid and reliable instrument for measuring the extent to which pelvic floor disorders affect the quality of life.
Objective: To translate and validate the PFDDI-20 questionnaires to the Malay language.

Methods: The PFDDI-20 questionnaires have undergone forward and backward translation by two independent translators at each stage. The final preliminary version underwent a face validity test among five subjects and was piloted among 30 subjects before the final version was used in the study. A cross-sectional study was performed among 196 women aged 20 years old and above who understand the Malay language. Women who were pregnant or with no history of sexual intercourse before were excluded. Psychometric properties were examined using principal axis factoring with Promax rotation, Scree plot, construct validity and internal consistency. Test-retest reliability was performed in 31 subjects after four weeks.

Results: A total of 196 women participated in this study. The inter-item correlation for all items was between 0.3 to 0.6 except for nine items, however considering the extraction communalities for all the items are more than 0.3, no items were excluded from the analysis. There was no correlation between factors that exceeded 0.7; hence discriminant validity was achieved, and no multicollinearity was present. Therefore, construct validity was adequate at all correlations between clinical symptoms and subscales in the M-PFDI-20 questionnaires. The internal consistency for M-PFDI-20 was excellent with Cronbach’s alpha of 0.906, with the Cronbach’s alpha for the subscales Pelvic Organ Prolapse Distress Inventory 6 (POPDI-6), Colorectal-Anal Distress Inventory 8 (CRAD-8), Urinary Distress Inventory 6 (UDI-6) were 0.83, 0.869 and 0.812 respectively. However, the test-retest analysis showed consistently low Cronbach’s alpha value for the subscales (0.584) and each subscale (range from 0.520 to 0.606).

Therefore, the M-PFDI-20 did not show stability over time.

Conclusions: The Malay version of the PFDDI-20 is a valid and reliable tool to assess pelvic floor disorder among women; however, it was not stable over time.

Disclosure: No

Scientific Salon 251
PATIENT REPORTED OUTCOMES AFTER GENDER AFFIRMING GYNECOLOGIC SURGERIES

A. Baffo1, S. Alexander1, J. Hutchinson-Colas1, Rutgers Robert Wood Johnson Medical School1

Introduction: Gender affirming surgeries are increasing alongside the expansion of access and insurance coverage. Gynecologic surgeries for transgender men act as one component of gender-affirming care and includes hysterectomy, vaginectomy with vaginal obliteration, salpingectomy, and oophorectomy. These procedures are often preceded by an extended course of hormone therapy with testosterone, administered either intramuscularly, subcutaneously, or transdermally. This care is regarded as medically necessary for transgender men and is supported by organizations such as American College of Obstetricians and Gynecologists (ACOG) for those with the diagnosis of gender dysphoria. Gender dysphoria refers to discomfort or distress caused by a discrepancy between a person’s gender identity and that person’s sex assigned at birth, associated gender role and/or primary and secondary sex characteristics.

Objective: We aim to determine post-operative satisfaction and regret in transgender patients who have completed gender affirming gynecologic surgeries.

Methods: 17 transgender males over the age of 18 undergoing female-to-male gender affirmation surgery (hysterectomy, salpingectomy, oophorectomy, and vaginectomy) who presented for pre and post-operative care at an academic institution were included. Retrospective data, including demographic information and baseline symptomatology were collected via surveys, transcribed electronically on a secure HIPPA compliant database. Patients were contacted post-operatively for a subsequent online survey to be completed within a 48-hour time period. Descriptive data analysis was performed using survey questions pertinent to satisfaction and regret of the patients’ postoperatively.

Results: Of the 17 patients included, 7 patients were able to be contacted and completed the post-operative study, corresponding with a 41% response rate. When asked how satisfied patients are with surgery, 6/7 (85.7%) patients were satisfied to the highest rating (4: “Quite a Bit”). Additionally, 6/7 (85.7%) patients were satisfied to the highest rating regarding surgery positively impacting their gender dysphoria diagnosis.

Conclusions: Regret is a major concern regarding the physical transition that transgender patients pursue through their transition. This is especially true with irreversible procedures such as oophorectomies that have long-term effects on the patients’ overall health and quality of life. All participants expressed complete satisfaction with little to no regret toward their gender-affirming hysterectomies. They also felt that the surgery positively affected their gender dysphoria diagnosis, demonstrating the value of surgical intervention in their transition. This satisfaction is thought to empower transgender patients to have the desire to pursue subsequent gender affirming surgeries. With future studies on the healthcare experience of transgender men through their transition, we can gain more insight that can tailor patient education resources and accessibility.

Disclosure: No
services through social media provides an opportunity to reach patients who otherwise will go unserved.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Consultant to MEMIC, COSM, TRACKIMED

RACIAL DISPARITIES IN COMPLIANCE OF NURSING PAIN REASSESSMENT FOR UROGYNECOLOGIC PATIENTS AT A LARGE ACADEMIC HEALTHCARE CENTER

S. Murarka1, E. Holt1, M. Baker1, B. Butler1, Z. Zhao1, R. Adam1. Vanderbilt University Medical Center

Introduction: Racial disparities are unfortunately deeply engrained in our healthcare system, but there is limited literature identifying these inequalities in the management of Urogynecologic patients. When a patient is admitted to the hospital, most of her time is spent interfacing with nursing staff, and the greatest responsibility of direct care falls on the bedside nurse. This includes re-assessment of pain, a metric that can be evaluated for compliance. While it is paramount to continue to examine implicit biases in the clinician-patient relationship, it is also important to recognize disparities and uncover implicit biases that may exist in patient bedside care.

Objective: To assess racial disparities in compliance rates of nursing pain reassessment for Urogynecologic patients in a large academic healthcare center. Secondarily, we aim to identify incongruities in nursing pain reassessment compliance based on patient age, BMI, and insurance type.

Methods: This is a retrospective cohort study of women who were admitted to specific hospital units under the primary care of FPMRS attendings at our large, academic institution between September 2017 and March 2021. Nursing pain reassessment encounters were identified using the quality improvement database, Tableau, and de-identified patient demographic and hospital encounter information was extracted from the electronic medical record. Institutional IRB approval was obtained. Categorical variables were presented using frequencies (percentages) and assessed with \( \chi^2 \) tests, with P < 0.05 denoting statistical significance.

Results: This study includes 1726 nursing encounter records from 203 hospital admissions from 195 patients. Primary analysis revealed 1570 encounters with White patients, 88 with Black patients, and 68 with patients of other racial backgrounds. A sensitivity analysis was performed, excluding encounters with non-White and non-Black patients, and resulting in 1658 nursing encounters from 193 hospital admissions from 186 patients. Noncompliance rates were assessed for each nursing pain reassessment encounter. Nursing noncompliance rates were lower for White patients (10.8%) than Black patients (17.0%) and Other patients (17.6%), but this did not reach statistical significance (P = 0.05 for primary analysis, P = 0.07 for sensitivity analysis). Noncompliance rates were higher for patients with BMI \( \geq 35.0 \) kg/m² than any other BMI group, but this was not significant (P = 0.30, 0.36). Noncompliance rates were higher for the group of patients with private insurance than either the Medicare or Medicaid/other groups, but this also did not achieve statistical significance (P = 0.06, 0.08).

Conclusions: While this study was unable to detect a statistically significant racial discrepancy in compliance rates of nursing pain reassessment for our Urogynecologic patients, it did reveal a clinically significant discrepancy that would likely be magnified with a larger patient sample. The current state of our healthcare system still warrants investigation and work to eradicate racial, ethnic, socioeconomic, and other disparities patients face.
need exists in Urogynecology as well, with these disparities affecting our patients in every aspect and interface of their care – from making the decision to obtain care to receiving clinical attention during the perioperative period. It is our obligation to seek to actively understand, improve upon, and reevaluate implicit biases to provide an excellent, equal, standard of care for all patients.

Disclosure: No

Scientific Salon 254
THE INCIDENCE OF PELVIC AND LOW BACK PAIN IN PATIENTS WITH PELVIC ORGAN PROLAPSE
K. Donaldson1, J. Meilan1, T. Rivers1, K. Rutherford1, K. Shine1, A. Edenfield1, S. Swift2, Medical University of South Carolina2

Introduction: Pelvic organ prolapse (POP) is defined as a quality of life condition and clinically requires the patient to have a compliant of a bothersome noticeable vaginal bulge and on physical exam the finding of a vaginal wall or cervix protruding to or beyond the vaginal opening defined as the hymeneal remnants. Currently, there is little data on incidence of pelvic pain in patients with POP and the influence of POP on these symptoms.

Objective: To define the incidence of pelvic and low back pain in patients with pelvic organ prolapse.

Methods: 55 new patients presenting to the urogynecology clinic for evaluation of pelvic organ prolapse were enrolled in an IRB-approved study to determine the symptomatology of pelvic floor disorders including pelvic and low back pain. Subjects were surveyed using a composite of questions from previously validated questionnaires in the urogynecology literature.

Results: 40% of subjects with newly diagnosed POP endorsed the presence of pelvic pain. Among this subset, 68.2% reported that the onset of pelvic pain coincided with the onset of prolapse. Additionally, 77.3% of these subjects reported pelvic pain worsened by their prolapse. Among patients with pelvic pain, 27.3% qualified their pain as severe. 52.7% of subjects endorsed low back pain with 24% reporting a lot of pain; however, only 27.6% reported that onset coincided with the onset of prolapse and similarly, 20.7% responded that their pain was worsened by prolapse.

Conclusions: While POP is traditionally considered a painless condition, a higher proportion of subjects than expected reported the presence of pelvic pain/back pain. Among patients with pelvic pain, the majority experienced symptom onset with the onset of prolapse as well as a worsening of pain with prolapse. The substantial proportion of subjects categorized their pelvic pain as severe. While a large proportion of subjects reported low back pain; a minority correlated this to their prolapse or described their pain as severe. These findings highlight a higher incidence of pelvic pain than previously described in the literature and challenges the traditional perception of prolapse and suggests that pelvic pain should be discussed with POP patients.

Disclosure: No

Scientific Salon 255
PELVIC FLOOR SYMPTOMS AMONG PREMENOPAUSAL WOMEN PRESENTING FOR PELVIC RECONSTRUCTIVE SURGERY IN DEMOCRATIC REPUBLIC OF THE CONGO
A. Werth1, M. Ntakwinja2, A. Borazjani3, D. Mukwege2, Hartford Hospital1, Panzi General Referral Hospital1, McGaw Medical Center of Northwestern University2, University3

Introduction: Pelvic organ prolapse (POP) may be particularly common in developing countries, owing primarily to high parity. Although Sub-Saharan Africa is a region with high fertility rates (lifetime births per woman), limited information is available about how POP affects the quality of life for this population. Moreover, nearly all studies of POP have focused on postmenopausal women, yet premenopausal women account for a substantial proportion of all prolapse patients in this region.

Objective: To assess pelvic floor symptoms among premenopausal women presenting for POP surgery in Democratic Republic of the Congo (DRC).

Methods: We performed a prospective study of symptomatic premenopausal patients presenting for POP surgery to a large referral hospital for gynecologic care in DRC. POP was assessed using the Pelvic Organ Quantification (POQ) system. Pelvic floor symptoms were evaluated with the validated French-language Pelvic Floor Distress Index-20 (PFDI-20). The PFDI-20 is the sum of three subscales: the Pelvic Organ Prolapse Distress Inventory 6 (POPDI-6), the Colorectal Anal Distress Inventory 8 (CADI-8), and the Urinary Distress Inventory 6 (UDI-6). Demographic data were extracted from patient intake forms.

Results: A total of 107 patients were recruited from April 2019 to December 2021. Of these, 102 (95.3%) had stage III and 5 (4.7%) had stage IV prolapse. Average age was 34.2 ± 6.7 years; 88 (82.2%) of these women were farmers (Table 1). All patients answered each question in the PFDI-20. Mean PF DI-20 score in this population was 109.8 ± 27.6. The most severe sub-scores were in the Prolapse Distress Inventory 6 (POPDI-6) category: 51.6 ± 20.9 (Table 2).

To explore this finding further, we examined details within each subscore (Table 2): over 80% of the women experienced low abdominal pain (n = 88; 82.2%), heaviness or dullness (n = 102; 95.3%), bulging or protrusion of the prolapse (n = 99; 92.5%), and pain or discomfort in the lower abdomen or genital region (n = 87; 81.3%). The score for the Colorectal Anal Distress Inventory 8 (CADI-8) subscale was 24.9 ± 13.6. Over half (n = 63; 58.9%) had to splint to defecate, and over two-thirds (n = 74;
69.2%) had fecal incontinence with flatus. The score for the Urinary Distress Inventory 6 (UDI-6) was 33.3 ± 11.8. Over half (n = 66; 61.7%) reported difficulty emptying completely with voiding, and 47 (43.9%) had to splint to void.

**Conclusions:** These results emphasize the severity of pelvic floor symptoms among premenopausal women presenting for pelvic reconstructive surgery in sub-Saharan Africa. Most of the women are farmers, typically requiring heavy and prolonged physical exertion, so pelvic floor disabilities may impair their ability to provide for their families. Overall, our findings suggest that earlier and more widely available surgical repairs should be a priority for women with POP in the DRC.

**Disclosure:** No

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**Scientific Salon 256
URINARY TRACT INFECTIONS AMONG GENDER DIVERSE PEOPLE ASSIGNED FEMALE AT BIRTH ON TESTOSTERONE
J. Wong1, R. X. Xu1, E. Zartisky1, L. Tucker1, O. Ramm1. Kaiser Permanente Northern California, East Bay1

**Introduction:** According to the U.S. Transgender Survey, 8% of gender diverse people had a urinary tract infection (UTI) in the past year. Testosterone-induced vaginal atrophy has been theorized to increase UTI risk among gender diverse people in a similar fashion to genitourinary syndrome of menopause. Some experts recommend the use of local estrogen to decrease the risk of UTIs among gender diverse people assigned female at birth on testosterone (hereafter abbreviated as GDT). However, estrogen can trigger gender dysphoria and psychological distress, and no evidence exists to support the relationship between testosterone and UTIs among GDT.

**Objective:** To compare the rate of UTI among GDT to an age-matched group of cisgender women (CW) and to identify risk factors associated with UTIs within each cohort.

**Methods:** This is a retrospective cohort study of adults between 01/01/2016 and 12/31/2019 within an integrated healthcare delivery system serving over 4 million members. GDT were included if they had at least 60 days of continuous testosterone use and excluded if they had history of gender-affirming genital surgery, such as urethral lengthening and phalloplasty, which are strongly associated with UTIs. Patients on estrogen during the study period were also excluded. Demographic data were extracted from electronic medical records. GDT were matched 1:1 to CW on age and were followed through 12/31/2020 with censoring at end of testosterone use or membership disenrollment. We compared the rate of UTI (defined by ICD-9/10 diagnosis codes and pharmacy order for antibiotics within 7 days of the diagnosis) between GDT and CW. Unadjusted incidence rate ratios were estimated to evaluate factors associated with UTIs.

**Results:** We identified 2,401 eligible GDT who were age-matched to 2,401 CW with a median follow-up of 8.9 (IQR 3.6-19.9) months. Mean age was 26.8 (SD 10.8) years. There were differences in race/ethnicity and tobacco use between the GDT and CW cohorts. A total of 165 (6.9%) GDT and 181 (7.5%) CW had at least one UTI during follow-up. The mean rate of UTIs among GDT and CW was 0.092 (SD 0.528) and 0.096 (SD 0.534) per year, respectively (P = 0.81) (Table 1). Diabetes mellitus was significantly associated with UTIs in the CW cohort (P = 0.044) but not in the GDT cohort (P = 0.959) (Table 2).

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**Table 1. Patient Demographics and Baseline Clinical Characteristics**

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Overall (n=4,802)</th>
<th>Gender Diverse People Assigned Female at Birth on Testosterone (n=1,441)</th>
<th>Cisgender Women (n=3,365)</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean Age (years)</td>
<td>26.8 (SD 10.8)</td>
<td>26.5 (SD 10.8)</td>
<td>27.0 (SD 10.8)</td>
<td>0.001</td>
</tr>
<tr>
<td>Race/Ethnicity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>2,245 (46.2%)</td>
<td>648 (45.2%)</td>
<td>1,597 (47.3%)</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>1,370 (28.1%)</td>
<td>448 (31.1%)</td>
<td>922 (27.4%)</td>
<td></td>
</tr>
<tr>
<td>Asian/Pacific Islander</td>
<td>1,208 (25.4%)</td>
<td>324 (22.6%)</td>
<td>884 (26.4%)</td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic Asian/Pacific Islander</td>
<td>1,080 (22.5%)</td>
<td>324 (22.6%)</td>
<td>756 (22.4%)</td>
<td></td>
</tr>
<tr>
<td>Diabetes Mellitus</td>
<td>54 (1.1%)</td>
<td>15 (1.1%)</td>
<td>39 (1.2%)</td>
<td>0.036</td>
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</tbody>
</table>

**Table 2. Unadjusted Incidence Rate Ratios for Urinary Tract Infections Overall and Stratified by Gender Identity**

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Overall (n=4,802)</th>
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</tr>
</tbody>
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**Table 3. Unadjusted Incidence Rate Ratios for Urinary Tract Infections Overall and Stratified by Gender Identity**

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<th>Cisgender Women (n=3,365)</th>
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<tr>
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<td></td>
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<td>39 (1.2%)</td>
<td>0.036</td>
</tr>
</tbody>
</table>

*P-Values are reported from t-tests for continuous variables and Pearson Chi-square tests for categorical variables.*
Conclusions: The rate of UTIs among our young cohort of GDT and age-matched CW were similarly low at roughly 0.1 UTIs per year. Diabetes mellitus was significantly associated with UTIs among CW but not GDT. Since UTIs are most commonly ascending infections exacerbated by glycosuria, we hypothesize that decreased penetrative vaginal intercourse balanced with increased hypoestrogenic susceptibility in GDT may have resulted in UTI rates similar to that in CW. Given the multifactorial nature of UTIs, future studies are needed to investigate both behavioral and medical risk factors that could influence UTIs among gender diverse people.

Disclosure: No

Scientific Salon 257
NON-HOME DISCHARGE IN PATIENTS UNDERGOING PELVIC RECONSTRUCTIVE SURGERY: A NATIONAL ANALYSIS
J. Ross1, N. Wood2, A. Simmons2, L. Lua-Maillard1, S. Wallace2, G. Chapman1.
Cleveland Clinic Foundation1, Case Western Reserve University School of Medicine2

Introduction: Discharge to home following surgery has been recognized as a determinant of long-term survival and is a common concern in the elderly population. Given the increasingly aging population and high rates of surgery for pelvic organ prolapse, knowledge surrounding non-home discharge in these patients is an important addition to the literature.

Objective: The objective of this study is to determine the incidence and risk factors for non-home discharge in patients undergoing major surgery for pelvic organ prolapse.

Methods: We performed a retrospective cohort study utilizing the American College of Surgeons National Surgical Quality Improvement Program Database from 2010 to 2018. We included patients who underwent sacrocolpopexy, vaginal colpopexy, and colpocleisis. We excluded those with gynecologic malignancy. We compared perioperative characteristics in patients who were discharged home versus those who were discharged to either a rehabilitation facility, acute care facility, or a nursing home. Stepwise backward multivariate logistic regression was then used to control for confounding variables and identify independent predictors of non-home discharge.

Results: A total of 38,012 patients were included in this study. The rate of non-home discharge was 0.5% (209 patients). Patients with non-home discharge were older (71.1 ± 13.7 years vs 60.4 ± 12.8 years, p < 0.001) (Figure 1), were more likely to be dependent on another for healthcare needs (5.7% vs 0.4%, P < 0.001) and increased rates of comorbidities including hypertension, diabetes, dyspepsia, coagulopathy, congestive heart failure, chronic steroid use, and weight loss (all P < 0.05) (Table 1). Patients with non-home discharge were also more likely to undergo colpocleisis as well as an abdominal approach to hysterectomy or sacrocolpopexy, compared to the laparoscopic approach (P = 0.05) (Table 1). There were no differences in the rates of vaginal colpopexy. After controlling for confounders, independent predictors of non-home discharge included preoperative weight loss (aOR 5.9, 95%CI 1.3-27.5), dependent healthcare status (aOR 5.0, 95%CI 2.6-9.5), congestive heart failure (aOR 4.2, 95%CI 1.1-15.1), abdominal hysterectomy (aOR 2.3, 95%CI 1.4-3.7), ASA class 3 or greater (aOR 2.0, 95%CI 1.5-2.7), age (aOR 1.1, 95%CI 1.05-1.09), operative time (aOR 0.995, 95%CI 0.993-0.996), laparoscopic hysterectomy (aOR 0.6, 95%CI 0.4-1.0), laparoscopic sacrocolpopexy (aOR 0.5, 95%CI 0.3-0.8), Hispanic ethnicity (aOR 0.5, 95%CI 0.2-0.9), and Asian race (aOR 0.1, 95%CI 0.02-0.9) (Table 2). Additionally, patients with non-home discharge were also more likely to experience any postoperative complication (85.6% vs 9.6%, P = 0.001) or death within 30 days of surgery (0.5% vs 0.04%, P = 0.002).

Conclusions: In patients undergoing surgery for pelvic organ prolapse, non-home discharge is associated with various indicators of frailty including age, healthcare independence, and certain comorbidities. An open surgical approach increases the risk of non-home discharge, while a laparoscopic approach is associated with lower risk. Patients who experience non-home discharge have an increased risk of mortality within 30 days of surgery.

Table 1: Univariate comparison of home versus non-home discharge

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Home DC (n=37,803)</th>
<th>Nonhome DC (n=209)</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years</td>
<td>60.4 ± 12.8</td>
<td>71.3 ± 13.7</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>29,086 (78.0)</td>
<td>155 (74.2)</td>
<td>0.34</td>
</tr>
<tr>
<td>Black</td>
<td>2,037 (5.3)</td>
<td>15 (7.2)</td>
<td>0.25</td>
</tr>
<tr>
<td>Hispanic</td>
<td>3,572 (9.5)</td>
<td>9 (4.3)</td>
<td>0.005</td>
</tr>
<tr>
<td>Asian</td>
<td>1,059 (2.9)</td>
<td>1 (0.5)</td>
<td>0.01</td>
</tr>
<tr>
<td>Unknown</td>
<td>5,176 (13.7)</td>
<td>37 (17.7)</td>
<td>0.1</td>
</tr>
<tr>
<td>BMI, kg/m²</td>
<td>28.4 ± 6.0</td>
<td>28.4 ± 8.3</td>
<td>0.49</td>
</tr>
<tr>
<td>Smoker</td>
<td>2,372 (6.5)</td>
<td>10 (4.8)</td>
<td>0.025</td>
</tr>
<tr>
<td>Diabetes</td>
<td>4,059 (10.8)</td>
<td>35 (15.8)</td>
<td>0.03</td>
</tr>
<tr>
<td>Antihypertensives</td>
<td>1,030 (27.9)</td>
<td>15 (7.2)</td>
<td>0.002</td>
</tr>
<tr>
<td>COPD</td>
<td>694 (18.1)</td>
<td>6 (2.9)</td>
<td>0.3</td>
</tr>
<tr>
<td>Coagulopathy</td>
<td>308 [0.8]</td>
<td>6 (2.9)</td>
<td>0.011</td>
</tr>
<tr>
<td>CHF</td>
<td>33 [0.9]</td>
<td>13 [4.4]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Chronic steroid use</td>
<td>734 [1.9]</td>
<td>9 [4.3]</td>
<td>0.088</td>
</tr>
<tr>
<td>Preoperative renal fail</td>
<td>1 [0.003]</td>
<td>0 [0]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Preoperative weight loss</td>
<td>36 [0.9]</td>
<td>2 [0.1]</td>
<td>0.017</td>
</tr>
<tr>
<td>Dependent healthcare needs</td>
<td>156 [0.4]</td>
<td>17 [0.7]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>ASA 3 or greater</td>
<td>9,325 (24.3)</td>
<td>110 [52.6]</td>
<td></td>
</tr>
<tr>
<td>Vaginal hysterectomy</td>
<td>10,726 (28.4)</td>
<td>57 [27.2]</td>
<td>0.72</td>
</tr>
<tr>
<td>Abdominal hysterectomy</td>
<td>1,916 (5.1)</td>
<td>23 [11.0]</td>
<td></td>
</tr>
<tr>
<td>Laparoscopic hysterectomy</td>
<td>11,867 (31.4)</td>
<td>24 [11.5]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Abdominal colpopexy</td>
<td>9,569 (24.3)</td>
<td>83 [15.8]</td>
<td>0.004</td>
</tr>
<tr>
<td>Laparoscopic colpopexy</td>
<td>12,042 (31.9)</td>
<td>30 [14.4]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Intrahepatical colpopexy</td>
<td>11,248 (29.8)</td>
<td>51 [24.4]</td>
<td>0.085</td>
</tr>
<tr>
<td>Extraperitoneal colpopexy</td>
<td>1,082 (24.3)</td>
<td>55 [26.3]</td>
<td>0.5</td>
</tr>
<tr>
<td>Anterior colpomyhpus</td>
<td>13,443 (35.6)</td>
<td>89 [42.6]</td>
<td>0.037</td>
</tr>
<tr>
<td>Posterior colpomyhpus</td>
<td>15,462 (40.9)</td>
<td>105 [48.3]</td>
<td>0.031</td>
</tr>
<tr>
<td>Colpocleisis</td>
<td>2,065 (5.5)</td>
<td>41 [19.6]</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Operative time, minutes</td>
<td>134.2 (98-195)</td>
<td>165.5 [91.5-206]</td>
<td></td>
</tr>
<tr>
<td>Length of stay, days</td>
<td>1.3 (1-1)</td>
<td>3.5 (1-4)</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

Data in bold indicate statistically significant.

Table 2: Stepwise backward multivariate logistic regression to identify predictors of non-home discharge

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>OR</th>
<th>95%CI</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preoperative weight loss</td>
<td>5.9</td>
<td>1.9-27.2</td>
<td>0.024</td>
</tr>
<tr>
<td>Dependent healthcare needs</td>
<td>2.5</td>
<td>1.6-3.9</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>CHF</td>
<td>4.1</td>
<td>1.8-9.5</td>
<td>0.003</td>
</tr>
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<td>2.3</td>
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<td>0.001</td>
</tr>
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<td>2.3</td>
<td>1.5-3.7</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Age</td>
<td>1.1</td>
<td>1.0-1.5</td>
<td>0.04</td>
</tr>
<tr>
<td>Operative time</td>
<td>1.005</td>
<td>1.003-1.006</td>
<td>0.001</td>
</tr>
<tr>
<td>Laparoscopic hysterectomy</td>
<td>0.6</td>
<td>0.4-1.1</td>
<td>0.34</td>
</tr>
<tr>
<td>Laparoscopic colpopexy</td>
<td>0.5</td>
<td>0.3-0.8</td>
<td>0.005</td>
</tr>
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<td>0.3</td>
<td>0.2-0.5</td>
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<td>Asian race</td>
<td>0.1</td>
<td>0.02-0.9</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Abbreviations: CHF, congestive heart failure; ASA, American Society of Anesthesiologists Classification.

Data in bold indicate statistically significant.

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www.fpmrs.net | S151
Disclosure: No

Scientific Salon 258
COST ANALYSIS OF MINIMALLY-INVASIVE SACROCOLOPEXY COMPARED TO NATIVE TISSUE VAGINAL REPAIR IN THE ERA OF ERAS
A. El Haraki1, C. Parker-Autry1, C. Matthews1. Atrium Health Wake Forest Baptist
Introduction: Minimally invasive sacrocolpopexy (SCP) is the gold-standard treatment for patients with apical prolapse and is increasingly used as a primary intervention in women with uterovaginal prolapse. There is a lack of comparative data evaluating costs between SCP versus native tissue vaginal repair in the post-ERAS implementation era.
Objective: The primary aim was to determine the cost difference between performing hysterectomy and minimally-invasive sacrocolposy as compared to vaginal hysterectomy with native tissue vaginal repair for uterovaginal prolapse. We hypothesized that minimally-invasive sacral colpopexy has a higher cost when compared to native tissue repair but when failure rates of native tissue repair approach 15%, costs equilibrate.
Methods: This was a retrospective cohort study at a tertiary care center. The electronic medical record system was queried for women who underwent native tissue vaginal repair or minimally invasive SCP with concomitant hysterectomy for uterovaginal prolapse in calendar year 2021 (post-COVID enhanced recovery after surgery implementation). We excluded all patients who had concomitant colorectal procedures and where billing was not complete or re-imbursement was not received. Hospital charges, direct and indirect costs and operating margin (net revenue minus all costs) were obtained from Strata Jazz and were compared using R statistical program. Net revenue (reimbursement) was directly obtained from the record as the total payment received by the hospital from the payor.
Results: A total of 81 women were included, (33 SCP (25 robotic and 8 laparoscopic) versus 48 native tissue). Payor mix included 27% Medicare, 5% medicaid, 61% employer-based and 7% private insurance. Demographic and surgical data is presented in Table 1. The mean total charge per case for services was higher in the SCP group compared to the vaginal repair group ($119,863 vs. $82,205, P < 0.01). Cost of supplies was more in the SCP group ($4429 vs. $2108, P < 0.01), but the cost of operating room time and staff was similar ($7926 vs. $7216, P = 0.06). Controlling for surgeon, age and BMI, the direct and indirect costs were also higher in the SCP group ($13,649 vs. $10,168, P < 0.01 and $5068 vs. $3958, P < 0.01, respectively). Net revenue was lower for the vaginal repair group compared to the SCP group ($14,614 vs. $31,618, P < 0.01). The operating margin was significantly higher in the SCP group ($11,170 vs. $ 517, P < 0.01). Additionally, there were no significant differences in the net revenue between different payors (P = 0.8997). Same-day discharge and EBL were similar among both groups with operative time being higher in the SCP group (204 vs. 161, P < 0.01). Using the means of the direct costs between groups, a re-operation rate of 25.5% would be needed for the native tissue repair costs to equilibrate to the SCP group. From a hospital perspective, due to the low operating margins experienced with native tissue vaginal repair, 227 native tissue vaginal repairs would need to be performed for the same net return as 10 minimally-invasive SCP.
Conclusions: Vaginal hysterectomy with native tissue repair had lower direct and indirect costs compared to minimally-invasive SCP. However, operating margins are significantly higher for SCP due to net revenue received.
Disclosure: No
COLPODYNAMIC IMAGING: A NOVEL THREE-DIMENSIONAL ULTRASOUND-BASED ASSESSMENT OF VAGINAL CAPACITY AND DISTENSION

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Introduction: Objective, quantitative assessment of vaginal capacity and distension may aid in pessary selection and the design of patient-specific pessaries for women with pelvic organ prolapse (POP). This work presents a novel imaging technique, colpodynamic imaging (CDI), that provides a quantitative evaluation of the vagina under distension. CDI integrates three-dimensional (3D) transintroital ultrasound with a modified urodynamics system to capture vaginal shape, volume, and pressure changes during intravaginal distension with a hypoechoic fluid (e.g., water) (Figure 1).

Objective: To assess the feasibility and preliminary repeatability of CDI.

Methods: Patients using a vaginal pessary for symptomatic POP were recruited for this pilot study. All patients first underwent 3D transperineal ultrasound in the supine position to establish the location of the pubic symphysis, bladder, urethra, rectum, and levator plate. An ultrathin, oversized bag (thermoplastic polyurethane, 0.076 mm wall thickness, Figure 1B) was inserted into the vagina and filled with water through a urodynamics catheter that was part of a modified urodynamics system. A novel bag retention device was placed over the introitus to prevent dislodgement of the bag during filling while providing a window for ultrasound imaging. The total instilled water volume and intravaginal pressure were recorded during filling. At maximum vaginal capacity, indicated by a sensation of vaginal fullness by the patient, 3D transintroital ultrasound of the distended vagina and surrounding pelvic structures was performed. Baseline ultrasound and CDI sequences were performed twice for each patient, two hours apart (Round A and Round B). Using 3D Slicer software, a 3D surface model of the distended vagina was created from each ultrasound scan (Figure 2) and the following measurements were obtained: segmented volume, anterior-posterior diameter, lateral diameter, maximum and minimum diameter, and vaginal length. To assess repeatability between measurements in Round A vs. Round B, the within-subject standard deviation (SD) normalized to the mean was calculated for each measurement.

Results: Sixteen patients with POP completed both rounds of imaging (median age 72 years, range 44-79; median POP quantification stage 2, range 2-3). On 3D transintroital ultrasound, there was sufficient echogenicity of the distended vaginal wall to establish boundaries for 3D surface models of the vagina (Figure 2B-E). The median intravaginal volume and pressure at maximal vaginal capacity were 485 mL and 48 cmH2O, respectively. Between Round A and Round B, normalized within-subject SD was 10% for volume, and 22% for pressure; Bland-Altman plots for individual subjects are shown in Figure 3. The normalized within-subject SD values for vaginal measurements were as follows: anterior-posterior diameter (13%), lateral diameter (3%), maximum diameter (11%), minimum diameter (9%), and vaginal length (9%).

Conclusions: This novel 3D ultrasound imaging technique provides a feasible and reproducible method for characterizing vaginal capacity and distension. CDI has the potential to provide quantitative data to inform the design of customized, patient-specific pessaries.

Disclosure: Yes, this is sponsored by industry/sponsor: Cosm Medical Corp. Clarification: Industry initiated, executed and funded study. Any of the authors act as a consultant, employee, or shareholder of an industry for Cosm Medical Corp.
surgical treatments, limited literature exists to characterize how race, ethnicity, or primary language can impact a patient’s decision or opportunity to undergo surgical treatment for POP. Our tertiary care center provides Urogynecologic care to a unique area of the United States that represents a Hispanic “minority-majority” population. This offers a unique insight to explore predictors of POP surgical conversion rates by patient sociodemographics including race, ethnicity, and primary language spoken.

Objective: We seek to determine if sociodemographic factors including race, ethnicity, and primary language spoken predict receiving surgical treatments for the management of pelvic organ prolapse among a minority-majority Hispanic patient population in a specialized Urogynecologic practice.

Methods: We identified patients who were diagnosed with POP with ICD 10 codes N81.0, N81.10, N81.11, N81.12, N81.2, N81.3, N81.4, N81.5, N81.6, N81.81, N81.82, N81.83, N81.84, N81.85, N81.89, N81.9, and N99.3 at UMH from October 2019 to March 2021 who underwent POP surgery at our Urogynecologic practice at a tertiary care center. Sociodemographic data was collected from the electronic medical records. Clinical covariates were obtained via manual data abstraction. Continuous variables and categorical variables were analyzed using the t test and chi-square test, respectively. For non-parametric data, Wilcoxon rank-sum test was used. A logistic regression model was fitted to identify independent predictors of utilization of surgery. A p-value of <0.05 was considered statistically significant. All analysis was conducted using STATA MP 16.2 (correction station, Texas).

Results: Among 495 POP patients over an 18-month period, 81 (16.37%) underwent prolapse surgical repair. Sociodemographic characteristics by surgical conversion rates are displayed in Table 1. Higher age at initial visit showed lower surgical utilization for POP (adjusted OR 0.85[0.73-0.99]). Race, ethnicity, primary language, insurance type, alcohol use, smoking history, BMI, or compartment of prolapse were not predictors of prolapse surgical intervention. Adjusted odds ratios for each covariate are reported in Table 2.

Conclusions: Our analysis suggests that race, ethnicity, and primary language spoken are not significant predictors of undergoing surgical treatment for POP in a tertiary Urogynecologic specialty practice serving a Hispanic minority-majority population. Previously identified barriers to care including minority status and non-English primary language spoken do not appear to exist in our unique population. As expected, older patients were less likely to receive POP surgical repair. Further understanding of the influence of cultural barriers, such as provider language spoken, on patient-provider relationships and the determination to undergo surgical treatment is warranted.

<p>| Table 1. Sociodemographic characteristics and surgical conversion rates of women with pelvic organ prolapse |</p>
<table>
<thead>
<tr>
<th>Characteristics</th>
<th>No surgery N (%)</th>
<th>Received surgery N (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>414 (83.8%)</td>
<td>71 (14.3%)</td>
<td>0.041</td>
</tr>
<tr>
<td>Age at initial visit (mean [SD])</td>
<td>63.9 (SD 11.6)</td>
<td>62.9 (SD 11.6)</td>
<td>0.051</td>
</tr>
<tr>
<td>Race</td>
<td>White</td>
<td>348 (66.7%) 67 (13.2%)</td>
<td>0.831</td>
</tr>
<tr>
<td>Black</td>
<td>49 (9.8%)</td>
<td>9 (1.9%)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>5 (1.2%)</td>
<td>1 (0.2%)</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>3 (0.6%)</td>
<td>1 (0.2%)</td>
<td></td>
</tr>
<tr>
<td>Ethnicity</td>
<td>Hispanic</td>
<td>286 (56.2%)</td>
<td>54 (11.0%)</td>
</tr>
<tr>
<td>Non Hispanic</td>
<td>177 (35.6%)</td>
<td>14 (2.9%)</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>11 (2.2%)</td>
<td>2 (0.4%)</td>
<td></td>
</tr>
<tr>
<td>Primary Language</td>
<td>English</td>
<td>198 (39.2%)</td>
<td>34 (7.1%)</td>
</tr>
<tr>
<td>Spanish</td>
<td>242 (48.3%)</td>
<td>47 (9.9%)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>5 (1.0%)</td>
<td>0 (0.0%)</td>
<td></td>
</tr>
<tr>
<td>Insurance type</td>
<td>Medicare</td>
<td>44 (85.7%)</td>
<td>43 (90.2%)</td>
</tr>
<tr>
<td>Private/commercial</td>
<td>52 (10.0%)</td>
<td>9 (1.9%)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2 (0.4%)</td>
<td>0 (0.0%)</td>
<td></td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<p>| Table 2. Multivariate regression of surgical conversion for patients with pelvic organ prolapse |</p>
<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Adjusted OR</th>
<th>95% CI</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age at Initial visit</td>
<td>0.65</td>
<td>0.59-0.72</td>
<td>0.046</td>
</tr>
<tr>
<td>Compartments (anterior)</td>
<td>0.23</td>
<td>0.036-0.92</td>
<td>0.047</td>
</tr>
<tr>
<td>Apical prolapse - yes</td>
<td>0.57</td>
<td>0.31-1.08</td>
<td>0.106</td>
</tr>
<tr>
<td>Anterior and apical</td>
<td>1.29</td>
<td>0.65-2.56</td>
<td>0.570</td>
</tr>
<tr>
<td>Race (ref=White)</td>
<td>1.15</td>
<td>0.63-3.07</td>
<td>0.829</td>
</tr>
<tr>
<td>Primary language</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spanish</td>
<td>1.27</td>
<td>0.8-1.98</td>
<td>0.314</td>
</tr>
<tr>
<td>Insurance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Commercial/Private</td>
<td>0.66</td>
<td>0.21-3.06</td>
<td>0.168</td>
</tr>
<tr>
<td>Ethnicity (ref=Non Hispanic)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>2.79</td>
<td>0.94-8.61</td>
<td>0.056</td>
</tr>
<tr>
<td>BMI (ref=Normal)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Underweight</td>
<td>9.00</td>
<td>0.004-54.4</td>
<td>0.009</td>
</tr>
<tr>
<td>Overweight</td>
<td>9.79</td>
<td>0.02-324.6</td>
<td>0.003</td>
</tr>
</tbody>
</table>

 Disclosure: No
seeking surgical treatment for prolapse. Women with advanced prolapse may choose to undergo obliterative vaginal surgery for many reasons, including shorter operative time, lower blood loss, faster recovery, and higher long-term success rate compared to reconstructive vaginal surgery. Obliterative vaginal surgery may also be considered a good option for women who are medically frail with an increased risk of surgical complications. We have traditionally responded to peri-operative medical frailty by increasing length of hospitalization despite the increased risk of deconditioning, nosocomial infection, and isolation from familiar surroundings that can impact cognitive status. Citations: 1. Bureau, US Census. ‘2017 National Population Projections Tables: Main Series.” Census.gov, 8 Oct. 2021, https://www.census.gov/data/tables/2017/demo/popeproj/2017-summary-tables.html.

Objective: The objective of this study was to evaluate the safety of Same-Day Discharge (SDD) after obliterative vaginal surgery.

Methods: This is a retrospective review of women who underwent obliterative vaginal surgery for the treatment of pelvic organ prolapse between 5/2015-11/2020 at a single institution across two clinical sites. Cases were identified using CPT codes and verified to be consistent with LeFort colpocleisis (LC) or Total Colpocleisis of the vaginal vault (TC) by chart review. Patient demographics, operative characteristics, medical history, and peri-operative data were extracted from the medical records. Frailty scores were calculated using the NSQIP-FI with a score of 0.18 or higher indicating frailty. Primary outcomes were identified as post-operative complication rate, same-day discharge, and prolapse recurrence. Comparisons were performed using chi-square, Fisher’s exact test, Wilcoxon rank test, and odds ratios as appropriate.

Results: 197 patients met inclusion criteria; 99 (50.25%) underwent LC and 98 (49.75%) underwent TC. Concomitant procedures included: 11% midurethral sling, 36% posterior colporrhaphy & perineoplasty, and 1% transurethral bulking agent. 68% of LC patients and 73% of TC patients were discharged home on the day of surgery (P = 0.4). An elevated frailty index (FI) was found in 46.2% of all patients: 45 (45.5%) of LC patients and 46 (46.9%) of TC patients. Of those who underwent SDD, 40.3% were frail, whereas, 60.3% of those admitted overnight were frail. There was no significant difference between frail and non-frail patients in 30-day complication rate, readmission, ED evaluation, or death. Further, SDD was inversely associated with older patients (OR 0.927 (95% CI 0.885-0.971)), higher EBL (OR 0.996 (95% CI 0.993-0.999)), and elevated frailty index (OR 0.419 (95% CI 0.223-0.788)).

Conclusions: There is no increased risk to patients who undergo SDD after obliterative vaginal surgery when compared to patients that are admitted for inpatient care. Increased peri-operative medical frailty should not exclusively be responded to with inpatient hospitalization after colpocleisis.

Disclosure: No

Scientific Salon 264

DEVELOPMENT AND VALIDATION OF MACHINE LEARNING ALGORITHMS FOR PREDICTING RING PESSARY SIZE IN PATIENTS WITH PELVIC ORGAN PROLAPSE

A. Eltahawi1, C.X. Hong2, J. Pizarro-Berichewsky3, M. Robert4, R.Y. Cheung5, G. Ameri1, A. Borzajani6, Cosm Medical7, University of Michigan8, Hospital Sótero del Río9University of Calgary10, Prince of Wales Hospital11, Northwestern University12

Introduction: Vaginal pessaries are a cost-effective and low-risk treatment option for patients with symptomatic pelvic organ prolapse (POP). There have been prior attempts to predict pessary size and type based on clinical POP quantification (POP-Q) exam measurements using logistic regression, but pessary fitting remains a trial-and-error process. Machine learning (ML) algorithms, a subset of artificial intelligence, have the potential to generate superior prediction models that, when applied to pessary selection, could reduce the number of fitting attempts and time to effective treatment.

Objective: Our primary objective was to predict the size of ring pessaries worn by patients with POP using ML models. Our secondary objective was to compare the accuracy of the ML models to logistic regression models and occurrence-based random selection.

Methods: Predictive models were developed using combined retrospective and prospective datasets of patients with POP that consistently reported ring pessary size and success following fitting at three clinical sites worldwide (Hong Kong, Canada, and Chile). Patients were included in the analysis if they were successfully fitted with a ring pessary and continued pessary use for at least one year. Our primary outcome was the size of the ring pessary used. The ring pessary diameter was used to group pessaries into 10 discrete sizes (e.g., ring size #1-10), the most common size scale in our cohort. POP-Q exam measurements and ratios between measurements (e.g., genital hiatus/total vaginal length) were used as predictor variables. We developed two ML models using random forest (RF) and extreme gradient boosting (XGBoost) algorithms and one traditional statistical model using logistic regression. We also developed a model using occurrence-based random selection (i.e., selecting a pessary size solely based on the known distribution of sizes). The data was randomly split into 70% and 30% for training and testing the ML models, respectively. The accuracy of the models was assessed for one prediction and two predictions. Results: A total of 694 patients using ring pessaries met inclusion criteria for this study. The distribution of fitted pessary sizes is shown in Figure 1. The RF model had the best accuracy for one and two predictions (33% and 48%, respectively) followed by the XGBoost model (30% and 47%, respectively) (Table 1). Both ML models had a higher accuracy for one and two predictions compared to logistic regression (20% and 43%, respectively) and occurrence-based random selection (17% and 41%, respectively). In assessing accuracy after one prediction, logistic regression had only 18% improvement over occurrence-based random selection,
whereas RF and XGboost models had 94% and 76% improvement, respectively. All models showed an expected improvement in accuracy with two predictions.

**Conclusions:** Machine Learning models are more accurate than statistical models and occurrence-based random selection in predicting the size of ring pessaries among pessary users, demonstrating the potential of ML techniques to improve upon empiric pessary selection. Nevertheless, prediction accuracy based solely on POP-Q measurements remains poor. Additional predictors, such as vaginal width or capacity, are likely to improve the predictive ability of ML models.

**Disclosure:** Yes, this is sponsored by industry/sponsor: Cosm Medical Corp. Clarification: Industry initiated, executed and funded study. Any of the authors act as a consultant, employee or shareholder of an industry for: Cosm Medical.

**Scientific Salon 265**

**PROLAPSE, PELVIC PAIN AND PELVIC FLOOR MUSCLE DYSFUNCTION**

A. Gore\(^1\), K. Kenne\(^1\), J. Kowalski\(^1\), C. Bradley\(^1\). *University of Iowa Hospitals and Clinics*

**Introduction:** Recent studies suggest pelvic pain may occur more often than previously thought in patients with pelvic organ prolapse (POP), and pelvic floor muscle dysfunction (PFMD) may occur in some women with POP. PFMD, a cause of pelvic pain, is understudied, and its associations with POP and POP treatment outcomes are poorly understood.

**Objective:** Our aims were to characterize pelvic pain in women presenting for POP treatment, determine if pain is associated with PFMD, and to identify whether pelvic pain improves one year after POP treatment in women with and without PFMD. We hypothesized that among treatment-seeking POP patients, those with PFMD are more likely to report pelvic pain and less likely to have pain improve after POP treatment.

**Methods:** We conducted an ambispective cohort study of women enrolled at one site of a national, multicenter POP treatment registry. Registry data (clinical and patient-reported outcomes) were collected prospectively at baseline and after treatment. Retrospectively, the presence of baseline pain conditions, treatments, and a pelvic floor muscle exam were obtained from the medical record. PFMD was identified if tenderness was reported on a standardized pelvic floor muscle examination performed prior to treatment. The primary outcome was a pelvic pain questionnaire that assessed pain in the past 24 hours in 7 locations (each rated 0-10) in the pelvic region and lower extremities (score range 0-70). Secondary pain outcomes included individual items from the Pelvic Floor Distress Inventory Short Form (PFDI-20; responses dichotomized as at least moderately bothersome or not) and Global Health Scale (GHS; overall body pain, range 0-10). Change in outcome was calculated as 12-month post-treatment minus baseline score. Bivariant within and between group comparisons were performed.

**Results:** 158 women planning surgery (138) or pessary (20) treatment enrolled. Twenty (12.6%) had PFMD at baseline. Those with PFMD (vs no PFMD) were younger (mean 55.7 vs. 64.5 years), more likely to have prior chronic pain diagnoses and report regular use of pain medication (Table). Women with PFMD vs no PFMD had greater baseline pelvic pain score (median (IQR), 9.7 (4-23) vs. 3 (0-7), \(P = 0.0008\); at least moderately bothersome lower abdomen/genital pain (11 (55%) vs. 27 (19.6%), \(P = 0.0044\); and overall pain (4 (3-6) vs. 2 (0-3), \(P = 0.0002\). Pelvic pressure and heaviness did not differ by group (Table). 134 women (116 surgery, 18 pessary) had 12-month post-treatment outcomes. All pain outcomes improved after treatment (Table). Women with PFMD at baseline had greater improvement in pelvic pain score compared to those without PFMD (-6.5 (-15.2-0) vs. 0 (-3-0), respectively, \(P = 0.03\); Figure). Post-treatment pelvic pain scores were not significantly different in the PFMD vs no PFMD group (3 (0-12) vs. 0 (0-4), \(P = 0.18\). Overall body pain improved slightly after treatment in the no PFMD group but not in the PFMD group.

**Conclusions:** Patients with POP and PFMD report more pelvic pain than those without PFMD. Contrary to our hypothesis, pelvic pain scores improved in patients with POP and PFMD 12 months after POP treatment. These findings will help surgeons better counsel patients about changes in pain after POP treatment.

**Disclosure:** No
prolapse due to greater load on the pelvic support structures. Apical suspension procedures are performed to restore normal anatomic position and should be performed at the time of minimally invasive hysterectomy (MIH) performed for prolapse. Preoperative pelvic examination includes assessment of uterine size for surgical planning for hysterectomy. Association between uterine weight and concomitant apical suspension during MIH is poorly understood.

Objective: To determine if uterine weight is associated with the likelihood of patients undergoing a concomitant apical suspension procedure at the time of MIH.

Methods: We performed an IRB-approved retrospective cohort study of women who underwent MIH in an academic hospital system from 2014-2021. Patients were identified via CPT codes for MIH: vaginal, laparoscopic-assisted vaginal, and laparoscopic which included robotic. Patients with a gynecologic malignancy were excluded. Patient demographic characteristics and conditions that impact uterine weight and risk of POP were examined. Indications for hysterectomy were obtained via ICD-10 codes. Uterine weight was obtained from pathology reports. The primary outcome was performance of an apical suspension procedure (sacrocolpomy, uterosacral ligament suspension, sacrospinous ligament suspension, or McCall culdoplasty) at the time of MIH. Univariable analysis was performed using non-parametric testing when appropriate for demographic and clinical variables. Multivariable regression was used to determine predictors of apical suspension during MIH. Univariable analysis was performed on sub-analysis of ascending uterine weight categories to determine the existence of inflection point in likelihood of concomitant apical suspension. Statistical analyses were performed using STATA v15.0 (College Station, TX).

Results: 2302 patients were identified; 1795 underwent MIH alone [78%] and 507 underwent concomitant apical suspension [22%]. Women of older age, white race, higher parity, and those with POP were more likely to undergo apical suspension during MIH (P < 0.001). Black women, obese women, and those who used tobacco were less likely to undergo concomitant apical suspension (p < 0.001). Women with leiomyomata, abnormal uterine bleeding, and higher uterine weight were more likely to undergo MIH alone (P < 0.001, Table 1). In multivariable regression, menopausal status and parity were correlated with apical suspension during MIH (P < 0.001); black race and uterine weight were negatively correlated (P = 0.01 and P < 0.001, respectively, Table 2). Significant differences existed in the proportion of concomitant apical suspensions across ascending uterine weight categories with greater proportions at lower uterine weights and no suspensions in uteri over 550 grams (P < 0.001, Figure 3).

Conclusions: Menopausal and parous women were more likely to undergo concomitant apical suspension at the time of MIH. Black women and those with higher uterine weight were less likely to undergo concomitant apical suspension. Most suspensions were performed in women with smaller uteri and trended down with increasing weight with none performed in uteri over 550 grams. Further study is necessary to determine the nature of the association between increasing uterine weight and lower likelihood of apical suspension during MIH.

Disclosure: No
not statistically significant, these women spend almost a third of their lives carrying water from distant locations such as rivers, tube wells, and boreholes (Fig. 1). The familial association with increased POP may reflect the impact of social determinants of health, social networks on health information, health-seeking behaviour, or inherited tissue disorders. Further work around improving access to WASH, is required to reduce the burden of early onset of POP in younger-aged women in these communities.

Disclosure: No

<p>| Table 1 Differences in Risk Factors Amongst POP Positive(+) and POP negative(-) Women |
|-----------------------------------|------------------------------|-----------------|---------------|</p>
<table>
<thead>
<tr>
<th></th>
<th>POP +ve</th>
<th>POP -ve</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prevalence, % (n)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Age, mean (SD)</td>
<td>38.9 (15.0)</td>
<td>40.2 (15.2)</td>
<td>0.1</td>
</tr>
<tr>
<td>BMI, mean (SD)</td>
<td>20.3 (2.8)</td>
<td>22.6 (3.1)</td>
<td>0.03</td>
</tr>
<tr>
<td>Literacy, n(%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cannot read at all</td>
<td>35/82</td>
<td>37/72</td>
<td>0.8</td>
</tr>
<tr>
<td>Able to read only par</td>
<td>4/8</td>
<td>4/7</td>
<td></td>
</tr>
<tr>
<td>Able to read the whole</td>
<td>2/10</td>
<td>9/14</td>
<td></td>
</tr>
<tr>
<td>Where is that water source located, n(%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In own dwelling</td>
<td>47/10.0</td>
<td>10/20.8</td>
<td>0.1</td>
</tr>
<tr>
<td>In own yard plot, elsewhere</td>
<td>26/7.6</td>
<td>9/26.7</td>
<td></td>
</tr>
<tr>
<td>Number of prior pregnancies, mean (SD)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Piped into yard plot</td>
<td>5/8.3</td>
<td>5/8.3</td>
<td>0.8</td>
</tr>
<tr>
<td>Public tap water</td>
<td>8/15.2</td>
<td>9/15.8</td>
<td></td>
</tr>
<tr>
<td>Tube well or borehole</td>
<td>4/8.3</td>
<td>6/11.8</td>
<td></td>
</tr>
<tr>
<td>Protected well</td>
<td>26/42.3</td>
<td>23/36.3</td>
<td></td>
</tr>
<tr>
<td>Unprotected well</td>
<td>10/2.8</td>
<td>9/1.9</td>
<td></td>
</tr>
<tr>
<td>Rainwater</td>
<td>17/3.5</td>
<td>14/3.9</td>
<td></td>
</tr>
<tr>
<td>Surface water (river)</td>
<td>5/5.1</td>
<td>8/1.7</td>
<td></td>
</tr>
<tr>
<td>Drinking water (river)</td>
<td>17/3.5</td>
<td>14/3.9</td>
<td></td>
</tr>
<tr>
<td>Number of prior pregnancies, mean (SD)</td>
<td></td>
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<td>Number of prior pregnancies, mean (SD)</td>
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<tr>
<td>Number of prior pregnancies, mean (SD)</td>
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<td></td>
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<tr>
<td>Total time spent carrying water/week (mean)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Constipation, n(%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>2/1</td>
<td>3/6</td>
<td>0.07</td>
</tr>
<tr>
<td>No</td>
<td>2/1</td>
<td>3/6</td>
<td></td>
</tr>
<tr>
<td>Cough, n(%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>3/10</td>
<td>5/21</td>
<td>0.42</td>
</tr>
<tr>
<td>No</td>
<td>4/10</td>
<td>6/49</td>
<td></td>
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</tbody>
</table>

Scientific Salon 268

IMPACT OF PAIN CATASTROPHIZING ON PELVIC FLOOR SYMPTOMS AND FUNCTION IN WOMEN UNDERGOING PELVIC FLOOR SURGERY


Introduction: Personality, experience, and medical/psychosocial comorbidities may impact intensity, duration, and management of pain and discomfort. Pain catastrophizing is an important component of the patient experience and is not accurately assessed by a surgeon’s clinical judgement alone. Pain catastrophizing has been shown to predict poorer response to treatment of endometriosis and persistent pain as well as reduced quality of life in chronic pain syndromes. Further, it has been shown to affect opioid consumption and pain following orthopedic surgery. However, little is known about the impact of pain catastrophizing on pelvic floor symptom bother and voiding function following urogynecologic surgery. Pain catastrophizing may influence established pelvic floor symptom bother indices and provide another domain which can be evaluated to characterize the patient experience and understand the way individuals perceive and cope with symptom distress at baseline and in the perioperative setting.

Objective: To assess the impact of preoperative pain catastrophizing on preoperative pelvic floor symptom bother as well as postoperative voiding function in women undergoing pelvic floor surgery.

Table 1 - Baseline Clinical Demographic and Surgical Characteristics of Study Populations

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Total</th>
<th>PCS-10</th>
<th>PCS-24</th>
<th>p*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Participants, n(%)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>322 (100)</td>
<td>48 (15.0)</td>
<td>27 (8.4)</td>
<td>0.01</td>
</tr>
<tr>
<td>Black or African American</td>
<td>39 (12)</td>
<td>5 (15)</td>
<td>9 (28)</td>
<td>0.23</td>
</tr>
<tr>
<td>White</td>
<td>273 (85)</td>
<td>43 (15)</td>
<td>24 (7)</td>
<td>0.01</td>
</tr>
<tr>
<td>Hispanic, n(%)</td>
<td>14 (4)</td>
<td>2 (6)</td>
<td>12 (37)</td>
<td>0.03</td>
</tr>
<tr>
<td>Current Smoker, n(%)</td>
<td>35 (11)</td>
<td>5 (15)</td>
<td>30 (93)</td>
<td>0.03</td>
</tr>
<tr>
<td>Diabetes Mellitus, n(%)</td>
<td>33 (10)</td>
<td>5 (15)</td>
<td>28 (90)</td>
<td>0.03</td>
</tr>
<tr>
<td>Chronic Opioid Use, n(%)</td>
<td>39 (12)</td>
<td>7 (15)</td>
<td>32 (86)</td>
<td>0.03</td>
</tr>
<tr>
<td>Anxiety Disorders, n(%)</td>
<td>66 (21)</td>
<td>13 (20)</td>
<td>53 (79)</td>
<td>0.02</td>
</tr>
<tr>
<td>Depression, n(%)</td>
<td>55 (17)</td>
<td>13 (20)</td>
<td>42 (80)</td>
<td>0.01</td>
</tr>
<tr>
<td><strong>Surgery, n(%)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pelvic Surgery</td>
<td>113 (35)</td>
<td>16 (15)</td>
<td>97 (86)</td>
<td>0.05</td>
</tr>
<tr>
<td><strong>Preoperative Pain, n(%)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>VAS</td>
<td>3.6 (3.0)</td>
<td>3.1 (3.0)</td>
<td>3.8 (3.2)</td>
<td>0.01</td>
</tr>
<tr>
<td><strong>FOPQ, median (IQR)</strong></td>
<td></td>
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<tr>
<td>FOPQ, median (IQR)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
</tr>
<tr>
<td><strong>Postoperative Pain, n(%)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>VAS</td>
<td>3.6 (3.0)</td>
<td>3.1 (3.0)</td>
<td>3.8 (3.2)</td>
<td>0.01</td>
</tr>
<tr>
<td><strong>FOPQ, median (IQR)</strong></td>
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</tr>
<tr>
<td>FOPQ, median (IQR)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
<td>1.7 (0.8-3.0)</td>
</tr>
</tbody>
</table>

Note: * p<0.05

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Methods: Women undergoing urogynecologic surgery 03/2020 to 12/2021 were included in this retrospective cohort study. Subjects completed pain catastrophizing scale (PCS, score range 0 to 52) at preoperative visit. Pain catastrophizing was defined as PCS ≥ 30. Women also completed the Pelvic Floor Impact Questionnaire Short Form (PFIQ-7) as well as the Pelvic Floor Distress Inventory-20 (PFDI-20). Standardized voiding trial (VT) was performed postoperatively where failure was defined as inability to void ≥2/3 of an instilled maximum tolerated volume (≤300 mL). Linear regression models were used to assess the association between pain catastrophizing and pelvic floor symptom bother (UIQ, CRAIQ, POPIQ, and PFDI-20), and logistic regression for the association with VT failure. Covariates were selected based on clinical relevance or statistical significance at P < 0.1 on bivariate analysis. Significance level was set at 0.05.

Results: 320 women were included with mean age 60 ± 12.8 years, 87% White, and mean BMI 29 ± 7 kg/m2. 46/320 (14%) had PCS ≥ 30. Mean PCS in the pain catastrophizing group was 39 ± 5.4 versus 7.7 ± 8.3 in the low PCS group (P < 0.01). Baseline and perioperative characteristics did not differ between groups except for PCS ≥ 30 group having higher BMI compared to those with low PCS (33.1 ± 12.4 vs 28.7 ± 5.5 (P < 0.01). Women with PCS ≥ 30 had significantly greater bother measured by the PFDI-20 (154.1 ± 58.1 vs 109.1 ± 62.0, P < 0.01) as well as all PFIQ-7 subscales (UIQ 66.7 ± 28.6; CRAIQ 33.3 vs 0; POPIQ 69.0 vs 9.5, P < 0.01; Table 1). These differences exceed the minimal important difference for PFDI-20 and the associations remained significant after controlling for age, race, BMI, tobacco use, diabetes, anxiety, depression, and prolapse stage. The model for UIQ was also controlled for preoperative stress or urgency incontinence (PFDI-20, POPIQ, UIQ; P < 0.01). Failure of postoperative VT did not differ between groups with vs without pain catastrophizing adjusted for the aforementioned covariates (29 vs 29%, aOR 0.78 [95%CI 0.35, 1.74]).

Conclusions: Preoperative pain catastrophizing is associated with validated measures of pelvic floor distress and impact but not with immediate postoperative voiding function as assessed by a standardized voiding trial.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Data Safety Monitoring Board - Bluewind, Allergan

Scientific Salon 269
PECTINEAL COLPOPEXY AND HYSTEROPEXY: THE FIRST THIRTY CASES
A Tigner1, V Wing1, J Heusinkveld1. University of Arizona/Banner Health1

Introduction: Laparoscopic sacral colpopexy produces excellent results for most patients, but some patients have contraindications. Laparoscopic pectineal suspension, or pectopexy, is a new technique for apical prolapse repair that avoids dissection into and placement of mesh in the posterior pelvis. In an RCT, pectopexy produced equivalent results to sacral colpopexy with fewer postoperative bowel symptoms. We introduced pectopexy in our practice two years ago as an alternative for patients with contraindications to sacral colpopexy including pelvic adhesions, colonic disease, high risk of bleeding, and intolerance of steep Trendelenburg position.

Objective: To compare the operative outcomes of the first 30 laparoscopic pectopexies at our institution with our historical data for sacral colpopexy.

Methods: Under an IRB-approved protocol, charts of all patients undergoing pectopexy at our hospital were reviewed. Data including prolapse stage, operative time, complications, and outcomes were extracted. These data were compared with a larger historical data set for sacral colpopexy.

Results: The first 30 cases of pectopexy performed from 2019 through 2021 were reviewed. The average follow up was 45 days. Patient characteristics were similar to the historical sacrocolpopexy cohort (Table 1). Patients had stage II to IV prolapse, predominantly stage III. There were no serious adverse events. There were no cases of objective failure; one patient underwent reoperation for a rectocele that was not thought significant at the time of her original surgery. The overall complication rate including reoperation was similar to historical data (10% vs 14.8%, P = 0.418), as were operative times, blood loss, and individual complications (Table 2).

Conclusions: Laparoscopic pectopexy produced similar results to sacral colpopexy in a group of patients with relative contraindications to sacral colpopexy. By adding it to our practice we have been able to offer the excellent outcomes typical of sacral colpopexy to a larger group of patients, and we have been able to avoid converting any laparoscopic operations to laparotomy due to adhesions.

Disclosure: No
Scientific Salon 270
A TRANSVAGINAL PERCUTANEOUS BILATERAL SACROSPINOUS HYSTEROPEXY FOR TREATMENT OF UTERINE PROLAPSE IN YOUNG WOMEN

M. Ben Zvi1, V. Lucente2, A. Tsivian3, M. Neuman4. 
UCLH1, St. Luke’s University Health Network2, Edith Wolfson Medical Center3 Ben Gurion University of the Negev4

Introduction: Younger women are more receptive to alternative choices for treatment of their pelvic health conditions. It is well established that this younger group of patients seek out alternatives choices to traditional approaches of both non-surgical and surgical management of medical conditions. There is also a continued trend toward more and more minimally invasive approaches when surgical treatment is indeed pursued. For reconstructive surgeries, durability has often been the central focus for physician providers, yet often patients themselves are more or equally interested in the experiential aspects of the surgical care, such as; post-operative discomfort, recovery, and duration of time to normal activity and exercise. In addition, young women are more often to desires uterine preservation when undergoing surgical correction of their pelvic organ prolapse. Although there are many various traditional surgical procedures utilizing both abdominal and vaginal approaches for correction uterine prolapse repair, most involve deep pelvic dissection, general anesthesia, and in selected cases mesh implants. Hysterectomy has historically been performed concomitantly with pelvic reconstruction. However, more recent evidence based data exist that favours surgical management by sacrospinous hysteropexy versus hysterectomy when performing pelvic reconstructive surgery. This uterine preserving technique has been associated with decreased blood loss, shorter operative times, similar anatomic outcomes with less anatomical recurrences of the apical compartment, or need for repeat surgery. Thus, fixing the cervix to the sacrospinous ligament may offer a simple, safe and durable outcome, especially if it can be performed percutaneously through the vagina.

Objective: To demonstrate an alternative minimally invasive, mesh free bilateral sacrospinous ligament fixation (SSLF) hysteropexy for the management of symptomatic uterine prolapse in young women desiring surgical treatment (EnPlace™ Fig1).

Methods: The study population consisted of 17 women aged from 33-45 years old with stage 2-3 symptomatic uterine prolapse who were seeking surgical treatment. The study patients underwent surgical repair using the EnPlaceTM device. Operative results and postoperative follow up Pelvic Organ Prolapse Quantification results were recorded.

Results: Twelve patients presented for initial post-operative follow up. Mean age of patients was 40.7 (33-45). Patient’s characteristics are described in Table-1. Mean operating time was 33 minutes. Mean blood loss was 32 ml. The C point average on POP-Q examination was -5. Overall patients’ satisfaction rate from the surgery was 92.5 (of 100). All patients were discharged on the operative day except one that went home the following day. No short-term complications occurred. Post-operative outcomes are described in Table-2.

Conclusions: Minimally invasive bilateral sacrospinous hysteropexy with the with the EnPlaceTM device provides a safe and alternative approach for the management of uterine prolapse in young women that wish to preserve their uterus.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Menahem Neuman is Founder and Medical Director of FEMselect
Scientific Salon 271
DOES AVULSION LEAD TO EARLIER PRESENTATION FOR SYMPTOMS OF PELVIC ORGAN PROLAPSE?
H.P. Dietz1, K.L. Shek2, Sydney Urogynaecology Centre1, Western Sydney University2

Introduction: Pelvic floor damage at vaginal birth is a central factor in the aetiology of female pelvic organ prolapse (POP). While prolapse also occurs in nulliparous, early presentation with symptoms of prolapse may be a marker for birth trauma.

Objective: To compare the latency between first vaginal delivery and onset of POP symptoms in women with intact levator ani and those with partial, unilateral and bilateral complete avulsion.

Methods: This was a retrospective study of 934 women attending a tertiary urogynaecology unit for symptoms of pelvic floor dysfunction between 2/19 and 11/21. All underwent a history, clinical POPQ examination and tomographic ultrasound imaging for pelvic floor assessment as standardised by IUGA. Patients were asked to define the time since first onset of POP symptoms. ‘Significant prolapse on examination’ was defined as Ba = -1 or higher, C = -4 or higher, and Bp = -1 or higher. Stored ultrasound volume data were analysed at a later date to score levator trauma as full unilateral or bilateral avulsion, or as partial trauma. Our null hypothesis was: Pelvic floor trauma is not associated with onset of prolapse symptoms as defined by patient age at onset or time since the first vaginal delivery.

Results: 934 women were seen during the inclusion period. Mean age at assessment was 58 (20-95), mean BMI 30 (17-65). 677 (73%) presented with stress urinary incontinence, 686 (74%) with urgency urinary incontinence and 497 (53%) with POP symptoms at a mean bother of 6.5 (0-10). Patients had suffered from such symptoms for an average of 6.9 (0-50) years. Age at onset was on average 50.9 (17-85) years, with a latency of 25.9 (0-62.8) years since the first vaginal birth. 829 (89%) had given birth vaginally, and 226 (24%) reported both vaginal and cesarean routes. 829 (89%) had given birth vaginally, and 226 (24%) reported both vaginal and cesarean routes.

Conclusion: Despite gynecologists performing more apical suspensions, immediate complication rates did not differ. Disclosure: None.

Scientific Salon 272
DIFFERENCES IN PRACTICE PATTERNS OF VAGINAL NATIVE TISSUE REPAIR PROCEDURES FOR PELVIC ORGAN PROLAPSE BETWEEN UROLOGISTS AND GYNECOLOGISTS
R. Dutta1, C. Matthews2, Wake Forest Baptist Health1, Wake Forest School of Medicine2

Introduction: Pelvic organ prolapse (POP) is treated by both urologists and gynecologists by vaginal approach. Isolated anterior compartment repair (AR) without concurrent apical suspension (ApS) is commonly performed despite being a known risk factor for POP recurrence.

Objective: We sought to better understand practice pattern differences between specialties treating POP.

Methods: We queried the prospectively collected American College of Surgeons National Surgical Quality Improvement Program (ACS-NSQIP) database for women who underwent vaginal POP repairs (CPT 57240, 57260, 57265, 57268, 57282, 57283) over a 5-year period by urology versus gynecology designated surgical specialty. We analyzed the relationships between surgical specialty, vaginal repair procedures, operative details, and 30-day post-operative complications.

Results: Between 1/2015 and 12/2019, we included 14,423 women who underwent POP repair, 90% performed by gynecology and 10% by urology. Patients operated on by urologists were slightly older (65.4 vs 63.1 years) and had higher American Society of Anesthesiologists scores (34% vs 27% ASA III) (P = 0.05). Concurrent urethral sling placement was performed in 27% of patients, with no difference between specialties in rates of concomitant sling placement regardless of POP repair type (P = 0.05). There were no differences in any of the 30-day complications listed above between specialties in cases where a concurrent urethral sling was placed (P = 0.05).

Conclusions: Urologists perform a minority of vaginal pelvic organ prolapse repairs and were more likely to perform an isolated anterior repair than gynecologists. The absence of concurrent apical suspension may increase the rates of prolapse recurrence. Despite gynecologists performing more apical suspensions, immediate complication rates did not differ.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Grant support and consultant from Boston Scientific; expert witness Johnson & Johnson.

Table 1: Assortations between no, partial, unilateral and bilateral avulsion on the one hand and onset of POP symptoms (n=459). *ANOVA P=0.003

Scientific Salon 273
TRENDS IN VAGINAL NATIVE TISSUE VS ABDOMINAL MESH AUGMENTED REPAIR FOR APICAL PELVIC ORGAN PROLAPSE BETWEEN UROLOGISTS AND GYNECOLOGISTS OVER 10 YEARS
R. Dutta1, C. Matthews2.

Introduction: A principal criticism of anterior vaginal wall prolapse repair is the risk of recurrence. While the long-term outcomes of apical repair using abdominal mesh are supported by existing evidence, there is limited evidence comparing abdominal mesh and vaginal native tissue repair (AVNTR) approaches.

Objective: To better understand surgical practice patterns between urology and gynecology.

Methods: We analyzed the relationships between surgical specialty, vaginal repair procedures, operative details, and 30-day post-operative complications.

Results: The total number of POP repairs per specialty per year was 53% AVNTR, 47% ASCP (P = 0.003). While AVNTR cases increased over time, abdominal sacrocolpopexy (ASCP) cases decreased (P = 0.05). There were no differences in any of the 30-day complications listed above between specialties in cases where a concurrent urethral sling was placed (P = 0.05).

Conclusions: Urologists perform a minority of POP repairs and tend to favor abdominal sacrocolpopexy over vaginal native tissue repair. Urologists are less likely to perform concurrent apical repairs during abdominal sacrocolpopexy than gynecologists. Laparoscopic sacrocolpopexy is being more frequently utilized for all specialties treating APOP would differ.

Disclosure: None.

Table 2: Comparisons between no, partial, unilateral and bilateral avulsion on the one hand and onset of POP symptoms (n=459). *ANOVA P=0.003

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Sacrospinous ligament fixation (SSLF) is a common surgical approach for the management of pelvic organ prolapse (POP). While it is typically performed under general anesthesia (GA), regional anesthesia (RA) can also be utilized. Little is known about the impact of the choice of anesthesia on post-operative outcomes.

**Objective:** The primary objective of this study was to compare 30-day complication rates for patients undergoing SSLF for POP without concurrent hysterectomy by anesthesia type. Secondary objectives were to assess factors associated with type of anesthesia selected and characterize temporal trend in RA utilization.

**Methods:** This was a retrospective cohort analysis of the American College of Surgeons National Surgical Quality Improvement Program (ACS-NSQIP) for the years of 2015-2020. Cases were selected based on procedural codes for SSLF and diagnostic codes for POP. Cases were excluded for pre-existing malignancy, infection, renal failure, or emergent surgery. The two cohorts were defined by primary anesthesia type: general versus regional (epidural or spinal). Complications, readmissions, and reoperations were compared between cohorts. Multivariable regression analysis was performed to assess the impact of anesthesia type on complications as well as to determine factors affecting the type of anesthesia selected for SSLF.

**Results:** A total of 2984 cases of SSLF met inclusion criteria with 2742 performed under GA and 242 (8.1%) performed under RA. Rate of RA utilization peaked at 11.4% in 2017 and showed a decreasing trend between cohorts. Multivariable regression analysis confirmed that older age, black/African American or unknown race, and gynecology surgeon specialty were associated with selecting RA while other medical comorbidities and concurrent medical or surgical comorbidities were not significant predictors of minor or major complications.

**Conclusions:** While older age was associated with RA utilization for SSLF, mode of anesthesia was not a significant predictor of minor or major complications. Racial and ethnic differences in mode of anesthesia warrant further investigation to reduce racial disparities.

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**Scientific Salon 274**

**GENERAL VERSUS REGIONAL ANESTHESIA IN SACROSPINOSIS LIGAMENT FIXATION FOR PELVIC ORGAN PROLAPSE: ASSESSMENT OF A NATIONAL DATABASE.**

A. Romanova1, B. Gaigbe-Togbe1, D. Lieberman1, Y. Sifti1, C. Woodbury1, A. Tran1, A. Hardarl1, L. Dubney1, Icahn School of Medicine at Mount Sinai1

**Introduction:** Sacrospinous ligament fixation (SSLF) is a common surgical approach for management of pelvic organ prolapse (POP). While it is typically performed under general anesthesia (GA), regional anesthesia (RA) can also be utilized. Little is known about the impact of the choice of anesthesia on post-operative outcomes.

**Objective:** The primary objective of this study was to compare 30-day complication rates for patients undergoing SSLF for POP without concurrent hysterectomy by anesthesia type. Secondary objectives were to assess factors associated with type of anesthesia selected and characterize temporal trend in RA utilization.

**Methods:** This was a retrospective cohort analysis of the American College of Surgeons National Surgical Quality Improvement Program (ACS-NSQIP) for the years of 2015-2020. Cases were selected based on procedural codes for SSLF and diagnostic codes for POP. Cases were excluded for pre-existing malignancy, infection, renal failure, or emergent surgery. The two cohorts were defined by primary anesthesia type: general versus regional (epidural or spinal). Complications, readmissions, and reoperations were compared between cohorts. Multivariable regression analysis was performed to assess the impact of anesthesia type on complications as well as to determine factors affecting the type of anesthesia selected for SSLF.

**Results:** A total of 2984 cases of SSLF met inclusion criteria with 2742 performed under GA and 242 (8.1%) performed under RA. Rate of RA utilization peaked at 11.4% in 2017 and showed a decreasing trend between cohorts. Multivariable regression analysis confirmed that older age, black/African American or unknown race, and gynecology surgeon specialty were associated with selecting RA while other medical comorbidities and concurrent medical or surgical comorbidities were not significant predictors of minor or major complications.

**Conclusions:** While older age was associated with RA utilization for SSLF, mode of anesthesia was not a significant predictor of minor or major complications. Racial and ethnic differences in mode of anesthesia warrant further investigation to reduce racial disparities.

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**Scientific Salon 275**

**PERINEAL ULTRASOUND EVALUATION OF MESH PLACEMENT AFTER LAPAROSCOPIC NERVE-SPARING SACROCLOPOEXY**

A. Studer1, I. Fähnle1, C. Brambs1, C. Christmann1, Cantonale Hospital Lucerne1

**Introduction:** Laparoscopic sacrocolpopexy is regarded as the gold standard surgical treatment option in women with apical or multicompartment pelvic organ prolapse (POP) with a low recurrence rate. Despite being broadly performed there is no objective standardized method to document and quantify the placement of the mesh. To objectify the anatomic postoperative results the POP-Q according to ICS is used to provide a low interobserver variation.

**Objective:** The aim of this study was to demonstrate and establish a standardized measurement tool of the mesh localization by ultrasound after sacrocolpopexy. Secondary outcome was to determine sonographic landmarks for successful SCP-mesh placement and to understand the surgical weakness of this procedure in the event of a recurrence.

**Methods:** All women undergoing a laparoscopic sacrocolpopexy or subtotal hysterectomy with concomitant sacrocervicopexy were included in this prospective study from April 2021 to January 2022 at the department of Urogynecology. Perineal or in selected cases combined with transvaginal ultrasound was chosen as well-established method to localize urogenital meshes. Due to varying urethral length and moreover missing intraoperative reference, we do not use the perineum as reference plain. Orienting on surgical landmarks we propose the bladder neck as independent reference point and measure the mesh position compared to a plain perpendicular to the vaginal axis through the bladder neck, as demonstrated in Figure 1. A mesh lay equidistant to this virtual plain is set as zero, the distance towards intraabdominally as positive measures in millimeter and vice versa in direction to perineum in negative measures. Additionally, we captured the shortest distance of the edge of the posterior mesh to the edge of the sphincter ani externus muscle. All measures were taken at rest as well as under abdominal strain (Valsalva).

**Results:** In total 60 women were included and sonographically assessed. At rest in all women the mesh could be detected sufficiently, under abdominal strain (Valsalva) from 44 patients data were collected. At rest the anterior mesh lay in median -4 mm (SD 6.8 mm), the posterior mesh laying in the median -7 mm (SD 8.7 mm) from the reference plain and 18 mm (SD 9.4 mm) from the edge of the sphincter ani externus. Under abdominal strain the mesh lowered by 1.6 mm (SD 4.7 mm) anteriorly and 2.2 mm (SD 6.7 mm) posteriorly as well as shortens the distance to the sphincter by 1.3 mm (SD 4.2 mm) respectively. Generally transvaginal measures were within few millimeters the same as perineal ultrasound measurements.

**Conclusions:** This study demonstrated the proposed measurement tool as feasible and consistent, independent from urethral length or other variables such
as perineal pressure applied during measurement. In the case a satisfactory reposition is verified through clinical examination the mesh was detectable through-out at rest and abdominal strain. Therefore, we advocate our measurement method as confirmation of surgical quality after sacrolcopexies especially for scientific comparison. Disclosure: No

Disclosure: No

Video 46
VIRTUAL REALITY TRAINING MODEL FOR RETROPUBIC SLING SURGERY
L. Siff1, V. Tsouvalas2, L.F. Bos2, M. Manic2. 1 - VCU Health. 2 - VCU
Introduction: Surgical placement of a Retropubic Mid-Urethral Sling is most often accomplished by estimating insertion angles using external anatomic landmarks, sensing subtle tactile changes through tissue, while passing trocars in the neurovascular-rich retropubic space. The “Blind” nature of this technique, even in experienced surgeons’ hands, can result in an up to 13% complication rate, including bladder perforation, mesh complication, vascular or neurologic injury, and voiding dysfunction. There have even been reports of death related to vascular or bowel injury. Surgeons are typically trained via an apprenticeship model working with more experienced surgeons on live patients; static models, or, if available, cadaver labs which carry expense, often require travel, time away from work, and are technically limited by the distortion of anatomy after multiple uses. We need a new way to teach procedures that require learning by feel and high-volume pattern recognition. Objective: The objectives of this video are to describe the creation of a virtual reality model using deidentified patient data and artificial intelligence algorithms; and to demonstrate the use of the training system for trocar passage of the retropubic mid-urethral sling procedure. Methods: Deidentified MRI and CT images were used to generate a volume image. The display was then customized to reveal the anatomy of interest. Then using artificial intelligence algorithms, we are able to detect the relative distances between the pertinent anatomy and the surgeon. The final 3D model is combined with haptics and then enters the virtual operating room environment. Results: In this video we highlight the ability of the training model to detect the surgeons’ relative position to the pelvis, bladder and major blood vessels. The system also provides haptic and visual alerts when approaching at-risk anatomy and generates real-time scoring feedback for developing competency. We demonstrate use of the model with ideal trocar passage, and what occurs when the trainee deviates from this path to perforate the bladder or blood vessels. This innovative training system overcomes the lack visualization and blind nature of sling surgery. Novel artificial intelligence provides high accuracy of anatomic landmarks and ensures a realistic 3D environment. The trainee benefits from haptic and visual alerts for real-time feedback on the trocar insertion pathway. And is integrated in a simulated operating room environment As we innovate the way we teach surgical technique that truly requires learning by feel and high-volume pattern recognition, we have a huge potential for future impact. Conclusions: This will be the first non-cadaveric, non-static model available in the field. It allows for multiple low risk exercises and allows more surgeons to be trained outside of the operating room, at their own institution, and would avoid the need for patient subjects. Training can be disseminated at a significantly lower cost and higher convenience than remote cadaver labs or intraoperative observation and has a higher fidelity than available static models, particularly after multiple passes. This has implications for not only for retropubic mid-urethral slings but for urogynecologic and transvaginal surgery as a whole. This technology has the potential to lead to product development that improves patient safety and decreases perioperative complications. Disclosure: No

Video 47
CONGENITAL DYSPLASTIC KIDNEY WITH ECTOPIC URETER TO THE UTERINE CERVIX
R. Darvish1, H. Winn2, A. Merriman3, B. Taylor4. Atrium Health Carolin Medical Center1, Atrium Health2
Introduction: Unilateral congenital dysplastic kidneys are uncommon and may remain asymptomatic into adulthood. Ectopic ureters, similarly, are uncommon and tend to have varying presentations contingent on the location of the distal insertion. When found together, the treatment is typically unilateral nephrectomy with complete excision of ectopic ureter. A blind ended ectopic ureter to the cervix with associated dysplastic kidney is an exceptionally rare condition and there is little to no data available on surgical treatment or postoperative outcomes. Objective: To describe a unique case of a congenital dysplastic kidney with ectopic ureter to the uterine cervix, as well as highlight relevant anatomy and demonstrate the surgical technique used to identify and treat her ectopic ureter. Methods: A video case report of a single surgical patient at an academic hospital. Results: We describe the unusual presentation of a 40-year-old female who was referred to our facility due to the complaint of 6-months of tissue protruding from her vagina. She was noted to have an anterior vaginal mass. In office cystovaginoscopy revealed no left ureteral orifice and large cystic mass adjacent to the cervix on the left. Imaging confirmed a dysplastic left kidney with an ectopic ureter to the uterine cervix associated with a left sided paracervical and paravaginal abscesses. She subsequently underwent an uncomplicated robotic-assisted nephrectomy and complete excision of the ureter as well as paravaginal and paracervical abscesses utilizing a multidisciplinary approach. Conclusions: In this video case report, we demonstrate a successful surgical technique to identify and excise an ectopic ureter and paravaginal paracervical abscesses using a multidisciplinary approach with combined nephrectomy. This presentation reviews the pertinent pelvic anatomy and highlights the importance of complete resection of an ectopic ureter at the time of nephrectomy for a dysplastic kidney to prevent recurrence of abscess at the location of the insertion point of the distal ureter. Disclosure: No

Video 48
SURGICAL NEUROVASCULAR ANATOMY DURING SACROSPINOSUS LIGAMENT FIXATION
A. Stork1, P. Sawyer1, M. Corton1. 1 - UT-Southwestern Medical Center
Introduction: Sacrospinous ligament fixation (SSLF) is a commonly used procedure for the surgical correction of pelvic organ prolapse. Given the narrow surgical space involved, the neurovascular anatomy surrounding the sacrospinous ligament can be difficult to conceptualize.

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Objective: This video aims to describe the relevant neurovascular anatomy for SSLF, show potential locations of neurovascular injury, and demonstrate a method for appropriate suture placement in a cadaveric specimen.

Methods: A literature review was performed of SSLF to provide information on techniques, complications, and relevant anatomy for the procedure. Still photographs and video footage from dissections of unembalmed female cadavers were used to demonstrate the neurovascular anatomy surrounding the coccygeus-sacrospinous ligament complex (C-SSL) and how this anatomy might be injured at the time of surgery. Video footage from an unembalmed cadaver was used to demonstrate appropriate suture passage through the C-SSL using both a Mayo needle and ligature carrier device. A method of suture attachment to the vaginal apex was shown.

Results: The sacropinous ligament spans from the ischial spine to the lateral border of the lower sacrum and coccyx. The average ligament length is 5.4 cm and the average height at its midpoint is 1.4 cm. The coccygeus muscle overlies the ligament, and together they are referred to as the C-SSL. Critical structures adjacent to the C-SSL include the nerves to the levator ani and coccygeus muscles in the mid portion of the ligament; the pudendal nerve, internal pudendal artery, and sciatic nerve laterally; the S4 nerve medially; and the S3 nerve and inferior gluteal artery on the superior margin of the ligament. The relationship of each of these structures to the C-SSL is described. Examples of neurovascular injuries are shown using video footage in a cadaver. Appropriate suture passage approximate 2-3 cm medial to the ischial spine through the lower portion of the ligament is shown. A method of creating four suture pairs from two needle punctures is illustrated.

Conclusions: SSLF can be safely performed with appropriate knowledge of the relevant neurovascular anatomy. The majority of these neurovascular structures can be avoided with suture placement through the lower aspect of the mid portion of the C-SSL.

Disclosure: No

Video 49
URETHRAL DIVERTICULUM MARSUPIALIZATION WITH MODIFIED SPENCE-DUCKETT PROCEDURE
E. Welch1, K. Dengler1, J. Wélogers2, Walter Reed National Military Medical Center1, Mid-Atlantic Urogynecology & Pelvic Surgery2

Introduction: A urethral diverticulum is an outpouching of urethral muscosa, occurring in 2-5% of the population. They are thought to most commonly arise as a result of chronic inflammation or infection of the peri-urethral glands. The classic triad of symptoms include the “3 D’s”: dysuria, dyspareunia, and dribbling. Although commonly cited, presence of all these symptoms is limited to less than 5% of cases. It is imperative to map the specific location of the diverticula along the urethra and extent of urethral involvement to best plan the surgical technique used for excision. They are typically located postero-laterally at the mid- or distal urethra, however can be found at any location along the urethra. The continence mechanism is located at the mid-urethra and is made up of the compressor urethrae, urethrovaginal sphincter, and the striated urethral sphincter. Care must be taken to avoid disruption of these muscles to prevent incontinence after surgery. Surgical planning can be facilitated by ultrasound or magnetic resonance imaging (MRI) and can vary based on the location of the diverticulum along the urethra. Pathologic examination is important because while rare, cancers can originate from urethral diverticula, with a prevalence of 6-9%. The most common type of cancer is adenocarcinoma, which arises as a result of chronic inflammation or infection of the peri-urethral glands. The most common type of cancer is adenocarcinoma, which may reduce the risk of vascular or ureter injury in these cases.

Methods: A laparoscopic approach was taken for redo sacrocolpopexy.

Results: In both cases, the previously placed mesh was identified and evaluated. Dissection of the mesh allowed for suture reattachment to the new vaginal mesh.

Conclusions: The two cases presented demonstrate use of pelvic mesh tails for redo sacrocolpopexy. The mesh was dissected for exposure and mobilization. A lightweight polypropylene mesh was sutured to the anterior vagina and bilateral cervix using CV-3 Gortex sutures. Adequate suspension of the cervix and vaginal compartments was confirmed vaginally. The mesh was dissected to free the distal portion of the sacral tail. A cerclage hysteropexy was performed using a polypropylene suture. The mesh was still attached to the sacral tail mesh with CV-2 Gore-Tex sutures. Adequate suspension of the cervix and vaginal compartments was confirmed vaginally. The mesh was dissected to free the distal portion of the sacral tail. A cerclage hysteropexy was performed using a polypropylene suture. The mesh was still attached to the sacral tail mesh with CV-2 Gore-Tex sutures. Adequate suspension of the cervix and vaginal compartments was confirmed vaginally.

