

MedStar Washington Hospital Center - Georgetown University Female Pelvic Medicine and Reconstructive Surgery Fellowship Program

Program Director: Robert Gutman, MD

Associate Program Director: Amy Park, MD

Fellowship Coordinator: Jacqueline DeLeon

The MedStar Washington Hospital Center / Georgetown University Female Pelvic Medicine and Reconstructive Surgery Fellowship is a comprehensive training program accredited by the Accreditation Council for Graduate Medical Education (ACGME). The program is sponsored by the department of Ob/Gyn at both MedStar Washington Hospital Center and MedStar Georgetown University Hospital. Fellows benefit from a wide range of clinical cases. Medstar Washington Hospital Center logs almost 2,000 new patient visits and performs greater than 600 major procedures per year. With a full complement of urologic, radiologic and neurodiagnostic testing available, our program is known for its use of state-of-the-art medical technology. Fellows are trained in minimally invasive techniques, including vaginal surgery as well as conventional laparoscopy and robotic-assisted laparoscopy (utilizing the da Vinci® Si and Xi™ Surgical systems).

The curriculum is designed to provide a comprehensive and multidisciplinary understanding of pelvic floor disorders. The clinical curriculum includes experience in female pelvic medicine and reconstructive surgery, minimally invasive and robotic surgery, colon and rectal surgery, and urology. Fellows assume progressively independent clinical responsibilities under the guidance of a multidisciplinary team of experts, including fellowship trained urogynecologists, female urologists, minimally invasive gynecologic surgeons, colon and rectal surgeons, urologists and a physical medicine and rehabilitation specialist. We have a track record of training fellows from Ob/Gyn and Urology backgrounds and we have integrated female urology into the fellowship program.

Fellows are actively engaged in research projects and resources at Georgetown University School of Medicine. Fellows have the opportunity to apply for the Master of Science in Clinical and Translational Research Program through Georgetown University School of Medicine and GHUCCTS (<http://www.georgetownhowardctsa.org/education>). If desired, this can be completed within the three years of fellowship for ob/gyn trained fellows, or would add an additional year to the length of the fellowship for urology-trained fellows.

Past and current fellows:

Bela Kudish, MD, MS – Associate Professor, Department of Obstetrics & Gynecology, Florida State University, Tallahassee, FL

David Shveiky, MD – Director of Urogynecology, Hadassah Medical Center, Ein Kerem, Israel

Danielle Antosh, MD - Director, Center for Restorative Pelvic Medicine, FPMRS Fellowship Director, Houston Methodist Urogynecology Associates, Houston, TX

Patrick Nosti, MD – Urogynecology of Kansas City, KS/MO

Ladin Yurteri-Kaplan, MD, MS –Assistant Professor, Department of Obstetrics & Gynecology, Columbia University Medical Center, New York, NY

Lee Richter, MD (female urology) – Assistant Professor, Department of Urology and Obstetrics & Gynecology, MedStar Washington Hospital Center, Georgetown University School of Medicine, Washington, DC

Jeannine Miranne, MD, MS – Assistant Professor, Department of Obstetrics, Gynecology, and Reproductive Biology, Brigham and Women’s Hospital, Harvard Medical School, Boston, MA
Katelyn Smithling, MD – Baystate Medical Center, University of Massachusetts Medical School, Baystate, Springfield, MA
Pakeeza Alam, MD – current fellow
Sarah Francis – current fellow
Allison Polland (female urology) – current fellow

Applicant information:

Requirements: All applicants must have completed a MD based US or Canadian Accredited Ob/Gyn or Urology residency training program and must be eligible to sit for the ABOG/ABU FPMRS board certification examination.

Program Length: 3 years for Urology applicants, 3 years for Ob/Gyn applicants

Number of Fellows: 4

All applicants must apply and submit supporting documents through the [Electronic Residency Application Service \(ERAS\)](#).

Foreign medical graduates should refer to MedStar Washington Hospital Center's visa policy for more information.

For more information, contact:

Jacqueline A. DeLeon
Academic and Fellowship Program Coordinator
Department of Obstetrics and Gynecology
MedStar Washington Hospital Center
110 Irving Street, NW Suite 5B-63
Washington, DC 20010

P: 202-877-7127

F: 202-877-5435

Email: Jacqueline.A.DeLeon@MedStar.net

Curriculum

The three-year curriculum is designed to provide a comprehensive and multidisciplinary understanding of pelvic floor disorders. The clinical curriculum includes experience in female pelvic medicine and reconstructive surgery; minimally invasive and robotic surgery; colon and rectal surgery, and protected research months.