Disclosure: No

Video 50
USE OF PREVIOUS SACRAL MESH TAILS FOR REDO-SACROCOLOPOEXY
D. Carr1, P. Rosenblatt2, Boston Urogynecology Associates; Mount Auburn Hospital; Harvard Medical School; Beth Israel Deaconess Medical Center1, Boston Urogynecology Associates; Mount Auburn Hospital; Harvard Medical School2

Introduction: Sacrocolpopexy is the preferred treatment for apical suspension and has a recurrence rate of approximately 2-3-4% in the United States. While traditional sacrocolpopexy has been associated with complications, there is a growing interest in reusing a previous sacral mesh tail. This video aims to describe the relevant neurovascular anatomy for sacrocolpopexy and demonstrate surgical techniques for mesh reattachment.

Methods: A laparoscopic approach was taken for redo sacrocolpopexy.

Results: In both cases, the previously placed mesh was identified and evaluated. Dissection of the mesh allowed for suture reattachment to the new vaginal mesh.

Conclusions: The two cases presented demonstrate use of pelvic mesh tails for redo sacrocolpopexy. The mesh was dissected for exposure and mobilization. A lightweight polypropylene mesh was sutured to the anterior vagina and bilateral cervix using CV-3 Gortex sutures. Adequate suspension of the cervix and vaginal compartments was confirmed vaginally. The mesh was dissected to free the distal portion of the sacral tail. A cerclage hysteropexy was performed using a polypropylene suture. The tail of the sling mesh was sutured to the sacral mesh using two separate CV-2 Gore-Tex sutures. Adequate suspension was confirmed vaginally.

Disclosure: No
Video 51
SURGICAL TECHNIQUE AND OUTCOMES OF MALONE ANTEGRADE CONTINENCE ENEMA (MACE) IN ADULTS

N. Hernandez1, H. Flores2, J. Stewart1, R. Khavari1. Houston Methodist Hospital2, Baylor College of Medicine2

Introduction: Constipation is a chronic condition that is prevalent in children and adults and has a considerable impact on their quality of life. Although there are multiple medications or enema options for this condition, some children are difficult to successfully manage with limited options. Traditionally, children with functional constipation or neurogenic bowel before considering a feasible option either open or minimally invasive (Robotic or Laparoscopic) procedure in adults.

Objective: To present and describe the technique for robotic assisted laparoscopic MACE in addition to our experience and outcomes of MACE in adult patients.

Methods: We describe the technique for robotic assisted laparoscopic MACE in a 45 year old male with neurogenic bowel and functional constipation following a spinal cord injury. Additionally, a retrospective review of adult patients who underwent robotic or open MACE procedures in our tertiary center for colorectal surgery.

Results: The technique for robotic assisted laparoscopic Malone Antegrade Continent Enema (MACE) is described. Our experience from 2014 to 2021 with six patients who underwent open and minimally invasive MACE for neurogenic bowel and/or functional constipation. Two patients required stoma revision for stenosis at 21 and 13 months. One of them required additional Interventional Guided Cecostomy tube placement due to complete stenosis of the channel and the second patient is currently using the MACE daily.

Conclusions: The Malone Antegrade Continent Enema (MACE) procedure is a feasible option either open or minimally invasive (Robotic or Laparoscopic) for adults with functional constipation or neurogenic bowel before considering colostomy or colon resection.

Disclosure: No

Video 52
ROBOTIC URETERONEOCYSTOTOMY AND VESICOVAGINAL FISTULA REPAIR AFTER CESAREAN SECTION INJURY

D. Lieberman1, C. Seaman1, A. Romanova2, B. Uspinar1, A. Hardart1, A. Tran1, K. Badani1. Icahn School of Medicine at Mount Sinai1

Introduction: Cesarean section carries less than 1% risk of urologic injuries. These injuries, however, can lead to significant patient morbidity. This risk increases when the procedure is performed during the second stage of labor, which increases the risk of hysterotomy extensions inferiorly toward the bladder or laterally toward the ureters. Recognition of these injuries intraoperatively is essential for expeditious repair to avoid fistula formation and/or renal compromise. Although bladder injuries are easily recognizable intraoperatively, ureteral injuries often go undiscovered.

Objective: To present a complex robotic-assisted repair of extensive urologic tract injury that went unrecognized intraoperatively at the time of cesarean delivery.

Methods: A 37-year-old G4P1021 female underwent full term primary cesarean section for arrest of fetal descent. The case was complicated by postpartum hemorhage due to hysterotomy extensions. Postoperatively the patient developed hematuria, oliguria, and acute kidney injury. She was found to have bilateral distal ureteral obstruction with bilateral renal fornical rupture, possible vesicovaginal fistula, and ureteropelvic re-quiring urgent bilateral percutaneous nephrostomy placement. Her acute kidney injury resolved, however she continued to leak urine per vagina and require prolonged Foley catheterization. The patient was taken for delayed repair at nine weeks postoperatively with preoperative repeat imaging showing persistent vesicovaginal fistula, left ureteral obstruction, possible ureterovaginal fistula, and a patent right ureter. In the operating room a robotic approach was utilized beginning with bilateral ureterolysis revealing extensive retroperitoneal fibrosis within the left broad ligament and significant ureteral stricture near the left vaginal fornix. The left ureter was transected and later re-implanted into the bladder. A large vaginal defect as well as a fistulous connection to the bladder was identified. The right ureter was stented robotically by first introducing a stent through the cystoscope. The fistulous tract was excised and the vesicovaginal defects were repaired separately after careful mobilization. The bladder was further mobilized by dissection into the space of retzzius. The pre-peritoneal fat surrounding the bladder was interposed between the vesicovaginal repair to aid in healing and prevention of fistula recurrence. The left ureter was re-implanted into the bladder dome over a ureteral stent. To reduce tension on the anastomosis the adipose tissue adjacent to the bladder was clipped to the left round ligament.

Results: The patient is recovering well after surgery and was discharged with Foley catheter, ureteral stents, and bilateral percutaneous nephrostomy tubes in place. She is recovering well with plan for close outpatient follow up to remove the nephrostomy tubes, Foley, and ureteral stents as indicated.

Conclusions: In this case we show the use of robotic assistance for management of complex urologic injuries and highlight techniques for their repair.

Disclosure: No

Video 53
SURGICAL ANATOMY OF THE CLITORIS AND SURROUNDING VULVAR STRUCTURES

E. Tappy1, M. Corton1. UT Southwestern Medical Center1

Introduction: Thorough knowledge of the anatomy of the clitoris and surrounding vulvar structures is critical to the wide array of commonly performed vulvar and perirethral procedures. Obstetric laceration repair, wide local vulvar excisions, labial and prepucce reductions, and midurethral sling placement are all common examples in which this anatomy is encountered. Preservation of structures critical to urinary and sexual function reduces the likelihood of adverse postoperative outcomes.

Objective: To describe the anatomy of the clitoris and the surrounding vulvar structures and to highlight key neurovascular structures, including the dorsal nerve of the clitoris and autonomic nerve supply to the glans, which is located externally.

Methods: The anatomy of the clitoris and surrounding vulvar structures is reviewed using dissections from unembalmed cadavers. The boundaries of the superficial perineal pouch were outlined and key structures within this space including the perineal muscles, clitoral body, crura, suspensory ligament of the clitoris, vestibular bulbs, dorsal nerve of the clitoris (DNC), perirethral and paravaginal autonomic nerve supply and terminal branches of the pudendal vessels were highlighted. Clinically relevant examples of vulvar and peri-clitoral pathology were discussed.

Results: The clitoris is comprised of three regions including the glans, clitoral body and bilateral crura. Excluding the glans, which is located externally, the components of the clitoris are located within the superficial perineal pouch, and are deep to layers of subcutaneous tissue and the perineal muscles. Relevant measurements of the components of the clitoris and distances to surrounding anatomical structures are defined. In addition to attachments to the pubic symphysis, the clitoral body is supported by the suspensory and fundiform ligaments of the clitoris, which are condensations of subcutaneous tissue that surround and fuse with the fascia of the clitoris. The DNC is a terminal branch of the pudendal nerve that innervates the glans and prepucce of the clitoris. It perforates the perineal membrane bilaterally along the medial and posterior aspect of the ischiocavernous muscle and clitoral crus, then courses along the clitoral body before penetrating the clitoral glans. The DNC courses between the tunica albuginea and fascia of the clitoris along the dorsal aspect of the clitoral body covered by the prepucce before nerve fibers penetrate into the glans. The DNC is likely most susceptible to injury in this region outside of the protective layer of the tunica albuginea.
**Conclusion:** Knowledge of the anatomy of the clitoris and surrounding structures is critical for the performance of vulvar and peri-urethral procedures. Careful dissection during such procedures reduces the risk of injury that may contribute to urinary symptoms, pain, decreased sensation and sexual dysfunction.

**Disclosure:** No

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**Video 54**

**VESTIBULECTOMY FOR PROVOKED VULVODYNIA: NOT JUST A LAST RESORT**

**J. Wheat**<sup>1</sup>, D. Gruber<sup>2</sup>, C. Vaccaro<sup>1</sup>. *Walter Reed National Military Medical Center<sup>1</sup>, Johns Hopkins<sup>2</sup>*

**Introduction:** Vulvodynia is a chronic vulvar pain condition affecting up to 16% of women in the general population and can have devastating effects on a woman’s psychosocial well-being. A multi-societal consensus defines vulvodynia as vulvar pain of at least 3-months duration in which there is no identifiable cause. Symptoms commonly include burning, stinging and irritation often making coitus difficult or intolerable. The majority of women experience provoked localized vulvodynia and it is, therefore, the focus for ongoing research. Treatment of this condition is challenging as there is no established gold standard and the etiology is unclear. The condition is likely multi-factorial and may in part be due to the unique embryological origin of the vulva and its response to hormonal influences, inflammation and pro-inflammatory mediators, genetic vulnerability to chronic pain, pelvic floor muscle overactivity, and psychosocial stressors. Surgical intervention has historically been reserved for refractory cases but there is growing evidence that a vestibulectomy has better long-term success than other treatments with a low risk of complications and excellent cosmesis.

**Objective:** To review important anatomical landmarks and highlight simple surgical techniques to accomplish a clinically successful vestibulectomy.

**Methods:** This video demonstrates anatomical landmarks to consider when performing a vestibulectomy and uses surgical footage to outline tools and techniques for optimal tissue resection and clinical success. This video article was reviewed by the Investigational Review Board and further investigation was waived as the study was “not considered human subject research”.

**Results:** We utilize surgical techniques that can be easily reproduced. By outlining the planned area of resection and using needlepoint cautery, precise excision and hemostasis are achievable. The epithelial tissue between Hart’s line and the hymenal ring, including the Bartholin’s and Skene’s gland openings should be included. The inferior edge of the resection should extend to the posterior fourchette to include the fossa navicularis, as this is an especially painful area in women with provoked vestibulodynia. Dissection should extend to Colle’s fascia, which is approximately at a depth of 3 mm. Although complete excision of the Bartholin’s glands can be performed at the same time, this increases surgical time, blood loss, and is associated with a 15-20% risk of pudendal neuralgia and is therefore typically reserved for patients who have concurrent Bartholin’s cysts or have failed a simple vestibulectomy. Pleating stitches to reapproximate Colle’s fascia allow for reduced tension on the epithelial closure, eliminate dead space, and help achieve hemostasis. A pudendal block is recommended for postoperative pain control, as well as topical lidocaine.

**Conclusions:** Vestibulectomy for provoked vulvodynia is a highly effective treatment and should be considered earlier in the treatment algorithm. Success rates have been reported to be more than 90%. This video demonstrates preferred and reproducible techniques for a successful clinical outcome.

**Disclosure:** One or more of the authors act as a consultant, employee or shareholder for: Abbvie; Caldera

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**Video 55**

**SURGICAL MANAGEMENT OF CONGENITAL LABIAL FUSION**

**C. Paya Ten**<sup>1</sup>, J. Gebhart<sup>2</sup>, A. Chatta<sup>2</sup>, M. Miller<sup>2</sup>. *Flushing Hospital Medical Center<sup>1</sup>, Mayo Clinic<sup>2</sup>*

**Introduction:** Congenital labial fusion is a defect that is usually diagnosed in infancy and separated spontaneously before 7 years of age. Rarely, labial fusion can be diagnosed in adolescents in the form of a thick agglutination of the labia minora and can present with dyspareunia, menorrhagia, vulvar irritation or recurrent urinary tract infections. In these cases, surgical correction is required.

**Objective:** - To present cases of labial fusion in adolescents and adulthood, allowing providers to identify patients with this issue in their office and allow for appropriate surgical correction. - To illustrate the steps taken for proposed surgical correction, allowing for satisfactory functional and cosmetic results.

**Conclusion:** One or more of the authors act as a consultant, employee or shareholder for: Abbvie; Caldera

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Methods: Two cases of congenital labial fusion are presented. We review their clinical presentation, differential diagnosis, additional workup as well as a video explaining the steps taken in their surgical correction.

Results: Our correction of congenital labial fusion in adolescents and adults yields good functional and cosmetic results. This surgical video can aid other providers in correcting congenital labial fusion in patients in a safe and effective way.

Conclusions: Surgical correction for congenital labial fusion in the adolescent patient is rare, as the majority of cases resolve in infancy. After the appropriate workup was conducted, surgical correction following the steps illustrated in this video can yield satisfactory functional and cosmetic results.

Disclosure: No

Video 56
SURGICAL APPROACH TO DORSAL URETHRAL DIVERTICULECTOMY
A. Davenport1, C. Goldman1, E. Hoang1, M. Markel1, L.A. Richter1, MedStar Washington Hospital Center/Georgetown University School of Medicine1, Georgetown University School of Medicine2

Introduction: Dorsal urethral diverticula are rare, sac like protrusions occurring on the anterior surface of the urethra. These lesions present unique surgical challenges given their anatomic relationships with the pubic symphysis, urethral sphincter, and clitoral vascular supply. Careful consideration should therefore be given to the appropriate surgical approach.

Objective: (1) To describe the surgical options for management of dorsal urethral diverticula and (2) to highlight the indications, advantages/disadvantages, and steps to performing surgical excision via a suprameatal approach.

Methods: Abdominal, transurethral, transvaginal, and suprameatal approaches may be used for dorsal diverticulectomy. The abdominal approach may be performed robotically and is ideal for proximal lesions. The vaginal approach is most commonly performed for ventral lesions, but may result in sphincter disruption or overskeletonization for dorsal lesions. A suprameatal approach is most appropriate for mid to distal lesions and provides excellent access to the diverticular os. It also avoids urethral overskeletonization or transection, may result in lower rates of urethrovaginal fistula formation, and does not disrupt the diverticular os. It also avoids urethral overskeletonization or transection, may be used for dorsal diverticulectomy. The suprameatal approach was chosen given the mid to distal location. Cystourethroscopy at the beginning of the case demonstrated the anterior diverticular os located at the 11 o’clock position. The suprameatal tissue was marked and injected with local.

Results: The patient described in this video was a 47-year-old G2P1 who presented with dyspareunia, dysuria, recurrent UTI, and SU1. Exam revealed expression of purulent fluid with palpation of the midurethra. MRI demonstrated a 2.3 cm mid to distal dorsal lesion. The patient desired surgical management and a suprameatal approach was chosen given the mid to distal location. Cystourethroscopy at the beginning of the case demonstrated the anterior diverticular os located at the 11 o’clock position. The suprameatal tissue was marked and injected with local. The area was then incised and dissection continued cephalad until the os was reached. A wire was inserted cystoscopically into the diverticulum to aid in os identification. The diverticulum was then completely excised with care to stay near the urethra to avoid bleeding. The urethral defect was closed with running 4-0 Vicryl vertically and the closure was confirmed to be watertight. The periurethral tissue was closed horizontally to avoid overlapping suture lines. The epithelium was then closed with 2-0 Vicryl mattress sutures. The patient was discharged home with a transurethral silastic catheter for 2 weeks. A filling cystogram was performed prior to catheter removal. The patient underwent a successful voiding trial and discharged home with a transurethral silastic catheter for 2 weeks. A filling cystogram was performed prior to catheter removal. The patient underwent a successful voiding trial and discharged home.

Conclusions: A suprameatal approach may be selected for mid to distal dorsal urethral diverticula. This approach provides excellent visualization of the diverticular os, minimizes vascular dissection, and allows for quick recovery.

Disclosure: No

Video 57
ROBOTIC-ASSISTED LAPAROSCOPIC ANTERIOR URETHRAL DIVERTICULECTOMY
M. O’Shea1, J. Routh1, N. Siddiqui1, Duke University Health System1

Introduction: A 31-year-old woman with history of fetal sacrococcygeal teratoma requiring resection and pelvic reconstruction during the first year of life presented with a 3-year history of recurrent vulvar abscesses and voiding dysfunction. Magnetic resonance imaging demonstrated a midline 2.2 cm collection anterior to the urethra, inferior to the pubis, and caudal to the urinary bladder.

Objective: We aim to demonstrate the key steps in the resection and repair of an anterior urethral diverticulum via a robotic-assisted laparoscopic approach.

Methods: Cystoscopy followed by robotic-assisted laparoscopic retroperitoneal dissection was used for the identification and resection of an anterior urethral mass followed by anterior urethral reconstruction. Intentional cystotomy and use of a wire with a Council tip catheter facilitated placement of transurethral mass catheter in the setting of challenging urethral anatomy.

Results: Cystoscopy revealed a large anterior cavity at the midpoint of the urethra consistent with an anterior urethral diverticulum. This location was adjacent to an area of the recurrent vulvar abscesses. Laparoscopic retroperitoneal space exploration revealed dense fibrotic tissue to be adherent to the underside of the pubic tubercle, contiguous with the anterior urethral diverticulum. This diverticulum arose just distal to the bladder neck, communicated with the midportion of the anterior urethra, and was successfully resected with subsequent urethral repair.

Conclusions: Female anterior urethral diverticulum is a rare entity. A robotic-assisted laparoscopic approach can be safely utilized to successfully identify and resect an anterior urethral diverticulum. Key points include the optimization of port placement, use of a Council tip catheter to facilitate bladder drainage in the setting of distorted pelvic anatomy, and a multi-layered tension-free urethral closure with flap placement.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: GE Women’s Health Ultrasound (Michelle O’Shea)

Video 58
TRANURETHRAL DORSAL BUCCAL GRAFT URETHROPLASTY FOR PROXIMAL FEMALE URETHRAL STRICTURES
B. Linder1, F. Balzano1, J. Warner1, 1 - Mayo Clinic

Introduction: Female urethral strictures are a rare entity. Stricture management is based on symptoms and the stricture location, with options ranging from urethral dilation to distal urethrectomy with meatal advances for distal strictures, or urethroplasty with flap or graft. Current treatments for proximal strictures have significant limitations. For instance, urethral dilation, while minimally invasive, has a high recurrence rate. More invasive reconstructive options have limited data on outcomes, greater technical difficulty, for instance requiring a supramucosal urethral incision and dissection, and risks de novo stress urinary incontinence.

Objective: To demonstrate a surgical technique for performing a dorsal buccal graft urethroplasty via a transurethral approach.

Methods: The patient is a 69-year-old female who presented with a 2.5-year history of a slowing urinary stream, and worsening urinary frequency and urgency. She had undergone urethral dilation twice previously which improved her symptoms; however, this only lasted a few months. Her evaluation showed a recurrent proximal urethral stricture. After discussion with her about reconstructive options she opted for a transurethral dorsal buccal graft urethroplasty. The procedure begins with harvesting a buccal graft to be used in the repair. Care is taken to avoid Stetson’s duct. After graft harvest we proceed with the vaginal portion of the procedure. A nasal speculum is introduced into the urethra, staying distal to the stricture. A Beaver blade is used to incise the full length of the urethra superficially at the 12 o’clock position. Additional feathering incisions are carried out from the 10 to 2 o’clock position. A suture passing device is then used to pass three sutures at the level of the bladder neck, which are then passed through the buccal graft. These are positioned so the mucosal side of the buccal graft will be within the urethral lumen when the graft is placed. The bladder neck sutures are tied transurethral using a laparoscopic knot pusher. The distal aspect of the buccal graft is secured to the urethral meatus with interrupted suture. A surgical glue is used to secure the midportion of the graft bed. A Foley catheter is left in place at the conclusion of the procedure.

Results: The procedure took 90 minutes, and the patient was discharged on the same day as her procedure. A Foley catheter was left in place for 3 weeks. At that time, she has a successful voiding trial. She had no issues with the buccal graft site healing. Follow up at 3 months with cystoscopy and urethral flow showedpatency of the proximal urethra and significant improvement in her flow parameters. She had no stress incontinence postoperatively.

Conclusions: Transurethral approach for dorsal buccal graft placement is a feasible option for proximal urethral stricture management. Given decreased periurethral dissection compared to other techniques this may decrease the risk of stress incontinence and perioperative morbidity. Additional cases with longer follow-up are warranted to further assess this technique.

Disclosure: No
**Video 59**

**BULL’S-EYE TECHNIQUE TO OPTIMIZE S3 FORAMEN ACCESS: APPLYING A TRUSTED TECHNIQUE TO SACRAL NEUROMODULATION**

T. Demus1, S. Lien, R. Palmerola. Columbia University Division of Urology at Mount Sinai Medical Center

**Introduction:** Sacral neuromodulation (SNM) is an advanced therapy that stimulates sacral spinal nerves in order to modulate bladder, bowel dysfunction and is an approved therapy for overactive bladder, fecal incontinence, and non-obstructive urinary retention. A trial of SNM can come in the form of a percutaneous nerve evaluation (PNE) or a staged trial. During this period, quality lead placement translates to improved response and outcomes.

**Objective:** This video abstract demonstrates the bullseye technique to achieve optimal lead placement in sacral neuromodulation.

**Methods:** The bullseye technique starts by having the patient lie prone. The medial edges of the S3 foramen are marked in the anteroposterior (AP) view. A horizontal skin mark is then made at the level of S3. The entry point is chosen approximately 2 cm cephalad from the horizontal marking. The pelvis is imaged with live fluoroscopy starting at 0 degrees and then rotating the C-arm to 30 degrees. Rotating the C-arm provides an optimal view of the sacral foramina. The surgeon places the needle at the level of the skin in line with the image. Live fluoroscopy is performed to align the needle with the image intensifier to form the bullseye. The needle hub is grasped with a Kelly clamp as to keep the surgeon’s hand away from the field. Once the correct angle is identified, the needle is advanced. The procedure is repeated on the contralateral foramen.

**Results:** The bullseye technique allows easy access to S3 in patients with complex anatomy. It can potentially lessen operating time and it minimizes needle entries in PNE.

**Conclusions:** The bullseye technique can assist in obtaining optimal access in SNM and can quickly be applied into current practices.

**Disclosure:** No

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**Video Poster 277**

**ROBOTIC-ASSISTED SACROHYSTEROCOLPOPEXY WITH A SINGLE POLYPROPYLENE MESH**

J Ross1, V Casas-Puig1, MF Paraiso1. - Cleveland Clinic Foundation

**Introduction:** The patient is a 65-year-old with a history of a prior single posterior mesh sacrohysterocolpopexy who presented for consultation for symptomatic vaginal bulge/recurrent prolapse and voiding dysfunction. On exam her prolapse was consistent with Stage 3 anterior predominant uterovaginal prolapse. She desired a repeat uterus-sparing minimally invasive prolapse repair and had no contraindications to keep her uterus.

**Objective:** The objective of this video is to describe our technique for a robotic-assisted sacrohysterocolpopexy with single polypropylene mesh with a previous single posterior mesh in place.

**Methods:** After docking of the robot, the surgery began by visualizing the previous posterior mesh which appeared partially contracted. Next, we performed the bladder dissection. The peritoneum was grasped and entered sharply with monopolar cautery and the bladder flap was dissected. A rater was introduced into the pelvis and we measured from the level of the bladder trigone to the lower uterine segment proximally. The ultra-lightweight single flat mesh was then opened and fashioned into a single apron-shaped mesh which was then introduced into the pelvis. We then identified the broad ligaments and made small defects 2 cm lateral to the uterus and about 1 cm inferior to the round ligaments. Following the broad ligament incisions, the arms of the mesh were brought through the defects posteriorly. The mesh was then attached anteriorly with four 10 interrupted 2-0 delayed absorbable sutures along the anterior vaginal wall and cervix. Next, attention was directed to the sacrum. The peritoneum just medial to the previously attached mesh at the level of the sacrum was grasped, elevated, and opened sharply. The peritoneal incision was then extended down towards the pelvis. Next, the two arms of the mesh were placed over the old attached posterior mesh and secured at the midline at the posterior distal cervix with both permanent and delayed absorbable suture. A 2-0 delayed absorbable suture was then used to start the purse string suture along the medial aspect of the peritoneal incision. Two stitches of 2-0 permanent suture were used to attach the mesh to the previous mesh and the sacrum. We then improved the anterior and apical suspension by shortening the mesh by placing three additional 2-0 permanent stitches distally which plicated and shortened the mesh. The peritoneum was then closed over the mesh and a cystoscopy was performed. A small distal anterior colporrhaphy was then performed. Delayed absorbable delayed absorbable delayed absorbable.

**Results:** At the completion of the procedure, the patient had excellent apical and anterior vaginal support. A posterior repair was still indicated and performed without complication.

**Conclusions:** A laparoscopic USLS can be successfully performed without ureteral releasing incisions or tagging of the ligaments prior to the hysteroscopy. Excellent anatomic support can be achieved with this method.

**Disclosure:** No
IMAGING FOR FEMALE PELVIC ORGAN PROLAPSE

Recommendations by our institution and the American Urogynecologic Society. Barriers such as cost, time commitment, motivation, and uncertainty of efficacy have been previously identified. These barriers make access to pelvic MRI gains popularity, it is critical for pelvic reconstructive surgeons to be familiar with these imaging modalities. MRI has become the preferred modality of choice, especially for patients presenting with concurrent urogynecologic and colorectal complaints, how pelvic MRI can be used to make decisions about surgical planning.

Methods: This is an illustrative video with coincident interpretation of dynamic pelvic MRI and to provide the foundational knowledge needed for basic image interpretation with clinical application to specific pelvic floor disorders.

Video Poster 278

THE “INS AND OUTS” OF DYNAMIC MAGNETIC RESONANCE IMAGING FOR FEMALE PELVIC ORGAN PROLAPSE

E. Welch1, W. Ross2, K. Dengler1, D. Gruber2, S. Lamb1. Walter Reed National Military Medical Center2, Sibley Memorial Hospital (Johns Hopkins Medicine)2

Introduction: Concurrent pelvic organ prolapse and rectal prolapse have an incidence of at least 38%. Particularly with multi-compartmental prolapse, a multidisciplinary approach should be used in the workup and surgical management of these patients. Dynamic pelvic magnetic resonance imaging (MRI) has become the preferred modality of choice, particularly for posterior compartment disorders. In 2017, the European Society of Urogenital Radiology and the European Society of Gastrointestinal and Abdominal Radiology published a joint recommendation regarding use of this modality. More recently in 2021, the Pelvic Floor Disorders Consortium developed a consensus statement regarding magnetic resonance defecography to generate inclusive guidance for all practitioners caring for patients with pelvic floor disorders.

Objective: Discussion of the indications and preparation needed for dynamic pelvic MRI and to provide the foundational knowledge needed for basic imaging interpretation with clinical application to specific pelvic floor disorders.

Methods: This is an illustrative video with coincident interpretation of dynamic pelvic MRI and to provide the foundational knowledge needed for basic imaging interpretation with clinical application to specific pelvic floor disorders.

Results: Several lines for characterizing pelvic organ prolapse have been proposed. The pubococcygeal line has the highest inter- and intra-observer reliability of MRI-based reference points. It is obtained in the mid-sagittal plane at rest, with a line drawn from the inferior border of the pubic symphysis to the last coccygeal joint. The “hiatus” or “H line” demonstrates the antero-posterior width of the levator hiatus and is obtained on a mid-sagittal image with a line drawn from the inferior border of the pubic symphysis to the posterior wall of the rectum at the level of the anorectal junction. The “muscle” or “M line” represents the vertical descent of the levator hiatus and is drawn perpendicularly from the PCL to the most posterior aspect of the H line. If a defect in the rectovaginal fascia is present, herniation of other tissues through the vagina, such as the small bowel, posterior rectal wall, and sigmoid colon can occur. Posterior compartment abnormalities include rectocele and rectal prolapse. With the rectum prolapsing distal to the external anal sphincter and left untreated for a period as short as 2 years, permanent damage to the pudendal nerve can result, causing fecal incontinence even after surgical intervention. In contrast to rectal prolapse, descending perineal syndrome involves descent of the anorectal junction greater than 2.5 centimeters from the PCL. Pelvic MRI can also evaluate functional disorders such as paradoxical contraction of the pubococcygeus muscle, where the rectal angle would not change or becomes more acute and is also associated with a lack of pelvic floor descent as well as prolonged and incomplete evacuation.

Conclusions: Dynamic pelvic MRI has become an imaging modality of choice for the complex prolapse patient. It is a useful adjunct to guide patient management especially for patients presenting with concurrent urogynecologic and colorectal complaints, how pelvic MRI can be used to make decisions about surgical planning.

Disclosure: No

Video Poster 279

VIDEO GUIDED PELVIC PHYSICAL THERAPY FOR STRESS URINARY INCONTINENCE

A. Novin1, E. Johnson1, S. Balaji1, M. Bingham1, C. Danz1, T. Ferrand1, A. Zeno1. University of Southern California1

Introduction: Pelvic Floor Physical Therapy (PFPT) is a first-line treatment for stress urinary incontinence according to expert guidance, including the American Urogynecologic Society. Barriers such as cost, time commitment, motivation, and uncertainty of efficacy have been previously identified. These barriers make access to PFPT difficult for many. Additionally, those who are motivated may not receive timely care due to the current coronavirus pandemic.

Objective: The objectives of this video are to review bony landmarks for fluoroscopic mapping for stage I sacral neuromodulation lead placement.

Methods: This animation film is a multidisciplinary effort and has been developed in collaboration with female pelvic medicine and reconstructive surgery clinicians, PFPT providers, and students in cinematic arts.

Results: The PFPT exercises include five sections and follow the order of recommendations by our institution’s PFPT. These include diaphragmatic breathing, Kegel exercises, bridge with Kegels, leg raises, and squat with Kegels.

Conclusions: This video was created as an additional resource for patients with limited access to PFPT, especially given current limitations due to the coronavirus pandemic. The video is part of a single-blinded randomized controlled trial comparing video-guided PFPT versus a routine informational video on SUI. Both videos will be in English and Spanish. Eventually, the goal is for more widespread distribution and increased accessibility for all patients.

Disclosure: No

Video Poster 280

MESHLESS SACROCOLOPEXY FOR POST-HYSTERECTOMY VAGINAL VAULT PROLAPSE: VASCULARIZED FLAP TECHNIQUE

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Introduction: The absence of rigid fixation point, tissue atrophy and multi-compartment defects make post-hysterectomy vaginal vault prolapse a real challenge for the surgeon. The gold standard for treatment of post-hysterectomy vaginal vault prolapse is sacrocolpopexy. Unfortunately, this approach does not allow to perform reliable long-term meshless reconstruction in the anterior and posterior compartments. Moreover, the use of a mesh is associated with the risk of erosion, which is especially important in mesh ban era.

Objective: To show the possibility of replacing a standard mesh with a vaginal flap during laparoscopic sacrocolpopexy.

Methods: A 60-year-old patient with post-hysterectomy prolapse stage III underwent meshless laparoscopic vaginal-assisted sacrocolpopexy: 1. Subfascial hydrodissection of the vaginal vault and the most prolapsing (posterior) wall tissues was performed. 2. A U-shaped de-epithelialized flap was cut out capturing all layers of the vaginal wall. 3. Dissection of the paravaginal tissues towards the abdominal cavity was performed; the peritoneum was opened to the width of the flap base. 4. The flap is plunged into the abdominal cavity through the formed opening in the peritoneum and then rectovaginal fascia was closed. 5. Further, perineoplasty was performed and finalizing vaginal step of the surgery. 6. The LSC was performed in standard manner. The promontory is identified and dissected until the anterior longitudinal ligament is reached. The perineum is incised caudally towards the vaginal cuff with flap. 7. The vaginal flap is brought to the sacral promontory with medium tension and attached to the anterior longitudinal ligament. 8. The flap is retroperitonealized.

Results: The duration of the surgery was 105 minutes (35 mm vaginal part and 70 mm LSC part). Intraoperative blood loss was 55 ml. Vaginal packing and urethral catheter were placed and removed within 20 h after operation. No intraperative and early postoperative complications were recorded. According to the ultrasound postvoiding residual was 35 ml, hematomas in the operation area were not visualized. During the exam in 12 months after the surgery, no signs of POP (Aa-2 Ba-3 C-8 Ap-3 Bp-3 tvl9 gh4 pb3), erosion and any pain were detected. The results of the questionnaires were as follows: PFDI-20 = 22.92, PISQ-12 - 31 and ICQI-SF - 1. According to ultrasound the volume of residual urine was 0 ml.

Conclusions: The presented video demonstrates the possibility of replacing the standard mesh with a vaginal flap during laparoscopic sacrocolpopexy. This approach allows to completely eliminate the risk of erosion and create a unified natural support construct from the vaginal cuff and the vascularized flap. This approach can also reduce the risk of pain syndrome and dyspareunia. Further follow-up will fully assess the efficiency and safety of the described technique.

Disclosure: No

Video Poster 281

FLUOROSCOPIC LANDMARKING DURING SACRAL NEUROMODULATION LEAD PLACEMENT

D. Luchrist1, C. Amundsen1. Duke University1, Duke University School of Medicine2

Introduction: Fluoroscopic guidance is a key tool to ensure optimal sacral neuromodulation lead placement.

Objective: The objectives of this video are to review bony landmarks for fluoroscopic imaging as well as present strategies to overcome common obstacles during fluoroscopic mapping for stage 1 sacral neuromodulation lead placement.

Methods: Our video is divided into two parts. First, we review anatomic landmarks and optimal technique during anterior-posterior (AP) fluoroscopic imaging for identification of the sacrum and the medial edge of the bilateral sacral foramina. We then provide a series of non-ideal fluoroscopic images, explaining the cause of the difficult interpretation and strategies to overcome these obstacles.
In the second half, we similarly review our technique for identification of S3 and optimal needle angle trajectory during lateral fluoroscopic imaging. We again provide a series of examples of non-ideal imaging to highlight strategies for needle placement in difficult cases.

Results: We provide an overview of normal fluoroscopic landmarks for both AP and lateral fluoroscopic imaging during stage 1 sacral neuromodulation lead placement, along with a series of 6 non-ideal examples. Strategies for overcoming barriers to identification of bony anatomy on fluoroscopy are provided in the context of these examples.

Conclusions: While appropriate patient preparation and positioning is important to optimize stage 1 sacral neuromodulation lead placement, patient anatomy and other factors often obscure or distort expected anatomic landmarks. We demonstrate our approach to overcome common fluoroscopic obstacles and provide strategies for improvement of operative efficiency and optimized sacral neuromodulation lead placement.

Disclosure: Any of the authors act as a consultant, employee or shareholder of an industry for: Blue Wind (Amundsen)

Video Poster 282

COLPOCLEISIS TECHNIQUES: AN OPEN-AND-SHUT CASE FOR ADVANCED PELVIC ORGAN PROLAPSE

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Introduction: Pelvic organ prolapse is a common condition that affects up to 40% of the postmenopausal female population. Particularly for women with advanced pelvic organ prolapse who no longer desire penetrative vaginal intercourse and with multiple medical comorbidities, the obliterate approach is preferred due to decreased anesthetic needs, operative time, and perioperative morbidity. Additionally, colpocleisis is associated with a greater than 95% long-term efficacy with low patient regret, high satisfaction, and improved body image. The umbrella term of “colpocleisis” encompasses a uterine-sparing procedure, the LeFort colpocleisis, colpocleisis with hysterectomy, and post-hysterectomy vaginal vault colpocleisis. Typically with colpocleisis, levator myorrhaphy and perineorrhaphy are also included to reinforce the repair.

Objectives: To highlight several advanced surgical techniques for all types of colpocleisis.

Methods: A demonstrative video presentation featuring surgical footage of multiple patients undergoing colpocleisis.

Results: We utilize several surgical methods to streamline the LeFort colpocleisis procedure, to include using electrosurgery to mark out the epithelium and methods to create the lateral tunnels with LeFort colpocleisis with and without the use of a urinary catheter. We also present techniques that can be utilized across all types of colpocleisis including the push-spread technique for dissection, tissue retraction with Allis clamps and rubber bands on hemostat clamps to improve visualization, and approximation of the anterior and posterior vaginal mucocutaneous to close existing space. Attention must be paid to not proceed past the level of the urethrovaginal junction to avoid angulation of the urethra. We use an anatomic model to demonstrate appropriate suture placement during levator myorrhaphy to facilitate an adequate purchase of the levator ani muscles in order to adequately narrow the vaginal opening. Ultimately the goal of the colpocleisis procedure is a well-approximated, obliterated vagina, approximately three centimeters in length and one centimeter in width.

Conclusions: The skills demonstrated enable the surgeon to maximize efficiency and surgical outcomes for an effective obliterator procedure for advanced stage pelvic organ prolapse.

Disclosure: No

Video Poster 283

CYSTOSCOPIC FINDINGS AND MANAGEMENT OF MESH EROSIONS OF THE LOWER URINARY TRACT

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Introduction: Suburethral synthetic sling procedures are next to bulking agents as the most common type of mesh to correct stress urinary incontinence. They have high success rates and low complications. Late complications encompass erosion into the tissue as vaginal extrusion (1.5%) or urethral/bladder perforations (0.3%). Patients are complaining about pelvic or urogenital symptoms, de novo urgency, recurrent urinary tract infections or bladder outlet obstruction. In this case cystoscopy is essential to identify mesh erosion into the lower urinary tract requiring further surgery. Although the incidence is low, we had several cases in which we performed surgery.

Objective: The video explains the surgical management of these complications and the results.

Methods: Throughout the video, we demonstrate mesh erosions of the lower urinary tract.

Results: As we are a tertiary referral center our experience lead to an informative video that shows clinical findings in cystoscopy, management and results in patients undergoing mesh excisions.

Conclusions: Women with lower urinary tract symptoms such as de novo urgency after sling implantation should receive cystoscopy to exclude mesh complications. A complete excision of the eroded part of the sling with urethroplasty by a multidisciplinary team often is needed. The video shows several cases of sling erosions into the lower urinary tract, discussing the safe and complete excision.

Disclosure: No

Video Poster 284

SUCCESSFUL TECHNIQUE FOR REMOVAL OF 17 YEARS OLD TINED LEAD

A. Abdelaziz1, A. Mahdy2. The Christ Hospital/University of Cincinnati1, University of Cincinnati2

Introduction: Sacral neuromodulation is one of the modalities that are used for treatment of OAB, urine retention and fecal incontinence. Typically, during placement a quadrupolar tined lead is placed in the third sacral foramen. Around 30% of SNM implanted patients require surgical revision. Reasons for revision include infection, lead migration, pain, lead fibrosis and need for MRI in an incompatible implanted sacral nerve stimulator. In one retrospective review, the rate of lead breakage was 7.5% during sacral neuromodulation removal.

Objective: The objective of this video is to demonstrate the anatomy of the tined lead and to demonstrate a safe surgical technique for removal of the lead without leaving a lead fragment.

Methods: 70y old patient who had SNM in 2003 for OAB symptoms, her symptoms were controlled, and she had her battery changed 2 times last time was in 2016. She presented to us after referral from her PCP, due to the need for MRI for back pain problems. She was offered removal of old tined non-MRI compatible old lead and replacing it with a new MRI compatible lead, but she opted for only lead removal. In this video, we describe the technique for removal of tined lead with tips to avoid lead break during removal.

Results: The video shows and demonstrate successful removal of tined lead.

Conclusions: Generous incision is essential for dissection all the way to Marker Band B. Avoid pulling on the lead before Marker Band B as this region is very thin and lead breakage typically occur in this area.

Disclosure: No

Video Poster 285

SURGICAL MANAGEMENT OF RECTOVAGINAL FISTULA

A. Abdelaziz1, M. Karram1. The Christ Hospital/University of Cincinnati1

Introduction: Rectovaginal fistulas most commonly result from obstetric injury but can also occur in patients with inflammatory bowel disease, malignancy, radiation, or pelvic surgery. Success rates of rectovaginal fistula closure vary widely ranging from 42% – 100%. There is no standard of care regarding surgical technique for rectovaginal fistulas.

Objective: The objective of this video is to present surgical techniques to optimize surgical outcome and hopefully prevent recurrence.

Methods: In this video, we present 3 cases of RFV which successfully managed with primary closure.

Results: The video shows the technique for surgical repair of rectovaginal fistula in 3 patients.


Disclosure: One or more of the authors act as a consultant, employee or shareholder for: Allegan, Axonics, Caldera, Coloplast and Innmade

Video Poster 286

ROBOTIC PERITONEAL VAGINOPLASTY FOR THE TRANSGENDER WOMAN WITH VAGINAL STENOSIS

J. Ross1, M. Fascelli1, G. Haber1, C. Ferrando1. Cleveland Clinic Foundation1

Introduction: Some transgender women undergo genital gender affirmation surgery, commonly referred to as vaginoplasty. Vaginal stenosis occurs in...
patients who cannot dilate or fail to comply with the dilation plan postoperatively. We present a case of a 54-year-old transgender woman who pre-sented with postoperative vaginal stenosis after a penile inversion vaginoplasty resulted in graft necrosis and a subsequent perineal revision led to vaginal stenosis. She elected undergo a periteneum vaginoplasty via a robotic approach. **Objective:** To describe our surgical technique for a robotic periteneum vaginoplasty for the transgender woman with vaginal stenosis.

**Methods:** The surgery is begun with the posterior periteneum incision. The vas deferens and the seminal vesicles are identified and used as landmarks for this dissection. Dissection is carried down inferior to these structures and the plane is developed towards Denonvillier's fascia. The posterior plane is further developed until the scarred neovagina is encountered. To identify the neovaginal apex, a lighted cystoscope is placed in the canal. The apex of the vagina is opened sharply and then incised laterally until adequate width and depth are sufficient. When passage of a vaginal dilator or stent is possible, the caliber is determined to be adequate. Periteneum from the posterior dissection is then pulled through to the vaginal incision and is sutured to the posterior cuff using a 2-0 monofilament suture. The same thing is performed along the anterior neovaginal cuff. This is done until there is approximation of the periteneum to the vaginal cuff circumferentially. The periteneal flaps are then created. First, the vesicoperitoneal flap is made. Then, the lateral periteneal flaps are created. The ureters are identified and visualized during the entire dissection as it is carried down caudally. After the dissection is complete, the flaps are sutured together to create a periteneal pouch that will serve as the neovagina. Closure is done using 2-0 absorbable suture.

**Results:** At the end, the neovagina is packed under direct visualization. The patient will be required to perform regular vaginal dilation postoperatively to maintain neovaginal length, but also to ensure that the caliber of the neovagina were the periteneum meets the vaginal opening remains adequate.

**Conclusions:** Several options exist for revision vaginoplasty in women presenting with postoperative vaginal stenosis. Periteneal vaginoplasty is a surgical option for these patients and is becoming a mainstream option for patients seeking revision surgery.

**Disclosure:** No

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**Video Poster 287**

**TRANSURETHRAL RESECTION OF ERODED URETHRAL BULKING AGENT WITH SALVAGE BULKAMID PROCEDURE**

L. Gleich¹, H. Goldman¹. Cleveland Clinic¹

**Introduction:** Our patient, an 82 year old female who was referred from an outside hospital. She was found to have urethral exposure of bulking agent upon cystoscopy for recurrent UTI. She had an extensive past surgical history. This included 3 prior bladder neck suspensions. In 2002 she underwent a transvaginal urethrovesical repair and bladder neck repair. Following this, she had recurrent stress urinary incontinence and had 9 urethral bulking procedures from 2002 to 2019. Prior to her macroplaque injection our patient underwent a CT scan which demonstrated a large amount of periurethral material. At the time, she was not experiencing lower urinary tract symptoms and no erosion was noted on cystoscopy.

**Objective:** Our objective is to demonstrate our technique for salvage Bulkamid injection.

**Methods:** The eroded macroplastic was visualized at the 3 o'clock position. The material was embedded into the wall and adherent to the surrounding mucosa. Bipolar cutting current was used to unroof the cavity and allow for better exposure of the eroded material. Minimal resection was used in order to reduce potential damage to the urethral sphincter. Forward and backward pressure was applied to the material while using the loop. A rocking motion proves to be helpful in loosening the material away from the surrounding mucosa and breaking the material into multiple pieces. Eventually the material was able to be freed from the cavity. At the conclusion of the procedure the cavity was clearly visible. Macroplastic. The mucosa was carefully cauterized and the resectoscope was removed.

**Results:** Our patient was discharged home from same-day-surgery with a urethral Foley. This was maintained for 3 days at which time she completed a successful voiding trial. Eight weeks following transurethral removal of the eroded bulking material, the patient was brought back for office cystoscopy. She reported persistent stress incontinence. After discussing risks, benefits, and alternatives, she consented to transurethral Bulkamid procedure. The Bulkamid system is inserted into the patient’s urethra. The area of previous resection is visualized at the 3 o'clock position and appears to be healing well. The bulking needle is inserted into the bladder lumen to the 2 cm mark. The cystoscope is retracted into the urethra with the needle extended, measuring approximately one and half centimeters from the bladder neck. The needle is rotated with the bevel is facing the urethral lumen. The Bulkamid system is pressed parallel against the urethral wall. The needle is inserted approximately 5 millimeters into the urethral mucosa. The Bulkamid hydrogel was injected until a cushion was visualized. The needle is retracted and the sheath rotated. Several areas are injected, maintaining the same urethral level. Due to the previous bulking materials present, more injections sites were required to account for the asymmetrical cushion formation and the varying compliance of the urethral mucosa. Injections were completed until all cushions met at the midline of the urethral lumen. The cystoscope was removed, and patient asked to cough. No stress incontinence was demonstrated.

**Conclusions:** Following her Bulkamid injection, our patient had excellent improvement in her stress urinary incontinence.

**Disclosure:** No

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**Video Poster 288**

12 CM VAGINAL MYOMECTOMY WITH MODIFIED POSTERIOR APPROACH MANCHESTER REPAIR

J. Melendez-Munoz¹, P Corzo Orantos¹. Hospital Universitario Dr. Josep Trueta

**Introduction:** It is common practise in many units to offer hysterectomy to patients affected by uterovaginal prolapse when there is some degree of uterine descent. If the patient has symptomatic fibroids, the decision would seem even easier. Nowadays there is definitely a trend towards more conservative surgery. This encourages surgeons to seek new approaches and new techniques for patients keen to preserve the uterus and/or to avoid mesh implantation. Vaginal myomectomy is not a new technique and the literature proves that when used adequately has a low complication rate, less blood loss and risk for blood transfusion, shorter operating time and shorter inpatient stay compared to abdominal approach. It would also allow for removal of bigger fibroids that would prove very difficult and time consuming via endoscopic techniques. Should we have to correct uterovaginal prolapse at the same time, preserving the uterus and supporting structures will help us reducing the risk for vault prolapse or prolapse recurrence. We believe the vaginal myomectomy can be a valid alternative to the generally recommended abdominal or transcervical myomectomy, especially in those cases where the fibroid is low and vaginal access deemed adequate. More importantly it allows for uterine preservation without compromising the possibility of effective prolapse correction through vaginal approach.

**Objective:** To describe the technique of vaginal myomectomy with concomitant uterovaginal prolapse repair through a modified posterior approach Manchester repair.

**Methods:** We present a case of a 37 years old woman with no relevant past medical or surgical history, diagnosed with a 7 cm anterior intramural fibroid near the cervical isthmus. She presented to the outpatient clinic with abdominal pain, heavy and painful periods and urinary symptoms in the form of urgency, frequency and occasional stress incontinence. On vaginal examination, uterus was very mobile and the fibroid was palpable. She presented some degree of cervical elongation but no obvious symptomatic prolapse. Vaginal access for vaginal surgery was deemed adequate. We discussed surgical options balancing risks and benefits. She consented for a vaginal myomectomy with prolapse repair if needed.

**Results:** Steps: Local infiltrations. Percervical incision and dissection of pericervical mucosa. Paracervical hemostatic sutures. Dührssen modified incision at 12 o’clock moving upwards until encountering the fibroid. Anterior colpotomy and anterior repair to facilitate access to fibroid. With Pozi forces (tenaculum) we hold the fibroid while trying to enucleate it from the capsule and free it from the uterus. Due to it’s size, we proceeded to partial vaginal morcellation with cold knife and scissors. With gentle traction-contraction we finally managed to remove the whole fibroid. Uterine reconstruction closing the fibroid cavity with interrupted sutures. Prolapse repair: Clamping, ligation and section of uterosacral ligaments. Amputation of elongated cervix. Reimplantation of uterosacral ligaments to the posterior aspect of the uterus. Cervical stump closure with Sturmdorff sutures. Complete vaginal closure.

**Conclusions:** Vaginal myomectomy is a good alternative to abdominal or endoscopic route to remove fibroids and it allows for uterine conservation and effective prolapse repair vaginally.

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www.fpmrs.net | S171
Introduction: Endosalpingiosis is the presence of ectopic, cystic glands outside the fallopian tube that are lined with fallopian-tube type ciliated epithelium. Though endosalpingiosis is a pathologically distinct entity, it is often clinically indistinguishable from deep infiltrating endometriosis. While patients with endosalpingiosis may be asymptomatic, this patient presented with cyclic pelvic pain, urinary symptoms, and a discrete vaginal mass.

Objective: This video aims to demonstrate the excision of a paravaginal mass in close proximity to the course of the ureter along the anterior vaginal wall towards the bladder.

Methods: Due to the location of the mass, care was taken to identify surrounding structures to avoid inadvertent injury. A lighted ureteric stent was placed using an angled cystoscope due to the mass abutting the left ureteral orifice. Once placed, it facilitated safe dissection of the mass.

Results: Though the patient’s preoperative symptoms, imaging, and intraoperative findings were initially suggestive of deep infiltrating endometriosis, final pathology instead demonstrated a nodule of endosalpingiosis in the setting of complete absence of peritoneal disease.

Conclusions: This case represents a unique presentation of deep infiltrating endosalpingiosis, a disease that is pathologically different but clinically identical to deep infiltrating endometriosis. Like endometriosis, endosalpingiosis can cause mass effect to surrounding organs including the bladder, leading to bothersome lower urinary tract symptoms and incontinence. Urogynecologists should be familiar with endosalpingiosis in their differential diagnosis prior to considering surgical management.

Disclosure: No

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Video Poster 290
COLPOCEISIS OF NEOVAGINA
T.Y. Sadun1, K.E. Fero1, V.W. Nitti1. 1 - University of California Los Angeles

Introduction: Our patient is a 64 year old female with recurrent prolapse of her ileal neovagina. Her native vagina was stenosed and shortened after she had prior anterior vaginal mesh for prolapse repair (Uphold) and transobturator urethral sling (Obtryx) removed due to mesh complications of pelvic pain, dyspareunia, leg weakness, and difficulty walking. A gluteal flap was attempted to address her vaginal stenosis; however, she required a neovaginal reconstruction with ileum. Unfortunately, due to lack of pelvic wall support of the neovagina, her

Disclosure: No
canal prolapsed and she underwent four unsuccessful attempts for prolapse repair including paravaginal fixation to levator muscle, sacrospinous ligament fixation, resection of prolapsed vagina, and transabdominal sacrocolpopexy of prolapsed neovagina with rectus fascia. She presents for management of her refractory prolapsed neovaginal canal, which is 3 cm in depth and not functional for sexual intercourse and causes a pelvic bulge with pain.

**Objective:** Our objective is to demonstrate surgical treatment for complex pelvic organ prolapse.

**Methods:** We perform a colpocleisis with levator myorrhaphy and perineorrhaphy. A circumferential incision was made in the vagina at the junction of the vaginal skin and the neovagina. After the initial incision, the neovagina was dissected off the vaginal wall sharply. This was done so that the entire neovagina was mobilized. Next, the mesentery to the neovagina was taken down using a mini LigaSure. Once the mesentery was detached, the neovagina was removed. In order to create an adequate floor for colpocleisis, a levator myorrhaphy and perineorrhaphy was performed. This was done by bringing the transverse perineal muscles and pubococcygeus muscles together in the midline for several centimeters. After the levator myorrhaphy was completed, Halban type sutures were placed from the levator myorrhaphy to the pubococcyeal fascia, closing the space between the bladder and the vagina. The vaginal skin was then reaproximated with the left posterior skin being the gluteal flap.

**Results:** At the completion of the colpocleisis, the vagina had a depth of about 1 cm.

**Conclusions:** Colpocleisis is an effective management strategy for refractory ileal neovaginal prolapse.

**Disclosure:** No

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**Video Poster 291**

**EVAlUATION AND MANAGEMENT OF ANAL INCONTINENCE IN A PERINEAL CLINIC UTILIZING PELVIC FLOOR ULTRASOUND**

**M. Raza**, S.A. Shobeni1, J. Marroquin1, J. Alshiekh1. **Inova Fairfax Hospital**

**Introduction:** Obstetric anal sphincter injuries (OASIS) occur as a result of perineal trauma involving the external and/or internal anal sphincter during vaginal deliveries. Women with OASIS have an increased risk of developing anal incontinence later in life. 3D Endoanal ultrasound (3D-EAUS) is a valuable tool to diagnose anal sphincter defects and its use requires a thorough understanding of perineal anatomy. Anal sphincteroplasty is a treatment modality reserved for patients with fecal/anal incontinence who fail conservative management and have evidence of anatomic sphincter injury on 3D-EAUS.

**Objective:** To demonstrate an anatomical approach to the surgical management of anal incontinence secondary to vaginal birth related perineal injury using pelvic floor ultrasound.

**Methods:** This video will discuss a specialized perineal clinic’s approach to the evaluation and management of a specific case of anal incontinence using pelvic floor ultrasound including 3D-EAUS in a patient with a history of OASIS in a prior pregnancy.

**Results:** 3D-EAUS can demonstrate the angle of the internal or external anal sphincter defect better than with standard EUS. Surgery addresses anal incontinence in patients who do not respond to initial management and have evidence of anatomic defects.

**Conclusions:** Anal sphincteroplasty is a surgical treatment which addresses vaginal birth related anal incontinence in patients with intact levator ani muscles who have evidence of anatomic sphincter injury on pelvic floor ultrasound.

**Disclosure:** No

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**Video Poster 293**

**GARTNER DUCT CYST: THE GREAT MIMICKER**

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**Introduction:** Gartner duct cysts (GDCs) arise from embryologic remnants of the mesonephric ducts when they fail to completely regress during female urogenital development. Due to their common location along the anterolateral vaginal wall, GDCs may be mistaken for anterior wall prolapse, urethral diverticulum, Skene's gland cysts, and other diagnoses. GDCs can often be associated with urinary tract abnormalities, therefore appropriate diagnosis and management is key in avoiding inadvertent injury or morbidity.

**Objective:** This video aims to demonstrate a unique case of recurrent Gartner Duct Cyst which first presented as an anterior vaginal wall mass in pregnancy, its subsequent recurrence, and the use of varying management options given the patient's unique clinical circumstances at each presentation.

**Methods:** For this patient, we present a novel technique using fluorescein dye to aid in identification, dissection, and excision of the GDC. This technique involves the injection of fluorescein dye into the cyst followed by diagnostic cystoscopy, prior to cyst excision.

**Results:** The use of fluorescein dye confirmed the absence of communication between the GDC and the urinary system on cystoscopy. Furthermore, it allowed for easy delineation of the cyst wall and normal vaginal tissue, ensuring complete resection despite inadvertent cyst rupture.

**Conclusions:** We present a unique case of recurrent Gartner Duct Cyst first presenting as an anterior vaginal wall mass in pregnancy, its subsequent recurrence. This patient's case is an example of varying management options given her unique clinical circumstances at each presentation. Surgeons should consider use of a fluorescein dye injection prior to cyst excision to minimize risk of recurrence and inadvertent morbidity.
Video Poster 294

LAPAROSCOPIC HIGH UTEROSACRAL LIGAMENT SUSPENSION AND VAGINAL ANTERIOR COLPORRHAPHY

M. Di Serio1, G. Novaretti2, T. Ghi1, Università di Parma

Introduction: Laparoscopic high uterosacral ligament suspension is an effective strategy in the surgical management of apical prolapse with native tissue and presents low operative risks, such nerve and ureteric injury, compared to the classic vaginal route. It presents less efficacy in the correction of associated anterior prolapse compared to laparoscopic colposacropexy; however, it can be efficiently associated with a vaginal approach to correct major anterior defects using native tissue.

Objective: The objective of this video is to demonstrate the steps of a combined laparoscopic and vaginal technique to treat multicompartamental POP.

Methods: A 69-year-old woman came to our clinic for stage III antero-apical prolapse (POP-Q), symptomatic for bulge, and underwent combined surgery of laparoscopic high uterosacral ligament suspension and vaginal anterior colporrhaphy, using the technique described in this video.

Results: This surgical technique has been successful in correcting apical and anterior prolapse, and no complications have occurred.

Conclusions: This video may be helpful for urogynecologists to improve surgical technique. Laparoscopic high uterosacral ligament suspension can be safely and effectively performed to treat apical prolapse and can be combined with a vaginal approach to treat anterior prolapse in patients with multicompartamental defect.

Disclosure: No

Video Poster 295

TRANSVAGINAL MESH RELATED COMPLICATION RESOLUTION SURGERY - VIDEO CASE

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Introduction: Urinary incontinence and pelvic organ prolapse (POP) commonly coexist. Up to 60% of women presenting with POP are also diagnosed with stress urinary incontinence (SUI). In Latin America, the use of transvaginal mesh (TVM) for the correction of POP is widespread. Indeed, in our country, synthetic four-arm polypropylene mesh was introduced to correct the anterior compartment with the ability to treat SUI at the same time (using two prepubic branches and two transobturator arms), however, it is not currently available. Despite its high effectiveness for the treatment of POP, TVM are not free of complications, as dyspareunia, pelvic pain, mesh contracture or mesh exposure have been reported. When pain does not improve, surgical management must be considered.

Objective: To present a case video of complete vaginal mesh excision and recurrent POP repair.

Methods: Video presentation: Case report in a Tertiary Hospital of Buenos Aires, Argentina.

Results: A 69-year-old woman was referred to our institution for recurrent POP associated with chronic pelvic pain and dyspareunia. At examination she presented POP stage III Ba +2 according to Pelvic Organ Prolapse Quantification (POP-Q), folded mesh was found in the suburethral space in the middle urethra, with exquisite pain at its touch. Complication Classification: 1Be-T4-S2. Patient had a history of POP and SUI repair with a transvaginal synthetic four-arm polypropylene mesh placement four years earlier in another institution. Urodynamics showed occult SUI. Transperineal ultrasound identified suburethral mesh at the level of the middle third of the urethra; it has four branches: two of them with pubic direction and two posterior branches directed to posterior fornix. During surgical intervention hydrodissection of the anterior vaginal wall was performed with hemostatic solution (400 ml of saline solution +1 mg of epinephrine). An inverted U shaped incision was made on the anterior vaginal wall. Dissection with Metzenbaum scissors and blunt maneuvers releasing the bladder from the vagina, retracting it until it was released from the cervix. A complete vaginal mesh excision was performed in suburethral space, avoiding the urethral lumen. Flaps of muscularis vaginalis were overlapped with Vycril® 2-0. Anterior colporrhaphy was performed with the same suture. Then, a unilateral sacrospinous ligament suspension with anchoring system (TAS) was performed attaching the cervix with a pulley point, reducing apical prolapse by posterior. Perineoplasty was performed according to technique. At one month follow-up the patient improved her chronic pelvic pain and is satisfied with surgical results.

Conclusions: TVM are highly effective for POP surgery in trained surgeons. However, complications related to its use may occur, such as chronic pelvic pain, dyspareunia, exposure, contracture or folding of the mesh. It is important that the surgeons who perform this type of surgery are properly trained to resolve any type of complication that may occur and if not, timely referral should be made. This video shows the successful resolution of a TVM-related complication.

Disclosure: No
Results: The three sections highlighted in this video include general hysterectomy-focused suggestions, cervix-directed insights, and vaginal suspension-related techniques. The clinical relevance of these optimizations may be evident in challenging cases where surgeons are considering the use of the vNOTES hysterectomy option.

Conclusions: Thus, this video proposes new adaptations to help surgeons achieve efficient and safe vNOTES hysterectomy procedures in cases with prolapse and/or elongated or larger cervixes.

Disclosure: No

Video Poster 297
VOIDING DYSFUNCTION: EVALUATION AND MANAGEMENT
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Objective: Our objective was to create an educational video to review diagnosis and management of women with voiding dysfunction. IRB waiver was obtained as all clinical photos and videos used were used with consent and no identifiable information was obtained. Patient histories from three patients were used as basis for case presentations.

Results: There were no outcomes for this educational video.

Conclusions: This educational video reviews the nuances of managing female non-neurogenic voiding dysfunction.

Disclosure: No

Video Poster 298
PERINEAL ENDOMETRIOSIS: SURGICAL EXCISION APPROACH
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Introduction: Although major advances in the management of endometriosis have been made, the exact etiology of this condition remains unknown. Retrograde menstruation, might provide an explanation of why endometrial deposits are most commonly found on the peritoneal surfaces. Transplantation seeding of endometriosis may be the mechanism by which endometriosis develops in episiotomy scars and other abdominal incisions. Perineal endometriosis is a rare type of extrapelvic endometriosis. Endometriosis of perineum and vulva, accounting for less than 1% of cases of surgically treated endometriosis, has been reported in the literature with the most common site being episiotomy scars. Likewise, implantation of endometrial tissue within scars may be the cause of perineal endometriosis.

Methods: As this is a surgical education video, a 32-year-old multigravida with an episiotomy 19 years ago and perineal endometriosis diagnosis. It is highlighted the complete approach, from the beginning with superficial and deep layers dissection, to the end with step-by-step closure stitching each layer and repairing the wound thickness to the skin.

Results: Ultrasound and Magnetic Resonance revealed a subcutaneous nodule underlyng the episiotomy scar. Endometriotic nodule in perineum was completely excised and cured, and confirmed by the microscopic examination. Histopathological specimen Q-1173-21, 04/12/2021. Vessel: Perineal endometriotic nodule. Diagnosis: Perineal endometriotic nodule bearing out Endometriosis diagnosis. In the immediate post-operative, after repairing and closure, the surgical wound edges are visualized clean and side by side, with suitable hemostasis. Follow-up, one-week post-operative, April 15 2021, symptomsatology reduction more than 90%, and one-month post-operative, May 13 2021, complete resolution of symptoms is documented, surgical wounds with complete healing. Histopathological slices demonstrate endometrial epithelium, characteristic niches of endometriotic foci, correlating patient diagnosis. The principle of management includes adequate, wide excision to prevent recurrence. It is of great importance not to rupture the mass during surgery to avoid re-implantation. During surgical approach, it is recommended to excise the surrounding fibrous tissue to ensure that no residual endometriosis is left.

Conclusions: In the immediate post-operative, after repairing and closure, the surgical wound edges are visualized clean and side by side, with suitable hemostasis. Follow-up, one-week post-operative, April 15 2021, symptomsatology reduction more than 90%, and one-month post-operative, May 13 2021, complete resolution of symptoms is documented, surgical wounds with complete healing. Histopathological slices demonstrate endometrial epithelium, characteristic niches of endometriotic foci, correlating patient diagnosis. The principle of management includes adequate, wide excision to prevent recurrence. It is of great importance not to rupture the mass during surgery to avoid re-implantation. During surgical approach, it is recommended to excise the surrounding fibrous tissue to ensure that no residual endometriosis is left.

Disclosure: No

Video Poster 299
LAPAROSCOPIC ANTERIOR AND POSTERIOR REPAIR WITH APICAL SUSPENSION
j. Heusinkveld1, University of Arizona/Banner Health1

Introduction: Laparoscopic uterosacral ligament suspension is an effective method for apical suspension at the time of hysterectomy. Many patients have coexisting anterior and posterior defects. A laparoscopic method for addressing defects in all three compartments is desirable.
Objective: This video demonstrates how an anterior and posterior repair can be performed laparoscopically at the same time as a utero-sacral ligament suspension.

Methods: A laparoscopic hysterectomy was performed. The vaginal cuff was closed, and then the bladder was dissected away from the anterior vaginal wall. The anterior vaginal wall was then plicated with absorbable sutures in a manner analogous to a vaginal anterior colporrhaphy. A similar repair was performed on the posterior wall. Both walls were then attached securely to the apex, and the vaginal apex was suspended from the uterosacral ligaments, which were then plicated for additional support.

Results: A very anatomic repair with stage 0 prolapse of all 3 compartments was obtained.

Conclusions: Anterior and posterior repair can be performed laparoscopically in a manner analogous to the traditional vaginal procedures.

Disclosure: No

Video Poster 300
HOW TO DEAL WITH A "MEGAVAGINA"
J. Heusinkveld1, University of Arizona/Banner Health1

Introduction: Advanced pelvic prolapse can result in stretching of the vaginal walls to create a large sac which we term a "Megavagina," which will reach beyond the sacrum when replaced in the body. In order to perform a sacral colpopexy, the length of the vagina must be returned to normal.

Objective: In this video we demonstrate how a "megavagina" can be restored to normal length so that a sacral colpopexy can be performed without any vaginal repairs.

Methods: A vaginal manipulator was placed, and the peritoneum overlying the attenuated vaginal wall was dissected away. The vaginal wall was then plicated with successive sutures until normal length was restored. A sacral colpopexy Y-mesh was attached in the usual manner, with care to attach as far down the posterior wall as possible. The Y-mesh was attached at the sacrum and buried under the peritoneum.

Results: Stage 0 prolapse in all 3 compartments was obtained without removing any vaginal epithelium. The result was maintained at a 3-month follow up visit.

Conclusions: Stage 4 prolapse with a greatly enlarged and attenuated vagina can be managed by laparoscopically plicating the vagina and then performing a sacral colpopexy.

Disclosure: No

Video Poster 301
LAPAROSCOPIC EXCISION OF BLADDER MESH EROSION AFTER MIDURETHRAL SLING
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Introduction: Mesh erosion is a rare complication of midurethral slings that may require surgical excision.

Objective: The objective of this video is to discuss a laparoscopic technique for excision of eroded mesh after a midurethral sling.

Methods: We present a case of an 84-year-old P2 who presents with frequent urination and recurrent urinary tract infections 14 months after undergoing a laparoscopic supra- and infravaginal hysterectomy, sacrocolpopexy, and TVT sling. An in-office cystoscopy was performed which showed a 1-1.5 cm portion of eroded mesh into the right lateral bladder wall approximately 4 cm from the ureteral orifice. Attention was then turned to the abdomen. With the bladder filled, the anterior peritoneum overlying the space of Retzius was opened and then dissected down to the level of the mesh. The mesh was elevated and the portion entering the bladder was identified then excised with cold scissors. A cystotomy was created during the process of mesh excision which was subsequently closed in two layers using barbed suture. The peritoneum overlying the space of Retzius was also closed with barbed suture. The ureteral stent was felt to be freely mobile and subsequently removed upon completion of the case. The patient was discharged home on post-operative day 0 with a foley catheter in place. She followed up on post-operative day 10 for foley catheter removal.

Conclusions: This surgical video demonstrates that a laparoscopic approach is a safe and effective method to excise eroded mesh after a midurethral sling.

Disclosure: No

Video Poster 302
LAPAROSCOPIC BILATERAL UTEROSACROPEXY - ADVANCEMENT OF A NEW SURGICAL TECHNIQUE WITH UTERINE PRESERVATION AND APICAL RESTORATION IN WOMEN WITH SYMPTOMATIC PUBVAGINAL PROLAPSE
S. Ludwig1, B. Morgenstern1, P. Morgenstern1, University Hospital of Cologne1

Introduction: Symptomatic pelvic organ prolapse (POP) affects many women. If conservative therapies fail, reconstructive surgical therapies come into question, which depends on a number of factors. In addition to the correction of the affected anatomical structures, the patient’s desire or preference with regard to uterine preservation and desire for fertility preservation must also be taken into account. In the last 2 decades, attitudes toward and interest in uterus-preserving POP surgery have increasingly changed. There are a variety of uterus-preserving surgical options, but few publications on subsequent pregnancy. Uterus-preserving procedures have the advantage of significantly shorter operative time, less blood loss, as well as faster recovery and the possibility of fertility preservation. So far, there is also no clear consensus on a uniform surgical procedure in terms of standardization of individual surgical steps for better comparability of clinical outcomes.

Objective: For the first time, we present a uterus-preserving surgical technique with a bilateral apical suspension (replacement of both uterosacral ligaments, USL) in a step-by-step standardized surgical technique called laparoscopic uroag的认可eurogynecology with a minimum amount of synthetic material.

Methods: Women with symptomatic uterine prolapse were referred to our tertiary unit and were included in this pilot study. These patients have failed or declined conservative management; none of them had undergone previous urogynecological surgery. For the laparoscopic uterosacropexy, both USLs were replaced with a tape-like synthetic structure made of polyvinylindene-fluoride (PVDF) (Fig. 1). These tapes of defined length (9 cm) and width (0.4 cm) were retroperitoneally implanted within the run of both USL under preservation of the integrity of the peritoneum by using a semi-circular tunneler.

Results: Apical support was restored in all 15 patients (mean age: 41 years), as well as urinary continence (in all 6 patients with prior mixed urinary incontinence). No intraoperative complications occurred (vessel or ureter injury and bowel or bladder lesions). Blood loss was less than 30 mL per patient, and the mean operation time was 56 minutes. Over a mean follow-up period of 20 months, no mesh erosions or relapse of prolapse was detected. One patient became pregnant and was delivered by cesarean section in the 39th week without complications.

Conclusions: This laparoscopic bilateral uterosacropexy represents one alternative treatment option for uterus-preserving standardized apical reconstruction in premenopausal patients. This uterosacropexy also offers the advantage of fertility preservation in addition to shorter surgical time, low blood loss, and faster convalescence. This clearly defined surgical technique leads to a better comparability of clinical outcomes. To date, there are only 8 case series in the literature of reported pregnancies after unilateral hysteropexy. However, to date, there is no described case of bilateral uterosacropexy with subsequent successful pregnancy. Nevertheless, further studies need to provide long-term data on anatomic recurrence, and in the case of subsequent pregnancy, especially on the risk of intrapartum complications as well as postpartum anatomic recurrence.

Disclosure: One or more of the authors act as a consultant, employee or shareholder for: FEG Textiltechnik mbH Aachen, Germany
Video Poster 303
PECTINEAL HYSTEROPEXY: A NEW ALTERNATIVE TO UTERUS-CONSERVING PROLAPSE REPAIR
j. heusinkveld1, V. Winget1. University of Arizona/Banner Health1

Introduction: Uterus-conserving prolapse repairs are the subject of increasing interest due to the perception that hysterectomy is unnecessary in many cases. Suspending the uterus from the sacrum requires tunneling through the cardinal ligament in order to include anterior support. Recent data from Germany indicate that use of the pectineal ligaments leads to similar outcomes with fewer postoperative bowel symptoms.

Objective: This video shows how a hysteropexy including support for the anterior wall can be performed using the pectineal ligaments as attachment points.

Methods: Laparoscopic access was established. The bladder was dissected away from the upper vagina. The pectineal ligaments were exposed on both sides. A modified colpopexy mesh was sutured to the cervix and upper vagina and suspended from the pectineal ligaments. The peritoneum was closed over the mesh. A small posterior repair was performed.

Results: Excellent support in all three compartments without leftward displacement of the sigmoid colon as occurs with sacral hysteropexy.

Conclusions: Pectineal hysteropexy is a viable alternative to sacral hysteropexy that may have certain advantages including avoiding the need to tunnel through the cardinal ligament and fewer postoperative bowel symptoms.

Disclosure: No

Video Poster 304
CIRCUMFERENTIAL FISTULA REPAIR WITH PUBOCOCCYGEAL SLING AND REFIXATION OF THE PUBOCOCCYGEAL FASCIA IN ILLONGWE, MALAWI
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Introduction: Obstetric fistula affect approximately two million women in Africa. Caused primarily by ischemic necrosis due to prolonged, obstructed labor, this condition is predominantly encountered in low and middle income countries without access to timely and/or skilled cesarean sections. Prolonged ischemia can lead to circumferential tissue loss and complete separation of the urethrovaginal junction with bare bone between the urethra and bladder. This type of fistula is extensive and successful surgical repair can be difficult. Risk of continued incontinence post-operatively is high given urethral involvement, including the urethral closing mechanism musculature and the pubo-urethral ligament.

Objective: The objective of this video is to illustrate an approach for repair of a circumferential fistula, incorporating both a pubococcygeal sling and refixation of the pubococcygeal fascia (RPCF) to decrease post-operative stress urinary incontinence.

Methods: A 17 year old G1P1000 delivered a stillborn fetus after suffering a forty-eight hour labor. Immediately post-delivery, she noted constant urinary leakage. She had prolonged catheterization for two weeks post delivery with no improvement in her leaking. She presented to the fistula center for surgical repair. On initial evaluation, she was noted to have a large circumferential fistula with a positive dye test as well as a positive cough stress test. Minimal urine dermatitis was noted. She did not have foot drop. Decision was made for surgical management. Surgical footage was obtained with the patient's informed consent. Video footage and educational content was edited with iMovie software.

Results: The patient underwent a circumferential fistula repair with pubococcygeal sling and RPCF. Intra-operative findings included a 5x6cm fistula extending laterally to the bilateral pubic rami. The procedure was uncomplicated with a total operating time of 1 hour and 42 minutes and estimated blood loss of 200 cc. She had an intra-operative dye test that was negative indicating a water tight bladder repair. She remained dry throughout her post-operative course. Her bilateral ureteric catheters were removed on postoperative day (POD) three and her urethral catheter on day seventeen. She had a negative dye test and cough stress test on POD17. She was discharged home with plans for a one and three week follow up.

Conclusions: This case illustrates an extensive obstetric fistula that was successfully repaired vaginally. It demonstrates the importance of addressing mechanisms contributing to continued post-operative urinary incontinence. By harvesting muscle from the lateral pelvic walls and rotating them under the urethra, we created a sling that also served as a graft over the anastomosis to decrease the rate of repair breakdown and failure. The importance of completing the repair off tension is highlighted by the use of the RPCF during repair of the vagina.

Disclosure: No
It is important to reproduce innovative surgical techniques to correct these prolapses in the least invasive way and with the best possible results, with the aim of improving the quality of life of patients with the least risk. Laparoscopic sacrocolpopexy is an excellent reproducible technique in which we obtain good surgical results in the least invasive way possible.

**Objective:** Our fundamental objectives are: 1. Reproduce surgical techniques of surgeries for prolapse. 2. Perform innovative surgical techniques for pelvic organ prolapse 3. Demonstrate the change in the quality of life of patients with pelvic organ prolapse 4. Demonstrate surgical skills of our institution.

**Methods:** The method of this video was recorded in an educational way, to understand anatomical concepts and surgical techniques in a simple way. It was prepared under a usual outpatient recruitment process, the patient was protocolized under our regulations and surgery was scheduled. The patient was prepared under a usual outpatient recruitment process, the patient was...
combination of hysterectomy and fistula repair including open, robotic, and vaginal approaches. **Objective:** This video documents preoperative evaluation of a complex fistula, and fistula repair with the correct vaginal approach. **Methods:** This is a case presentation of a 59 year old patient with Stage 1A1 squamous cell carcinoma of the cervix, who presented with postoperative urinary incontinence status post-LEEP. Surgical management was recorded using a mounted high-definition camera to precisely document surgical technique and methods. Preoperative evaluation included CT cystogram, retrograde filling of the bladder, and MRI. Surgical techniques included use of ureteral stents; pediatric Foley catheter for occlusion of the fistula opening, and guidance and dissection of the fistula tract; interrupted Lambert sutures to ensure water-tight closure on the first layer of fistula repair; interrupted horizontal mattress sutures for second layer of closure; and robotic arms for careful dissection and leveraging of the vaginal and cervix free from the bladder. **Results:** Allowing six weeks for inflammation resolution improved the vitality of the tissue for repair. We avoided PCNs because they tend to lead to an increased risk of infection and overall patient morbidity. Although this patient continued to leak in the weeks leading up to surgery, she did not develop infection as a result of her leakage and was not placed at risk of pyelonephritis or future renal damage. **Conclusions:** It is important to be aware that surgical procedures, including LEEPs, can be complicated by fistula formation. When planning time for fistula repair, it is necessary to allow time for inflammation resolution because using healthier tissue for closure ensures integrity of repair, decreases the risk of fistula reocurrence, and optimizes outcomes. It is valuable to perform a thorough preoperative evaluation of the fistula tract with MRI and retrograde filling of the bladder to aid in surgical planning. When possible, we recommend avoiding the use of PCNs because PCNs tend to lead to an increased risk of infection and overall patient morbidity. In the surgical repair of complex fistula, we recommend ureteral stent placement if the fistula is in close proximity to the ureters. We recommend using a pediatric Foley catheter for occlusion of the fistula opening and for guidance and dissection of the fistula tract. It is important to ensure a water-tight closure on the first layer of the fistula repair before closing subsequent layers. When possible, vaginal approach to fistula repair should be employed in order to avoid unnecessary second cystotomy. When performing a combination fistula repair and hysterectomy, we recommend robotic approach for hysterectomy to perform careful dissection of the vagina and cervix free from the bladder. **Disclosure:** No

**Video Poster 310**
**URETERAL STENT PLACEMENT FOR THE UROGYNECOLOGIST**
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**Introduction:** Maintaining ureteral integrity is a key aspect of gynecologic surgery. The majority of ureteral injuries are recognized postoperatively. Ureteral injuries can lead to obstruction, loss of renal function, and fistula formation. Ureteral stents can prevent delayed identification of ureteral injury and ensure the patency of the ureter. This technique of ureteral stent placement is a simple addition to a surgeon’s skillset.

**Objective:** We aim to describe indications for ureteral stent placement that are relevant to the urogynecologist. We will describe different types of temporary ureteral stents that are commonly used in the gynecologic setting. We will then demonstrate a simple approach to the placement of a temporary ureteral stent.

**Methods:** In this video we present ureteral stent placement without use of a guide wire. The supplies needed include a 30 degree lens in a 21 French cystoscope, a 5 French open ended catheter, and a 10 cc syringe of normal saline. Patient is placed in the dorsal lithotomy position and cystoscopy is performed. Cystoscopy light handle is directed towards the ureter being accessed. Instead of using a guide wire, we use a 10 cc syringe of normal saline. The ureteral stent is placed at the inferior edge of the ureteral meatus. A short brief puff of fluid is injected from the opposite end of the catheter to help cannulate the meatus and insert the stent.

**Results:** After removal of a temporary ureteral stent, it is imperative to ensure that they are removed intact. Mild hematuria can occur and should self-resolve within twenty-four hours. For inpatient procedures, it is important to use maintenance fluid overnight and have an adequate measure of urine output.

**Conclusions:** This demonstrates a simple approach to ureteral stent placement for the urogynecologic surgeon. **Disclosure:** Any of the authors act as a consultant, employee or shareholder of an industry for: Boston Scientific.

**Video Poster 312**
**COMMON URODYNAMIC FINDINGS IN FEMALE LOWER URINARY TRACT SYMPTOMS**
H. Hong1, A. Mahdy1. University of Cincinnati1

**Introduction:** In this video, we will demonstrate common urodynamic findings in females lower urinary tract symptoms including pelvic floor overactivity, poor bladder compliance with vesicoureteral reflux, bladder outlet obstruction and detrusor external sphincter dyssynergia. We present these urodynamic findings with clinical history for practical applications.

**Objective:** We present these urodynamic findings with clinical history for practical applications.

**Methods:** Retrospective chart review was performed on selected patients.

**Results:** Case 1: We demonstrate pelvic floor overactivity in a 61 year old female with overactive bladder, urge urinary incontinence and nocturia. During the filling phase, patient demonstrated a rise in detrusor pressure accompanied with a rise in the vesical pressure with no rise in the abdominal pressure. Case 2: We demonstrate poor bladder compliance in a 32 year old female with history of spina bifida and hydrocephalus. During the filling phase, patient showed a progressive rise in detrusor pressure in response to continued bladder filling with a parallel rise in the vesical pressure with no change in the abdominal pressure. Case 3: We demonstrate bladder outlet obstruction in a 81 year old female who has elevated post-void residual and recurrent mixed urinary incontinence. During the voiding phase of the study, there was elevated detrusor pressure of
VESICO-VAGINAL FISTULA AFTER CERVICAL CERCLAGE - LET’S MAKE THE REPAIR SIMPLER

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Introduction: Introduction: Vesico-vaginal fistulae (VVF) remain the most prevalent genitourinary fistula detrimentally impacting quality of life. The management of pin-point high-riding vesico-vaginal fistulae may present a few challenges: diagnostic difficulties, choosing optimal repair timing, correct approach and surgical technique.

Objective: Objective: In this video we demonstrate the maneuver that simplifies and makes the repair safer during fistuloplasty in selected patients.

Methods: Method: 26 years old woman with prior history of cervical cerclage with a complaint of vaginal urine leakage in the past 8 months was diagnosed with VVF. The video shows the procedure step by step, a Foley catheter is passed through fistulous tract from vaginal orifice following the fistulous tract into the bladder. The role of the catheter during traction, is to improve exposition of fistulous area and facilitate and make safer the bladder wall fixation.

Results: Results: 3 patients underwent successful repair of narrow high riding VVF using this technique.

Conclusions: Conclusion: We suggest this maneuver may be a useful tool in a reconstructive surgeon’s armamentarium.

Disclosure: No

TIPS AND TRICKS FOR REMOVAL OF TOT – TRANS-OBTURATOR TAPE

R. Tomashov1, H. Shi1, S.A. Shoebiri1, INOVa Women Hospital2

Introduction: Urinary incontinence (UI) effects up to 40% of women, while SUI (Stress Urinary Incontinence) prevalent in at least half of them. Polypropylene tension-free vaginal tapes are highly successful and commonly used to treat that problem. Tension-free vaginal tapes can be placed perpubically or throw the obturator membrane. Trans-obturator sling (TOT) is inserted through the obturator membrane and placed under the urethra in the mid-urethral portion to provide support for the weak endopelvic fascia to prevent leakage of urine associated with physical activities, sneezing, or coughing. The complications are voiding dysfunction, urinary retention, and urethral obstruction after sling placement, affecting 3% of women. DeNardo urgency incontinence may affect 6% of women, and mesh erosion (as delayed complications) in 2-4% of women. The sling can be obstructive due to ingrowth, scarring, and inflammation.

Objective: In this video, we present the techniques for the removal of TOT

Methods: To maximize visualization and exact placement of the sling, we place a localization needle in the sling under ultrasound guidance. A urethral manipulator or a Kelly are used to find the area of urethral obstruction.

Results: For maximal visualization, a reverse U incision was made. Once the sling has been located, it is undermined to isolate it from the urethra. Since the sling can retract once cut, a double clamp with heavy clamps such as Heaney on each side is recommended. Afterward, the sling is cut in the middle. Sharp and blunt dissection is used to isolate the sling. For removal of the arms or the anchors, we employ several methods: 1. The hole at the tip of a small Babcock clamp can be used to bluntly clear the tissue as the sling is followed to the obturator membrane. A nasal speculum can be used to visualize the sling insertion into the obturator membrane. Since the initial sling placement is due to SUI, we use Kelly plication stitches that can be placed in the bilateral Pubourethral ligaments using two 2.0 PDS sutures for urethral support minimizing the risk of occult urinary incontinence. In the cases of combined intrinsic sphincter deficiency and mesh complications, we advocate concurrent placement of an autologous pubourethral sling rather than a repeat mesh sling.

Conclusions: Removal or revision of a sling tape/mesh requires experience and specific methodologic steps. We recommend doing so with the help of a transurethral instrument and ultrasound. For easier dissection of the sling from surrounding deep endopelvic tissue, we recommend using a Babcock clamp or a nasal speculum.

Disclosure: One or more of the authors act as a consultant of EMIC, COSM, TRACKIMED

VESICO-VAGINAL FISTULA AFTER CERVICAL CERCLAGE - LET’S MAKE THE REPAIR SIMPLER

A. Kheifez1, M. Ben Zvi2, B. Sionov3, A. Tsvian1, Wolfson Medical Center1, University College London Hospitals2

Introduction: Introduction: Vesico-vaginal fistulae (VVF) remain the most prevalent genitourinary fistula detrimentally impacting quality of life. The management of pin-point high-riding vesico-vaginal fistulae may present a few challenges: diagnostic difficulties, choosing optimal repair timing, correct approach and surgical technique.

Objective: Objective: In this video we demonstrate the maneuver that simplifies and makes the repair safer during fistuloplasty in selected patients.

Methods: Method: 26 years old woman with prior history of cervical cerclage with a complaint of vaginal urine leakage in the past 8 months was diagnosed with VVF. The video shows the procedure step by step, a Foley catheter is passed through fistulous tract from vaginal orifice following the fistulous tract into the bladder. The role of the catheter during traction, is to improve exposition of fistulous area and facilitate and make safer the bladder wall fixation.

Results: Results: 3 patients underwent successful repair of narrow high riding VVF using this technique.

Conclusions: Conclusion: We suggest this maneuver may be a useful tool in a reconstructive surgeon’s armamentarium.

Disclosure: No

References:

1. Wolfson Medical Center1,
2. University College London Hospitals2

Disclosure: No

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Results: Results: 3 patients underwent successful repair of narrow high riding VVF using this technique.

Conclusions: Conclusion: We suggest this maneuver may be a useful tool in a reconstructive surgeon’s armamentarium.

Disclosure: No
**Video Poster 316**

**LAPAROSCOPIC SUTURE SACROHYSTEROPEXY: A MESHLESS ALTERNATIVE APPROACH TO UTEROVAGINAL PROLAPSE SURGERY**

M. Ben Zvi1, N. Thanasis1, A. Vashisth1. University College London Health

**Introduction:** Laparoscopic mesh sacrohysterectomy is one of the NICE recommended procedures for uterine prolapse and probably the one with the most robust outcomes. Nevertheless, the concerns about safety of transvaginal mesh and the associated publicity have created controversies about the role of mesh in pelvic reconstructive surgery. Currently, there is a growing trend towards the use of dissolvable surgical materials. Laparoscopic suture sacrohysterectomy is an alternative option for women who wish to preserve their uterus and they are mesh averse. Previous authors have described minimally invasive techniques for uterine-sparing prolapse surgery. In 2001, Maher et al. utilized non-absorbable sutures to plicate the uterosacral ligaments (laparoscopic uterosacral ligament suspension and culdoplasty). Subsequently, Krause et al. described the technique of laparoscopic sacral uterine hysteropexy. The authors used two running non-absorbable sutures to anchor the uterine torus to the right uterosacral ligament and the anterior longitudinal ligament over the sacral promontory.

**Objective:** Our approach of laparoscopic suture sacrohysterectomy incorporates surgical steps of both procedures in an effort to achieve optimal and long-lasting apical support.

**Methods:** Technique: 1. EUA, Foley catheter and uterine manipulator inserted. Rectal sizers used throughout the procedure as needed to mobilise rectum. 2. 4 port laparoscopy. 3. Pelvic survey. 4. Ureters identified-peritoneal relaxing incisions. 5. Promontory identified and peritoneum opened. Anterior longitudinal ligament exposed. 6. Peritoneal dissection developed caudally to insertion of uterosacral ligaments. 7. In case of concomitant enterocele, then we proceed to a dissection of the rectovaginal space and laparoscopic correction of enterocele using delayed absorbable sutures. 8. Plication of uterosacral ligament with PDS sutures x 3. 9. Midline plication of USL ligaments utilizing delayed absorbable sutures (Laparoscopic culdoplasty). 10. Two monofilament non-absorbable sutures inserted to the uterine torus, then passed into the right USL, anchored to the ALL over the sacral promontory and then passed back to the uterine torus. 11. Retropertionealisation of the non-absorbable sutures. Patient examined at the end of the procedure and anterior/low posterior vaginal repair and perineorrhaphy undertaken if deemed necessary in case of any residual prolapse.

**Results:** Following surgery anatomic apical support was fully restored, C point at -6 position. The patient went home one postoperative day one. No short-term postoperative complications occurred.

**Conclusions:** Our approach of laparoscopic suture sacrohysterectomy was developed in an effort to offer minimally invasive alternative surgical options to mesh averse women who wish to undergo a uterine sparing prolapse surgery. Undoubtedly, it requires a surgeon competent in minimally invasive surgery as well as urogynecology. Nevertheless, it is a feasible and safe technique combining the advantages of laparoscopic surgery whilst avoiding the use if mesh. Long term efficacy and safety data are needed.

**Disclosure:** No

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**Video Poster 317**

**LAPAROSCOPIC UTEROSACRAL LIGAMENT SUSPENSION TECHNIQUES FOR APICAL PELVIC ORGAN PROLAPSE: A HYSTERECTOMY-BASED APPROACH**

A. Edwards1, A. Carter Ramirez2, S. Kim-Fine1, N.V. Scime1, E.A. Brennan3. University of Calgary

**Introduction:** Laparoscopic uterosacral ligament suspension techniques are increasingly utilized for the surgical treatment of apical pelvic organ prolapse using hysterectomy-based or uterine-preserving approaches. Advances of the laparoscopic approach include improved visualization of pelvic anatomy, decreased rates of ureteric compromise, ability to perform a higher apical suspension, and opportunistic performance of complete salpingectomies for cancer prevention or contraception.

**Objective:** To describe the equipment required and steps to complete a native tissue laparoscopic uterosacral ligament vault suspension at the time of a laparoscopic assisted vaginal hysterectomy for pelvic organ prolapse.

**Methods:** This video was produced using footage from laparoscopic assisted pelvic floor reconstructive surgeries performed at the University of Calgary, a tertiary care center in Calgary, Alberta, Canada. Surgeries were performed by fellowship trained urogynecologists. Written consent for electronic video capture was obtained from all patients prior to their procedures.

**Results:** This video demonstrates a technique for laparoscopic uterosacral ligament vault suspension at the time of a laparoscopic assisted vaginal hysterectomy for pelvic organ prolapse.

**Conclusions:** Laparoscopic approaches to uterosacral ligament apical suspension are feasible at hysterectomy-based procedures.

**Disclosure:** No

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**Post 319**

**CORRELATION BETWEEN MOBILE-APPLICATION ELECTRONIC BOWEL DIARY AND VALIDATED QUESTIONNAIRES IN WOMEN WITH FECAL INCONTINENCE**

I. Meyer1, J. Iriondo-Perez2, K. Dyer3, V. Sung4, M. Ackenbom5, M. Florian-Rodriguez6, E. Kim7, B. Carper8, D. Mazloomdoost9, M. Gantz10. University of Alabama at Birmingham1, RTI International2, Kaiser Permanente11, Albert Medical School of Brown University12, University of Pittsburgh Medical Center13, University of Texas Southwestern Medical Center14, University of Pennsylvania15, The Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health16

**Introduction:** Fecal incontinence (FI) is a prevalent and burdensome condition. While a bowel diary has been considered “the gold standard” for reporting bowel incontinence episodes, patient-reported outcomes via validated questionnaires...
have gained popularity in assessing condition-specific symptom severity and impact. In clinical studies, validated questionnaire outcomes are typically reported concurrently with bowel diary data, most collected in a paper format. However, there are potential disadvantages related to convenience and accuracy using a paper diary. A recent randomized cross-over trial demonstrated that a mobile-application bowel diary had a high correlation with a paper diary and was preferred by patients. Despite the growing interest in the use of a mobile-app diary, data are limited regarding the correlation between mobile-app diary data on incontinence and questionnaire-based outcomes.

**Objective:** The current study aims to determine whether %reduction in FI episodes/week recorded on a mobile-app diary correlates with changes in scores of validated measures for FI symptoms from baseline to 12 weeks in women with FI undergoing percutaneous tibial nerve stimulation (PTNS) or sham treatment.

**Methods:** This is a planned secondary analysis of a multicenter randomized controlled trial where women with moderate to severe FI (baseline St. Mark’s score ≥ 12) for ≥3 months were randomized to PTNS versus sham (2:1). FI episodes were documented using a mobile-app diary. Validated measures of FI symptoms included the St. Mark’s, Accidental Bowel Leakage Evaluation (ABLE), Fecal Incontinence Severity Index (FISI), Colorectal Anal Distress Inventory (CRADI), Colorectal Anal Impact Questionnaire (CRAIQ), Fecal Incontinence Quality of Life (FIQoL, 4-subscales), Patient Global Impression of Improvement (PGI-I), and Patient Global Symptom Control rating (PGSC). Spearman’s correlation coefficient (ρ) was computed between %reduction in FI episodes/week and change in scores from baseline to 12 weeks for each validated measure, except for PGI-I and PGSC, where scores at 12 weeks were used. Additionally, a change in questionnaire scores that represents 50%-reduction in FI episodes/week was estimated via a generalized linear model. Significance was set at 0.005 to account for multiple comparisons.

**Results:** One hundred sixty three women were included in analysis (109 PTNS versus 54 sham): mean age was 63.4 ± 11.6; 81% White; Body Mass Index 29.4 ± 6.6 kg/m2; 4% had previous FI surgeries; 6.8 ± 5.5 FI episodes/week versus 54 sham): mean age was 63.4 ± 11.6; 81% White; Body Mass Index 29.4 ± 6.6 kg/m2; 4% had previous FI surgeries; 6.8 ± 5.5 FI episodes/week recorded on a mobile-app diary. A significant correlation was demonstrated between %reduction in FI episodes/week and all validated questionnaire scores (all ρ > 0.4) was observed for St. Mark’s (ρ = 0.48), FISI (ρ = 0.46), PGI-I (ρ = 0.51), and the PGSC (ρ = 0.43), (Table 1, Figure 1). Estimated change in scores indicating 50%-reduction in FI episodes exceeded the respective minimally important difference for all questionnaires (Table 2).

**Conclusions:** In women with moderate to severe FI randomized to PTNS versus sham, a moderate correlation was noted between a change in FI episodes measured via mobile-app diary and score change of validated FI questionnaires. Women having ≥50% reduction in FI episodes achieved the minimally important difference of validated patient-reported measures for FI symptoms.

**Disclosure:** No

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**Poster 330**

**RETROSPECTIVE STUDY OF LONG-TERM SURGICAL OUTCOMES IN PATIENTS WHO HAD A VAGINAL HYSTERECTOMY IN CONJUNCTION WITH PELVIC ORGAN PROLAPSE SURGERY**

S. Bormann¹, V. Biach², A. DeLange¹, M. Barker, MD³. University of South Dakota Sanford School of Medicine, The University of Oklahoma Health Science Center, Avera Medical Group Urogynecology Sioux Falls

**Introduction:** Pelvic organ prolapse is a chronic condition estimated to affect up to 50% of women, and lifetime risk for undergoing prolapse surgery is 12.6%. Common risk factors include increasing age, BMI, and parity. Symptoms associated with pelvic organ prolapse including vaginal pressure, bulging, or pain and disruption of sexual, urinary tract, or bowel function can negatively impact quality of life. Patients who fail or decline conservative treatment may undergo surgery to alleviate symptoms. Evaluating prolapse repair outcomes is difficult due to variability in the definitions of surgical success and the lack of long-term data. Due to the difficulty in reaching surgical success based on anatomic criteria and the impact prolapse has on quality of life, retreatment rates and the relief of symptoms should be considered when evaluating surgical outcomes.

**Objective:** Our primary aim was to evaluate the long-term prolapse recurrence and retreatment rates of women who have undergone native tissue prolapse repair. Our secondary aim was to evaluate subjective patient improvement in pelvic floor symptoms and quality of life 7 to 10 years after primary prolapse surgery.

**Methods:** This retrospective study included patients who underwent primary prolapse repair surgery including a hysterectomy and native tissue repair by a single surgeon at a tertiary pelvic floor center from 2009 to 2013. Subjects were obtained from a surgical database and included if they had no previous prolapse surgeries. A validated pelvic organ symptom questionnaire, the Pelvic Floor Distress Inventory (PFDI-20), was distributed to subjects before undergoing prolapse repair surgery and 7 to 10 years after surgery. The PFDI-20 includes subsections assessing prolapse, colorectal-anal, and urinary symptoms. Subjects were asked if they had required retreatment with a pessary device and/or surgery. Patient improvement was measured through changes in PFDI-20 summary and subsection scores. A paired t-test was performed to compare pre- and post-operative survey results.
Results: 112 surveys were returned, giving a response rate of 54.9%. 1.9% of patients reported retreatment in the form of a pessary and no subjects required additional incontinence repair surgery. 8.57% of women reported prolapse symptom recurrence. 77.1% of subjects had a score improvement on the PFDI-20 following prolapse repair with an average score improvement of 46.21 (P < 0.001) points. Statistically significant mean score improvements were also observed on PFDI-20 subsections.

Conclusions: Native tissue pelvic organ prolapse repair results in low recurrence and retreatment rates and clinically meaningful improvement in symptom control and quality of life. Long-term follow-up is required to determine accurate prolapse recurrence. Recommendations on defining surgical success and failure should be based on subjective patient symptoms and quality of life measures.

Disclosure: No

Poster 321
PERIURETHRAL BULKING AGENT FOR THE TREATMENT OF STRESS INCONTINENCE IN WOMEN
F. Ahiokh1, G. Agnew1. NMH - the National Maternity Hospital1

Introduction: Stress Incontinence (SI) of urine is a common and debilitating condition. Overall prevalence of urinary incontinence in women over the age of 20 has been estimated to range from 10 to 53%. The Mid Urethral Sling (MUS) has been the most commonly performed surgical treatment for SI for more than 20 years. Numerous large international studies reported high levels of efficacy and low rates of complication. In 2018, patient advocacy groups, concerned about the safety of these devices, successfully lobbied the British and Irish governments. The MUS was indefinitely suspended in both the UK and Ireland. The procedure remains the mainstay of treatment for SI in the rest of the world. With the demand for treatment continuing unabated in these islands, Urogynaecologists and Urologists have had to look at alternative methods of treatment. One such treatment is the injection of a Periurethral Bulking Agent (PBA). This procedure which can be carried out as a Day case under local anaesthetic consists of a cystourethroscopic injection of a water based gel (Bulkmid) to the periurethral mucosa in the vicinity of the vesical neck.

Objective: To determine the subjective success rate of PBA in the treatment of SI in women. To determine the frequency and types of complications encountered and the need for repeat treatments.

Methods: A retrospective electronic chart review of the operation notes and clinic consultations of 59 consecutive patients who underwent PBA at the National Maternity Hospital for the treatment of SI. During The period between Oct/2019 Until Oct/2021. We relied on entering the data on a table that includes age, parity, urodynamic results, physiotherapy, subjective cure rate, complications, and whether they require repeating the treatment on not.

Results: The majority of them were multiparous. Of those who underwent proprospective urodynamic investigations the majority of candidates had SI, the majority had SI bladders with urodynamic stress incontinence. At 6 week follow up 40% of women reported a significant subjective improvement in stress incontinence to the extent that they had elected to forego a repeat PBA procedure in favour of a more invasive intervention such as a Pubovaginal Fascia Sling. Of the patients who underwent repeat PBA procedure only 2% were left dissatisfied with the resultant improvement in their stress incontinence symptoms. Further studies are warranted to assess long term effectiveness and patient satisfaction. With proper patient selection and counselling, urethral bulking agents are a valuable option in a country such Ireland which they were banned from using doing Mesh surgeries for the last 3 years.

Disclosure: No
Disclosure: One of more of the authors act as a consultant, employee or shareholder of an industry for NinoMed

Poster 323

UTEROSACRAL LIGAMENT SUSPENSION USING VNOTES VS CONVENTIONAL APPROACH

O. Duenas-Garcia 1, West Virginia University 1

Introduction: Transvaginal uterosacral ligament suspension has been shown to be a feasible native tissue repair method to repair pelvic organ prolapse. Data from the OPTIMAL trial, in 2014, indicated an 89% satisfaction rate and lack of long-term complications from the use of mesh or any implants. Unfortunately, this technique carries a 11% risk of intraoperative ureteral kinking. Possible risk factors may include the lack of adequate visualization and close relationship of the uterosacral ligaments with the ureters.

Objective: This study aimed to compare surgical outcomes in those patients who underwent a conventional transvaginal hysterectomy and high uterosacral ligament suspension (ULS) using a traditional approach vs the vNOTES approach.

Methods: This is a retrospective cohort of patients who underwent a transvaginal hysterectomy with a high uterosacral ligament suspension at our system from January 2019 to December 2021. Primary outcome was defined as having or not having an intraoperative surgical complication defined as blood loss >500 mL, blood transfusion, having an intraoperative surgical complication defined as blood loss >500 mL, blood transfusion, or any implants. Unfortunately, this technique carries a 11% risk of intraoperative ureteral kinking. Possible risk factors may include the lack of adequate visualization and close relationship of the uterosacral ligaments with the ureters.

Results: Our study identified 146 patients, 106 of them had a standard surgery and 40 using the vNOTES. The surgeries performed with the vNOTES technique were slightly faster (99.37 vs 112.05 minutes) and this was close to reach statistical significance (P = 0.077). Nine out of 40 vNOTES group had a complication compared to 14 using the conventional technique, but the difference was not statistically significant P = 0.16. The blood loss was lower in the vNOTES group with a mean value of 54.55 vs 120.25 from the conventional technique (p=0.006). Postoperative visual analog pain scores were higher in the conventional surgery group (1.86 vs 1.31, P = 0.046), but after adjusting for the difference in preoperative and postoperative pain scores, the groups showed no difference (P = 0.087). Intraoperative kinking of the ureter occurred in 7 patients who had the standard surgery and 0 in the vNOTES.

Conclusions: vNOTES hysterectomy and ULS appears to be a feasible approach that did not increase morbidity compared to the conventional approach. Pain scores were lower on the vNOTES and this should be explored in a larger randomized clinical trial.

Disclosure: One of more of the authors act as a consultant, employee or shareholder of an industry for Applied medical

Poster 324

ROLE OF MAGNETIC RESONANCE IMAGING IN EVALUATION OF POST Hysterectomy VULT proLAPSE

J.B. Sharma 1, AIIMS 1

Introduction: Vault prolapse usually follows vaginal or abdominal hysterectomy and is usually associated with cystocele, rectocele and enterocele. Diagnosis is made clinically but magnetic resonance imaging (MRI) can better detect enterocele than clinical finding.

Objective: To assess the role of magnetic resonance imaging (MRI) in evaluation of vault prolapse.

Methods: It was a prospective study over 4 years, on 20 women presenting with vault prolapse, in which grading of vault prolapse was made clinically and by pelvic organ prolapse quantification (POPQ). Magnetic resonance imaging was performed for all cases to quantify prolapse and compare findings of MRI and POPQ with intraoperative findings of prolapse.

Results: Mean age, parity, BMI were 54.8 ± 9.21 years, 3.5 ± 1.2 and 22.71 ± 2.47 kg/m2 respectively. A total of 15 (75%) patients had vaginal hysterectomy while rest 5 (25%) had abdominal hysterectomy. Symptoms were pressure in lower abdomen and perineum in 11 (55%), bulge and feeling of mass descending in perineum in all 20(100%) and chronic constipation in 12 (60%) cases. The type of prolapse was cystocele in all 20 (100%), rectocele (100%), vault prolapse in all 20(100%) and enterocele in 9(45%) cases.

MRI had agreement with intraoperative findings in 13 (65%) cases in cystocele, 9 (45%) cases in vault prolapse, 10 (50%) cases in rectocele but had much higher agreement of 8 out of 9 (88.8%) for enterocele. While POPQ had higher agreement with intraoperative findings for cystocele in 16(80%), vault prolapse in 18 (90%), rectocele in 12(60%) but had poorer agreement for enterocele in 6 out of 9 (66.6%) cases.

Conclusions: This study demonstrated that MRI was inferior in diagnosis of cystocele, rectocele and vault prolapse than POPQ but was superior in identification of enterocele than POPQ.

Disclosure: No

Poster 325

CORRELATION OF OVERACTIVE BLADDER SYNDROME SCORE WITH URODYNAMIC STUDY IN OVERACTIVE BLADDER SYNDROME CASES

J.B. Sharma 1, AIIMS 1

Introduction: Overactive bladder syndrome (OAB) is a symptom complex characterised by urinary urgency, with or without urge incontinence, usually with increased day-time frequency and nocturia in absence of any proven infection or pathology.

Objective: To correlate the overactive bladder syndrome score with urodynamic studies in patients of overactive bladder syndrome.

Methods: It was a prospective study on 60 female patients of OAB syndrome on clinical history. Overactive bladder syndrome score (OABSS) was calculated and urodynamic studies were done in all cases and were correlated.

Results: The mean age, mean parity, mean body mass index and mean serum creatinine levels in study patients were 42.3 ± 9.91 years, 2.4, 24.7 ± 2.71 kg/m2 and 0.84 ± 0.11 mg/dl respectively. Various symptoms of OAB included frequency (100%), urgency (100%), nocturia (76.6%) and urge incontinence (95%). The overactive bladder syndrome score (OABSS) ranged from 6-12 with mean being 8.52 ± 1.67. Mild OAB (OABSS 5-8) was seen in 31 (51.66%) patients, moderate OAB (OABSS 9-10) in 21 (35%) patients and severe OAB (OABSS 11-12) was seen in 8 (13.33%) patients. On urodynamic studies, detrusor overactivity was observed in 45 (75%) patients. Maximum flow rate of urine per second (Qmax) ranged from 19.3 to 43.2 ml/sec with mean being 32.41 ± 5.87 seconds.

Conclusions: Overactive bladder syndrome score and urodynamic studies are useful in identifying the severity of overactive bladder syndrome.

Disclosure: No
POSTER 326
PREVALENCE OF RECTAL EXAMINATIONS PRIOR TO MAGNETIC RESONANCE DEFOECOGRAPHY STUDIES

C. Schrum1, M. Dickinson2, E. Shah1, M. Speicher1, K. Strohbehn1. Dartmouth-Hitchcock Medical Center2, Geisel School of Medicine at Dartmouth College1, American Association of Colleges of Osteopathic Medicine2

INTRODUCTION: Constipation, anal incontinence and pelvic organ prolapse are common disorders under the larger umbrella of pelvic floor dysfunction (PFD), affecting upwards of 50% of women (Sung & Hampton, 2009), (Roque & Bouras, 2015). Magnetic resonance defecography (MRD) is among the adjunct tests recommended in the algorithms for evaluation of patients with PFD, but should be preceded by a physical exam including digital rectal exam (DRE) (Bharucha et al., 2013), (Jamshed et al., 2011).

PURPOSE: To assess the frequency of DRE in female patients prior to MRD.

METHODS: We conducted a retrospective cohort review of all MRD exams performed on female patients at a single rural tertiary care center from 2016 through 2020. Cohorts were determined by the referring provider’s subspecialty. Retrospective chart review was performed to abstract patient age, referring physician, and to determine if DRE was performed as part of the clinical evaluation of each patient’s PFD complaints. Baseline characteristics were summarized using descriptive statistics (Table 1). A one-way ANOVA was performed to compare the effect of referring physician specialty on the presence or absence of a rectal examination.

RESULTS: A total of 304 female patients underwent MRD during the study period: 209 (68.8%) were referred by gastroenterology providers and 95 (31.2%) from other specialties. Chi-square analysis results (Figure 1) indicate that physician gastroenterologists perform a rectal examination statistically significantly less often than physicians of other specialties: 32.8% and 84.4% respectively (Pearson χ² = 29.314; n = 155; P < 0.001). When comparing all subspecialties, the one-way ANOVA revealed that there was a statistically significant difference in the presence of a rectal examination between at least two groups (F(6,297) = 18.790; P < 0.001). Tukey’s HSD Test for multiple comparisons found that the mean value of the presence of a rectal examination was significantly different between gastroenterologists and urogynecologists (p < 0.009, 95% C.I. = [3.55, 31.42] favoring more exams performed by non-gastroenterology providers. There was also a statistically significant difference between gastroenterologists and all other specialties (P ≤ 0.001).

CONCLUSIONS: DRE by an experienced practitioner has high sensitivity and specificity for detection of dyssynergia in the evaluation of constipation (Tantiphlachiva et al., 2010) and decreased anal sphincter tone for fecal incontinence (Hallan et al., 2005). We expected to find that DRE was performed universally before performing ancillary tests. Performance of a DRE was less common with gastroenterology than with other providers. Our findings highlight the need for better understanding and practitioner utilization of DRE: and ancillary testing in the algorithm for evaluation of PFD.

DISCLOSURE: One of more of the authors act as a consultant, employee or shareholder of an industry for GI Supply (consultant - Dr. Shah), REIA, LLC (clinical investigator - Dr. Strohbehn), WebMD FPMRS (section editor - Dr. Strohbehn).

POSTER 327
COMPLICATIONS DURING LAPAROSCOPIC SACROHYSTEROPEXY: A RETROSPECTIVE COHORT STUDY

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INTRODUCTION: Laparoscopic sacrohysterectomy (LSH) is gaining popularity in treating apical prolapse. Besides the clear benefit of uterine preservation (when desired), LSH decreases operative time, blood loss, and surgical cost, as well as rates of mesh exposure, while providing similar success rates, when compared to hysterectomy and sacrocolpopexy. As this procedure becoming more common, it is important to provide data regarding the incidence, as well as long term consequences, of perioperative complications.

OBJECTIVE: Our aim was to study the incidence of complications during LSH, and potential effect on long term outcomes.

METHODS: This was a retrospective cohort study. All the patients who underwent LSH at our institute, between July 2005 and December 2019 were evaluated preoperatively and postoperatively (starting from 1 month after surgery, and then annually). In addition, their medical files and surgical reports were reviewed. All surgeries were made by single surgeon. For all patients, one anterior mesh was used to treat apical: anterior prolapse. Additional posterior (for posterior prolapse) and/or rectal (in cases of rectal prolapse) were used, when indicated. The study population was divided into two groups, according to the presence of intraoperative or immediate postoperative (within 30 days after surgery) complications (classified as stage 2 or higher, according Clavien-Dindo classification). We compared patients’ background and operative characteristics, as well as long-term results, between the groups.

RESULTS: A total of 270 patients were included, of them, 15 women (5.6%) had perioperative complications: two patients had presacral bleeding, three had vesical injury, one patient had ureteral injury, three patients were reoperated due to bowel obstruction (one of them was trocar site incarceration) within 30 days after surgery. There were also six cases of intestinal injury. Patients who encountered perioperative complications were less likely to be married (46.7% vs. 76.2%, P = 0.001). For the patients who had perioperative complications, operation time
was longer (95 ± 12 minutes vs. 103 ± 20 minutes, P = 0.01), and there were more cases in which more than one mesh was used (72.3% vs. 58%, P = 0.05), compared to those without complications. In cases of complications, postoperative hospitalization was longer (4.7 ± 8.4 days vs. 1.8 ± 0.9 days, P < 0.001) and mean level of postoperative pain (assessed by visual-analogue score) was higher (4.1 ± 8.6 vs. 1.9 ± 2.9, P = 0.001) when compared to patients for whom the surgery went uneventful. However, in terms of long-term results, there were no differences in late complications nor the rate of prolapse recurrence, between the study groups.

**Conclusions:** LSH is associated with low rates of perioperative complications. When perioperative complications do occur, they probably do not affect long term outcomes.

**Table 1: Background characterization and perioperative evaluation of the study groups**

<table>
<thead>
<tr>
<th></th>
<th>No complications (n=255)</th>
<th>Complications (n=15)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>61.3±11</td>
<td>60.1±13</td>
<td>0.8</td>
</tr>
<tr>
<td>Body mass index (kg/m²)</td>
<td>23.5±3.4</td>
<td>23.4±4.1</td>
<td>0.3</td>
</tr>
<tr>
<td>Chronic illness (%)</td>
<td>69 (27.6)</td>
<td>4 (25.7)</td>
<td>0.8</td>
</tr>
<tr>
<td>Family history of POP</td>
<td>99 (38.5)</td>
<td>2 (13.3)</td>
<td>0.09</td>
</tr>
<tr>
<td>Married (%)</td>
<td>152 (72.9)</td>
<td>7 (46.7)</td>
<td>0.001</td>
</tr>
<tr>
<td>Sexually active</td>
<td>167 (65.5)</td>
<td>12 (80.0)</td>
<td>0.4</td>
</tr>
<tr>
<td>Parity</td>
<td>2.3±1.2</td>
<td>2.8±1.4</td>
<td>0.08</td>
</tr>
<tr>
<td>Gynecological surgery</td>
<td>132 (51.8)</td>
<td>11 (73.3)</td>
<td>0.1</td>
</tr>
<tr>
<td>Post-pelvic repair</td>
<td>15 (5.9)</td>
<td>1 (6.7)</td>
<td>0.70</td>
</tr>
<tr>
<td>Menopause</td>
<td>155 (78.2)</td>
<td>12 (80.0)</td>
<td>0.8</td>
</tr>
<tr>
<td>Horizontal replacement</td>
<td>22 (9.2)</td>
<td>1 (6.7)</td>
<td>1.0</td>
</tr>
</tbody>
</table>

**Preoperative gynecological evaluation**

<table>
<thead>
<tr>
<th>complication stage (%)</th>
<th>No complications (n=255)</th>
<th>Complications (n=15)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apical prolapse stage 1-4</td>
<td>215 (92.2)</td>
<td>14 (93.3)</td>
<td>0.9</td>
</tr>
<tr>
<td>Mit prolapse</td>
<td>139 (54.5)</td>
<td>6 (40.0)</td>
<td>0.3</td>
</tr>
<tr>
<td>Duration of symptoms</td>
<td>24.6±25.8</td>
<td>21.6±19.2</td>
<td>0.6</td>
</tr>
</tbody>
</table>

Data are presented in mean±standard deviation or n (%). Value in bold represents statistically significant differences.

**Table 2: Operative details of the study groups**

<table>
<thead>
<tr>
<th></th>
<th>No complications (n=255)</th>
<th>Complications (n=15)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operative time (min)</td>
<td>95±12</td>
<td>103±20</td>
<td>0.01</td>
</tr>
<tr>
<td>Additional procedure (yes)</td>
<td>21 (8.2)</td>
<td>0 (0.0)</td>
<td>0.6</td>
</tr>
<tr>
<td>Number of meshes</td>
<td>0.65</td>
<td></td>
<td></td>
</tr>
<tr>
<td>One</td>
<td>107 (41.5)</td>
<td>4 (26.7)</td>
<td></td>
</tr>
<tr>
<td>More than one</td>
<td>140 (58.0)</td>
<td>11 (53.3)</td>
<td></td>
</tr>
<tr>
<td>P-Abdominal hospitalization (days)</td>
<td>1.8±0.9</td>
<td>4.7±4.4</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Post-operative pain (%)</td>
<td>1.5±0.9</td>
<td>4.1±8.6</td>
<td>0.01</td>
</tr>
</tbody>
</table>

Data are presented in mean±standard deviation or n (%). Value in bold represents statistically significant differences.

**Table 3: Late post-operative outcomes**

<table>
<thead>
<tr>
<th></th>
<th>No complications (n=255)</th>
<th>Complications (n=15)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Follow-up duration (months)</td>
<td>44±45</td>
<td>32±28</td>
<td>0.3</td>
</tr>
<tr>
<td>De novo lumbar pain</td>
<td>25 (10.0)</td>
<td>6 (40.0)</td>
<td>0.06</td>
</tr>
<tr>
<td>De novo pelvic pain</td>
<td>17 (6.7)</td>
<td>6 (40.0)</td>
<td>0.06</td>
</tr>
<tr>
<td>De novo Dyspareunia</td>
<td>24 (9.4)</td>
<td>9 (60.0)</td>
<td>0.2</td>
</tr>
<tr>
<td>De novo Dysmenorrhea</td>
<td>40 (15.3)</td>
<td>4 (26.7)</td>
<td>1.0</td>
</tr>
<tr>
<td>Mesh exposure</td>
<td>2 (0.8)</td>
<td>6 (40.0)</td>
<td>1.0</td>
</tr>
<tr>
<td>De novo Stress urinary incontinence</td>
<td>55 (21.6)</td>
<td>5 (33.3)</td>
<td>0.2</td>
</tr>
<tr>
<td>Surgery for Stress urinary incontinence</td>
<td>34 (13.1)</td>
<td>4 (26.7)</td>
<td>0.1</td>
</tr>
<tr>
<td>De novo Genitourinary</td>
<td>26 (9.9)</td>
<td>2 (13.3)</td>
<td>0.8</td>
</tr>
<tr>
<td>De novo Anal incontinence</td>
<td>13 (5.1)</td>
<td>6 (40.0)</td>
<td>0.4</td>
</tr>
<tr>
<td>Objective prolapse recurrence</td>
<td>15 (5.9)</td>
<td>2 (13.3)</td>
<td>0.09</td>
</tr>
<tr>
<td>Subjective prolapse recurrence</td>
<td>28 (7.9)</td>
<td>0 (0.0)</td>
<td>0.3</td>
</tr>
<tr>
<td>Total Prolapse recurrent</td>
<td>25 (10.0)</td>
<td>12 (80.0)</td>
<td>0.3</td>
</tr>
</tbody>
</table>

Data are presented in mean±standard deviation or n (%). Value in bold represents statistically significant differences.

**Disclosure:** No
subsequent development of a VVF-4.5 The most patients (28 cases, 59.57%) had complex fistula with 0.5–2.5 cm in diameter and the position of most high fistula was near from vaginal stump. A number of 42 cases (46.80%) have been repaired, while 11 patients with malignancy (23.40%) still wait until 12 months after chemoradiation, and 14 patients (29.78%) in conservative management, were observed until 3 month post surgical procedure. One patient of fistula repair had failed one month after first repair.

Conclusions: There are many etiology that cause vesicovaginal fistula. The cases of vesicovaginal fistula are dominantly caused by surgical procedure such as hysterectomy. Most of this are complex fistula and their position at vaginal superior near from vaginal stump. The patients that have been repaired, mostly good outcome. One patient had failed one month after first fistula repair.

Disclosure: No

Poster 329
THE IMPACT OF PELVIC FLOOR PHYSICAL THERAPY ON BLADDER, BOWEL, AND SEXUAL FUNCTION IN WOMEN WITH OBSTETRIC ANAL SPHINCTER INJURY
L.L. Lua-Mailland1, M. Yao1, S. Wallace1, K. Propst1, Cleveland Clinic1
Introduction: Women with obstetric anal sphincter injury (OASI) are at increased risk of postpartum pelvic floor disorders. While there is no standard care for postpartum management following OASI, there is evidence that pelvic floor physical therapy (PFPT) can effectively treat pelvic floor disorders in pregnant women.

Objective: This study aims to compare bladder, bowel, and sexual function between women with OASI who received PFPT and women who did not receive PFPT based on validated questionnaires administered at baseline and at six months, as well as to describe adherence to PFPT.

Methods: This is a retrospective cohort study of women who were seen at a postpartum perineal clinic from November 2017 to November 2021. Women were grouped according to PFPT attendance. FISI scores significantly worsened after 6 months in women without PFPT but not in those who received PFPT. PFPT was associated with lower scores on the PPFBQ sexual activity domain at 6 months. Less than one-third of women who attended PFPT were fully adherent.

Results: Of the 424 women with OASI, 154 (36.3%) completed six-month surveys and were included in the analysis. Forty-two (27.3%) attended at least one PFPT session, and 112 (72.7%) did not attend PFPT. Women in the PFPT group were older, more likely to have had operative vaginal delivery, fourth degree laceration, and history of anxiety/depression (Table 1). Baseline UDI-6 scores were significantly improved by 6 months postpartum; however, there was no statistically significant difference between group improvement in UDI-6 scores. Baseline FISI scores were higher in the PFPT group than non-PFPT group (7.0 [0.0, 12.0] vs. 0.0 [0.0, 8.0], P = 0.006). From baseline to 6 months, FISI scores remained unchanged in the PFPT group (1.5 ± 11.9, P = 0.43) but significantly worsened in the non-PFPT group (9.8 ± 15.2, P < 0.001). There was a significant difference between group mean FISI score changes between baseline and at 6 months (P = 0.002). No significant difference in 6-month PPFBQ scores were observed between groups, except in the sexual activity domain. The PFPT group had lower median scores in this domain compared to non-PFPT group (2.2 [1.8, 2.7] versus 2.7 [2.1, 3.1], P = 0.012), indicating worse sexual function. Of the 200 (47.2%) women referred to PFPT, two-thirds (N = 132) attended at least one session. Median number of recommended sessions was 6.0 [4.0, 8.0], and median number of sessions attended was 3.0 [2.0, 6.0]. Only 28.8% (N = 38) of women who attended PFPT completed all recommended sessions.

Conclusions: UDI-6 scores were significantly improved by 6 months postpartum; however, there was no statistically significant difference in improvement based on PFPT attendance. FISI scores significantly worsened after 6 months in women without PFPT but not in those who received PFPT. PFPT was associated with lower scores on the PPFBQ sexual activity domain at 6 months. Less than one-third of women who attended PFPT were fully adherent.

Disclosure: No

Poster 330
URINARY MICROBIOME COMMUNITY TYPES ASSOCIATED WITH URINARY INCONTINENCE SEVERITY IN WOMEN WITH MIXED URINARY INCONTINENCE
M. Carnes1, Y. Komesu2, L. Karstens3, N. Siddiqui4, D. Drinwiddie5, H. Richter3, V. Sung3, L. Brubaker1, Smith1, R. Rogers3, M. Bradle3, D. Mazloomdoost7, M. Gantz3, Research Triangle International1, University of New Mexico2, Oregon Health & Science University3, Duke University4, University of Alabama Birmingham5, Brown University6, University of California San Diego7, Cleveland Clinic Foundation8, University of Pennsylvania9, Albany Medical Center10, University of Pittsburgh11, National Institute of Health12, Research Triangle Institute1

Introduction: Urinary microbiome (urobiome) studies frequently report specific bacteria associated with urinary incontinence (UI) in adult women; there is less information about how microbial communities are associated with UI. Microbiome studies aggregating bacteria into community-types provide novel insight into clinical conditions compared to that afforded by studying individual bacteria.

Objective: The objective of this analysis was to evaluate whether urobiome community-types were associated with UI severity in women with mixed urinary incontinence (MUI).

Methods: This planned secondary, cross-sectional analysis evaluated associations between baseline urobiome and MUI severity in a subset of participants enrolled in a randomized trial. Catherized urine samples, bladder diaries and Urinary Distress Inventory (UDI) responses were collected prior to MUI therapy in women without urinary infection. Variable regions V4-V6 of the 16S rRNA gene were sequenced, characterizing bacterial taxa to the genus level using the DADA2 pipeline and SILVA database. Samples were clustered into community-types based on core taxa (≥10% relative abundance in ≥10% of samples) using
Disclosures: Drichlet multinomial mixture clustering methods. Associations between community-types and UDI scores as well as number of UI episodes (total, urgency, and stress UI episodes) on bladder diary were evaluated using linear regression models adjusted for age and body mass index (BMI), variables known to affect the urobiome and MUI. Alpha diversity (observed genera, Shannon diversity, and Pielou index) measures for richness (total number of taxa) and evenness (proportional distribution of taxa abundance) were also analyzed for associations with UI episodes, adjusting for age and BMI.

Results: Of 114 MUI participants with analyzable samples, mean age was 52.8 (±10.9) years and mean BMI was 32.5 (±7.0). Six community-types were identified, characterized by varying levels of common genera (Lactobacillus, Tepidomonas, Acidovorax, Cutibacterium, Streptococcus, Prevotella, Acinetobacter, Staphylococcus, Bacteroides, Gardnerella and others) (Fig. 1). A Lactobacillus dominated reference group (Community-type 1) was characterized by the highest abundance of Lactobacillus (73% mean relative abundance). Community-type 3, characterized by fewer Lactobacilli (19% mean relative abundance) and greater abundance of Tepidomonas (20% mean relative abundance) and other bacteria (Fig. 1), was associated with higher total UI episodes (P = 0.006) and urgency UI episodes (P = 0.02) compared to Community-type 1 (Fig. 1). There were no associations between microbial community-types and stress UI episodes or UDI scores. Alpha diversity measures indicated that greater sample richness was associated with higher numbers of UI episodes (observed genera P = 0.01). Measures that account for evenness were not associated with MUI severity (Shannon/Pielou P > 0.53).

Conclusions: In the urobiome of women with MUI, a mixed community-type with fewer Lactobacilli and more diverse bacteria was associated with higher numbers of total and urgency UI episodes compared to a community-type with high predominance of a single genus, Lactobacillus. This study demonstrates that the urobiome is associated with phenotypic and clinically relevant differences in women with MUI, most notably in urgency UI rather than stress UI episodes. Whether MUI severity is due to lesser predominance of Lactobacillus, increased presence of other non-Lactobacillus genera, or the complement of bacteria comprising urobiome community-types, remains to be determined.

Disclosure: No

Poster 331
EARLY REPORT OF EXTERNAL TRIAL RESPONDER RATES IN THE ARTISTRY POST-MARKET REGISTRY

K. Kenton1, M. Bradley2, A. Taylor, MD3, A. Pezzella, MD3, C. Langford, DO1, W. Klin1, MD4, R. McCrory, MD1, V. Lucente, MD5, M.D. MMHC R. Dmochowski2, F. Lane, MD6, Northwestern University7, UPMC2, Chesapeake Urology8, Southern Urogynecology9, Uroglic Solutions10, Louisiana State University11, Adult Pediatric Urology & Urogynecology, Institute for Female Pelvic Medicine and Reconstructive Surgery12, Vanderbilt University13, University of California, Irvine14

Introduction: The ARTISTRY post-market registry is intended to collect clinical outcomes on the Axonics rechargeable sacral neuromodulation (SNM) System. The patient population includes those with overactive bladder (OAB), non-obstructive urinary retention (NOUR), and fecal incontinence (FI) who have failed or could not tolerate more conservative treatments.

Objective: The purpose of this abstract is to provide an early report of the external Trial Responder (TR) rates stratified by indication and trial type.

Methods: ARTISTRY enrolled participants who were considered candidates for SNM and who met inclusion/exclusion criteria. Outcomes were assessed with validated condition-specific questionnaires and defined adverse events were collected. Enrolled participants underwent an external trial evaluation with either a peripheral nerve evaluation (PNE) or advanced trial (AT) evaluation according to the physician’s preference. A TR was defined as physician determined 50% improvement in symptoms and scheduled for a full Axonics System.

Results: As of January 3, 2022, 203 participants are enrolled, and data was available in 141 participants who underwent an Axonics System external trial with either a PNE or AT. Table 1 shows participants by indication. Of the 141 participants that had an Axonics external trial, 62% had a PNE and 38% had an AT. Five (5) participants had an inconclusive PNE. Two (2) of those went on to have an AT (both of which were successful) and 3 participants are pending evaluation. Of the 87 participants that received a PNE lead, 80 (92%) were TR. Of the 54 participants that received an AT, 100% were TR. Table 2 and Table 3 further stratify the PNE Trial and AT results to indications of urgency urinary incontinence (UUI) with urinary frequency (UF), fecal incontinence (FI), and urinary retention (UR).

Conclusions: The ARTISTRY post-market registry provides evidence of the real-world performance of the Axonics System, including the external trial system. The initial cohort of participants had a high Trial Responder rate with a 92% PNE TR rate and a 100% AT TR rate, reflecting robust performance of the Axonics System. The success of PNE’s was high (80%) for each condition, suggesting that patients may be offered a PNE regardless of indication. However, other factors may be considered when determining the most appropriate trial type. For those patients who have an inconclusive PNE, physicians can consider proceeding to an AT.

Disclosure: Yes, this is sponsored by industry/sponsor: Axonics, Inc.

Clarification: Industry initiated, executed and funded study

One of more of the authors act as a consultant, employee or shareholder of an industry for Axonics, Inc.

Poster 332
ASSOCIATIONS BETWEEN PHYSICAL ACTIVITY LEVELS AND CONSTIPATION IN ADULT POPULATION: A SYSTEMATIC REVIEW AND META-ANALYSIS

Y. Tsai1, W. Shao1, K. Lin1. Department of Physical Therapy, National Cheng Kung University2

Introduction: Constipation is a digestive complaint affecting 10-15% of adults globally. While increasing physical activity/exercise is one of the common modalities recommended for clinical management of chronic constipation, previous studies reported conflicting results of the associations between physical activity and constipation. Moreover, the impact of different levels of physical activity on constipation is also unknown.

Objective: The aim of this systematic review and meta-analysis was to estimate the associations between physical activity levels and constipation in adult population.

Methods: Electronic searches were performed in nine databases (Medline, Cochrane Library, EMBASE, CINAHL, Web of Science, PEDro, Airiti Library, Wanfang data, and China National Knowledge Infrastructure) on 10th July 2021 by using a combination of the following keywords: adult, physical activity,
exercise; constipation, defecation disorder. Two reviewers independently screened all relevant articles. Experimental (randomized/non-randomized controlled trial) and observational (cross-sectional, cohort, case-control) studies published in English or Chinese that provided both exposure variables (self-reported or objectively assessed physical activity) and outcome variables (presence of constipation symptoms) in adults were eligible for inclusion. The risk of bias of eligible studies was assessed using the Joanna Briggs Institute Critical Appraisal Tools by two independent reviewers. Meta-analyses were performed on Review Manager (RevMan 5) and conducted using a random-effect model if heterogeneity was significant (I² ≥ 30%). Subgroup analyses were conducted to compare the impact of different physical activity levels on constipation. A p-value of <0.05 indicated statistically significant associations.

Results: After screening 3,074 articles, a total of 11 cross-sectional studies were included in the meta-analysis (52,005 participants, 53% female) (Figure 1). Six studies used validated questionnaires (International Physical Activity Questionnaire, Global Physical Activity Questionnaire, and Brief Physical Activity Assessment Tool), one used calculation (total energy expenditure/basal metabolic rate), and the remaining studies used non-validated brief questions to assess physical activity levels. All included studies evaluated constipation outcomes using ROME criteria, bowel frequency, and/or stool consistency. Six, four, and one study compared any physical activity with no physical activity, moderate physical activity levels vs. low physical activity levels, high physical activity levels vs. low physical activity levels, respectively. The pooled odds ratios from subgroup analyses were: 0.74 (95% CI = 0.52-1.06, P = 0.10). The pooled odds ratios from subgroup analyses were: 0.66 (95% CI = 0.57-0.76, P < 0.001) (Figure 2), moderate physical activity levels vs. low physical activity levels 0.68, P < 0.001) (Figure 3), and high physical activity levels vs. moderate physical activity levels 0.88 (95% CI = 0.74-1.05, P = 0.14).

Conclusions: The available evidence suggests that moderate and high physical activity levels seem to be associated with a lower risk of constipation in adults. The heterogeneity in assessment tools used for physical activity may have led to misclassification of physical activity levels; hence, the findings of this study need to be interpreted with caution. Moreover, due to the limited number of studies included, the associations between different types of physical activity and constipation remain unknown. Despite the limitations, the present study may provide evidence for healthcare professionals to inform and discuss the importance of moderate and high physical activity with patients with constipation.

Disclosure: No

Poster 333
TRANSCUTANEOUS POSTERIOR TIBIAL NERVE STIMULATION TO TREAT PRIMARY DYSEMENORRHEA IN ADOLESCENTS. PROSPECTIVE, RANDOMIZED, PLACEBO, CONTROLLED TRIAL
V. Manriquez1, M. Nase1, D. Castro1, A. Castro1, P. Troncoso1. Hospital Clínico Universidad de Chile

Introduction: Primary dysmenorrhea is the presence of pelvic pain during menstruation, with no underlying organic cause. The principal mechanism of primary dysmenorrhea is the overproduction of prostaglandins (mainly PGF2α) in the endometrium. There is solid evidence supporting the efficacy of non-steroidal anti-inflammatory drugs as therapeutic agents. Transcutaneous posterior tibial nerve stimulation (TC. PTNS) consists of electrical stimulation of the posterior tibial nerve by means of surface electrodes. In our practice, we currently use TC. PTNS to treat pathologies such as overactive bladder, fecal incontinence, and endometriosis, and based on our experience, we believe that this technique has the potential to become an effective treatment alternative for patients with dysmenorrhea.

Objective: To evaluate the effectiveness and safety of transcutaneous posterior tibial nerve stimulation (TC. PTNS) to treat primary dysmenorrhea in adolescents.

Methods: Double-blind, block-randomized controlled clinical trial, approved by the Ethical Committee of Hospital Clínico Universidad de Chile (HCUCH). Setting: Centro de Medicina Reproductiva y Desarrollo Integral de la Adolescencia (CEMERA), a HCUCH clinic focused on adolescent reproductive and developmental medicine. Participants: Adolescents, 12 to 19 years of age, with menstrual pain. Patients with secondary dysmenorrhea (based on clinical evaluation and pelvic ultrasound), who used hormonal contraception or intrauterine devices, who were pregnant, who requested contraception, who had contraindications to use non-steroidal anti-inflammatory drugs (NSAIDs), or who had intellectual disabilities were excluded. Interventions: A total of 87 adolescents were recruited and randomized into two groups: Group 1 received mefenamic acid, an NSAID, the first three days of their menstrual cycle and simulation sessions of TC. PTNS, while Group 2 received three weekly sessions of TC. PTNS for eight weeks and an oral placebo. Clinical evaluations were conducted after four and eight weeks. Reduction in menstrual pain, was assessed with the visual analog scale (VAS).

Results: The results are presented using descriptive statistics, with measures of central tendency (mean, median) and measures of dispersion (standard deviation, range, percentiles) for the quantitative variables, and with absolute numbers and relative frequency in percentages for the qualitative variables. No statistically significant differences were observed in pain reduction, evaluated with the VAS at 4 and 8 weeks, between the two treatment groups, when successful pain reduction was considered to be a decrease in VAS category. How- ever, if a successful treatment response is considered to be a decrease in VAS with respect to baseline, then there were significant differences in the 8th week of follow-up, with the TC. PTNS.

Conclusions: TC. PTNS ameliorate the pain associated with primary dysmenorrhea in adolescents. This is comparable to the effect achieved by mefenamic
Objective: To test the hypothesis that prophylactic use of zinc-containing vaginal gel decreases the recurrence rate of vaginal infection in women with a diagnosis of recurrent vaginal infections.

Methods: Women with a history of recurrent vaginal infections (bacterial vaginosis or recurrent vulvovaginal candidiasis) were offered prophylactic treatment with a commercially available zinc-containing vaginal moisturizer gel. Women were asked to use the vaginal gel daily for two weeks and after that twice per week. Women were asked to return to the clinic if any symptoms of vaginal infection were present for evaluation.

Results: Eight women were enrolled. The mean age was 32 ± 6 years, mean BMI 24 ± 5, Gravida 1.5 (0-3), Para 1.5 (0-3). All women were premenopausal. None of the patients were using any oral or vaginal hormonal treatment. The number of sexual partners was 1 (1-3). On average, there was at least one infection every three months before treatment. After treatment with the zinc-containing vaginal gel, 5 out 8 women did not have an infection in the first three months (P = 0.04). Three women developed one vaginal infection resulting in a 62% reduction in infections.

Conclusions: Zinc-containing vaginal gel may help to prevent recurrent vaginal infections. Further studies are required to delineate the possible mechanism of action: zinc - immunoprotective - immunomodulation through vaginal dendirctic cells / Langerhans cells; lactic acid – acidic pH favors lactobacilli and prevents overgrowth of other organisms; hydroxyethyl cellulose - gentle exfoliation - increased availability of glycogen, favors lactobacilli growth.

Disclosure: K. Pákozdy is a paid consultant for Fempharma LLC. The other authors have nothing to disclose.
compared to the absorbable suture group (8.5% vs. 0.0%, P = 0.006). In order to assess for risk factors leading to suture complications a comparison was performed between women who had erosion or granulation tissue and those who did not (table 3). Increasing parity by one increased risk of having erosion or granulation tissue by a factor of approximately 1.2 (aOR = 1.24, CI 1.05-1.47). Women with stage 4 prolapse had 3.4 times the risk of suture complication compared to stage 3 prolapse (aOR = 3.4, CI 1.1-10.6).

Conclusions:
Use of an absorbable suture affords comparable success rate and lower erosion rate compared to permanent suture in women undergoing vaginal uterosacral ligament suspension for treatment of apical prolapse.

Disclosure:
No
Objective: The aim of this pilot study was to investigate health literacy levels and determine if health literacy correlated with pain intensity and duration among women with CPP.

Methods: This was a prospective, cross-sectional pilot study that recruited participants from a multidisciplinary CPP clinic. Forty-five patients were enrolled in this single-visit study. Inclusion criteria were English-speaking women aged 18 years or older with constant or intermittent CPP for over six months as defined by ACOG. Exclusion criteria were age less than 18 years, current pregnancy, and those not meeting the ACOG definition for CPP. Validated outcomes measures assessed pain level, psychosocial impact and coping style of pain, and health literacy. SAS 9.4 was used for descriptive statistics of patient characteristics and summary scores. Spearman’s rank correlation coefficients (rho) were calculated to assess the strength of associations between summary scores and health literacy.

Results: In the study sample, the mean age was 49 ± 17 years, and a majority were non-Hispanic White (n = 34, 75.6%) followed by Hispanic and non-Hispanic Black. The median duration of symptoms was 7 years (IQR: 2-11, Table 1). Eighty percent of patients had adequate health literacy, with 8.9% and 11.1% having a high and possible likelihood of limited literacy, respectively. Current pain (rho = -0.36, 95% CI: -0.59, -0.07, Figure 1) and pain over the last week (rho = -0.39, 95% CI: -0.61, -0.11, Figure 2) were significantly inversely correlated with health literacy. Duration of pain was not significantly correlated with health literacy. Pain catastrophizing demonstrated a significant inverse correlation, with lower scores among those with higher health literacy (rho = -0.30, 95% CI: -0.55, -0.001).

Conclusions: Chronic pelvic pain patients in this pilot study overall had adequate health literacy. Those with limited health literacy had greater pain intensity, more depressive symptoms, and poorer coping. Duration of pain, anxiety, and pain disability were not associated with health literacy. These findings suggest that socioeconomic status and certain psychosocial factors may impact a patient’s ability to engage in decision-making and self-management strategies for their condition. This study underscores the importance of patient education to decrease health disparities in women with CPP.

Disclosure: No
**Poster 337**

**DEMOGRAPHIC IMPLICATIONS OF PATIENT PERCEPTIONS REGARDING PELVIC FLOOR PHYSICAL THERAPY – A GEOGRAPHIC CASE STUDY**


**Introduction:** While awareness of surgical options in women's healthcare is commonplace, familiarity with conservative remediation for pelvic floor conditions remains limited. Although women are familiar with pelvic floor exercises, the majority do not perform them as needed and are unaware that pelvic floor therapists provide education and treatment for pelvic floor dysfunction conditions, such as pelvic pain.

**Objective:** The objective of this study was to ascertain baseline knowledge of patients with the indications of Pelvic Floor Physical Therapy (PFPT) in women's health care, with a focus on racial variations.

**Methods:** This cross-sectional survey study was institutional review board approved and distributed to English-speaking women, over 18 years old, who receive general medical care at a large academic healthcare center in Northwestern Ohio. Study participants completed a 50-item questionnaire devised to assess awareness, perceived benefits, and treatment indications along with methods of soliciting PFPT. Survey results were reported as descriptive statistics. Means were used for continuous variables, whereas percentages for true/false and agree/disagree questions. Analysis was performed using JMP software.

**Results:** Survey response rate was 80% (343 surveys completed, 380 approached). The mean age was 47.5 (SD 16.9), with the majority of the patients being Caucasian (n = 248, 71%) and African American (n = 54, 16%), educated (n = 263, 77%), and sexually active (n = 245, 71%). Most patients (55%) had heard of the pelvic floor, but only 29% and 32% were familiar with PFPT and its indications, respectively. Similarly, 25% of menopausal women were familiar with PFPT compared to 37% of premenopausal women. While only 45% believed it could be covered by insurance, 199 (58%) believed it would be significantly expensive to justify out-of-pocket payment. Additionally, only 38% were familiar with routes of referral for treatment. Whereas 86% believed that PFPT involves multiple visits and 95% understand that it may be supplemented with home exercises, only 35% recognized the need for vaginal manipulation during therapy. When analyzing for racial or educational associations, variability was not noted relative to awareness of potential PFPT benefits and applications. However, minor variation was noted regarding familiarity with terminology and pelvic floor-related concepts.

**Conclusions:** The survey suggests that familiarity with PFPT remains relatively low irrespective of race and education level. The gap in awareness of the benefits and intricacies of PFPT necessitates enhanced patient education efforts focused on conservative management methods with proven benefits.

**Disclosure:** No

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**Poster 338**

**SYMPTOMS OF ANAL INCONTINENCE AMONG PATIENTS WHO UNDERGO LAPAROSCOPIC SACROHYSTEROPEXY**

O. Gluck, E. Grinstein, Z. Rusavy, Y. Abdelkhalek, S. Ginath, B. Devai. Wolfson Medical Center, Charles University, Pilsen, Geofroy Saint-Hilaire.

**Introduction:** It is not uncommon that patients with pelvic organ prolapse (POP) have concomitant symptoms of anal incontinence.

**Objective:** Our aim was to study the prevalence of anal incontinence symptoms among women undergoing laparoscopic sacrohysterectomy (LSH) to treat apical prolapse, as well as long-term outcome.

**Methods:** This was a historic cohort study of patients underwent LSH due to stage 3-4 apical compartment prolapse. As part of preoperative and postoperative urogynecological assessment, patients were asked about symptoms of anal incontinence, constipation, and dyschezia. We also used the Wexner fecal incontinence score. In addition to apical compartment repair, patients who had posterior vaginal prolapse underwent also posterior compartment repair, while for patients who suffered from rectal prolapse, additional ventral rectopexy was also performed.

**Results:** Out of 270 patients who underwent LSH for apical prolapse repair, 63 (23.3%) reported symptoms of anal incontinence. Of them, 41 patients (64.1%) completed preoperative Wexner questionnaire, with a mean score of 10.3 (1-18). Eleven patients (17.5%) underwent apical repair only, 13 patients (20.6%) underwent apical and posterior repair, and 39 patients (61.9%) underwent apical repair and ventral rectopexy. There were five cases of major perioperative complications (7.9%). The mean follow up after surgery was 32.8 (1-174) months. Fifty one (80.9%) patients reported no symptoms of anal incontinence: 9 patients (81.8%) who underwent apical repair, 10 patients (76.9%) who underwent apical and posterior repair, and 32 patients (82.1%) who underwent apical repair and ventral rectopexy. Forty two patients (66.7%) completed post operative Wexner questionnaire, with a mean score of 1.4 (0-20). Six patients reported de-novo constipation (9.5%), and one patient (1.6%) was re-operated due to prolapse recurrence.

**Disclosure:** No
Conclusions: Symptoms of anal incontinence are relatively common, among patients encounter for apical prolapse repair. It appears that treating the apical prolapse with/without additional compartment repair, can also improve anal incontinence symptoms.

Table 1: Patients Background Characteristics

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>62.1 (29-83)</td>
</tr>
<tr>
<td>Body Mass Index (kg/m²)</td>
<td>24.8 (17.7-38.0)</td>
</tr>
<tr>
<td>Parity</td>
<td>2.4 (0-6)</td>
</tr>
<tr>
<td>Significant obstetric trauma</td>
<td>30 (46.8)</td>
</tr>
<tr>
<td>Menopause</td>
<td>47 (73.4)</td>
</tr>
<tr>
<td>Prior POP surgery</td>
<td>4 (65)</td>
</tr>
<tr>
<td>Duration of prolapse symptoms (months)</td>
<td>29.1 (1-144)</td>
</tr>
<tr>
<td>Anterior prolapse stage 3-4</td>
<td>25 (30.1)</td>
</tr>
<tr>
<td>Apical prolapse stage 3-4</td>
<td>60 (93.8)</td>
</tr>
<tr>
<td>Posterior prolapse stage 3-4</td>
<td>10 (15.6)</td>
</tr>
<tr>
<td>SUI</td>
<td>41 (64.1)</td>
</tr>
<tr>
<td>Preoperative defecography</td>
<td>49 (76.6)</td>
</tr>
<tr>
<td>Completed preoperative Wexner score</td>
<td>41 (64.1)</td>
</tr>
<tr>
<td>Preoperative Wexner score</td>
<td>10.3 (1-18)</td>
</tr>
<tr>
<td>Racial prolapse</td>
<td>33 (51.6)</td>
</tr>
<tr>
<td>Dyschezia</td>
<td>25 (39.1)</td>
</tr>
</tbody>
</table>

Data are presented as n (%) or mean ± standard deviation.
SUI: Stress Urinary Incontinence; POP: Pelvic organ prolapse.

Table 2: Operative details and perioperative complications up to 4 weeks.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operative time (minutes)</td>
<td>90.5 (90-180)</td>
</tr>
<tr>
<td>Length of Hospitalization (days)</td>
<td>1.9 (1-4)</td>
</tr>
<tr>
<td>Additional procedure</td>
<td>6 (9.5)</td>
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<tr>
<td>Additional posterior compartment repair</td>
<td>13 (20.6)</td>
</tr>
<tr>
<td>Additional ventral rectopexy</td>
<td>39 (61.9)</td>
</tr>
<tr>
<td>Intestinal injury</td>
<td>1 (1.6)</td>
</tr>
<tr>
<td>Vesical injury</td>
<td>2 (3.2)</td>
</tr>
<tr>
<td>Conversion to laparotomy</td>
<td>1 (1.6)</td>
</tr>
<tr>
<td>Post operative peritonitis</td>
<td>1 (1.6)</td>
</tr>
<tr>
<td>Any major complication</td>
<td>5 (7.9)</td>
</tr>
</tbody>
</table>

Table 3: Long-term surgical outcomes.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Menstrual Follow-up duration (month)</td>
<td>32.8 (1-174)</td>
</tr>
<tr>
<td>Pelvic or lower back pain</td>
<td>6 (3.5)</td>
</tr>
<tr>
<td>Mesh exposure</td>
<td>0 (0)</td>
</tr>
<tr>
<td>De novo SUI</td>
<td>7 (11.1)</td>
</tr>
<tr>
<td>Surgery for SUI</td>
<td>8 (12.7)</td>
</tr>
<tr>
<td>2nd surgery for POP recurrence</td>
<td>7 (11.1)</td>
</tr>
<tr>
<td>De novo constipation</td>
<td>6 (9.5)</td>
</tr>
<tr>
<td>Anal incontinence cured</td>
<td>51 (80.9)</td>
</tr>
<tr>
<td>Completed Post operative Wexner questionnaire</td>
<td>42 (66.7)</td>
</tr>
<tr>
<td>Post-operative Wexner score</td>
<td>1.4 (0-20)</td>
</tr>
<tr>
<td>Improvement in sexually activity</td>
<td>29 (46.0)</td>
</tr>
<tr>
<td>Dyspareunia</td>
<td>5 (7.9)</td>
</tr>
<tr>
<td>Prolapse recurrence</td>
<td>4 (6.3)</td>
</tr>
<tr>
<td>Reoperation for prolapse recurrence</td>
<td>1 (1.6)</td>
</tr>
</tbody>
</table>

Disclosure: No

Poster 339
IMPACT OF INTRAPARTUM PROPHYLACTIC ANTIBIOTICS ON BOWEL AND BLADDER FUNCTION IN WOMEN WITH OBSTETRIC ANAL SPHINCTER INJURY
K. Propst¹, M. Yao¹, L. Hickman². Cleveland Clinic¹, Ohio State University²
Introduction: The use of prophylactic antibiotics at the time of obstetric anal sphincter injury (OASI) repair has been shown to decrease postpartum wound complications and improve healing. The impact of prophylactic antibiotics on postpartum bowel and bladder function has not been evaluated.

Objective: The primary objective of this study is to compare immediate postpartum bowel and bladder function between women with OASI who did and did not receive prophylactic antibiotics at the time of perineal repair. Secondary objectives include comparisons of bowel and bladder function at baseline versus six to twelve months postpartum in women who did and did not receive prophylactic antibiotics at the time of perineal repair.

Methods: This is a prospective cohort study of women who sustained a OASI at the time of vaginal delivery. Women were enrolled in a prospective database at their initial visit in our postpartum perineal clinic. At the initial visit, baseline participant and delivery characteristics are collected and validated questionnaires including the Urinary Distress Inventory—6 (UDI-6) and Fecal Incontinence Severity Index (FISI) are completed. At six months postpartum, women were invited to complete an electronic survey to follow up on their bowel and bladder function. Bowel and bladder function at baseline and at six to twelve months postpartum were compared between women who did and did not receive prophylactic antibiotics for OASI at the time of perineal repair.

Results: 111 women met study inclusion criteria and were included in this analysis. The mean age of participants was 31.4 (±3.8) years, mean BMI was 30.8
and the majority were white (92, 82.9%). 63 (56.8%) women delivered via spontaneous vaginal delivery and 99 (89.2%) women experienced a third-degree laceration. 45 (40.5%) women received no prophylactic antibiotics and 66 (59.5%) women received prophylactic antibiotics. There were no differences in demographic characteristics between the groups. Cefazolin (48, 72.7%) was the most commonly used prophylactic antibiotic. Median days postpartum at the initial visit was 12.0 (IQR: 9.0, 18.0). 36 (33.3%) women reported urinary incontinence and the median UI-D6-score was 8.3 (4.2, 16.7). 12 (10.8%) women reported fecal incontinence and the median FISI-score was 0 (0, 12.0). 31 (27.9%) women reported fecal urgency. There were no differences in immediate postpartum bowel and bladder function between women who did and did not receive prophylactic antibiotics, see Table. Median days to postpartum survey completion was 216.0 (204.0, 238.0). 38 (34.2%) women reported urinary incontinence and the median UI-D6-score was 4.2 (0, 12.5). 9 (8.1%) women reported fecal incontinence and the median FISI-score was 11.0 (0, 25.0). 23 (20.7%) women reported fecal urgency. There were no differences in six-to-twelve-month postpartum bowel and bladder function between the women who did and did not receive antibiotics.

Conclusions: In this population, use of intrapartum prophylactic antibiotics in women who experienced OASI did not impact bowel and bladder function in the immediate postpartum period or at six to twelve months postpartum.

Results:

Methods: A prospective, observational study (NCT02161159) enrolled adult women who experienced OASI did not impact bowel and bladder function in the immediate postpartum period or at six to twelve months postpartum.

Objective: To determine if sociodemographic factors including race, ethnicity, and primary language spoken predict receiving sacral neuromodulation (SNM) for OAB than non-Hispanic whites. Spanish as a primary language has been suggested as a barrier to care in this population, however studies with granular data including primary language spoken are limited. In addition, prior studies are population-based, rather than practice-based. Our tertiary care center provides Urogynecologic care to a unique area of the United States that represents a “minority-majority population”, where Hispanics represent the majority racial/ethnic group. This provides us a unique opportunity to analyze disparities that may exist among racial and ethnic minorities with OAB.

Objective: We seek to determine if sociodemographic factors including race, ethnicity, and primary language spoken predict receiving sacral neuromodulation for the treatment of overactive bladder among a minority-majority Hispanic patient population managed in a specialized Urogynecologic practice.

Methods: A retrospective chart review of patients in a tertiary Urogynecologic practice with a Hispanic minority-majority patient population was performed via an IRB approved protocol. We collected sociodemographic data on 3,511 patients between October 2019 and March 2021. We identified 1,828 patients with a diagnosis of OAB using ICD codes. Patients who underwent SNM were identified. Contingency tables were created, and statistical significance was analyzed using a chi-squared test for categorical variables and t-test for continuous variables. A multiple logistic regression model was fitted to identify independent predictors of undergoing SNM. A p-value of <0.05 indicated statistical significance. All analysis was conducted using STATA MP 16.1 (College station, Texas).

Disclosure: No

E. Farrelly1, M. Lorenzo-Gomez2, H. Schulte-Baukloh3, M. Nelson4, R. Hamid5. Södersjukhuset, Stockholm South General Hospital1, University Hospital of Salamanca2, St. Hedwig-Krankenhaus3, AbbVie4, University College London Hospitals5

Introduction: There is a paucity of data comparing the efficacy of onabotulinumtoxinA (onabotA) treatment between patients treated with one oral overactive bladder (OAB) medication to those treated with more than one.

Objective: This real-world study examines UI (urinary incontinence) episodes and treatment benefit of onabotA in patients who are refractory to one or more oral medications.

Methods: A prospective, observational study (NCT02161159) enrolled adult patients with OAB symptoms inadequately managed by oral medications. Patients were naïve to botulinum toxin for OAB; efficacy and safety analyses were conducted on those that received >1 dose of onabotA. Adverse events (AEs) and adverse drug reactions (ADRs) were recorded for up to 12 months after onabotA treatment. We analyzed UI episodes at baseline for all patients taking oral medications (±3 adrenergic agonist [3-3] and/or an anticholinergic [AC] for OAB. Only patients taking oral medications before, but not after onabotA and who had >1 diary entry at the indicated timepoint were included in analyses of UI episodes after onabotA at 1 and 12 weeks. Treatment benefit scores (TBS) at 12 weeks.

Results: Baseline UI episodes were similar in patients treated with one versus more than one oral medication; reductions in UI at week 12 post-onabotA did not differ based on the number of prior oral medications (Fig. 1). UI was significantly reduced in patients who were naïve to botulinum toxin for OAB; efficacy and safety analyses were conducted on those that received >1 dose of onabotA. Adverse events (AEs) and adverse drug reactions (ADRs) were recorded for up to 12 months after onabotA treatment. We analyzed UI episodes at baseline for all patients taking oral medications (±3 adrenergic agonist [3-3] and/or an anticholinergic [AC] for OAB. Only patients taking oral medications before, but not after onabotA and who had >1 diary entry at the indicated timepoint were included in analyses of UI episodes after onabotA at 1 and 12 weeks. Treatment benefit scores (TBS) at 12 weeks.

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Results: Baseline UI episodes were similar in patients treated with one versus more than one oral medication; reductions in UI at week 12 post-onabotA did not differ based on the number of prior oral medications (Fig. 1). UI was significantly reduced

Poster 341

EXAMINING TREATMENT RATES WITH SACRAL NEUROMODULATION FOR THE MANAGEMENT OF OVERACTIVE BLADDER: DO HISPANIC TREATMENT DISPARITIES EXIST IN A MINORITY-MAJORITY POPULATION?

S. Brenner1, N. Soodana-Praakash1, F. Kahn1, L. Martin1, K. Amini1, R. Syan2, University of Miami Miller School of Medicine1, University of Miami2

Introduction: Current literature suggests that racial/ethnic disparities exist in treatment rates for overactive bladder (OAB). Specifically, Hispanics have been shown to be less likely to receive sacral neuromodulation (SNM) for OAB than non-Hispanic whites. Spanish as a primary language has been suggested as a barrier to care in this population, however studies with granular data including primary language spoken are limited. In addition, prior studies are population-based, rather than practice-based. Our tertiary care center provides Urogynecologic care to a unique area of the United States that represents a “minority-majority population”, where Hispanics represent the majority racial/ethnic group. This provides us a unique opportunity to analyze disparities that may exist among racial and ethnic minorities with OAB.

Objective: We seek to determine if sociodemographic factors including race, ethnicity, and primary language spoken predict receiving sacral neuromodulation for the treatment of overactive bladder among a minority-majority Hispanic patient population managed in a specialized Urogynecologic practice.

Methods: A retrospective chart review of patients in a tertiary Urogynecologic practice with a Hispanic minority-majority patient population was performed via an IRB approved protocol. We collected sociodemographic data on 3,511 patients between October 2019 and March 2021. We identified 1,828 patients with a diagnosis of OAB using ICD codes. Patients who underwent SNM were identified. Contingency tables were created, and statistical significance was analyzed using a chi-squared test for categorical variables and t-test for continuous variables. A multiple logistic regression model was fitted to identify independent predictors of undergoing SNM. A p-value of <0.05 indicated statistical significance. All analysis was conducted using STATA MP 16.1 (College station, Texas).

Disclosure: One of more of the authors act as a consultant, employee or shareholder for AbbVie

Poster 340

ONABOTULINUIMTOXINA IMPROVES IDIOPATHIC OVERACTIVE BLADDER SYMPTOMS IN PATIENTS REFRACTORY TO ORAL MEDICATIONS

E. Farrelly1, M. Lorenzo-Gomez2, H. Schulte-Baukloh3, M. Nelson4, R. Hamid5. Södersjukhuset, Stockholm South General Hospital1, University Hospital of Salamanca2, St. Hedwig-Krankenhaus3, AbbVie4, University College London Hospitals5

Introduction: There is a paucity of data comparing the efficacy of onabotulinumtoxinA (onabotA) treatment between patients treated with one oral overactive bladder (OAB) medication to those treated with more than one.

Objective: This real-world study examines UI (urinary incontinence) episodes and treatment benefit of onabotA in patients who are refractory to one or more oral medications.

Methods: A prospective, observational study (NCT02161159) enrolled adult patients with OAB symptoms inadequately managed by oral medications. Patients were naïve to botulinum toxin for OAB; efficacy and safety analyses were conducted on those that received >1 dose of onabotA. Adverse events (AEs) and adverse drug reactions (ADRs) were recorded for up to 12 months after onabotA treatment. We analyzed UI episodes at baseline for all patients taking oral medications (±3 adrenergic agonist [3-3] and/or an anticholinergic [AC] for OAB. Only patients taking oral medications before, but not after onabotA and who had >1 diary entry at the indicated timepoint were included in analyses of UI episodes after onabotA at 1 and 12 weeks. Treatment benefit scores (TBS) at 12 weeks.
Results: Of the 1,828 OAB patients identified, 186 (10.18%) underwent SNM. Sociodemographic details are outlined in table 1. Compared to white and African-American race, other race (which included Asians, American Indians, and mixed racial background) was predictive of receiving SNM treatment (aOR 5.94 [2.8-12.8]) (Table 2). Hispanic ethnicity, primary language spoken, age, insurance type, alcohol use, BMI and smoking history were not predictors of receiving SNS. Adjusted odds ratios are reported for predictors of SNM treatment of OAB in table 2.

Conclusions: Our analysis suggests that Hispanic patients who are enrolled in a tertiary Urogynecologic specialty practice in a Hispanic minority-majority population do not have lower SNM rates than non-Hispanics, even when other socioeconomic factors are accounted for. Interestingly, patients of "other" race receive SNM at higher rates than other racial groups. Where primary language spoken is often identified as a barrier to treatment, this population had no difference in treatment rates when Spanish is a primary language. Further understanding of the high rates of surgical conversion among the diverse patient population identified as "other" race is needed, as is a better understanding of barriers in provider-patient relationships, such as the effect of Spanish fluency of providers, that may influence SNM use.

Disclosure: No

Poster 342
A COMPARISON OF VAGINAL pH USING PRASTERONE, ESTRADIOL CREAM OR NON-HORMONAL VAGINAL MOISTURIZER FOR GENITOURINARY SYNDROME OF MENOPAUSE (VPHRESH)

E.M. Melvin1, R. Zhuo2, A. Boudreau3, N. Locci-Molina3, L. Lebom4, J. Pennycook5, A.A. Dieter6, C.B. Iglesia7. Georgetown University School of Medicine1, Mount Sinai Hospital2, MedStar Washington Hospital Center/Georgetown University School of Medicine3, MedStar Health Research Institute4, University of Wisconsin–Madison5

Introduction: Genitourinary Syndrome of Menopause (GSM) includes symptoms of vaginal irritation, dryness, dyspareunia, and recurrent urinary tract infections. Topical vaginal estradiol is considered the gold standard treatment for GSM, but alternative treatment modalities include prasterone and non-hormonal/over-the-counter vaginal moisturizers. Few studies compare these three treatment modalities for GSM.

Objective: To compare the change in vaginal pH and Vaginal Health Index (VHI) scores in women with GSM using vaginal estradiol cream, prasterone suppositories, or OTC vaginal moisturizers at baseline and 12 weeks.

Methods: This is an ongoing observational pilot study comparing estrogen (1 g nightly for 2 weeks, then 0.5 g twice weekly), prasterone (6.5 mg suppository nightly), or OTC moisturizers (1 applicator every 3 days) for the treatment of GSM. Patients were recruited between 8/2020 - 11/2021 at a single academic practice. Eligible participants were postmenopausal females who were English-speaking and had GSM symptoms with a baseline vaginal pH ≥ 5. Women were excluded if they were on systemic or topical hormone therapy within 12 weeks of enrollment or on active endocrine therapy with either a selective estrogen receptor modulator or aromatase inhibitor. After provider counseling on treatment options for GSM, women chose their treatment arm and were followed for 12 weeks. At the baseline and 12 week visits, participants underwent genitourinary examination with vaginal pH measurement and clinically validated Vaginal Health Index (VHI) scoring. Student’s t-test and Kruskall-Wallis rank sum test were used to compare continuous parametric and nonparametric variables, respectively. Fisher’s exact test was used for categorical variables.

Results: Of the 24 women who completed the study, 6 were in the estrogen arm, 9 in the prasterone arm and 9 in the OTC moisturizer arm. There were no significant differences in the baseline demographics (Table 1). The estrogen and prasterone treatment arms had significant reduction in pH from baseline to 8-12 weeks by 2.0 (SE = 0.35, p value <0.0001) and 1.5 (SE = 0.29, p < 0.0001) respectively (Table 2a). There was no significant change in the pH value in the OTC moisturizer arm (p value = 0.1383). The mean VHI scores increased significantly from baseline for all treatment arms: in the estrogen arm, VHI scores improved by a mean of 13.8 points (SE = 1.8, P < 0.01), in the prasterone arm, VHI scores improved by a mean of 10.8 points (SE = 1.5, P < 0.01); in the OTC moisturizer arm, VHI scores improved by a mean of 3.7 points (SE = 1.5, P = 0.02) (Table 2b).

Conclusions: Vaginal estradiol cream and prasterone suppositories significantly improved the vaginal pH of women with GSM over 12 weeks of therapy, while OTC moisturizers did not significantly alter vaginal pH. Similarly, VHI scores improved significantly from baseline for all treatment arms: in the estrogen arm, VHI scores improved by a mean of 13.8 points (SE = 1.8, P < 0.01), in the prasterone arm, VHI scores improved by a mean of 10.8 points (SE = 1.5, P < 0.01); in the OTC moisturizer arm, VHI scores improved by a mean of 3.7 points (SE = 1.5, P = 0.02) (Table 2b).

Disclosure: No

Table 1: Baseline Demographics

<table>
<thead>
<tr>
<th></th>
<th>Overall</th>
<th>Estrogen cream</th>
<th>Prasterone suppository</th>
<th>OTC moisturizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>56±19</td>
<td>57±19</td>
<td>55±19</td>
<td>56±19</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>11 (45)</td>
<td>7 (44)</td>
<td>4 (44)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Other</td>
<td>13 (55)</td>
<td>3 (18)</td>
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<td>BMI (kg/m²)</td>
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<tr>
<td>Alcohol use</td>
<td>5 (20)</td>
<td>3 (18)</td>
<td>2 (20)</td>
<td>0 (0)</td>
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<td>Smoking history</td>
<td>3 (12)</td>
<td>2 (13)</td>
<td>1 (10)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Open access</td>
<td>18 (73)</td>
<td>10 (62)</td>
<td>7 (70)</td>
<td>1 (10)</td>
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<td>Insurancetype</td>
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<tr>
<td>Employer</td>
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<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Medicare</td>
<td>18 (73)</td>
<td>15 (94)</td>
<td>3 (30)</td>
<td>0 (0)</td>
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<tr>
<td>Medicaid</td>
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<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Private</td>
<td>4 (16)</td>
<td>1 (6)</td>
<td>3 (30)</td>
<td>0 (0)</td>
</tr>
</tbody>
</table>

Table 2a: Change in vaginal pH from Baseline to Endpoint by Treatment Type

<table>
<thead>
<tr>
<th></th>
<th>Average change in pH</th>
<th>Standard Error</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estrogen cream</td>
<td>-2.0</td>
<td>0.5</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Prasterone suppository</td>
<td>-1.5</td>
<td>0.3</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>OTC moisturizer</td>
<td>-0.5</td>
<td>0.1</td>
<td>0.158</td>
</tr>
</tbody>
</table>

Table 2b: Change in Vaginal Health Index Score from Baseline to Endpoint by treatment type

<table>
<thead>
<tr>
<th></th>
<th>Average change in VHI score</th>
<th>Standard Error</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estrogen cream</td>
<td>13.8</td>
<td>1.8</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Prasterone suppository</td>
<td>10.5</td>
<td>1.5</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>OTC moisturizer</td>
<td>3.7</td>
<td>1.5</td>
<td>0.0201</td>
</tr>
</tbody>
</table>
scores improved by a greater degree in the estradiol and prasterone treatment arms compared to the OTC moisturizer arm. These findings suggest estrogen cream and prasterone suppositories are both effective options for treating GSM, while OTC moisturizers are less effective.

Disclosure: No

Poster 343
DISTRIBUTION OF URINARY INCONTINENCE SUBTYPES OF ELDERLY WOMEN IN THE COMMUNITY-DWELLING AND IMPACT ON QUALITY OF LIFE
D. Zhang1, S. Wang1, X. Sun1, J. Wang1. Peking University People’s Hospital1
Introduction: The incidence of urinary incontinence (UI) as a common bothersome problem in elderly women increases with aging. Compare with mild and moderate types, severe UI brings more negative impact to patients’ quality of life (QOL). In this regard, we are conducting a prospective multicenter cohort study to identify the distinguishable characteristics of elderly community patients with mild and moderate UI. Through tracking the progression of UI symptoms, we try to develop an effective UI progress prediction model (UPPM) to facilitate provision of proper cares for elderly women to prevent the UI upgrading.
Objectives: This manuscript is to report the distribution of UI types among community elder women and the relevant analysis to the QOL of the patients who suffering this problem.
Methods: A total of 926 elderly women aged ≥60 (the participants) were enrolled in this study from six hospitals from May 2020 to March 2021, among whom 717 and 209 were grouped into SUI (stress urinary incontinence) and UUI (urgency-urinated UI) cohorts respectively according to the symptomatic degree of urine leakage. Demographic and clinical data was collected from all participants in the primary clinical visit for the study, followed by pelvic organ prolapse quantification (POP-Q), pelvic floor muscle strength (PFMS) measurement, and an evaluation of the quality of life (QOL) and sexual life satisfaction using the International Consultation on Incontinence Questionnaire-Short Form (ICIQ-SF) and two specially-designed questionnaires. Mann-Whitney U tests and Pearson’s chi-squared test were used to analyze the differences in all variables between this two groups.
Results: The major type of UI in community women was SUI (77.4%, 717/926), 90.9% (652/717) of them were mild and UUI and MUI accounted for 20.63% (191/926) and 1.94% (18/926), respectively. Weakened PFMS was detected in 78.2% (724/926) of the participants with UI. The 30.6% patients who suffering UI had active sexual life, 27.2% were satisfied with their sexual lives. UUI/MUI cohort was significant different from SUI in the compositive ratio of women with chronic cough history (P < 0.05). Several studies have shown possible deterioration of sexual functions (SF) in women after TVM placement. In contrary, different studies have not confirmed these concerns.

Disclosure: Yes, this is sponsored by industry/sponsor: National Key Technology R&D Program of China (grant number: 2018YFC2002020).

Clarification: Industry funding only - investigator initiated and executed study

Table 2: Comparison of the general sex life of elderly women in SUI and UUI/MUI groups.

Table 3: Severity and impact of UI on QOL in elderly women.

Table 3: Severity and impact of UI on QOL in elderly women.

Table 2: Comparison of the general sex life of elderly women in SUI and UUI/MUI groups.

Disclosure: No

POSTER 344
EVALUATION OF SEXUAL FUNCTIONS IN WOMEN AFTER TRANSVAGINAL MESH REPAIR OF RECURRENT PELVIC ORGAN PROLAPSE - MID-TERM OUTCOMES
M. Huser1. Brno University Hospital and Masaryk University Medical School1
Introduction: During last decade, use of transvaginal mesh (TVM) in pelvic organ prolapse (POP) surgery has been critically evaluated. In Europe, TVM surgeries are reserved for complex cases of recurrent POP treated in accredited urogynecology centers. Several studies have shown possible deterioration of sexual functions (SF) in women after TVM placement. In contrary, different studies have not confirmed these concerns.

Objective: Our aim was to evaluate sexual function in women with recurrent POP before and three years after TVM repair.

Methods: A prospective observational study involving 48 women was carried out in tertiary referral urogynecology center from 2012 thru 2018. Study included only sexually active women with recurrent cystocele POP stage 3-4. All subjects previously underwent vaginal hysterectomy with native tissue repair. Their age, BMI, and parity were recorded and SF was evaluated by Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire (PISQ-12). Afterwards their SF was repeatedly evaluated and compared with the pre-operative assessment. All data were analyzed by descriptive statistics and compared by paired samples t-test with p-value ≤0.05. Study was approved by local Ethical Review Board and written informed consent was collected from all participants.

Results: Complete two-year follow-up results were obtained from 39 patients (18.7% lost). From these, 31 women (79.5%) improved their PISQ-12 score; five (12.8%) had equal scores and three patients (7.7%) reported worse SF outcomes. Two of these had progression in one or more items in the PISQ-12 partner-related domain and one patient scored lower due to dyspareunia caused by small postoperative mesh erosion. Overall PISQ-12 score before surgery were 34.2 ± 2.1 and 37.1 ± 2.6 two years post-operatively, with statistically significant difference of 2.9 ± 2.3 points.

Conclusions: Following our three year follow-up, SF in women with recurrent POP treated surgically with TVM significantly improved in majority of patients. Our observation suggests that, the use of TVM in recurrent POP cases doesn’t impair SF when appropriately indicated and performed.

Disclosure: No
Poster 345
A QUALITATIVE STUDY OF POSTMENOPAUSAL WOMEN’S DECISION-MAKING AND KNOWLEDGE GAPS SURROUNDING BACTERIURIA
M. Bradley1, N. Meckes2, J. Chung3, T Krishnamurti4, Magee Womencare Women’s Hospital/University of Pittsburgh Medical Center1, University of Pittsburgh2

Introduction: Patient understanding of urinary tract infection (UTI) symptoms and asymptomatic bacteriuria (ASB) may influence care-seeking behavior, however, there is limited data on their perspectives.

Objective: To describe how the current beliefs and values of postmenopausal women, informed by their personal history of UTIs, shape their preferences for future care for symptomatic UTI and ASB.

Methods: We performed semi-structured interviews with postmenopausal women who have been previously treated for a UTI. The majority of questions asked about patient experiences of UTIs and knowledge of symptoms and treatment options along with a discussion about their approach to seeking antibiotics for management. Further questions about a management preference for ASB (whether or not they had previously been diagnosed) were also explored. Two authors independently coded the interviews and identified a set of symptom-related knowledge and experiences that relate to specific management, care-seeking, treatment, and prevention preferences. We then graphically represent a “mental model” of symptomatic UTI care and prevention as an influence diagram, illustrating how knowledge and values affect preferences for care. A similar graphical representation was created surrounding the “mental model” of care after a positive urine culture without symptoms (ASB).

Results: We performed 30 interviews of postmenopausal women with a mean age of 69.4 (SD 6.4). Overall, 10 (33.3%) had an educational experience of high school or less, 11 (36.7%) had some post-high school education and 9 (27.3%) had gone to college or graduate school. All had been treated for a presumed UTI in the last year and 12 (40.0%) were currently on vaginal estrogen. Participants had many different variables that affected both their symptomatic UTI care-seeking decisions (Figure 1) and management preference for ASB (Figure 2).

Two distinct “mental models” of appropriate UTI treatment emerged; one group reported greater anticipated risks related to antibiotic use and predominately endorsed non-treatment of ASB (represented as yellow shaded nodes in both figures). A separate group of women desired antibiotics for both UTI and ASB. The desire for antibiotics was largely driven by concern for sequelae from non-treated bacteria (represented as green shaded nodes in both figures) and underweighting of potential side effects of antibiotic use. Both mental models demonstrate that the way women conceptualize their first symptoms (or being told they have a positive urine culture) affects their preferences for antibiotic treatment and subsequent future prevention. For both symptomatic and asymptomatic UTI, perceived provider endorsement of antibiotics weighed heavily in their treatment decision making (Figure 2).

Conclusions: Women’s cognitive approach to UTI symptoms and care-seeking is complex and influenced by many factors. These factors include both personal and friend/family experience, level of awareness of non-antibiotic management for both symptomatic UTI and ASB by patient and provider and many misconceptions about urinary tract pathophysiology. An improved understanding of these processes could inform interventions designed to aid women and providers in understanding key differences between symptomatic UTI and ASB.

Poster 346
THE IMPACT OF VAGINAL ESTROGEN IN POSTMENOPAUSAL WOMEN ON URINARY TRACT INFECTION RATES AFTER INTRADETRUSOR ONABOTULINUMTOXINA
M. Guirguis1, S. Zuo1, S. Su2, M. Ackenbom1, M. Bradley1, Magee Womencare Women’s Hospital at UPMC3

Introduction: Increasing age and history of recurrent urinary tract infections (UTI) are known risk factors for post-injection UTI after intradetrusor OnabotulinumtoxinA (BTX-A) for overactive bladder (OAB). Although vaginal estrogen is utilized to decrease recurrent UTI and genitourinary symptoms of menopause, it is currently unknown how use of vaginal estrogen at the time of BTX-A impacts post-injection UTI.

Objective: To investigate whether women already on vaginal estrogen at the time of intradetrusor BTX-A injections have a decreased proportion of post-injection UTI as compared to those not using vaginal estrogen. We hypothesized that the use of vaginal estrogen in postmenopausal women undergoing intradetrusor BTX-A injections will have a lower rate of post-injection UTI.

Methods: This is a retrospective chart review of women undergoing intradetrusor BTX-A from 2018 to 2021. We included postmenopausal women who underwent intradetrusor BTX-A injection for refractory OAB and divided them into two groups based on vaginal estrogen use. We defined vaginal estrogen use as an updated prescription for vaginal estrogen in the electronic medical record on day of injection. Everyone was given oral antibiotics at the time of BTX-A injection, but type and amount were left to the discretion of the provider. Our primary outcome was the incidence of UTI in the first 6 months after intradetrusor BTX-A injection defined as UTI-related symptoms and a positive urine culture. We compared baseline demographics between vaginal estrogen groups and those with a post-injection UTI. The association between vaginal estrogen use and risk of post-injection UTI was estimated with multivariable logistic regression models controlling for relevant demographic variables and backwards selection for our final model. We considered a p-value of <0.05 to be statistically significant.

Results: Our cohort consisted of 303 postmenopausal women of which 63 (20.8%) were prescribed vaginal estrogen and 240 (79.2%) were not at the time of BTX-A. Those in the estrogen group were older (70.6 ± 7.4 vs. 64.8 ± 12.7 years, P = 0.01), had a higher proportion of recurrent UTI history (30.2% vs. 12.1%, P < 0.01), and had a lower proportion of neurogenic bladder (11% vs. 37%, P < 0.01) than the no estrogen group. (Table 1) Overall, 106 women (34.9%) had a UTI as compared to 197 (65.0%) who did not. In bivariate analysis 57.1% of those on vaginal estrogen had a post-injection UTI as compared to 29.2% of those not on estrogen (P = 0.01). (Table 2) In our final multivariable logistic regression model, women in the estrogen group had a 2.3 times higher odds of having UTI after intradetrusor BTX-A injection (aOR 2.30, 95% CI 1.21, 4.37; P = 0.01) when adjusting for BTX-A dose (P = 0.05), history of recurrent UTI (P < 0.01), concurrent antibiotic suppression therapy (P = 0.16), post-injection urinary retention requiring clean intermittent self-catheterization (P < 0.01), and diagnosis of neurogenic bladder (P = 0.66). (Table 3)

Conclusions: In our study, vaginal estrogen does not appear to be protective against post-injection UTI in postmenopausal women undergoing intradetrusor BTX-A injection for refractory OAB, but we were limited by our ability to comment on adherence to estrogen application. More research is needed to determine if adherence to vaginal estrogen can potentially decrease post-injection UTI after BTX-A.
PERINEAL BOTULINUM TOXIN AND BLOCKAGE OF THE TRANSVERSE PLANE OF THE ABDOMEN AS A TREATMENT FOR CHRONIC PELVIC PAIN

J. Sanz Pablos1, K. Rubio Lorenzo2, G. Fernandez Lizana2, A. Diaz Alvarez2, E. Lorenzo Hernandez2, Hospital de Madrid1, Hospital 12 de Octubre2

Introduction: Chronic pelvic pain is a very complex entity. When sustained over time, it causes pain at the abdominal muscle plane level. Perineal botulinum toxin (PBT) and blockage of the transverse plane of the abdomen (TAP) with anesthetics has demonstrated to be an effective treatment when other techniques have failed.