Fellows assume progressively independent clinical responsibilities under the guidance of a multidisciplinary team of experts, including fellowship trained urogynecologists and female urologist, minimally invasive surgeons, colon and rectal surgeons, and a physical medicine and rehabilitation specialist.

Year One*	
Urogynecology	1
Female Urology/Urogynecology	4
Minimally Invasive Gynecologic Surgery/Urogynecology	5
Research	1
Colon and Rectal Surgery	1
Year Two	
Urogynecology	2
Female Urology/Urogynecology	3
Minimally Invasive Gynecologic Surgery/Urogynecology	1
Research and Participation in the GHUCCTS** training program	6
Year Three	
Urogynecology	3
Female Urology/Urogynecology	2
Minimally Invasive Gynecologic Surgery/Urogynecology	2
Research	5

* Curriculum is modified for urology-trained residents.

** GHUCCTS – Georgetown/Howard University DC Clinical Translational Research Training Program (<http://www.georgetownhowardctsa.org/education>)

Fellows have the opportunity to develop and fine-tune clinical skills at our state-of-the-art MedStar Health Simulation Training & Education Lab, SiTEL (<http://sitel.org/about-us/>). The center includes a curriculum for skills training and virtual reality modules for endoscopy.

During fellows' second or third year, they also have the opportunity to participate in a two week Africa fistula mission. Fellows are exposed to international health and cultural competency issues in the developing world. They travel to Kigali, Rwanda, where they learn to perform office evaluations and assist in surgical repair of complex fistulas. These fistula missions are run by the International Organization for Women and Development (www.iowd.org). Dr. Gutman has been participating with this organization for over 10 years and has brought a fellow with him each of the past 6 years. Dr. Richter went as a fellow and now returns annually.

Throughout the program, fellows staff and run the urogynecology resident clinic two half days per month. They are also actively involved in teaching and training residents from MedStar Washington and MedStar Georgetown University Hospital.

Research

The opportunity to participate in research is an integral component of the training program. Fellows develop a thesis project under faculty tutelage. They are encouraged to develop their own research projects, with emphasis on appropriate study design, understanding of analyses, submission and presentation at national meetings, and paper publication. Fellows must present their thesis at grand rounds for thesis defense prior to graduation and submit a version of the manuscript for publication.

Fellows have the opportunity to apply for the Master of Science in Clinical and Translational Research Program through Georgetown/Howard University School of Medicine and GHUCCTS (<http://www.georgetownhowardctsa.org/education>). If desired, this can be completed without extending the length of the fellowship. Alternatively, fellows can apply for a Graduate Certificate in Clinical and Translational Research, which involves half the credits of the Master Degree.

Fellows are guided and supported in their projects by faculty mentors, research coordinators and the resources of the MedStar Health Research Institute. The MedStar Health Research Institute coordinates the research activities of all institutions within the MedStar Health system, provides infrastructure to support clinical research and supervises the animal laboratories on site. The Office of Graduate Medical Education also offers each fellow guaranteed research grants and funding to support the presentation of research at conferences or meetings.

There is also the opportunity to make video presentations through MedStar Health Simulation Training & Education Lab, SiTEL (<http://sitel.org>). Fellows have created several award-winning videos that have been presented at national meetings as well as published online in journals.

The OB/GYN department also funds each fellow to attend the Exxcellence in Clinical Research Course (<https://exxcellence.org>). This six day renowned research course is run by Drs. David Grimes and Kenneth Schulz with intensive introduction to epidemiology, research methods and analysis.

Faculty

Robert E. Gutman, MD – FPMRS, Fellowship Program Director

Amy Park, MD – FPMRS, Associate Fellowship Program Director

Cheryl B. Iglesia, MD – FPMRS Division Director

Andrew Sokol, MD – FPMRS

Lee Richter, MD – Female Urology/FPMRS

James Robinson, MD – MIGS

*All FPMRS faculty are board certified in FPMRS and fellowship trained.

We are in the process of adding a urogynecologist and another minimally invasive gynecologic surgeon.

Conferences

Fellows attend a variety of conferences to enhance their clinical training, including:

- Weekly preoperative conference
- Bi-weekly FPMRS educational lecture series
- Bi-monthly journal club
- Weekly grand rounds
- Semi-annual multidisciplinary pelvic floor conference

The conferences are a key component of the training program; they support the in-depth discussion of particular cases, the exchange of ideas among professionals involved in the treatment of female pelvic disorders and the review of current literature.