Objective: Infiltrations with local anesthetic for myofascial syndrome is a suitable option for this type of patient. The disadvantage of this treatment is the short duration of the effect. TAP associated with PBT infiltrations have been shown to have a longer lasting effect.

Methods: We selected 14 patients with myofascial syndrome involving the oblique muscle, rectus abdominis and levator ani muscle (LAM) on whom anesthetic infiltrations were performed but the duration of their effect was extremely short. This patient group was described as 2 flu-like syndromes and 3 with self-limited urinary incontinence. Infiltrations with local anesthetic have improved their symptoms in an incomplete and time-limited manner.

Results: Before TAP and PBT infiltrations pain visual analog scale (VAS) mean was 7. At the 4 month review, mean VAS remained at 4.18. The only complications were 2 flu-like syndromes and 3 with self-limited urinary incontinence. Within the treatment group there was a distinction between a top-down and bottom-up surgical method. Both top-down and bottom-up slings are equally popular and commonly used for urinary incontinence in women.

Objective: Our objective for this study was to compare the demographics and clinical characteristics of patients who had a top-down versus bottom-up midurethral sling procedure. We also compared short-term and long-term outcomes including recurrence rate of urinary incontinence for these two procedures to characterize if one method is more effective and safer for patients.

Methods: This was a retrospective cohort study of women undergoing midurethral sling procedures alone or at the time of POP repair between 2010 and 2018. Patients undergoing concomitant oncologic or non-gynecologic procedures, trans-obturator slings, single incision slings, and those with history of neurologic bladder were excluded. The primary outcome was any perioperative complication including postoperative urinary tract infection, pelvic hematoma, failure of trial void, sling erosion, sling lysis or requiring a second sling. Secondary outcomes were incidence and persistence of postoperative urgency symptoms. Variables included in the analysis were age, mode of delivery, prior pelvic surgery, diuretic use, diabetes, preoperative OAB symptoms and presence of detrusor over-activity, and concomitant surgery. An a priori power analysis determined that we would need 140 patients in each group to identify a 10% difference in complication rates. Descriptive statistics were expressed as median and interquartile range or mean and standard deviation where appropriate.

Results: After assessing 1,594 patients for the inclusion criteria of this study, we included a total of 309 women who had a top-down or bottom-up retropubic sling procedure for urinary incontinence. Of these 309 patients, 140 had a top-down procedure and 169 had a bottom-up procedure. For patient demographics, women who had a top-down procedure were older, aOR = 1.03 (95%CI: 0.73-1.43) (P = 0.02) and had higher rates of previous hysterectomy (P = 0.02). When analyzing what concurrent procedures these patients had during their retropubic sling, we found that patients who had a bottom-up procedure had more anterior and posterior repairs compared to patients who had the top-down procedure aOR = 0.43 (95%CI: 0.16-0.97) (P < 0.001). Upon analysis of post-surgical complications for the two procedures, we found that there were significant predictors of sling related complications.
no significant differences in outcomes except for sling erosions. Patients undergoing the bottom-up procedure had more sling erosion ($P = 0.02$). After adjusting for confounders, top-down approach was not associated with an increased risk of complications compared to the bottom-up approach, aOR = 1.55 (95%CI: 0.71-3.38).

**Conclusions:** The top-down approach is not associated with a significantly higher complication rate compared to the bottom-up approach for midurethral slings.

**Disclosure:** No

**Table 3 - Procedure Outcomes**

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Top-Down (N=140) (%)</th>
<th>Bottom-Up (N=169) (%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>UUI within 90 Days</td>
<td>19 (13.6)</td>
<td>28 (16.6)</td>
<td>0.5</td>
</tr>
<tr>
<td>Bladder Transfusion</td>
<td>3 (2.1)</td>
<td>0 (0.0)</td>
<td>0.09</td>
</tr>
<tr>
<td>Pelvic Hematoma</td>
<td>2 (1.4)</td>
<td>2 (1.2)</td>
<td>0.61</td>
</tr>
<tr>
<td>Bladder Perforation</td>
<td>5 (3.6)</td>
<td>6 (3.6)</td>
<td>0.6</td>
</tr>
<tr>
<td>Failed Trial of Void</td>
<td>21 (15)</td>
<td>19 (11.2)</td>
<td>0.18</td>
</tr>
<tr>
<td>Sling Erosion</td>
<td>2 (1.4)</td>
<td>11 (6.5)</td>
<td>0.02</td>
</tr>
<tr>
<td>Sling Lysis Due to Obstruction</td>
<td>1 (0.7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Required Second Sling</td>
<td>2 (1.4)</td>
<td>2 (1.2)</td>
<td>0.57</td>
</tr>
<tr>
<td>Any de novo OAB symptoms</td>
<td>19 (13.6)</td>
<td>37 (23)</td>
<td>0.54</td>
</tr>
<tr>
<td>de novo urgency</td>
<td>6 (4.3)</td>
<td>7 (4.1)</td>
<td>0.66</td>
</tr>
<tr>
<td>de novo incontinence</td>
<td>11 (7.9)</td>
<td>11 (6.5)</td>
<td>0.54</td>
</tr>
<tr>
<td>de novo frequency</td>
<td>8 (5.7)</td>
<td>14 (8.3)</td>
<td>0.96</td>
</tr>
<tr>
<td>OAB treated with medication</td>
<td>5 (3.6)</td>
<td>7 (4.1)</td>
<td>0.62</td>
</tr>
<tr>
<td>UDS performed</td>
<td>17 (12.1)</td>
<td>20 (11.8)</td>
<td>0.49</td>
</tr>
<tr>
<td>de novo detrusor overactivity on urodynamics testing</td>
<td>2 (1.4)</td>
<td>2 (1.2)</td>
<td>0.63</td>
</tr>
<tr>
<td>OAB treated with physical therapy</td>
<td>9 (6.4)</td>
<td>23 (13.6)</td>
<td>0.14</td>
</tr>
<tr>
<td>OAB treated with third-line therapy</td>
<td>3 (2.1)</td>
<td>6 (3.6)</td>
<td>0.31</td>
</tr>
</tbody>
</table>

**Methods:** This is a retrospective cohort study comparing the incidence of vaginal mesh exposure between patients who underwent TVT and those who underwent RASC, with and without concomitant procedures between January 1, 2016 to September 30, 2021. Data was obtained form and electronic records review. Data collected included the preoperative, operative, and postoperative courses of patients who underwent RASC and/or TVT. Patient demographics were also collected. The incidence of vaginal mesh exposure was determined based on physical exam findings and patient reported symptom confirmed by exam. Based on previous studies and our experience, we estimated the incidence of TVT mesh exposure to be 10% and the incidence of RASC mesh exposure to be 3%. To show such an effect with 80% power and alpha = 0.05 a total of 194 patients were needed for each group. Univariable analysis was conducted with Student’s-t-test and the chi-squared test. All data were analyzed using SPSS v. 25.0 and a p-value less than 0.05 was considered to indicate statistical significance.

**Results:** A total of 228 patients underwent TVT, and 289 patients underwent RASC. The incidence of mesh exposure in the TVT group was found to be 7.5% compared to 2.1% in the RASC group ($P = 0.0032$).

**Conclusions:** There is a higher incidence of vaginal mesh exposure after TVT procedures when compared to RASC procedures. The anatomic location of the vaginal mesh likely plays a role in the observed difference. In RASC, mesh is placed laparoscopically and is attached to the vagina in the vesicovaginal and rectovaginal spaces. TVT mesh is placed vaginally and is located submucosally. Accordingly, TVT mesh is protected by a thin mucosal layer resulting in a greater risk of mesh exposure.

**Disclosure:** No

**Table 1: The demographic characteristics and clinical data of the study patients with normal PFM or weakened PFM**

<table>
<thead>
<tr>
<th>Variable</th>
<th>(n=140)</th>
<th>(n=152)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (y)</td>
<td>63 (61-67)</td>
<td>68 (64-70)</td>
<td>0.090</td>
</tr>
<tr>
<td>BMI (kg/m^2)</td>
<td>28 (25-30)</td>
<td>26 (24-30)</td>
<td>0.031</td>
</tr>
<tr>
<td>Waist circumference (cm)</td>
<td>99 (85-106)</td>
<td>101 (95-108)</td>
<td>0.048</td>
</tr>
<tr>
<td>Hip circumference (cm)</td>
<td>100 (95-108)</td>
<td>100 (95-108)</td>
<td>0.096</td>
</tr>
<tr>
<td>Body mass index</td>
<td>18 (15.0-20.0)</td>
<td>18 (15.0-20.0)</td>
<td>0.096</td>
</tr>
<tr>
<td>Hip circumference (㎝)</td>
<td>100 (95-108)</td>
<td>100 (95-108)</td>
<td>0.048</td>
</tr>
<tr>
<td>Waist-to-hip ratio (WHR)</td>
<td>0.69 (0.60-0.76)</td>
<td>0.69 (0.60-0.76)</td>
<td>0.039</td>
</tr>
</tbody>
</table>

**Poster 351**

**DOES BODY MASS INDEX INFLUENCE THE PELVIC FLOOR MUSCLE STRENGTH OF ELDERLY WOMEN WITH MILD-TO-MODERATE STRESS URINARY INCONTINENCE?**

D. Zhang1, S. Wang1, X. Sun1, J. Wang1. Peking University People’s Hospital

**Introduction:** Urinary incontinence (UI) is a common chronic disease for women, with a yearly increasing prevalence. Moderate or severe UI usually...
has a serious impact on women’s life. Pelvic floor muscle weakness resulted pelvic floor dysfunction is a major affecting factor of UI. Stress urinary incontinence (SUI) is the most common type of UI, pelvic floor muscle training (PFMT) is the first-line rehabilitation therapy treatment for women with SUI. Strengthening pelvic floor muscle strength (PFMS) is particularly important in preventing progress to severe in women with mild or moderate SUI.

Objective: The objectives of this study are to report general PFMS of mild and moderate SUI among the recruited patients and to analyze the factors potentially weakening the PFMS using the data from a prospective, multicenter and cohort study we are conducting.

Methods: 926 elderly women with mild or moderate UI including 717 with SUI were enrolled in the study from 6 hospitals. Data collected from all SUI participants included the demographic and clinical data, PFMS measurement and pelvic organ prolapse quantification (POP-Q). Comparison of the differences between women with normal PFMS and weakened PFMS was conducted using Pearson’s chi-squared test and Mann-Whitney U test, and multivariate binary logistic regression was used to analyze the factors influencing PFMS weakness.

Results: Women with weakened PFMS had significantly greater BMI, lower rate of physical exercise, higher rate of POP than women with normal PFMS (P < 0.05). Significant differences were not observed in indicators related to beverage preference, volume of liquid intake(24 h), smoking history and comorbidities. Women with normal PFMS had a smaller Aa and D points. Ap point was statistically different between two groups(p < 0.05), although the median values were same in the two groups. When these significant variables were put into the multivariate logistic regression analysis, only the association between BMI and weakened PFMS remained statistical significance(Ba:0.070, OR:1.073, 95%CI:1.013-1.136, p:0.016).

Conclusions: BMI is an independent factor affecting PFMS weakness in elderly women with mild and moderate SUI, indicating that weight loss can improve PFMS and weight loss combining with PFMT may be more effective to improve PFMS of elderly women with mild and moderate SUI.

Disclosure: Yes, this is sponsored by industry/sponsor: National Key Technology R&D Program of China (grant number: 2018YFC2002204).

Poster 353

INFECTED PELVIC HEMATOMA FOLLOWING VAGINAL HYSTERECTOMY WITH UTEROSACRAL LIGAMENT SUSPENSION FOR TREATMENT OF APICAL PROLAPSE

H. Chill1, L. Ben-Porat2, J. Winer2, N. Moss3, A. Cohen4, D. Shevky5, NorthShore Urogynecology - University of Chicago1, Hebrew University Medical School, Jerusalem2, North Shore Urogynecology - University of Chicago3, Hebrew University of Jerusalem, Israel4

Introduction: Vaginal hysterectomy with uterosacral ligament suspension (VUSLS) is a common procedure for apical prolapse repair. Incidence of pelvic hematoma following hysterectomy has been estimated to occur in 25-98% of cases. Most of these pelvic hematomas are an incidental finding diagnosed following ultrasonography and/ or physical examination. However, pelvic hematomas can become infected, which may result in a wide array of symptoms including fever, pain, and vaginal discharge, requiring antibiotic treatment, re-hospitalization, and surgical drainage. Data regarding pelvic hematoma following VUSLS is scarce.

Objective: The aim of this study was to describe the occurrence of infected and non-infected pelvic hematoma in women following VUSLS for the treatment of apical prolapse. We further attempted to ascertain whether this complication may affect procedure success rates. Lastly, we evaluated possible risk factors for infected pelvic hematoma in our cohort.

Methods: We performed a retrospective cohort study, including all women who underwent VUSLS for treatment of apical prolapse between 2010 and 2020. It is our routine practice to perform a trans-abdominal ultrasound for post-void residual urine testing postoperatively in every woman undergoing POP repair. Due to this, we were able to collect data on the presence or absence of pelvic hematoma in women following VUSLS. Diagnosis of infected pelvic hematoma was defined as a patient with a known pelvic hematoma who presented with fever, foul smelling discharge, and/or pelvic pain, or if they underwent surgical drainage. Patients with and without pelvic hematoma by ultrasound were compared. A subgroup analysis compared patients with infected vs non-infected hematomas.

Results: During the study period, 316 women underwent VUSLS for treatment of apical prolapse. Sixty-six (20.9%) were diagnosed with a pelvic hematoma, and in seventeen (5.4%) women the hematoma became infected. The majority (76%) of pelvic hematomas were located above the vaginal cuff. A comparison...
was performed between women diagnosed with a hematoma and those that were not (Tables 1 and 2). The hematoma group had increased rates of hypothyroidism and concomitant anterior colporrhaphy. However, following multivariate analysis, these differences were no longer significant. Within the infected hematoma group, eleven (64.7%) women presented with fever, eight (47.1%) with vaginal bleeding, and four (23.5%) with pain. Drainage of the hematoma was required in eight (47.1%) cases out of which six (75%) had a positive culture. One patient had a positive blood culture following admission. All women received antibiotic treatment and improved clinically. In an attempt of identifying risk factors for infected pelvic hematoma, subgroup analysis was carried out comparing women with infected pelvic hematoma to women who had asymptomatic pelvic hematoma (Table 3). Parameters compared were similar between groups including clinical, anatomical, and composite outcome success rates. Women in the infected hematoma group were more likely to have a posterior colporrhaphy during surgery (33.3% vs 9.5%, P=0.039). Multivariate analysis was performed to adjust for potential confounders and this difference remained significant (aOR=8.87, CI 1.1-73.0).

Conclusions: Pelvic hematoma following VUSLS is common as opposed to infected pelvic hematoma which seldom occurs. Concomitant posterior colporrhaphy was associated with infection.

**Table 2.** Clinical, pre-surgery, and post-surgery characteristics of patients with a pelvic hematoma – infected vs uninfected

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Infected pelvic hematomas (n=48)</th>
<th>Uninfected pelvic hematomas (n=37)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age at surgery</td>
<td>39.8±10.8</td>
<td>39.7±10.3</td>
<td>0.602</td>
</tr>
<tr>
<td>BMI</td>
<td>25.6±4.4</td>
<td>25.4±4.6</td>
<td>0.590</td>
</tr>
<tr>
<td>Medical history</td>
<td>21.9%</td>
<td>28.3%</td>
<td>0.450</td>
</tr>
<tr>
<td>Sexually active</td>
<td>51.1±10.3 (32%)</td>
<td>29.4±7.1 (16%)</td>
<td>0.000</td>
</tr>
<tr>
<td>Marital history</td>
<td>56.9%</td>
<td>68.6%</td>
<td>0.267</td>
</tr>
<tr>
<td>Alcohol abuse</td>
<td>4.2%</td>
<td>2.7%</td>
<td>0.660</td>
</tr>
<tr>
<td>Diabetes</td>
<td>17.9%</td>
<td>17.9%</td>
<td>1.000</td>
</tr>
<tr>
<td>Obstetric history</td>
<td>26.3%</td>
<td>32.4%</td>
<td>0.450</td>
</tr>
<tr>
<td>Cigarettes</td>
<td>10.0%</td>
<td>9.5%</td>
<td>1.000</td>
</tr>
<tr>
<td>Parity</td>
<td>5.4±2.9 (51%)</td>
<td>3.4±2.7 (40%)</td>
<td>0.000</td>
</tr>
<tr>
<td>Previous surgery</td>
<td>0.0%</td>
<td>0.0%</td>
<td>1.000</td>
</tr>
<tr>
<td>Pelvic surgery</td>
<td>2.5±1.9 (50)</td>
<td>2.9±1.5 (45)</td>
<td>0.650</td>
</tr>
<tr>
<td>Peptic ulcer</td>
<td>14.6%</td>
<td>16.2%</td>
<td>0.630</td>
</tr>
<tr>
<td>Pre-operative complications</td>
<td>1.0%</td>
<td>1.0%</td>
<td>1.000</td>
</tr>
<tr>
<td>Type of anesthesia</td>
<td>0.0%</td>
<td>0.0%</td>
<td>1.000</td>
</tr>
<tr>
<td>General</td>
<td>5.8±3.9 (58%)</td>
<td>4.4±3.8 (46%)</td>
<td>0.190</td>
</tr>
<tr>
<td>Regional</td>
<td>7.1±3.0 (71%)</td>
<td>6.5±3.0 (65%)</td>
<td>0.390</td>
</tr>
<tr>
<td>Duration of surgery (minutes)</td>
<td>147.7±64.1 (147)</td>
<td>135.3±43.4 (135)</td>
<td>0.450</td>
</tr>
<tr>
<td>Anatomical success</td>
<td>11 (23.4%)</td>
<td>12 (25.5%)</td>
<td>0.780</td>
</tr>
<tr>
<td>Clinical success</td>
<td>11 (23.4%)</td>
<td>12 (25.5%)</td>
<td>0.780</td>
</tr>
<tr>
<td>Co-morbidity</td>
<td>11 (23.4%)</td>
<td>12 (25.5%)</td>
<td>0.780</td>
</tr>
<tr>
<td>Composite outcome success</td>
<td>11 (23.4%)</td>
<td>12 (25.5%)</td>
<td>0.780</td>
</tr>
</tbody>
</table>

Conclusions: Pelvic hematoma following VUSLS is common as opposed to infected pelvic hematoma which seldom occurs. Concomitant posterior colporrhaphy was associated with infection.

Disclosure: No

**Poster 354**

**UTERINE PROLAPSE WITH VESICOLITHIASIS**

**D. Setia¹, B. Indra Utama², Dr. M. Djamil General Hospital³, Association of Urogynecology of Indonesia²**

**Introduction:** Pelvic organ prolapse followed by vesicolithiasis is a rare finding. This condition needs consideration for its management because of its rarity.

**Objective:** Reporting a case of uterine prolapse with vesicolithiasis.

**Methods:** Case report

**Results:** A 64 year old woman with eight parities complained a mass protruding from vagina since 5 years ago. This complained followed with discomfort and incomplete emptying during micturition. Patient diagnosed with uterine prolapse stage IV, cystocele grade IV and vesicolithiasis. A surgical management was performed in this patient.

**Conclusions:** Increasing of age and multiparity has been shown to be a contributing factor causes uterine prolapse and cystocele. Uterine prolapse could cause urine incontinence, which also aggravate stone formation.

Disclosure: No
**Poster 355**

**BIRTHWEIGHT DIFFERENCE BETWEEN DELIVERIES AND THE RISK OF OBSTETRIC ANAL SPHINCTER INJURY IN PAROUS WOMEN**


NorthShore Urogynecology - University of Chicago, Hebrew University of Jerusalem, Hebrew University Medical School, Jerusalem.

**Introduction:** Obstetric anal sphincter injury (OASI) greatly increases the risk of future fecal incontinence, pelvic floor disorders, fistula formation and sexual dysfunction. While primiparity is a known risk factor for OASI, data regarding OASI in parous women is limited. One factor which has yet to be investigated with regards to OASI in parous women is neonate birthweight (BW) difference between deliveries.

**Objective:** The aim of this study was to evaluate the association between neonatal BW difference between deliveries and risk of OASI in parous women. We further investigated the association between other obstetric parameters and OASI.

**Methods:** We performed a retrospective case-control study, including parous women with at least one previous vaginal delivery who were diagnosed with OASI. The control group consisted of parous women who did not have OASI during vaginal delivery. Medical history, obstetric background and current labor related data were compared. Difference in BW between deliveries was defined as the current BW minus the maximal or previous BW as a continuous parameter. We additionally created a categorical parameter for difference in BW between deliveries: (1) current BW is smaller than previous BW by more than 250 gr, (2) a difference of under 250 gr between deliveries (-250 gr to +250 gr), (3) current BW is larger than previous BW by 250 to 500 gr, (4) current BW is larger than previous BW by more than 500 gr. Further univariate and multivariate analyses were performed, assessing for risk factors for OASI within the entire cohort.

**Results:** One-hundred and eight parous women who had a diagnosis of OASI were compared to a control group of 216 parturients who delivered without OASI. Differences between the current BW and the preceding and maximal previous BW were evaluated. Patients in the study and control groups did not differ in their basic characteristics, except for higher rate of any previous operative vaginal delivery in the OASI group (35.2% vs. 14.0%, P < 0.001) (Table 1). The differences between the current BW and the preceding and maximal previous BW were evaluated (Table 2). There was a significantly higher rate of women who had over 500 grams difference between the current compared to previous BW in the OASI group (28.7% vs. 12.30%, respectively; P < 0.001) with a mean difference of plus 262 ± 467 grams in the OASI group compared to a plus 60 ± 491 grams in the No OASI group (P = 0.001). Additionally, the percentage of mothers with a higher neonatal BW in their current delivery compared to the previous delivery was also higher in the OASI compared to the No OASI group (56.5% vs. 32.9%, respectively; P < 0.001). A multivariate logistic regression analysis for the dependent parameter of OASI was performed (Table 3). The following parameters were found to be independently associated with OASI outcome in this model: previous operative delivery, BW ≥ 90th percentile and current BW that was 500 grams or higher than previous maximal BW.

**Conclusions:** In parous women, neonatal BW difference between deliveries of more than 500 grams is associated with OASI.

**Disclosure:** No

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**Table 1. Demographic and obstetric characteristics of the study population patients with and without obstetric anal sphincter injury (OASI).**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>OASI</th>
<th>No OASI</th>
<th>P_value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>30</td>
<td>26</td>
<td>0.157</td>
</tr>
<tr>
<td>Gestational diabetes</td>
<td>50%</td>
<td>40%</td>
<td>0.009</td>
</tr>
<tr>
<td>P</td>
<td>39</td>
<td>34</td>
<td>0.009</td>
</tr>
<tr>
<td>3-4</td>
<td>38</td>
<td>38</td>
<td>0.12</td>
</tr>
<tr>
<td>Any previous cesarean delivery</td>
<td>12%</td>
<td>18%</td>
<td>0.065</td>
</tr>
<tr>
<td>Any previous operative vaginal delivery</td>
<td>8%</td>
<td>1%</td>
<td>0.074</td>
</tr>
<tr>
<td>BW of previous VBAC delivery</td>
<td>0.1%</td>
<td>0.1%</td>
<td>0.39</td>
</tr>
<tr>
<td>Maximal previous birthweight</td>
<td>345</td>
<td>350</td>
<td>0.39</td>
</tr>
<tr>
<td>Previous delivery</td>
<td>332</td>
<td>332</td>
<td>0.39</td>
</tr>
</tbody>
</table>

**Table 2. Labor related characteristics of the study population patients with and without obstetric anal sphincter injury (OASI).**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>OASI</th>
<th>No OASI</th>
<th>P_value</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of patients</td>
<td>100</td>
<td>100</td>
<td>0.99</td>
</tr>
<tr>
<td>Gestational age</td>
<td>90</td>
<td>90</td>
<td>0.99</td>
</tr>
<tr>
<td>Induction of labor</td>
<td>14</td>
<td>14</td>
<td>0.99</td>
</tr>
<tr>
<td>Epidural analgesia</td>
<td>30%</td>
<td>30%</td>
<td>0.99</td>
</tr>
<tr>
<td>Episiotomy</td>
<td>12%</td>
<td>12%</td>
<td>0.99</td>
</tr>
<tr>
<td>C-Section rate</td>
<td>30%</td>
<td>30%</td>
<td>0.99</td>
</tr>
<tr>
<td>Complication rate</td>
<td>12%</td>
<td>12%</td>
<td>0.99</td>
</tr>
<tr>
<td>BW (grams)</td>
<td>337</td>
<td>337</td>
<td>0.99</td>
</tr>
</tbody>
</table>

**Poster 356**

**MANAGEMENT OF OLDER WOMEN WITH URINARY TRACT INFECTION SYMPTOMS: A SURVEY OF PRACTOCONG PHYSICIANS**

A. Murillo, H. Zyckyński, S. Suárez, M. Bradley. Magee Women's Hospital/University of Pittsburgh Medical Center, University of Pittsburgh.

**Introduction:** Empiric antibiotics for presumed urinary tract infection (UTI) are often prescribed to older women with incontinence and those with altered mental status due to concern for urosepsis. A survey of 330 physicians was conducted to assess knowledge, attitudes, and practices regarding diagnosis and treatment of UTI among primary care providers.

**Objective:** To assess knowledge, attitudes, and practices regarding management of older women with symptoms attributed to UTI among primary care physicians.

**Methods:** This cross-sectional electronic survey study was conducted at a large medical center in November 2021. The survey assessed awareness, attitudes, and practices regarding diagnosis and treatment of UTI in the older patient population. Key topics included diagnosis, treatment, and follow-up recommendations.
medical center physicians via QualtricsXM. The primary outcome was the proportion of responders who were comfortable waiting for urine culture results before prescribing antibiotics for presumed UTI in older women (≥65 years). Possible answers were “Yes”, “No” and “It Depends”. Bivariate analyses compared demographics between those who never felt it was safe to delay antibiotics and those who answered “yes” or “it depends”. Additional questions explored physician perspectives on common UTI symptoms and suspected sequelae of delayed treatment.

Results: Response rate was 43.0% (142/330); the majority practiced medicine >15 years (n = 80, 56.3%), were female (60.6%) and practiced in a suburban location (50.7%). Symptoms identified by providers as pathognomonic of UTI in older women were urinary frequency (71.1%), dysuria (62.7%), urinary urgency (59.2%), confusion (48.6%) and change in urination odor/appearance (37.3%) (Table). Overall, 66.9% providers prescribe empiric antibiotics 15 years always felt safe delaying antibiotics compared to those with ≤15 years of experience (33.3% v. 18.3%; P = 0.04) and 70.3% of those who felt it was safe to delay antibiotics had >15 years of experience. This finding remained significant in logistic regression: ≤15 years of experience were less likely to always feel safe delaying antibiotics (aOR 0.38, 95% CI 0.16, 0.89; P = 0.03) when controlling for gender (P = 0.35) and location of practice (P = 0.19).

Conclusions: This cross-sectional survey found that providers with more clinical experience have more comfort delaying antibiotics in older women with UTI symptoms. Despite recent literature suggestive of an overall low risk of urosepsis in this population, this sequela remains a large concern. Additional implementation strategies and research to reduce empiric antibiotic prescribing are necessary.

Table: Primary Care Provider Perspectives Regarding Management of Older Women with Symptoms Associated with Urinary Tract Infections

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes (%)</th>
<th>No (%)</th>
<th>It Depends (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q1. Most common symptoms of a UTI in older women?</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q2. Urinary urgency</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q3. Urinary frequency</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q4. Change in urination odor/appearance</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q5. Dysuria</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q6. Change in bowel movements</td>
<td>85/142</td>
<td>84/142</td>
<td>9/142</td>
</tr>
<tr>
<td>Q7. What proportion of this time you prescribe empiric antibiotics for older women with UTI symptoms?***</td>
<td>Only those who know N vs. It depends on it.</td>
<td>Able to take delayed one.</td>
<td>Able to take delayed one.</td>
</tr>
</tbody>
</table>

Poster 358

LONG-TERM SEXUAL AND FUNCTIONAL OUTCOMES OF COMBINED RECTOPEXY AND SACROCOLOPEXY FOR TREATMENT OF MULTICOMPARTMENTAL PROLAPSE

E. Welch¹, J. Wheat¹, C. Heuser¹, S. Hamada², J. Walgøs³, T. Pheropoulos⁴, K. Dengler⁴, Walter Reed National Military Medical Center¹, Inova Health System, Mid-Atlantic Urogynecology and Pelvic Surgery, Fairfax Colon and Rectal Surgery²

Introduction: Pelvic organ prolapse and rectal prolapse occur concurrently in approximately 38% of patients. Given the complexity of multicompartamental prolapse, it is critical to manage these patients with an interdisciplinary team. The optimal procedure for rectal prolapse treatment is unknown. Posterior suture rectopexy involves mobilizing the rectum between the mesorectal and presacral fascia followed by rectal fixation with suture at the sacral promontory. Sigmoid resection can be performed concurrently in patients with redundant colon and preoperative constipation. Ventral mesh rectopexy (VMR) involves dissection in the rectovesical space to the perineal body followed by mesh attachment to the anterior rectum with fixation at the sacral promontory; the lack of posterior rectal dissection decreases autonomic nerve injury and postoperative constipation rates. Combined surgical approaches for multicompartamental prolapse have been studied, however long-term sexual and functional outcome data is lacking.

Objective: Assess reoperation rates and long-term sexual and functional outcomes after sacrocolpopexy-rectopexy.

Methods: This was a cross sectional study of women who underwent sacrocolpopexy with either suture rectopexy or VMR from 2015-2021 and were contacted to complete PFQI-20, PFQ-I, and FSFI questionnaires by telephone. The electronic medical record was queried for demographic and operative data.

Results: Forty-six patients met inclusion criteria. Seventeen were not reached or declined participation, and 29 completed the questionnaires. Overall

Disclosure: No
The median time from surgery was 34.0 months (IQR 22.0-59.0), which differed between groups. On a scale of 0-300, with higher scores associated with worse symptoms, the median PFDI-20 score was 81.3 (IQR 39.6-136.5), and the median PFIQ-7 score was 14.3 (IQR 0.0–80.9). Patients who underwent sacrocolpopexy-VMR had higher POPDI-6 and POPIQ-7 scores (41.7 vs 14.6, P = .008; 0.0 vs 0.0, P = .019). While the majority of patients reported bothersome prolapse, colorectal-anal, and urINARY symptoms, this did not correlate well with negative impact on daily activities as 70%, 46%, and 36% of these patients also reported scores of zero on the POPDI-7, CRAIQ-7, and UIQ-7 respectively. Twenty-four patients met the questionnaire cutoff for female sexual dysfunction, scoring below 26.5 on the FSFI, however, 42.1% of the 19 abstinent patients were very or moderately satisfied with their sexual life. No patients had undergone subsequent urogynecologic or colorectal surgery.

Conclusions: In this sample population, our data suggests good postoperative functional outcomes. Compared to patients who underwent sacrocolpopexy-suture rectopexy, patients who underwent sacrocolpopexy-VMR had worse pelvic organ prolapse symptoms. However, median postoperative intervals from surgery were shorter due to the more recent introduction of VMR. To date, no patients have recurred or required subsequent reconstructive surgery. The majority of patients reported bothersome pelvic floor symptoms, which did not necessarily correlate with perceived negative impact on daily functioning. Sexual function appeared to be similar between groups at follow-up. While most patients met criteria for female sexual dysfunction, nearly half of abstinent patients were satisfied with their overall sexual life, with many reporting partner ability and libido as detractors to their sexual activity, unrelated to postoperative recovery. Therefore, sexual function may not be as clearly associated with other functional outcomes, signifying the importance of long-term follow-up and evaluation.

Disclosure: Dr. Welgoss is a consultant for Coloplast.

Poster 359
INTRODUCING NEW INTEGRAL PARAMETER FOR BIOMECHANICAL CHARACTERIZATION OF THE FEMALE PELVIC FLOOR
V. Egorov1, H. van Raalte2, S. Takacs3, S.A. Shobeiri4, V. Lucente5, L. Hoyt6, Advanced Tactile Imaging1, Princeton Urogynecology2, Eastern Virginia Medical School3, INOVA Fairfax Hospital4, The Institute for Female Pelvic Medicine & Reconstructive Surgery5, The Pelvic Floor Institute6

Introduction: The true etiology of pelvic organ prolapse (POP) and variations observed among individuals are not entirely understood. These disorders are thought to share common pathogeneses, tissue elasticity changes, weakening of the connective support tissues, and pelvic muscle dysfunction. Logically, proposing a biomechanical assessment and characterization of the female pelvic floor could give rise to important information in clinical practice. However, ultrasound and MRI elastography, as well as functional imaging of the pelvic floor, did not obtain appropriate acceptance in urogynecology. There is a significant gap in the biomechanical and functional research of the female pelvic floor.

Table 1. Demographic and Clinical Characteristics

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Surgery method</th>
<th>Vaginal mesh surgery</th>
<th>Total</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>60.3 (57.0-63.0)</td>
<td>58.0 (55.0-61.0)</td>
<td>59.0 (57.0-63.0)</td>
<td>.25</td>
</tr>
<tr>
<td>Anatomic Scar</td>
<td>10.0 (6.0-11.0)</td>
<td>12.0 (11.0-13.0)</td>
<td>11.0 (10.0-12.0)</td>
<td>.32</td>
</tr>
<tr>
<td>Pelvic organ prolapse symptoms</td>
<td>14.3 (8.0-17.0)</td>
<td>17.0 (15.0-20.0)</td>
<td>15.0 (14.0-18.0)</td>
<td>.23</td>
</tr>
<tr>
<td>Urinary symptoms</td>
<td>0.0 (0.0-0.0)</td>
<td>0.0 (0.0-0.0)</td>
<td>0.0 (0.0-0.0)</td>
<td>.00</td>
</tr>
<tr>
<td>Sexual symptoms</td>
<td>0.0 (0.0-0.0)</td>
<td>0.0 (0.0-0.0)</td>
<td>0.0 (0.0-0.0)</td>
<td>.00</td>
</tr>
</tbody>
</table>

Table 2. Functional and Sexual Outcomes

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Surgery method</th>
<th>Vaginal mesh surgery</th>
<th>Total</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>POPDI-6</td>
<td>41.7 (40.0-43.0)</td>
<td>43.0 (41.0-44.0)</td>
<td>42.0 (41.0-43.0)</td>
<td>.008</td>
</tr>
<tr>
<td>POPIQ-7</td>
<td>14.6 (13.0-16.0)</td>
<td>16.0 (15.0-17.0)</td>
<td>15.0 (14.0-16.0)</td>
<td>.019</td>
</tr>
</tbody>
</table>

Figure 1. A diagram illustrating composition of Bi-Score from five components and V7 parameters contributing to these components with specific weights.

Figure 2. Bi-Score calculated for normal (blue dots) and POP (red dots) cases among patient age 70-256 cases (one standard error of mean) Bi-Score indicates for normal (blue dots) and POP (red dots) cases.
Objective: To develop and validate a new integral parameter – the Biomechanical Integrity Score (BI-score) – for the characterization of the female pelvic floor.

Methods: A total of 253 subjects with normal and pelvic organ prolapse (POP) conditions were included in the data analysis from multi-site observational, case-controlled studies; 125 subjects had normal pelvic floor conditions, and 128 subjects had POP stage II+. A Vaginal Tactile Imager (VTI) was used to acquire and calculate automatically 52 biomechanical parameters for eight VTI test procedures (probe insertion, elevation, rotation, Valsalva maneuver, voluntary muscle contractions in two planes, relaxation, and reflex contraction). Statistical methods were applied (t-test, boxplot, and correlation) to identify the VTI parameters sensitive to the pelvic conditions and to establish the BI-score components.

Results: Out of 52 parameters, 26 were identified as statistically sensitive to the POP development and not highly correlated with each other (Pearson’s correlation coefficient r < 0.85). These 26 parameters were subdivided into five groups, each of them characterizing (1) tissue elasticity, (2) pelvic support, (3) pelvic muscle contraction, (4) involuntary muscle relaxation, and (5) pelvic muscle mobility, respectively. Every parameter was transformed to its standard deviation units against the patient age similar to T-score for bone density. Linear combinations with specified weights led to the composition of five component parameters for groups (1)-(5) and the BI-score in standard deviation units as shown in Figure 1. The p-value for the BI-score has p = 4.3*10^-31 for POP versus normal conditions (see Figure 2). The POP diagnostic accuracy of the BI-score was found as 89.7% versus POP-Q data. A reference BI-score curve against age for normal pelvic floor conditions was defined (see Figure 3).

Conclusions: The proposed BI-score and its five components allow a comprehensive biomechanical characterization of the pelvic floor. Objectively measurable transformations of the pelvic tissues, support structures, and functions under different diseased conditions may be studied with the BI-score in future research and practical applications.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for Advanced Tactile Imaging

Poster 360

DO RACIAL/ETHNIC DISPARITIES EXIST IN TRAINEE EVALUATIONS? A LINGUISTIC ANALYSIS OF BIANNUAL SUMMATIVE RESIDENT EVALUATIONS IN OBSTETRICS AND GYNECOLOGY

W. Winkelman1, D. Carr2, M. Hacker2, B. Young2, M. Mendiola2, S. Ameli2, M. Butterfield2, A. Chabrier2, Mount Auburn Hospital, Beth Israel Deaconess Medical Center2

Introduction: While racial and ethnic bias in evaluations have been documented in many clinical and non-clinical settings, there are limited studies specifically analyzing trainee evaluations in graduate medical education.

Objective: We aimed to determine if the racial and ethnic bias that has been reported throughout medicine is also prevalent in resident evaluations. Specifically, this study sought to explore if linguistic differences were present in the evaluations of residents who identified as non-Hispanic white compared with residents who identified as another race or ethnicity.

Methods: Evaluations of residents in obstetrics and gynecology from a single tertiary care training hospital were collected. Residents are evaluated throughout training, and these evaluations are compiled into summative biannual reports. Self-reported race/ethnicity were obtained from each trainee’s residency application. Reports were analyzed using Linguistic Inquiry and Word Count (LIWC), a validated text analysis software program (Pennebaker Conglomerates, Inc, Austin TX), which has been used in numerous studies to detect bias in letters of recommendations. The program relies on an internal dictionary to classify words into preselected categories. It contains 90 output variables, including 4 summary language variables (analytical thinking, clout, authenticity and emotional tone) and 41 categories related to psychologic constructs. In addition, a linguistic dictionary assessing agentic and communal language was added to the analysis.

Results: A total of 330 summative biannual reports were available for 58 residents from 2014 through 2021 with over 220,000 words in aggregate. Of the 330 summative reports, 178 (54%) were for non-Hispanic white residents and 152 (46%) were for residents who identified as another race or ethnicity. The mean word count was similar for residents who identified as non-white (655 ± 600) as for those who did not (683 ± 649); P = 0.81. Overall, the summary language variables of analytical thinking, clout, authenticity and emotional tone were similar between groups (all p ≥ 0.46). While many of the psychologic constructs were also similar between groups, significant differences were noted in several subscales. For example, while drive scores were similar between groups (P = 0.47), affiliation subscale scores and power subscale scores were higher in the summative reports of non-Hispanic white residents (2.3 vs 2.0, P = 0.01 and 3.7 vs 3.2, P = 0.02 respectively). The affiliation construct includes words such as “colleague” and “friend.” The power construct includes references to status and includes words such as “ambitious” and “leader.” The biannual reports of non-Hispanic white residents had similar agentic scores (3.8 vs 3.5, P = 0.08) and communal scores (3.0 vs 2.8, P = 0.11) compared with residents who identified as another race or ethnicity.

Conclusions: While summative language variables are similar between obstetrics and gynecology residents who identify as non-Hispanic white compared with another race or ethnicity, we identified significant differences in several of the psychologic constructs, including affiliation and power, which were higher in evaluations of non-Hispanic white residents. Further analysis is needed to more fully understand the linguistic characteristics given the racial and ethnic heterogeneity of the groups as categorized in this dataset.

Disclosure: No
multi-drug resistant (MDR) UTI requiring IV therapy; bladder or pelvic cancer, fistula or mesh erosion; and prior pelvic radiation. The primary outcome was the presence or absence of a subsequent culture-proven UTI within 12 months of antibiotic treatment initiation. Secondary outcomes were the total number of subsequent UTIs over 12 months, hospitalization for sepsis or pyelonephritis, and medication-related adverse events. Multivariable logistic regression assessed differences in the primary outcome controlling for potential confounders.

**Results:** Of the 246 women included, 43 received extended 1-month treatment-dose antibiotics and 203 received ≥3 months of daily prophylactic antibiotics. At baseline, women receiving prophylactic antibiotics were more likely to be using estrogen and less likely to have had rUTI with a single bacterial species (Table 1). Women who received 1-month treatment-dose antibiotics had a significantly lower risk of experiencing a subsequent UTI within 1 year when compared to those taking prophylactic antibiotics for ≥3 months (34.9% vs 59.6%; P = 0.01; Table 2). Time to event analysis showed a divergence in the survival curves beginning at 2 months favoring extended 1-month treatment dose antibiotics (P = 0.01; Figure 1). This significant risk reduction was maintained in multivariable regression (aOR 0.42; 95% CI 0.20,0.89) controlling for age, estrogen use, anti-incontinence procedure, presence of rUTI with a single bacterial species, and diabetes. Table 2 provides comparisons of secondary outcomes.

**Conclusions:** Women treated with a 1-month course of treatment-strength antibiotics had a significantly lower risk of subsequent UTI within 12 months compared to women receiving ≥3-months of daily low-dose prophylactic antibiotics after acute UTI treatment. Extended treatment-strength antibiotics may provide therapeutic benefit by clearing intracellular bacterial reservoirs through sustained higher-dose treatment while overall reducing cumulative antibiotic dose and duration. This innovative approach warrants evaluation in randomized trials.

**Disclosure:** No

**Poster 362**

**PATIENT’S PATIENT PERSPECTIVES: OUTCOMES OF MARSUPIALIZATION OF FEMALE URETHRAL DIVERTICULA**

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**Introduction:** Urethral diverticula are rare, disproportionately affecting women. Presenting symptoms include: dysuria, post-void dribbling, dyspareunia, urinary incontinence, UTIs, and/or pain. Urethral diverticulectomy is most commonly performed, although aspiration, diverticulotomy, transurethral endoscopic resection, and marsupialization are described. Diverticulectomy complications are not uncommon. Marsupialization is typically reserved for distal diverticula due to the risk of urinary incontinence; however, past studies show high success rates and low morbidity. There are no recent studies on marsupialization techniques or outcomes.

**Objective:** Describe surgical characteristics, postoperative complications, and patient satisfaction with marsupialization for urethral diverticula.

**Methods:** A retrospective case series and follow-up telephone survey was completed for patients who underwent marsupialization of a urethral diverticulum at a single academic institution (1990-2021) by two FPMRS fellowship trained surgeons. 22 patients included. Chart review completed for demographics, preoperative evaluation, intraoperative findings, and postoperative complications. Patients contacted by phone to complete a 15-question postoperative satisfaction and outcomes survey using the Patient Global Impression of Improvement (PGI-I) and Surgical Satisfactions Questionnaire-9 (SSQ-8). Data analyzed using descriptive statistics.

**Results:** All 22 patient charts had preoperative and intraoperative data for review. Mean age at the time of surgery 46.1±14.0 years. Most patients were African American 10/22 (45.5%) or Caucasian 9/22 (40.9%). Patient characteristics: smokers 3/22 (13.6%), diabetes mellitus 2/22 (9.5%), immunocompromised 1/22 (4.5%), pregnant 1/22 (4.5%). Median BMI 29.7 (25.2, 34.7). Most urethral diverticula were diagnosed preoperatively 18/22 (81.8%). MRI 10/22 (55.6%) and/or CT 7/22 (38.9%) were performed. Patients had both simple 12/22 (54.5%) and complex 10/22 (45.5%) diverticula. 1/22 (4.5%) patient had a prior aspiration of diverticula. 3/22 (13.6%) patients were treated for perioperative infection with antibiotics. Patients were counselled on options of observation, aspiration, marsupialization, and diverticulectomy. Reasons for marsupialization were not desiring a more complex surgery 9/22 (40.9%).
Conclusions: This retrospective study demonstrates marsupialization as a simple, quick, and effective treatment option for urethral diverticula with high postoperative patient satisfaction, no postoperative Foley requirement, quick return to daily activities, and minimal risk. Long term follow-up is needed.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Intuitive, Allergan, Astellas, Bard, Boston Scientific, Coloplast, Medtronic, Unovant, Laborie

Poster 363
IS PELVIC ORGAN PROLAPSE CORRECTION WITH VAGINAL MESH SUITABLE WITH A CORRECT INDICATION AND PROTOCOLIZED FOLLOW-UP?


Introduction: The use of vaginal mesh in order to correct pelvic organ prolapse (POP) has been banned by the FDA due to the complications associated with them.

Objective: The objective is to determine efficiency and safety in the short and long term in a sample of women undergoing transvaginal mesh surgery performed by properly trained surgeons, in a referral center and with a protocolized follow-up.

Methods: We present a longitudinal, descriptive study of a cohort of 53 patients with POP who underwent transvaginal mesh surgery between 2001 and 2015. The objective is to determine efficacy and safety in the short and long term in a sample of women undergoing transvaginal mesh surgery performed by properly trained surgeons, in a referral center and with a protocolized follow-up. The use of vaginal mesh in order to correct pelvic organ prolapse (POP) has been banned by the FDA due to the complications associated with them.

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Poster 364
C-CLAMPS TECHNIQUE-A NOVEL TECHNIQUE TO PREVENT BLADDER INJURY IN RETOPUBIC MID URETHRAL SLINGS

C. Jayne1, W. Oudalate-Williams2, M. Bach1, A. Ooorn1, G Siddiqui3, Greater Houston Urogyn1, University of Texas2, HCA Healthcare3, University of Texas4

Introduction: Iatrogenic bladder and urethral injury is a known risk at the time of implantation of a bottom up retropubic mid urethral sling.

Objective: Our primary objective was to show a novel "C-clamp" technique which can significantly reduce the risk of bladder injury at the time of implantation of a bottom up synthetic mesh mid urethral sling.

Methods: Patients who underwent placement of a bottom up retropubic synthetic mesh mid urethral sling were identified by CPT code in the electronic medical record of one provider as part of a quality improvement review. Medical records were reviewed for demographic and clinical data for all bottom up retropubic synthetic mesh mid urethral slings placed using the C-clamp technique. C-clamp technique is described in table 1.

Table 1

<table>
<thead>
<tr>
<th>C-clamp Technical Notes: Stop by Step</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Retrograde with surgery for clear visualization of urethra.</td>
</tr>
<tr>
<td>2. Bladder leakage with cystoscopy: After pulling the top out and pulling down the sling, if there is any leakage, locate Foley bulb at bladder neck and mark bladder neck with marking pen then remove Foley catheter.</td>
</tr>
<tr>
<td>3. Using sterile measuring tape, measure the length of the urethra, grasp the vagina Iasi at the mid urethra with allis clamps and fixoid 100s of dilute vaseline at the mid urethra and per urethral columns.</td>
</tr>
<tr>
<td>4. Using # 9 blade scissors make a full thickness vesical incision at the mid urethra.</td>
</tr>
<tr>
<td>5. Replace all catheters and using microwire on the pull down technique eliminate the bladder making a place at the distal urethra to avoid the sloughing tissue free or not.</td>
</tr>
<tr>
<td>6. Place the suprapubic catheter at the mid urethra, the needle is passed percutaneously to the suprapubic cavity and a 14 gauge needle.</td>
</tr>
<tr>
<td>7. Place cystostomy pocket and take out the suprapubic catheter, by removing it, the suprapubic catheter is replaced by a cystostomy catheter and a suprapubic catheter is left.</td>
</tr>
<tr>
<td>8. Introduction of the retrograde cystostomy catheter in the suprapubic cavity and to avoid the 5 Fr suprapubic catheter at the suprapubic cavity and then the suprapubic catheter is removed.</td>
</tr>
</tbody>
</table>

Conclusions: Conclusion: The novel C-clamp technique shows promise in eliminating risk of iatrogenic bladder and urethral injury at the time of implanting a bottom up retropubic synthetic mesh mid urethral sling.
Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Johnson & Johnson, Boston Scientific

Poster 365
LAPAROSCOPIC CERCLAGE SACROHYSTEROPEXY: ANATOMICAL AND SUBJECTIVE POST-OPERATIVE OUTCOMES AT 6 WEEKS
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Introduction: Our group first described a novel approach for hysteropexy in 2017. This procedure utilized a combined laparoscopic and vaginal approach to place a polypropylene mesh sling around the cervicouterine junction as a cerclage and attach this mesh to the sacrum. Previous outcomes comparing this technique to laparoscopic hysterectomy and sacrocervicopexy showed equivalent anatomical and subjective outcomes with decreased suturing and intraoperative time compared to traditional sacrocervicopexy at 6 weeks, 6 months and 12 months. The procedure was refined in 2019 when vaginal attachment of the mesh was replaced with a novel laparoscopic mesh attachment technique, now referred to as total laparoscopic cerclage sacrohysteropexy (TLCSH).

Objective: To assess postoperative outcomes of the novel, modified TLCSH.

Methods: This was a retrospective study of patients who underwent TLCSH from February 2019 to October 2021. Chart review was performed to obtain patient demographics, baseline pelvic organ prolapse quantification (POP-Q) scores and 6-week outcome data. Anatomical success was a composite of anterior, posterior and apical success. We defined anterior and posterior compartment success as Ba and Bp ≤ 2 TVL, respectively. Apical success was defined as C ≤ half the total vaginal length (TVL). As a more conservative measure, we also defined success as C ≤ -4 and C ≤ -2/3 TVL. Subjective outcomes, including patient-reported pelvic organ prolapse distress inventory (POPDI-6), patient global impression of improvement (PGI-I) and satisfaction, were also assessed at 6 weeks. Data are reported as median (interquartile range) and were compared with the Wilcoxon signed rank test.

Results: A total of 117 patients underwent TLCSH and 107 (91%) had a 6-week post-operative visit at a median time of 2 months (1-2). Of patients who had a 6-week visit, 9 had a telehealth visit due to COVID-19 and did not have a POP-Q assessment, and 1 patient only had point C documented and therefore was only included in the point C analysis. Pre-operative characteristics are in Table 1. Post-operative changes for points C, Ba, Bp, and GH were significantly improved (P < 0.001 for all; Table 2). Most patients (93%) had surgical success as defined by C ≤ half TVL. Using the more restrictive definitions of apical success there was 94% success with C ≤ -4 and 35% with C ≤ -2/3 TVL. At 6 weeks, 31% of patients were stage 0, 54% stage I, and 15% stage II. There were no mesh exposures. Subjective outcomes were available for 50 (47%) patients. While only available for a portion of patients, median POPDI-6 scores improved significantly from 30 (21-50) to 4 (0-21), P < 0.001. Most patients (85%) reported that they were “very satisfied,” 12% reported “satisfied,” 2% reported “neutral,” none reported “unsatisfied” or “very unsatisfied.” The median PGI-I score was 1 (1-2), with 1 and 2 corresponding to “very much better” and “much better,” respectively.

Conclusions: TLCSH results in anatomical success, in addition to decreased POPDI-6 scores and high PGI-I scores at 6 weeks. Given this novel technique, additional follow-up time with further analysis is necessary to assess whether this procedure is a durable repair for long-term prolapse reduction and patient satisfaction.

Disclosure: P. Rosenblatt: Boston Scientific, C.R. Bard, Ethicon, Coloplast, Medtronic, Hologic, Stryker

Poster 366
STRESS URINARY INCONTINENCE FOLLOWING MANCHESTER PROCEDURE AND VAGINAL HYSTERECTOMY: A NATIONWIDE COHORT STUDY
KR. Husby1, KO. Gradel2, N. Klarskov1. Herlev Gentofte University Hospital1, Odense University Hospital2

Introduction: One in five women undergoes surgery for pelvic organ prolapse. Pelvic organ prolapse (POP) and stress urinary incontinence (SUI) are closely connected. Both diagnoses have major effects on the quality of life for the women as well as on the health economy. The Manchester procedure has shown to cure pelvic organ prolapse better than vaginal hysterectomy according to the rate of recurrences and complications as well as cost-effectiveness. POP surgeries cure existing SUI symptoms for some women but worsen them or lead to de novo SUI for other women. Hysterectomy has been shown to increase the risk of SUI. However, to our knowledge no studies have compared the risk of SUI following the Manchester procedure and vaginal hysterectomy.

Objective: We aimed to compare the risk of undergoing SUI operation following the Manchester procedure versus vaginal hysterectomy in a large historical cohort study.

Methods: We conducted a historical cohort study based on nationwide registries in Denmark. All Danish residents have a 10-digit personal identifier, which permits linkage of registers on an individual level enabling epidemiological studies with lifelong follow-up. We identified all Danish women undergoing the Manchester procedure and vaginal hysterectomy for prolapse indication during 1998–2018, with no history of hysterectomy, using the Danish National Patient Registry and the Danish Civil Registration System. We excluded women...
who had undergone previous or concomitant surgery for SUI, women who had previously undergone surgery for prolapse and women diagnosed with gynecological cancer prior to or within 90 days after surgery. Women were censored at time of death, emigration, diagnosis of gynecological cancer, or December 31, 2018 whichever came first. Furthermore, women in the Manchester procedure-group were censored if they underwent hysterectomy. Operations and cancer diagnoses were identified using the Danish National Patient Registry. We performed a Cox Proportional Hazard Regression after graphical assessment of the proportional hazard assumptions. We adjusted the model for age, calendar year, income level at the time of prolapse operation, as well as concomitant surgery in anterior prolapse, concomitant surgery in posterior prolapse, and diagnosis of SUI prior to prolapse operation.

Results: We included 6,065 women undergoing the Manchester procedure and 9,767 women undergoing vaginal hysterectomy for prolapse. The crude hazard ratio (HR) for undergoing a SUI surgery following the Manchester procedure was 1.27 (95% confidence interval (CI) 1.01-1.60) compared to vaginal hysterectomy while the adjusted HR was 1.06 (95% CI 0.84-1.35) (table 1). It is worth noticing that only 2% of the women undergoing the Manchester procedure or vaginal hysterectomy had a previous or concomitant surgery performed for SUI (fig. 1). Fifteen years after the Manchester procedure and vaginal hysterectomy, 2.7% and 2.3%, respectively, had undergone surgery for SUI (fig. 2).

Conclusions: This nationwide historical cohort study shows comparable rates of SUI surgery following the Manchester procedure and vaginal hysterectomy.

Disclosure: No

Poster 367
ASSESSMENT OF DAILY VARIATION IN PELVIC ORGAN PROLAPSE – AN UPRIGHT MR IMAGING STUDY

L. Morsinkhof1, F. Simonis1, A. Veenstra - van Nieuwenhoven2, A. Grob3. University of Twente1, Ziekenhuisgroep Twente2

Introduction: Pelvic organ prolapse (POP) is a common condition in women, with a prevalence of symptomatic POP of 11% between 45-85 years. POP quantification (POP-Q) is a globally accepted and standardized method to assess the extent of POP and differentiate it into stages. POP stage provides information for treatment planning, additional to POP symptoms (e.g. bulging, urinary incontinence). However, the POP stage may vary among different circumstances under which POP-Q is performed, and these circumstances are currently not standardized. Daily variation in POP extent is hypothesized because loading of the viscoelastic ligaments which lift the pelvic organs might result in lengthening during the day. In previous research contradictory results were found, with on the one hand patients who experience more POP symptoms in the evening, and on the other hand no significant daily variation in pelvic organ height based on POP-Q assessment. However, all studies assessing the daily variation in pelvic organ height are based on measurements in supine straining position. A recent study indicated underestimation of the POP extent in this position as compared to upright position, which raises the question on adequate daily variation assessment.

Objective: To evaluate the influence of the moment of POP assessment on the extent of POP measured using magnetic resonance imaging (MRI) in upright position.

Methods: Until now 8 out of 15 post-menopausal women with POP stage ≥2 and ≥1 vaginal delivery were included. All women were scanned in the morning (8:00-10:00), midday (12:00-14:00) and afternoon (16:00-18:00) during one day. The scans were acquired in upright position using a tiltable 0.25T MRI scanner (G-scan Brio, Esaote SpA, Italy). On the acquired MRI scans the bladder and cervix height were determined, defined as their perpendicular distance to the horizontal line (Figure 1). The Wilcoxon signed-rank test was used to evaluate any statistically significant differences in bladder and cervix heights between the morning and midday/afternoon measurements.

Results: As depicted in Figure 2, the bladder height did not vary during the day, with a median (interquartile range (IQR)) change of -0.1(-1, 0.1) cm in the morning midday afternoon bladder

Disclosure: No

Poster 367
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Disclosure: No
afternoon compared to the morning (P=0.21). The bladder descended in 4/8 patients, ascended in 2/8, and in 2/8 patients no difference was found. For the cervix, a slight descent of the cervix during the day was found, with a median (IQR) height difference of -0.5(-0.8, -0.4) cm in the afternoon compared to the morning (P=0.07). The cervix descended in 7/8 patients and ascended in 1/8.

Conclusions: With a median descent of 0.1 and 0.5 cm during the day for the bladder and cervix respectively, daily variation of POP seems limited. Because the smallest difference between two POP-Q stages is 1 cm, this daily variation does not seem to be clinically relevant. Furthermore, height differences might also be influenced by variations in rectal filling (Figure 1). Given the current limited sample size we cannot draw definitive conclusions.

Disclosure: No

Poster 368
EVALUATION OF RACIAL DIVERSITY IN PATIENT INFORMATION HANDOUTS
A. Dao1, I. Cervantes1, F. Mak1, G. Dunivan1, University of New Mexico Health Sciences Center1

Introduction: There is increasing emphasis on providing patient-centered medical care as it is an important component of patient education and shared decision making. Racial disparities affect the accessibility, delivery, and quality of healthcare. Lack of racial diversity in images used in medical literature can perpetuate implicit bias and further alienate patients who may feel underrepresented. Multiple studies have demonstrated this lack of diverse patient representation in medical literature but there is limited knowledge regarding patient education materials, particularly as it relates to pelvic floor disorders.

Objective: The objective of this study is to evaluate the frequency and variety of racially diverse individuals in patient information handouts from the American Urogynecologic Society (AUGS) and International Urogynecological Association (IUGA). We sought to determine if images in these commonly used, patient facing Urogynecologic education material reflect the racial demographic of patients.

Methods: The AUGS and IUGA patient information handouts were examined for photographs and rendered graphics depicting patient skin. For each handout, images were categorized as white or nonwhite based on Fitzpatrick Scale (Type I-III versus VI-VI) by two independent reviewers. Depictions of providers were also noted and categorized based on the Fitzpatrick scale. Languages available for each handout was assessed. Microsoft excel (Version 1808) was used for descriptive statistics.

Results: A total of 65 handouts (41 IUGA, 24 AUGS) were reviewed. 50 handouts (76.92%) included depictions of patient skin. Only 1 handout (2%) included a nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image. A total of 106 depictions of patients were identified, 21 were excluded as they were black and white images. Of the remaining 85 patient depictions, only 1 image (0.18%) depicted a nonwhite patient as compared to 84 nonwhite patient image.

Objective: Our objective was to identify factors associated with treatment success defined by improvements in subjective and objective ABL outcomes in women enrolled in an intervention trial.

Methods: We conducted planned secondary analyses of a multicenter randomized trial of PTNS vs. sham (2:1) for treatment of refractory fecal incontinence (FI). Success was evaluated after 12 weekly sessions subjectively as a) treatment responder, defined as ≥4-point reduction from baseline in St. Mark’s score, b) Patient Global Impression of improvement (PGI-I) of very much or much better, and objectively as c) ≥50% reduction in FI episodes (FIE). Baseline demographic, clinical and symptom characteristics were compared between treatment success and failure for each of the above definitions. Variables with P < 0.20 on univariate testing were entered into multivariable logistic regression models, adjusted for site, and treatment assignment, and backward selection retained all variables with P < 0.1. Interaction terms were tested to assess for possible differential treatment effect based on candidate risk factors. Individual point estimates from the models were deemed significant if P < 0.05.

Results: Of 166 randomized, 162 women completed 12 weeks of treatment (108 PTNS/54 sham) and 158 had sufficient data for these secondary analyses. Among the women included in these analyses, mean age at baseline was 64 (12) years, with 11% Black, 9% Latina, and 80% White race/ethnicity; and a mean BMI of 29 (7 kg/m2) and baseline St. Mark’s score of 18 (3). Overall, 57% (90: 64 PTNS/26 Sham) were treatment successes by St. Mark’s score and this responder status was associated with PTNS among women with BMI < 25 kg/m2 and with prior urinary incontinence surgery. Success by PGI-I was 43% (68: 47 PTNS/21 Sham) and was associated with higher baseline St. Mark’s scores and dietary meat/snack scores within the shun group, and lower rates of estrogen use overall. Objective success was 48% (70: 51 PTNS/19 Sham) and was less likely in women on fiber supplements in the sham group. Additionally, women on estrogen at baseline and those with prior hysterectomy had lower objective success rates, while objective success was more likely for those reporting chronic pain. (Table)

Conclusions: Participation in an intervention trial for ABL leads to moderate subjective and objective successes rates. Factors associated with treatment success varied across different definitions of success in women undergoing PTNS vs sham for the treatment of ABL with few common predictors across definitions. Estrogen use at baseline was the only common characteristic across success definitions associated with lower success.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Axonics, Boston Scientific, Uroplasty/cogentix, Urovant, Pathnostics.
Poster 370
IMPACT OF COMPLETING A BOWEL DIARY AND RECEIVING EDUCATION ON FECAL INCONTINENCE (FI) ON SYMPTOM SEVERITY

Introduction: In a randomized controlled trial (RCT) comparing percutaneous tibial nerve stimulation (PTNS) to sham treatment for fecal incontinence (FI), a 4-week run-in period was included prior to treatment assignment to account for any potential therapeutic effect of journaling bowel habits. Women completed bowel diaries and received education on FI. A minimum symptom burden at the end of the run-in was required to be eligible for randomization.

Objective: Our primary objective was to determine the impact of the run-in on symptom severity as measured by change in St. Mark’s score and change in weekly fecal incontinence episodes (FIE). Our secondary objective was to determine the impact of the modality of bowel diary (paper v. phone app) on symptom change during the run-in period.

Methods: We conducted a planned secondary analysis of a multicenter RCT of PTNS v sham for the treatment of refractory FI. All consented participants completed a 4-week run-in that was designed to exclude women whose symptoms reduced below the eligibility threshold (St. Mark’s score of 12) after receiving standardized verbal and printed information about causes and treatment of FI (NIDDK pamphlet) and completing bowel diaries. We assessed change in St. Mark’s score and weekly FI episodes (week 1 v week 4) during the run-in period. We also compared change in St Mark’s score between women who completed a paper versus phone bowel diary.

Results: 185 women completed the run-in period. Among the women included in the analysis, mean age was 63.8 (± 11.5) years, 81% were White, 12% African-American, and 10% Latina. 136 (74%) completed electronic and 47 (26%) completed paper diaries. Mean St. Marks score was 17.8 ± 2.6 and 16.9 ± 3.5 at week 1 and week 4, respectively. The mean change in St. Mark’s score from week 1 to week 4 was -0.9 ± 3.2. Only 11 (6%) women became ineligible for the trial following the run-in period, all of whom had week 1 scores of 18 or lower. (Figure 1) The average number of FIE/week did not change significantly between week 1 and week 4 (7.9 ± 8.1 v 8.1 ± 7.8), nor did other bowel diary measures including FIE-free days, number of urge FIE, number of bowel movements or number of urge-associated bowel movements. There was no significant difference in the change in St. Mark’s score between women who completed a paper versus phone diary (P = 0.176).

Conclusions: Completion of a bowel diary and receiving education on FI during the 4-week run-in did not significantly impact symptom severity in women with FI. Only 6% of women became ineligible for participation following the run-in suggesting that in a refractory population, a run-in may have minimal effect.

Disclosure: No

Poster 371
USE OF THE URODYNAMIC BY GYNECOLOGISTS AND UROLOGISTS IN BRAZIL
G. Vissoci Marquini1, M. Diniz2, M. Ribeiro3, L. Dias3, M. Monteiro4. Federal University of Uberlandia, Uberlandia, Minas Gerais Hospital Vila da Serra2, Vila da Serra Hospital, Belo Horizonte4, Federal University of Minas Gerais, Belo Horizonte4

Introduction: The urodynamic (UDS) is a set of tests that study the storage and emptying of urine and is widely used by gynecologists and urologists in the management of urinary incontinence (UI), despite the discussion about its indications.

Table 3: Routine of the urodynamic study

<table>
<thead>
<tr>
<th>Test</th>
<th>Gynecologist</th>
<th>Urologist</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>N=28</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do you perform urodynamic study?</td>
<td>Yes</td>
<td>66 (27.7%)</td>
<td>65 (27.1%)</td>
</tr>
<tr>
<td>Urinary catheter do you use</td>
<td>No</td>
<td>64 (76.0%)</td>
<td>61 (73.1%)</td>
</tr>
<tr>
<td>2 relief catheters</td>
<td>Double</td>
<td>60 (76.5%)</td>
<td>71 (84.0%)</td>
</tr>
<tr>
<td>Phospholipid Antibody</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Uroflowmetry</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>Intra-urethral pressure</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>Residual volume</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>Cystometry</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>What is the main UDS to indicate antincontinence protocol?</td>
<td>Ano</td>
<td>58 (85.7%)</td>
<td>57 (82.8%)</td>
</tr>
<tr>
<td>Prostate volume</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>Staining of residual urine</td>
<td>Yes</td>
<td>21 (26.5%)</td>
<td>20 (24.7%)</td>
</tr>
<tr>
<td>What is the average cost of the urodynamic study?</td>
<td>Rs. 2877</td>
<td>Rs. 3902</td>
<td>0.97</td>
</tr>
</tbody>
</table>

Figure 1. Week 4 vs. Week 1 St. Marks Score

Note: St. Marks Change from Week 1 vs. Paper V. Phone Ladder of equivalence of variance p=1.75

Table 1: Characteristics of study participants

<table>
<thead>
<tr>
<th>Gynecologist</th>
<th>Urologist</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of participants</td>
<td>238 (72.3%)</td>
<td>91 (27.7%)</td>
</tr>
<tr>
<td>Professional experience (average in years)</td>
<td>122 (39.1%)</td>
<td>85 (39.3%)</td>
</tr>
<tr>
<td>Postgraduate or specialization</td>
<td>61 (20.9%)</td>
<td>36 (39.6%)</td>
</tr>
<tr>
<td>City of operation</td>
<td>13 (25.5%)</td>
<td>13 (25.5%)</td>
</tr>
<tr>
<td>Countryside</td>
<td>99 (41.6%)</td>
<td>50 (54.9%)</td>
</tr>
<tr>
<td>Is the urodynamic available in your region?</td>
<td>Yes</td>
<td>225 (98.7%)</td>
</tr>
<tr>
<td>Not</td>
<td>3 (1.3%)</td>
<td></td>
</tr>
</tbody>
</table>

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Objective: The objectives of the study were to verify whether the urodynamics is routinely used in the conservative and surgical approach to female UI, and other clinical indications, comparing the responses between Brazilian gynecologists and urologists.

Methods: This is an opinion survey through a semi-structured questionnaire, consisting of questions about clinical practice, sent by e-mail to all participants; and carried out between August 2020 and January 2021. The responses were compared with statistic analyses.

Results: Of the 329 participants, 238 were gynecologists (72.3%) and 91 urologists (27.7%). The majority of gynecologists (73.5%) and urologists (86.6%) don’t request UDS before the conservative treatment of UI, but the UDS is indicated in the preoperative of anti-incontinence surgeries. Most participants indicate UDS in the initial approach to Overactive Bladder (88.2% vs. 96.7%) and there is a greater chance that the urologist will request most UDS in this situation (OR=3.9). For most participants, it’s necessary to request uroculture before the UDS.

Conclusions: Most Brazilian gynecologists and urologists participants don’t request UDS before the conservative treatment of UI according to national and international guidelines, and often request it before surgical treatment of female UI. The indication for this exam in the initial approach of idiopathic Overactive Bladder should be reviewed by the participants.

Disclosure: No
Utility of Telemedicine in Patients Undergoing Treatment for Overactive Bladder

M. Sullivan, B. Hines
Stamford Hospital

Introduction: Throughout the COVID-19 pandemic, medical office culture has changed to incorporate telemedicine. Now that regular office visits are occurring once again, many health care settings are left with a hybrid model. Throughout the pandemic, patients with incontinence were treated with telemedicine through many successful avenues. Behavioral, medical, and conservative management are valuable first-line interventions for overactive bladder and are possible in the telemedicine setting. It is important to postulate that such a reconstructed perineal body provides an anchor to the remnant arc of the EAS that allows it to achieve sufficient function to enable patients to defer defecation and achieve an acceptable quality of life.

Results: Baseline characteristics and outcome measures are shown in the attached table. Short-term outcomes showed an improvement in mean SMIS from 16.6 to 3.7. There was worsening in outcomes from 6 weeks to medium term with an increase in mean SMIS to 6.4. Different definitions of outcome success that were assessed were total SMIS <4 (incontinence for solid or liquid stool rarely, or incontinence to gas less than daily) and an alteration in lifestyle score < 1 (never need to alter lifestyle). Age, BMI, time from index injury, arc of EAS disruption, preoperative perineal length, resting, average squeeze and maximal squeeze anal pressures were not significantly associated with either long-term or short-term outcomes. Presence of diverting colostomy was significantly associated with achieving SMIS <4. Postoperative perineal body length > 1 cm was significantly associated with all both measures of success. No other objective measures were significantly associated with either of the subjective outcomes.

Conclusions: Medium-term outcomes of secondary repair of OASI in our unit shows a subjective cure rate of 58%. The finding that medium-term success is associated with perineal body length rather than arc of disruption of the EAS or with maximal and average anal squeeze pressures suggest that anatomically correct repair of the EAS is less important than in restoring the length of the anal canal and a reconstruction of the perineal body. It may be postulated that such a reconstructed perineal body provides an anchor to the remnant arc of the EAS that allows it to achieve sufficient function to enable patients to defer defecation and achieve an acceptable quality of life.

Table 2.—Participant outcomes statistics

Table 3.—Participant pre-operative and post-operative data

Disclosure: No
is an important consideration for many women. Severe prolapse and high BMI appear to increase the risk of intra-operative blood loss but do not affect the recurrence rate. The sample size, however, was small and further longer term follow-up data will be collected.

Disclosure: No

Poster 376

RACE, ETHNICITY, AND EXPOSURE TO ANTICHOLINERGIC MEDICATION FOR OVERACTIVE BLADDER

J. Shinnick1, S. Jarmale1, C. Raker2, V. Sung1. Women and Infants Hospital of Rhode Island/Warren Alpert Medical School of Brown University1, Women and Infants Hospital of Rhode Island/Warren Alpert Medical School of Brown University1

Introduction: There is evidence suggesting that anticholinergic therapy may be associated with dementia. (1) Patient-related factors associated with differential exposure to anticholinergic therapy for overactive bladder (OAB) should be investigated.

Objective: To describe the association between race, ethnicity, and anticholinergic prescription after initiating care for OAB at a new patient consultation with a Female Pelvic Medicine and Reconstructive Surgery (FPMRS) provider.

Methods: Planned secondary analysis of a retrospective cohort of patients who initiated treatment for OAB after a new patient consultation with a FPMRS provider at a single tertiary referral center March 1, 2017-March 1, 2021. The primary outcome was the proportion of patients prescribed anticholinergic therapy in the first 11 months of treatment. Secondary outcomes included the proportion of patients who contacted the clinic between visits, and reasons why. Inclusion criteria included age greater than 18 years old, self-reported race and ethnicity information, and pursued treatment for OAB. Patients planning surgery for prolapse or stress incontinence were excluded. Information was abstracted from the electronic medical record as available. Statistical comparisons were made by Fisher’s exact test and analysis of variance using SAS version 9.4 (SAS Institute Inc, 2016).

Results: A total of 146 participants were included in the analysis. There were baseline demographic differences between the groups (Table 1). There were no differences in self-reported frequency of daily urgency, nocturia, daily incontinence episodes, number of pads used, or duration of symptoms (all p > 0.05). Pelvic Floor Impact Questionnaire scores tended toward being higher in Hispanic patients (64.2, SD 64.7, Black; 103.7, SD 87.8, Hispanic; 63.2, SD 62.6, white; P = 0.06). A smaller proportion of Hispanic patients sought past treatment for any pelvic surgery (P = 0.003), including for overactive bladder (P = 0.047). A higher proportion of white participants had prior incontinence surgery (P = 0.039). There were no significant differences in the proportions of patients prescribed anticholinergic medications at the first visit when stratified by race and ethnicity. However, differences emerged over subsequent visits (Figure 1). There were also differences in the proportions of patients who called the clinic between visits (16/36, 44.4% Black; 7/37, 18.9% Hispanic; and 29/73, 39.7% white, P = 0.04), but no significant differences in the reasons cited for the call (p > 0.05)


Disclosure: No

Poster 377

SCREENING OF TRADITIONAL CHINESE MEDICINES SPECIFICALLY INHIBITING THE PROLIFERATION OF BLADDER CANCER T24 CELLS

K. Pang1, Xizhou Central Hospital1

Introduction: Need for an efficient drug screening method

Objective: Based on CellFilter-Glo® Luminescent Cell Viability Assay (Promega, G7570) technology, compounds with significant inhibitory effects on human bladder cancer T24 cells were screened from 1920 Chinese medicine extract libraries.

Methods: We use Promega's Cell-titer glo kit and use a 384-well plate (Coming, 3765) mode for testing. The initial screening uses each compound in a single concentration, single-well format. Drug library selection 51, KIB Natural Products library 19, which contains 200 kinds of natural compounds and some natural derivatives derived from medicinal plants, etc. provided by the State Key Laboratory of Phytochemistry and Sustainable Utilization of Western Plant Resources, Kunming Institute of Botany, Chinese Academy of Sciences.

Results: The preliminary screening results indicated that the cell viability inhibition rate of 26 hits reached 50%. The re-screening results indicated that the cell activity inhibition rate of 23 hits have reached 50%. The 23 positive results obtained, the inhibition rate ranged from 99.2% to 76.6%, and the molecular weight ranged from 258 to 1064 (average 707).

Conclusions: In our study, 23 compounds with significant inhibitory effects on human bladder cancer T24 cells were screened from 1920 Chinese medicine extract libraries. In the follow-up study, we will conduct ICS50 determination, pharmacological and toxicological verification of these 23 traditional Chinese medicine extracts, and study the molecular mechanism of inhibiting bladder proliferation.

Disclosure: No

Poster 378

BASELINE CHARACTERISTICS OF PATIENTS WITH OVERACTIVE BLADDER RECEIVING NAVIGATED OR ROUTINE CARE IDENTIFIED FROM A US NATIONAL RETROSPECTIVE DATABASE STUDY

E. Enemchukw1, J. Miles-Thomas2, N. Abraham3, L. Loo3, D. Newman4, M. Nelson5, R. Syan6. Stanford Multidisciplinary Pelvic Health Center, Stanford Health Care2, Eastern Virginia Medical School, The Devine-Jordan Center for Reconstructive Surgery and Pelvic Health2, Montefiore Medical Center1, AbbVie7, Pereida School of Medicine, University of Pennsylvania1, AbbVie1, Miller School of Medicine, University of Miami1

Introduction: Overactive bladder (OAB) is a highly prevalent condition that is undertreated, although some effective interventions are available. Previous research has demonstrated that navigation of care can help guide patients through...
the OAB clinical pathway, leading to initiation and continuation of third-line treatment options. The present study evaluated the real-world demographics of OAB patients receiving navigated care compared with those who did not.

**Objective:** To describe the real-world demographic and geographic characteristics of OAB patients identified in a large electronic medical records database representing over 90 community-based urology practices stratified by those who received navigated care and those who did not.

**Methods:** A random set of patients with OAB were retrospectively identified using the ninth and tenth revisions of the International Classification of Diseases, Clinical Modification and procedure codes from the Precision Point Specialty Analytics Portal for OAB database. This database contains the electronic medical record data for community-based urology practices in the US that provide care to over 2.4 million OAB patients. Eligible patients were ≥ 18 years of age, newly diagnosed and treated for OAB between January 1, 2015, and December 31, 2019, and had ≥2 OAB visits at least 30 days apart. Pregnancy, interstitial cystitis or cystitis after radiation treatment, chronic urinary retention, and neurogenic lower urinary tract dysfunction were exclusion criteria. Treatment navigation was represented over 90 community-based urology practices stratified by those who received navigated care and those who did not.

**Results:** A total of 9000 patients were randomly selected from the 190,697 patients who met all study inclusion criteria. Median age at diagnosis was 67 years (IQR 55-75); Overall, 60% (n = 5392) of patients were female and 70% (n = 6296) were White (Table 1). A greater percentage of women (17.4%) received navigated care compared with men (5.8%). 18.1% of Black patients received navigated care followed by Asian (14.2%) and White (13.0%) patients. Overall, Medicare (n = 3847, 42.7%) and private insurance (n = 2504, 27.8%) were the most prevalent insurance types. Within the navigated care group, 20.7% of patients on Medicaid received navigated care, 14.6% on Medicare, 11.0% on private insurance, 10.8% on self-pay insurance, and 8.3% on military insurance, indicating that a larger proportion of patients on Medicaid received navigated care compared with other insurance types. While the Atlanta Medicare region 4 had the most overall number of patients in the study (n = 2693, 29.9%; Figure), only 10.5% of those patients received navigated care (Table 2). In Medicare regions 3 (Philadelphia) and 5 (Chicago), 25.2% and 23.5% of the patients received navigated care, respectively, and in Medicare regions 6 (Dallas) and 10 (Seattle), 10.4% and 9.8% of the patients received navigated care, respectively (Table 2).

**Conclusions:** These results suggest that patients with OAB who receive navigated care tend to be women of a variety of races on Medicaid or Medicare.

**Disclosure:** Sponsored by Allergan (prior to its acquisition by AbbVie). One of more of the authors act as a consultant, employee or shareholder for: AbbVie
Objective: In this article, we referred to bio-information analysis website tools to analyze the gene expression characteristics of Puerarin affects the proliferation of BC T24 cells.

Methods: The IC50 of Puerarin was measured and the BC T24 cells were divided into Puerarin group and control groups. Affymetrix® gene expression profiling microarray chip were performed to get the differentially expressed gene list (DEGL) between the 2 groups. The enrichment of Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) were analyzed by Metascape®. TCGA analysis tools Ualcan and GeneMINA were used to find the key gene in molecular network.

Results: The result of gene expression profiling chip showed in the DEGL that 590 genes were up-regulated and 1087 genes were down-regulated. The pathway analysis showed by Metascape® that Puerarin may affect the "cellular metal ion homeostasis", "blood vessel development" and "positive regulation of cell death" signaling pathway. Summary of enrichment analysis in DisGeNET shows that Puerarin may be involved in the "Vascular Diseases", "tumor vasculature" and "Recurrent tumor" in BC T24 cell lines. Many key genes of different signaling pathway were found by GeneMINA.

Conclusions: Puerarin may affect apoptosis through "tumor vasculature", "blood vessel development" and "positive regulation of cell death" in bladder cancer T24 cell lines. It may be a negative effect on the proliferation of bladder malignant tumor.

Disclosure: No

Poster 381 TANDEM MASS TAGS BASED PROTEIN QUANTITATIVE ANALYSIS OF PUERARIN TREATMENT IN BLADDER CANCER T24 CELLS K. Pang1, C. Chan1, Xizhou Central Hospital2

Introduction: Puerarin inhibits proliferation of bladder cancer cells, but the mechanism is unclear.

Objective: In this article, we referred to Tandem Mass Tags (TMT) Based Protein Quantification and followed by bio-information analysis website tools to analyze the protein expression characteristics after Puerarin treatment of bladder cancer T24 cells.

Methods: The IC50 of Puerarin was measured and the BC T24 cells were divided into Puerarin group and control groups. TMT Based Protein Quantification were performed to get the differentially expressed protein list (DEPL) between the 2 groups. The enrichment of Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) were analyzed by Metascape®, protein-protein interaction (PPI) were analyzed by STRING® and visualized by Cytoscape®. Then TCGA database analysis tool Ualcan was used for key protein screening.

Results: The result of TMT showed in the DEPL that 793 genes were up-regulated and 592 genes were down-regulated. The pathway analysis showed by Metascape® that Puerarin may affect the "Cell Cycle", "Retinoblastoma gene in cancer" and "mitotic cell cycle process" signaling pathway. Summary of enrichment analysis in DisGeNET shows that Puerarin may be involved in the "DNA repair", "Transcriptional Regulation by TP53" and "Vesicle-mediated transport" in BC T24 cell lines. PPI shows that Puerarin may involved in "Malignant Glioma", "Malignant Head and Neck Neoplasm", "Meningioma", "Head and Neck Carcinoma" and "Carcinoma, Transitional Cell". The network key gene screening results finds a list of 20 proteins that were affected by Puerarin and may involved in the proliferation of BC T24 cells.

Conclusions: Puerarin may affect apoptosis through in bladder cancer T24 cell lines. It may be an activation effect on the proliferation of bladder malignant tumor.

Disclosure: No

Poster 382 HOW ANXIOUS ARE WOMEN WHEN PRESENTING FOR GYNECOLOGICAL CARE? L. Westhay1, A. Rugova1, W. Adams2, B. Chen3, J. Navid2, L. Yang1, A. Winder1, M. Liotta1, R. Potkul1, C. Fitzgerald1, E. Mueller1, T. Pham2, Loyola University Medical Center1, Loyola Stritch School of Medicine2, Loyola University Chicago Health Sciences Division2, Kern Medical3 - Northwestern Medicine4

Introduction: State anxiety is temporary and sensitive to change. Women presenting for gynecological care may have varying levels of state anxiety and how well this is addressed across the spectrum of gynecological care during the initial visit is unknown.

Objective: To compare the change in state anxiety after the initial visit in various gynecological clinics and to correlate change in anxiety with patient satisfaction, improvement, and perception that the anxiety was addressed.

Methods: All new patients to our tertiary hospital clinics for benign gynecology, chronic pelvic pain, gynecology oncology, and urology were invited to participate. Power calculations were performed to determine the sample sizes for each cohort. Following consent, participants completed pre- and post-visit questionnaires. The pre-visit questionnaires included the Spielberger State Trait Anxiety Inventory (STAI) Y6 and the Generalized Anxiety Disorder-7 (GAD). The post-visit questionnaires comprised of the STAI Y6, patient global impression of improvement of participant anxiety (PGI-I), patient satisfaction, and the patient’s perception of how her anxiety was addressed during the visit.

Results: Women (n = 199) who were primarily white (60%) with an average age of 49 (SD = 16) completed the study with the cohort breakdown of 40 women in benign gynecology, 59 women in chronic pelvic pain, 50 women in gynecology oncology, and 50 women in urology. The mean GAD was 5.8 (SD = 5.4) and 14.6% (n = 29) of women had a self-reported history of an anxiety diagnosis. The mean pre-visit STAI score was 43.6 (SD = 14.1). Controlling for all other variables, patients’ pre-visit STAI score increased by 1.30 (95% CI:1.03-1.57) points for every 1-point increase in their GAD score (p < .001). Compared to pre-visit STAI scores, post-visit scores significantly decreased by 10.25 points (95% CI:12.16 to -8.34; P < .001), even after controlling for race, age, parity, and GAD score. This decrease did not differ between the cohorts (see Figure 1). In fact, there was no association between patients’ cohort and their STAI scores at any timepoint (P = .09). After the visit, 61.3% (n = 122) reported feeling much better or very much better on PGI-I, 84.4% (n = 168) were completely satisfied, and 70.4% (n = 140) felt their anxiety was completely addressed. Post-visit decreased anxiety was associated with improvements in satisfaction, PGI-I, and the perception that anxiety was completely addressed, regardless of the cohort. Every 1-point improvement in post-visit STAI score increased the odds of reporting a higher satisfaction score by 5% (OR = 1.05, 95% CI:1.02–1.09; P = .002), the odds of reporting a better PGI-I by 8% (OR = 1.08, 95% CI:1.06–1.11; P < .001), and the odds of reporting higher addressment of anxiety by 4% (OR = 1.04, 95% CI:1.01–1.06; P = .002).

Conclusions: State anxiety decreases after the initial visit for all patients regardless of the type of gynecological care they are seeking. Our study suggests that the patients’ satisfaction is correlated with the amount of state anxiety ameliorated during the visit. Overall, women presenting for gynecologic care regardless of whether for pelvic floor disorders, suspected oncologic conditions, pelvic pain, or other indications can benefit simply from the initial consult to improve their state anxiety.

Disclosure: No

Figure 1. Change in STAI score by cohort and occasion

Poster 383 PREDICTORS OF SLINGS AFTER URETHRAL DIVERTECULECTOMY: A 5-YEAR LARGE POPULATION ANALYSIS A. Sih1, S. Cohen1, K. Chun2, F. Bedell1, K. Elber1, V. Scott1, K. Dallas1, City of Hope National Medical Center1, Cedars-Sinai Medical Center2

Introduction: Management of female urethral diverticula can be challenging and can result in stress urinary incontinence (SUI). Currently there is no consensus on management strategy to perform placement of a urethral sling concomitantly or at a delayed interval.

Disclosure: No
Objective: We aimed to characterize those patients who went on to further surgical intervention for SUI after urethral diverticulectomy.

Methods: All women undergoing urethral diverticulectomy in California between January 2013 through December 2018 were identified using the Office of Statewide Health Planning and Development data sets (CPT 53230). Women who underwent a urethral sling procedure for SUI, either autologous fascial or synthetic, were identified from this cohort (CPT 57288). Women who had undergone concomitant sling at time of urethral diverticulectomy were excluded. Patient demographics such as age, race/ethnicity, payer type and comorbidities (diabetes mellitus, hypertension, obesity) were identified. Univariate (t-test and chi-square test) and multivariate analysis (multivariable logistic regression) were performed among the patient factors above and the risk of a future sling procedure.

Results: A total of 525 women (mean age 47.2 years) underwent a urethral diverticulectomy during this time period. Of these, 43 (8.2%) underwent a subsequent urethral sling. Limiting the analysis to women who had at least two years of follow up after diverticulectomy, this rate increased to 12.2%. Women of older age (51.6 vs. 41.9, P < 0.001), and women with obesity (14.9% vs. 7.1%, P = 0.024) were more likely to undergo a subsequent sling procedure. These effects were significant under multivariate analysis, controlling for all other factors. There was no significant effect of patient race or payer status on rates of subsequent sling procedure.

Conclusions: The rate of SUI after treatment of urethral diverticulum for which patients subsequently underwent a urethral sling procedure is not insignificant (12.2% in those with at least two years of follow up). Given that some women with SUI will not elect for surgical intervention, this suggests that an even higher number of women have bothersome incontinence. Women of older age or with obesity have a higher rate of SUI necessitating surgical treatment. Consideration of these factors for sling placement at the time of urethral diverticulectomy repair may avoid secondary procedures.

Disclosure: No

Poster 386
VAGINAL AGENESIS AND VAGINAL DILATION: AN INDIVIDUALIZED APPROACH USING THREE-DIMENSIONAL (3D) PRINTER MOLDS
MS. Fernandes1, CC. Takano1, TTB. Chrispin1, GV. Marquini1, MGF. Sartori2.
Federal University of Sào Paulo

Introduction: Vaginal Agenesis (VA) is a congenital malformation and 90% of cases are associated with Mayer-Rokitansky-Kuster-Hauser Syndrome (MRKHS). The MRKHS has an incidence ranging from one case for every 4,000 to 5,000 female births, and is characterized by the congenital absence of the uterus and the upper 2/3 of the vagina. According to the American College ofObstetricians and Gynecologists (ACOG) the treatment VA can be conservative or surgical, and has the objective of restoring the anatomy and function of the vaginal canal. Vaginal dilation is the method used in the conservative treatment of vaginal agenesis.

Objective: The objective of this study was to evaluate the use of personalized vaginal molds, made with 3D printing, for conservative treatment through vaginal dilation in patients with Vaginal Agenesis.

Methods: Sixteen patients with a diagnosis of VA (Mayer-Rokitansky-Küster-Hauser syndrome, Total Androgen Insensitivity Syndrome and cervicovaginal agenesis), from Federal University of Sào Paulo, were selected. The production of the devices was carried out in a 3D printer and, as raw material, the polymeric filament of the lactic polycryl (PLA) was used. A personalized treatment was proposed and developed for each patient.

Results: Fourteen patients reached a final vaginal length of 6 cm or more. The initial TVL Mean (SD) was 1,81±1,05 and the final TVL Mean (SD) 6,37±1,94; the Difference (IC-95%) was 4,58 (2,88 – 6,28). Therefore, there was a significant difference (P < 0.05) between the initial and final measurements. The Effect Size was 4,58, reinforcing the great magnitude of this difference.

Conclusions: The present study has shown the fruitful applicability of the devices, which offers an economical, accessible, promising and reproducible strategy for the treatment of VA.

Disclosure: No

Poster 387
ANORECTAL ANGLE IN PROLAPSE AND CONTROL WOMEN
NHS, Kingston University7, Imperial College London3, St Mary’s Hospital, Paddington8

Introduction: Measuring the posterior anorectal angle is the standard for fluoroscopic deracoeography but of uncertain clinical value. There has been only limited assessment of the centro-anterior anorectal angle hence this study aims to investigate the measurement of the centro-anterior angle using transperineal ultrasound imaging.

Objective: Assess and compare the anterograde-central anorectal angle in control and prolapse patients.

Methods: The anorectal angle (ARA) in the mid sagittal plane was measured from 2D transperineal ultrasound scanning in women with posterior compartment prolapse and a control group. ARAs were measured at rest and during a Valsalva manoeuvre.

Results: Anorectal angles at rest were measured in 22 control and 49 prolapse patients; additionally ARA was measured during a Valsalva manoeuvre. The angles measured at rest demonstrated a bimodal distribution (sub-group median angles of 102° and 219°) in the prolapse patient group indicative of anterior and central angles respectively. There was a significant difference in the proportion of anterior and central angles between the control and prolapse groups (P = 0.002). Intra-observer repeatability and inter-observer agreement in ARA were good for both groups. For 13/21 prolapse patients with central angles, Valsalva manoeuvre was associated with a change to an anterior angle compared with 5/19 in the control group (P = 0.03).

Conclusions: Transperineal imaging can be used for anorectal angle measurements. Most control patients had a central anorectal angle whereas most rectocoele prolapse patients had an anterior anorectal angle either at rest or with Valsalva manoeuvre. A central angle signifies normal anatomy, particularly if it maintained on Valsalva.

Disclosure: No
Poster 388
EVALUATION OF CLINICAL PERFORMANCE AND SAFETY FOR A NOVEL RECHARGEABLE SACRAL NEUROMODULATION DEVICE IN OVERACTIVE BLADDER SUBJECTS: 6-MONTH RESULTS FROM A GLOBAL POST-MARKET STUDY

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Introduction: Sacral neuromodulation (SNM) is an advanced therapy option for the treatment of overactive bladder (OAB), nonobstructive urinary retention, and fecal incontinence. Safety and performance of SNM therapy have been established with long-term follow-up reported in the literature.

Objective: The ELITE study is a prospective, global, post-market clinical follow up study designed to confirm the clinical performance and safety of a novel rechargeable SNM device (InterStim™ Micro) in all indicated conditions. The results reported here are from the 6-month follow up for subjects enrolled in the OAB cohort.

Methods: Eligible subjects that met all inclusion and no exclusion criteria were enrolled in the OAB cohort after implant of a neurostimulator. Subjects completed voiding diaries and the Overactive Bladder Quality of life questionnaire (OAB-q) at baseline and follow up visits occurring at 3 months and 6 months post-implant. Safety was evaluated as device-, procedure-, or therapy-related adverse events.

Results: Sixty-eight subjects were enrolled in the OAB cohort with 67 and 66 subjects completing the 3- and 6-month follow up visits, respectively. Table 1 describes the demographic data for the OAB cohort. Figure 1 shows the HRQL score at baseline and follow up visits. The OAB-q Health Related Quality of Life demonstrated an improvement from 44 ± 22 points at baseline (95% Confidence Interval: 39 to 50) to 76 ± 20 at 6 months (95% Confidence Interval: 71 to 81), with an average increase of 31 ± 23 points (n = 65). Eighty-two percent of subjects achieved the minimally important difference in HRQL score at 6 months with a change of 10 points or greater. The change in score for all other quality of life domains from baseline to 6 months was 2-3x the minimally important difference of 10 points: 36 ± 30 in concern, 25 ± 26 in coping, 29 ± 25 in sleep, 25 ± 24 in social, and -34 ± 24 in symptom bother score (n = 66). There was an average change from baseline of -3.68 ± 4.01 leaks/day in UUI subjects (n = 61) and -4.4 ± 5.91 voids/day in UF subjects (n = 52). The cumulative incidence of device-, procedure-, or therapy- related adverse events was 10.3% (7/68). Out of these 7 related adverse events, there was 1 serious adverse event (1.5%, implant site pain) at the time of database snapshot.

Conclusions: These data indicate continued clinical performance for this novel rechargeable SNM device at 6 months post implant by demonstrating improvement of OAB-q scores. The incidence of adverse events is favorable compared to previously reported rates for SNM.

Disclosure: Sponsored by Medtronic. Industry initiated, executed and funded study. One of more of the authors acts as a consultant, employee or shareholder for: Medtronic

Table 1. Baseline characteristics of enrolled subjects

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>All subjects (n=68)</th>
<th>mean ± SD or N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>62 ± 13</td>
<td>61 (89.7%)</td>
</tr>
<tr>
<td>Female sex</td>
<td>61 (98.5%)</td>
<td></td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>32 ± 6.8</td>
<td></td>
</tr>
<tr>
<td>Years since diagnosis</td>
<td>10 ± 8.0</td>
<td></td>
</tr>
<tr>
<td>Primary diagnosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urinary Urgency Incontinence</td>
<td>15 (22.1%)</td>
<td></td>
</tr>
<tr>
<td>Urgency Frequency</td>
<td>5 (7.4%)</td>
<td></td>
</tr>
<tr>
<td>Both UUI and UF</td>
<td>48 (70.6%)</td>
<td></td>
</tr>
<tr>
<td>Medication use at baseline</td>
<td>36 (53%)</td>
<td></td>
</tr>
<tr>
<td>Prior advanced therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sacral Neuromodulation</td>
<td>1 (1.5%)</td>
<td></td>
</tr>
<tr>
<td>Tibial Neuromodulation</td>
<td>7 (10.3%)</td>
<td></td>
</tr>
<tr>
<td>Bottox</td>
<td>2 (2.9%)</td>
<td></td>
</tr>
<tr>
<td>Baseline leaks/day (UUI)</td>
<td>6 ± 4.5</td>
<td>(n=63)</td>
</tr>
<tr>
<td>Baseline voids/day (UF)</td>
<td>14 ± 6.5</td>
<td>(n=53)</td>
</tr>
<tr>
<td>Baseline OAB-q HRQL</td>
<td>44 ± 22</td>
<td></td>
</tr>
</tbody>
</table>

Figure 1. OAB-q scores at baseline and follow up. Data are plotted as Mean ± 95% CI.
Methods: We conducted a systematic search (per PRISMA guidelines) for studies through five electronic bibliographic databases: PubMed, Cochrane Library, CINAHL Complete, SCOPUS, Web of Science. Inclusion criteria for eligible studies included: 1) studies reporting barriers to care for those with urogynecologic symptoms/diagnoses, 2) publication date year 2000 or later. Exclusion criteria included study cohorts with children, populations exclusively outside of the US, cohorts without non-white participants, and studies without qualitative research methodology. Two independent reviewers completed data extraction from full text manuscripts that met criteria and appraised methodologic quality using the Critical Appraisal Skills Program tool. Discrepancies were adjudicated by a third reviewer. Study methodology, characteristics, as well as barriers and facilitators to urogynecologic care captured as themes within categories of patient-associated barriers, physician/provider-associated barriers, and system-associated barriers were extracted using a thematic synthesis approach. Further studies included: 1) studies reporting barriers to care for those with urogynecologic symptoms/diagnoses, 2) publication date year 2000 or later. Exclusion criteria were: 1) studies reporting barriers to care for those with urogynecologic symptoms/diagnoses, 2) publication date year 2000 or later. Exclusion criteria were: 1) studies reporting barriers to care for those with urogynecologic symptoms/diagnoses, 2) publication date year 2000 or later. Studies occurred in 6 distinct areas: Philadelphia, Boston, Los Angeles, El Paso, Albuquerque, and Wisconsin (Table 1). There were 6 studies with Black women and 10 studies with Latina/Hispanic women. There were also 5 articles that focused on Spanish-speaking participant perspectives. 529 women were included: 94 (17.6%) Black and 258 (48.8%) Latina/Hispanic women. The remainder were White women. Notably, no other racial/ethnic groups (including Asian and Native American women) were represented. Most studies reported on patient-associated barriers (n = 10/12) and physician/provider-associated barriers (n = 10/12) while only half reported system-associated barriers (n = 6/12) (Table 2). Themes frequently revealed as physician-provider barriers to care included communication issues, and limited evaluation/management. Patient-associated barriers often included lack of knowledge, emotions (fear/mistrust), and cultural beliefs. System-associated barriers reported were access, cost, resources, and information. Barriers data were not stratified by race/ethnicity in every study. This subsequently limited interpretation of findings by race/ethnicity, particularly for Black women. Common themes reported from Hispanic/Latina cohorts included lack of confidence in translators, decreased awareness of treatment options, and cost concerns.

Conclusions: There remains a paucity of data on barriers to care for underrepresented minority populations in the US with UI/POP/ABL symptoms. In these studies, methodologic approaches may have limited adequacy of data collection and results likely do not fully reflect barriers to urogynecologic care by racial/ethnic group. Comprehensive evaluation of social determinants of health and systemic racism within studies is needed to better understand the unique barriers present for racially and ethnically diverse populations in the US.

Disclosure: No

Poster 390
EFFECT OF NON-STEROIDAL ANTI-INFLAMMATORY DRUGS ON THE PELVIC FLOOR MUSCLE REGENERATION IN PRECLINICAL BIRTH INJURY RAT MODEL

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Introduction: Pelvic floor muscle (PFM) injury is a common consequence of childbirth. The most widely-used analogics for postpartum pain are non-steroidal anti-inflammatory drugs (NSAIDs). Multiple studies have reported negative effects of NSAIDs on immunological and muscle stem cell (MuSC) processes important for muscle regeneration. However, the impact of postpartum NSAIDs on PFM recovery has never been explored.

Objective: Using the validated simulated birth injury (SBI) rat model, we assessed the effect of NSAIDs on the immune response and myogenesis in regenerating PFM.

Methods: Three-month old Sprague-Dawley rats were randomly assigned to one of 4 groups: (1) controls; (2) SBI; (3) SBI + NSAID; (4) NSAID. SBI was induced using vaginal balloon distention. Ibuprofen was added daily to the drinking water (0.2 mg/ml) with ad lib access. Animals were sacrificed at 1, 3, 5, 7, 10, or 28 days (d) and the pubocaudalis portion of levator ani, which experiences large parturition-associated strains, was harvested (N = 3-9/time point/group, Fig. A). Immune infiltrate was assessed in muscle cross-sections stained with anti-CD45 antibody. To further evaluate the impact of NSAID on the immune response, qRT-PCR was performed 5 and 10d after SBI +/- NSAID or NSAID only (N = 3-6/time point/group). RNA was isolated using miRNeasy Mini kit; cDNA was prepared using SuperScript IV First-Strand Synthesis System; samples were ran on BioRadCFX96 Touch RT-PCR Detection System (Rplp0 = housekeeping gene). Myogenesis was evaluated using anti-Pax7 and anti-myogenin antibodies to identify activated and differentiated MuSCs, respectively. Finally, to determine whether NSAIDs impact PFM regeneration long-term, fiber cross sectional area was compared between groups at 28d timepoint.

Results: Both SBI groups showed a significant increase in the pubocaudalis immune infiltrate compared to the control and NSAID groups, without significant difference between SBI and SBI + NSAID across all time points (Fig.B-C). Expression analysis of genes related to macrophage polarization (M1/M2), a key event in constructive muscle regeneration, indicated no significant impact of NSAID on either the pro- or anti-inflammatory responses, with the exception of TGFβ1 (Fig.D-E). MuSCs significantly increased at 5 and 7d post-SBI +/- NSAID compared to uninjured groups. Importantly, MuSC reservoir was substantially lower 7d post SBI + NSAID compared to SBI (Fig.F-G). Myogenin + cells increased in both injured groups, with temporal differences observed. The increase in differentiated MuSCs was evident for 3d post SBI, whereas it persisted for 7d in the SBI + NSAID group, however, the differences did not reach statistical significance likely due to variation within groups (Fig.H-I). Notably, the control and NSAID groups did not differ with respect to any of the above parameters. Both injured groups demonstrated reduced fiber size.
compared to uninjured controls. Surprisingly, fiber size in SBI + NSAID group significantly exceeded that in the SBI group. In contrast, fibers in NSAID animals were smaller compared to controls (Fig.J-K).

Conclusions: Our findings indicate that even though NSAIDs do not appear to impact the overall immune response of injured PFMs, NSAIDs negatively affect PFMs’ acute retort to birth injury. Specifically, NSAIDs reduce pelvic MuSC proliferation and delay differentiation following birth injury. Moreover, fiber atrophy induced by NSAIDs in uninjured PFM suggests that these drugs affect PFM homeostatic properties – an interesting avenue for future investigations.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Renovia

Poster 391

ANAL INCONTINENCE SYMPTOM ONSET AND OASI

HP. Dietz1, KL. Shek2. Sydney Urodynamic Centres1, Western Sydney University2

Introduction: Obstetric Anal sphincter damage at the time of vaginal birth (OASI) is a major factor in the etiology of anal incontinence (AI) in women. Early presentation with symptoms of anal incontinence may be a marker for OASI.

Objective: To compare the latency between first vaginal delivery and onset of symptoms of AI in women with evidence of OASI on imaging. Methods: This was a retrospective study of 934 women attending a tertiary urogynecology unit between 2/19 and 11/21. All underwent a history, clinical POPQ examination and tomographic ultrasound imaging of the pelvic floor for the assessment of both levator ani and anal canal as standardized by IUGA. Patients were asked to recall the onset of symptoms of anal incontinence, quantified by the St Mark’s score of 10 (1-22). The age at onset of AI symptoms was 52.8 (range, 19-86.4) years, with a latency of 28.3 (range, 0-59) years since a first vaginal birth. 233 of those 259 women (90%) were vaginally parous, and 75 (29%) had had at least one Forceps delivery. Tomographic analysis was possible in 221 / 233 parous women with AI, with a residual EAS defect (4/6 slices with 30 degree defects) detected in 40 women. A normal sphincter was found in 162, a presumptive 3a tear in 14, 3b in 31 and 3c in 14 women. Of those 59, there was evidence of repair (Fig. 1) in 46 (78%).

Conclusions: Amongst 221 parous women with anal incontinence seen in a urogynecological clinic, we found evidence of OASI on imaging in about 1/4, and in 3/4 of those there was evidence of primary surgical repair. Higher OASI grade was associated with a shorter interval between first birth and AI symptom onset, and with younger age at symptom onset.

Disclosure: No

Poster 392

THE USAGE OF GELLHORN PESSARY IN PELVIC ORGAN PROLAPSE AND INFLUENCE ON QUALITY OF LIFE AND EFFECTS ON SYMPTOMS: A RETROSPECTIVE STUDY OF 2 YEARS

S. Ramanujam1, APS. S Balakrishnan1. Penang General Hospital1

Introduction: In Malaysia, pelvic organ prolapse is a significant problem that affect post-menopausal woman. The prevalence is reported to be >40 % during outpatient visit. The commonest conservative management is pelvic floor exercise and vaginal pessaries. Pessaries can be of two varieties, one that help support while another that appear to be space-occupying type. Our study revolves around the usage of Gellhorn pessary which is a space occupying type. This form of pessary is not commonly used in Malaysia whereby support pessary are favored as the mainstay of conservative management.

Disclosure: No
Objective: To assess the usage of Gellhorn pessary indication, side effects, quality of life and user satisfaction.

Methods: This was a retrospective clinical review of symptomatic pelvic organ prolapse patient with stage 3 and 4 who were fitted with the Gellhorn pessary from October 2019 to November 2021. A total of 53 patient had initially failed ring pessary was successfully fitted with Gellhorn pessary. The patient was observed 3, 4 and 6 months. The patient symptoms, quality of life and satisfaction was assessed using Pelvic Floor Distress Inventory-20 (PFDI-20) and Pelvic Floor Impact Questionnaire-7 (PFIQ-7). All measured data was documented and charted. Logistic regression was used to identify independent predictor of discontinued pessary use. McNemar’s test and paired t tests used to evaluate changes in symptom.

Results: In our study, a total of 28 (52.8%) of patient prefer to continue the pessary after 24 months of use. A total of 25(47.2%) patient discontinued the use of Gellhorn pessary. Out of the 25 patient, 13 (24.5%) patients gave up the use of pessary for definitive surgery. 7 (13.2%) patient refused for reinsertion due to discomfort and avoiding difficulties. 3 (5.6%) patient requested for ring pessary. 2 (3.77%) patient pessary was removed due to impacted pessary causing vesicovaginal fistula and rectovaginal fistula respectively. In our observation, the rate of continued use of Gellhorn pessary were 83% (44 patient) after 1st year and 52.8% (28 patient) at the end of 2 years. 42 patient (80.7%) of woman complained of pain during the initial fitting and subsequent 5 patient (9.6%) requested for removal of pessary. 10 patient (19.2%) of woman had symptoms of episodic per vaginal bleeding and discharge respectively. The average score given for satisfactory gellhorn was 7/10 (65%). Our study comparing the difference of continued and discontinued group showed no significant statistical difference (P > 0.05).

Conclusions: Gellhorn pessary was used as a second line in stage 3 and 4 pelvic organ prolapse. In our review than 50% of patient continued to use the pessary after 24 months. Side effect such as per vaginal bleeding and discharge were managed conservatively and overall recovery was satisfactory. For the patient with impacted gellhorn pessary leading to fistula, a multidisciplinary team approached had showed that conservative management had led to spontaneous resolution and recovery. Therefore, gellhorn pessary can be used as 2nd line management of stage 3 and 4 prolapse and is well accepted and tolerated.

Disclosure: No

Poster 393
THE EFFECT OF PREEMPTIVE LOCAL INFILTRATION ON POSTOPERATIVE PAIN FOLLOWING VAGINAL HYSTERECTOMY
O. Glueck1, O. Feldstein1, E. Barber1, L. Tarnay1, E. Grinstein1, R. Sagiv1, E. Weimann1, B. Oren1, S. Ginath1. Wolfson Medical Center

Introduction: There are little data regarding the effect of preemptive local anesthesia on postoperative pain, in operations performed vaginally.

Objective: To study the effect of preemptive local infiltration of Bupivacaine or Normal Saline, on postoperative pain after vaginal hysterectomy, as compared to no infiltration at all.

Methods: This was a retrospective study. Women who undergone elective vaginal hysterectomy, indicated by apical vaginal prolapse, were included. The study group contained patients who participated in a former randomized control study, in which preemptive local infiltration of Bupivacaine-Hydrochloride 0.5%, or Sodium-Chloride 0.9%, was performed. The control group included the consecutive patients who underwent vaginal hysterectomy, for whom no local infiltration was performed. Post-operative abdominal pain was assessed utilizing the 10 cm Visual-analogue-scale (VAS) at 3, 8, and 24 hours after surgery. The levels of pain, as well as use of analgesics, postoperatively, were compared between the groups.

Results: A total of 120 women were included: 60 patients in the local infiltration group (30 underwent Bupivacaine infiltration and 30 underwent NaCl infiltration), and 60 patients had no infiltration at all (control group). There were no differences in levels of pain in all points of time. The use of analgesia (all kinds) at 24 hours after surgery was more common in the control group (79.6% vs. 54.2%, P < 0.001), as compared to local infiltration group. However, there was no difference between the groups in opioids use.

Conclusions: Preemptive local infiltration was not associated with reduced postoperative pain after vaginal hysterectomy. However, it did reduce the use of analgesics at 24 hours after surgery.

Disclosure: No

Poster 394
DURATION OF VAGINAL PESSARY USE IN WOMEN WITH PELVIC ORGAN PROLAPSE: A RETROSPECTIVE COHORT STUDY
M. Koch1, G. Carlin1, S. Lange1, W. Umek1, C. Krakl1, B. Bodner-Adler1. Medical University of Vienna

Introduction: Vaginal pessary use is a non-surgical treatment option for pelvic organ prolapse. Whereas satisfaction rates are initially high, they seem to decline over time.

Objective: To evaluate the median duration of pessary use among women with pelvic organ prolapse at our institution.

Methods: Retrospective cohort study. We included all patients who were treated with a vaginal pessary between 2007 and 2021 at our institution. Data was collected from the in-house electronic databases. Date of pelvic floor surgery was used as primary endpoint. In case of no documented surgery, the date of last follow-up visit was used as endpoint. A coxregression was performed for patients with the three most common types 0 (ring), 1(cube) or 2 (shell). A Chi Square test was performed for comparison of therapy adherence according to pessary type.

Disclosure: No
**Results:** Data of 772 women could be included in the statistical analysis. The median duration of documented pessary use was 14 weeks (0.95 LCL 12; 0.95 UCL 18). Hazard for type 1 (cube pessary) was increased by a factor 1.62 compared to type 0 (ring pessary) (P = 0.05); no difference between type 2 (shell pessary) and type 0 (ring pessary) could be identified (HR: 1.24, P = 0.101) (Figure 1). Women who were fitted with a ring pessary in the first place were significantly more likely to continue with pessary use than women who were fitted with a cube pessary or shell pessary in the first place (42% vs. 21% vs. 32%; p-value <0.05). Overall, 28-39% of women opted for surgery, depending on the type of pessary.

**Conclusions:** About one third of women who were fitted with a vaginal pessary for pelvic organ prolapse at our institution opted for surgical repair. The majority of them did so within 4 months after pessary use initiation. Termination of pessary use without surgery was documented in only 4-6% of women. We assume that the majority of women fitted with a vaginal pessary for pelvic organ prolapse were satisfied and continue pessary use in the long-term.

**Disclosure:** No

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**Poster 395**

**OASIS PIVOTAL TRIAL TO EVALUATE THE SAFETY AND EFFICACY OF THE RENOVA iSTIM SYSTEM™ FOR THE TREATMENT OF WOMEN WITH OAB**

C. Amundsen, P. Toozs-Hobson, K. Benson, A. Digiosu, F. Lane, K. Ferrante, A. Pezzella,
*Duke health*; *Birmingham Women’s Hospital*; *Sanford Health*; *Imperial*; UC Irvine; *Kaiser Permanente*; Southern Urogynecology

**Introduction:** Refractory Overactive Bladder (OAB) patients have traditionally been treated by both Sacral Nerve Stimulation (SNS) and Percutaneous Tibial Nerve Stimulation (PTNS). Although effective, SNS surgery is complicated, whereas repetitive PTNS is burdensome. The BlueWind RENOVA iStim™ System is a novel miniature, leadless, battery-less, implantable tibial nerve stimulator, which provides a minimally invasive therapy focusing on a patient-centric home treatment. The pulse generator implant is wirelessly powered by a wearable unit that controls the therapeutic parameters and is worn by the patient during home treatment. A Clinician Programmer is used to remotely set individual stimulation parameters and assess compliance with therapy (Figure 1).

**Objective:** A pivotal trial is being conducted to evaluate the safety and efficacy of the RENOVA iStim System for treating refractory OAB patients.

**Methods:** Women with urgency incontinence will be enrolled in this prospective, single arm, open-label study. Inclusion criteria required at least 1 urinary urgency incontinence (UUI) episode/day for 5 days. The study is being conducted at 23 centers in the United States and Europe. The device is implanted in the lower leg during a minimally invasive procedure in which it is secured superficial to the tibial neurovascular bundle, just below the fascia. Suturing to the fascia mitigates any risk of migration and permits patients to be mobile after surgery. The implant is activated ~4 weeks after implantation. The patient is educated about the device or procedure AEs. Out of 144 implanted patients whose adverse events (AEs) were adjudicated by an independent Clinical Events Committee, 7 had (4.8%) mild and 4 had (2.8%) moderate device or procedure AEs.

**Results:** 539 patients met inclusion criteria: 297 (55%) in-office and 242 (45%) in OR. Most patients (96%) had OAB-wet and had trialed medications (97.8%) while 13% had a previous neurostimulator (SNM) and 2.4% had trialed percutaneous tibial nerve stimulation (PTNS), with no difference in pre-Botox interventions between the two groups. Patients in the OR group were more likely to be younger (62.6 years ±14.5 vs 65.3 years ±12.1, P = 0.01), to be Black (30.6% vs 17.5%, P = 0.0004), to have had hypertension (62.4% vs 45.8%, P < 0.0001) and to be a smoker (21.5% vs 5.4%, P < 0.0001) and have hypertension (62.4% vs 45.8%, P = 0.0001). Of the cases performed in the OR, 94.6% were due to surgery preference, and 78.1% of those patients monitored anesthesia care. 100 units of Botox were used in 97.8% of cases with a median of 20 (range 5-30) injection sites with no difference between the groups. A total of 30 (5.6%) patients reported retention after their procedure with a median of 20 (range 5-30) injection sites with no difference between the groups. Patients were categorized as either “in-office” versus “OR” based on the setting in which they underwent their procedure.

**Conclusions:** 539 patients met inclusion criteria: 297 (55%) in-office and 242 (45%) in OR. Most patients (96%) had OAB-wet and had trialed medications (97.8%) while 13% had a previous neurostimulator (SNM) and 2.4% had trialed percutaneous tibial nerve stimulation (PTNS), with no difference in pre-Botox interventions between the two groups. Patients in the OR group were more likely to be younger (62.6 years ±14.5 vs 65.3 years ±12.1, P = 0.01), to be Black (30.6% vs 17.5%, P = 0.0004), to have had hypertension (62.4% vs 45.8%, P < 0.0001) and to be a smoker (21.5% vs 5.4%, P < 0.0001) and have hypertension (62.4% vs 45.8%, P = 0.0001). Of the cases performed in the OR, 94.6% were due to surgery preference, and 78.1% of those patients monitored anesthesia care. 100 units of Botox were used in 97.8% of cases with a median of 20 (range 5-30) injection sites with no difference between the groups. A total of 30 (5.6%) patients reported retention after their procedure with a larger proportion in the office group (8.1%) versus the OR group (2.5%), P = 0.003. More patients in the OR group reported a urinary tract infection (UTI) within 6 months of their procedure (26.0% vs 16.8%, P = 0.009). The overall subjective improvement rate was 77% (95%CI 73%-80%). Patients in the OR group had higher reported improvement compared to the office group (81.4% vs 73.3%, P = 0.03). 4 (0.7%) patients from the total cohort went on to treatment with PTNS and 48% (9%) with SNM placement, with no differences between the groups. After controlling for confounders, patients who had Botox injections in the OR were still more likely to have a post-procedure UTI (aOR 3.3, 95%CI 1.7-6.6), to report subjective improvement (aOR 2.9, 95%CI 1.5-5.7) and had less urinary retention (aOR 0.1, 95%CI 0.03-0.3).

**Disclosures:** In this cohort study of patients with OAB undergoing intradetrusor Botox injections, post-procedural subjective improvement was high regardless of the setting in which the procedure was performed. Patients undergoing injections in the OR reported higher subjective improvement and had less post-procedural urgency retention, but were more likely to experience a UTI.

**Disclosure:** No

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**Poster 397**

**PHYSICAL ACTIVITY IN WOMEN WITH CHRONIC PELVIC PAIN IN A MULTIDISCIPLINARY CLINIC**

S. Bennis, L. Nikolski, W. Adams, L. Westby, C. Fitzgerald, Loyola University Medical Center, AMITA Saint Joseph Hospital Chicago

**Introduction:** Physical activity (PA) has substantial positive effects on health and wellness, including improved quality of life and health outcomes in certain medical conditions, including chronic pelvic pain. However, data regarding the role of PA in chronic pelvic pain treatment is limited. The purpose of this study was to assess the level of PA and its association with quality of life and pain outcomes in a multidisciplinary clinic setting.

**Methods:** This was a cross-sectional study of 50 women with chronic pelvic pain who were referred to a multidisciplinary clinic. Participants were asked to complete the Physical Activity Scale for Adults (PASA) and the Short Form 36 (SF-36) to assess their level of PA and quality of life, respectively. The correlation between PA and pain outcomes was assessed using Pearson’s correlation coefficient.

**Results:** The results showed a significant positive correlation between PA and pain outcomes. Specifically, higher levels of PA were associated with lower levels of pain and improved quality of life. This suggests that PA may play a significant role in the management of chronic pelvic pain.

**Conclusions:** These findings contribute to the growing body of evidence supporting the role of PA in the management of chronic pelvic pain. Further research is needed to explore the mechanisms behind the observed associations.

**Disclosure:** No
populations. Prior studies in endometriosis have shown beneficial effects of PA on symptom reduction. However, aerobic and resistance PA levels in women with varied chronic pelvic pain (CPP) diagnoses compared to national PA guidelines have not previously been reported. Additionally, no CPP studies have compared PA levels to levels of recreational disability or mood.

**Objective:** To evaluate aerobic and resistance (strength training) PA levels in women with CPP and to investigate the relationship of PA with recreational disability, anxiety, and depression

**Methods:** CPP patient charts at a tertiary care hospital outpatient clinic between 2012 and 2017 were retrospectively reviewed and followed over time. Women >18-years-old with CPP > 6 months were included. PA data was obtained from free text responses on a patient intake questionnaire. Aerobic PA responses were categorized: none, light, moderate, or vigorous, and were compared to the National Health and Nutrition Examination Survey (NHANES) estimate of aerobic PA levels in US women. Resistance PA responses were coded as binary (no or yes). The primary outcome measure was to assess CPP women’s participation in aerobic and resistance PA. Secondary outcome measures included the Patient Disability Index (PDI) recreation sub-score, Patient Health Questionnaire-9 (PHQ-9), and Generalized Anxiety Disorder-7 (GAD-7). Linear and generalized linear mixed-effects models were used to measure aerobic, resistance, GAD, and PHQ scores over time using SAS version 9.4 (Cary, NC).

**Results:** Patients (N = 316) were White (50.3%), Black (8.2%), Other (6.3%), Hispanic (6%), Asian (0.6%), American Indian (0.3%), or Unknown (28.2%) with a mean age 44.4, mean body mass index 27.6, and mostly multiparous (64.5%) (Table 1). At baseline, 32.9% reported performing moderate (9.2%) or vigorous (23.7%) aerobic PA, falling short of the NHANES estimate of 48.3% in adult women in the USA. Further, 25.4% reported performing resistance PA. Neither aerobic nor resistance PA increased significantly over time (Figure 2). There was a trend toward reduced aerobic and resistance PA levels with increasing recreational disability, but this was not statistically significant. On multivariable analysis, every one-point increase in the PDI recreation score increased the PHQ-9 score by 0.75 points (P < 0.001) and GAD-7 score by a 0.41 points (P = 0.01).

**Conclusions:** Women with CPP (regardless of primary diagnosis) appeared to participate in lower levels of aerobic PA at baseline compared to the general population of adult women in the US, and did not appear to meet national guidelines for aerobic or resistance PA. The PDI recreation score was not a reliable surrogate for aerobic and resistance PA levels in this study. Recreational disability was associated with increased depression and anxiety. These conclusions should be weighed against the study limitations, including lack of validated PA outcomes measures, recall bias due to self-reported PA, and missing data in a small proportion of patients. This study will inform future prospective investigations of PA and interventional trials targeting therapeutic PA in women with CPP.

**Table 1. Patient demographics**

<table>
<thead>
<tr>
<th>Race</th>
<th>Summary (N = 316)</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>159 (50.3%)</td>
</tr>
<tr>
<td>Black</td>
<td>26 (8.2%)</td>
</tr>
<tr>
<td>Hispanic</td>
<td>19 (0.9%)</td>
</tr>
<tr>
<td>Asian</td>
<td>2 (0.6%)</td>
</tr>
<tr>
<td>American Indian</td>
<td>1 (0.3%)</td>
</tr>
<tr>
<td>Other</td>
<td>20 (6.3%)</td>
</tr>
<tr>
<td>Unknown</td>
<td>80 (25.4%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Parity</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>99 (35.6%)</td>
</tr>
<tr>
<td>1</td>
<td>52 (18.7%)</td>
</tr>
<tr>
<td>2</td>
<td>57 (20.9%)</td>
</tr>
<tr>
<td>3</td>
<td>42 (15.1%)</td>
</tr>
<tr>
<td>4</td>
<td>18 (5.5%)</td>
</tr>
<tr>
<td>5</td>
<td>7 (2.2%)</td>
</tr>
<tr>
<td>6</td>
<td>1 (0.4%)</td>
</tr>
<tr>
<td>7</td>
<td>1 (0.4%)</td>
</tr>
<tr>
<td>11</td>
<td>1 (0.4%)</td>
</tr>
<tr>
<td>Median Parity (IQ)</td>
<td></td>
</tr>
<tr>
<td>Mean Age (SD)</td>
<td>44.61 (12.46)</td>
</tr>
<tr>
<td>Mean BMI (SD) (N = 307)</td>
<td>27.62 (7.85)</td>
</tr>
</tbody>
</table>

**Baseline Aerobic Score (N = 225)**

<table>
<thead>
<tr>
<th>Score</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>0 (none)</td>
<td>47 (20.6%)</td>
</tr>
<tr>
<td>1 (light intensity)</td>
<td>67 (29.4%)</td>
</tr>
<tr>
<td>2 (moderate intensity)</td>
<td>21 (9.2%)</td>
</tr>
<tr>
<td>3 (vigorous intensity)</td>
<td>34 (23.3%)</td>
</tr>
<tr>
<td>No response</td>
<td>39 (17.4%)</td>
</tr>
</tbody>
</table>

**Baseline Resistance (Strength Training) Score (N = 225)**

<table>
<thead>
<tr>
<th>Score</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>0 (no resistance activity)</td>
<td>131 (57.3%)</td>
</tr>
<tr>
<td>1 (long resistance activity)</td>
<td>58 (25.4%)</td>
</tr>
<tr>
<td>No response</td>
<td>39 (17.4%)</td>
</tr>
</tbody>
</table>

**Disclosure:** No
survey scores. Variables were compared using Wilcoxon rank sum test or chi-
squared tests as appropriate, and means were compared with two-sample t-tests.

Logistic regression was used to evaluate treatment effects. All analyses were con-
ducted using Stata version 16.1.

Results:
A total of 140 women met inclusion criteria. They were predominantly
Caucasian, non-Hispanic. The average age was 63.6 years and average BMI was
31. Diabetes mellitus was present in 18%, 14% were current smokers and 20%
were former smokers. Other demographic data is available in Table 1. Sixty-
three percent of the women completed a symptom-based survey prior to receiv-
ing their onabotulinumtoxinA treatment, and 43% completed a post-treatment
survey. However, only 31% (n = 43) women completed the same pre- and
post-treatment survey. The mean change in OAB-v8 score was 10 ± 12.2 in
women with DO and 2.6 ± 4.4 in women without DO (P = 0.2322). For women
who completed the AUA SI, the mean difference in scores was 5.2 ± 8.9 in the
DO group and -0.67 ± 6.1 in women without DO (P = 0.081). The mean number
of treatments was 2.26 ± 1.94 in women with DO and 1.975 ± 0.216 (P = 0.3984
in women without DO). No significant difference in scores was seen between
women with or without DO-associated incontinence, diabetes, smoking his-
tory, recurrent urinary tract infections, or prior pelvic reconstructive sur-
gery or mid-urethral slings. The mean number of treatments was signifi-
cantly different between patients who performed clean intermittent self-
catheterizations (CISC) (1.77 ± 1.01 vs 2.63 ± 2.30 who did not require
CISC, P = 0.0232). For each 1-point increase in survey score difference,
the odds ratio of having more than one treatment was 1.12 (95%CI
1.06-1.18) for the OAB-v8 group (P = 0.200) and 0.96 (95%CI
0.88-1.05) for the
AUA SI group (P = 0.421).

Conclusions: Women with urodynamically proven DO did not have statis-
tically better outcomes with onabotulinumtoxinA therapy as measured by
difference in symptom survey scores compared to those without DO; this
was possibly limited by small sample size. Clinically meaningful change
may still be noted.

Disclosure: No

A. Popov1, I. Klyushnikov1, A. Fedorov2, S. Tyurina3, S. Babaev3. Moscow
Regional Scientific Research Institute of Obstetrics and Gynecology

Introduction: Despite the excessive advancements in reproductive gynecology,
pelvic floor dysfunction (PFD) is still the problem, that comes always nearby. Its
association with pregnancy and labor is a matter of fact, hence, with elevating re-
productive success rates gynecologists should be prepared for an increase in PFD
prevalence near future, especially in pelvic organ prolapse (POP). Although
cystocele appears to be the most frequent and recognized type of POP, most
women who suffer from cystocele at or beyond the hymen typically also have
a component of apical support loss concomitantly. There are many surgical al-
ternatives for the treatment of pelvic organ prolapse in each compartment.
Methods evolved through autologous fascia reinforcement to graft implanta-
tion. At first, the latter type of surgery was met as a modern solution for all col-
porrhaphy limitations, but now is being prohibited in many countries for spe-
cific and hard treatable complications. Many gynecological surgeons nowadays
prefer to minimize the amount of allografts to maintain optimal percent of effec-
tiveness while lowering potential risks. And since there are no guidelines for
which an apical support procedure should be performed more studies should
be made to make that clear.

Objective: A comparative study for the long-term outcomes of transvaginal
sacrospinalis fixation using polypropylene tape with the laparoscopic and robotic
assisted sacrocolpexy was conducted. According to evaluated results, some
points for surgical preference should be obtained.

Methods: Multicenter longitudinal study was conducted on 188 patients with
III-IV grade apical prolapse (excluding vault prolapse) with absence or grade
I-II anterior or posterior prolapse, that underwent genital prolapse surgery dur-
ing 2013-2020 yy. Women were divided into two groups: in 1st group (n = 56)
we’ve performed vaginal anterior sacrospinalis fixation using polypropylene tape;

Poster 402
VAGINAL AND ABDOMINAL ROUTES IN THE TREATMENT
OF APICAL PELVIC ORGAN PROLAPSE

A. Popov1, I. Klyushnikov1, A. Fedorov2, S. Tyurina3, S. Babaev3. Moscow
Regional Scientific Research Institute of Obstetrics and Gynecology

Introduction: Despite the excessive advancements in reproductive gynecology,
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prevalence near future, especially in pelvic organ prolapse (POP). Although
cystocele appears to be the most frequent and recognized type of POP, most
women who suffer from cystocele at or beyond the hymen typically also have
a component of apical support loss concomitantly. There are many surgical al-
ternatives for the treatment of pelvic organ prolapse in each compartment.
Methods evolved through autologous fascia reinforcement to graft implanta-
tion. At first, the latter type of surgery was met as a modern solution for all col-
porrhaphy limitations, but now is being prohibited in many countries for spe-
cific and hard treatable complications. Many gynecological surgeons nowadays
prefer to minimize the amount of allografts to maintain optimal percent of effec-
tiveness while lowering potential risks. And since there are no guidelines for
which an apical support procedure should be performed more studies should
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ing 2013-2020 yy. Women were divided into two groups: in 1st group (n = 56)
we’ve performed vaginal anterior sacrospinalis fixation using polypropylene tape;

Table 1: Demographics

<table>
<thead>
<tr>
<th>Variable</th>
<th>Mean ± SD</th>
<th>Median</th>
<th>Range</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (mean ± SD)</td>
<td>63.6 ± 12.0</td>
<td>64.5</td>
<td>41.1</td>
<td>0.1712</td>
</tr>
<tr>
<td>BMI (mean ± SD)</td>
<td>32.4 ± 7.4</td>
<td>31.8</td>
<td>20.8</td>
<td>0.007</td>
</tr>
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</table>

Table 2: Outcomes

<table>
<thead>
<tr>
<th>Observation</th>
<th>Mean ± SD</th>
<th>Median</th>
<th>Range</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>OAB-v8 change</td>
<td>10 ± 12.2</td>
<td>9</td>
<td>26</td>
<td>0.2322</td>
</tr>
<tr>
<td>AUA SI change</td>
<td>5.2 ± 8.9</td>
<td>5</td>
<td>18</td>
<td>0.081</td>
</tr>
<tr>
<td>Treatments</td>
<td>2.26 ± 1.94</td>
<td>2</td>
<td>12.2</td>
<td>0.3984</td>
</tr>
</tbody>
</table>

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in 2nd group (n = 132) we’ve performed sacrolcopexy by mini-invasive route – laparoscopically or robotically in a standard fashion. Our long-term assessment included observation of patients each year after surgery including bimanual examination and international validated questionnaires (PFDI-20, PFQI-7, PIQSO-12) for anatomical and functional outcomes respectively.

**Results:** Average follow-up was 15.4 ± 3.6 and 15.9 ± 15.7 months in I and II group respectively. There was 1.7% of apical prolapse recurrence in sacrospinous fixation group and 3.7% in patients after sacrocolpopexy. According to questionnaires and their minimal clinical important difference results, both groups showed comparable sexual life improvement (87.5% and 84.0% according to PIQSO-12 questionnaires in I and II group respectively) and I group showed better pelvic floor dysfunction symptom relief and social life improvement (88.1 for PFDI-20 and 84.7% for the PFQI-7) comparing to results in II group (79.5% for the PFDI-20 and 80.6% for the PFQI-7).

**Conclusions:** Patient stratification for the route selection should be considered according to the next points: 1) Co-morbidity that can serve as contraindications for patient positioning or anesthesia type during the intervention. 2) Prior genit prolapse surgery. It’s preferable to perform secondary POP surgery by a different route, if the previous one was failed. 3) Patient’s intentions for preserving the uterus. 4) Age of the patients and their social, sexual status. But despite this, post-operative care and follow-up are also the same important as surgery preference.

**Disclosure:** No

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**Poster 403**

**ANTERIOR SACROSPINOUS FIXATION WITH ADJUSTABLE POLYPROPYLENE SLING - YOUNG SOLUTION OF A MATURE PROBLEM**

A. Popov1, A. Fekro2, I. Klyushnikova3, A. Kora1, S. Tyurina4, E. Efimova1, S. Bahaev5, Moscow Regional Scientific Research Institute of Obstetrics and Gynecology

**Introduction:** Since the middle of the 20th century, sacrospinous fixation has come in gynecology by the effort of Armeirich and Richter in Europe and Nichols in the USA. The technology evolved and through time it became a fact, that unilateral fixation is convenient as a bilateral one. Furthermore, with developing devices for sacrospinous ligament (SSL) fixation, the anterior approach becomes applicable. Since then, the need for wide dissection of the ischiorectal fossa is disappeared. Nowadays, surgeons have polypropylene (PPL) slings, that allow us to provide a greater force of cervix fixation.

**Objective:** Increase the effectiveness and safety of surgical treatment in patients with apical or anterior-apical prolapse during bilateral sacrospinous fixation using an adjustable polypropylene sling.

**Methods:** A prospective longitudinal study was conducted in 2020. The study included 97 patients with apical prolapse (stages II-IV according to the POP-Q (Pelvic Organ Prolapse Quantification) system). The exclusion criteria were: prior hysterectomy, severe external genital pathology, inflammatory diseases of the pelvis and any kind of malignancy. Bilateral anterior sling sacrospinous fixation was performed in the 1st group, sacrospinous fixation using non-absorbable sutures was performed in group II. The anatomical and functional outcomes of surgical treatment were evaluated before and after surgery. Anatomical parameters were evaluated using the POP-Q system. Functional results were evaluated using validated questionnaires PFDI-20, PFQI-7, PIQSO-12.

**Results:** Mean age was 53.2 ± 9.6 and 52.5 ± 10.9 years old in the I and II group respectively. The mean range of observation was 12.4 ± 2.0 and 16.4 ± 3.1 months after surgery. According to obtained recurrence rates, sacrospinous fixation with sutures had a higher risk of prolapse recurrence (14.6% vs 1.7% in the sling group). The average hospital stay in the 1st group was 2.3 days, in the 2nd group – 3.7 days. Intraoperatively organ injury was observed only in 1 case in the 2nd group (2.4%) during dissection. Functional outcomes were comparable after completing the PFDE-20 and PFQI-7 surveys after surgery in both groups, but I group showed better results in reaching minimal clinically important difference according to the PIQSO-12 survey (87.5% vs 73.3%).

**Conclusions:** Use of a synthetic sling instead of the transvaginal mesh can be one of the steps to minimize the use of polypropylene in gynecological surgery. Anterior sacrospinous ligament fixation with mesh reaches a more confident result in apical prolapse correction caused by a more adhesive surface on the cervix and PPL tensile properties. The anterior approach seems safer due to less need for wide opening of the SSL and more distance to the rectum. Delayed time of integration of the mesh in tissues can resolve postoperative pain syndrome through tension adjustment of the cervix during early postoperative patient activity.

**Disclosure:** No

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**Poster 404**

**KNOWLEDGE OF PELVIC FLOOR DYSFUNCTION IN AFRICAN AMERICAN AND AFRO-CARIBBEAN WOMEN SEEKING MEDICAL CARE IN A PRIMARY CARE AMBULATORY SETTING**

S. Soyemi1, D. Noriega1, E. Hahn1, E. Kristoferson1, JM. Li1, L. Chan1, J. Sheu1, P. Gil2, SUNY Downstate Health Sciences University

**Introduction:** With the United State’s (US) aging population, it is estimated that approximately at least one-fourth of US community-dwelling women will develop a pelvic floor dysfunction (PFD) within their lifetime (Nygaard, 2008). A systematic review revealed that knowledge on PFD was low to moderate in the general population (Fante et al., 2019) and lower among Blacks/African Americans. To our knowledge, this is the first study that explored the knowledge of urinary incontinence (UI) and pelvic organ prolapse (POP) within a predominantly African American (AA) /Afro-Caribbean (AC) population within the United States.

**Objective:** This study aimed to assess knowledge and proficiency of UI and POP in adult (age >/= 18) female patients seeking medical care in our ambulatory setting. Our secondary aim was to identify demographic factors associated with UI and POP knowledge or proficiency.

**Methods:** We hypothesized that a statistically significant difference would exist in the knowledge base and proficiency of UI and POP within our black subethnic respondents. We performed a cross-sectional study using binary logistic regression with responses from a validated survey instrument. Inclusion criteria: adult, female (biologically female or self-identifying as female), patients seeking care in the ambulatory setting (OBGYN, internal medicine, and family medicine clinics). Exclusion criteria: Children, men, those who cannot provide consent or those who could understand English. This study received IRB approval.

**Results:** Survey results from an ethnically diverse cohort were obtained: (N = 207): black (85%), Hispanic (6.3%), multirace (5.8%), and white (1%). An analysis was performed with black respondents who identified as AA (44%) or AC (34%). Reports from the statistical analysis were based on Prolap and Incontinence Knowledge Questionnaire (PIKQ) UI and POP mean score, UI and POP proficiency, and the knowledge of the etiology, diagnosis, and management of these conditions. We report on the following key findings: When POP proficiency was marked as >50% correct (Shah et al.), AA were more proficient in POP knowledge compared with AC (OR 0.46, 95% CI = 0.24 - 0.91). Further, while studies report lower proficiency among blacks/AA, our data suggest that our survey respondents actually performed comparable to or better than those surveyed in prior studies. (Chen et al.) Lastly, 70% of respondents reported that they would first seek information on UI and POP from a medical provider (gynecologist or primary care doctor) compared to other alternatives (e.g., the internet, 21%).

**Conclusions:** These findings highlight vulnerable subgroups that could benefit from provider-initiated discussions before and after PFD development and/or progression. And while black patients are typically homogenized in research studies, we surmise that nuance exists within subethnic groups, which could serve as an area of interest in future research.

**Disclosure:** No

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**Poster 405**

**DO MORE WOMEN CONTINUE TREATMENT WITH SACRAL NEUROMODULATION (SNM) COMPARED TO ONABOTULINUMTOXIN A (BTX) INJECTION FOR OVERACTIVE BLADDER SYNDROME (OAB)?**

J. Bichhaus1, T. Chrusic1, M. McLennan1, Saint Louis University

**Introduction:** SNM and BTX are third tier treatments for patients with refractory OAB. While both SNM and BTX are effective, it is unknown whether treatment is continued long term and if there is a difference between the two.

**Objective:** To evaluate the continuation of treatment in women after third tier treatment for overactive bladder syndrome with injection of onabotulinumtoxin A compared to those who underwent sacral neurostimulation.

**Methods:** This is a retrospective cohort study of women in a national database who initiated third tier treatment for OAB with injection of BTX and/or SNM from 2013 to 2017. Included patients had at least 12 months of activity in the database for follow up. Two cohorts were identified: 1) women who underwent injection of BTX; and 2) women who underwent...
SNM. Our primary outcome was continuation of treatment, defined as receiving another BTX injection for the BTX cohort and no documented removal code for the SNM cohort. Demographic, pre-injection and pre-implantation, and post-injection and post-implantation data were compared between the two groups. Differences in continuous variables were assessed using t-tests and categorical variables were assessed using Fisher’s exact or chi-square tests as appropriate.

Results: Two hundred eighty-eight women underwent treatment for OAB with SNM or BTX. At treatment initiation, mean age of patients was 64 years, 83% had BMI of 25 or greater, and 91% were white. There were 127/288 (44%) in the SNM group and 161/288 (56%) in the BTX group. Women in the SNM group were younger, more were overweight and obese, smoked, were from the southern region of the United States, and had more follow-up time in the database compared to the BTX group. Two hundred one (70%) women continued their third tier treatment. Women with SNM were more likely to continue treatment than those with BTX (112/127 (88%) vs. 89/161 (55%), p < 0.01). In a logistic regression model controlling for age, BMI, smoking, UTI within 90 days, and comorbidity index, the SNM group was more likely to continue treatment (adjusted OR 7.10; 95% CI = 3.50, 14.39; p < 0.01). In the same model, smokers were less likely to continue treatment (adjusted OR 0.47; 95% CI = 0.23, 0.95; p = 0.03). Twenty-four patients crossed over with 15 BTX patients switching to SNM at a median of 434 days and 9 SNM patients switching to BTX at a median of 1,192 days.

Conclusions: Women who underwent SNM were more likely to continue treatment than those receiving BTX injections. Only 8% of patients switched treatments after initially being treated with either SNM or BTX. Many patients discontinue OAB treatment and may not seek additional treatment. Further research is needed to improve long term treatment of OAB.

Disclosure: No

Poster 406
EXPLORING THE RATIONALE OF PERFORMING VAGINAL Hysterectomy UNDER LOCAL ANAESTHESIA: A SINGLE-CENTRE EXPERIENCE

G. Prsa, T. Serdinske, J. But. General Hospital Murska Sobota, University Medical Centre Maribor.

Introduction: Vaginal hysterectomy (VH) is usually performed under general or regional (spinal or epidural) anaesthesia. General anaesthesia alone represents a risk for intra and postoperative complications, especially for older patients with higher incidence of comorbidities. Furthermore, there are some contraindications for regional anaesthesia, that are more prevalent in older population.

Table 1. Demographics

<table>
<thead>
<tr>
<th>Age (years, mean SD)</th>
<th>44.0 ± 18.4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race/Ethnicity (n %)</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>176 (65.0%)</td>
</tr>
<tr>
<td>Hispanic, Latino, or Spanish-Origin</td>
<td>13 (6.3%)</td>
</tr>
<tr>
<td>Two or More Races</td>
<td>12 (5.8%)</td>
</tr>
<tr>
<td>White alone, not Hispanic or Latino</td>
<td>91 (31.6%)</td>
</tr>
<tr>
<td>Other</td>
<td>4 (1.4%)</td>
</tr>
<tr>
<td>Education (%)</td>
<td></td>
</tr>
<tr>
<td>Bth Grade or less</td>
<td>5 (2.4%)</td>
</tr>
<tr>
<td>Some high School</td>
<td>34 (8.4%)</td>
</tr>
<tr>
<td>High School</td>
<td>62 (30.0%)</td>
</tr>
<tr>
<td>Some College</td>
<td>43 (27.7%)</td>
</tr>
<tr>
<td>College (Undergraduate)</td>
<td>59 (28.5%)</td>
</tr>
<tr>
<td>Graduate or Professional</td>
<td>22 (10.9%)</td>
</tr>
<tr>
<td>Parity (mean SD)</td>
<td>1.7 ± 0.8</td>
</tr>
<tr>
<td>Menopause Status, n (%)</td>
<td></td>
</tr>
<tr>
<td>Premenopausal</td>
<td>111 (55.6%)</td>
</tr>
<tr>
<td>Perimenopausal</td>
<td>24 (10.9%)</td>
</tr>
<tr>
<td>Postmenopausal</td>
<td>75 (36.2%)</td>
</tr>
<tr>
<td>Mean household income (%)</td>
<td></td>
</tr>
<tr>
<td>&lt;500.000</td>
<td>65 (33.4%)</td>
</tr>
<tr>
<td>$10,000 - $49,999</td>
<td>86 (41.9%)</td>
</tr>
<tr>
<td>$50,000 - $100,000</td>
<td>52 (25.5%)</td>
</tr>
<tr>
<td>&gt;$100,000</td>
<td>4 (1.9%)</td>
</tr>
<tr>
<td>Religion (%)</td>
<td></td>
</tr>
<tr>
<td>Christian</td>
<td>136 (65.7%)</td>
</tr>
<tr>
<td>Prefer not to say</td>
<td>31 (15.9%)</td>
</tr>
<tr>
<td>Catholic</td>
<td>52 (4.8%)</td>
</tr>
<tr>
<td>Islamic</td>
<td>4 (1.9%)</td>
</tr>
<tr>
<td>Agnostic</td>
<td>4 (1.9%)</td>
</tr>
</tbody>
</table>

| Other (%)             | 22 (10.7%) |
| Insurance (%)         |             |
| Medicaid              | 88 (43.0%) |
| Medicare              | 63 (20.8%) |
| Insurance purchased directly from an insurance company | 42 (14.2%) |
| Health First          | 2 (0.9%)   |
| Other (%)             | 35 (7.1%)  |
| Ever seen a urogynecologist or urologist (%) | |
| Yes                   | 40 (63.5%) |
| No                    | 22 (36.5%) |
| Ever had urinary incontinence (%) | |
| Yes                   | 57 (27.5%) |
| No                    | 126 (72.5%)|
| Ever been treated for urinary incontinence (%) | |
| Yes                   | 27 (18.2%) |
| No                    | 130 (81.9%)|
| Ever had pelvic organ prolapse (%) | |
| Yes                   | 38 (6.7%)  |
| No                    | 539 (93.3%)|
| Ever been treated for pelvic organ prolapse (%) | |
| Yes                   | 8 (3.9%)   |
| No                    | 339 (96.1%)|
| Information-Seeking (%) |          |
| Family and friends    | 24 (14.8%) |
| Gynecologist          | 80 (50.6%) |
| Internet              | 44 (21.3%) |
| Primary Care Doctor or General Practitioner | 65 (32.6%) |
| Unsure                | 4 (2.1%)   |

Table 3: Binary logistic regression analysis on demographic factors associated with UI and POP continuity

<table>
<thead>
<tr>
<th>Predictor</th>
<th>OR (95% CI)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>African American</td>
<td>1.26 (0.95-1.69)</td>
<td>0.13</td>
</tr>
<tr>
<td>Age (years, mean SD)</td>
<td>44.0 ± 18.4</td>
<td></td>
</tr>
<tr>
<td>Race/Ethnicity (n %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>176 (65.0%)</td>
<td></td>
</tr>
<tr>
<td>Hispanic, Latino, or Spanish-Origin</td>
<td>13 (6.3%)</td>
<td></td>
</tr>
<tr>
<td>Two or More Races</td>
<td>12 (5.8%)</td>
<td></td>
</tr>
<tr>
<td>White alone, not Hispanic or Latino</td>
<td>91 (31.6%)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>4 (1.4%)</td>
<td></td>
</tr>
<tr>
<td>Education (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bth Grade or less</td>
<td>5 (2.4%)</td>
<td></td>
</tr>
<tr>
<td>Some high School</td>
<td>34 (8.4%)</td>
<td></td>
</tr>
<tr>
<td>High School</td>
<td>62 (30.0%)</td>
<td></td>
</tr>
<tr>
<td>Some College</td>
<td>43 (27.7%)</td>
<td></td>
</tr>
<tr>
<td>College (Undergraduate)</td>
<td>59 (28.5%)</td>
<td></td>
</tr>
<tr>
<td>Graduate or Professional</td>
<td>22 (10.9%)</td>
<td></td>
</tr>
<tr>
<td>Parity (mean SD)</td>
<td>1.7 ± 0.8</td>
<td></td>
</tr>
<tr>
<td>Menopause Status, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Premenopausal</td>
<td>111 (55.6%)</td>
<td></td>
</tr>
<tr>
<td>Perimenopausal</td>
<td>24 (10.9%)</td>
<td></td>
</tr>
<tr>
<td>Postmenopausal</td>
<td>75 (36.2%)</td>
<td></td>
</tr>
<tr>
<td>Mean household income (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;500.000</td>
<td>65 (33.4%)</td>
<td></td>
</tr>
<tr>
<td>$10,000 - $49,999</td>
<td>86 (41.9%)</td>
<td></td>
</tr>
<tr>
<td>$50,000 - $100,000</td>
<td>52 (25.5%)</td>
<td></td>
</tr>
<tr>
<td>&gt;$100,000</td>
<td>4 (1.9%)</td>
<td></td>
</tr>
<tr>
<td>Religion (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Christian</td>
<td>136 (65.7%)</td>
<td></td>
</tr>
<tr>
<td>Prefer not to say</td>
<td>31 (15.9%)</td>
<td></td>
</tr>
<tr>
<td>Catholic</td>
<td>52 (4.8%)</td>
<td></td>
</tr>
<tr>
<td>Islamic</td>
<td>4 (1.9%)</td>
<td></td>
</tr>
<tr>
<td>Agnostic</td>
<td>4 (1.9%)</td>
<td></td>
</tr>
<tr>
<td>Other (%)</td>
<td>22 (10.7%)</td>
<td></td>
</tr>
<tr>
<td>Insurance (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>88 (43.0%)</td>
<td></td>
</tr>
<tr>
<td>Medicare</td>
<td>63 (20.8%)</td>
<td></td>
</tr>
<tr>
<td>Insurance purchased directly from an insurance company</td>
<td>42 (14.2%)</td>
<td></td>
</tr>
<tr>
<td>Health First</td>
<td>2 (0.9%)</td>
<td></td>
</tr>
<tr>
<td>Other (%)</td>
<td>35 (7.1%)</td>
<td></td>
</tr>
</tbody>
</table>
Objective: To explore the rationale of performing vaginal hysterectomy under local anaesthesia, we decided to compare the outcomes of patients in which VH was performed under local anaesthesia (LA) with intraoperative sedation and GA.

Methods: In this retrospective study, we included all patients who underwent VH under LA at our institution (Group 1) and a comparable number of patients who had VH under GA (Group 2) in the same time frame. For each patient, the following data was obtained: age, BMI, height, duration of hospitalisation, amount of used local anaesthetic, maximal pain level for each day of hospitalisation, using visual analogue scale from 0 to 10, duration of surgery, blood loss during surgery (small (<150 ml) or moderate (≥150 ml)), intraoperative, early (<30 days after procedure) and late (≥30 days after procedure) postoperative complications. Moreover, we recorded the total amount of consumed analgesics during hospitalisation (pirpiramide, paracetamol, metamizole, diclofenac, naproxen) and the amount of same analgesics used per day of hospitalization, occurrence of spontaneous micturition and drop haemoglobin levels after surgery. For Group 1, the amount of used local anaesthetic (0.5% lidocaine) and intravenous propofol was also recorded. Statistical analysis was performed using SPSS Statistics Programme 22.0. Descriptive statistics were calculated for basic patients characteristics. Data between groups were compared using Chi-square/Fisher’s exact test for categorical and Mann-Whitney U-test for numerical data. Statistical significance was set at p-value <0.05.

Results: From July to September 2021, eight VH under LA were performed (Group 1). Additionally, ten patients were included in group 2 with surgeries performed in the same time frame. As seen from Table 1, patients in group 1 were significantly older and had shorter hospitalisation duration. Most of them had accompanying procedures such as anterior and posterior colporrhaphy or adnexectomy. In group 1, the average amount of local anaesthetic used was 39 ± 17 ml together with 202.5 ± 142.9 mg of propofol. There were no statistically significant differences in group 1, the average amount of local anaesthetic (0.5% lidocaine) and intravenous propofol was also recorded. Statistical analysis was performed using SPSS Statistics Programme 22.0. Descriptive statistics were calculated for basic patients’ characteristics. Data between groups were compared using Chi-square/Fisher’s exact test for categorical and Mann-Whitney U-test for numerical data. Statistical significance was set at p-value <0.05.

Conclusions: Our study shows that VH under LA is not inferior to VH under GA regarding pain levels after surgery, duration of surgery, blood loss, and complication rate. On the contrary, VH under LA showed possible advantages in requiring shorter hospitalisation and, to some extent, lower total complication rate. On the contrary, VH under LA at our institution (Group 1) and a comparable number of patients who had VH under GA (Group 2) in the same time frame. For each patient, the following data was obtained: age, BMI, height, duration of hospitalisation, amount of used local anaesthetic, maximal pain level for each day of hospitalisation, using visual analogue scale from 0 to 10, duration of surgery, blood loss during surgery (small (<150 ml) or moderate (≥150 ml)), intraoperative, early (<30 days after procedure) and late (≥30 days after procedure) postoperative complications. Moreover, we recorded the total amount of consumed analgesics during hospitalisation (pirpiramide, paracetamol, metamizole, diclofenac, naproxen) and the amount of same analgesics used per day of hospitalization, occurrence of spontaneous micturition and drop haemoglobin levels after surgery. For Group 1, the amount of used local anaesthetic (0.5% lidocaine) and intravenous propofol was also recorded. Statistical analysis was performed using SPSS Statistics Programme 22.0. Descriptive statistics were calculated for basic patients’ characteristics. Data between groups were compared using Chi-square/Fisher’s exact test for categorical and Mann-Whitney U-test for numerical data. Statistical significance was set at p-value <0.05.

Disclosure: No
saturated fat and fried food consumption were associated with subjective changes in Fl symptoms.

Disclosure: No

Poster 408
TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION ANALGESIA DURING OUTPATIENT OPERATIVE CYSTOSCOPY FOR OVERACTIVE BLADDER: THE TENSOB RANDOMIZED CONTROL TRIAL.


Introduction: Overactive Bladder/Urge Incontinence (OAB/UUI) is a prevalent disease that affects 17 million Americans. Cystoscopy with intradetrusor OnabotulinumtoxinA (Botox) injection is a commonly performed procedure for OAB/UUI. Patient cystoscopy is mostly well tolerated, but multiple interventions including oral medications, local anesthetics and environmental modifications have been attempted to reduce the amount of discomfort with the procedure. High frequency (25-150 Hz) Transcutaneous electric nerve stimulation (TENS) has been shown to provide analgesia and has been used for post-operative pain, fibromyalgia and neuropathies. A recent study noted a reduction in pain and increased patient satisfaction during office hysteroscopy when using TENS at the T10-L1 and S2-S4 Levels. There is little known about the analgesic effects of TENS during office cystoscopy with Botox chemo denervation and the impact on patient satisfaction with the procedure.

Objectives: The primary outcome is a clinically significant (10-mm) difference in the visual analog scale (VAS) pain measurement in patients undergoing office Botex with TENS compared to placebo. We hypothesized that active TENS use during operative cystoscopy for Botox injections will result in a significant decrease in VAS compared to placebo during cystoscopy. Secondary outcomes include 5-point Likert Scale, Satisfaction 10-point scale, and adverse events related to the use of TENS and cystoscopy Botox injections.

Methods: This is a multicenter double-blind randomized control trial of men and women with UUI undergoing outpatient operative cystoscopy for Botox chemo denervation as third line therapy. Subjects were identified by urologists and urogynecologists. Participants were randomized into two groups: cystoscopy Botex injections with active TENS for analgesia and placebo TENS. Demographics were collected for all participants. The primary outcome was analyzed using a t-test. A power calculation was completed and it was determined that 100 patients (50 per group) would be required detect a significant difference of 10 mm on the VAS scale between the two groups. Patient recruitment is estimated to end on February, 2022.

Results: A blinded interim analysis was performed when 72 patients (60 women and 12 men) were recruited by 6 different providers in 3 different clinical settings. No significant differences were noted in the demographic data between the two groups. A statistically significant reduction in VAS score was noted when comparing placebo TENS vs active TENS (48.6 mm vs 32.8 mm, p = 0.007). No significant adverse events occurred. Conclusions: In patients with active TENS compared to placebo during office cystoscopy with Botox there was a statistically significant reduction of greater than 10 mm, the protocol injection is a commonly clinically relevant difference, on VAS pain scale. There were no adverse events reported with the use of TENS units. Our results suggest that TENS units may be a safe and valuable tool for pain control in outpatient cystoscopy with Botex injections.

Disclosure: No

Poster 409
NOVEL NATIVE TISSUE APICAL SUPPORT PROCEDURE USING HARVESTED UTEROSACRAL LIGAMENT ONTO VAGINAL TISSUE: A CADAVER STUDY PROTOCOL

R Cameron-Jeffs, S Al-Salhi, T Dune, M Carey. Royal Women’s Hospital.

Introduction: Modern times have allowed pelvic floor surgeons to assess the safety and success of a multitude of surgical prolapse procedures. Recently, the use of mesh in the pelvic floor has garnered controversy. It has never been more imperative to identify novel conservative and surgical treatments to meet pelvic floor disorders. For the first time, our group presents the research protocol for the Novo Apical Suspension Harvesting the Uterosacral ligament (NASHUS) procedure.

Objective: To present the research protocol for a cadaver-based exploratory feasibility study of a novel surgical technique intended for the treatment of pelvic organ prolapse.

Methods: Sixteen fresh frozen un-embalmed female human full pelvis cadavers will be dissected and studied. All sixteen cadavers will undergo dissection and characterization and suture pull-out strength assessment. Four to six cadavers will undergo dissection, characterization and suture pull-out strength after vaginal attachments are complete. All the rest of the cadavers will undergo dissection, characterization and pre-vaginal attachment unilateral pull-out strength iii. Cadavers will be pre and post-hysterectomy depending on supply iv. Some of the cadavers that have intact uteri, will undergo a total abdominal hysterectomy (in standard fashion), post-hysterectomy cadavers will undergo tissue dissection to access the vagina (also in standard fashion)

Results: The surgical technique involves the creation of a uterosacral ligament (USL) flap that will be truncated with its distal-most structure expanded into leaves that will then be attached to the anterior, posterior and lateral aspects of the vagina that is hypothesised to achieve apical support. Next, we also aim to originally assess the suture pull-out strength of the distally detached USL. Tissue breakage or suture breakage should be achieved in order to assess strength. Important anatomical characteristics that have not been previously described (i.e., in Campbell’s histologic or Buller et al.’s uterosacral anatomic relationship studies) or noted in vivo will be evaluated by our group using the cadaver model. Previous USL descriptors using cadaver models did not directly note and address USL attenuation, breaks, and did not detach the USL near its distal insertion at the lower uterine segment. Additionally, pre and post-procedure vaginal lengths will be assessed. The detachment of the USL will be performed safely cephalad and away from its digitization with the cardinal ligament. This distal detachment will allow us to safely distance the USL from the ureter. Even though this proposed procedure is not vaginally palpation-based, a thorough description of the detached and redesignated distal USL in relation to the ischial spine will be reported. Measurements will be inclusive of, but not limited to, the following: Vaginal length before and after novel surgical procedure, Length and width of harvested distal USL, Distance between ureter and point of USL transection, Length, width and number of ‘leaves’

Conclusions: We believe this anatomy-based study will reveal important information on the use of the USL in pelvic floor surgery.

Disclosure: No

Poster 410
OBSERVATIONAL ANALYSIS OF COMPLICATION RATE BETWEEN vNOTES AND TRADITIONAL VAGINAL HYSTEROECTOMY


Introduction: Hysterectomy, one of the most common non-pregnancy-related surgical procedures performed in the United States (US), is majorly performed for benign conditions using multiple approaches such as abdominal, vaginal, laparoscopic, or robotic assisted. Vaginal hysterectomies constitute up to 13% of the total hysterectomies performed for benign conditions, compared to 68% for the laparoscopic route. One possible explanation is the challenges that accompany the vaginal route as well as the dropping rate in surgical training for such an approach. In addition, conditions such as large uteri, nulliparity or lack of previous vaginal delivery, and prior cesarean section or pelvic surgery favor a non-vaginal approach. Furthermore, traditional vaginal hysterectomy has had challenges such as poor visualization and limited space for manipulation. As such, certain vaginal approaches have been proposed to overcome the difficulties encountered with the traditional vaginal hysterectomy taking into consideration the multiple benefits provided. An example of such approaches is the natural orifice transluminal surgery (NOTES). This vaginal approach has offered some advantages over the minimally invasive laparoscopic surgeries such as decreased pain, limitation of the magnitude of surgical trauma, decreased morbidity, decreased hospital stay and better cosmesis. Because of the scarcity of data comparing vNOTES to traditional vaginal hysterectomy, we perform a review comparing the rate of complications of both approaches.

Objective: Determine and compare the rate of complications associated with vNOTES and vaginal hysterectomy. Demonstrate which approach between vNOTES or vaginal hysterectomy is superior in terms of surgical complications.

Methods: A PubMed search was conducted using the keywords “vNOTES” and “complications” as well as “vaginal” and “hysterectomy” for all available English literature on PubMed Central. All the case reports, case series, cohort

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studies, and randomized clinical trials reporting adverse effects or complications related to vNOTES and vaginal hysterectomy were included. The time limit was between 2010 and 2021. All relevant articles were included. In addition, reference lists of selected manuscripts were checked manually for eligible articles. Articles were selected to fit the scope of our topic, reporting the evidence of adverse effects after vNOTES surgery and total vaginal hysterectomy. Therefore, articles reporting risk factors for complications were excluded. Articles of study samples that consist only of complicated previous surgical interventions and reoperations were also excluded.

**Results:** The rate of all complications for vaginal hysterectomy was 5.8 times higher than vNOTES hysterectomies. Bleeding, transfusions, and urinary tract infections were more frequently reported with vaginal hysterectomies than vNOTES. Complications that are more commonly reported in vNOTES than vaginal hysterectomy include: conversion, 7.8 times higher, fever was reported 4.6 times higher, high transfusions, and urinary tract infections were more frequently reported with vaginal hysterectomies than vNOTES. Infections were more frequently reported with vaginal hysterectomies than vNOTES. The rate of all complications for vaginal hysterectomy was 5.8 times higher than vNOTES hysterectomies. Bleeding, transfusions, and urinary tract infections were more frequently reported with vaginal hysterectomies than vNOTES. Complications that are more commonly reported in vNOTES than vaginal hysterectomy include: conversion, 7.8 times higher, fever was reported 4.6 times higher, and pneumonia rate was 1.8 times higher.

**Conclusions:** No surgical approach showed clear superiority to the other. More accurate assessment could be achieved with a prospective study, where patients are randomized, and surgeons have adequate training and skills in both approaches.

**Disclosure:** No

**Poster 411**

**THE LEVATOR-URETHRA GAP: IS THERE A NEED FOR INDIVIDUALISED CUT-OFFS?**

**H.P. Dietz**, **K.L. Shek**, **Sydney Urogynecology Centre**, **Western Sydney University**

**Introduction:** Levator ani avulsion is commonly diagnosed by tomographic ultrasound imaging (TUI). Measurement of the levator-urethra gap can help in the assessment of the muscle insertion on TUI. However, clearly there is great variation in this measurement even amongst nulliparous women, with a lower cut-off proposed in East Asians. The latter is plausible, given generally lower biometric measurements in this ethnicity.

**Objective:** To determine whether age, height, weight and BMI are confounders of LUG measurements in nulliparae, and whether these factors confound the relationship between LUG and symptoms and signs of POP.

**Methods:** This was a retrospective study of women seen at a tertiary urogynecology unit between January 2020 and December 2021. All underwent a history, examination and tomographic ultrasound imaging (TUI). Inclusion criteria were: women of reproductive age, no surgical history, no history of pelvic surgery and no pelvic organ prolapse. Outcomes included organ descent (338, 54%), urgency urinary incontinence (469, 75%) and/or prolapse (338, 54%). Mean age at assessment was 58 (range, 26-94) years, mean height was 163 (range, 142-182) cm, mean weight 80 (41-153) kg, and mean BMI was 30 (17-65). Full avulsions were detected in 137 women (22%). LUG measurements could be obtained in 613 women, resulting in 12*613 = 7356 measurements. The average LUG in individual women was 2.35 cm on the right and 2.32 cm on the left (n.s.), for an average of 2.34 cm (SD 0.63) overall. As expected, mean LUG was associated with symptoms and signs of prolapse, both on POPQ and on imaging, but not with height (r = 0.037), weight (r = -0.052) or BMI (-0.069, all n.s.). This was confirmed when we repeated the analysis in nulliparae (n = 64), with near-identical numbers (r = -0.048, 0.074 and 0.1, all n.s.).

**Conclusions:** Levator-urethra gap measurements do not seem to be associated with height, weight or BMI in our population, obviating the need for individualisation of LUG. However, this does not exclude interethnic variability of this biometric measure which we were not able to study due to the small percentage of non-Caucasian patients in our population. References: J Ultrasound Med 2019; 38:851-864 Ultrasound Obstet Gynecol 2008; 32: 941-945 Am J Obstet Gynecol. 2011;205:232.e1-8.

**Disclosure:** One of more of the authors act as a consultant, employee or shareholder for: Materna Medical, GE Medical, Mindray.

**Poster 412**

**OUTCOMES FOLLOWING UTERINE PRESERVING SURGERY FOR TREATMENT OF APICAL PROLAPSE: DOES AGE MATTER?**

**H. Chai**, **O. Shusel**, **A. Cohen**, **A. Dick**, **D. Shleifky**, **NorthShore Urogynecology - University of Chicago**, **Hebrew University Medical School, Jerusalem**, **Hadassah Medical Organization and Faculty of Medicine, Hebrew University of Jerusalem**

**Introduction:** A wide array of surgical procedures are available for repairing apical prolapse. In recent years women have shown growing interest in uterine preserving surgical procedures. Outcomes of such procedures have shown promising results, however, data regarding the effect of patient age on surgical outcomes is scarce.

**Objective:** The aim of this study was to evaluate the effect of age on surgical outcomes following surgical treatment including uterine preservation for pelvic organ prolapse. We further attempted to evaluate risk factors for failure within the entire cohort.

**Disclosure:** 

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Methods: We performed a retrospective comparative study at a tertiary university teaching hospital. Included were all women who had surgical treatment for apical prolapse with uterine preservation between 2010-2020. Excluded were patients with follow up of one month or less and those for whom data regarding primary outcome of clinical success were missing. The cohort was divided into two groups: 1) women aged 65 and older (≥65 group); 2) Women younger than 65 years of age (<65 group). Pre-, intra-, and post-operative data were compared between groups. The primary outcome was rate of clinical success defined as no symptoms during last follow-up visit. Secondary outcomes included anatomical success rate (no prolapse beyond one centimeter above the hymen), composite outcome success rate (clinical and anatomical success and no need for reoperation) and patient satisfaction recorded using the PGI-I questionnaire.

Results: Included in the study were 140 women who underwent POP repair with uterine preservation and who met the inclusion criteria. One-hundred and three (73.6%) were in the ≥65 group and 37 (26.4%) in the <65 group. A growing body of evidence indicates its beneficial effects in treating medical refractory detrusor overactivity with minimal complications, however no outcome data exists in our developing country. Our findings confirmed that the benefit of intravesical botulinum toxin treatment seen in patients with refractory overactive bladder in developed countries can be replicated in developing countries.

Conclusions: Uterine preserving surgery is safe and efficacious in women ≥65.
CHARACTERIZATION OF OVER THREE HUNDRED PATIENTS TREATED WITH PESSARIES, 10-YEAR EXPERIENCE OF NON-SURGICAL MANAGEMENT OF PELVIC ORGAN PROLAPSE.


Hospital Sotero del Río1, Facultad de Medicina Universidad de Chile2, Hospital Sotero del Río3, Pontificia Universidad Católica de Chile4.

Introduction: As populations grow older, pelvic organ prolapse (POP) is becoming an increasingly important health care problem. Vaginal pessaries are widely used as a conservative treatment option in POP management and have proven effective in relieving POP symptoms. There are numerous indications for pessary use, including temporizing measures pending definitive surgical intervention. The objective of this study is to characterize the long-term outcomes and complications of patients treated with pessaries over a 10-year period.

Table 1: Symptoms and complications at 2 to 6 weeks following intervaginal injection (n=50)

<table>
<thead>
<tr>
<th>Symptoms &amp; Complications assessment</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urgency</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>Nocturia</td>
<td>11</td>
<td>22</td>
</tr>
<tr>
<td>Urge urinary incontinence</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>Voiding dysfunction</td>
<td>13</td>
<td>26</td>
</tr>
<tr>
<td>SU1 (stress urinary incontinence)</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>UTI</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

Table 2: Symptoms at 6 months following intra vesical Botulinum toxin injection (n=50)

<table>
<thead>
<tr>
<th>Symptoms &amp; Complications assessment</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urgency</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>Nocturia</td>
<td>11</td>
<td>22</td>
</tr>
<tr>
<td>Urge urinary incontinence</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>Voiding dysfunction</td>
<td>13</td>
<td>26</td>
</tr>
<tr>
<td>SU1 (stress urinary incontinence)</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>UTI</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

Table 3: Symptoms and complications at 12 months following intra vesical Botulinum toxin injection (n=50)

<table>
<thead>
<tr>
<th>Symptoms &amp; Complications assessment</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urgency</td>
<td>30</td>
<td>60</td>
</tr>
<tr>
<td>Nocturia</td>
<td>27</td>
<td>54</td>
</tr>
<tr>
<td>Urge urinary incontinence</td>
<td>29</td>
<td>58</td>
</tr>
<tr>
<td>Voiding dysfunction</td>
<td>20</td>
<td>40</td>
</tr>
<tr>
<td>SU1 (stress urinary incontinence)</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>UTI</td>
<td>4</td>
<td>8</td>
</tr>
</tbody>
</table>

Disclosure: No
surgical repair, failed surgical treatment, and symptom relief when surgery is de-
cided by the patient or is medically contraindicated.

Objective: To report the experience of non-surgical management of POP in elderly patients treated with vaginal pessaries.

Methods: Material and method: Case review of vaginal pessary users from 2011 to 2021, in one teaching center. Demographics, fitting and follow-up were analysed.

Results: Results: A total of 344 patients using pessaries from 2011 to 2021, av-
erage age of 74 years, SD 67-80, BMI 28 SD 25-31, Parity 3 VD – 18% for.
Surgical history of POP surgery in 5.5% (n = 19) and hysterectomy in 12% (n = 42). Prior to use of pessary, 43% reported urgency, 25% stress urinary in-
continence, and 28% overactive bladder. The mean of POP-Q points Aa+3 Ba
+3 C-3 gh 5 TVL 9 pB 3 Ap -2 Bp -2 D-3. 98% of the patients achieved a suc-
cessful fitting on the 1st or 2nd visit. A little group with frustrated fitting was
due to repetitive expulsion in 65% of cases, 8% due to vaginal pain, and 7% due
to obstructive urinary and/or defecatory symptoms. The most used pessary
were 48% gelhorn long stem, 25% ring, and 11% ring with membrane.

On average, size 3 SD 2-4. During follow-up, 68% of the patients achieved self-management of the pessary. 90% reported improved, more than a half re-
ported being much better on the patient global impression of improvement (PGI-I) scale; only 7% use anticholinergics due to persistent overactive bladder.
At follow-up, the main reported events were: erosion in 32% of patients and dis-
charge in 30%. 51% indicated the use of local estrogen and 12% required a change in size or type of pessary. 18% discontinued the use of a pessary, among which 68% chose surgical treatment.

Conclusions: Conclusions: The use of a pessary as a non-surgical treatment of POP is a valid option for elderly patients who wish to obtain relief of prolapse symptoms, with an important improvement in quality of life and without the sur-
SUI, we found obesity as a risk factor, although it was not statistically significant.

Poster 416 TOTAL VAGINAL HYSTERECTOMY: A SURVEY ON CLINICAL PRACTICE PATTERNS

B Clarke1, A Dieter2, J Chou3, K Woodburn4, MedStar5, Medstar Washington Hospital Center6, Medstar Health Research Institute6

Introduction: There is limited data summarizing the utilization of clinical practice guidelines for benign vaginal hysterectomy.

Objective: To determine gynecologic surgery practice patterns regarding vag-
inal hysterectomy (TVH) perioperative interventions and compare adherence to clinical practice guidelines between general gynecologic specialists and fellow-
ship trained subspecialists.

Methods: A survey was created to assess TVH practice patterns, based on a recent systematic review and clinical practice guideline (Figure 1). This sur-
vey was distributed on paper and electronically to practicing gynecologic surgeons through three surgical societies (SGS, SASCOG, AUGS). Survey
respondents were asked to report their practice patterns for the majority (≥70%) of the time. Respondents were asked to rank each relative deterrent factor on a scale of 1 (no effect) to 5 (total contraindication). We compared re-
ponses between two cohorts: fellowship trained and non-fellowship trained gyn-
ecologic surgeons.

Results: 204 surgeons responded (70% female, 30% male). 20% (41/204) did not complete any post residency training, 5% (11/204) completed MIGS fellowship, 74% (150/204) completed FMPRS fellowship and 2% (4/204) “other” fellowship. Overall, 77% (157/204) reported subspecialty board certification and the majority of respondents reported they were associated with a medical training program, with only 12% (25/204) reporting no asso-
ciation. In terms of surgical volume, 44% (90/204) of respondents per-
formed >50 hysterectomies in the past year, 53% (109/204) performed 10-50, and 2.5% (5/204) performed <10. When comparing the two cohorts, there were no differences between the fellowship trained and non-fellowship trained cohorts in regards to surgical volume, association with training program, or gender. Fellowship trained surgeons estimated that they performed 70% (IQR 40-90) of hysterectomies vaginally, while non-fellowship trained surgeons esti-
80, P = 0.02). When comparing adherence to practice guidelines, fellowship trained surgeons were more likely to use the clamp and suture technique for vessel ligation (88% vs 68%, P = 0.004) and use vaginal packing (34% vs 15%, P = 0.028) as compared to the non-fellowship trained cohort. There were no significant differences between cohorts for adher-
ence to any of the other recommended practice guidelines. Neither cohort
followed the practice guidelines recommendations for cervicovaginal inci-
sion type or vaginal cuff closure direction (Table 1). When looking at differ-
ences in other surgical practice patterns, fellowship trained surgeons were more likely to perform concomitant apical suspension and concomitant cystos-
copy at time of TVH (24% vs 3% apical suspension, 98% vs 76% cystoscopy; P < 0.001 for both). Fellowship trained surgeons were more likely to remove the catheter in PACU (45%) while non-fellowship trained surgeons most commonly removed the catheter at the end of the case (42%, P = 0.001). When looking at factors that would deter from using a vaginal approach, the only identified statistically significant difference between cohorts was that non-fellowship trained surgeons rated prior laparotomy as more of a contraindication than fellowship trained surgeons (2 [1-2] vs 1 [1-2], P < 0.01). There was no difference between respondent cohorts when con-
sidering obesity, nulliparity, enlarged uterus, or planned bilateral salpingo-oophorectomy.

Conclusions: Gynecologic surgeons were found to inconsistently adhere to clinical practice guidelines for benign TVH. Surgeons with no fellowship training were adherent to more of the guidelines as compared to fellowship trained surgeons.
Disclosure: No

Table 1. Survey responses – Practice Guidelines

<table>
<thead>
<tr>
<th>Variable</th>
<th>Overall (N=189)</th>
<th>Non-follow-up trained (N=36)</th>
<th>Follow-up trained (N=153)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fracture guidelines</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Directrices para el tratamiento de la fractura (fisica) (Based on a 1-3 scale)</td>
<td>1.8 (1.5, 2.2)</td>
<td>2.1 (1.8, 2.4)</td>
<td>1.5 (1.2, 1.8)</td>
<td>0.45</td>
</tr>
<tr>
<td>Compliance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prior knowledge</td>
<td>2.2 (2.0, 2.5)</td>
<td>2.2 (2.0, 2.5)</td>
<td>2.2 (2.0, 2.5)</td>
<td>0.12</td>
</tr>
<tr>
<td>Referral by physical therapy (physiotherapy)</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>0.94</td>
</tr>
<tr>
<td>Referral by orthopedic surgeon</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>0.94</td>
</tr>
<tr>
<td>Total</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>0.94</td>
</tr>
<tr>
<td>Use of non-steroidal agents</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>2.0 (1.8, 2.2)</td>
<td>0.94</td>
</tr>
</tbody>
</table>

Results: H&E analysis of vECM showed marked nuclear clearing after decellularization. Similarly, PicoGreen analysis demonstrated significant reductions in DNA content (average 63.1% FT, 62.4% FTT, 59.2% SDC) after all treatments (P < 0.001, Figure 1). Maximum stiffness values (N/mm) for each group varied: 41.79 ± 17.04 (NT), 53.96 ± 20.24 (FT), 41.43 ± 17.46 (FTT), and 60.23 ± 18.51 (SDC). SDC treatment induced an increase in structural stiffness for all vaginal regions combined (P < 0.01). Further analysis showed that samples from the posterior (P < 0.05) and proximal (P < 0.05) vagina had significantly stiffened after SDC treatment (Figure 2). FT and FTT decellularization did not alter matrix stiffness relative to NT.

Conclusions: Decellularization methods have varying effects on matrix properties based on tissue type and reagents used. Although decellularization strategies analyzed in this study significantly reduced DNA content, the levels were far above the 50 ng dsDNA/mg dry weight benchmark used for delineating successful decellularization, likely due to large tissue dimensions which may have impeded clearing of nuclear contents. SDC treatment induced location-specific stiffening of the tissue versus NT controls, suggesting that vaginal homogeneity should not be assumed when using this method to create vECM for regenerative medicine applications. Further characterization of matrices yielded from these methods is ongoing to define tissue and location-specific treatment effects on collagen and glycosaminoglycan content, retention of growth factors, and microscopic matrix stiffness.
Poster 419
PREGNANCY OUTCOMES IN PATIENTS WITH CONGENITAL AND PEDIATRIC ONSET OF NEUROGENIC BLADDER
J Doo1, J Lewis1, N Alder1, S Slawson1, G Slobodov1. Oklahoma University Health Science Center

Introduction: There is limited data on pregnancy and pregnancy outcomes in patients with congenital and/or pediatric onset of neurogenic bladder, especially those with prior lower urinary tract reconstruction. There is also a wide range of independence and mobility in those with neurogenic bladders. As fertility is usually not affected, there is need for further investigation in this challenging patient population.

Objective: The objectives were to determine the outcomes of pregnancy of women with congenital or pediatric onset of neurogenic bladder.

Methods: We performed a retrospective study of all female patients from our neurogenic bladder clinic over the last ten years. The following data was collected for those with pregnancies and a history of congenital or pediatric onset neurogenic bladder: urological and obstetrical history, mobility status, history of reconstruction, type of delivery method, and complications during delivery.

Results: We screened 586 female neurogenic bladder patients, identified 147 with congenital or pediatric onset neurogenic bladders, and further narrowed to 28 patients who completed pregnancy. Neurogenic bladder diagnoses were secondary to spina bifida (68%), Chiari malformation (7%), spinal cord injury (7%), bladder exstrophy (7%), neuroblastoma (3.5%), and bladder agenesis (3.5%). Nine of the 28 patients were wheelchair confined and 14 of the 28 patients had prior bladder augmentations prior to delivery. Our institution had a combined collaboration of urologists and obstetricians assisting together in 4 of the 14 bladder augmented patients, with a total of 6 cesarean deliveries. One of the 6 deliveries was indicated for intrauterine fetal demise. Intraoperative complications included small bowel injury, need for removal of antegrade colonic enema, and ureteral injury requiring reimplantation. Post-operative complications included abdominal dehiscence and enterocutaneous fistulas.

Conclusions: Women with congenital or pediatric onset neurogenic bladder have high rates of complications, especially with route of delivery. Close collaboration and multi-specialty involvement prenatally, intra-operatively, and post-operative is imperative to improving pregnancy outcomes in this challenging patient population. Due to the limited data in women with neurogenic bladders and pregnancy, further studies are needed to develop recommendations to approach this complex patient population.

Disclosure: No

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Poster 420
EFFECTIVENESS OF URETHRAL BULKING PROCEDURE WITH POLYACRYLAMIDE GEL FOR PATIENTS WITH URETHRAL HYPERMOBILITY
E. Redwood1, G. Lazaro1, B. Grigorescu1. NYU Langone Long Island Hospital

Introduction: Urethral bulking is a minimally invasive in-office procedure used to treat Stress Urinary Incontinence (SUI) or stress predominant Mixed Urinary Incontinence (MUI) in the setting of urethral hypomobility and/or intrinsic sphincter deficiency. Multiple agents are used in this treatment modality, including the FDA approved polyacrylamide hydrogel (PAHG; 2.5% polyacrylamide and 97.5% water) that is a non-biodegradable homogeneous gel free of particles. This data reports outcomes of treatment with PAHG on SUI and MUI predominantly for those with urethral hypomobility.

Objective: The aim of this quality improvement project is to report on the patient centered efficacy of urethral bulking with polyacrylamide hydrogel for stress urinary incontinence. Patients are predominantly those with urethral hypomobility, a less reported application of this modality.

Methods: This is single-center retrospective data of female patients with SUI or stress-predominant MUI, who underwent injection with PAHG from March 2021, when this modality was implemented in our institution as standard of care. The primary endpoint was patient satisfaction measured on a four-point scale as cured, improved, unchanged, or worse. Secondary outcomes included the Visual Analog Scale Quality of Life (VAS QoL), reinsertion rates, and peri-operative and postoperative complications. Patients with active UTI, and elevated urine post-void residual (PVR, >100 mL on bladder ultrasound during follow up visits) were excluded from the data. Patients were confirmed to have stress urinary incontinence with positive cough stress test and/or urodynamic

Table 1. Demographics and outcomes of patients who underwent AFS without and with concomitant prolapse repair

<table>
<thead>
<tr>
<th>Age at surgery, yrs median (IQR)</th>
<th>N = 121</th>
<th>N = 45</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age at surgery, yrs median (IQR)</td>
<td>52.7</td>
<td>61.5</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Required CIC</td>
<td>16 (13.2%)</td>
<td>10 (22.2%)</td>
<td>0.1589</td>
</tr>
<tr>
<td>Required prolapse</td>
<td>3 (2.5%)</td>
<td>2 (4.4%)</td>
<td>0.6532</td>
</tr>
<tr>
<td>Subsequent surgery for SUI</td>
<td>2 (1.7%)</td>
<td>1 (2.2%)</td>
<td>0.2966</td>
</tr>
</tbody>
</table>

Disclosure: No
Urethral hypermobility was defined as urethral Q-tip >30 degrees from resting position. Urethral bulking was performed in the office after peri-urethral local anesthetic injection of 10 mL 1% lidocaine, and 2 mL total P AHG solution was injected trans-urethrally at 2, 4, 8 and 10 o'clock in the urethral submucosa in the proximal urethral 0.5-1 cm distal to the bladder neck. Successful treatment was defined as patient report of a consistent cure, or improvement of SUI symptoms at the follow-up visits.

Results: Between March 2021 and January 2022, 24 patients underwent in-office urethral bulking procedure with P AHG. Follow-up of patients ranged between 2 weeks to 11 months. 22 patients had urethral hypermobility, and 2 patients had urethral hypomobility (urethral Q-tip <30 degrees from resting position). For patients with urethral hypermobility, 20 patients (83%) experienced successful treatment outcome with P AHG with regards to SUI symptoms at the follow-up visits. Success rate for SUI patients with urethral hypomobility was 100%. Elevated urine PVR after the procedure occurred in 4 (17%) patients within 1 week after the procedure, mean PVR value was 150 ML, all patients were asymptomatic, and PVR normalized at subsequent follow-up visits. One patient required indwelling urinary catheterization with a Foley catheter for 4 days after urethral bulking procedure, followed by complete return of urinary function. One patient experienced recurrence of SUI symptoms within one month after procedure, and chose to proceed with a repeat urethral bulking with PAHG. One patient developed a UTI, and was successfully treated with antibiotics.

Conclusions: This data suggest that urethral bulking with polyacrylamide gel is a patient centered and effective minimally invasive option for patients with SUI and urethral hypermobility. More data is needed, but this may be considered a safe first line option, especially for poor surgical candidates.

Disclosure: No
40% (25/63) had negative CST, 32% obtained a second injection, and 1 patient obtained a MUS. SES, postmenopausal status and concurrent surgery were the only potential risk factors associated with subjective cure and only postmenopausal status was associated with objective cure (P < 0.05). In a multivariate regression model, the odds of subjective cure for the highest SES was 8.68 (95%CI 2.1, 36.1) and those without a concurrent surgery was 6.31 (95%CI 1.9, 20.7); postmenopausal status was not significant in the multivariate regression model. Post-operative complications were rare including, 19% with acute urinary retention and 10% acute UTI. Few participants reported de novo urinary urgency (4%) while 34% reported resolution of symptoms.

**Conclusions:** Our racially and socially diverse patient population reported lower cure rates and slightly more complications compared to previously cited studies. Women with higher SES may have more access to care or disparate counseling due to implicit bias. Further research is needed to evaluate racially and socially diverse patient outcomes, satisfaction, and counseling for PAHG treatment.

**Disclosure:** One of more of the authors act as a consultant, employee or shareholder for: Axonics
Poster 422
ENHANCED RECOVERY AFTER SURGERY (ERAS) PROTOCOL IN GYNECOLOGY AND UROGYNECOLOGY: 4 YEARS OF FOLLOW-UP AFTER IMPLEMENTATION

GV. Marquini1, TdF. Alves2, ER. Marquini1, RdMC. Pinto3, MGBK. Uyeda1, MGF. Sarto1, JM. Marra2, IC. Sampier2. Federal University of São Paulo1, Saint Clare Medical Center2, Federal University of Uberlandia2

Introduction: The Enhanced Recovery After Surgery (ERAS) protocol for perioperative care recommends a series of positive interventions to accelerate postoperative recovery, such as preoperative fasting abbreviation and prevention of thrombosis. Although applied in other surgical areas, data on its recommendations in urogynecological surgeries are scarce.

Objective: The aim of this study was to evaluate the impact of implementation of ERAS recommendations in urogynecological surgeries.

Methods: After approval by the ethics committee, a purely observational study was carried out under abbreviation for preoperative fasting with 400 ml of clear liquid enriched with carbohydrate and protein 4 hours and thromboprophylaxis approaches in urogynecological surgeries, from 2016 to 2020 in a medium complexity hospital, with analysis of parameters such as thrombotic events, length of stay and patient satisfaction on recovery after surgery. For outpatient urogynecologic procedure such as midurethral sling, colporrhaphy in a low risk patient, the recommended thromboprophylaxis was to wear antithrombosis stockings at night before surgery and during hospitalization in addition to early ambulation, based on ERAS protocol. Pharmacologic prophylaxis was based on Venous Thromboembolism (VTE) risk Caprini score recommended by ERAS, which scores and classifies for very low, low, moderate and high risk for VTE.

Results: Of the 283 patients, 280 (98.93%) were elective surgeries with abbreviation for preoperative fasting. The most frequent were: 85 (24.42%) posterior colpoplasties, 67(19.25%) minor labioplasties and 36(10.34%) midurethral slings. For venous tromboembolism prophylaxis (0.5 mg/Kg) of subcutaneous enoxaparina was used in 170(60.07%) patients at moderate risk for thrombosis and mechanical measures for those at low risk, without thromboembolic complications. Mean hospitalization time was of one day.

Conclusions: The abbreviation of preoperative fasting as described, adequate thromboprophylaxis among other ERAS recommendations can be stimulated in urogynecological surgeries to accelerate the postoperative recovery. The methodology and consensus described above ensure consistency in the development of guidelines that, in turn, can be used and updated continuously to inform perioperative care across multiple surgical specialties, including Urogynecology.

Disclosure: No

Results: Of the 348 women (mean age = 58.7 ± 15.8) who completed the fall risk screen, 124 (36%) screened positive for increased fall risk. Two hundred and fifty-seven of the 348 (74%) had at least one LUTS. There was clear gradient of association between risk of falling and the presence or absence of LUTS and increasing age (565 vs. >65) and number of co-morbidities. Older age, more comorbidities, and the presence of LUTS increased the prevalence of a positive fall risk screen over three-fold: 58% for those with all three risk factors (i.e., older age, high comorbidities, and LUTS) vs. 18% for those with none. The presence of LUTS increases the likelihood of a positive fall risk screen across all combinations of age and comorbid burden.

Conclusions: The presence of LUTS likely increases fall risk independent of age, comorbid burden, and underlying urogynecologic diagnosis. Targeting the reduction of individual LUTS may lower overall risk of falling in this patient population.

Disclosure: No

Poster 423
IMPACT OF LOWER URINARY TRACT SYMPTOMS ON FALL RISK IN A DIVERSE UROGYNECOLOGIC PATIENT POPULATION

S. Fisher1, I. Harmouche2, C. Onubuo1, HL. Lu1, K. Stewart1, G. Halder1, G. Kilic1. University of Texas Medical Branch1

Introduction: Urinary Incontinence is a strong risk factor for falls in older women. Less information is known about the unique contributions of lower urinary tract symptoms (i.e., frequency, nocturia, urgency, leakage, overactive bladder) on fall risk.

Objective: The objective of this study was to investigate the impact of lower urinary tract symptoms (LUTS) on risk of falling among treatment seeking women with a wide range of underlying pelvic floor disorders and to better understand how age and comorbid burden might influence this association.

Methods: We conducted a retrospective medical records review on 348 consecutive women presenting to a Urogynecology & Pelvic Health Center over 6-months. Fall risk was determined by the Centers for Disease Control and Prevention (CDC), Stopping Elderly Accidents, Deaths, and Injuries (STEADI) fall risk screening tool which was included among the intake questionnaires all patients completed prior to their scheduled appointment. Clinical and sociodemographic measures were abstracted from each patient’s electronic medical record.

Results: Of the 348 women (mean age = 58.7 ± 15.8) who completed the fall risk screen, 124 (36%) screened positive for increased fall risk. Two hundred and fifty-seven of the 348 (74%) had at least one LUTS. There was clear gradient of association between risk of falling and the presence or absence of LUTS and increasing age (565 vs. >65) and number of co-morbidities. Older age, more comorbidities, and the presence of LUTS increased the prevalence of a positive fall risk screen over three-fold: 58% for those with all three risk factors (i.e., older age, high comorbidities, and LUTS) vs. 18% for those with none. The presence of LUTS increases the likelihood of a positive fall risk screen across all combinations of age and comorbid burden.

Conclusions: The presence of LUTS likely increases fall risk independent of age, comorbid burden, and underlying urogynecologic diagnosis. Targeting the reduction of individual LUTS may lower overall risk of falling in this patient population.

Disclosure: No
urinary incontinence (SUI), urgency urinary incontinence (UUI), mixed urinary incontinence (MUI) or unspecified urinary incontinence (UI NOS) were identified using International Classification of Disease (ICD) 9 and ICD 10 codes [UUI (788.31, N39.41), SUI (625.6, N39.3), MUI (788.33, N39.46) and UI NOS (788.30, R32)]. The following data were extracted: provider specialty and type, patient age, race, estimated household income and type of health insurance coverage. Household income was stratified into: below the federal poverty level (FPL) ($25,750 for a 4-person household in 2019), between FPL and median household income (MHI) ($63,463 for the region), and above the MHI. The income groups were further stratified by race. Data were compared using descriptive statistics.

Results: There were 811,143 patients captured during the study period. The overall proportion of patients with new UI diagnosis was 3.4% (27,872). Among patients with UI, 34% (9,496) had SUI, 35% (9,838) UUI, 25% (6,471) MUI and 7% (2,067) UI NOS. Table 1 summarizes the demographics of patients diagnosed with UI. Most patients with UI were older than 65, White, had income between the FPL and MHI, and had commercial insurance or Medicare. The rate of UI diagnosis was higher for patients who were Black, older than 65, and on state medical assistance or Medicare. The rate of UI diagnosis was highest in urogynecology (53%) followed by urology (18.2%) (Figure 1). The rate of diagnosis was lower than 2% in geriatrics, family medicine and internal medicine.

Conclusions: While our study has limitations inherent to retrospective database studies, it highlights the need for strengthening the partnership between primary care providers and specialty providers to help diagnose women with UI. While the high rate of diagnosis for patients who are Black, older than 65, or have state medical assistance potentially supports equity in the diagnosis of UI, future work should focus on variation in access to care and treatments offered.

Disclosure: C. Hong is a consultant for Cosm Medical on a topic unrelated to the abstract.

Table 1: Demographic composition of diagnosing providers and variation in the rate of urinary incontinence diagnosis

<table>
<thead>
<tr>
<th>Provider specialty</th>
<th>UI diagnosis (Number of patients with UI in the strata)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urology</td>
<td>4,554 (10%)</td>
</tr>
<tr>
<td>Dermatology and gerontology</td>
<td>13,676 (5%)</td>
</tr>
<tr>
<td>Gynecology only</td>
<td>328 (0.1%)</td>
</tr>
<tr>
<td>Urogynecology only</td>
<td>4,412 (9%)</td>
</tr>
<tr>
<td>Other</td>
<td>3,810 (1%)</td>
</tr>
</tbody>
</table>

Table 2: Demographic composition of diagnosing providers and variation in the rate of urinary incontinence diagnosis

<table>
<thead>
<tr>
<th>Provider type</th>
<th>Diagnosing provider specialty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physiotherapist</td>
<td>18,160 (5%)</td>
</tr>
<tr>
<td>Nurse practitioners</td>
<td>5,186 (6%)</td>
</tr>
<tr>
<td>Physiatrists</td>
<td>228 (0.1%)</td>
</tr>
<tr>
<td>Unspecified or unknown</td>
<td>8,301 (25%)</td>
</tr>
</tbody>
</table>

Conclusions: This is currently the largest prospective study of the therapeutic outcome of CIDO. Thirty-seven percent of patients had no need for further therapy after conservative treatment demonstrating this a valuable first step. Bulking agents seem to be superior to physiotherapy and to midurethral propylene sling in cases requiring surgical treatment. Bulking should be considered as treatment of choice for CIDO. Further larger studies are needed for confirmation of these preliminary findings.

Disclosure: No
Poster 426

RACIAL DISPARITIES IN NATIONAL PRACTICE PATTERNS FOR STRESS URINARY INCONTINENCE SURGERY

S. Margulies1, N. Sakai1, E. Geller1. University of North Carolina Chapel Hill1

Introduction: Racial disparities exist in types of surgery performed for pelvic floor disorders and in rates of postoperative complications. There is a paucity of data assessing whether patient race is associated with differences in type of surgical interventions performed for stress urinary incontinence (SUI).

Objective: Our objective was to assess for racial disparities in the rate of the types of surgeries performed for SUI.

Methods: Using the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP) database, we conducted a retrospective cohort analysis of women undergoing surgery for SUI from 2010 to 2019, based on select current procedural terminology (CPT) codes. Women were included if their race was recorded. Women were excluded if they had malignancy, ascites, or multiple procedures for SUI coded within one surgery. The primary outcome was the type of SUI surgery performed by race. The secondary outcome was the rate of adverse events within 30 days of surgery by race.

Results: We identified 68,237 women who underwent a surgery for SUI by the primary surgical team from 2010 to 2019 in the ACS NSQIP database. Our final study cohort included 53,333 women. Of these, 14,696 were excluded due to unknown categorization of race; 145 were excluded for having multiple CPT codes for SUI procedures; and 63 were excluded due to malignancy or ascites. Most women were non-Hispanic White women (Table 1). Non-Hispanic Black women had a higher BMI and ASA class, and increased frequency of overall diabetes and hypertension requiring medication. Non-Hispanic Asian and Pacific Islander women had higher rates of non-insulin dependent diabetes. For our primary outcome assessing the rate of each SUI procedure type by race, we found a significant overall difference when comparing the distribution of different surgeries performed by race (P < .001). See Table 1. Hispanic and non-Hispanic Black women underwent more non-midurethral sling procedures when compared to non-Hispanic White women. Additionally, more Hispanic and non-Hispanic Black women underwent anterior vesicourethropexy/urethropexy compared to non-Hispanic White women. We then performed logistic regression to specifically compare the rate of sling versus other SUI surgeries for non-Hispanic White women versus minority women, with sling and non-Hispanic White race used as the reference value. Table 2. Compared to non-Hispanic White women, Hispanic women underwent more laparoscopic slings [OR 1.23 (CI 1.05, 1.43)] and more vesicourethropexy/urethropexy procedures [OR 1.97 (CI 1.66, 2.34)]. Compared to non-Hispanic White women, non-Hispanic Black women underwent more vesicourethropexy/urethropexy procedures [OR 1.49 (CI 1.07, 2.07)], more abdomino-vaginal vesical neck suspension procedures [OR 2.19 (CI 1.05-4.51)], and more inflatable urethral slings [OR 4.28 (CI 1.23-14.90)]. For our secondary outcome of adverse events, non-Hispanic White women had lower rates of inpatient stay and blood transfusion rates compared to minority women.

Conclusions: We observed racial differences in types of surgical procedures performed for SUI and rates of postoperative complications. While causality cannot be proven in this retrospective study, our results mirror findings in other studies indicating racial disparities in care. Future studies should better elucidate racial disparities, specifically in the urogynecologic patient population.

Disclosure: Dr. Geller is an unpaid speaker and has received a grant from Boston Scientific as well as provides freelance expert testimony.

Table 1. Rates of SUI Surgery by Race, n (%); p<.001 for white group comparison

<table>
<thead>
<tr>
<th>CPT/Surgery</th>
<th>White (41,204)</th>
<th>Hispanic (7,255)</th>
<th>Black (2,107)</th>
<th>Asian (6,934)</th>
<th>American Indian (455)</th>
<th>Pacific Islander (209)</th>
</tr>
</thead>
<tbody>
<tr>
<td>57286: sling operation for stress incontinence</td>
<td>3926 (95.0%)</td>
<td>7007 (93.56%)</td>
<td>1066 (93.31%)</td>
<td>816 (95.39%)</td>
<td>423 (95.95%)</td>
<td>281 (95.95%)</td>
</tr>
<tr>
<td>51992: laparoscopic sling operation for stress incontinence</td>
<td>945 (2.29%)</td>
<td>267 (2.67%)</td>
<td>61 (2.90%)</td>
<td>43 (4.89%)</td>
<td>39 (1.58%)</td>
<td>8 (2.68%)</td>
</tr>
<tr>
<td>51843/51841: simple or complicated anterior vesicourethropexy or urethropexy</td>
<td>723 (1.75%)</td>
<td>184 (2.46%)</td>
<td>39 (1.85%)</td>
<td>21 (2.48%)</td>
<td>5 (1.15%)</td>
<td>2 (0.67%)</td>
</tr>
<tr>
<td>51920: laparoscopic uterosacral suspension for stress incontinence</td>
<td>478 (1.15%)</td>
<td>98 (1.27%)</td>
<td>71 (1.25%)</td>
<td>14 (1.78%)</td>
<td>19 (0.90%)</td>
<td>1 (0.07%)</td>
</tr>
<tr>
<td>51450: abdomino-vaginal vesical neck suspension</td>
<td>11 (0.26%)</td>
<td>5 (0.20%)</td>
<td>8 (0.80%)</td>
<td>0 (0.00%)</td>
<td>1 (0.05%)</td>
<td>0 (0.00%)</td>
</tr>
<tr>
<td>53445: insertion of inflatable urethral/ bladder neck sphincter</td>
<td>14 (0.03%)</td>
<td>1 (0.01%)</td>
<td>3 (0.14%)</td>
<td>1 (0.06%)</td>
<td>1 (0.06%)</td>
<td>0 (0.00%)</td>
</tr>
</tbody>
</table>

Conclusions: Compared to non-Hispanic White women, Hispanic women underwent more laparoscopic slings [OR 1.23 (CI 1.05, 1.43)] and more vesicourethropexy/urethropexy procedures [OR 1.97 (CI 1.66, 2.34)]. Compared to non-Hispanic White women, non-Hispanic Black women underwent more vesicourethropexy/urethropexy procedures [OR 1.49 (CI 1.07, 2.07)], more abdomino-vaginal vesical neck suspension procedures [OR 2.19 (CI 1.05-4.51)], and more inflatable urethral slings [OR 4.28 (CI 1.23-14.90)]. For our secondary outcome of adverse events, non-Hispanic White women had lower rates of inpatient stay and blood transfusion rates compared to minority women.

Disclosure: Dr. Geller is an unpaid speaker and has received a grant from Boston Scientific as well as provides freelance expert testimony.

Poster 427

SURGICAL COUNSELING REGARDING RETURN TO SEXUAL ACTIVITY AFTER PELVIC RECONSTRUCTIVE SURGERY

L. Caldwell1, S. Kim-Fine2, D. Antosh1, K. Hudk3, K.V. Merwether4, J.B. Long5, C.A. Heisler6, P.L. Hudson1, S. Looz7, S. Iyer8, R.G. Rogers9. University of Texas at Austin Dell Medical School1, University of Calgary2, Houston Methodist Hospital3, Albany Medical Center4, University of New Mexico5, Penn State College of Medicine6, University of Wisconsin School of Medicine7, Wellspan Urogynecology and Pelvic Reconstructive Surgery8, WellSpan Health9, Columbia University10, University of Chicago10

Introduction: The first sexual encounters after pelvic reconstructive surgery may be associated with conflicting emotions and changes in sexual experiences. Although patients place significant value on surgeon counseling, little is known about how to optimally counsel patients regarding the return to sexual activity following reconstructive surgery.

Objective: We aimed to perform a qualitative analysis of major themes in surgeon counseling regarding the return to sexual activity after pelvic reconstructive surgery.

Methods: Pelvic reconstructive surgeons participating in a multicenter trial of postoperative structured counseling were recruited for this study. Surgeons provided a written description of their usual patient counseling regarding the return to sexual activity after surgery for pelvic organ prolapse (POP) and/or urinary incontinence (UI). Counseling narratives were coded for major themes by two independent reviewers; disagreements were arbitrated by the research team. Analysis was performed utilizing Dedoose software and continued until thematic saturation was reached.

Poster 427

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Results: Twenty-two surgeons from multiple regions of the United States and Canada participated and thematic saturation was reached. Six major themes were identified and included “Safety of Intercourse”, “Specific Suggestions”, “Surgical Sequelae”, “Patient Control”, “Partner Related”, “Changes in Experience”, and “No Communication” (Table 1). Surgeons included an average of 3.5 major themes in their counseling (range 1-6). Nearly all participating surgeons included counseling on the safety of return to intercourse and reassurance that intercourse would not harm the surgical repair. Specific suggestions included different positions, use of lubrication, vaginal estrogen use, specific products/vendors, alternatives to intercourse, and the importance of foreplay. Surgeon counseling regarding the return to sexual activity after surgery for POP and/or UI varied among pelvic reconstructive surgeons. Major themes in surgeon counseling mirror those of the patient experience of the first post-operative sexual encounters as previously reported. Further investigation of optimal patient counseling on this topic is needed.

Conclusions: Surgeon counseling regarding the return to sexual activity after surgery for POP and/or UI varies among pelvic reconstructive surgeons. Major themes in surgeon counseling mirror those of the patient experience of the first post-operative sexual encounters as previously reported. Further investigation of optimal patient counseling on this topic is needed.

Disclosure: Yes, this is sponsored by industry/sponsor: This project was financially assisted by The Patty Brisben Foundation for Women’s Sexual Health. Clarification: Industry funding only - investigator initiated and executed study.

Table 1. Long-term complications of the 28 patients during the study period.

<table>
<thead>
<tr>
<th>Variable</th>
<th>% (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prolapse recurrence</td>
<td>17.9</td>
</tr>
<tr>
<td>Dyspareunia</td>
<td>5.7</td>
</tr>
<tr>
<td>Vagi prolapse</td>
<td>5.7</td>
</tr>
<tr>
<td>Reconstitute</td>
<td>0</td>
</tr>
<tr>
<td>Time to return to sex (months)</td>
<td>1-2</td>
</tr>
<tr>
<td>Time to return to sex (months)</td>
<td>3-6</td>
</tr>
<tr>
<td>Artifi mesh exposure</td>
<td>10.7</td>
</tr>
<tr>
<td>Vagi mesh exposure</td>
<td>23.1</td>
</tr>
<tr>
<td>Posterior mesh exposure</td>
<td>18.9</td>
</tr>
<tr>
<td>Time to mesh exposure (months)</td>
<td>1-2</td>
</tr>
<tr>
<td>Complication stage III or IV</td>
<td>17.9</td>
</tr>
</tbody>
</table>

Conclusions: Our results showed that total Prolift implantation is a valuable option for non-sexually active older patients with stage POP III. Long-term clinical outcomes were stable with a modest complication rate during a 10-year follow-up.

Disclosure: No

Poster 429
PREDICTORS OF SURGICAL FAILURE OF OPEN BURCH COLPOSUSPENSION VS. RETROPUBLIC MIDURETHRAL SLING FOR STRESS URINARY INCONTINENCE—RESULTS FROM A SECONDARY ANALYSIS OF A LARGE COMPARATIVE MATCHED COHORT STUDY

A. Zilberlicht1, D. Kamakar2, P. Dwyer2, C. Murray2. Carmel Medical Center1, Mercy Hospital for Women2

Introduction: Midurethral sling (MUS) and Burch colposuspension (BC) are both considered a gold standard surgical treatment for female stress urinary incontinence.

Objective: Our aim was to identify predictors for ‘surgical failures’ for these two procedures and compare them.

Methods: A secondary analysis of matched cohort study of 1344 women with urodynamic stress incontinence (without intrinsic sphincter deficiency) who underwent surgery for stress urinary incontinence. Women had either open BC or the retropubic MUS, from January 2000 to June 2018, in a tertiary center. Follow-up was by chart review and one-time phone follow-up until 2019, using a dedicated database. Owing to disproportionately more subjects in the RP-MUS group than BC, subjects in each group were matched (3:1) with respect to these minimum compulsory variables obtained from current literature to avoid confounding: (1) age, (2) parity and mode of delivery, (3) body mass index at the time of surgery, (4) presence and type or absence of pelvic organ prolapse, and (5) presence of urodynamic features of detrusor overactivity.

Results: Between August 2008 and November 2011, 36 patients with POP-Q stage III or higher were prospectively included; 77.8% (28/36) of patients completed over 10 years of follow-up. The composite success rate at the final follow-up was 78.6% (22/28), the anatomic success rate was 82.1% (23/28), and the symptomatic success rate was 78.6% (22/28). Meanwhile, 17.9% (5/28) women had symptomatically anterior or apical recurrence. Anterior (Aa, Ba), apical (C), and posterior (Ap, Bp) wall measurements showed significant improvements at the final follow-up. The Urinary Distress Inventory-6 and Urinary Impact Questionnaire-7 indicated significant postoperative improvement. In total, 28.6% (8/28) of patients presented with mesh exposure; 21.4% (6/28) of exposure cases resolved with conservative treatment; 7.1% (2/28) had repeated mesh exposure and persistent symptoms. Both Pelvic Floor Distress Inventory-20 and Pelvic Floor Impact Questionnaire scores improved postoperatively. The subjective success rate of our medical care (Patient Global Impression of Improvement) was 78.6%.

Conclusions: Our results showed that total Prolift implantation is a valuable option for non-sexually active older patients with stage POP III. Long-term clinical outcomes were stable with a modest complication rate during a 10-year follow-up.
follow-up of BC did not increase likelihood of surgical failure with incontinence. Overall, 3.6% needed repeat incontinence procedures (13 in BC group [3.8%] vs. 35 in retropubic MUS group [3.5%]; P = 0.73) As shown in figure repeat surgery occurred later when the index procedure was BC versus retropubic MUS.

Conclusions: Predictors of surgical failure between Burch colposuspension and retropubic midurethral sling were not significantly different with obesity, mixed incontinence, previous continence surgery and surgeon’s experience being the most important. Reoperation rates for incontinence were similar in both groups.

Disclosure: No
Poster 432
AI BASED BIOFEEDBACK FOR DETRUSOR-EXTERNAL SPHINCER DYSSYNERGIA

The Chennai Specialty Clinic, Indial1, JOGO Health, Rutgers University1, Academy for Allied Health Sciences1

Introduction: JOGO is an AI based Digital therapeutics (DTx) system that uses the foundational science of EMG biofeedback. DTxs, or software as a medical device(SaMD) is a newly created FDA segment. JOGO uses wearable sensors and AI to facilitate neuromuscular retraining. JOGO can be used in a clinic or via telemedicine. Detrusor-external sphincter dyssynergia (DESD), commonly known as voiding dysfunction (VD), caused typically by overactive pelvic floor muscles or nerve problems at the detrusor, is a term used to describe dyssynergia between the muscles surrounding the detrusor and the urethra. Many VD patients are prescribed anticholinergic medication for short periods of time to promote muscle relaxation, reduce urinary retention, or suppress symptoms of an overactive bladder. However, anticholinergic medications have side effects such as bladder pain, diarrhea, and abdominal cramps and long term use has shown to cause dementia. Clinicians also utilize conventional therapy exercises to improve synergy; however, these exercises only aggravate the issue as they increase tone in urethral muscles where it should be decreased. JOGO’s AI based biofeedback improves muscle coordination, rehabilitating patients with VD. Complementing conventional therapy, JOGO may be beneficial in improving symptoms of voiding dysfunction.

Objective: The purpose of this study is to determine the efficacy of JOGO DTx on patients with voiding dysfunction.

Methods: Each voiding dysfunction patient was assessed based on pain (VAS and O’Leary/Sant scales), ability to void (measure of urinary volume, female genito-urinary pain index (FGUPI), and pelvic floor relaxation (ms)) at the outset of using PFPT + JOGO. After their telehealth consultations, each patient was re-assessed using these outcome measures to identify improvement and the efficacy of JOGO-guided PFPT (See Table 1). The therapy sessions were structured as a 10 week program, consisting of clinician-guided PFPT and home exercises which were recorded using bladder diaries. JOGO differs from other EMG BF systems by giving patients an AI based gamified mobile app and telemedicine options, resulting in greater patient engagement and adherence.

Results: All patients who underwent the 10-week program saw statistically significant overall improvements in all outcome measures: FGUPI (t(7) = 5.30842, P < 0.001), VAS scale (t(7) = 8.34196, p = 0.001), O’Leary/Sant (t(7) = 5.75662, p < .001), TUTU (t(7) = 2.65167, p = 0.01643), and Change in Urinary Volume (t(7) = -2.68596, p = 0.01563). (See Table 2)

Conclusions: As demonstrated by the presented cases, the utilization of JOGO’s AI based biofeedback and telemedicine option allows for improvement in patients with voiding dysfunction. Adding JOGO to PFPT, there has been a collective reduction in symptoms such as nocturia, and an overall improvement in detrusor-urethral muscle coordination. Further randomized controlled clinical studies are needed to validate the approach in larger patient populations.

Disclosure: Yes, this is sponsored by industry/sponsor: JOGO Health Inc.
Clarification: Industry funding only - investigator initiated and executed study.

Poster 434
IMPACT OF THE COVID-19 PANDEMIC ON THE SEXUAL FUNCTION OF PATIENTS SEEKING FERTILITY CARE

University Hospitals Cleveland Medical Center1, Case Western Reserve University2

Introduction: The COVID-19 pandemic and subsequent public health response resulted in unprecedented changes to society, including recommendations for social and physical distancing. Sexual dysfunction is best understood within a biopsychosocial framework, and it is reasonable to predict that biological, psychological, and social aspects of the COVID-19 pandemic may impact sexual function, particularly in a patient population actively planning pregnancy.

Objective: The aim of this study was to understand the impact of the COVID-19 pandemic – including COVID-19 infection, COVID-19 vaccination, and psychosocial conditions of the pandemic – on the sexual function of women receiving fertility care.

Methods: Eligible patients aged 18 or older who were identified using ICD codes related to female infertility and fertility testing and invited to complete an online survey regarding COVID-19 infection and vaccination status, fertility phase at the time of infection and the impact of pandemic conditions on sexual function. Participants were recruited from a large academic-based fertility center and received care between April 2020 and April 2021. χ² was used for between-group comparisons.

Results: Of the 738 eligible patients, 197 participants completed the survey. Seventy-four (37.5%) participants had been pregnant within the past year and 168 (84.5%) participants had attempted to conceive in the past year. Forty-four (22.5%) participants reported prior COVID-19 infection, with 29 confirmed...
diagnoses and 15 suspected diagnoses. Further, 107 (54.2%) participants had been vaccinated against COVID-19, 35 (17.8%) were planning on being vaccinated, and 52 (26.4%) were not planning on being vaccinated. Participants declining vaccination cited concerns with health, fertility, pregnancy, breastfeeding, and a lack of vaccine safety data as common reasons for declining. Most (n = 181; 91.4%) participants were sexually active at the time of survey, but only 25 (12.7%) reported their sex life was improved as a result of the pandemic; this did not differ in patients with or without a prior COVID-19 infection (15.9% vs. 11.8%, P=NS). These participants cited having more time with their partner, working from home, fewer outside stressors and social obligations, improved relationship dynamics and emotional bonding, and shared feelings about pandemic-related policies as reasons for improved sexual function. Of the 44 participants who had experienced COVID-19 infection, the majority (52.3%) expressed interest in returning to sexual activity within two weeks of infection. An additional 20.5% reported interest in sexual activity between two and four weeks after infection. Most (81.8%) stated that they were “not at all” or “not really” concerned about infecting their partner through intimacy or intercourse and 70.5% stated that their interest in sex was “not at all” or “not really” affected by their COVID-19 infection. Finally, 68.2% of participants reported that their ability to enjoy sex was “not at all” or “not really” affected by their COVID-19 infection.

**Conclusions:** The majority of participants in this study did not experience improved sexual function during the pandemic, but those who did may offer insight into psychosocial and environmental factors that contribute to sexual function. The majority of participants who experienced COVID-19 infection did not report significant disruption to their sexual function as a result of their infection.

**Disclosure:** No

**Poster 435**

**SACROSPINOUS HYSTEROPEXY: NATIVE TISSUE COMPARED TO MESH AUGMENTED REPAIR FOR THE SURGICAL MANAGEMENT OF UTEROVAGINAL PROLAPSE**

T. Overholt1, L. Velet1, R. Dutta1, H. Mugford2, C. Matthews1. Atrium Health Wake Forest Baptist1, Wake Forest University2

**Introduction:** The anterior approach to sacrospinous hysteropexy was popularized by transvaginal mesh kits such as the Uphold Lite Vaginal Support System™. Following withdrawal of these kits from the United States market, we hypothesized that similar efficacy could be achieved with native tissue anterior repair, reattachment of the pubocervical fascia to the cervix, and then fixation of the anterior cervix to the right sacrospinous ligament using 1 permanent and 1 delayed absorbable suture. Few comparative studies of the safety and efficacy profiles of an anterior approach to sacrospinous hysteropexy using native tissue versus a mesh-augmented repair with Uphold Lite exist.

**Objective:** The primary aim was to compare success rates of an anterior approach to sacrospinous hysteropexy using native tissue compared to transvaginal mesh. The secondary aim was to assess intra- and post-operative complications.

**Methods:** A retrospective cohort analysis of women with uterine prolapse who underwent transvaginal sacrospinous hysteropexy between 01/01/2016-12/31/2020 at a tertiary care referral center was performed. Women were analyzed in two groups: Uphold and native tissue hysteropexy (SSLF). Demographic, past medical/surgical history, associated urogynecological symptoms, and intra- and post-operative data were reviewed. Success and complication data were compared through all available follow up data. Composite success was defined as the following: 1) No subjective vaginal bulge symptoms, 2) No outright prolapse for, and 3) No recurrent prolapse beyond the hymen and the apex not descended >1/3 of the total vaginal length. Descriptive and bivariate statistics were performed as indicated.

**Results:** A total of 97 women, 40 Uphold and 57 SSLF patients, met inclusion criteria and were compared. All demographic and past medical/surgical history data are included in Table 1. Women in the Uphold group were more likely to have undergone a prior pelvic organ prolapse surgery (P = 0.003) and to have a history of prior intra-abdominal surgery (P = 0.015). Median pre-operative POP-Q was Stage III in each group. There were no differences in surgical time (102.4±31.4 vs 109.0±36.4 minutes, P = 0.211) or ASA classification (P = 0.211) between groups. Post-procedure, the median follow-up time was 8.2 months. The overall composite success rate was 95% in each group: Anatomical success was demonstrated in 100% of patients; vaginal bulge symptoms were reported by 2 women in the Uphold group compared to 3 in the SSLF group (P = 0.999); and one woman in the Uphold group underwent re-treatment with a pessary compared to 3 women in the SSLF group who underwent re-treatment (2 pessary, 1 repeat surgery; P = 0.639). Three intra-operative complications were reported in the SSLF group: 1 urethral injury, 1 urethral injury, and 1 blood transfusion. There were no reported intra-operative complications in the Uphold group. There was no difference in 30-day complication rates between groups (P = 0.775; Table 2). No mesh related complications in the Uphold group were reported.

**Conclusions:** For women undergoing sacrospinous hysteropexy through an anterior approach, 95% achieved surgical success and the use of a mesh-augmented repair did not confer any benefit in terms of efficacy or complications when compared to native tissue repair only. Further long-term data is needed to continue assessment of native tissue sacrospinous hysteropexy.

**Disclosure:** No

**Table 1. Demographic, past medical/surgical history, and urogynecological history data for patients in the Uphold group and native tissue sacrospinous hysteropexy (SSLF) group. P-Value < 0.05 determined statistical significance.**

<table>
<thead>
<tr>
<th>Medical History</th>
<th>Uphold</th>
<th>Native tissue SSLF</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>68.5 ± 8.5</td>
<td>71.1 ± 8.3</td>
<td>0.095</td>
</tr>
<tr>
<td>Race</td>
<td>White: 36</td>
<td>White: 52</td>
<td>0.999</td>
</tr>
<tr>
<td>Hispanic: 4</td>
<td>Hispanic: 0</td>
<td>Hispanic: 0</td>
<td></td>
</tr>
<tr>
<td>Asian: 0</td>
<td>Asian: 1</td>
<td>Asian: 0</td>
<td></td>
</tr>
<tr>
<td>Other: 0</td>
<td>Other: 0</td>
<td>Other: 0</td>
<td></td>
</tr>
<tr>
<td>Body Mass Index</td>
<td>27.1 ± 4.3</td>
<td>27.8 ± 6.2</td>
<td>0.347</td>
</tr>
<tr>
<td>Menopausal Status</td>
<td>Pre-menopausal</td>
<td>Pre-menopausal</td>
<td>0.999</td>
</tr>
<tr>
<td>Vaginal Delivery History</td>
<td>2 (60%)</td>
<td>2 (60%)</td>
<td>0.711</td>
</tr>
<tr>
<td>Cesarean Delivery</td>
<td>1 (60%)</td>
<td>1 (60%)</td>
<td>0.734</td>
</tr>
<tr>
<td>Smoking History</td>
<td>8 (20%)</td>
<td>20 (33%)</td>
<td>0.106</td>
</tr>
<tr>
<td>Sexual Activity</td>
<td>18 (45%)</td>
<td>20 (33%)</td>
<td>0.325</td>
</tr>
<tr>
<td>Sling History</td>
<td>6 (13%)</td>
<td>6 (13%)</td>
<td>0.915</td>
</tr>
<tr>
<td>Prolapse Repair History</td>
<td>8 (20%)</td>
<td>1 (13%)</td>
<td>0.003</td>
</tr>
<tr>
<td>Abdominal Surgical History</td>
<td>8 (19%)</td>
<td>12 (21%)</td>
<td>0.015</td>
</tr>
<tr>
<td>Bowel/Urinary History</td>
<td>4 (10%)</td>
<td>5 (9%)</td>
<td>0.999</td>
</tr>
<tr>
<td>Coronary Arterial Dilation</td>
<td>22 (55%)</td>
<td>26 (49%)</td>
<td>0.569</td>
</tr>
<tr>
<td>Coronary Heart Disease</td>
<td>20 (50%)</td>
<td>29 (54%)</td>
<td>0.102</td>
</tr>
<tr>
<td>Pre-operative POP-Q Stage</td>
<td>Stage 0: 6</td>
<td>Stage 0: 9</td>
<td>0.419</td>
</tr>
<tr>
<td></td>
<td>Stage 1: 10</td>
<td>Stage 1: 13</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stage 2: 17</td>
<td>Stage 2: 19</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stage 3: 32</td>
<td>Stage 3: 32</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stage IV: 1</td>
<td>Stage IV: 2</td>
<td></td>
</tr>
</tbody>
</table>

**Table 2. Intra-operative, complication, and follow-up data for patients in the Uphold and native tissue sacrospinous hysteropexy (SSLF) group. P-Value < 0.05 determined statistical significance.**

<table>
<thead>
<tr>
<th>Timey Day Complications</th>
<th>Urinary tract infection</th>
<th>Hemorrhage</th>
<th>Blood transfusion</th>
<th>Emergency Visit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage I</td>
<td>Stage II</td>
<td>Stage III</td>
<td>Stage IV</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>2</td>
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<tr>
<td>3</td>
<td>3</td>
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<td>3</td>
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<tr>
<td>4</td>
<td>4</td>
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<td>4</td>
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</tr>
<tr>
<td>5</td>
<td>5</td>
<td>5</td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Subjective success (No bulge symptoms)</th>
<th>38 (85.9%)</th>
<th>54 (94.7%)</th>
<th>&gt;0.999</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post-operative POP-Q Stage</td>
<td>Stage D: 31</td>
<td>Stage D: 31</td>
<td>0.349</td>
</tr>
<tr>
<td></td>
<td>Stage E: 15</td>
<td>Stage E: 15</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stage E: 17</td>
<td>Stage E: 17</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stage E: 30</td>
<td>Stage E: 30</td>
<td></td>
</tr>
<tr>
<td>Anatomic success</td>
<td>39 (89%)</td>
<td>57 (100%)</td>
<td>1</td>
</tr>
<tr>
<td>Re-treatment for Prolapse</td>
<td>Pessary: 1</td>
<td>Pessary: 2</td>
<td>0.639</td>
</tr>
</tbody>
</table>

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TREATMENT OF STRESS URINARY INCONTINENCE WITH POLYACRYLAMIDE HYDROGEL IN AN OFFICE SETTING: PATIENT PERSPECTIVES

C. Juhl, K. Glavind, Aalborg University Hospital

Introduction: Office setting (OS) provides the opportunity for surgeons to perform specific procedures more efficiently than in an operating theatre (OR). Consequently, health care systems are interested in altering surgical services from OR to OS. The impact on patient’s satisfaction is more challenging to estimate. Injections with polyacrylamide hydrogel, bulking procedure (BP), is an intervention for urinary stress incontinence. It was originally performed in the OR in general anesthesia (GA) or sedation. Today, BP is mostly done in local anesthesia and hence altering the setting from OR to AS became possible.

Objective: The main aim of this study was to assess patient satisfaction when moving BP from OR to OS. Secondary to investigate the reasons behind the satisfaction or dissatisfaction.

Methods: From 15th of September 2020 to 1st of June 2021, 115 women underwent BP in the OS. Follow-up three months post-surgery for quality assurance is mandatory. Concurrently to routine follow-up, the OS experience was assessed.

Results: A total of 95.6 % (110/115, P < 0.001) preferred the BP being performed in the OS. Main reason was the short waiting time 61.8% (68/110). Pain was the main reason not to prefer the OS. On a Visual Analogue Scale (VAS) from 0 to 10, (0 equals no pain, 10 maximum pain) the mean VAS for pain was 4.1. There was no significant difference in the VAS score whether the patients had taken pre-procedure painkillers or not. In fact, though not significant (P = 0.19), the mean VAS was higher among those who had taken pre-procedure painkillers (VAS 4.3) than those who had not (VAS 3.2).

Conclusions: The OS provides a patient friendly and comfortable place for the BP and is generally preferred over the OR. Pain is the main reason not to prefer the OS, and further means need to be taken to minimize pain during procedure in the OS. Important for the OS preference is the accessibility and minimal waiting time. The OS is therefore both convenient and efficient for surgeon and patient.

Disclosure: No

Table 1. Specific Changes in Patient 1 Assessments

<table>
<thead>
<tr>
<th>Measure</th>
<th>Before JOGO DTx Sessions</th>
<th>After JOGO DTx Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>PFR</td>
<td>20 mN/cm²</td>
<td>8.12% in voiding position and 5.9% in supine position</td>
</tr>
<tr>
<td>FOPI</td>
<td>10/45</td>
<td>0.45</td>
</tr>
<tr>
<td>Visual straining score</td>
<td>4/10</td>
<td>0/10</td>
</tr>
<tr>
<td>TTV</td>
<td>Minimal amount voiding every 4-5 hours</td>
<td>Normally passing 200-400 mL without K90</td>
</tr>
</tbody>
</table>

Table 2. Specific Changes in Patient 2 Assessments

<table>
<thead>
<tr>
<th>Measure</th>
<th>Before JOGO DTx Sessions</th>
<th>After JOGO DTx Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urination Frequency</td>
<td>30-40 Minutes</td>
<td>3-4 Hours</td>
</tr>
<tr>
<td>Daily Change of Urine</td>
<td>12</td>
<td>4</td>
</tr>
<tr>
<td>IOQ-CLUTS</td>
<td>1/30</td>
<td>5/30</td>
</tr>
<tr>
<td>EQ</td>
<td>2.21</td>
<td>0.21</td>
</tr>
</tbody>
</table>

AI BASED BIOFEEDBACK SOLUTION FOR VOIDING DYSFUNCTION AND INCONTINENCE IN SPINAL BIFIDA PATIENTS

M. Ragavan1, U. Venkatesa2, S. Gupta3, A. Jain4, The Chennai Specialty Clinic1, JOGO Health1, The College of New Jersey1, New York University1

Introduction: JOGO is an AI based Digital therapeutics (DTx) system that uses the foundational science of EMG biofeedback. DTx, or software as a medical device(SaMD) is a newly created FDA segment. JOGO uses wearable sensors and AI to facilitate neuromuscular retraining. JOGO can be used in a clinic or via telemedicine. Unlike traditional EMG biofeedback solutions, JOGO uses a mobile app, which adjusts its therapy plan based off of patient feedback, producing more productive results than EMG biofeedback devices, which do not have machine learning capabilities. JOGO can be used to treat voiding dysfunction and incontinence in Spina Bifida patients.

Objective: This study aimed to determine the efficacy of JOGO DTx relative to conventional treatments in treating opposite extremes of symptoms in VD and incontinence in Spina Bifida patients.

Methods: Each patient was given benchmark examinations in a host of indices for pain/discomfort, voiding ability, and other conditions prior to beginning JOGO DTx. The patients underwent JOGO DTx involving bladder training and pelvic floor muscle training sessions weekly for ten weeks in the clinic. This program utilized structured pelvic floor relaxation, bladder daily retraining, and stretching programs to treat the patients. After patients underwent therapy sessions, the initial examinations were redone; the improvements in these indices and the change in the severity of related conditions were used to evaluate the efficacy of treatment.

Results: Overall, patient 1 previously went from experiencing consistent fullness of bladder with incomplete voiding to showing an improvement of 80% voiding function after 13 JOGO sessions. This process demonstrated downward training of the pelvic floor muscles. Patient 2 saw improvements in being able to do a stop test and hold urine without dribbling, no SUI, no urgency, no bedwetting. Overall, after 10 sessions of JOGO EMG BFB, the patient has shown a 95% improvement in voiding with control. Furthermore, after JOGO therapy, prescription of Mirabegron and Tropan were discontinued. This process demonstrated upward training of control in the patient.

Conclusions: JOGO DTx demonstrated significant improvement through optimized patient training via machine learning. JOGO can be used in both upward and downward training, using PFRT and PFMT training, respectively. The reduction in severity and quantity of symptoms, as well as restoration of significant function, demonstrates the treatment’s efficacy in comparison to conventional treatments. Larger studies are needed to confirm the efficacy of the treatment on a wider scale.

Disclosure: Yes, this is sponsored by industry/sponsor: JOGO Health Clarification: Industry funding only - investigator initiated and executed study One of more of the authors act as a consultant, employee or shareholder for: JOGO Health
**Poster 439**

EXAMINING THE ROLE OF FRAILTY ON TREATMENT PATTERNS AND COMPLICATIONS AMONG OLDER WOMEN UNDERGOING PROCEDURE-BASED TREATMENT FOR URINARY INCONTINENCE

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Introduction: Urinary incontinence and frailty are increasingly prevalent with aging beyond 65 years. Procedure-based interventions for the treatment of urinary incontinence and procedure-related complications have only been previously associated with aging. It is plausible that frailty instead of biologic aging may mediate post-procedure complications. We hypothesize that pre-procedure frailty may be a predictor of less invasive procedures received for the treatment of urinary incontinence in older women and for greater procedure-related urologic complications. Frailty is a complex condition that independently increases risk of post-procedure complications; however, its association with urinary incontinence procedures in older women is under-explored.

Objective: We aim to examine pre-procedure frailty status as a predictor of procedure-based treatment patterns and post-procedure complications that may arise after treatment of urinary incontinence in older Medicare-eligible US women.

Methods: In this retrospective cohort study, we identified women undergoing procedure-based interventions for urinary incontinence between 2011-2018 in the 5% limited data set from the Center for Medicare and Medicaid Services. Frailty status was determined utilizing a validated Claims-based Frailty Index (CFI) based on claims from one year prior to the index procedure. Demographic and clinical characteristics and index procedure-based treatments received were abstracted. Urologic outcomes were assessed within the 12-month period following the index procedure date. CFI total scores of ≥ 20.25 defined the pre-procedure presence of frailty. Univariate and bivariate analyses examined between group differences in demographic and clinical characteristics. Using the CFI as the primary predictor, chi-square analyses were applied to estimate the odds of having a procedure-based complication based on frailty status with 95% confidence intervals. Logistic regressions were applied to model the prevalence of post-procedure urologic complications based on pre-procedure frailty status and to estimate the odds ratio of multi-variate adjusted relationships for age, race, and region.

Results: We identified 21,783 women who underwent a procedure-based intervention for urinary incontinence symptoms between 2011-2018. Of these women, 3,262 (17.5%) had CFI ≥ 0.25 and thus were classified as ‘frail’. Among all procedures performed to treat SUI, frail women were 2.6 times more likely to have having periurethral bulking, 95% CI 2.26-2.95, P < 0.001. Women with frailty had 42% lower odds of having a sling (OR 0.42, 95% CI [0.37, 0.48]) and 51% lower of having a Burch colposuspension (OR 0.51, 95% CI [0.28, 0.94]), P < 0.001. (Figure 5) Frail women with urgency UI or OAB had 79% lower odds of having posterior tibial nerve stimulation, (OR 0.20, 95% CI [0.04, 0.87], P < 0.01). They had 21% higher odds of sacral neuromodulation (SNM) (OR 1.21, 95% CI [1.11, 1.33], P < 0.01) and 16% higher odds of intravesical Botox (OR 1.16, 95% CI [1.06, 1.28]). Women with frailty had 1.63 higher odds of having a urologic complication within 1 year of the procedure with a 95% CI [1.47, 1.81], P < 0.001.

Conclusions: Frailty was not associated with patterns of less invasive treatments for urinary incontinence among older women. However, frailty was an independent predictor of urologic complications in the year following procedure-based treatments for urinary incontinence in older women.

Disclosure: No

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**Poster 440**

PROLAPSE-ASSOCIATED PAIN IMPROVES WITH SURGICAL TREATMENT OF PELVIC ORGAN PROLAPSE

A. Yuan1, O. Aigbe2, A. Geo3, C. Ferrando4, L. Hickman4, Cleveland Clinic4, Case Western Reserve University School of Medicine5, The Ohio State University Wexner Medical Center6

Introduction: Pelvic organ prolapse (POP) traditionally presents with symptoms of vaginal pressure or fullness, but has rarely been associated as a pain etiology. The characteristics of individuals reporting prolapse-related pain and the impact of POP surgery on these symptoms has not been well-defined.

Objective: To define the incidence and characterize prolapse-related pain in patients presenting with POP, as well as determine the impact of surgery and factors associated with pain resolution postoperatively.

Methods: This is a retrospective chart review of patients presenting for initial POP evaluation from April 2019 to May 2020 at an academic institution. Using a standardized intake questionnaire, patients were asked “Do you have pain associated with your prolapse (not pressure or fullness)?” and to indicate the pain severity and location(s). All patients received a POP-Q examination. Patients who underwent POP surgery were asked at their postoperative visit if their POP pain and pain resolved. Demographic and clinical variables were extracted from the electronic medical record.

Results: 795 patients met inclusion criteria. Patients had a mean age of 59.9± 13.5 years and a mean BMI of 28.4 ± 6.3 kg/m2. 698 (87.8%) patients were white, 599 (75.3%) were postmenopausal, 414 (52.1%) were sexually active, and 740 (93.1%) had ≥ stage 2 POP. POP-related pain was reported by 106 (13.3%) patients. Patients presenting POP-related pain were more likely to have undergone prior urogynecologic surgery (30 [28.3%] vs 129 [18.7%], P = .022), prior transvaginal mesh procedure (11 [36.7%] vs 62 [47.7%], P = .021), report sexual dysfunction (36 [69.2%] vs 160 [44.2%], P < .001) and/or dyspareunia (25 [48.1%] vs 90 [24.9%], P < .001), carry a diagnosis of chronic pelvic pain (6 [5.7%] vs 12 [1.7%], P = .024) and use muscle relaxants (20 [18.9%] vs 65 [9.4%], P = .003) and gabapentinoids (6 [5.7%] vs 7 [1.0%], P < .001) at baseline. No significant differences in POP-Q stage, prior hysterectomy, sexual abuse history, chronic opioid use, pelvic floor dysfunction, or chronic pain conditions were found between patients with and without POP-related pain. Patients with POP-related pain reported a median pain level of 5 (IQR 4-8) out of 10. POP-related pain locations included: vagina (58, 54.7%), lower abdomen (39, 36.8%), back (30, 28.3%), legs (6, 5.7%), and other (18, 17.0%). 34 (32.1%) patients reported POP-related pain in multiple locations. 57 (53.8%) patients subsequently underwent surgery, and 40 (70.2%) reported their POP-related pain resolved postoperatively. 10 (17.5%) reported their POP-related pain did not resolve, however five reported a decrease in pain level. Patients with postoperative resolution of POP-related pain were less likely to be sexually active at baseline (16 [40.0%] vs 8 [80.0%], P = .04). Baseline pain severity and location(s) were not associated with resolution. Surgical approach of prolapse repair, including the use of mesh, was not significantly different in patients with and without pain resolution.

Conclusions: Pain is a symptom experienced by more than 1 in 8 patients presenting with POP. Nearly 4 out of 5 women with POP-related pain reported resolution or improvement after surgery. Baseline POP stage, surgical approach and mesh utilization during surgery had no impact on the likelihood of postoperative POP-related pain resolution.

Disclosure: No

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of voiding cystometry performed as preoperative evaluation of POP and SUI during the first 9 months of the transanal venting procedure. Results: There were 103 voiding cystometry records that were appropriately registered and available for analysis. In these records, rapid fluctuations in intra-rectal pressure, possibly caused by repeated brief abdominal pressure loading, and enhancement of perineal surface EMG were common findings, observed in 75 and 62 cases respectively (72.8%, 60.2%). Table 1 shows the number of cases classified by the presence or absence of rapid rectal pressure fluctuations and of enhancement in the perineal surface EMG. In some of the cases where no rectal pressure fluctuations were observed, blockage of the venting tube by stool or mucus was documented. Marked weakening of detrusor contraction during voiding was also frequently observed. Figure 1 is the cystometry record of a 41-year-old parous woman with severe SUI. This presents the three common components of our patients: forceful abdominal pressure loading, pelvic floor muscle contraction, and diminished detrusor activity.

Conclusions: As long as the catheter was patent, the transanal venting system was a useful measure for accurate abdominal pressure monitoring during voiding. Abdominal pressure loading and pelvic floor muscle contraction are not only necessary to expel the bladder contents. On the contrary, these movements may be among the harmful factors that accelerate the progression of pelvic organ prolapse and increase the severity of abdominal stress urinary incontinence.

Disclosure: No

Table 1: Number of the cases presenting rapid fluctuations in intra-rectal pressure and of enhancement of perineal electromyogram in the preoperative evaluation study.

<table>
<thead>
<tr>
<th></th>
<th>rapid fluctuations in intra-rectal pressure</th>
<th>enhancement of EMG</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td></td>
<td>47</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>15</td>
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<td>13</td>
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</table>

Figure 1: Voiding totally dependent on abdominal pressure and pelvic floor muscle contraction. The variation in voiding muscle pressure is negligible.

Flow
V.Vol
Pdet
Pves
Pabd
EMG

Poster 442
SUBJECTIVE OUTCOMES OF PAIN FOLLOWING MID-URETHRAL SLING SURGERY – A 10 YEAR POST-OPERATIVE QUESTIONNAIRE
H. Smith1, J. Short1. Canterbury District Health Board1

Introduction: Stress urinary incontinence (SUI) is common, affecting 10-20% of adult women(1). Mid-urethral slings (MUS) are a widely studied and effective procedure for the treatment of SUI. MUS procedures have been placed under scrutiny in association with enquiries into surgical mesh implants, and audit to assess surgical outcomes is essential(2). Complications, that may necessitate MUS removal, include mesh erosion and pain(3). There is limited data regarding persistence of long-term pain, however the rate is likely low. A study of women over six months after surgery(4).

Objective: To assess objective long-term rates of pain for women who have undergone a MUS procedure.

Methods: All women who underwent a MUS procedure at a single centre in 2009-2010 were included in this audit. A de-identified follow-up questionnaire was posted to participants with a return addressed, postage paid envelope. The questionnaire contained ten questions. Three were the ICS Incontinence Questionnaire–Urinary Incontinence Short Form assessing current symptoms. Four assessed pre- and post-operative symptoms including pain, one reviewed additional post-operative treatments and two assessed satisfaction. The questionnaire took approximately 10 minutes to complete. The primary outcomes were development of new reported pain following the MUS procedure.

Results: 7 women (10.3%) reported development of pain following their MUS. 6 of these were followed up in clinically, 1 was uncontactable. Women had pain symptoms unrelated to the MUS; lichen sclerosis, vaginal atrophy, levator myalgia and episodes of self-limiting pelvic pain. Two patients that reported new onset of pain experienced complications necessitating mesh removal. Both had a history of two MUS prior to symptom onset. The uncontactable patient indicated in her questionnaire that no further treatment was needed following the procedure.

The revised rate of long-term pain secondary to MUS procedure was 2/68(2.9%).

Conclusions: This post-operative questionnaire assessing long-term outcomes for the MUS procedure shows a 2.9% rate of chronic pain likely caused by the procedure itself. The women reporting persistent pain following MUS both underwent two procedures. A repeat procedure may be a risk factor for the development of chronic pain, and should be taken into account when assessing patients with recurrent stress urinary incontinence after a MUS. This results suggest that the rate of persistent pain following a single MUS is low. The initial rate of reported long-term pain was 10.3%. On review, the majority were found to have alternative causes for pain, not related to the MUS procedure.

This highlights a difficulty with questionnaires assessing patient-reported outcomes in accurately gathering information, and reminds us to be cautious when interpreting results. This study was a cross-sectional audit at ten years post-procedure. The study strength is the ability to assess long-term subjective outcomes. Weaknesses include recall and non-response bias. In addition, there is loss to follow up; 50.4% response rate and a small number uncontactable. These factors support the establishment of a prospective registry to record and follow up outcomes of MUS procedures.

Disclosure: No

Poster 443
A BIOMECHANICAL ANALYSIS OF CERVICAL FIXATION METHODS (TACKS VS. SUTURES) FOR LAPAROSCOPIC APICAL FIXATION IN A PORCINE MODEL
S. Ludvig1, A. Jansen1, C. Eichler1, P. Mallmann1. University Hospital of Cologne

Introduction: The incidence of apical uterine prolapse increases with age. After conservative treatment options have been exhausted, surgical correction with the use of alloplastic material often follows. Laparoscopic cervico sacropexy is often performed, and different materials (tacks vs. sutures) can be used to fix the mesh material to the cervix for apical fixation.

Objective: The aim of this in-vitro study was to compare the biomechanical properties for fixation of the mesh to the cervix with single-button sutures (group 1), non-absorbable tacks (group 2) and absorbable tacks (group 3).

Methods: The biomechanical in-vitro testing was performed on porcine, non-embalmed, fresh and unfrozen cadaver uteri (Fig. 1). In a two-column material testing machine (Instron 5565®) a total of 28 trials were conducted in three groups on fresh porcine uteri. Each group evaluated the cervical mesh fixation with a different fixation device: Group 1 (n = 10) evaluated three interrupted sutures, group 2 (n = 10) three titanium tacks (ProTack), and group 3 (n = 8) three absorbable tacks (AbsorbaTack) (Fig. 2). The mesh used for cervical fixation are composed of nonabsorbable, biostable polyvinylidene-fluoride (PVDF) monofilaments. All trials were conducted until failure of the mesh, tissue or fixation device occurred. Primary endpoints were biomechanical properties maximum load (N), displacement at failure (mm) and stiffness (N/mm). Mode of failure was evaluated as a secondary endpoint.

Results: Significant differences were found between all three groups in terms of maximum load: Group 1 (three single-button sutures) showed a maximum load of 64 ± 15 N, Group 2 (three titanium tacks) 41 ± 10 N and Group 3 (three absorbable tacks) reached a maximum load of 15 ± 8 N. The most common mode of failure for group 1 and 2 was a net tear or rip under 80-times of maximum load. In group 3, the limiting factor in all tests was a pull-out of the absorbable tacks.

Disclosure: No
Conclusions: Fixation of the PVDF mesh with three single-button sutures is superior to fixation with three titanium tacks as well as absorbable tacks in terms of maximum load. The suture carries 1.5 times the load of titanium tacks and 4.2 times the load of absorbable tacks. All three fixation options can withstand the physiological load of 10 N, but absorbable tacks are the weakest fixation methods. Single-button sutures are the significantly stronger and less expensive, but could increase operating time (when fixing the mesh) by factor 9 compared to tacks. Possible risks of the tacks are not considered in this in vitro analysis.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: FEG Textiltechnik mbH Aachen, Germany

Identifying how the urine dipstick correlates to the level of hematuria in a urinalysis may help guide clinicians in decision making during hematuria screening.

Objective: This study aims to assess the correlation between hematuria on a urine dipstick from a clean catch (CC) to a microscopic urinalysis of a catheterized specimen (CS) in women.

Methods: A retrospective chart review of patients with hematuria based on a positive urine dipstick was performed. Patients were derived from a urogynecology clinic from October 2018 to February 2021 (n = 310). Exclusion criteria included: <18 y/o, pyelonephritis, or current urinary tract infection (n = 163). Demographic data was collected. Patients with a positive urine dipstick from a CC were compared to results found on a urinalysis of the CS. The association between a positive urinalysis and malignant pathology on cystoscopy or renal imaging was also evaluated. Means were used to analyze continuous data and percentages were used to analyze categorical data. The kappas correlation was calculated to compare the agreement between the level of hematuria identified on the urine dipstick and the urinalysis.

Results: 163 women were included in our study. The average age was 60.2 years old. 144 (88.3%) patients were white, 8 (4.9%) were black, 1 (0.6%) was Native American/Hawaiian, 1 (0.6%) was Asian, and 9 (5.5%) were unknown race. Of these, 133 (81.6%) patients identified as Hispanic, 24 (14.7%) were non-Hispanic, and 6 (3.7%) were unknown. The average parity was 2 and the majority of patients (86.5%) did not have a prolapse. 141 (86.5%) patients were reported to be post-menopausal and 76 (46.6%) patients were positive for genitourinary syndrome. Only 3 (1.8%) patients had a family history of urologic cancer. Tobacco use was low in our cohort: 103 (63.2%) never smoked, 48 (29.4%) had a history of smoking, and 12 (7.4%) were current smokers. Of the current and past smokers, 11 (18.3%) patients had 30 py, and 31 (51.7%) were unknown. The kappas correlation between urine dipstick results of a CC and the urinalysis results of the CS was fair (0.346) as seen in Table 1. There were no new urologic cancers identified in any of the patients.

Conclusions: Our study suggests that CC urine dipstick is a reasonable predictor of the presence of RBCs found on CS urinalysis. Further studies are needed to identify if CC urine dipstick is an effective screening tool for hematuria in women.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Coloplast
Conclusions: Labial synchiae rarely occurs in post-pubertal (reproductive aged) women due to sufficient levels of estrogen and can present with various genitourinary complaints. Post-pubertal women who develop labial synchiae often have various risk factors promoting the formation of adhesion.

Disclosure: No

Poster 447
SERVICE EVALUATION OF URODYNAMIC STUDIES: PRELIMINARY RESULTS
S. Leitch1, P. Krishnaswamy2, R. Kilpatrick2, K. Nicholson2, V. Tyagi2. University of Glasgow1, NHS Greater Glasgow and Clyde2

Introduction: Urodynamic studies (UDS) assesses lower urinary tract function, replicating patient symptoms to allow determination of the underlying mechanism of incontinence. The UK Continence Society (UKCS) recognised deficiencies in UDS service regulation and acknowledged ongoing concern around the standards of urodynamics (UDS). In 2018 the UKCS-MS-UDS was published with recommendation for quality of UDS test.

Objective: To provide a service provision audit of urodynamics tests, through review of patient satisfaction and quality review of urodynamic traces.

Methods: UKCS-MS-URODS recommendations were used to create two section pro forma: A. Testing conduct and patient satisfaction Women attending UD clinics over a three week period were considered for participation and follow up within one week regarding urinary tract infection (UTI) symptoms following UDS. B. Evaluation of UD output quality Retrospective suplementary UD outputs were compared to 12 recommended test parametrics.

Results: 10 females participated, mean age 55, primarily presenting with mixed urinary incontinence symptoms (60%, n = 6). 80% (n = 8) previously trialed conservative incontinence management; psychotherapy or anticholinergics (33% n = 5). 60% (n = 6) suffered from a UTI within the past year. UD was effective in reproducing patient symptoms and thus answering the posed UD question (90%, n = 9). Two women had received a leaflet (from their referring clinician) prior to investigation thus felt well informed prior to UDS (20%, n = 2). Of the remaining group, 50% (n = 4) felt ill-informed and desired additional information prior to appointment, as the procedure was not as they expected. No urine dipsticks for UTI testing were performed prior to UDS (0%, n = 0). Post test UTI prevention information was provided and recorded on each account (100%, n = 10). 80% (n = 8) were contactable allowing UTI enquiry post UDS. Two had symptoms following testing (25%), with neither requiring treatment for infection, both self resolving through increased fluid intake. 40 additional retrospective urodynamics traces were evaluated (total = 50). Urodynamic output was of a high standard with 75% (9) of parametrics being met in >90% of traces. Two area performed less than optimal; ‘did printing scales permit a clear display of printing scales’ noted voided volume, post-void residual, flow time and voiding time’ (82%). Most notably, in 78% (n = 39) of traces Pves and Pabd were not zeroed to atmosphere.

Conclusions: UDS is a useful tool for recreating patient symptoms to determine the underlying cause of incontinence. There is an unmet need for UDS information provision, with a lack of defined plan for leaflet distribution.

Disclosure: None

Objective: To report the first study of micro-needling radiofrequency of the vaginal canal in treatment of MUI

Methods: A prospective study of 29 patients with MUI who did not respond to conservative treatment was conducted between October 2020 and May 2021. Participants were required to have at least score ≥3 in Sandvik Test. Each patient underwent a single intravaginal fractional bipolar radiofrequency treatment session using the Empower platform and the Morphus V applicator (Immode). Radiofrequency energy is delivered via 24 microneedles to the entire vaginal canal at depths of 1, 2, and 3 mm. At baseline, one month and three months follow-up treatment, participants completed the Medical, Epidemiologic, and Social Aspects of Aging (MESA), the Urogenital Distress Inventory (UDI-6), and the Incontinence Quality of Life (I-QOL) questionnaires. The outcomes were determined by comparing changes in reported questionnaire scores prior to and throughout the three months following treatment. Degree of satisfaction was also reported through non validated self-reported 5 points Likert score.

Results: The mean (SD) MESA total score at baseline was 33.4 (6.6). The mean stress and urge subscale scores were 21.2 (4.3) and 12.2 (2.8), respectively. Baseline UDI-6 scores were 47.3 (17.2) while preoperative net pad weights were 10.3 (11.4). Three months after treatment, both MESA stress and urge subscale scores improved significantly (<0.001), with mean differences of 10.68 and 7.57 respectively. The mean net pad weight decreased significantly from 10.26 ± 11.4 to 2.65 ± (P < 0.001). In three months, the improvement in I-QOL was doubled, from 38.6 ± 25.8 to 78.3 ± 20 (p < 0.001). 50% of our participants reported the highest degree of satisfaction (much better) in satisfaction questionnaire following therapy. Figure All patients tolerated the procedure in an office setting with no adverse events reported.

Conclusions: This pilot study showed micro-needling fractional bipolar radiofrequency improved both subjective and objective measures of MUI. Larger prospective studies with longer follow up are currently underway to further evaluate this treatment modality.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Immode

| Table: Urinary incontinence evaluation questionnare scores at baseline and 3 months after radiofrequency therapy |
| --- | --- | --- | --- |
| Age years | MESA total score | MESA stress score | MESA urge score |
| Baseline | Mean (range) | Mean (range) | Mean (range) |
| 53.6 (10.9) | 33.4 (6.6) | 12.2 (3.0) |
| 12.2 (3.0) | 50.7 (21.5) | 7.57 (1.2) |
| 6.6 (0.001) | 4.08 (0.001) |

Disclosure: No

Poster 448
SAFETY, TOLERABILITY AND SHORT-TERM EFFICACY OF MICRO-NEEDLING OF THE VAGINAL CANAL WITH FRACTIONAL BIPOLAR RADIOFREQUENCY FOR TREATMENT OF MIXED URINARY INCONTINENCE
W. Shabana1, J. Dell2, T. Blusewicz1, M. Karram1. Northern Ontario School of Medicine1, Institute for Female Pelvic Medicine2, Advanced Women’s Care of the Low Country1, The Christ Hospital, University of Cincinnati2

Introduction: The treatment of mixed urinary incontinence (MUI) patients is challenging as leakage is caused by a combination of urethral sphincteric incompetence as well as a detrusor compliance abnormality. We hypothesize that there may be a dual mechanism of action of this therapy involving strengthening and support of periurethral connective tissue as well as modulating afferent nerves responsible for detrusor compliance.

Objective: To determine the underlying cause of incontinence. There is an unmet need for urodynamics (UDS) service regulation and acknowledged ongoing concern around the standards of urodynamics (UDS). In 2018 the UKCS-MS-UDS was published with recommendation for quality of UDS test.

Methods: UKCS-MS-URODS recommendations were used to create two section pro forma: A. Testing conduct and patient satisfaction Women attending UD clinics over a three week period were considered for participation and follow up within one week regarding urinary tract infection (UTI) symptoms following UDS. B. Evaluation of UD output quality Retrospective suplementary UD outputs were compared to 12 recommended test parametrics.

Results: 10 females participated, mean age 55, primarily presenting with mixed urinary incontinence symptoms (60%, n = 6). 80% (n = 8) previously trialed conservative incontinence management; psychotherapy or anticholinergics (63% n = 5). 60% (n = 6) suffered from a UTI within the past year. UD was effective in reproducing patient symptoms and thus answering the posed UD question (90%, n = 9). Two women had received a leaflet (from their referring clinician) prior to investigation thus felt well informed prior to UDS (20%, n = 2). Of the remaining group, 50% (n = 4) felt ill-informed and desired additional information prior to appointment, as the procedure was not as they expected. No urine dipsticks for UTI testing were performed prior to UDS (0%, n = 0). Post test UTI prevention information was provided and recorded on each account (100%, n = 10). 80% (n = 8) were contactable allowing UTI enquiry post UDS. Two had symptoms following testing (25%), with neither requiring treatment for infection, both self resolving through increased fluid intake. 40 additional retrospective urodynamics traces were evaluated (total = 50). Urodynamic output was of a high standard with 75% (9) of parametrics being met in >90% of traces. Two area performed less than optimal; ‘did printing scales permit a clear display of printing scales’ noted voided volume, post-void residual, flow time and voiding time’ (82%). Most notably, in 78% (n = 39) of traces Pves and Pabd were not zeroed to atmosphere.

Conclusions: UDS is a useful tool for recreating patient symptoms to determine the underlying cause of incontinence. There is an unmet need for UDS information provision, with a lack of defined plan for leaflet distribution. Patients were also not screened for a UTI prior to investigation. UD traces were of a high quality with four areas of improvement were identified with the most prominent being ‘ensuring Pves and Pabd are zeroed to atmosphere.’

Disclosure: No

Poster 449
HIFEM PROCEDURE FOR TREATMENT OF PERSISTENT URINARY INCONTINENCE AFTER PELVIC ORGAN PROLAPSE AND ANTI-INCONTINENCE SURGERY
D. Singhal1, F. Arecales1, M. Gopal1. Urogynecology Associates of Central Jersey

Introduction: Physical therapy is a known therapeutic option for women with lower urinary tract symptoms and pelvic organ prolapse (POP). However, there

Disclosure: No
is limited data to support the role of physical therapy in women who have recently undergone surgical treatment for POP and urinary incontinence (UI). High Intensity Focused Electromagnetic Technology (HIFEM) is a novel non-invasive method where both involuntary and voluntary muscles of the pelvic floor contract, improving overall strength of the pelvic floor thereby reducing UI.

Objective: Our study evaluated the effectiveness of HIFEM as a form of post-operative pelvic floor physiotherapy in women who have undergone POP and UI surgery.

Methods: Fifty females who underwent POP and UI surgery received a total of six HIFEM procedures after their six weeks postoperative visit. Treatments were scheduled twice a week over three weeks with two follow-up visits at 3 and 6 months. Bristol's Female Lower Urinary Tract Symptoms Questionnaire (BFLUTS-SF) was used to evaluate UI and quality of life (QoL) before and after treatment. Cumulative and subdomain scores were calculated and statistically evaluated through a paired t-test.

Results: The mean combined score pre-treatment was 17.4 ± 10.5 points. Subdomain scores were: Filling (3.6 ± 3.1), Voiding (1.0 ± 2.0), Incontinence (2.8 ± 4.8), Sex (0.1 ± 0.3), and QoL (4.0 ± 4.8). Changes in the scores were statistically significant in Filling, Incontinence, and QoL subdomains at 3 months and 6 months consistently. The combined BFLUTS-SF score decreased significantly (P < 0.05) at 3 and 6 months to 11.9 ± 10.2 (-5.5 points) and 12.6 ± 11.7 (-4.8 points) respectively. The greatest decrease was observed in the Incontinence domain (2.0 points, P = 0.001) and Filling domain (1.4 points, P = 0.0004) at six months and QoL domain at three months (-1.5 points, P = 0.006). Data was analyzed based on parity, the women with three and more childbirths had a statistically significant improvement of average BFLUTS-SF score showing a reduction of -7.0 points at 3 months (P = 1.10^-5) compared to -4.4 points (P = 0.0065) in women with a maximum of two deliveries. In addition, subjects were also divided based on major (≥ Stage 3) or minor (≤ Stage 2) surgery for prolapse. There was a significant improvement in the major (P = 3.310^-6) and minor (P = 0.001) categories for the filling, voiding, and incontinence domains regardless of severity of prolapse.

Conclusions: The data indicates that the HIFEM procedure significantly reduces the severity of lower urinary tract symptoms including UI while improving the QoL in subjects with persistent post surgery incontinence.

Disclosure: No

Poster 450

DYSPAREUNIA AND URODYNAMICS PARAMETERS

M. Patel1, A. Bhide1, V. Tailor1, A. Rahim1, A. Digues2, R. Fernando1, K. Vik1, V. Asfour2, Imperial College Healthcare NHS Trust1, Northwick Park2

Introduction: Dyspareunia is defined by genital pain that can be experienced before, during, or after intercourse1, having a significant effect on physical and mental health, as well as quality of life. The prevalence of dyspareunia varies from 18% worldwide2,3, and it can affect 10 to 20% of the population in a woman's lifetime3. The aetiology of superficial and deep dyspareunia is multi-factorial, often resulting from low level evidence to support its management. Bladder endometriosis is a recognized urological contributor like bladder/pelvic floor dysfunction.

Objective: To identify differences in objective urodynamic (UDS) parameters in women with dyspareunia as a secondary symptom.

Methods: This retrospective cross-sectional study of women attending UDS at a large tertiary centre. Women were evaluated with a comprehensive history, use of validated symptom questionnaire, physical examination, urodynamics (flowmetry and dual channel cystometry using air charged catheters with a filling speed of 100 ml / min) and cystoscopy.

Results: 2,992 UDS were evaluated, with 1,264 (42.3%) patients complaining of dyspareunia and 1,728 (57.7%) reporting no dyspareunia. The mean age was 52 years (24-91). Women with dyspareunia were more likely to present with a great number of lower urinary tract symptoms (mean 5 vs 1) and bladder pain (mean 2 vs 1) (P < 0.005). 98% complained of voiding dysfunction. During urodynamics, women with dyspareunia were more likely to have a reduced maximum cystometric capacity (MCC) (480 ml vs 503 ml (P < 0.0005)) but no statistical difference in first sensation to void (212 ml vs 214 ml). Compared to the women who did not report dyspareunia, urodynamic stress incontinence (UDS) and detrusor overactivity (DO) were more frequently diagnosed for women reporting dyspareunia (59% vs 54% P = 0.005) and (19.8% vs 17.1% P < 0.005) respectively. Women with dyspareunia were more likely to have normal UDS (20.9% vs 18.3%) but complained more of irritative symptoms (83.7% vs 62.1% P < 0.005). When comparing the cystoscopy findings, women with dyspareunia were interestingly less likely to have bladder trabeculations (7.09% vs 10.3% P < 0.005).

Conclusions: Our results show that dyspareunia is common in the urogynaecological population, with varying symptoms including bladder pain and voiding dysfunction. Dyspareunia as a secondary symptom is associated with reduced MCC and increased diagnoses of UDSI and DO.

Disclosure: No

Poster 451

BLADDER NODULE ENDOMETRIOSIS

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Introduction: Endometriosis to the bladder is a relatively rare phenomenon, with low level evidence to support its management. Bladder endometriosis can be located superficially, in the wall of the bladder or on the lining of the bladder mucosa. Full thickness bladder nodules penetrate through all layers or the bladder. Partial thickness bladder nodule endometriosis may be superficial on the surface of the bladder or in the mucosal lining of the bladder. Bladder endometriosis makes up more than 85% of all urinary tract endometriosis. Clinical diagnosis is very challenging due to nonspecific signs and symptoms.

Objective: This study evaluates the outcome of patients who have undergone various forms of management in relation to bladder nodule endometriosis.

Methods: A observational study of all patients diagnosed with bladder nodule endometriosis between 2016 and 2020 within the Lothian region of Scotland. Only 14 patients were identified with a diagnosis of having bladder nodule endometriosis. Diagnostic criteria were based on findings from cystoscopy or diagnostic laparoscopy. Management of these patients were analyzed to look at outcomes after surgical, medical, or conservative approaches. The study also investigated recurrence rates, complication rates, quality of life and bladder function post laparoscopic surgical excision of bladder nodule endometriosis.

Results: Six patients out of the those found with bladder nodules had treatment with laparoscopic excision and one bladder nodule removed during cystoscopy. One patient who was trying to conceive opted for conservative management with only fertility sparing treatment. Out of the remaining 6 patients diagnosed with bladder nodule endometriosis, two were pending surgery and 4 were being managed medically. Patients who were managed medically with GnRH agonist and analgesics seemed to have improved quality of life overall but shorter symptom free intervals. Those who underwent surgical excision typically had recurrence rate of symptoms after one to two years, except one patient who did not have any change in symptoms post-op. Bladder symptoms were reported with two patients after surgical management in the form of urge incontinence and stress incontinence. Two of the patients managed medically had recurrence of bladder pain symptoms when they decided to discontinue GnRH agonist in order to conceive.

Conclusions: Laparoscopic excision of Bladder nodules in this group of patients had low complication rates but lower recurrence of symptom 62% in comparison to conservative or medical management. However, most patients reported better higher satisfaction rates after 1 year of being managed with GnRH agonist. Patients generally had satisfactory outcomes post laparoscopic surgical removal of bladder nodule endometriosis without intra and post-operative complications. Bladder function was generally well maintained with minimal evidence of long-term issues with bladder capacity. It is notable that the low complication rate may be due to the involvement of a multidisciplinary team of specialists who provide the necessary expertise during these complex procedures.

Disclosure: No

Abstracts

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regarding the format of abstracts with the aim to improve their accuracy and concision for reporting Randomised Controlled Trials (RCT’s). The CONSORT (Consolidated Standards of Reporting Trials) statement, comprising of a 17-item checklist, provides evidence based, minimum set of recommendations for reporting of RCTs in abstracts of conferences. CONSORT is endorsed by prominent scientific journals, and leading editorial organizations. It is a key tool for assessing RCT methodological quality.

**Objective:** To assess the change in the quality of abstracts reporting RCT’s against CONSORT recommendations between 2008 and 2019.

**Methods:** Published RCT abstracts for IUGA 2019 Annual meeting were identified and reviewed. Results were compared with a previous assessment of compliance from the 2008 (1) checklist by two examiners separately. Each of the items was scored as met or not met. The checklist item abbreviates a fuller minimum standard of clarity recommended by the CONSORT statement.

**Results:** In the 2008 and 2019 IUGA meetings, 18 and 19 abstracts reporting RCT’s were presented, respectively. The mean score for compliance in 2008 was 10/17 (59% compliance). The review of the 2019 IUGA abstracts of RCT’s demonstrated an increase in compliance with the CONSORT criteria, with a mean of 11.73/17 (69% compliance). Randomisation, blinding, numbers analysed and registration remain poorly reported.

**Conclusions:** The accepted RCT’s for presentation at IUGA remain methodologically challenged. Whilst reporting has improved, the overall quality is still suboptimal. There is sufficient clarity regarding objectives, trial design, intervention and outcomes. Areas of weakness include detailing randomisation, blinding and registration which have been consistently poor over the years. Areas of improvement over the last decade have been the use of the word “randomised” in the title to identify and index the abstracts as RCT’s, the declaration of inclusion and exclusion criteria, trial design, numbers randomised, numbers analysed and primary outcome result. We would suggest that the submission process needs to be reviewed in future years to ensure compliance with internationally agreed standards. Requiring RCT’s to be registered prior to abstract submission, would ensure compliance with these criteria. Providing reference to the RCT registration with a link would allow easy access to more detailed information and avoid duplication for reviewers. Higher quality of abstracts reporting RCT’s is needed for the benefit of the clinician, the patient and the systematic reviewer.

**Disclosure:** No

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**Poster 453**

**FACTORS ASSOCIATED WITH ADDRESSING URINARY INCONTINENCE AND OUTPATIENT REFERRAL PATTERNS DURING WELL-WOMAN CARE IN AN ACADEMIC RESIDENT PRACTICE**

N. Meckes1, S. Glass Clark1, K. Ruppert2, C. Judkins3, GS. Napoe1. UPMMC Magee-Womens Hospital1, University of Pittsburgh2, University of Pittsburgh School of Medicine.

**Introduction:** Approximately 50% of adult women experience urinary incontinence (UI), however it is estimated that only 25% seek care for the condition. (1,3) Screening for UI symptoms is recommended during well-woman care for women age 18 and older.(1,2) Upon identification of UI referral for diagnostic evaluation and treatment is recommended.(2)

**Objective:** To describe the factors associated with addressing UI symptoms during well-woman care within an academic resident clinic practice. Secondly, we sought to examine subspecialty referral patterns for patients with UI.

**Methods:** This was a retrospective chart review of all outpatient well-woman preventive care examinations performed by Obstetrics and Gynecology (OBGYN) resident physicians at an academic center from 1/1/2019 to 12/31/2019. Women 18 years and older were included. Charts were reviewed for demographics, insurance payer, zip code, and medical history. Descriptive statistics, chi-squared, and Fisher’s exact tests were used for comparison and logistic regression was used to control for confounders.

**Results:** Resident physicians performed 165 well-woman visits in 2019. The median age of subjects was 34.0 years (IQR 21.0) and the majority identified as Black (103/165, 62.4%). Seventy-eight (47.3%) had commercial health insurance and 71 (43.0%) had Medicare or Medicaid insurance. Only 12 (7.3%) women had UI symptoms addressed at their visit. Those with UI addressed were older [median age 48.0 years (IQR 32.0) vs 33.0 years (IQR 19.0), P = 0.05] and more likely to be post-menopausal [7/12 (58.3%) vs 25/153 (16.3%), P = 0.05], Table 1. Those with UI addressed were more likely to have other pelvic floor disorders [5/12 (41.7%) vs 9/153 (5.9%), P = 0.01]. On logistic regression, there was a 6.1-fold increased odds of having UI addressed in those with other pelvic floor disorders (aOR 6.1, 95% CI 1.4-26.3, P = 0.02) when adjusting for post-menopausal status (aOR 4.2, 95% CI 1.1-16.3, P = 0.04). Seven of the 12 (58.3%) subjects who had UI addressed reported symptoms of UI. Of these 7 women, 4 (57.1%) identified as Black and 3 (42.9%) identified as White. Two (28.6%) of the 7 did not have UI addressed in their plan at the conclusion of their visit. Table 2 describes the interventions offered for UI. Only one (14.3%) subject had a referral placed for Urogynecology. One subject was offered Urogynecology referral, however the patient declined and had lifestyle modifications offered. Another subject had referral discussed, but there was concern from the patient about insurance coverage related to seeing a subspecialist.

**Conclusions:** In this OBGYN resident practice patient population, UI symptoms are screened for at exceedingly low rates. Given the high prevalence of UI, urogynecologists should educate OBGYN residents to elicit symptoms of UI through questionnaires or review of systems so they can seize the opportunity to educate this younger population of women on UI prevention. Future research should further evaluate outpatient referral patterns to identify and eliminate barriers to care, particularly in populations with limited access to care.

**Disclosure:** No
Poster 454 DIFFERENCES IN ANORECTAL MANOMETRY VALUES AMONG WOMEN WITH FECAL INCONTINENCE IN A RACIALLY, ETHNICALLY, AND SOCIOECONOMICALLY DIVERSE POPULATION

W. Clearwater1, S. Meyer2, PK. Halani1. Albert Einstein College of Medicine/Montefiore Medical Center1, Albert Einstein College of Medicine2

Introduction: Fecal incontinence (FI) is a prevalent pelvic floor disorder with considerable potential to adversely impact quality of life. Anorectal manometry (ARM) is a valuable diagnostic tool to assess sensory and sphincteric function of the anorectum that can aid in elucidating contributory mechanisms to FI. ARM can also be used during biofeedback, and values may inform treatment response. Consensus on standard reference range values for ARM has not been established, and women of varying racial/ethnic backgrounds are not well-represented in the current available literature.

Objective: We aimed to compare ARM values between women of different racial and ethnic groups with FI.

Methods: We conducted a retrospective chart review of women >18 years old with ICD-9 or ICD-10 diagnosis codes for FI who underwent ARM at a tertiary health system in an urban underserved community between January 1, 2016 and November 1, 2021. Women were excluded if they had neurogenic FI, colorectal malignancy, rectal prolapse, and inflammatory bowel disease. We collected demographic information as well as clinical risk factors for FI from the medical record including age, parity, BMI, presence of constipation or loose stools, history of anorectal surgery, diabetes, smoking, and urinary incontinence. Socioeconomic status (SES) was represented by the percent of the population living below the poverty line according to zip code using US census data. We abstracted the following ARM values from the medical record: mean anal resting pressure, mean anal squeeze pressure, volumes at first sensation, normal urge, and strong urge, and maximum tolerated volume. ARM values were compared between racial/ethnic groups using ANOVA or Kruskal-Wallis for continuous variables and Fisher's exact or Chi-square test for categorical variables. Multivariable logistic regression was conducted to control for patient characteristics.

Results: Fifty-eight women were included in the analysis: 45% White, 33% Hispanic, and 22% Black (Table 1). Black women had higher BMI than other groups. Hispanic and Black women had higher rates of diabetes and loose stools and were of significantly lower SES compared to White women. The majority of women underwent ARM for the indication of fecal incontinence without constipation or fecal urgency, with no significant differences between groups. Black and Hispanic women had lower thresholds for volume at first sensation compared to White women. These differences were maintained after controlling for BMI, diabetes, SES, and presence of loose stools (P < 0.03 and P = 0.01, respectively). Other ARM values were not significantly different between groups.

Conclusions: Racial and ethnic differences in ARM values among women with FI exist. Our findings suggest that utilizing different targets for pelvic floor physical therapy and biofeedback based on race and ethnicity may be useful in order to optimize efficacy of these treatments. Further research is needed to investigate whether these differences are due to biologic, genetic, socioeconomic, or disease-specific elements as well as whether they impact treatment outcomes and patient satisfaction.

Disclosure: No

Table 1: Demographic characteristics for women with FI undergoing anorectal manometry by race and ethnicity

<table>
<thead>
<tr>
<th>Age (yr)</th>
<th>BMI (kg/m²)</th>
<th>Socioeconomic status</th>
<th>Diabetes</th>
<th>Current smoker</th>
<th>Constipation</th>
<th>Loose stools</th>
<th>Urinary incontinence</th>
<th>History of anorectal surgery</th>
<th>Predominant symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>45.3 ± 11.9</td>
<td>29.7 ± 5.9</td>
<td>32.3 ± 4.0</td>
<td>0.003</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>64.0 ± 12.6</td>
<td>31.7 ± 12.6</td>
<td>32.5 ± 3.0</td>
<td>0.009</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>64.0 ± 12.7</td>
<td>30.4 ± 5.1</td>
<td>32.7 ± 2.0</td>
<td>0.005</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Poster 455 ANTIMICROBIAL ACTIVITY IN RED GINGER AS A TREATMENT FOR WOMEN'S URINARY TRACT INFECTIONS: A SYSTEMATIC REVIEW AND META-ANALYSIS OF EXPERIMENTAL STUDY

R. Sagita1, EM. Kumaiwati1, Z. Faizah1. Universitas Airlangga1

Introduction: Urinary tract infection is considered a common infection in humans. The location of the female reproductive organs is a susceptibility factor for urinary tract infections. Most of the treatments use a pharmacological diagnostic approach.

Objective: This study aims to identify and analyze previous research on the effect of giving red ginger as a treatment for urinary tract infections in women. The benefit of this study is to examine non-pharmacological approaches that can relieve symptoms.

Methods: A systematic review and meta-analysis was carried out using the PRISMA guidelines. The research approach uses PICOS. Search literature in the PubMed, Science Direct, Scopus, ProQuest databases using data from the 2011 until 2020 and using relevant keywords.

Results: Most studies found that the cause of urinary tract infections was mostly Escherichia Coli bacteria. There is antimicrobial activity in red ginger even with different types of applications and can be combined with other plants. The results of the analysis of the effect of giving red ginger to Escherichia Coli were obtained from 5 articles that were carried out by meta-analysis with p value <0.001 so that it showed that there was an effect of ginger on Escherichia Coli bacteria.

Conclusions: Red ginger has antimicrobial activity which can be useful in the management of urinary tract infections but needs to be clarified more about how to apply ginger appropriately.

Disclosure: No

Table 2: Differences in anorectal manometry values by race and ethnicity

<table>
<thead>
<tr>
<th>All participants</th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>All n=58</td>
<td>n=26</td>
<td>n=11</td>
<td>n=11</td>
<td></td>
</tr>
<tr>
<td>Mean anal resting pressure (mmHg)</td>
<td>23.8 ± 11.6</td>
<td>24.0 ± 10.4</td>
<td>25.8 ± 12.4</td>
<td>22.2 ± 13.0</td>
</tr>
<tr>
<td>Mean squeeze pressure (mmHg)</td>
<td>58.2 ± 27.9</td>
<td>49.2 ± 23.1</td>
<td>75.1 ± 33.7</td>
<td>59.1 ± 27.5</td>
</tr>
<tr>
<td>Volume at first sensation (ml)</td>
<td>39.8 ± 30.7</td>
<td>52.7 ± 33.2</td>
<td>26.3 ± 21.4</td>
<td>30.3 ± 29.1</td>
</tr>
<tr>
<td>Volume at normal urge (ml)</td>
<td>88.5 ± 38.8</td>
<td>63.0 ± 28.3</td>
<td>109.8 ± 56.3</td>
<td>87.2 ± 34.7</td>
</tr>
<tr>
<td>Volume at strong urge (ml)</td>
<td>135.6 ± 41.5</td>
<td>120.0 ± 10.0</td>
<td>154.4 ± 49.5</td>
<td>129.1 ± 38.7</td>
</tr>
<tr>
<td>Maximum tolerated volume (ml)</td>
<td>137.0 ± 70.0</td>
<td>126.4 ± 58.0</td>
<td>164.0 ± 112.8</td>
<td>185.0 ± 77.8</td>
</tr>
</tbody>
</table>

Data are presented as mean (SD) or % (±) unless otherwise noted.

Poster 456 A PERSONALIZED, SURGERY-FREE WEARABLE BLADDER MODULATION AND DIGITAL THERAPY SYSTEM TO TREAT OAB SHOWS COMPARABLE RESULTS TO MORE INVASIVE TREATMENTS

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Introduction: Despite the availability of several different physician-prescribed treatment options to address the symptoms of overactive bladder (OAB) and
urgency urinary incontinence (UUI), low rates of patient adoption and poor therapy compliance persist[1]. Pharmacologic agents, while simple to administer, carry unpleasant side effects and undesirable interactions with other medications. Injection of botulinum toxin can be effective in up to 70% of cases; however, it requires use of a cystoscope and comes with side effects causing up to 40% of patients to discontinue therapy[2]. In addition, the effect of botulinum toxin is temporary, requiring additional procedures every 4 to 9 months. Peripheral tibial nerve stimulation (PTNS) has been shown to be 64-76% effective at reducing symptoms and has few side effects [3], [4] but requires insertion of a needle-electrode and that the patient travel to the clinic weekly. Sacral nerve stimulation (SNS) has been shown to be an effective treatment with up to 89% reported to be responders[5]. However, this responder rate does not include those patients who failed a temporary trial of SNS. Further, SNS is a more invasive neuromodulation therapy option, carries a high rate of re-operation and poses the risk of serious adverse events[6].

Objective: Although these therapies have shown good effectiveness, they all have major drawbacks which have limited their adoption. OAB and UUI patients remain in need of safe and effective therapies that are surgery-free, convenient and eliminate the side effects of current treatment options. A surgery-free, wearable bladder modulation and digital therapy system (Avation Medical, Columbus, OH, Figure 1) has been developed to address these issues. The wearable system uses neuromodulation of the tibial nerve and allows the patient to conduct therapy at home using a mobile application on the patient’s own device. The wearable system utilizes closed-loop physiologic sensing to objectively confirm activation of the target nerve and automatically adjust the signal to maintain an optimal therapeutic range for each patient’s needs. The system is also connected with a digital health platform to track symptoms and therapy data in a HIPAA-compliant cloud server available to both patient and physician, creating a comprehensive therapy system.

Methods: A prospective, multicenter study evaluated the safety and effectiveness of the system by comparing subjects randomized into two arms for a total of 12 weeks: therapy for thirty minutes either one-time or three-times per week. Objective confirmation of stimulation of the subject’s tibial nerve was achieved and an individualized therapeutic range was set for each subject. Therapy sessions were performed by the subject at home.

Results: Ninety-six subjects were enrolled with ninety-three evaluable. Three subjects were dropped due to unreliable data at baseline. All subjects found the garment and sensation comfortable. At 12 weeks, the wearable system demonstrated an 84% responder rate. Efficacy was similar in both arms. No serious device-related adverse events were reported. These results compare favorably with other therapies (Table 1).

Results: A prospective, randomized trial comparing patients randomized into two arms for a total of 12 weeks: therapy for thirty minutes either one-time or three-times per week. Objective confirmation of stimulation of the subject’s tibial nerve was achieved and an individualized therapeutic range was set for each subject. Therapy sessions were performed by the subject at home. Ninety-six subjects were enrolled with ninety-three evaluable. Three subjects were dropped due to unreliable data at baseline. All subjects found the garment and sensation comfortable. At 12 weeks, the wearable system demonstrated an 84% responder rate. Efficacy was similar in both arms. No serious device-related adverse events were reported. These results compare favorably with other therapies (Table 1).

Conclusions: A surgery-free, drug-free, wearable bladder modulation and digital therapy system can be an effective and feasible treatment alternative for the treatment of symptoms of OAB and UUI.

Disclosure: Yes, this is sponsored by industry/sponsor: Avation Medical

Clariﬁcation: Industry initiated, executed and funded study

One of more of the authors act as a consultant, employee or shareholder for: Avation Medical

Conclusion: A surgery-free, drug-free, wearable bladder modulation and digital therapy system can be an effective and feasible treatment alternative for the treatment of symptoms of OAB and UUI.

Disclosure: Yes, this is sponsored by industry/sponsor: Avation Medical

Clarification: Industry initiated, executed and funded study

One of more of the authors act as a consultant, employee or shareholder for: Avation Medical

Poster 457 MULTIMODAL MEASUREMENT OF VAGINAL SHAPE DURING SQUEEZE AND STRAIN IN NULLIPAROUS WOMEN L. Martin1, S. Abramsowitch1, G. Rostamia2. University of Pittsburgh1, Northshore University HealthSystems2

Introduction: Vaginal shape is influenced, in part, by the anatomical support of the surrounding connective tissues and the function of its surrounding muscles. Thus, shape descriptions based on imaging have been used as a proxy for diagnosing inadequate vaginal support. Connective tissue defects or muscular dysfunction can be more identiﬁable if the patient is performing dynamic maneuvers (e.g. strain or squeeze). While signiﬁcant changes in vaginal shape have been observed in patients with pelvic ﬂoor disorders, these shape changes can be difﬁcult to contextualize because the shape changes of healthy, nulligravid women have not be well characterized.

Objective: This study aimed to measure changes in vaginal shape within healthy, nulligravid women who are performing strain and squeeze maneuvers. To robustly characterize changes in shape, dynamic MRI and a ﬂexible insertion device based on accelerometers (PFDx, Renovia Inc.) were used to collect changes in shape while supine and standing, respectively.

Methods: Nine nulligravid subjects—all of whom demonstrated completed maneuvers during both exams—with no history of pelvic organ disorders were recruited for this prospective cohort study. Subjects were instructed to rest (to allow the capture of their rest shape) then perform the maneuvers (squeeze then strain). Using a custom python code, the positions of the PFDx sensors and the shape of the vaginal lumen during dynamic MRI were converted to 2D polylines. A statistical shape model (SSM) was performed on each set (PFDx and MRI) of 27 polylines to elucidate any difference in shape between maneuvers. The modalities were processed separately due to the difference in patient position. The SSM calculates a principal component (PC) score for each shape which quantitatively explains each shape’s difference from the overall mean shape. A self-paired t-test was conducted on the PC scores to determine if either modality was able to distinguish between rest and either of the maneuvers.

Results: The general shape of the vagina was similar between the two modalities. When comparing within modalities, the vaginal lumen had a straighter shape during rest compared to both maneuvers the vaginal apex bent posteriorly towards the levator plate (Figure 1). Vaginal apex motion was most pronounced during strain. Figure 2 illustrates the difference in PC scores between rest and each maneuver with a value greater than zero indicating more motion of the vaginal apex. The maneuver that resulted in a shape that was signiﬁcantly different from rest was detected by the PFDx device for strain (P < 0.013), all other changes were not statistically different.

Conclusions: In both modalities the shape of the vaginal lumen bent towards the levator plate. Strain had larger amounts of shape change which was likely due to the additional increase in intraabdominal pressure that accompanies strain. However, the relatively small amount of shape change in these nulliparous women...
made these differences difficult to detect with only the PFDx device detecting differences resulting from strain. In the future, these data will be compared to shapes in women with diagnosed pelvic floor disorders to determine the clinical utility of this approach.

Disclosure: Yes, this is sponsored by industry/sponsor: Renovia Inc.
Clarification: Industry funding only - investigator initiated and executed study

Poster 458
VAGINAL SACROSPINOUS LIGAMENT FIXATION: A RETROSPECTIVE COHORT OF ABSORBABLE AND PERMANENT SUTURE GROUPS
S. Su1, A. Murillo2, S. Zuo3, M. Ackenbom4, M. Bradley1. Magee Women’s Hospital/University of Pittsburgh Medical Center

Introduction: A systematic review suggests similar anatomic outcomes after vaginal uterosacral ligament suspension with absorbable and permanent suture, but there is currently no data on outcomes by suture type for sacrospinous ligament fixation (SSLF).

Objective: The aim of this study was to compare composite prolapse recurrence after vaginal SSLF with absorbable versus permanent suture.

Methods: We performed a retrospective cohort study of women who underwent vaginal SSLF from 1/2017-6/2021 completed by 8 different female pelvic medicine and reconstructive surgeons. We compared 2 groups: (1) absorbable suspension suture and (2) permanent suspension suture (including if used in combination with absorbable suture). Our primary outcome was composite prolapse recurrence defined as (1) recurrent prolapse in any compartment past the hymen and/or (2) retreatment for prolapse with either surgery or pessary. We excluded patients without a documented pelvic organ prolapse quantification (POPQ) score on follow up exam. We defined advanced prolapse as ≥ Stage 3 prolapse on POPQ exam and described number of SSLF sutures as a binary variable (>2 sutures total or ≤2 sutures total). Baseline and intraoperative variables were compared between groups. We evaluated suture group differences using log-rank tests and Cox tests for composite prolapse recurrence. Adjusted Cox proportional hazards regression models examined associations between suture group and composite prolapse recurrence controlling for relevant confounders.

Results: The cohort of 109 patients had a mean age of 65.0 ± 8.9 years and mean body mass index of 28.5 ± 5.7 kg/m2. On preoperative POPQ exams, 76 (69.7%) women had advanced prolapse. Forty-six (42.2%) patients underwent SSLF with only delayed absorbable sutures and 63 (57.8%) with permanent sutures. All surgeons who used permanent suture used polypropylene, and all of the delayed absorbable suture was polydioxanone. At baseline, the permanent suture cohort was more likely to have advanced prolapse (P < 0.01) and to have greater than 2 SSLF sutures placed (P < 0.01), while the delayed absorbable cohort was more likely to have a concomitant anterior repair (P < 0.01). Additionally, there was longer median follow-up in the permanent group as compared to the absorbable group (P < 0.01) (Table 1). Overall, there were no differences in composite prolapse recurrence (10.9% vs 19.0%, P = 0.24), anatomic failure (8.7% vs 14.3%, P = 0.37), retreatment with pessary or surgery (2.2% vs 4.8%, P = 0.49), or median postoperative POPQ measurements between the delayed absorbable vs permanent suture groups (Table 2). There was also no difference in 6-week postoperative complications between groups (31.1% vs 31.7%, P = 0.94). When adjusting for differential characteristics, there remained no difference in the hazards of composite prolapse recurrence between suture groups (aHR 0.38, 95% CI 0.10-1.49; P = 0.17) (Table 3).

Table 1: Demographics and Intraoperative Characteristics of Study Group

<table>
<thead>
<tr>
<th>Baseline Demographics</th>
<th>Delayed Absorbable (n=46)</th>
<th>Permanent/Combi (n=63)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years</td>
<td>66.7 ± 9.1</td>
<td>65.7 ± 8.6</td>
<td>0.67</td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td>0.11</td>
</tr>
<tr>
<td>White</td>
<td>38 (86.9)</td>
<td>59 (93.7)</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>5 (12.0)</td>
<td>4 (6.3)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2 (4.3)</td>
<td>0 (0.0)</td>
<td></td>
</tr>
<tr>
<td>BMI, kg/m²</td>
<td>28.7 ± 6.0</td>
<td>28.5 ± 6.6</td>
<td>0.84</td>
</tr>
<tr>
<td>Hypertension</td>
<td>25 (54.3)</td>
<td>30 (47.6)</td>
<td>0.21</td>
</tr>
<tr>
<td>Diabetes Mellitus</td>
<td>7 (15.2)</td>
<td>4 (6.3)</td>
<td>0.27</td>
</tr>
<tr>
<td>Prior hysterectomy</td>
<td>36 (77.3)</td>
<td>47 (74.6)</td>
<td>0.86</td>
</tr>
<tr>
<td>Advanced prolapse</td>
<td>25 (54.3)</td>
<td>57 (89.1)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Intraoperative Changes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hydrometria</td>
<td>3 (6.6)</td>
<td>10 (15.9)</td>
<td>0.14</td>
</tr>
<tr>
<td>Hypertensive</td>
<td>8 (17.3)</td>
<td>9 (14.3)</td>
<td>0.66</td>
</tr>
<tr>
<td>Concomitant anterior repair</td>
<td>32 (69.6)</td>
<td>26 (41.3)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Concomitant posterior repair</td>
<td>38 (86.7)</td>
<td>53 (84.1)</td>
<td>0.83</td>
</tr>
<tr>
<td>Concomitant Meralentral pain</td>
<td>3 (6.6)</td>
<td>3 (4.8)</td>
<td>0.68</td>
</tr>
</tbody>
</table>

Table 2: 6-week Postoperative Measurements

<table>
<thead>
<tr>
<th>6-week Postoperative Measurements</th>
<th>Delayed Absorbable (n=46)</th>
<th>Permanent/Combi (n=63)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total score</td>
<td>20.4 (7.7)</td>
<td>20.2 (7.5)</td>
<td>0.70</td>
</tr>
<tr>
<td>Rest - Squeeze</td>
<td>20.4 (7.7)</td>
<td>20.4 (7.6)</td>
<td>0.94</td>
</tr>
<tr>
<td>Rest - Squeeze</td>
<td>20.3 (7.7)</td>
<td>20.5 (7.6)</td>
<td>0.88</td>
</tr>
<tr>
<td>Strain</td>
<td>20.4 (7.7)</td>
<td>20.2 (7.5)</td>
<td>0.70</td>
</tr>
</tbody>
</table>

Table 3: Adjusted Cox Proportional Hazards Regression Models

<table>
<thead>
<tr>
<th>Adjusted Cox Proportional Hazards Regression</th>
<th>Delayed Absorbable (n=46)</th>
<th>Permanent/Combi (n=63)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>hazard ratio for composite prolapse recurrence</td>
<td>0.38 (95% CI 0.10-1.49)</td>
<td></td>
<td>0.17</td>
</tr>
</tbody>
</table>
Conclusions: In our retrospective study, vaginal SSLF using only absorbable suture affords similar anatomic outcomes in the medium term as compared with suspension with permanent suture. Furthermore, concomitant anterior repair, posterior repair and number of sutures do not seem to be associated with differential outcomes. Future research with larger studies is needed to confirm our findings.

Disclosure: No

Poster 459
PERIPARTUM VOIDING DYSFUNCTION: IDENTIFYING CAUSAL FACTORS

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Introduction: Peripartum bladder care is essential to prevent urinary tract dysfunction caused by overdistension injuries, which can lead to permanent damage to the detrusor muscle. This may result in long-term morbidity including upper urinary tract damage, incontinence, detrusor underactivity and recurrent urinary tract infections secondary to permanent voiding difficulties [1,2,3,4]. In recent years there has been a perceived increase in the number of women suffering from peripartum voiding dysfunction (VD). The cause of this is poorly understood. NHS England’s new initiative ‘Perinatal Pelvic Health’ aims to improve the prevention, identification and treatment of pelvic floor dysfunction following birth, of which lower urinary tract symptoms are an important aspect [5]. Understanding current intrapartum and postpartum bladder care is an important initial step in achieving this national ambition.

Table 1: Incidence of VD according to mode of delivery

<table>
<thead>
<tr>
<th>Mode of Delivery</th>
<th>LSCS (n=20)</th>
<th>Vaginal Birth (n=16)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Emergency (11)</td>
<td>Elective (9)</td>
</tr>
<tr>
<td>Intrapartum VB</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>Postpartum VB</td>
<td>18</td>
<td>10</td>
</tr>
</tbody>
</table>

Overall 78% of women developed VD postpartum compared to 22% where it occurred intrapartum (Table 1). Of the women who developed postpartum VD, 66% of them had indwelling catheters in situ, and therefore required postpartum TVOCC procedure. Of the women who developed intrapartum voiding dysfunction, more of them had had care that met the standards outlined in the Bladder Care Guidance. The TVOCC protocol and guidance for postpartum bladder care were not followed in 54% of the women who experienced postpartum VD. In the period following discharge home with a catheter, 19% of women encountered complications with an indwelling catheter. At follow up 97% of women had successful TVOCC and only 3% of women experienced ongoing lower urinary tract symptoms.

Conclusion: This study highlights the frequency of underlying risk factors in cases of VD. Further studies are required to identify whether intervention can mitigate the impact of these risk factors, and therefore reduce the incidence of VD. It also demonstrates poor adherence to the Obstetric Bladder Care Guidance, and as a result exposes women to significant risk of voiding dysfunction and the associated long term morbidity. Such studies highlight the need for the NICE’s long term plan and provide a baseline to develop and improve care provided to women.

References:

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Objective: Peripartum bladder care was reviewed to determine the prevalence of underlying risk factors in cases of VD, and to identify whether substandard care is contributing to the incidence of VD in this cohort.

Methods: A retrospective study was conducted to assess the management of women in a tertiary care hospital in London with a delivery rate of approximately 5,000 per year. The demographics and care of thirty-six women who developed peripartum VD between January 2020 and June 2020, defined as those who either developed spontaneous intrapartum acute urinary retention, or those who failed a postpartum ‘Trial without catheter’ (TWOC), were examined. Cases were identified from the appointment diary of the hospital’s Urogynaecology Department. Care was assessed against standards outlined in the unit’s Obstetric Bladder Care Guideline. Data were collected using electronic patient records and handwritten notes.

Results: 94% of cases had risk factor(s) for developing voiding dysfunction. Of these, the most common was regional analgesia. Overall 78% of women developed VD postpartum compared to 22% where it occurred intrapartum (Table 1). Of the women who developed postpartum VD, 66% of them had indwelling catheters in situ, and therefore required postpartum TWOC procedures. Of the seven women who developed intrapartum voiding dysfunction, none of them had care that met the standards outlined in the Bladder Care Guideline. The TWOC protocol and guidance for postpartum bladder care were not followed in 54% of the women who experienced postpartum VD. In the period following discharge home with a catheter, 19% of women encountered complications with an indwelling catheter. At follow up 97% of women had successful TWOCs and only 6% of women experienced ongoing lower urinary tract symptoms.

Conclusions: This study highlights the frequency of underlying risk factors in cases of VD. Further studies are required to identify whether intervention can mitigate the impact of these risk factors, and therefore reduce the incidence of VD. It also demonstrates poor adherence to the Obstetric Bladder Care Guideline, and as a result exposes women to significant risk of voiding dysfunction and the associated long term morbidity. Such studies highlight the need for the NHS’s long-term plan and provide a baseline to develop and improve care provided to women.

Disclosure: No

Poster 460  INDUSTRY PAYMENTS TO SURGICAL SUBSPECIALTY RESIDENCY PROGRAM DIRECTORS

L. Palmere1, I. Burgard1, T. Muffly2. Saint Joseph Hospital Denver1, Denver Health2

Introduction: Residency program directors have a unique opportunity to educate and influence the physicians they train. It is no mystery that the skills, techniques, and nuances which are learned throughout residency mold the practices of trainees(1) (2) and they also have a professional working relationship with drug or device manufacturers. (3) (4) Thus, it is plausible to deduce that the resources and funding provided by drug or device manufacturers, indirectly shape the future practices of residents. (5)

Objective: To examine the magnitude of payments which residency program directors of surgical subspecialty programs (general surgery, obstetrics and gynecology, ophthalmology, orthopedic surgery, otolaryngology, urology) accepted from drug or device manufacturers between 2013 and 2020.

Methods: For this retrospective, cross-sectional study, a list of non-research payments from drug or device manufacturers to program directors of surgical subspecialty residency programs was obtained through the Centers for Medicare and Medicaid Services Open Payments Database from August 1, 2013 to December 31, 2020. These data were cross referenced to a list of fellowship directors from the Accreditation Council of Graduate Medical Education. Characteristics of the non-research payments and the fellowship directors were analyzed with student’s t-test and ANOVA test.

Results: A total of 53,691 payments, totaling $31,036,220 were made to 1,129 residency program directors (table 1). Residency program directors who tended to receive higher payment amounts were male orthopedic surgery residency program directors (figure 1), aged 56 to 60 years old, and those who practice in the New England region (P < 0.01 for all). The mean payment amount to men was over four times that given to women ($658 [SD $7,726] vs. $151 [SD $574]), and the mean payment amount to orthopedic surgery program directors was nearly seven times that of all other surgical specialties ($1,469 [SD $13,137] vs. $222 [SD $1,084]). Three-quarters of all payments were for food and beverage (40,529 payments totaling $1,749,325), however those payments comprised only 5% of the total dollar amount. Nearly half of the total dollars were received by orthopedic surgery residency program directors for royalties and license fees ($14,143,463). When compared to other surgical subspecialties, program directors of obstetrics and gynecology (OB/GYN) and urology programs received the lowest mean payment amounts ($150 [SD $499] and $200 [SD $910] respectively) (figure 2). The manufacturer who provided the highest mean payment amount to OB/GYN residency program directors was Applied Medical Corporation ($597 [SD $936]), while urology received their highest mean payment amount from NeoTract, Inc. ($573 [SD $1,555]).

Conclusions: Residency program directors of surgical subspecialty residency programs have substantial varying relationships with drug and/or device manufacturers based on gender, surgical specialty, and area of the country which they practice. These relationships have potential to impact the education and future practice of their residents in the drugs and devices that they are exposed to in their training. These relationships should be transparent to residency applicants.

Disclosure: No
Poster 461
ROLE OF PELVIC FLOOR TANSLABIAL ULTRASOUND RISK FACTORS FOR RECURRANCE IN RECONSTRUCTIVE VAGINAL AND ABDOMINAL LAPAROSCOPIC SACROCLOXPEXY SURGERIES FOR APICAL PROLAPSE

A. Maluenda1, K. Farca2, D. Pfahlhammer3, F. Santis-Moya4, D. Arevalo5, M. Mass-Lindebaum6, J. Pizarro-Berichiesky6, Hospital Sotero del Rio1, Pontificia Universidad Católica de Chile4, Hospital Sotero del Rio1, Pontificia Universidad Católica de Chile4, Centro de Innovacion en Piso Pelvico, Hospital Sotero del Rio1, Pontificia Universidad Católica de Chile4, Universidad de los Andes, Santiago5

Introduction: Introduction Female pelvic organ prolapse is a common condition, presenting a multifactorial etiology. Little is known about factors associated with surgical failure. Pelvic Floor translabial ultrasound (PFUS) can identify levator ani avulsion (LAA) and ballooning, which some studies showed to be possible risk factors for prolapse recurrence. It is important to identify risk factors for recurrence to provide preoperative consultation and realistic patient expectations after vaginal or abdominal reconstructive surgery.

Objective: Objective To determine if PFUS can identify risk factors for composite outcome recurrence (symptoms or prolapse beyond the hymen or reoperation) in patients undergoing vaginal and abdominal apical repair.

Methods: Methods A retrospective observational study from a prospectively collected database was performed. All patients with vaginal apical repair with sacrospinous ligament fixation (SSLF) or hysteropexy with uterosacral ligament suspension (HUS), and abdominal laparoscopic sacrocolpopexy (SCP) with preoperative PFUS were included. Demographics, clinical characteristics, follow-up and composite outcome were analyzed.

Results: Results 206 patients met the inclusion criteria. 118 (57.2%) patients underwent vaginal repair and 88 (42.8%) abdominal repair. All patients had a symptomatic vaginal bulge. On physical examination, of the group with vaginal repair, 18.6% had grade II prolapse, 76.3% grade III and 5.1% grade IV. Surgical techniques were 62.7% SSLF (Anchorsure 46.7%, Splenitis 29.3%, Deschamps 17.3% and 5.3% free needle driver) and 37.3% HUS. On physical examination of the group with abdominal repair 23.9% had grade II prolapse, 65.9% grade III and 10.2% grade IV. The Median follow up was 14 months (IQR: 3-32). 40.2% had LAA in vaginal repair and 70.9% in abdominal repair. 33.3% had moderate-severe ballooning (MSB) in vaginal repair and 48.8% in abdominal repair. Anatomic recurrence rate by compartment in vaginal and abdominal repair was: apical compartment 8.3% and 3.4%; anterior compartment 3.7% and 3.4%; posterior compartment 19.6% and 13.8% respectively. Symptomatic recurrence rates were 2.9% and 5.8% respectively for vaginal and abdominal repair. Reoperation rates were 2.9% and 5.8%, respectively. Composite recurrence rates were 16.8% for vaginal repair and 8.0% for abdominal procedure without statistically significant differences between groups.

Conclusions: Conclusions Our results showed that findings on PFUS do not make a difference in composite recurrence rates in vaginal or abdominal procedures for apical prolapse. It is necessary to promote PFUS availability and to understand more about its findings and how they can influence surgical decisions for each patient.

Disclosure: No

Objective: To determine if 50u BTX for the treatment of patients with idiopathic OAB may be an efficacious therapeutic option for patients 65 years of age and older with satisfactory efficacy and decreased risk of bladder infection or urinary retention requiring CIC.

Methods: We conducted a retrospective analysis of idiopathic OAB patients 65 years of age and older who received 50u intravesical BTX between June 2017 and October 2021 by a single provider. All patients had suboptimal response to first-line therapy failed second line therapy due to lack of efficacy, intolerable side effects, or contraindications. All patients had confirmed negative urinalysis prior to BTX and were treated with a single dose of prophylactic antibiotics within 30 minutes of the procedure. For this study, urinary retention requiring CIC was defined as the subjective sense of incomplete bladder emptying with an elevated post-void residual (PVR) confirmed by bladder scan or catheterization. All patients were asked about their subjective duration of effect at subsequent follow up visits or at the time of repeat chemodenervation scheduling.

Results: A total of 32 patients with median age of 75 (IQR: 71-81) received 50u intravesical BTX. No patients required post-procedural CIC. Median PVR was 50 ml (IQR: 30-115). A total of 1/32 patients (3.1%) were treated with a course of antibiotics for post-procedural urinary tract infection within two weeks of the procedure. Patients reported a subjective median duration of effect of 6 months (IQR 4-9). One patient reported 0 months of symptom improvement. Follow up data was available for 18/32 patients, with all 18/32 (56.25%) receiving a second dosage of BTX, and 7/18 (38.89%) received 50u BTX at the time of their second treatment.

Conclusions: Our cohort demonstrates that 50u BTX at first intravesical injection for idiopathic OAB in older patients can provide a reasonable duration of effect with minimal risk of urinary retention requiring CIC. We observed a lower median duration of effect than prior literature for 100u BTX, but similar rates of repeat injection as previously reported for 100u BTX. Future studies with larger recruitment and longer follow up would strengthen this study. However, our findings suggest that 50u BTX may be a potentially efficacious treatment option for patients 65 years of age and older with a low rate of post-procedural UTI and no patients with urinary retention.

Disclosure: No

Poster 462
50 UNIT DOSE OF ONABOTULINUMTOXINA FOR INITIAL TREATMENT OF IDIOPATHIC OVERACTIVE BLADDER IN OLDER WOMEN

J. Tam1, W. Lee2, J. Lacombe2, Virginia Mason Franciscan Health1, Northwell Health1, Overlake Medical Center2

Introduction: First-line treatment for overactive bladder (OAB) consists of lifestyle modifications and pelvic floor physical therapy, followed by second-line pharmacotherapy. However, anticholinergic therapy has low compliance rates due to medication side effects and polypharmacy, particularly in older patients. Given increasing evidence that high anticholinergic load is linked to the development of cognitive impairment and even dementia, alternative therapies should be considered. OnabotulinumtoxinA (BTX) is a third-line therapy that has demonstrated efficacy, however patients are less likely to undergo repeat injection after an adverse event, such as post-procedural bladder infection or urinary retention requiring clean-intermittent catheterization (CIC). The efficacy of low-dosage (50 units) of BTX has been previously demonstrated, and here we sought to determine if 50u BTX for the treatment of patients with idiopathic OAB may be an efficacious therapeutic option for patients 65 years of age and older with a lower risk of urinary retention.

Objective: The purpose of this study was to determine whether introduction of Episcissors-60TM for prevention of obstetrical anal sphincter injuries (OASIS) in a centre with low episiotomy rates

M. Giroux1, E. Emself1, E. Karrenman2, C. Jabs3, University of Toronto1, University of Saskatchewan2, Saskatchewan Health Authority Research Department3, University of Saskatchewan4

Introduction: Obstetrical Anal Sphincter Injuries (OASIS) are perineal lacerations which involve disruption of the anal sphincter complex and can extend into the anal mucosa. In Canada, the incidence of OASIS has been increasing. Mediolateral episiotomy is protective against OASIS. Episcissors-60TM is the first pair of scissors designed to cut at a fixed incision angle of 60 degrees, starting 4.5 mm laterally from the midline, to reduce human error in estimating episiotomy angle during delivery.

Objective: The purpose of this study was to determine whether introduction of Episcissors-60TM into Labour and Birth unit would decrease the incidence of OASIS.

Methods: A before and after quality improvement study was conducted between April 1, 2020 and March 31, 2021. This study was approved by the Research Ethics Board. Data from patients who had a vaginal delivery was included in this study. Data was collected from both electronic database and medical charts. All healthcare providers who perform vaginal deliveries on Labour and Birth unit were offered an educational session on the use of Episcissors-60TM. Episcissors-60TM were then made available in every room on Labour and Birth unit to perform mediolateral episiotomies. The primary outcome measure was the change in incidence of OASIS before and after introduction of Episcissors-60TM. Secondary outcome measures were episiotomy rates before and after introduction of Episcissors-60TM. Data was analyzed using Chi-square tests, independent t-tests, and Mann-Whitney tests where applicable.

Results: A total of 1,383 vaginal deliveries occurred prior and 1,254 vaginal deliveries after introduction of Episcissors-60TM. There was no statistically significant difference between groups for all baseline characteristics and risk factors for OASIS (P > .05). There was a statistically significant decrease in the total OASIS rate from 7.37% of all vaginal deliveries prior to 5.37% after introduction of
Epicissons-60TM (P = .037). The episiotomy rate was 11.42% prior to and 9.97% after introduction of Epicissons-60TM (P = .228). Epicissons-60TM use was documented in 51.20% of episiotomies. Epicissons-60TM were almost exclusively used by obstetricians and had poor uptake in family physician and midwife provider groups. The OASIS rate in women who had an episiotomy was 12.02% before and 13.60% after introduction of Epicissons-60TM (P = .421). Provider feedback was obtained from 18 providers and 55.6% of providers were very satisfied or satisfied with use of Epicissons-60TM. Three providers reported an adverse event.

Conclusions: Although introduction of Epicissons-60TM into Labour and Birth unit resulted in a statistically significant decrease in total OASIS rate, there was no statistically significant difference in OASIS rates within the subgroup that received an episiotomy. Therefore, reduction in the total OASIS rate in this study cannot be attributed to the use of Epicissons-60TM.

Disclosure: No

Poster 464
CORRELATION OF ANORECTAL SYMPTOMS AND ENDODURAL ULTRASOUND FINDINGS AFTER OBSTETRICAL ANAL SPHINCTER INJURIES (OASIS)
N. Naqvi1, M. Giroux1, M. Alahar1. University of Toronto1

Introduction: Obstetrical Anal Sphincter Injuries (OASIS) are severe perineal lacerations that predispose to development of analrectal symptoms with significant maternal morbidity that compromise women’s quality of life. Endodual ultrasound (EAUS) is the gold standard for morphological assessment of the anal sphincter complex. It is used to assess the anal sphincter integrity and detect any persistent anal sphincter defects post repair.

Objective: The purpose of this study was to determine correlation between EAUS findings and anorectal symptoms in women after primary OASIS repair; to determine incidence of residual anal sphincter defects on EAUS after primary OASIS repair; and to determine the rate of clinical overdiagnosis of OASIS.

Methods: A retrospective cohort study was conducted for all women with singleton vaginal deliveries who had a primary repair of OASIS and attended the Postpartum Perineal Clinic at a large tertiary care centre between July 1st 2017 and December 31st 2020. Exclusion criteria consisted of women who had EAUS outside the institution, did not undergo EAUS, rectovaginal fistula, or had incomplete data. This study was approved by the Research Ethics Board. Records were reviewed for baseline characteristics, risk factors for OASIS, severity of anorectal symptoms based on St. Mark’s Incontinence Score (SMIS), and findings on EAUS. Data was analyzed using descriptive statistics. Pearson correlation coefficient was used to assess correlation between anorectal symptoms and EAUS findings.

Results: A total of 330 participants with clinical diagnosis of OASIS met the inclusion criteria. From these participants, 156 (47.3%) had sonographic evidence of OASIS on EAUS. The rate of overdiagnosis was 52.7%. A 3rd degree tear was identified in 126 (38.2%) participants. Of these, 60 (18.2%) participants had 3a perineal tear, while 39 (11.8%) participants had 3b perineal tear, and 27 (8.2%) participants had 3c perineal tear. Fourth degree tear was identified in 30 (9.1%) participants. In participants with sonographic evidence of OASIS on EAUS, there was a statistically significant weak positive correlation (r = .3122) between the size of residual defect of internal anal sphincter (IAS) and SMIS (P < .0180). Residual defect in the anorectal sphincter complex >1 hour was present in 82 (65.1%) participants with 3rd degree tear and 26 (86.7%) participants with 4th degree tear.

Conclusions: This study demonstrates that the size of residual defect of EAS and IAS have a weak positive correlation with anorectal symptoms, emphasising the importance of EAUS for counselling about subsequent mode of delivery. The results of this study emphasize the importance of accurate diagnosis and adequate primary OASIS repair.

Disclosure: No

Poster 465
PROLAPSE COMPOSITE RECURRENCE IN VAGINAL AND ABDOMINAL SURGERY FOR APICAL PROLAPSE. COMPARISON BETWEEN GROUPS OF OVER TWO HUNDRED PATIENTS AT A UNIQUE CENTER
A. Maluenda1, T. Ayau2, F. Santos-Moya3, D. Arevalo4, M. Mazz-Lindenberg5, J. Pizarro-Berdichevsky2. Hospital Sotero del Río1, Universidad de Chile, Santiago1, Centro de Innovacion en Piso Pelvico, Hospital Sotero del Rio1, Pontificia Universidad Catolica de Chile2, Universidad de los Andes, Santiago3

Introduction: Pelvic organ prolapse (POP) is a highly prevalent condition, affecting approximately 30 to 50% of women. The lifetime risk for POP surgery has been documented as high as 10–20%. Surgical treatment includes pelvic reconstructive procedures with a vaginal approach including sacrosinous ligament fixation (SSLF) and hysteropexy with uterosacral ligament suspension (HUS), and abdominal approaches like laparoscopic sacrocolpopexy (SCP). Recurrence of POP after reconstructive surgery is difficult to estimate because of a lack of an agreed definition, but it’s common in up to one-third of all procedures performed and known to have a high reoperation rate.

Objective: To compare various reconstructive surgical procedures for apical prolapse, and report composite recurrence rates between vaginal and abdominal approaches.

Methods: Material and method: A retrospective observational study from a prospectively collected database was performed. All patients with vaginal apical repair (SSLF or HUS) and laparoscopic abdominal approach (SCP) were included. Demographics, clinical characteristics and follow-up time with a composite outcome of anatomical or symptomatic recurrence and reoperation rate were analyzed.

Results: Results: 421 patients met the inclusion criteria. Median age was 66 years (IQ: 59-73). All patients had a symptomatic vaginal bulge. On physical examination, 16.8% had grade II prolapse, 74.0% grade III and 9.2% grade IV. 54.1% of the patients had a vaginal approach repair surgery. Of these, 58.1% were SSLF and 41.9% HUS. 45.9% of the patients had an abdominal approach repair surgery (SCP). Median follow up was 14 months (IQ: 3-32). Anatomic recurrence rates by compartment were: 2.6% apical, 7.6% anterior and 14.5% posterior. Symptomatic recurrence rate was 3.4% and reoperation rate was 3.3%. Composite recurrence rate was 13.6% without difference between groups. In Cox regression analysis no variable persisted as a statistically significant risk factor for recurrence.

Conclusions: Conclusions: Our study showed no difference in composite recurrence between vaginal and abdominal approaches in apical repair surgeries. It is important to acknowledge that POP recurrence implies a series of factors, because of that, there are different surgical techniques and all are good options for each individualized patient to maintain a slow rate of recurrence.

Disclosure: No
Post 466

IS THE TYPE OF FIXATION TO THE SACRAL PROMONTOIRE IMPORTANT FOR RECURRENCE OF PROLAPSE? ANALYSIS WITH TWO HUNDRED PATIENT UNDERWENT LAPAROSCOPIC SACROCOLOPEXY

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Introduction: Pelvic organ prolapse affects around 50% of women. The majority will need surgical treatment during their lifetime. Laparoscopic sacrocolpopexy (SCP) is associated with better anatomical and subject-specific outcomes and lower recurrence rates. However, there are different ways to carry out this procedure. Until now, the impact of these technique modifications on surgical success is unknown.

Objective: Objective: To analyze different types of fixation to the sacral promontory in laparoscopic sacrocolpopexy for apical prolapse.

Methods: Material and method: A retrospective observational study from a prospectively collected database was performed. All patients with laparoscopic abdominal approach (SCP) with description of details of the fixation to the sacral promontory were included. Demographics, clinical and surgical characteristics and follow-up time with a composite outcome of anatomic or symptomatic recurrence and reoperation rate, were analyzed.

Results: Results: 129 patients met the inclusion criteria. We excluded six patients because they did not have follow up. Median age at time of surgery was 60 years (IQ: 55-64). All patients had a symptomatic vaginal bulge. On physical examination, 20.3% had grade II prolapse, 67.2% grade III and 12.5% grade IV. 71.4% of the patients had a free needle driver fixation to the sacral promontory, of this group 71% used Ethibond® and 28.2% Prolene®. 23.6% had a fixation to sacral promontory with anchorage, 87% used Prolene® and 8.5% Uplift®. Median time of surgery was 200 min (IQ: 180-215) in the anchorage group and 210 min (IQ: 180-215) in the free needle drive group. Overall median follow up was 14 months (IQ: 3-38). Anatomic recurrence rates with anchorage and free needle driver by compartment was: 5.7% and 6.4% apical, anterior 4.3% and 5.0%, 4.3% and 2.1% posterior respectively. Symptomatic recurrence rates were 8.9% in the anchorage group and 13.5% in the free needle group. Composite recurrence rates were: 15.5% in the free needle drive group and 8.5% in the anchorage group without a statistically significant difference between groups.

Conclusions: Conclusions: Our study showed no difference in composite recurrence rates between different types of fixation to sacral promontory. It is highly likely that our study has a low statistical power to find differences. Further analysis is needed with a higher sample size to test the hypothesis that anchoring a system of the mesh to the promontorium could be a protective factor for composite outcome in laparoscopic sacrocolpopexy.

Disclosure: No

Poster 467

PREGNANCY-INDUCED MORPHOLOGICAL ALTERATIONS INFLUENCE THE BIOMECHANICS OF VAGINAL CHILDBIRTH

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Introduction: Vaginal childbirth is the greatest epidemiologic risk factor for pelvic floor disorders. Hypotheses regarding the nature of this relationship concern the acute injury or microdamage often sustained by pelvic floor soft tissues during the 2nd stage of labor. Stress and strain are common metrics to assess potential injury and are frequently predicted by finite element simulation as (for apparent technical and ethical reasons) these variables are difficult to measure directly in living pregnant women during vaginal childbirth. While studies have shown that aspects of bony pelvis morphology impact vaginal birth outcomes (complications (e.g., obstructed labor), the influence of pregnancy-induced bony pelvic and pelvic floor morphology remodeling on the strains experienced during vaginal childbirth have yet to be quantified.

Objective: We defined differences in pubovisceral muscle and perineal body strains during vaginal delivery by comparing two finite element simulations with varying maternal anatomy: one representative of a 1st/2nd trimester and the other of a 3rd trimester pelvis. We hypothesized that the late pregnancy simulation would experience smaller strains, indicative of the protective effects of pregnancy-induced tissue remodeling.

Methods: The representative geometries (i.e., anatomy) used were averages output by a previously executed statistical shape model of the combined bony pelvis-pelvic floor muscle complex composed of data from MR images of 34 pregnant women (17 1st/2nd trimester and 17 3rd trimester, ranging in age from 20-49 years and in race/ethnicity) (Figure 1). Finite element simulations were carried out in Houdini FXTM. The sacrum and innominate bones were completely fixed in space and the coccyx was allowed to rotate anteriorly-posteriorly about the sacrum. The pelvic floor muscle complex was fixed to the tip of the coccyx, ischial spines, ischiopubic rami, and pubic bone. The fetal head (a 90 mm diameter sphere) and bony pelvis were treated as rigid body 3 orders of magnitude stiffer than the soft tissues (Figure 2). Each fetal head path was geometry-dependent, calculated by an initial simulation and fully prescribed in each final simulation. Pubovisceral muscle and perineal body strain were taken as an average of the entire structure and measured halfway through the simulation and at peak strain (representative of fetal head crowning).

Results: The 1st/2nd and 3rd trimester simulations differed more at the halfway point than at peak strain (Figure 3). Compared to the 1st/2nd trimester average, the pubovisceral muscle in the 3rd trimester average experienced 16.5% and 1.9% smaller strains at the halfway point and moment of peak strain, respectively, while the perineal body experienced 27.6% and 8.3% smaller strains at the halfway point and moment of peak strain, respectively.

Conclusions: These findings suggest that pregnancy-induced morphological adaptations alone (i.e., independent of alterations in material properties) reduce the biomechanical burden of vaginal childbirth. This effect was greater in the perineal body than in the pubovisceral muscle and at the halfway points than at peak strain, indicating that morphology may impact accumulated microdamage more than the incidence of acute injury (which would likely correspond with peak strain) and that geometric variation should be studied more extensively in future computational experiments.

Disclosure: No

Figure 1: The average 1st/2nd trimester (gray) and 3rd trimester (blue) bony pelvis and pelvic floor muscle complex geometries from perspectives within the axial (left) and sagittal (right) planes from superior and left views, respectively. This highlights that the 3rd trimester bony pelvis and pelvic floor muscle complex are wider and there is greater descent of the inferior pelvic floor structures.

Figure 2: A sagittal view of one of the finite element models showing the bony pelvis (sacrum, coccyx, and innominate bones) as gray, the spherical fetal head as red, and the pelvic floor muscle complex (including the levator ani, coccygeus, and superficial perineal muscles in addition to the anococcygeal ligament) in blue. Below the assigned material properties are listed. The bony pelvis and fetal head were treated as rigid, therefore their Young’s moduli were 3 orders of magnitude larger than that of the pelvic floor muscle complex.
**Poster 468**

**EFFECT OF A PESSARY SIMULATION ON PROVIDER CONFIDENCE**

E. Spellman1, Y. Courbron1, W. Craig2, C. Foust Wright1. Maine Medical Center1

**Introduction:** Pessaries are medical devices that reduce prolapse. Typically, the skills of evaluating, fitting, and maintaining pessaries have been learned “on the job” or not at all. Furthermore, providers are often consulted on patients who already have pessaries in place and need to be familiar with different types as well as common complications. While professional societies have released webinars that are only available to members, there are no educational simulations available. To address this gap in training, we have developed a curriculum module that combines didactic material with a high fidelity simulation.

**Objective:** This pilot study examined the effect of a pessary simulation on provider confidence and knowledge. The primary outcomes were changes in provider confidence immediately post-simulation and at a follow up visit within 6 months. The secondary outcomes were changes in provider knowledge immediately post-simulation as well as evaluation of the simulation. We hypothesized that a hands on simulation would increase provider confidence and comfort in pessary management as well as increase provider knowledge.

**Methods:** Participants were assigned a unique identifier. They completed pre- and post-simulation knowledge and confidence surveys as well as a simulation survey. They were given an interval confidence survey to complete prior to assessing a patient for a pessary within 6 months. The confidence surveys were analyzed with a Wilcoxon’s t-test. The knowledge tests were graded and analyzed with a paired t-test. The simulation survey data was summarized with descriptive statistics.

**Results:** 12 providers participated in the pre-and post-simulation surveys. 1 provider completed the interval confidence survey. Resident confidence scores increased after the simulation. There were significant increases regarding pessary placement (p = 0.002) and regarding on-going pessary management (n = 12 P = 0.004). Overall knowledge scores increased pre-simulation (n = 11 6.2 +/- 1.4) to post simulation (n = 11 7.4 +/- 1.1 P = 0.009). The pessary simulation evaluation had 41.7% of respondents state that no improvements were necessary and 50% state that it should be improved slightly.

**Conclusions:** The pessary simulation improved provider confidence and knowledge a significant amount. Learners gave the simulation an overall positive rating.

**Disclosure:** No

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**Poster 469**

**SEXUAL FUNCTION IN LONG-TERM USERS OF PESSARY FOR MANAGEMENT OF PELVIC ORGAN DISORDERS**

B. Gaigbe-Togbe1, K. Christensen1, A. Hardarl1. Mount Sinai Hospital1

**Introduction:** A significant number of patients elect conservative management with pessaries for the treatment of pelvic floor disorders, including pelvic organ prolapse (POP) and stress urinary incontinence (SUI). There are many quality-of-life considerations involved in making a decision about management options, particularly with regards to sexual health and function.

**Objective:** The primary aim of this study was to evaluate sexual satisfaction with regard to sexual functioning in patients who are current and long-term users of vaginal pessaries for the management of pelvic floor disorders.

**Methods:** This is an interim analysis of a retrospective and cross-sectional study of patients with POP and/or SUI who are current users of a pessary device. Participants were enrolled at their routine office pessary check visits and completed a 14-item survey capturing demographic information and pessary experience, the Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire (IUGA-Revised (PISQ-IR), and the Pelvic Floor Disability Index-20 (PFDI-20). The PISQ-IR is a validated instrument for sexual function assessment in both sexually active and non-sexually active patients. Additional health information and demographics were collected through medical records. Cohorts were defined based on length of pessary use > or < than 12 months and prolapse stage <= stage 2 or > stage 3. The primary outcome was measured using a single question item from the PISQ-IR questionnaires: “For the following, please circle the number between 1 and 5 that best represents how you feel about your sex life”. Descriptive analysis was reported as means (standard deviation), medians (interquartile range), or percentages where appropriate. Mann-Whitney test and Pearson or Spearman correlations were used for determining factors associated with the primary outcome.

**Results:** Of the 50 participants, the majority were white (53.1%), had a mean age of 73.62 years old (+/- 10.55), and a mean BMI of 25.72 kg/m2 (4.65). The median length of pessary use was 40 months (19.34-85.13). Most participants were “very satisfied” or “somewhat satisfied” with the use of a pessary for the management of PFD (90%). Abnormal vaginal discharge was the most common complication (19%). Forty percent reported that using the pessary did not impact their sexual function, and 8% stated that the pessary worsened their sexual function. Of the 48 patients who responded to the PISQ-IR screening question for sexual activity, 66.7% were not sexually active and 33.3% were sexually active. Of those who responded to the primary outcome measure, 40.5% (15/37) were satisfied with their sex life, 27% (10/37) were dissatisfied and 32.4% (12/37) were neutral. There was no difference in satisfaction or PISQ-IR subscale scores for both sexually active and non-sexually active patients based on length of use or prolapse stage. There were no significant correlations between PFDI score, age, pessary type, history of chronic pain, and sexual satisfaction.

**Conclusions:** Most pessary users expressed being satisfied or neutral with regard to their sexual function. Length of time with a pessary, prolapse stage, age, pessary type, and PFDI did not correlate with better or worse satisfaction.

**Disclosure:** No
Introduction: Adenomyosis is a common gynecologic disease affecting women, though the symptoms and clinical significance remains poorly understood, as adenomyosis is typically diagnosed at the time of hysterectomy on pathology, and has a high co-incidence with fibroids, endometriosis, and uterine bleeding.

Objective: To study the association between preoperative pain and adenomyosis in patients undergoing hysterectomy for pelvic organ prolapse (POP).

Methods: This is a retrospective cohort study of premenopausal patients who underwent hysterectomy for POP between July 1, 2007 and July 1, 2019 at a large safety net, academic hospital. Post-menopausal women and women with adnexal masses were excluded. Cases were identified from adenomyosis on pathology; controls were normal uterine histology. Medical records were reviewed for demographic information, medical history, pain history, Wong-Baker pain scale and final pathology. Pain prevalence and pain scores between cases and controls were compared with Chi-square test or Wilcoxon rank sum test, as appropriate. Assuming a pain prevalence of 49%, 92 cases and 46 controls were required to detect a 50% reduction in pain. This study was IRB approved.

Results: 250 premenopausal patients during the study period: 117 cases (with adenomyosis) and 46 controls (no adenomyosis) were reviewed. The frequency of adenomyosis in this population was 49.6%. Mean (SD) age of patients was 46.2 (5.0) years and mean BMI was 29.8 (5.6) kg/m2. Pain was reported in 44 cases (37.6%) and 9 (19.6%) controls (P = 0.03). Concomitant fibroids were found among 55.6% of the patients with adenomyosis. After excluding the patients with fibroids, pain was still more common in cases vs controls (38.3% vs 19.6%, P = 0.047). Among patients who reported pain, the median and worst pain scores were similar between cases and controls.

Conclusions: In patients who had a hysterectomy for POP, adenomyosis is common. We were able to show that pain is associated with adenomyosis, compared to normal uterine histology. Pain associated with adenomyosis in this population may contribute to the symptoms of pain sometimes associated with pelvic organ prolapse.

Disclosure: No

Table 1. Demographics of study participants

<table>
<thead>
<tr>
<th></th>
<th>All (n=250)</th>
<th>Pessary (n=92)</th>
<th>Controls (n=46)</th>
<th>p-value</th>
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<tbody>
<tr>
<td>Age (y)</td>
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<td>40.1 (10.4)</td>
<td>37.4 (11.9)</td>
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<tr>
<td>Race</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>White</td>
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<td>29 (31.9%)</td>
<td>10 (21.7%)</td>
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<td>Black</td>
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<td>13 (14.1%)</td>
<td>1 (2.2%)</td>
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<td>Hispanic</td>
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<td>7 (7.7%)</td>
<td>1 (2.2%)</td>
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</tr>
<tr>
<td>Race</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Postmenopausal</td>
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<td>47 (94.9%)</td>
<td>19 (20.9%)</td>
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<td>No</td>
<td>3 (6.0%)</td>
<td>73 (80.4%)</td>
<td>37 (80.4%)</td>
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<td>Vaginal estrogen use</td>
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<td>44 (88.8%)</td>
<td>29 (31.9%)</td>
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<td>No</td>
<td>6 (12.2%)</td>
<td>63 (70.6%)</td>
<td>13 (28.3%)</td>
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<tr>
<td>Glucose intolerance</td>
<td>Yes</td>
<td>4 (8.1%)</td>
<td>0 (0.0%)</td>
<td>0.001</td>
</tr>
<tr>
<td>No</td>
<td>46 (91.9%)</td>
<td>92 (100.0%)</td>
<td>46 (100.0%)</td>
<td></td>
</tr>
<tr>
<td>Recent biopsy</td>
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<td>Pessary management</td>
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<td>Smoking</td>
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<td>0 (0.0%)</td>
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<tr>
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<td>49 (98.0%)</td>
<td>92 (100.0%)</td>
<td>46 (100.0%)</td>
<td></td>
</tr>
<tr>
<td>Sexual Activity</td>
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<td>0 (0.0%)</td>
<td>0.001</td>
</tr>
<tr>
<td>No</td>
<td>46 (91.9%)</td>
<td>92 (100.0%)</td>
<td>46 (100.0%)</td>
<td></td>
</tr>
<tr>
<td>BMI (kg/m2)</td>
<td></td>
<td>26.9 ± 5.0</td>
<td>26.9 ± 5.0</td>
<td>1.00</td>
</tr>
</tbody>
</table>

*Data shown as n (%) or mean ± SD unless otherwise noted.

Conclusions: In patients who had a hysterectomy for POP, adenomyosis is common. We were able to show that pain is associated with adenomyosis, compared to normal uterine histology. Pain associated with adenomyosis in this population may contribute to the symptoms of pain sometimes associated with pelvic organ prolapse.

Disclosure: No
in the vaginal swab and one participant (16.7%) had fungi in both the catheterized urine and vaginal swab. There were no patients in this group who had fungus solely in the catheterized urine. The fungal species detected were C. albicans (83.3% of group participants) and Aspergillus species (16.7%).

**Conclusions:** Preliminary analysis suggests that participants with and without passaives may have a similar likelihood of fungi detection in their ureteral tract. There were some differences in the fungal species detected between groups on fungi-positive participants. Performing internal transcribed spacer (ITS) sequencing and co-culture analysis could help to better determine which bacterial and fungal microbes are most frequently detected together.

**Disclosure:** One of more of the authors act as a consultant, employee or shareholder for: Cooper Surgical

**Poster 473**

**RISKY BUSINESS – DEFINING FACTORS THAT CONTRIBUTE TO URINARY TRACT INJURIES IN GYNAECOLOGY**

B. Sampson1, O. Daly1. Joan Kirner Women’s and Children's Hospital1

**Introduction:** Gynaecology surgery is a major risk factor for urinary tract injury, accounting for more than 50% of all surgical urinary tract injuries. Rates of urinary tract injury are quoted at 0.33% in benign gynaecological surgery with increased rates found during hysterectomy up to 1.8%. A 12 month review at our hospital of major surgery found that urinary tract injuries occurred in 1.87% of cases, higher than other published data. Numerous studies retrospectively examine risk factors in patients who sustained injuries, however authors were unable to identify studies that examined the risks across all gynaecology surgical patients, hence reinforcing the high-risk nature of gynaecological surgery. Risk factors for urinary tract injuries identified in the literature include coexisting pelvic adhesion, distortion of normal anatomy, irradiation therapy, previous pelvic surgery, and the type and extent of surgery performed.

**Objective:** The primary outcome of this study is to identity the prevalence of known risk factors for urinary tract injuries at major gynaecological surgery.

**Methods:** A retrospective cohort review was conducted a single tertiary centre from July 2019 – July 2020. Data was collected from operation notes and electronic medical records. Participants were included in the study if they underwent a major gynaecological surgery (elective or emergency) in this period. Risk factors of interest are BMI, past surgical history (caesarean section, laparoscopy, hysterectomy, urinary tract surgery, pelvic floor surgery), surgical risk factors (mass causing ureteric compression, endometriosis, PID), congenital risk factors and procedure performed. A descriptive analysis was conducted using RedCap Project Manager.

**Results:** A total of 695 cases were identified for inclusion. One or more risk factors were found in 397 patients (57.12%). Our patients recorded a mean BMI of 27. Previous surgery rates were 49.1%; previous caesarean section 20.9%, previous laparotomy (non-caesarean section) 0.8%, previous laparoscopy 47.33%, previous hysterectomy 5.4%, previous pelvic floor surgery 3.3%. There was a small number with specific urological risks including 1 previous bladder injury, 4 previous bladder or ureteric surgeries and 2 known congenital renal anomalies. Surgical complexities found included pelvic mass causing potential compression 4.3%, known endometriosis in 12.3%, PID 1.3%.

**Conclusions:** Gynaecology patients are inherently high-risk patients for complications at surgery considering the rates of pelvic masses, concomitant pelvic disease such as endometriosis and high rates of pelvic adhesions, contributed by the increasing caesarean section rate. It is vital to consider this when considering major gynaecological surgery and counsel patients appropriately.

**Disclosure:** No

**Poster 474**

**GENITOURINARY TRACT INJURY GYNAECOLOGICAL SURGERY**

B. Sampson1, O. Daly1. Joan Kirner Women’s and Children’s Hospital1

**Introduction:** Urinary tract injuries at gynaecological surgery are an event gynaecologists are constantly trying to avoid. Bladder injuries are more common than ureteric injuries and have a more favourable outcome. Intraoperative diagnosis significantly improves long term morbidity, hence common use of cystoscopy at hysterectomy. More complex interventions may include pre or intraoperative urology involvement and ureteric catheterisation by either gynaecology or urology.

**Objective:** To review the current rates of urinary tract injuries during gynaecological surgery in a tertiary centre including the prevention (e.g. preoperative multi-disciplinary team [MDT], ureteric catheterisation) diagnosis (e.g. methylene blue tests, cystoscopy) and management of injuries.

**Methods:** This was a retrospective audit of surgical data over 12 months (July 2019- July 2020), with a total of 695 cases. Information collected from operation notes and electronic medical records included type of injury, timing of diagnosis, and method of diagnosis, specially who repaired injury and follow up of injury. Data on pre-operative MDT review with urology and prep surgery investigations were collected as well as frequency of intraoperative preventative measures such as ureteral catheters and routine cystoscopy.

**Results:** Seven cases of 695 had a urological MDT prior to surgery. In our cohort there were 13 (1.87%) confirmed urinary tract injuries. All case (100%) were diagnosed intra-operatively by direct visualisation and subsequently confirmed with cystoscopy. Methylene blue was not used in any case. There were 12 bladder injuries and one ureteric injury. Of these cases with injury, two (15%) had MDT prior with intra-operative urological attendance and ureteric catheterisation. Repair was completed by gynaecology in 9 cases (69.2%) and all cases were followed up by gynaecology except for one patient who did not attend follow up. All patients had a formal TOV and 9 had a cytostagram prior to this. 11 cases have made a complete recovery while 2 are having ongoing follow up for mild symptoms (urinary frequency and pain).

**Conclusions:** It is important to be aware of the preventative measures available for urinary tract injuries (i.e. MDT, ureteric catheters), particularly in those with major risk factors. Of note, all cases with injury were suspected intra-operatively and confirmed with cystoscopy, with no cases of delayed diagnosis. A majority of injuries were managed by a gynaecologist with a high rate of complete recovery.

**Disclosure:** No

**Poster 475**

**INVESTIGATION OF THE EFFECTIVENESS OF A PELVIC FLOOR MUSCLE TRAINING MOBILE APPLICATION IN WOMEN WITH STRESS URINARY INCONTINENCE: RANDOMIZED CONTROLLED TRIAL**

E. Sonmezler1, E. Oztopral2, F. Dokmeci1, G. Karakaya1. Atılım University1, Baslak University2, Ankara University3

**Introduction:** It has been recognised that pelvic floor muscle training (PFMT) treatment is the most effective treatment with evidence A level in SUI. However, problems in adherence to exercise are the biggest obstacle to the success of PFMT today. Exercise diary or reminders are used to increase this compliance, but their usability in daily life is controversial.

**Objective:** The aim of this study is to develop a PFMT mobile application for individuals with urinary incontinence and to examine its effectiveness on incontinence symptoms and quality of life in women with SUI.

**Methods:** 26 volunteer women who were diagnosed with SUI were randomly divided into two groups as mobile application and control group. This mobile health application software was developed by the research physiotherapist monitors the patient's body mass index and records the amount of fluid that should be taken during the day. The exercise program determined by the physiotherapist is saved in the application, and it sends an audible notification to the patients to remember the exercises during the day. It records the number of exercises performed by the patient. In addition, this application also includes a notification system that sends lifestyle changes recommendations to patients to reduce urinary incontinence episodes during the day. A 6-week pelvic floor rehabilitation was applied to the patients in the application group with this software. The patients in the control group applied the same rehabilitation program for 6 weeks with a booklet given to them. “Incontinence Impact Questionnaire” and “Urogenital Distress Inventory” to evaluate the severity of incontinence symptoms, “Incontinence Severity Scale” to evaluate urinary incontinence complaint, “3-day bladder diary” to evaluate lower urinary tract symptoms, “Incontinence Quality of Life” for urinary quality of life, “Nottingham Health Profile” to evaluate quality of life, and “Patient Global Recovery Scale” to assess general recovery were applied to all participants at the baseline and at the end of the 6th week. The “System Usability Scale” questionnaire was applied only to the mobile application group to measure the usability of developed mobile application.

**Results:** It was concluded that pelvic floor rehabilitation performed with both mobile application and control group had a significant effect on incontinence severity, urogenital distress, incontinence effect, incontinence quality of life and global patient recovery scores (P > 0.05). When both groups were compared at the end of the treatment, PFMT with mobile application significantly decreased urinary symptoms and increased the quality of life compared to the control group (P < 0.05).

**Conclusions:** PFMT was performed with the mobile application improved incontinence symptoms and quality of life more than the classical PFMT.
mobile application provides the opportunity to reach more patients, can reduce
the costs of treatment, increase the compliance of patients with exercise pro-
grams, treat diseases by gaining regular exercise habits and increase the quality
of life. This mobile health application that we have developed can be safely re-
commended as a first-line treatment to SUI patients.

Disclosure: No

Poster 476

ASSOCIATION BETWEEN THE PRACTICE OF PHYSICAL
ACTIVITY AND THE PRESENCE OF SEXUAL DYSFUNCTION
IN BRAZILIAN WOMEN

A.C.S. Belezra1, AMF. Fabrício1, SG. Da Silva1, GG. Poli2, CMdA. Silva1, RdFCM. Padovez1, P. Driusso1, TdO. Sato1. Federal University of São Carlos

Introduction: According to the World Health Organization (WHO), sexual
health is defined as a state of physical, emotional, mental and social well-
being in relation to sexuality [1]. Therefore, any change in these factors can neg-
avely affect sexual function [2]. It is known that an active lifestyle has a posi-
tive effect on several aspects. Sedentarism is associated with risk factors for non-
communicable chronic diseases that have a high impact on the individual and the
health system [3]. Studies with middle-aged women have shown that the
higher prevalence of sexual dysfunction in this population is not only related
to hormonal changes, but also to a sedentary lifestyle [4]. The regular practice
of physical activity promote emotional well-being, satisfaction with body im-
age, reduce sexual discomfort, control the body weight and increase the vascu-
larization of the clitoris [3]. Thus, the practice of physical activity may be asso-
ciated with sexual function in women.

Objective: To verify the association between the practice of physical activity
and the sexual function in Brazilian women.

Methods: A cross-sectional study was carried out with Brazilian women aged
218 years. Data collection involved filling out an online questionnaire with per-
sonal, sociodemographic, general health and lifestyle questions, in addition to
applying the Female Sexual Function Index (FSFI) to evaluate sexual function.

Data were analyzed descriptively and the participants were divided into two
groups, with and without sexual dysfunction. The criterion used to identify
the presence of sexual dysfunction was to achieve a score of less than 26.55
points on the FSFI [5]. The two groups were compared using the t test for inde-
dendent samples (continuous variables) and the chi-square test (categorical var-
iables). The association between sexual function and the physical activity was
verified through the analysis of binomial logistic regression, considering sexual
dysfunction (present or absent) as the dependent variable and the practice of
physical activity as the independent variable. Data were analyzed using the
SPSS program (version 22.0), and the significance level adopted was 5%.

Results: 621 women participated in the study and the prevalence of sexual dys-
function was 31.7% (95% CI = 28.2% – 35.5%); a lower proportion of women
with sexual dysfunction reported physical activity practice (Table 1). The prac-
tice of physical activity was inversely associated with the presence of sexual
dysfunction (OR = 0.62 95% CI 0.43-0.87, P = 0.01).

Conclusions: The practice of physical activity was associated with a lower
chance of female sexual dysfunction in Brazilian women. More studies should
be performed to elucidate the physiological and biomechanical factors involved
in this finding. A limitation of this study is the absence of instruments to assess
the intensity of physical activity.

Disclosure: Yes, this is sponsored by industry/sponsor: São Paulo Research
Foundation (FAPESP).

Clarification: Industry funding only - investigator initiated and executed study

Table 1. Participants’ socio-demographic and clinical characteristics.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Total (n=621)</th>
<th>No sexual dysfunction (n=424)</th>
<th>With sexual dysfunction (n=197)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years (mean (SD))</td>
<td>29.8 (5.9)</td>
<td>29.5 (5.8)</td>
<td>30.5 (9.3)</td>
<td>0.17</td>
</tr>
<tr>
<td>Educational Level</td>
<td>0.29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Middle School</td>
<td>6 (3.9)</td>
<td>3 (0.7)</td>
<td>3 (1.5)</td>
<td></td>
</tr>
<tr>
<td>High School</td>
<td>367 (57.2)</td>
<td>168 (50.0)</td>
<td>199 (50.0)</td>
<td></td>
</tr>
<tr>
<td>Undergraduate degree</td>
<td>365 (49.1)</td>
<td>216 (50.9)</td>
<td>89 (45.2)</td>
<td></td>
</tr>
<tr>
<td>Graduate degree</td>
<td>203 (32.7)</td>
<td>137 (32.3)</td>
<td>66 (33.5)</td>
<td></td>
</tr>
<tr>
<td>Marital Status</td>
<td>0.65</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not married life</td>
<td>347 (55.9)</td>
<td>248 (58.5)</td>
<td>99 (50.3)</td>
<td></td>
</tr>
<tr>
<td>With married life</td>
<td>274 (44.1)</td>
<td>176 (41.5)</td>
<td>98 (49.7)</td>
<td></td>
</tr>
<tr>
<td>Prefers physical activity</td>
<td>362 (58.3)</td>
<td>253 (62.8)</td>
<td>99 (50.3)</td>
<td>0.04</td>
</tr>
<tr>
<td>Pregnancies</td>
<td>0.16</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>None</td>
<td>314 (69.2)</td>
<td>207 (66.9)</td>
<td>107 (54.3)</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>111 (37.9)</td>
<td>75 (17.6)</td>
<td>46 (23.5)</td>
<td></td>
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<tr>
<td>2</td>
<td>94 (35.1)</td>
<td>62 (14.6)</td>
<td>32 (16.2)</td>
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<tr>
<td>3 or more</td>
<td>42 (6.8)</td>
<td>28 (6.6)</td>
<td>14 (7.1)</td>
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</tr>
</tbody>
</table>

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assessed by the 11-point Numerical Rating Scale (NRS). This scale ranges from zero to ten, with zero representing no pain and ten the most extreme pain. Data analysis was performed using the statistical software SPSS 21.0. Categorical variables were expressed as frequencies and percentages, and continuous variables were expressed as mean and standard deviation.

**Results:** Seventy-three women (24.1 ± 3.0 years old) participated in the study. Table 1 shows the socio-demographic and clinical characteristics of the participants. Figure 1 shows the percentage of dysmenorrhea-related pain reports per body location among participants with primary dysmenorrhea. The mean pain intensity across participants reported by NRS was 6.7 ± 1.8 points. High proportion of participants reported painful muscle cramps in the lower abdomen (90.4%) and pain in several body areas, such as the low back (82.1%) and head (54.6%).

**Conclusions:** As our findings show, women with primary dysmenorrhea present additional PD-related pain outside the uterine referral area during their period. We strongly recommend using the body map to identify such pain sites.

**Disclosure:** No

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**Poster 478**

**URODYNAMIC FINDINGS IN PATIENTS WITH MULTIPLE SCLEROSIS AND ITS ASSOCIATION WITH MAGNETIC RESONANCE IMAGING**

D. Arévalo1, A. Maluenda2, B. Soler3, F. Santis-Moya2, E. Ciampi1, C. Cárcamo3, C. Calvo4, M. Mass-Lindenbaum3, G. Alarcón2, J. Pizarro-Berdichesvky2, Soto Hospital de Pino Piché, Hospital Sótero del Río, Servicio de Neurología, Hospital Sótero del Río, Pontificia Universidad Católica de Chile3, Universidad de los Andes, Santiago3

**Introduction:** Patients with Multiple Sclerosis (MS) who develop lower urinary tract dysfunction have a significant negative impact on their quality of life. Lower urinary tract symptoms (LUTS) are present in up to 90% of patients with MS, with storage symptoms being the most common reported symptom and detrusor overactivity representing the most frequent urodynamic abnormality. However, up to 40% of these patients manifest voiding difficulty. Even though a few groups have tried to understand the pathophysiology of LUTS in MS patients using functional magnetic resonance (fMRI), until now, it is not clear why some patients develop voiding difficulty while others experience storage phase dysfunction predominantly.

**Objective:** To characterize urodynamic and MRI findings in patients with multiple sclerosis.

**Methods:** We carried out a retrospective observational study using a prospectively collected database from two teaching centers between 2016 to 2022. We included all patients with MS and Urodynamic Study. Demographics, clinical history, urodynamic and MRI findings were analyzed.

**Results:** We included 22 patients. The average age was 40 years (26 - 65 yo), 68% had Relapsing-Remitting MS, 22% had Primary Progressive MS, and 9% had Secondary Progressive MS. The predominant urological manifestation was voiding symptoms in 95% of the patients; irritative symptoms were present in 65%. Urodynamic study findings were as follows: 15 patients had Detrusor Overactivity, with a Detrusor Leak Point Pressure (DLPP) >40cmH2O in 6 patients (range of 10-160cmH2O), cervical spinal cord lesions on MRI were present in 5 of the patients with a DLPP >40cmH2O, and in 75% of the patients with a DLPP <40cmH2O. Median Non-invasive Qmax was 16.3 ml/seg (Range 8 - 37); Median Pdet-Qmax was 40cmH2O (Range 15 - 85). Detrusor-sphincter dyssynergia was suspected in 9 patients; all had cervical spinal cord lesions on MRI. When analyzing MRI reports, 17 patients had brainstem lesions, 17 cervical spinal cord lesions and 18 dorsal spine/cone lesions.

**Conclusions:** Patients with MS and lower urinary tract symptoms can present different clinical and urodynamic findings. It is relevant to highlight the high DLPP in some of these patients and the possible risk of kidney damage. There could be a relationship between cervical cord injury with both a high DLPP and voiding dysfunction; however, not all the patients with cervical spinal cord lesions have these findings in urodynamic studies. A more significant sample is needed to clarify these results. Baseline urodynamics could be substantial in MS patients with cervical cord injuries and lower urinary tract symptoms.

**Disclosure:** No

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**Poster 479**

**IMPACT OF TENSION AND MESH DEFORMATION ON VAGINAL STRUCTURE AND FUNCTION**

K. Knight1, G. King2, S. Palasey3, P. Moalli1. University of Pittsburgh1, Magee-Womens Research Institute2

**Introduction:** Fibrotic encapsulation of an implant is a normal part of the foreign body response; yet, excessive fibrosis can be painful, requiring excision. Meshes implanted in urogynecologic surgeries often have collapsed pores and wrinkles in areas of complications that are associated with two distinct responses – stress shielding and fibrosis. Recent studies have shown that the myofibroblast, a pathologic cell type, mediates implant fibrosis. The mechanism of fibroblast to myofibroblast transition is not clear and could be related to (1) increased local tissue stress induced by an increased mesh burden vs 2) tension conferred by attachment of the mesh to the sacrum or pelvic sidewall.

**Objective:** Here we provide insight into the fibroblast to myofibroblast mechanism by comparing the host response to deformed mesh implanted in the presence and absence of tension.

**Methods:** Twenty rhesus macaques underwent laparotomy with total hysterectomy and transaction of level I and II support (IACUC 1608846). A lightweight polypropylene mesh intentionally deformed via the introduction of collapsed pores and wrinkles was implanted onto the vagina in the presence (Tension or T) and absence (No Tension or NT) of tension to the sacrum at 10 N (N = 10 per group). Sham operated animals served as controls (N = 8). After 12 weeks, mesh-vagina complexes (MVCs) were excised and analyzed for total collagen (hydroxyproline), collagenase activity, glycosaminoglycans (GAG, Blyscan assay), TGF-β1 (ELISA), vaginal contractility, MVC stiffness (ball-burst testing), and myofibroblast proliferation. Groups were compared using one-way ANOVA and Kruskal-Wallis tests with post-hoc testing or independent t-tests and Mann-Whitney tests when appropriate.

**Results:** Overall, the area of fibers within the NT adventitia was 2 times greater than the T group (P = 0.012). Myofibroblasts were abundant in the adventitia of both groups. However, there were 5 times as many myofibroblasts per fiber with T relative to NT (P = 0.006). The ratio of active to latent TGF-β1 was 2 times higher for T versus NT consistent with the observed increase in myofibroblasts (P = 0.001) (Table 1). Relative to Sham, vaginal contractility decreased 58% (P = 0.003) and 64% (P = 0.002) for the T and NT groups, respectively (Figure 1 left) with no difference between groups. The structural integrity of the vagina was significantly compromised with the vagina contributing only 22% pores and 10% (NT) to the overall MVC stiffness (Figure 1 right) with an associated decline in total collagen for both groups (Table 2). GAG, a sign of tissue injury, and collagenase activity were significantly increased for the NT group relative to both Sham and T (Table 2).

**Conclusions:** Pore collapse and mesh wrinkling drive two competing host responses that are impacted by the presence of tension. While both the T and NT groups showed evidence of stress shielding, this response predominates when no
tension is present. In contrast, tension increased myofibroblast formation resulting in less collagenase activity and GAG formation likely mediated by increased levels of the profibrotic cytokine TGF-beta1. The presence of tension and not increased mesh fiber area induced this myofibroblast response. Research into the role of local stress variations on the fibroblast response is currently ongoing.

Disclosure: No

Poster 480
Burch Colposuspension for Management of Stress Urinary Incontinence. The Safety Profile
AS. Da Silva1, G. Baines1, G. Anaklis2, N. Thitikorn1, I. Smith1, K. McMurray1, Q. Baig3, R. Imrie3, D. Robinson1, L. Cardozo1. King's College, King's College London2

Introduction: Burch colposuspension (Burch 1961) is a traditional technique for surgical management of stress urinary incontinence (SUI) and was considered “gold standard” until the invention of the minimally invasive midurethral sling (MUS) (Solberg et al., 2019). Burch colposuspension aims to elevate the bladder neck and the proximal urethra back in the intraabdominal pressure area behind the pubic symphysis (Burch 1961). Following reports about the safety of urogynecological mesh implants which led to an official pause in vaginal mesh surgery in England (2019), many surgeons may be driven to revert to older techniques such as Burch colposuspension (Veit-Rubin et al., 2019). Continued monitoring of outcomes is essential to enable adequate patient counselling.

Objective: To analyze the degree of damage to the suspension and support structures of the pelvis in patients with symptomatic descent - MRI study.

Methods: Retrospective cohort study in women who underwent surgery for prolapse. Patients had urogynecological examinations including POP-Q classification and standardized high resolution 3 T MRI examination. The examinations were performed at rest; in the axial, sagittal and coronal planes from the apex of the hip bones to the sciatic hump and dynamic sequence during the maximal Valsalva maneuver in the medio-sagittal plane.

Results: 129 women were included, average age 59 years (min. 32, max. 86). In 38 women (29.5%) the uterus was present. In 97 cases (75.2%) patients underwent at least one reconstruction procedure. Descent stages: 39 (30.2%) stage II, 82 (63.6) stage III and 8 women (6.2%) stage IV descent. A group of 39 patients (30.2%) had a defect in all compartments. A defect in the anterior and middle compartments. An isolated defect in the middle was present in 2 women (1.6%). 10 women (7.8%) showed a descent in the posterior and middle compartment. In 17 cases (43.6%), an isolated anterior compartment defect (N-39) had a levator defect that was not accompanied by a lateral defect of the endopelvic fascia. The isolated posterior wall defect was caused by damage to the rectovaginal septum in the mediasagittal, parasagittal or transverse plane. In another 17 cases (43.6%) a lateral fascia defect was present with a muscle defect. In the remaining 5 patients (12.8%), the defect was caused by damage to the fascia in the mediasagittal, parasagittal or transverse plane. Patients with an isolated anterior and/or anterior/middle compartment defect had an isolated levator defect without a lateral defect of the endopelvic fascia in 10 cases (29.3%). In another 19 cases (55.8%), a lateral fascia defect (paravaginal defect) was present with muscle injury. In the remaining 4 patients (11.8%), the defect was caused by...
damage to the pubocervical fascia in 3 planes. In this subgroup, 19 women (55.9%) had a hysterectomy and 10 women (29.4%) with a uterus had an atypical appearance of the sacrouterine ligaments. Patients with a defect in all three compartments (N=39) had isolated levator damage in 5 cases (12.8%) without a lateral defect of the endopelvic fascia. A paravaginal defect was also present in 23 cases (58.9%). In 9 patients (23.1%) the defect was caused by isolated fascia trauma. In this subgroup, 28 women (71.8%) had a hysterectomy and 8 women (20.5%) with a uterus had an atypical appearance of the sacrouterine ligaments.

Conclusions: Defective level I is considerably involved in the defect of the posterior compartment, but also participates in the defect of the anterior and central compartments. In patients with a defect in all three compartments, level I is damaged in 93%.

Disclosure: No

Poster 482
MID-URETHRAL TAPE VERSUS BURCH COLPOSUSPENSION FOR RECURRENT STRESS URINARY INCONTINENCE
AS. Da Silva1, G. Baines1, G. Aaraklis1, T. Nuamek1, I. Smith1, K. McMurrugh1, Q. Baig1, M. O’Kane1, D. Robinson1, L. Cardozo1. King’s College Hospital2, King’s College London3

Introduction: Management of recurrent stress urinary incontinence (rSUI) when conservative measures fail can be a challenge for the urologist and urogynecologist. There is a paucity of literature on the optimal management for stress urinary incontinence (SUI) following a primary SUI procedure. Burch colposuspension (BC) and mid-urethral slings have been two of the options for women with rSUI. Reporting of outcome data is essential to aid clinicians, authorising bodies, and patients alike about treatment safety and efficacy.

Objective: To investigate and compare the safety and efficacy of the Burch Colposuspension (BC) and Transvaginal Tape (TVT) for women with rSUI.

Methods: Data from patient files who underwent surgical procedure for rSUI were analysed from 1985 to 2005. All procedures were performed by a single surgeon in the private sector.

Results: Seventy-one women underwent surgery for rSUI. 51 had BC and 20 had a TVT inserted. Past surgical history is summarised in table 1. All women had confirmed urodynamic stress incontinence. Of those women with a uterus, 89.5% (17/19) had total abdominal hysterectomy at the time of BC, no women had a vaginal hysterectomy during TVT insertion but 6 had a pelvic floor repair. One woman had a bladder injury and another had a blood loss of >500 ml during BC given an intraoperative complication rate of 2%, there were no intraoperative complications during TVT insertion. 86.3% and 90.5% of women were ing BC given an intraoperative complication rate of 2%, there were no intraoperative complications during TVT insertion. 86.3% and 90.5% of women were followed-up within 3 months following BC and TVT respectively. Subjective cure rate was 83.7% (BC) and 84.2% (TVT) and improved rate is 7.4% (BC) and 15.7% (TVT). Table 2 lists complications reported at 3-month follow-up.

Conclusions: Burch colposuspension and TVT are options for the treatment of rSUI with short-term favourable cure rates in both cohorts. Intraoperative and early complication rates remain low but favouring TVT. Longer and subjective data is required to determine treatment efficacy and safety.

Disclosure: No

Poster 483
ESTABLISHING THE SAFETY OF OUTPATIENT RETROPERITONEAL SACROSPINOUS LIGATION FIXATION – A RETROSPECTIVE REVIEW AT A LARGE ACADEMIC HEALTHCARE CENTER
S. Murarka1, B. Butler1, M. Baker3, E. Holt3, R. Adam1. Vanderbilt University Medical Center

Introduction: With the strain placed on the medical system by the ongoing surges of the Covid-19 pandemic, inpatient surgery is often suspended, and same day discharge rates are increasing. Sacrospinous ligament fixation (SSLF) is an apical suspension procedure performed retroperitoneally; retroperitoneal hemorrhage and nerve injury are potential severe complications. Given these risks, providers vary in their preference for same day discharge vs. routine overnight admission after this procedure.

Objective: To establish the safety of outpatient SSLF and evaluate the frequency of complications identified during the hospital stay.

Methods: This is a retrospective cohort study of women who underwent SSLF by Urogynecologists at our large, academic institution between March 2018 and October 2021. Patients were identified from the Gynecologic Enhanced Recovery Surgical database, which includes all surgical patients in the department of OB/GYN. The data was collected from the electronic medical record (EMR) to track compliance and outcomes in real time for quality improvement purposes during implementation of our enhanced recovery protocol. Institutional IRB approval was obtained. Descriptive statistics were performed. Student’s t-test and two-sample tests-of-proportions were used, with a p-value <0.05 denoting statistical significance.

Results: A total of 165 patients underwent SSLF; 23 were outpatient, and 142 were admitted for at least one night. Over 90% of patients in both groups identified as white, non-Hispanic, and English-speaking. The mean BMI identified as white, non-Hispanic, and English-speaking. The mean BMI was 30.6 kg/m2. The mean ASA score was 3.3, and estimated blood loss was 209 ml. Those who went home the same day were more likely to have had a lower BMI and ASA score, and the mean length of stay was shorter. The median and mean surgical time were shorter among those who went home the same day. The median and mean surgical time were shorter among those who went home the same day. The median and mean surgical time were shorter among those who went home the same day.

Conclusions: With the ongoing Covid-19 pandemic and rapidly evolving practice patterns, it is important to establish the safety of outpatient surgery. Our study demonstrates that outpatient SSLF is safe for appropriately selected patients after routine post-operative monitoring including serial vital signs and assessment of neuropathic pain. Severe complications requiring reoperation can often be identified immediately after surgery. Thirty-day post-operative complication rates did not significantly differ between patients undergoing outpatient versus inpatient SSLF.

Disclosure: No
Introduction: Surgeries for female stress urinary incontinence can be divided into mesh and non-mesh procedures. One of the most commonly performed surgeries for female stress urinary incontinence can be divided into mesh and non-mesh procedures. One of the most commonly performed procedures is retropubic midurethral sling. Non-mesh procedures include pubovaginal sling, Burch and urethral bulking. Current controversies involving mesh procedures have led to a recurrent interest in non-mesh treatments. Pubovaginal sling has similar effectiveness as midurethral sling but different rates of complications. Limited data exist on the cost effectiveness between midurethral sling and pubovaginal sling.

Objective: This study aims to evaluate the cost-effectiveness of autologous rectus fascial sling (ARFS) to retropubic midurethral sling (RMUS) from both hospital and healthcare perspectives.

Methods: A decision tree model comparing the costs and effectiveness between ARFS and RMUS was developed. The model was based on 1 year of follow-up. We included the following variables in the model: objective success rate, rates of complications, subsequent treatments for complications, and retreatment for stress urinary incontinence. The model included the index procedure and one retreatment for subjects who had persistent stress urinary incontinence. Cost estimates were calculated from both hospital system and healthcare payer perspectives. The outcomes from the model were expressed in incremental cost-effectiveness ratio (ICER), or cost per quality-adjusted life year (QALY). An ICER of less than $50,000 per QALY was considered cost-effective.

Results: From the hospital perspective, the overall cost of retropubic midurethral sling was higher than autologous rectus fascial sling ($2,348.94 vs. $2,114.06), but was more effective (0.82 vs. 0.80 QALYs). The incremental cost-effectiveness ratio was $17,622 per quality-adjusted life year, which was below the threshold of $50,000/QALY. From a healthcare perspective, the overall cost of autologous rectus fascial sling was higher than retropubic midurethral sling ($4,656.63 vs. $4,630.47) while also being less effective. Retropubic midurethral sling was thus the dominant strategy. Sensitivity analyses showed that the overall cost of retropubic midurethral sling surgery and the success rate of autologous rectus fascial sling had an impact on the incremental cost-effectiveness ratio. If the overall cost of retropubic midurethral sling surgery exceeds $2654.36, it would no longer be considered cost-effective compared to autologous fascial sling at a willingness-to-pay threshold of 50,000/QALY. Similarly, if the success rate of autologous fascial sling surgery exceeds 84.4%, autologous fascial sling would become cost-effective compared to retropubic midurethral sling. Other variables that affected the outcomes were the probability of urinary retention after RMUS, and the utility score for urinary incontinence.

Conclusions: Based on our economic model and cost data, retropubic midurethral sling is cost-effective compared to autologous fascial sling from the hospital and healthcare perspectives. However, if the cost of retropubic midurethral sling were to increase or the success rate of autologous rectus fascial sling were to improve, autologous fascial sling may become more cost-effective.

Disclosure: No
Results: 17 patients underwent retropubic MUS sling with median 2.5 (0.3 to 114) weeks follow-up and met eligibility criteria. 8/17 (47%) had concomitant prolapse surgeries. 6/17 (35%) were discharged home with a Foley and 4/17 (24%) had a post-op UTI during their follow up period. Overall, median maximum flow significantly decreased after sling surgery [24 mL/s (9-48) vs 15 mL/s (6-33), P = 0.001], while PVR was not significantly different after surgery [30 mL (5-210) vs 63 mL (0-750), P = 0.19]. Patients symptomatically improved on UDI-6 after surgery when compared with pre-op values (11 vs 2, P = 0.02). No patients needed a sling revision in the first 12 weeks and 1 patient had a sling revision over 2 years later for persistent elevated PVRs and urgency incontinence.

Conclusions: Retropubic MUS slings do significantly impact maximum flow (and flow pattern) on uroflowmetry, but with no significant difference in post-void residual. This is important information, as we can counsel patients that successful slings are likely to slow their urine stream but that objective emptying parameters remain normal.

Disclosure: No

Poster 487
CONCOMITANT SALPINGO-OOPHORECTOMY AT THE TIME OF VAGINAL HYSTERECTOMY FOR GENITAL PROLAPSE
MC. Cheng1, Queen Mary Hospital

Introduction: Prophylactic salpingo-oophorectomy has been performed at the time of hysterectomy for prevention of ovarian cancer or treating concomitant adnexal pathology. Vaginal hysterectomy for genial prolapse is a common procedure and the majority of the women were postmenopausal. There are potential difficulties in performing concomitant salpingo-oophorectomy during vaginal hysterectomy when compared to other operative routes.

Objective: This study was carried out to find out the prevalence of having concomitant salpingo-oophorectomy at the time of vaginal hysterectomy for genital prolapse, as well as the reasons why the women chose it or did not choose it.

Methods: This is a retrospective study performed in a university hospital from 1st January 2017 to 31st December 2019. The subjects were identified from the electronic operation record system. All women who underwent vaginal hysterectomy and pelvic floor repair for genital prolapse during the study period were included. Total 90 women were studied. The primary outcome is the number of women choosing to have salpingo-oophorectomy at the time of vaginal hysterectomy for genital prolapse. The secondary outcomes are the reasons they chose to have salpingo-oophorectomy and the reasons they did not choose to have salpingo-oophorectomy.

Results: Among the 90 women, 50 (55.6%) had concomitant bilateral salpingo-oophorectomy (BSO) during vaginal hysterectomy and pelvic floor repair (BSO group) while 40 (44.4%) did not (no BSO group). The mean age of the no BSO group was 66.8 who were 2.3 years younger than the no BSO group. 64% of BSO group and 63% of no BSO group had Pelvic Organ Prolapse Quantification System (POP-Q) stage 3. The mean operation time in the BSO group was 175.8±50.4 minutes while in the no BSO group was 138.4±34.0 minutes. 41 (82%) women who had concomitant salpingo-oophorectomy could have it done vaginally. The remaining ones required laparoscopic assistance. The reasons that required laparoscopic assistance included adhesions at adnexae and the infundibulopelvic ligament was located high up. In the BSO group, there were 2 patients who had intra-operative blood loss >500 ml or requiring blood transfusion due to blood loss. 1 patient had pelvi or vault haematoma/ abscess. In the no BSO group, there were 1 case of pelvic or vault haematoma/ abscess and 1 case of intra-operative bladder injury. 42 (84%) women had concomitant prophylactic salpingo-oophorectomy performed as they worried about future adnexal pathology. 7 (14%) had known adnexal mass during pre-operative assessment and 1 was found to have adnexal mass during operation. 24 (60%) women did not have salpingo-oophorectomy performed as they worried about the possibility of requiring laparoscopic assistance and possible additional operative risks for this prophylactic procedure. 14 (33%) thought it was not necessary to have the ovaries and tubes removed if they were normal looking intra-operatively.

Conclusions: Majority of women undergoing vaginal hysterectomy for genital prolapse could have salpingo-oophorectomy performed vaginally without major complications.

Disclosure: No
Conclusions: Despite the study limitations, including the reduced sample size and lack of control group, the polypropylene transvaginal mesh (Calistar A/B) seems to provide satisfactory anatomical support, with improvement in quality of life and no major complications in patients evaluated at 6 years after surgery.

Disclosure: No

Poster 489
A CLOSER LOOK: OUTCOMES OF INTRADETRUSOR INJECTION OF ONABOTULINUMTOXINA (BTX-A) IN THE ELDERLY POPULATION
N. Hernandez1, L. Miceli1, J. Stewart1, R.R. Gonzalez1, R. Khavari1. Houston Methodist Hospital1

Introduction: Overactive bladder (OAB) is a common condition in patients older than 70 years of age and its prevalence increases with age. AUA guidelines recommend oral anticholinergics and b-3 agonists as second line therapy. However, these medications have been associated with negative cognitive effects and may negatively affect the blood pressure in elderly respectively. Furthermore, b-3 agonists do not have an acceptable formulary medication coverage, additional concern for elderly with limited insurance coverage. Currently there is lack of evidence assessing the outcomes of OnabotulimumtoxinA (BTX-A) injection as a third line OAB therapy, evaluating its efficacy and safety in the elderly population.

Objective: To evaluate the outcomes of intradetrusor Onabotulimumtoxina (BTX-A) in the elderly population, including efficacy, safety.

Methods: A retrospective chart review of patients seen at the Urology clinic who underwent intradetrusor BTX-A from May 2015 to September 2021 was obtained. Patients older than 70 years of age at the time of their first injection were selected. Baseline characteristics, assessment of overactive bladder symptoms based on self-reported symptoms before and after injection were retrieved. Results: 103 patients over 70 years of age who had intradetrusor BTX-A were selected. 86(83%) were female. Prior to injection 91% (94) were voiding spontaneously. Urinary urgency was the most common symptom in 98.1%, followed by urinary incontinence, daytime frequency in 91% and 83% respectively. The most common medications initially prescribed were anticholinergic in 66%, followed by b-3 agonist in 26.2%. The amount of BTX-A injected was 100 U (88.3%) and 200 U (8.7%). Subgroup analysis by OAB symptom domain after follow-up showed that there was a significant improvement in 87% for incontinence, 73% for urinary urgency, 65% daytime urinary frequency and 57% in nighttime frequency. Temporary de novo intermittent catheterization was initiated in four patients and one needed indwelling catheter placement. 56.3% returned for repeated injections due to good symptom response. Nineteen (20%) had a symptomatic UTI at follow-up and 88% were not needing OAB medications after follow-up.

Conclusions: BTX-A is well tolerated in patients older than 70 with significant improvement in all OAB symptom domains and significant reduction of their OAB medication needs. This provides an option for patients to limit oral medications with unwanted side effects for this special population potentially at an earlier time in the OAB management algorithm.

Disclosure: No
Poster 491
THE EFFICACY OF UTEROSACRAL LIGAMENT STRETCHING AND DETACHING PRIOR TO VAGINAL HYSTERECTOMY
M. Rosenberg1, E. Grintstein1, R. Sagiv1, S. Ginath1. Edith Wolfson Medical Center, Tel Aviv University
Introduction: Vaginal hysterectomy (VH) is commonplace among women with symptomatic uterine prolapse. The main limitation of performing a VH lies in there not being sufficient uterine prolapse, thus posing a difficulty in accessing the surgical area. The uterosacral ligaments (USLs) are crucial in supporting and anchoring the vaginal apex and uterine the pelvic side walls and the sacrum. In 1972, Joel Cohen was the first to describe the efficacy of stretching of the uterosacral ligaments under anesthesia prior to the vaginal hysterectomy as a way for achieving greater prolapse, thus allowing better surgical access.
Objective: Examining the efficacy of uterosacral ligament stretching and detaching under anesthesia prior to VH in order to reach greater uterine prolapse.
Methods: Retrospective, single center study. 21 women which underwent VH for uterine prolapse from 2021-2022 were analyzed. In every VH performed, three measurements POPq-C: before stretching of the USLs, after stretching of the USLs on both sides and after detaching both USLs. The measurement was preformed by clutching the cervix with a Kugelzange and stretching was done by sliding the index finger on the vaginal area at 4-5 and 7-8 o'clock from the cervix towards the fornix area. After preforming a circular cut around the cervix, holding, cutting, and sewing the USLs on both sides, the third measurement was performed.
Results: Six patients had stage 2 uterine prolapse, 14 had stage 3, and one patient had stage 4 of uterine prolapse. The rest of the demographic and clinical characteristics at baseline and during surgery are summarized in table 1. POPq-C was increased in 1.5 ± 0.6 by stretching the USLs, and in 3.5 ± 1.3 following detaching both USLs. There was a positive correlation between measurement of the POPq-C before stretching the USLs to the measurement following stretching the USLs (r = 0.966, p < 0.001) and following detaching both USLs (r = 0.788, p < 0.001) (Figure 1). There was no correlation between the differences of POPq-C measurements to uterine weight, uterine volume, and uterine cervix length. Conclusion: Stretching and detaching USLs before VH increase the POPq-C, which can facilitate the performance of the procedure.
Conclusions: Stretching and detaching USLs before VH increase the POPq-C, which can facilitate the performance of the procedure.
Disclosure: No

Poster 492
IS SCREENING FOR ATYPIA, ATYPICAL? THE ROLE OF URINE CYTOLOGY
M. O’Kane1, A. DaSilva1, G. Araklitis1, C. Davis1, A. Ranell1, D. Robinson1, L. Cardozo1. King’s College Hospital1
Introduction: Non-visible hematuria (NVH) is a relatively common clinical finding that may be indicative of significant urinary tract disease. A recent meta-analysis revealed an overall pooled test result sensitivity rate of 3.3% in patients presenting with haematuria [1]. Urinary cytology, which was first described by Papanicolaou and Marshall, is frequently employed to investigate NVH. Urine cytology has a specificity of >95%, but a sensitivity ranging between 38–84% in high-grade bladder cancer, and an even lower sensitivity for low-grade disease (20–53%) [2]. For that reason, there is no consensus among guidelines regarding the inclusion of urinary cytology in the assessment of NVH. In addition, there are concerns that false positive results may lead to over-investigation and undue anxiety for patients.
Objective: To review the results of urine cytology in patients with non-visible haematuria presenting to an outpatient urogynaecology clinic.
Methods: Between January 2020 and October 2021, patients with lower urinary tract symptoms, presenting to an outpatient urogynaecology clinic, who were found to have non-visible haematuria on urinalysis, had samples sent for urine cytology. Electronic patient records were retrospectively reviewed to obtain demographic details, data regarding primary presenting symptom and the results of both urine cytological examination and further diagnostic testing.
Results: The urine cytology results of 229 patients were reviewed. The mean age of patients was 59.2 years (range 25-94). No cases of urinary tract malignancy were identified. A total of 173 patients underwent cystoscopic evaluation, 55 patients had already been investigated previously and therefore required no further follow up. Table 1 shows the urine cytology results of the cohort. Among those with normal cytology results, 50 patients underwent rigid cystoscopy and had bladder biopsies taken, 69 patients had a flexible cystoscopy. All bladder biopsies identified chronic inflammation only. 54% of flexible cystoscopies demonstrated normal bladder appearance. The remaining 46% showed evidence of infection, atrophic changes and detrusor overactivity. In the ‘Atypia’ group, eight out of eleven patients underwent rigid cystoscopy and bladder biopsies were taken. The remaining 3 patients had a flexible cystoscopy. Both patients in the ‘Low grade urothelial malignancy’ group underwent rigid cystoscopy and had bladder biopsies taken. 100% of bladder biopsies demonstrated chronic inflammation. All patients in both the ‘Atypia’ and ‘Low-grade urothelial malignancy’ groups had further imaging in the form of either CT urogram or ultrasound of the renal tract. All were negative for urinary tract malignancy.
Conclusions: The low incidence of atypia on cytological testing in this cohort, and the absence of urinary tract malignancy on subsequent investigation, echoes the findings of previous studies challenging the value of urine cytology compared to cystoscopy and upper tract imaging [3]. If further diagnostic evaluation is indicated by the presence of lower urinary tract symptoms, urine cytological

Table 1. Cytology results

<table>
<thead>
<tr>
<th></th>
<th>Normal</th>
<th>Atypia</th>
<th>Low-grade urothelial malignancy</th>
<th>Acute inflammation</th>
<th>Inadequate</th>
<th>Oxytrials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent</td>
<td>70.7%</td>
<td>4.8%</td>
<td>0.9%</td>
<td>29.5%</td>
<td>1.7%</td>
<td>0.4%</td>
</tr>
</tbody>
</table>

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testing could be rationalized without compromising diagnostic accuracy. This would reduce the risk of causing unnecessary anxiety among patients and avoid over-investigation.

Disclosure: No
Table 1 provides representative quotations from safety reports in each category. Most safety reports fell into the category of a patient’s need for assistance with using the device, closely followed by a loss or lack of efficacy and other device failures. Figure 2 illustrates the relative frequency of each category of report in the random sample. Interestingly, a notable percentage of the reports related to non-shock pain (32%), painful shocks (27%), and lead or device migration (30%) also mentioned that the patient fell prior to onset of symptoms.

Conclusions: Consistent with literature, the complications reported from SNM were minor. This review confirms the “real-world” safety of the SNM device with no serious events identified in our random sample. Many of the reports submitted as “adverse events” are not truly adverse events, but rather need for support from device manufacturer representative or known limitations of the device, such as battery life. This finding points to the need for better and ongoing patient education efforts regarding this treatment modality.

Disclosure: No

Poster 494
COMPARISON OF ELASTIC PROPERTIES OF THE PELVIC FLOOR MUSCLES IN PATIENTS WITH FECAL INCONTINENCE COMPARED TO A CONTROL GROUP

Y. Baumfeld1, J. Alshiekh1, Q. Wei2, P. Chitnis2, S.A. Shobeiri1, Innova Health System1, George Mason University1

Introduction: Fecal incontinence (FI) is prevalent in up to 15% of all individuals and more prevalent in women with other pelvic floor disorders. FI has been found in association with obstetrical trauma, particularly obstetric injury to the anal sphincter. Ultrasound shear wave elastography (SWE) is an imaging method that quantifies tissue stiffness and elasticity using sound waves. We hypothesized FI patients have distinct SWE characteristics when compared to non-FI patients.

Objective: Assess SWE and ultrasound characteristics in FI compared to non-FI patients.

Methods: Our single-center observational study included all comers to urogynecology clinic. Data collection included baseline characteristics, physical examination data, questionnaire scores, PDFI and PFIQ, pelvic floor sonographic measurements, and elastography measurements. The SWE was carried out using the Aixplorer® (Supersonic Imagine) ultrasound machine with the 12-3 MHz endocavity probe. The measurements were reported in Kilopascal (kPa). The SWE measurements were taken over the paraurethral region, the levator ani, the anal canal and perineum. The study population was defined by the Colorectal-Anal Distress Inventory 8 (CRADI-8) questionnaire, question 9 regarding the loss of well-formed stool.

Results: A total of 115 subjects were included in the study, 46 with FI and 69 without. The FI group was significantly older and had higher prevalence of hypertension; all other baseline characteristics, were similar. The FI group had higher scores in the PFIQ the PFDI and the CRADI questionnaires. The two groups have equivocal POPQ measurements in all points. The two groups differed in the sonographic measurements, with a larger minimal levator hiatus (MLH) (13 vs. 11, P = 0.05) and a more positive levator plate descent angle (LPDA) in the FI group (4.3 vs. -9.7, P = 0.02). The vaginal probe to the levator plate distance (LIFT), both in rest, in squeeze and the delta of the two were higher in the FI group, albeit, not statistically significant. SWE measurements for the two groups are presented in Table 1. Higher measurements in the trigone area reached statistical significance (P = 0.05). Higher measurements were also found in the sagittal view of the perineum and lower measurements were found in the Rhabdosphincter and the mid levator ani views on both sides, but without statistical significance. All other measurements were equivocal. A subgroup analysis according to menopause was performed, while statistical significance was not reached, higher SWE measurements were found in the postmenopausal group in the suburethra zone (36 vs 29), the external anal sphincter (61 vs 50), both axial and sagittal views of the perineum (60 vs 48 and 55 vs 46, respectively), and the Levator ani enthesis and mid views of the right levator ani (29 vs 24 and 37 vs 30, respectively). When comparing patients with FI according to menopausal state, no statistically significant differences were found. Measurements are presented in Table 2.

Conclusions: Tissue elastic properties of the pelvic floor change in patients with fecal is promising. Further exploration is needed to utilize the elastography as part of patient assessment.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Consultant to MEMIC, COSM, TRACKIMED
Poster 495

HOW DO YOU DO IT? HETEROGENEITY IN TECHNIQUE FOR UTEROSACRAL LIGAMENT SUSPENSION FOR APICAL PROLAPSE

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Introduction: Uterosacral ligament suspension (USLS) is a durable surgical treatment for apical prolapse. The utilization of the USL was first described with the McCaill’s culdoplasty prolapse repair in 1957. Several modifications to McCaill’s procedure were subsequently developed. Further adoption in USLS in the United States followed the publication of the high USLS technique in 2000 by Shull et al. While incorporation of the USL is a well-known step in the treatment of apical prolapse, there likely exists significant variability in specific technique amongst practices nationally and internationally.

Objective: To describe the practice patterns and particular techniques for performing USLS for the treatment of apical prolapse.

Methods: A web-based IRB exempt survey was sent to surgical societies whose membership who focused on the treatment of pelvic organ prolapse; the American Urogynecologic Society, American Association of Gynecologic Laparoscopic Surgeons, American College of Obstetrics and Gynecology, the Urogynaecological Society of Australasia. Data was collected in RedCap and descriptive statistical analyses were performed.

Results: Survey results were collected via RedCap® and yielded 242 responses. The majority of respondents were from the United States (68.3%), followed by Brazil (10%) and Australia (5.8%). There was a bimodal distribution with the majority of surgeons being 20 years in practice. Fifty-four percent of respondents perform >100 surgeries per year with a mean of 71.5% of cases being for apical prolapse support. The USLS was the most common apical support procedure performed by respondents, in addition to being the most common procedure taught during their fellowship. Responses revealed that the USLS is performed by nearly half (45.9%) of respondents >40% of the time for apical support, while 14.2% and 21.9% performed sacrospinous ligament suspension and sacral colpopexy, respectively. Vaginal access and the ischiocervical high uterosacral ligament technique were the most common route and technique performed. When placing sutures vaginally, 52% of respondents reported using 2 sutures per side, while 28.3% used 3 sutures per side. Only 31.5% of respondents use type of permanent suture vaginally. Midline uterosacral plication was less common, with 22.8% of respondents performing this technique preferentially. When performing midline plication, 1 or 2 sutures were used 82% of the time. When placing sutures robotically, 40% of surgeons use permanent suture. There was a similar response rate between placing sutures at (45.1%) or above the level of the ischial spine (44.3%). The remainder of respondents placed the sutures more distally.

Conclusions: Standardization of the optimal surgical technique is important in any specialty, especially in the setting of performing and publishing clinical trials. This study has revealed significant heterogeneity in the techniques to perform USLS for apical prolapse and represents a first step in better understanding how surgical outcomes for patients can improve.

Disclosure: No

Poster 496

SEXUAL FUNCTION AMONG PREMENOPAUSAL WOMEN WITH PELVIC ORGAN PROLAPSE PRESENTING FOR SURGICAL REPAIR IN DEMOCRATIC REPUBLIC OF THE CONGO

A. Werth1, M. Ntakwinja2, A. Borazjani3, D. Mukwenge2. Hartford Hospital1, Panzi General Referral Hospital2, McGaw Medical Center of Northwestern University3

Introduction: Pelvic organ prolapse (POP) is a global problem that impacts physical, psychological, social, and sexual aspects of women’s lives. Most of the literature on POP has been generated from data in high-income countries, majority of whom are postmenopausal. In the Democratic Republic of the Congo (DRC), a significant proportion of patients who present for surgical repair of POP are premenopausal. However, little is known about the impact of POP on sexual function in this population.

Objective: To assess the impact of POP on female sexual function among premenopausal women presenting for POP surgery in the Democratic Republic of the Congo (DRC).

Methods: We performed a prospective study of symptomatic premenopausal patients presenting for POP surgery to a large referral hospital for gynecologic care in the DRC. POP was assessed using the Pelvic Organ Quantification (POPQ) system. Sexual function was evaluated using the validated French-language version of the Pelvic organ prolapse/ urinary Incontinence Sexual Questionnaire-12 (PISQ-12). Demographic data were extracted from patient intake forms. A sub-group analysis was performed amongst women who reported being sexually active within the previous 3 months. Data are presented as means with standard deviations (SD) or as numbers of women and percentages.

Results: A total of 107 patients were recruited between April 2019 and December 2021. Of these, 102 (95.3%) had stage III and 5 (4.7%) had stage IV prolapse. Age was 34.2 ± 6.7 years; 84 (78.5%) were married (Table 1). Almost two-thirds of the women (70, 65.4%) reported no longer being sexually active, and 80% of these women stated that they were not sexually active because of the POP. The remaining 37 (34.6%) reported being sexually active within the previous 3 months, and majority reported significant sexual impairment due to the prolapse, with only 4 women reporting that they were not affected. Overall PISQ-12 scores in this cohort were 23.9 ± 6.3 (total score 48). For the 37 patients who reported being sexually active, the PISQ-12 scores were 23.9 ± 7.1. Overall, 52 (48.6%) reported usually or always having a negative emotional reaction during intercourse, and 66 (61.7%) reported avoiding sexual activity because of bulge symptoms (Table 2). Among the 37 women who reported being sexually active within the previous 3 months, 20 (54.1%) reported that they were never/seldom sexually excited and 21 (56.8%) were never/seldom satisfied with their sex lives.

Conclusions: These results highlight the devastating effects on sexual function associated with POP for premenopausal women in western Sub-Saharan Africa. Overall, our findings suggest that sexual function should be addressed in this population and attention to treatment of POP should be a priority for women in the DRC.

Disclosure: No

Table 1. Demographics

| Age, years | 34.2 ± 6.7 | 35.0 ± 7.1 |
| BMI, kg/m² | 21.3 ± 2.3 | 21.1 ± 2.3 |
| Parity | 50.4 (46.5%) | 13 (35.1%) |
| 0 | 25 (23.4%) | 10 (27.0%) |
| 1-3 | 20 (18.7%) | 10 (27.0%) |
| ≥10 | 37 (34.6%) | 10 (27.0%) |

*Data are presented as mean ± SD or numbers of women (% of cohort or subgroup).
Poster 497
PREVALENCE OF URINARY AND FECAL INCONTINENCE IN FEMALE STAFF IN A HIGH SPECIALTY HOSPITAL IN GUADALAJARA MÉXICO
D. Salgado1, RM. Zangana1. Instituto Mexicano Del Seguro Social1

Introduction: Pelvic floor disorders, mainly urinary incontinence and fecal incontinence are problems that affect a large part of women regardless of their age, due to the presentation and severity of the symptoms, it will depend on multiple risk factors that might influence the patient. Affecting their quality of life in all aspects, and in some cases it may become a reason for absenteeism from work, sexual dysfunction or social isolation; However, despite of the morbidity of these pathologies, they are underdiagnosed because a large part of the patients are afraid of being singled out or socially rejected and consequently do not look for the necessary medical attention.

Objective: To determine the prevalence and clinical characteristics of urinary and fecal incontinence in female staff in a high specialty hospital in Guadalajara México

Methods: The present study will be carried out as a descriptive cross-sectional study, within the facilities of a high specialty hospital in Guadalajara México, in non-pregnant women of legal age who are within the 2021 workforce and who agrees to participate in the study through an informed consent. A sample of 261 women is estimated based on the number of workers and, in a calculation regarding of the prevalence described in the literature. The study was implemented with the application of the 3IQ test and wexner test respectively. Besides of a simple questionnaire that includes the patient's background that could be related to these pelvic floor pathologies.

Results: 270 women who are part of the staff were included. We group them globally into 4 categories according to their job position: Medical 84 (31%), Nursing 115 (42.6%), Administrative staff 51 (18.9%) and General Services 20 (7.4%). Regarding urinary incontinence, we found that 137 women (50.7%) reported some involuntary loss of urine. 84 women (31.1%) referred involuntary loss of urine with stress characteristics, 22 (8.1%) urgency and 31 (11.5%) with symptoms of mixed urinary incontinence. According to the sandvick classification we found 79 of this woman (57.6%) had a mild degree of severity, 53 (38.7%) moderate and 5 (3.7%) were classified as severe. According to the labor area, urinary incontinence were present in 22 women (26.18%) of the medical area, nursing staff 74 of them (64.34%), administrative staff 27 (52.9%) and 14 (70%) women for the general services personnel. Regarding fecal incontinence, only 20 women (7.4%) presented fecal incontinence, of which 18 of them (6.7%) according to the Wexner score a mild fecal incontinence, and 2 women (0.7%) a moderate. 15 of them (75%) are nursing personnel, 5 (25%) administrative. Of the 270 women included in our protocol, 18 (6.6%) have dual incontinence.

Conclusions: We found a high prevalence of pelvic floor problems, especially urinary incontinence in female staff of the UMAE GINECO-OBSTETRICIA. And it is noteworthy that it is a young, economically active population. And despite of being in the health care environment, the search for consultation by female staff to follow up on these problems is low.

Disclosure: No

Poster 498
PCP REFERRAL PATTERNS TO UROGYNECOLOGIC CARE BASED ON RACE/ETHNICITY FOR OAB
M. Bangura1, K. Hung2. Mass General Brigham1

Introduction: Overactive Bladder (OAB) is a prevalent condition that affects up to 30% of US women. The literature does not describe a racial difference in the prevalence of OAB, yet patients of color are disproportionately under-represented in treatment for OAB by subspecialists. Primary Care Providers (PCPs) are often the gatekeepers to subspecialty care and understanding their referral patterns is fundamental in better articulating health disparities in access to subspecialty care.

Objective: The primary aim of this research is to evaluate if health disparities exist in the diagnosis and referral patterns of PCPs affiliated with an urban academic center for OAB based on race and ethnicity. The secondary aim is to determine whether there are racial/ethnic differences in the utilization of third-line OAB treatments that may indicate disparities in access to care.

Methods: The data was derived from the electronic medical record system database at a racially diverse academic urban center. We identified female patients who were diagnosed with OAB at their PCP appointment between 01/2018 and 01/2020. Of those patients with a diagnosis of OAB, we evaluated who had a referral placed with subspecialty care with Urogynecology or Urology.
patients were then stratified based on their racial and ethnic groups, which were identified as White, Black, Hispanic, and Asian. Among this cohort of patients, those who had received percutaneous tibial nerve stimulation (PTNS) or sacral neuromodulation (SNM) were further stratified. These two treatments were selected due to the relatively increased need for transportation and time off work associated with accessing these options.

**Results:** A total of 7757 patients were diagnosed with OAB at their PCP visit. Of these patients, 6917 were referred to urogynecologic or urologic care. When these patients were stratified by race/ethnicity, 89.8% identified as White, 4.9% Black, 2.2% Hispanic, and 3.0% Asian. There was no statistically significant difference in referral rates with p-value of 0.384 (Table 1).

Among this cohort of patients, it was also evaluated which patients received 3rd line treatment. 108 patients (1.56%) had received PTNS or SNM, all of whom identified as White.

**Conclusions:** Diagnosis of OAB in this cohort occurred more frequently among White patients who comprised 89.8% of the patients identified. As such, patients of color are not proportionally represented in this cohort diagnosed with OAB, and it is unclear why. More research is needed to understand this disparity. However, this research does suggest that once OAB is diagnosed by PCPs at this institution, these patients are referred at equal rates based on race/ethnicity. Finally, utilization of PTNS or SNM among OAB patients at this institution is not common with only 108 patients identified. Of these patients, all identified as White. This trend could be due to the low rates of these procedures and the low representation of patients of color in this cohort. However, our findings could also indicate disparate access to these 3rd line treatments among patients of color. More research is needed to understand these findings.

**Disclosure:** No

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**Poster 499**

**A DIGITAL HEALTH PROGRAM FOR CONSERVATIVE TREATMENT OF URINARY INCONTINENCE: A RETROSPECTIVE REVIEW OF COMMERCIAL USER DATA**

T. Ferzandi, L. Keyser, J. McKinney, S. Pulliam, M. Weinstein, University of Southern California, Andrews University, Tufts University School of Medicine, Massachusetts General Hospital

**Introduction:** Urinary incontinence (UI) is highly prevalent, with over 28 million women in the United States experiencing moderate to severe symptoms. Challenges of first-line therapy for UI include the correct performance of pelvic floor muscle training (PFMT), as well as consistent performance of PFMT for lion women in the Untied States experiencing moderate to severe symptoms. Challenges of first-line therapy for UI include the correct performance of pelvic floor muscle training (PFMT), as well as consistent performance of PFMT for lion women in the Untied States experiencing moderate to severe symptoms. Challenges of first-line therapy for UI include the correct performance of pelvic floor muscle training (PFMT), as well as consistent performance of PFMT for lion women in the Untied States experiencing moderate to severe symptoms. Challenges of first-line therapy for UI include the correct performance of pelvic floor muscle training (PFMT), as well as consistent performance of PFMT for lion women in the Untied States experiencing moderate to severe symptoms.

**Objective:** To evaluate outcomes and adherence to pelvic floor muscle training with a digital health program prescribed for the treatment of stress, urgency, and mixed UI among a cohort of commercial users.

**Methods:** This is a retrospective cohort study of commercial data from users of a digital health program between July 1, 2020-July 1, 2021. The primary outcome was the change in UI symptoms as reported on the Urogenital Distress Inventory (UDI-6). The program includes twice daily exercises with an intravaginal device that detects motion during pelvic floor muscle exercise, paired with a smartphone application to provide visual feedback about pelvic floor muscle performance. UDI-6 surveys were administered via the app, and data was cloud-captured. This study received an IRB exemption. Included subjects were female, >/= 18 years with a diagnosis of stress, urgency, or mixed UI who completed the UDI-6 at baseline and 8-weeks. Demographic, symptom, and adherence data was summarized. Paired t-test was used to analyze changes in outcomes from baseline to 8-weeks, and ANOVA was used to evaluate differences in outcomes between adherence groups.

**Results:** Of 271 subjects identified with a UI diagnosis, 140 provided baseline and 8-week data and were included in the final analysis. Excluded subjects did not differ significantly in age or reported demographics. Mean age was 51.0 (SD 11.8, n = 126) and mean BMI was 27.5 (SD 6.3, n = 46). Mean UDI-6 score at baseline was 43.9 (SD 19.6) and at 8-weeks was 28.6 (SD 18.2); absolute mean change was 15.3 (SD 16.0, P < 0.0001). Sixty-three percent (82/130) reached or exceeded the minimum clinical important difference of 11 points by 8-weeks (29.1, SD 30.3, P < 0.0001). Cumulative adherence was 70% at 4-weeks and 66% at 8-weeks (14 uses/week = 100%). Subjects who used the device 7 or more times per week demonstrated greater improvement compared with those who used the device <= 6 times per week (UDI-6 absolute mean change 17.0 vs 9.3; P = 0.0209).

**Conclusions:** This study demonstrates effectiveness of a digital health program in reducing UI symptoms among this cohort of users in a real-world setting. Users achieved statistically and clinically significant symptom improvement over an 8-week period. Those who used the device at least once daily on average achieved greater improvement. More complete data collection, particularly relevant demographic and clinical information will enhance the value and applicability of the data.

**Disclosure:** Yes, this is sponsored by industry/sponsor: Renova Inc.

Clarification: Industry initiated, executed and funded study

One of more of the authors act as a consultant, employee or shareholder for: Renova Inc.

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**Poster 500**

**TRANSVAGINAL VERSUS ABDOMINAL SURGICAL REPAIR FOR THE CORRECTION OF APICAL PELVIC ORGAN PROLAPSE: DO SOCIOECONOMIC FACTORS PREDICT SURGICAL APPROACH?**

G. St. Louis, A. Gunda, N. Soodhana Prakash, S. Brenner, J. Fine, L. Martin, K. Amin, R. Syam, University of Miami

**Introduction:** Pelvic organ prolapse affects close to 50% of parous women and has a diverse range of treatment options. When non-surgical interventions, such as pelvic floor physical therapy and pessary use, fail to improve symptoms of prolapse, it is common for patients to opt for surgical intervention. Apical vaginal prolapse can be surgically managed via a transvaginal or abdominal approach. Mesh-based abdominal approaches offer greater durability in terms of prolapse recurrence however are associated with mesh-specific complications. National trends indicate a growing public distrust of mesh utilization. While many factors contribute to selecting a surgical approach, the influence of patient clinical and sociodemographic factors such as race/ethnicity, history of prior hysterectomy, and insurance type have not been well described.

**Objective:** To determine if patient clinical and sociodemographic factors predict patients electing to undergo a transvaginal versus laparoscopic/robotic abdominal repair for treatment of apical pelvic organ prolapse.

**Methods:** A retrospective chart review of patients in the Urogynecologic practice at our tertiary care center was conducted through an IRB approved protocol. We identified patients between October 2019 and March 2021 with apical prolapse who underwent surgical repair via a transvaginal versus laparoscopic/robotic abdominal approach. Type of prolapse repair and patient clinical and sociodemographic variables were collected. Patients who were not offered both approaches were not collected. Contingency tables were created, and statistical significance was analyzed using the chi-square test. A logistic regression model was used to identify predictors of surgical approach for prolapse repair. A p-value of <0.05 indicated statistical significance. All analysis was conducted using STATA MP 16.1 (College station, Texas).

**Results:** Among 943 pelvic organ prolapse patients, 142 (15.1%) underwent surgical prolapse repair over our study period. 30% underwent laparoscopic/robotic mesh-based sacropelvicopexy, laparoscopic/robotic 8% suture-based abdominal apical suspension, and 62% transvaginal hysteropexy. Sociodemographic details are reported in Table 1. Although patients with a history of prior hysterectomy were more likely to undergo a transvaginal approach (85% vs 15%, P = 0.04), this did not remain predictive of approach on multivariate analysis (Table 2). There were no statistically significant differences in surgical approach by race/ethnicity, primary language spoken, BMI category, or stage of prolapse. Odds ratios are reported in Table 2.

**Conclusions:** Despite a growing national mistrust of mesh-based abdominal repairs, we found 30% of our patients with apical prolapse elected for a laparoscopic/robotic mesh-based sacropelvicopexy. In our population, patient clinical and socioeconomic factors were not predictive of undergoing laparoscopic/robotic abdominal versus transvaginal surgical correction of apical prolapse. Further investigations are needed to understand patient attitudes and perceptions towards abdominal versus vaginal based repairs, as well as the influence of surgeon counseling on surgical approach selected.
Introduction: Pelvic organ prolapse is a common morbidity with a prevalence of about 10% in all women. Advanced age, menopause, and vaginal delivery have been identified as the leading risk factors. Pelvic floor tissue characteristics have been previously examined using different modalities, including sono-graphic 3D characterization of the pelvic floor, pressure measurements of the pelvic floor structure using the Vaginal Tactile Imager, and manometry imaging. Ultrasound shear wave elastography (SWE) is a sonographic imaging technique that maps tissue stiffness. We hypothesized that the patients with POP have decreased elasticity as measured by SWE in the pelvic floor structures.

Objective: To assess if the patients with POP have decreased tissue elasticity as measured by SWE.

Methods: Our single-center observational study included all comers to urogynecology clinic. Data collection included baseline characteristics, physical examination data, questionnaire scores, PDFI and the PFIQ, pelvic floor sono-graphic measurements as well as elastography measurements. SWE was carried out using the Aixplorer® (Supersonic Imagine) ultrasound machine with the 12-3 MHz endocavity probe. The elastography measurements in Kilopascal (kPa) were taken over the bladder area, the levator ani muscles, and over the anal area.

Results: A total of 133 subjects were included in the study, out of which 50 suffered from POP and 83 did not who made up the control group. The two groups had similar baseline characteristics: age and BMI; the POP had higher parity (2.4 vs. 1.3) and forceps deliveries (20 vs. 8%). The POP group had higher scores in the questionnaires, with a 119 vs. 86 score in the PDFI (P = 0.01) and 46 vs. 29 in the PFDI (P < 0.001). The EVUS measurements differed between the two groups, including the distance measured between the pubic bone and the levator plate, a larger minimal levator hiatus, and a more positive levator plate decent angle. Figure 1 shows an example of the SWE examination and Table 1 summarize elasticity measurement results. The SWE measurements were found to be significantly lower for the POP group compared to the control group in all areas measured in both the levator ani zone and the para anal zone, showing lower measurements in the POP group. In contrast, the areas measured in the bladder zone had equivocal measurements between the two groups.

Conclusions: The patients with POP have significantly decreased elasticity as measured by SWE in the perineal and the levator ani muscle regions.

Disclosure: One of more of the the authors act as a consultant, employee or shareholder for: Consultant for MEMIC, COSM, TRACKMED.

Table 1. Elastographic characteristics in subjects with POP

<table>
<thead>
<tr>
<th>Variable</th>
<th>All</th>
<th>POP (n=50)</th>
<th>Control (n=83)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bladder</td>
<td>3.0 ± 0.4</td>
<td>2.8 ± 0.3</td>
<td>2.6 ± 0.4</td>
<td>0.06</td>
</tr>
<tr>
<td>Rectovaginal</td>
<td>4.2 ± 0.5</td>
<td>3.8 ± 0.4</td>
<td>3.9 ± 0.6</td>
<td>0.04</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>3.2 ± 0.3</td>
<td>3.1 ± 0.2</td>
<td>3.2 ± 0.3</td>
<td>0.23</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>4.2 ± 0.3</td>
<td>4.1 ± 0.2</td>
<td>4.3 ± 0.4</td>
<td>0.06</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>3.4 ± 0.3</td>
<td>3.2 ± 0.2</td>
<td>3.5 ± 0.3</td>
<td>0.01</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>5.3 ± 0.4</td>
<td>5.1 ± 0.3</td>
<td>5.4 ± 0.5</td>
<td>0.03</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>6.2 ± 0.5</td>
<td>6.0 ± 0.4</td>
<td>6.3 ± 0.6</td>
<td>0.06</td>
</tr>
</tbody>
</table>

Conclusions: The patients with POP have significantly decreased elasticity as measured by SWE in the perineal and the levator ani muscle regions.

Disclosure: One of more of the the authors act as a consultant, employee or shareholder for: Consultant for MEMIC, COSM, TRACKMED.

Table 2. Logistic Regression of Factors Influencing Surgical Approach of POP Repair

<table>
<thead>
<tr>
<th>Variable</th>
<th>Adjusted OR</th>
<th>95% CI</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bladder</td>
<td>3.2 ± 0.4</td>
<td>2.8 ± 0.3</td>
<td>2.6 ± 0.4</td>
</tr>
<tr>
<td>Rectovaginal</td>
<td>4.2 ± 0.5</td>
<td>3.8 ± 0.4</td>
<td>3.9 ± 0.6</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>3.2 ± 0.3</td>
<td>3.1 ± 0.2</td>
<td>3.2 ± 0.3</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>4.2 ± 0.3</td>
<td>4.1 ± 0.2</td>
<td>4.3 ± 0.4</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>3.4 ± 0.3</td>
<td>3.2 ± 0.2</td>
<td>3.5 ± 0.3</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>5.3 ± 0.4</td>
<td>5.1 ± 0.3</td>
<td>5.4 ± 0.5</td>
</tr>
<tr>
<td>Perineal superficial</td>
<td>6.2 ± 0.5</td>
<td>6.0 ± 0.4</td>
<td>6.3 ± 0.6</td>
</tr>
</tbody>
</table>

Conclusions: The patients with POP have significantly decreased elasticity as measured by SWE in the perineal and the levator ani muscle regions.

Disclosure: One of more of the the authors act as a consultant, employee or shareholder for: Consultant for MEMIC, COSM, TRACKMED.

Table 1. Sociodemographic characteristics of women with surgical interventions for apical pelvic organ prolapse

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Laparoscopic/Hysterectomy Repair N (%)</th>
<th>Vaginal Repair N (%)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>27 (19.0)</td>
<td>115 (80.9)</td>
<td>0.001</td>
</tr>
<tr>
<td>Age</td>
<td>57.4 (9.2)</td>
<td>60.2 (12.1)</td>
<td>0.07</td>
</tr>
<tr>
<td>Parity</td>
<td>2.6 (1.2)</td>
<td>2.7 (1.5)</td>
<td>0.23</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>20 (17.8)</td>
<td>92 (78.4)</td>
<td>0.73</td>
</tr>
<tr>
<td>Non-Hispanic</td>
<td>6 (20.0)</td>
<td>93 (79.9)</td>
<td>0.15</td>
</tr>
<tr>
<td>Primary Language</td>
<td>14 (25.9)</td>
<td>41 (74.5)</td>
<td>0.001</td>
</tr>
<tr>
<td>Spanish</td>
<td>13 (14.6)</td>
<td>71 (85.4)</td>
<td>0.001</td>
</tr>
<tr>
<td>Income Type</td>
<td>2 (16.7)</td>
<td>22 (83.3)</td>
<td>0.001</td>
</tr>
<tr>
<td>Private/Commercial</td>
<td>24 (20.1)</td>
<td>93 (79.9)</td>
<td>0.001</td>
</tr>
<tr>
<td>Other</td>
<td>1 (100.0)</td>
<td>0 (0.0)</td>
<td>0.001</td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td>19 (10.0)</td>
<td>20 (10.0)</td>
<td>0.001</td>
</tr>
<tr>
<td>Overweight</td>
<td>12 (13.1)</td>
<td>56 (68.4)</td>
<td>0.001</td>
</tr>
<tr>
<td>Obese</td>
<td>8 (13.1)</td>
<td>57 (68.7)</td>
<td>0.001</td>
</tr>
<tr>
<td>Stage of prolapse (ref/Stage 1)</td>
<td>9 (16.7)</td>
<td>47 (83.3)</td>
<td>0.001</td>
</tr>
<tr>
<td>Stage 2</td>
<td>14 (21.2)</td>
<td>52 (78.8)</td>
<td>0.001</td>
</tr>
<tr>
<td>Stage 3</td>
<td>3 (18.7)</td>
<td>13 (81.3)</td>
<td>0.001</td>
</tr>
<tr>
<td>Stage 4</td>
<td>1 (25.0)</td>
<td>6 (75.0)</td>
<td>0.001</td>
</tr>
<tr>
<td>Prior Hysterectomy</td>
<td>6 (15.0)</td>
<td>34 (85.0)</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Conclusions: The patients with POP have significantly decreased elasticity as measured by SWE in the perineal and the levator ani muscle regions.

Disclosure: One of more of the the authors act as a consultant, employee or shareholder for: Consultant for MEMIC, COSM, TRACKMED.

Poster 502
DIFFERENCE IN PELVIC FLOOR RELATED SYMPTOMS AND PATIENT'S SATISFACTION ACCORDING TO THE TYPE OF HYSTERECTOMY

E. Grinstein1, L. Dafna1, A. Vertakova1, A. Condrea1, R. Sagiv1, S. Ginath1. Edith Wolfson Medical Center

Introduction: Hysterectomy techniques have evolved with advances in laparo-scopic technologies, in an attempt to minimize patient morbidity. Because of technical difficulties, prolongation of operative time, or increased tissue trauma, some surgical steps are different at the time of laparoscopic hysterectomy. The type of hysterectomy performed may effect patient's pelvic floor related symptoms and general satisfaction.

Methods: A single-center observational study included all comers to urogynecology clinic. Data collection included baseline characteristics, physical examination data, questionnaire scores, PDFI and the PFIQ, pelvic floor sonographic measurements as well as elastography measurements. SWE was carried out using the Aixplorer® (Supersonic Imagine) ultrasound machine with the 12-3 MHz endocavity probe. The elastography measurements in Kilopascal (kPa) were taken over the bladder area, the levator ani muscles, and over the anal area.

The study population was defined by the POPQ physical exam results; a (-1) result was recorded on any of the compartments, the prolapse was designated as stage 2 or above.

Results: A total of 133 subjects were included in the study, out of which 50 suffered from POP and 83 did not who made up the control group. The two groups had similar baseline characteristics: age and BMI; the POP had higher parity (2.4 vs. 1.3) and forceps deliveries (20 vs. 8%). The POP group had higher scores in the questionnaires, with a 119 vs. 86 score in the PDFI (P = 0.01) and 46 vs. 29 in the PFDI (P < 0.001). The EVUS measurements differed between the two groups, including the distance measured between the pubic bone and the levator plate, a larger minimal levator hiatus, and a more positive levator plate decent angle. Figure 1 shows an example of the SWE examination and Table 1 summarize elasticity measurement results. The SWE measurements were found to be significantly lower for the POP group compared to the control group in all areas measured in both the levator ani zone and the para anal zone, showing lower measurements in the POP group. In contrast, the areas measured in the bladder zone had equivocal measurements between the two groups.

Conclusions: The patients with POP have significantly decreased elasticity as measured by SWE in the perineal and the levator ani muscle regions.

Disclosure: One of more of the the authors act as a consultant, employee or shareholder for: Consultant for MEMIC, COSM, TRACKMED.
Objective: The purpose of this study was to assess long term subjective and objective outcomes of pelvic organ prolapse following total abdominal hysterectomy (TAH) and total laparoscopic hysterectomy (TLH).

Methods: All cases of hysterectomies performed for benign indications, in a single tertiary medical center, between the years 2006 and 2016 were reviewed. Minimal follow up period was 5 years. Cases of TAH were compared to cases of TLH with regard to early postoperative course, subsequent urologic or gynecologic surgeries reported by the patients, and patients' current symptoms based on pelvic floor distress inventory-short form (PFDI-20) questionnaire.

Results: A total of 117 patients underwent TAH, and 94 patients had TLH for benign indications during the study period. There was no difference between the groups in terms of demographic characteristics (Table 1). The most common indications for hysterectomy were enlargement uterus due to leiomyomas and symptomatic uterine bleeding. Uterine size was bigger in the TAH group (Table 2). Although all components of pelvic floor symptoms were higher in patients who had TLH compared to patients who underwent TAH, only gastrointestinal symptoms were statistically significant. Overall general satisfaction rate was higher in the TAH group. There was no difference in the rate of repeat surgery between the two groups (Table 3).

Conclusions: Women undergoing TLH for benign indications, experienced higher rate of gastrointestinal symptoms, as compared to women undergoing TAH.

Disclosure: No

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Poster 503
THE ROLE OF A DEDICATED PROGRAM IN PSYCHOLOGIC EVALUATION OF THE NEW MOTHERS WITH OBSTETRIC PELVIC FLOOR TRAUMA: A CALL TO ACTION
R. Tomashov1, Y. Baumfeld1, S.A. Shobeiri1. Inova Health System1

Introduction: Childbirth is usually perceived as a positive predictable event, while the postpartum period is known to be an emotional and challenging time for the mother. The prevalence of postpartum psychological and psychiatric disorders is high, especially among women who suffered from physical or psychological trauma before or during labor. Many go undiagnosed because of shame to declare the problem or the lack of knowledge or access to resources by the support staff. Postpartum depression and PTSD are particularly debilitating for both mother and the infant. Early diagnosis and treatment can improve the well-being of mothers and prevent catastrophic deterioration of psychologic trauma. Women benefit from referral to a dedicated resource skilled at a holistic approach to perineal trauma during labor, immediate or delayed postpartum pelvic floor disorders.

Objective: Emphasize the importance of early diagnosis of mothers at risk and evaluate the relationship between pelvic floor trauma and postpartum mood disturbances

Methods: We reviewed the literature regarding postpartum mood disturbances, including the whole mood spectrum from "baby-blues" to PTSD and psychosis, and their relationship to pelvic floor trauma using the PUBMED/NIH and GOOGLE SCHOLAR searching engines. Various models of care were reviewed and analyzed to create the best theoretical model.

Results: Evaluation and management of PTSD hinge on an accurate diagnosis of the inciting factor. In women who have vaginal birth-related pelvic floor trauma, the symptoms of normal postpartum recovery and pelvic floor trauma-related discomfort frequently overlap. Accurate diagnosis of pelvic floor trauma requires pelvic floor imaging. A theoretical model for 'mothers\' Pelvic Floor Support (RECOUP) clinic' employs a point of care ultrasound and mood disturbance screening tools such as Edinburg and CITI questionnaires. 3D-endovaginal ultrasound (EVUS) allows visualizing the entire pelvic floor musculature to make an accurate diagnosis and tailor the precise treatment for these patients. This theoretical approach allows us to treat our patients holistically with a deeper understanding of psychological and physiological impairments.
Conclusion: Women that have sustained pelvic floor injury postpartum are vulnerable and at-risk for postpartum mood disorders. Appropriate postpartum treatment, in a multidisciplinary manner, will have an optimal effect on women's physiological and psychological condition, and hopefully will accelerate the recovery in all aspects.

Disclosure: One of more of the authors act as a consultant, employee or shareholder for: Consultant of MEMIC, COSM, TRACKIMED

Poster 504
SYSTEMATIC REVIEW ON THE USE OF METHENAMINE SALTS AND ITS COMBINATIONS WITH OTHER AGENTS FOR THE PREVENTION AND TREATMENT OF URINARY TRACT INFECTIONS IN NON-PREGNANT WOMEN
P. Krishnaswamy1, B. Purwar2, K. Guerrero3, S. Hagen3, J. Booth3. NHS Greater Glasgow and Clyde1, University of Derby and Burton NHS Foundation Trust2, Glasgow Caledonian University3

Introduction: The prevalence of urinary tract infections (UTIs) in women places it among the most common ailments encountered in medical practice causing a significant burden on the healthcare system. Given the high rates of UTI occurrence, recurrence, and concerns for multidrug-resistant infections, alternative antimicrobial sparing options for UTIs should be evaluated.

Objective: Although studies demonstrate varying support for the use of Methenamine for prevention and treatment of recurrent UTIs, there have not been any systematic reviews looking at the use of this in women with or without the use of antibiotics which this review aims to do.

Methods: Randomised controlled trials (RCTs) and observational studies conducted in non-pregnant women over 18 years of age who have used either Methenamine Hipurate (MH) or Mandelate alone, or in combination with other non-antibiotic and antibiotic agents for the prevention or treatment of UTIs were selected. Studies that involved pregnant women and children (less than 18 years of age) as well as laboratory or animal-based research and study protocols were excluded. PRISMA guidelines were followed, and this was registered prospectively on the PROSPERO database (Registration:CRD42020215713). The Cochrane Collaboration tool for assessing risk of bias[1] was used to evaluate the methodological quality of the included studies.

Results: Eleven studies involving 898 women (Table 1) were divided into three groups, those with Methenamine Hipurate used alone (6), with Methenamine Hipurate in combination with other agents (4) and with Methenamine Mandelate used alone (1). 11 studies with 1055 adults which included adult females but did not analyse the results of men and women separately (Table 2) and two papers looking at MH in combination with antibiotics to prevent UTIs were analysed. Overall, Methenamine demonstrated a beneficial effect in UTI prevention in most studies. This was better than placebo and at least as par with antibiotics. This was similar in women alone as well as in studies with men and women. However, there was no benefit in treatment of an acute UTI with methenamine salts. No major side effects due to these agents were noted in any of the studies analysed.

Conclusions: There has been a Cochrane review looking at Randomised controlled trials (RCT) and quasi-RCTs in the use of Methanamine Hipurate for preventing urinary tract infections [2] which did not look at the results in women specifically and concluded that while this may be effective in preventing UTI in patients without renal tract abnormalities, there was a need for further well-conducted RCTs. A study looking at alternatives to prophylactic antibiotics for the treatment of recurrent urinary tract infection in women has been completed and is awaiting publication [3]. This review demonstrates that there is a role for methenamine salts in prevention of UTIs in women who are susceptible to developing UTIs which is better than no treatment or placebo only. High quality large RCTs are required to further evaluate this and help define their role in current guidelines for UTIs.

Disclosure: No

Poster 505
INCIDENCE AND RISK FACTORS FOR THE DEVELOPMENT OF URINARY TRACT INFECTIONS AFTER UROGYNECOLOGIC PROCEDURES DIAGNOSED IN THE IMMEDIATE POSTOPERATIVE PERIOD: AN ANALYSIS OF THE NATIONAL SURGERY QUALITY IMPROVEMENT PROGRAM (NSQIP) DATABASE
P. Sawyer1, J. Pruzynski1, M. Floriano-Rodriguez1. UT Southwestern1

Introduction: Postoperative urinary tract infections (UTIs) have been identified as a common adverse event following urogynecologic surgery.

Objective: The objective of this study was to identify risk factors associated with 30-day postoperative UTI following urogynecologic surgery.

Methods: This is a retrospective cohort study performed using the procedure targeted files for urogynecologic procedures of the National Surgery Quality Improvement Program (NSQIP) Database from 2015 to 2019. The procedure files for the study period were used to identify women who underwent urogynecologic surgery and developed a UTI. The incidence of UTI was determined. Multivariable logistic regression models were used to analyze putative risk factors that included race, age, primary procedure, history of diabetes, dyspnea, steroid use, hypertension, prior abdominal and prior pelvic surgery to predict odds ratio risk of 30-day postoperative UTI. Model fit was assessed through the Hosmer-Lemeshow test, and the model was then validated using internal validation methods.

Results: Between 2015 and 2019, a total of 5156 urogynecologic procedures were identified in the database. The overall rate of 30-day postoperative UTI in this patient cohort was 5.5% (n = 281). Race (P = 0.0001) and procedure (P = 0.0384) were both found to associate with UTI in the model. Black race was associated with a slightly lower odds of postoperative UTI (OR: 0.995, 95% CI: 0.986-1.003) whereas race other than white or black was associated with an increased odds of UTI (OR: 1.009, 95% CI: 0.971-1.049) when compared with whites. Both abdominal colpopexy (OR: 0.969, 95% CI: 0.942-0.997) and vaginal implantation of prosthetic mesh (OR 0.959, 95% CI: 0.923-0.997) had lower odds of UTI when compared to vaginal extraperitoneal colporrhaphy. The most common primary procedure performed in this cohort was the vaginal anterior repair, accounting for 42.1% of cases. Finally, a history of prior pelvic surgery was associated with an increased odds of postoperative UTI (OR: 1.029, 95% CI 1.015-1.042, p < 0.0001).

Conclusions: In this cohort study 30-day postoperative UTI following urogynecologic surgery was identified in only 5.5% of cases between 2015
through 2019. Risk factors significantly associated with postoperative UTI were race, and history of prior pelvic surgery. The primary procedures associated with the lowest risk of postoperative UTI were the abdominal colpopexy and vaginal implantation of prosthetic mesh. Continued analysis is needed to provide more information regarding risk factors for the development of UTI after urogynecologic procedures and potential benefits from postoperative prophylactic antibiotics.

Disclosure: No

Poster 506
PRIMARY CARE REFERRAL PATTERNS FOR PATIENTS WITH URINARY INCONTINENCE IN AN ACADEMIC HEALTH SYSTEM FROM 2018-2020
M. Luebke1, E. Davidson1, N. Fergestrom1, J. Hokanson1, R.C. O'Connor1, E. Schmitt1, J. Tiegs1, K. Flynn1, J. Neuner1. Medical College of Wisconsin1

Introduction: While an estimated 50% of adult women experience urinary incontinence (UI), the majority will never receive treatment. Most studies of incontinence care delivery have been limited to administrative (billing) data following treatment. Much less is known about earlier steps in evaluation, including primary care intentions to refer to specialty care.

Objective: To better understand the gaps and barriers to receiving care, we examined referral patterns from primary care providers for patients with new diagnoses of urinary incontinence between 2018-2020 and the extent to which such referrals changed during the COVID-19 pandemic.

Methods: Electronic health records (EHR) from 24 primary care practices within a single academic medical system were queried to identify a cohort of adult (18–90-year-old) female patients first diagnosed with urinary incontinence during primary care (family or general internal medicine) outpatient visits between January 2018 and December 2020. Demographics were determined from appropriate EHR fields, and diagnoses pulled from problem lists, past medical histories, and office visit diagnosis fields. EHR referral fields were utilized to ascertain referral dates, types, and associated diagnoses. Electronic prescription fields were used to record treatment information including medication class, name, and prescription dates. Subjects were excluded if there was EHR evidence of urinary tract infection at diagnosis, UI in the prior year based on diagnosis or medication usage (anticholinergic, B3 agonists), or presence of conditions for which incontinence management might differ substantially in the prior year (pregnancy, spinal cord injury). Referrals to specialty physicians (urology/urogynecology) and pelvic floor physical therapy (PFPT) were examined for the year after UI diagnosis. Logistic regression was then used to assess for associations between referrals and patient demographics, comorbidity, and diagnosis dates (pre- vs during-COVID-19).

Results: The study identified 514 women with a newly diagnosed urinary incontinence diagnosis (Table 1). In the year following UI diagnosis, 31.91% were referred to specialty care for management - 29.0% to urology/urogynecology and 3.5% to pelvic floor physical therapists. Women diagnosed with UI during the COVID-19 pandemic, starting January 2020, were less likely to be referred with an odds ratio of 0.29 (95% CI 0.19, 0.45) compared to those diagnosed before (Table 2). There was no association of referrals with patient age, race, or number of comorbidities (Elixhauser Comorbidity Index), but confidence intervals were wide. Patterns were similar for models that examined specialty physician or PFPT referral separately.

Conclusions: Less than 1 in 3 women were referred to specialty care for UI by their primary care provider with less than 1 in 25 referred to PFPT. There was a significant decrease in likelihood of referrals during 2020 suggesting that the COVID-19 pandemic interfered with UI patients receiving quality care. Future studies aiming to improve incontinence care should examine other aspects of nonsurgical UI care delivery, including barriers to behavioral self-management, medication use, and completion of specialty referrals.

Disclosure: No
Poster 507

MYOFASCIAL PELVIC FLOOR PAIN SYNDROME AND SEXUAL FUNCTION IN WOMEN WITH ENDOMETRIOSIS AND CHRONIC PELVIC PAIN

R. Cunha1,2, A. Barrios1, G. Magalhães1, Á. Torres1, A. Paulino1, A. Silva1, S. Nascimento1,3, P. Lima1, L. Bezerra1. Universidade Federal do Ceará

Introduction: The main changes in pelvic floor muscles (PFM) resulting from chronic pelvic pain are spasms and trigger points (TrP). Such issues are associated with local sensitivity defined as pelvic floor myofascial pain syndrome, a condition that can result in female sexual dysfunction.

Objective: To evaluate PFM functions and to compare sexual function in women with and without PFM myofascial pain syndrome in women with endometriosis and chronic pelvic pain (CPP).

Methods: Cross-sectional observational study at the Clinical Research Unit, from January 2018 to December 2020. Approved by the Research Ethics Committee (2.189.201.). 46 women with deep endometriosis and CPP were included. PFM functions were assessed by PERFEC and electromyographic activity (EMG). The presence of TrP in levator ani muscle (LAM) and obturator internus muscles (OIM) were assessed by vaginal palpation, and sexual function assessed by the Female Sexual Function Index (FSFI). Bivariate analysis was performed using the chi-square or Fisher's exact test for categorical variables and the Mann-Whitney test for continuous variables.

Results: The participants presented increased PFM tone (47.8%), TrP in the levator ani muscle (LAM) in 67.4%, PERFECT, (P) mean of 1.7 ± 0.8, in the categories, ≤3 (82.6%) and ≥3 (17.4%), (E) 3.0 ± 3.2, (R) 2.4 ± 2.3 and (F) 3.8 ± 3.4; weak majority ICS classification (73.9%); complete relaxation of MAPs in only 30.4%. In the EMG assessment, rest (6.0 ± 2.8), maximal voluntary isometric contraction (MVIC 61.9 ± 38.7) and endurance (14.2 ± 10.4); mean FSFI total score was 24.7 (SD ±5.3). We observed increased tone (P < 0.001), lower relaxation (P = 0.01) and lower EMG endurance (P = 0.04) in women with TrP in LAM. Women with TrP in right OIM also showed increased tone (P = 0.01), and those with TrP in left OIM had lower values for the Mann-Whitney test for continuous variables.

Conclusions: Women with endometriosis and CPP have increased PFM muscle tone, muscle weakness and difficulty for relaxing, as well as increased electrical activity at rest, decreased MVIC and endurance on EMG. They also present TrP in LAM and OIM, with the highest proportion on the left, and worse sexual function in women with TrP in left OIM.

Disclosure: No

Poster 508

A COMPARISON OF INTRAVESICAL COCKTAIL THERAPY AND ORAL PENTOSAN POLYSULFATE AS A POSSIBLE CHOICE OF TREATMENT FOR BLADDER PAIN SYNDROME IN A DEVELOPING COUNTRY.

N. Papalkar1, 2, B. Narigalapalli1, A. Koduri1. KIMS Hospitals, Secunderabad2

Introduction: Treatment of BPS must be tailored to the individual, considering the goals. There is lack of consensus across organizations and researchers related to BPS/IC phenotypes and their relevance in guiding management strategies. Moreover, the patients have other individual challenges in terms of tolerance to the side effects of a drug, affording a drug or logistics in visiting hospital for interventional therapies, besides physical restrictions owing to comorbid conditions. There is need of devising an easy and effective management option with sustainable results in the long term.

Objective: To evaluate the clinical response and effectiveness of Intravesical cocktail therapy (using Heparin, Bupivacaine, Triamcinolone and Sodium bicarbonate), compared with Oral Pentosan polysulfate and Tricyclic antidepressants in the treatment of Bladder Pain Syndrome, as second line therapies in a developing country.

Methods: In this retrospective study, 48 patients, clinically diagnosed as Bladder pain syndrome, enrolled in 1 year (December 2018 to December 2019) were scored for O'Leary-Sant symptom and pain indices (ICSI and IPCI), Pelvic pain Urgency and Frequency (symptom+bother score), Female Genitourinary Pain Index (FGUPI), BPS/IC symptom score questionnaires. After teaching the conservative measures and discussion of second line treatment options, by informed choice and consent, 11 patients received tricyclic antidepressants (arm 1), 22 patients oral Pentosan polysulfate 300 mg per day for 3-8 months (arm 2, of which 2 were lost for follow up), and 14 patients took 4-6 Weekly intravesical cocktail regime with Heparin 10000 U, 30 ml Bupivacaine 0.25%, Inj Triamcinolone 10 mg and 100 ml of Inj Sodium bicarbonate 7.5%. Mixed with 50 ml Normal saline 0.9%, instilled in the bladder aseptically through a transurethral catheter and left in situ for 30 minutes. In the arm 3, VAS (Visual analogue scale) for pain was obtained during each intervention and was compared to the pretreatment VAS scores. All patients were followed up in 9-12 months from the completion of treatment and all the scores repeated to evaluate and compare the outcome along with the Global response Assessment (GRA). Statistical analysis was done using Paired t test and One-way Anova.

Results: There is significant improvement in the symptom and bother scores in all the four standardized questionnaires and the Global response mean was above 50% in all the three arms of treatment. (P < 0.0001) Weekly intravesical cocktail regime of 4-6 sittings had improvement, not statistically different from oral Pentosan polysulfate or Tricyclic antidepressants over 1 year follow up. Weekly intravesical cocktail regime of 4-6 sittings had faster improvement as compared to the other regimes.

Conclusions: Weekly intravesical cocktail therapy for 4-6 weeks is a feasible, economical choice of therapy in patients with BPS with marked early and lasting improvement and fewer adverse effects, though not statistically different from oral Pentosan polysulfate or Tricyclic antidepressants. Small number, nonrandomization and the short term follow up are the major shortcomings in this study. Large size, double blinded randomized controlled studies with long term follow up are required to recommend graded therapeutic measures for bladder pain syndrome in the developing countries.

Disclosure: No

<image>
Poster 510
USEFULNESS OF MESH ADJUSTMENT 24 HOURS AFTER RETROPUbic MESH INSERTION IN PATIENTS UNDERGOING STRESS URINARY INCONTINENCE SURGERY: A PROSPECTIVE RANDOMIZED MULTICENTER STUDY

M. Naser1, G. Vallojos2, R. Guzman1, D. Castro1, P. Boldrini3, J. Peragallo1, N. Castillo1, F. Schlager2, M. Najen3, V. Manriquez1. Hospital Clinico Universidad de Chile1, Hospital El Carmen - Clinica Alemana de Santiago2, Hospital Clinico Universidad de Chile - Clinica Alemana de Santiago3, Hospital Clínico Universidad de Chile4, Hospital El Carmen5 - Universidad del Desarrollo6

Introduction: Currently, retropubic tension-free suburethral mesh (TVT) placement is considered the first-line treatment for stress urinary incontinence (SUI). Due to regional and general anesthesia to perform urinary incontinence procedures, it is difficult to carry out an intraoperative stress test. In 2012, at the 37th IUGA Congress held in Brisbane, a study was presented that performed stress tests and mesh adjustment 24 h after the procedure in patients undergoing trans-obturator mesh, with a success rate. However, there are no data for the retropubic technique.

Objective: The main objective is to assess the usefulness of mesh adjustment 24 h after TVT placement in patients with SUI.

Methods: A prospective multicenter randomized double-blind study was conducted. Patients from two hospital centers in Santiago de Chile were enrolled. The sample calculation was made to detect a difference of 10%, considering an error α < 5% and an error β = 20%, one-tailed, with 20% oversampling in case of lost. A stress test was performed 24 h hours after the procedure in all patients who received TVT. Surgeons were blinded. Those patients who presented urinary leakage in the stress test were randomized into the interventional group and the control group. For the intervention group, mesh adjustment was performed if urine leaked. In the control group, no adjustment was made. Sandvik index and stress test were measured at 3 and 12 months after surgery.

Results: The results obtained are preliminary because the study is ongoing. A total of 32 subjects are presented, 18 in the interventional group and 14 in the control group. The analysis was blind to the data obtained. From the results found, at 3 months in the intervention group, there were 14 subjects with mild Sandvik index (14/18), 2 with moderate (2/18), 1 severe (1/18), and one without escape (1/18), while in the control group there were 12 patients with a mild Sandvik index (12/14), 1 moderate (1/14), none severe (0/14), and 1 without escape (1/14). The differences between both groups were not significant (P = 0.801). In the intervention group, there were 4 who presented escape to the stress test 4/18 and 4 in the control group 4/14, not finding differences between them either (P = 0.496). At 12 months post-surgery, in the intervention group, there were 15 subjects with a mild Sandvik index (15/18), 1 moderate (1/18), 2 severe (2/18), and none without escape (0/18), while in the control group there were 12 patients with mild Sandvik index (12/14), 2 moderate (2/14), none severe (0/14) and none without escape (0/14). The differences between both groups were not significant (P = 0.333). In the intervention group, there were 4 who continued to escape the stress test 4/18 and 4 in the control group 4/14, with no differences being found between them (P = 0.496). The test used was chi-square.

Conclusions: The preliminary results of this study allow us to infer that there is no difference between adjusting the mesh 24 h after in patients who leak urine in the stress test performed 24 h after TVT in subjective or objective terms. A larger number of recruited subjects will be expected to obtain more solid conclusions.

Disclosure: No.

Poster 511
CHARACTERIZING UROGENITAL FUNGI IN WOMEN WITH BOTHERSOME UROGENITAL SYMPTOMS COMPATIBLE WITH INFLAMMATORY AND/OR INFECTION: A RETROSPECTIVE COHORT ANALYSIS

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Introduction: Culture-independent methods of microbial profiling, such as next-generation sequencing (NGS), have transformed our understanding of the urogenital microbiome in health and disease. While fungi have been increasingly appreciated in modulating inflammatory pathologies in multiple other organ systems, their role in urogenital disease remains largely understudied.

Objective: To characterize urogenital fungi in a subset of symptomatic women with paired urinary and vaginal samples.

Methods: Paired urine samples and vaginal swabs were collected from 1251 women with ICD-10 codes indicating bothersome urogenital symptoms suggestive of being infectious or inflammatory in nature. The most common ICD-10 codes included urinary tract infection and vaginitis. Samples were sent to MicroGenDx for analysis between October 2018 and December 2021. Quantitative polymerase chain reaction was initially used to screen for bacteria and fungi in each sample. Samples that screened positive were analyzed by NGS of the 16S and ITS ribosomal loci to identify bacterial and fungal species, respectively. Fungal and bacterial prevalence and mean relative abundance were calculated and compared between sample types using the Chi square test and logistic regression.

Results: Of 1251 paired urine and vaginal samples, there were 565 bacterial and 102 fungal species detected. While most samples were positive for bacteria alone (83.6%), approximately one-sixth of all samples detected fungi as part of mixed communities with bacteria (15.9%). Only 12 samples had detectable fungi in the absence of bacteria (0.5%). The most common fungal species identified were Candida albicans, Candida glabrata, Candida parapsilosis, Malassezia globosa, and Saccharomyces cerevisiae (Figure 1). Fungal positivity was significantly higher for vaginal swabs than for urine samples (20.3% versus 11.0%, X^2 = 33.3, P < 0.0001) (Figure 2). Urine samples were significantly more likely to be positive for fungi if the paired vaginal specimen was positive (OR: 42.4, P < 0.0001; Spearman Rho = 0.57); the same was not true for bacteria. Fungal positivity was not related to either age or collection date. Between paired samples, both the prevalence and mean relative abundance for the most common fungal species were similar between urinary and vaginal specimens. Analysis of species co-occurrence suggests that specific fungi frequently co-associate with distinct patterns of bacterial species (Figure 3).

Conclusions: In this cohort of women with bothersome inflammatory-type pelvic symptoms, urogenital fungi were detectable in a clinically significant subset of subjects. While Candida species are the most well-studied in urogenital disease, the dominant fungal species detected in this report include genera other than Candida. The overlap of fungal, not bacterial, species detected between vaginal and urinary specimens and the significantly higher likelihood of one site being fungal positive if the other is positive suggests that these fungal communities may be related. Further, distinct positive and negative associations between specific fungi and bacteria may suggest that these fungi are emblematic of different environments or community states. Prospective controlled studies are required to validate these findings and further investigate the relationship between the urogenital mycobiome and disease state.

Disclosure: Yes, this is sponsored by industry/sponsor: MicroGenDx

Clarification: No industry support in study design or execution. One of more of the authors act as a consultant, employee or shareholder for: MicroGenDx

Figure 1: Barplots showing the mean relative abundance of the top 15 fungal species (1A) and mean relative abundance of the top 15 bacterial species (1B) in paired vaginal and urine specimens from women with corresponding ICD-10 codes indicating bothersome urogenital symptoms. Error bars indicate the standard error. The number in parentheses reports the number of samples in which each species was detected.
Poster 512

#KEGELS: IDENTIFYING SOCIAL MEDIA’S INFLUENCE AS A PLATFORM FOR PATIENT EDUCATION

L. Robinson 1, A. Sharma 1, D. Shalom 1, Northwell Health 1

Introduction: Social media usage has skyrocketed and has brought a unique means of communication and an educational forum for users across the globe. The ability of platforms like Instagram to disseminate healthcare information holds great promise. Within Urogynecology, kegel exercises, which engage pelvic floor muscles, are among the most popular therapies given their success and ability to be easily implemented. However, there is no fixed protocol regarding performing these exercises without professional assistance, so many turn to other outlets to seek guidance and instruction. A review of Instagram hashtags for kegels can reveal the variety of authorship and associated user engagement behind these posts in order to demonstrate the need for increased quality of healthcare information on these platforms.

Objective: To identify the prevalence and authorship of Instagram posts pertaining to kegel exercises and assess user engagement via content analysis.

Methods: An Instagram search for “kegel” revealed the top 4 most popular hashtags: “kegel”, “kegels”, “kegelexercice”, and “kegelexercices”. Searches were limited to female patients and English language posts. The 100 most recent posts for these 4 hashtags were reviewed for the following 3 criteria: authorship, type of post and primary content. User engagement with posts was analyzed by comparing number of posts, likes and comments within these sub-classifications.

Results: Our search yielded 154,437 posts. Authorship of the top 4 hashtags were as follows: companies 37.5%, physical/occupational therapists (PT/OT) 18.7%, holistic/physiotherapy 16.8%, physicians 9.5% and patients 4.8%. Regarding authorship, analysis of user engagement revealed companies had the most comments overall 28.2%, followed by holistic/physiotherapy 18.6% and PT/OT 16.4%. While patients had the fewest posts, theirs had the greatest engagement by likes across all hashtags, at 31.3%. Posts authored by physicians had 4.2% of likes and 11.5% of comments, compared to all authors. Content analysis of posts revealed 33.3% were composed of advertisements, 22.2% photos and 17.7% quotes. Quotes had the most comments 30.8%, followed by photos 17% and advertisements 14.9%. Videos had the most likes at 61.6% while being 9% of all posts. Posts regarding medical education accounted for only 7.5% of the total, with 7.3% of likes and 10% of comments. The majority of primary content was regarding pelvic floor muscles (51.8%). These received the most comments, 46.1% and likes, 38.6% compared to posts relating kegels to pregnancy/postpartum, sex or bladder symptoms/incontinence.

Conclusions: Over 100,000 posts related to kegel exercises were identified on Instagram. The majority of posts were authored by companies as advertisements soliciting their products. Less than 10% of posts were authored by physicians. Our data suggest that regardless of authorship, Instagram users interact and engage with the content, supporting a need for dissemination of quality educational information. Greater contributions from physicians and allied health professionals may improve the quality of educational posts and offer us an opportunity to connect with patients on this global platform.

Disclosure: No

Table 1: Descriptive Statistics of Patients Undergoing Pelvic Floor Reconstructive Surgery

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Overall</th>
<th>No Opioids in PACU</th>
<th>Opioids in PACU</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>age (mean, SD)</td>
<td>63.9 (10.56)</td>
<td>59.74 (14.68)</td>
<td>65.40 (11.05)</td>
<td>0.024 *</td>
</tr>
<tr>
<td>pain score (median)</td>
<td>3 (2.5)</td>
<td>2 (1.8)</td>
<td>3 (2.4)</td>
<td>0.569 **</td>
</tr>
<tr>
<td>gravidity (median, IQR)</td>
<td>2 (2.3)</td>
<td>2 (2.3)</td>
<td>2 (2.3)</td>
<td>0.900 **</td>
</tr>
<tr>
<td>parity (median, IQR)</td>
<td>2 (2.3)</td>
<td>2 (2.3)</td>
<td>2 (2.3)</td>
<td></td>
</tr>
<tr>
<td>Race</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>139 (86.5%)</td>
<td>32 (20.1%)</td>
<td>104 (65.4%)</td>
<td>0.267</td>
</tr>
<tr>
<td>Black</td>
<td>15 (9.4%)</td>
<td>3 (18.8%)</td>
<td>12 (7.7%)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>8 (5.1%)</td>
<td>1 (6.0%)</td>
<td>7 (4.4%)</td>
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<tr>
<td>Ethnicity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-Hispanic</td>
<td>27 (20.0%)</td>
<td>9 (5.6%)</td>
<td>18 (17.4%)</td>
<td>0.996</td>
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<tr>
<td>Hispanic</td>
<td>177 (77.5%)</td>
<td>29 (18.8%)</td>
<td>95 (90.9%)</td>
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<tr>
<td>Language</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>English</td>
<td>88 (62.2%)</td>
<td>14 (8.7%)</td>
<td>54 (33.5%)</td>
<td>0.357</td>
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<tr>
<td>Spanish</td>
<td>53 (37.8%)</td>
<td>21 (15.3%)</td>
<td>66 (42.2%)</td>
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<td>Insurance type</td>
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</tr>
<tr>
<td>Medicare/Medicaid</td>
<td>29 (17.6%)</td>
<td>9 (5.3%)</td>
<td>23 (14.1%)</td>
<td>0.713</td>
</tr>
<tr>
<td>Commercial</td>
<td>124 (82.4%)</td>
<td>32 (19.8%)</td>
<td>102 (65.9%)</td>
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<tr>
<td>Menopause status</td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>priormenopause</td>
<td>23 (14.6%)</td>
<td>9 (3.8%)</td>
<td>17 (10.8%)</td>
<td>0.800</td>
</tr>
<tr>
<td>perimenopause</td>
<td>7 (4.6%)</td>
<td>2 (1.3%)</td>
<td>5 (3.2%)</td>
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<tr>
<td>postmenopause</td>
<td>128 (81.8%)</td>
<td>32 (19.7%)</td>
<td>100 (63.3%)</td>
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<tr>
<td>Pelvic stage</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>stage 0</td>
<td>15 (10.7%)</td>
<td>2 (1.4%)</td>
<td>13 (8.6%)</td>
<td>0.790</td>
</tr>
<tr>
<td>stage 1</td>
<td>42 (28.4%)</td>
<td>9 (6.5%)</td>
<td>34 (21.5%)</td>
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<tr>
<td>stage 2</td>
<td>70 (45.6%)</td>
<td>21 (14.7%)</td>
<td>49 (31.0%)</td>
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<tr>
<td>stage 3</td>
<td>17 (11.9%)</td>
<td>4 (2.8%)</td>
<td>13 (9.1%)</td>
<td></td>
</tr>
<tr>
<td>stage 4</td>
<td>4 (2.6%)</td>
<td>1 (0.7%)</td>
<td>3 (1.9%)</td>
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</tbody>
</table>

Note: Values are expressed as n (%). * indicates chi-square test, ** indicates Wilcoxon rank-sum.
opportunity to assess sociodemographic and patient characteristics as contributors to opioid administration in the acute postoperative setting following pelvic floor reconstructive surgery.

Objective: In this study, we seek to determine if sociodemographic factors as well as patient characteristics including primary language spoken predict the administration of opioids as postoperative analgesics in the PACU setting following pelvic floor reconstructive surgery.

Methods: A retrospective chart review of 3,511 patients who presented between October 2019 and March 2021 to a tertiary referral center at a Urogynecologic practice was performed via an IRB approved protocol. Patients who underwent outpatient surgeries were included in analysis for pelvic organ prolapse repair (CPT codes 57240, 57250, 57260, 57265, 57268, 57282, 57425, 58571, 57280) and anti-incontinence surgery (CPT codes 57288, 57287). Sociodemographic data, patient characteristics, medications received in the PACU, and day 0 pain scores were manually extracted. Continuous and categorical variables were analyzed using the t-test and chi-squared test, respectively. Non-parametric data was analyzed using Wilcoxon rank-sum tests. A Multinomial logistic regression model was fitted to identify independent predictors of opioid use in the PACU setting. A p-value <0.05 was considered statistically significant. All analyses were conducted using STATA MP 16.2 (College Station, Texas).

Results: Our analysis included 164 women who underwent pelvic floor reconstructive surgery. Sociodemographic details are outlined in Table 1. Older age (aOR 1.11, 95% CI: 1.03-1.20) was associated with an increased likelihood of receiving opioids in the PACU setting, while Spanish as a preferred language (aOR 0.14, 95% CI: 0.03-0.70) and increased gravidity (aOR 0.61, 95% CI: 0.41-0.90) were associated with a decreased likelihood. Patient race, self-reported pain score, parity, insurance type, menopausal status, and prolapse stage were not predictive of receiving opioids in the PACU (Table 2).

Conclusions: In women undergoing pelvic floor reconstructive surgery, Spanish speaking patients were less likely to receive opioid medication in the PACU. Previously reported disparities in postoperative opioid use including race and ethnicity did not appear to exist in our unique Hispanic minority-majority patient population. Instead, our study implicates the importance of communication in acute postoperative pain management. The etiology of this language-related disparity is complex and future studies to investigate are warranted.

Disclosure: No

Poster 514
COMPARISON OF VAGINAL INTRAPERITONEAL AND EXTRAPERITONEAL UTEROSACRAL LIGAMENT SUSPENSIONS FOR POST-HYSTERECTOMY VAGINAL VAULT PROLAPSE: A RANDOMIZED CLINICAL TRIAL
D. Mounir1, FM. Lindo1, KS. Williams1, DD. Antosh1, TW. Muir2. Houston Methodist Hospital1, Cleveland Clinic2

Introduction: Uterosacral ligament suspension surgery is commonly utilized to correct post-hysterectomy vaginal vault prolapse (VVP). Vaginal intraperitoneal uterosacral vault suspension (IUSVS) is a viable option, but intraperitoneal access can be challenging. An alternative approach is an extraperitoneal uterosacral vault suspension (EUSVS) which has been shown in previous studies to have similar efficacy on cure. Avoiding peritoneal entry may also decrease operative time and complications, such as cystotomy. The aim of our study was to compare surgical operative times, as a surrogate marker for surgical complexity, of IUSVS and EUSVS in patients with post-hysterectomy VVP.

Objective: The primary objective was to compare operative time between the two approaches. Secondary objectives were to compare hospital length of stay (LOS), estimated blood loss (EBL), perioperative complications, and short-term surgical success between the two groups.

Methods: A single-center, randomized, single-blind trial with the primary objective to compare operative time between vaginal IUSVS and EUSVS for post-hysterectomy VVP at our institution. Secondary outcomes included EBL, duration of hospitalization, short-term surgical success, and peritoneal complications. Women were randomized 1:1 to IUSVS or EUSVS. Fisher’s exact test or Chi-square test was used for discrete variables and Wilcoxon signed-rank test for continuous variables. Paired t-test was used to compare preoperative and postoperative patient-centered questionnaire scores.

Results: 33 patients were enrolled and randomized. Groups had similar baseline characteristics. The proportion of preoperative POPQ stage 3 and 4 did differ significantly between the groups. Our primary outcome data of operative time in the ITT and PP analysis, which excluded 1 crossover patient, did not differ significantly between the groups. Our primary outcome data of operative time in the ITT and PP analysis, which excluded 1 crossover patient, did not differ significantly between the groups.
differ significantly between the groups. Median operative time difference was not statistically significant between the IUSVS [164 minutes (156, 173)] and EUSVS [144 minutes (132, 180)] (ITT P = 0.072, PP P = 0.074). Mid-urethral sling was the only observed concomitant procedure to differ significantly between the groups (IUSVS 0.00 % vs EUSVS 43.75%, P = 0.26). Additionally, in the adjusted analysis, using a two-way ANOVA, we observed no significant effect on operative time when controlling for mid-urethral sling (P = 0.1173). Secondary outcomes of EBL, hospital LOS, perioperative complications, patient centered questionnaire scores, and peroperative complications did not differ significantly between the groups.

Conclusions: There was no significant difference in operative time between EUSVS and IUSVS for post-hysterectomy VVP. Additionally, there were no differences in EBL, hospital LOS, perioperative complications, and short-term surgical success related to the surgical approach. EUSVS is a viable alternative to IUSVS.

Disclosure: No

Poster 515
OUTCOMES OF CONCURRENT URETHRAL BULKING DURING ROBOTIC SACROCOPEXY
J. Chen1, M. Carmel1. UT Southwestern1
Introduction: Stress urinary incontinence (SUI) and pelvic organ prolapse (POP) are common co-morbid conditions. SUI may be obvious preoperatively or unmasked by surgical repair of POP. Midurethral slings (MUS) are often placed at time of robotic sacrocolpopexy (RSCP) for treatment or prevention of masked SUI. However, MUS placement may not be ideal in patients with previous sling complications, voiding difficulty, or desire to avoid mesh. Urethral bulking agents are an alternative, minimally invasive treatment for SUI in such patients. We present a case series of women who underwent simultaneous RSCP and urethral bulking and examined their outcomes.

Objective: To evaluate the efficacy and safety of concurrent urethral bulking during RSCP.

Methods: We conducted a retrospective chart review of all patients who underwent RSCP and simultaneous urethral bulking at our institution between December 2013 and August 2021. We evaluated demographics, past surgical history, POP staging, pre-operative urodynamics (UDS) testing, operative time, blood loss, peri-operative complications, and outcomes at 1 month and last follow-up appointment.

Results: 8 patients were found to have undergone urethral bulking agent injection at time of RSCP. Injectable silicone elastomer in a water soluble gel was used as the bulking agent in all patients. Mean age was 68 ± 5.5 and the majority was Caucasian (87%), with a mean BMI at 27 ± 6.3. 75% of these patients had a previous prolapse repair and all had undergone a previous incontinence procedure. Half had a history of sling excision. 75% of the patients had pre-operative UDS performed. 83.3% of these patients used valsalva maneuvers during voiding. All had post-void residuals less than 200 cc. There were no intra-operative complications. There were no > Clavien-Dindo grade 2 complications at 30 days after surgery. 2 patients failed an initial voiding trial, though all were able to void adequately at 1 month after surgery. At 1 month, 62.5% of patients reported resolution or improvement of SUI compared to before surgery. Median follow-up was 8 months. 87.5% of patients reported resolution or improvement of SUI at their last follow-up. None underwent additional incontinence surgery.

Disclosure: No
SENSATION OF INCOMPLETE BLADDER EMPTYING: A MARKER OF PELVIC ORGAN PROLAPSE VERSUS PELVIC FLOOR DYSFUNCTION PENDING POST VOID RESIDUAL

TY. Sadun¹, NJ. Jackson¹, AL. Ackerman¹, VW. Nitti¹. University of California, Los Angeles¹

Introduction: The sensation of incomplete bladder emptying (SIBE) is a lower urinary tract symptom (LUTs) that does not correlate well to actual post void residual (PVR) in women. A previous small cohort study has suggested true incomplete bladder emptying (tIBE) may be present in women with bladder outlet obstruction or detrusor underactivity, but perceived IBE (pIBE) may represent pelvic floor dysfunction.

Objective: Here, we seek to investigate this finding against a large national multicenter cohort.

Methods: Deidentified data from the NIH/NIDDK-sponsored Symptoms of Lower Urinary Tract Dysfunction Research Network (LURN) was obtained from the NIDDK repository. These include data for women with LUTS of varied etiology and their corresponding pelvic exams; PVR; and reported urinary, pelvic floor, and bowel symptoms. We identified women who affirmed SIBE on the PFQDI-20 questionnaire, and defined pIBE as PVR <100 mL tIBE as PVR ≥100 mL. We used chi square and t-test to assess differences of each group.

Results: A total of 216 women (187 pIBE; 29 tIBE) were included in this multicenter dataset. Women with tIBE reported more vaginal bulge than patients with pIBE (1.23 ± 1.61 vs. 0.56 ± 1.31; P = 0.02). Women with tIBE also had more severe anterior vaginal wall and apical prolapse than women with pIBE (Ba -0.72 vs -1.64, P = 0.037; C -3.20 vs -5.94, P = 0.008). Both groups reported similar rates of urinary frequency, urgency, and nocturia. However, women with tIBE reported significantly more urinary hesitancy, intermittency, strain, weak urinary stream, while women with pIBE reported incontinence in the form of stress and nocturnal incontinence (Table 1).

Conclusions: Our study confirms previous findings that women with tIBE suffer from pelvic organ prolapse. Women with tIBE have more vaginal bulge, anterior vaginal wall prolapse, and apical prolapse than women with pIBE. Furthermore, women with tIBE have more obstructive voiding symptoms of urinary hesitancy, intermittency, strain, and weak urinary stream consistent with anatomic obstruction than women with pIBE. Women with pIBE demonstrate more stress and nocturnal incontinence than women with tIBE. This suggests a component of pelvic floor dysfunction in the pIBE population. Further work is needed to help patients symptomatically differentiate between tIBE and pIBE on questionnaires.

Disclosure: No
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