

# **Walter Reed National Military Medical Center (WRNMMC)**

**Fellowship Program Name:** Walter Reed National Military Medical Center

**Fellowship Program Director:** Daniel Gruber, MS, MD, Lt Col, USAF;

daniel.d.gruber.mil@mail.mil; ddgruber1@gmail.com

**Associate Program Director:** Sandra Hernandez, MD, COL, USA; sandra.l.hernandez6.mil@mail.mil

**Fellowship Coordinator:** Regina Holloway, regina.l.holloway.civ@mail.mil

## **Address:**

Department of Obstetrics and Gynecology /  
Female Pelvic Medicine and Reconstructive Surgery  
8901 Wisconsin Ave  
Bethesda, MD 20889-5600

**Phone:** 301-400-2468

**Fax:** 301-400-1590

**Description:** The three year fellowship is accredited in Female Pelvic Medicine and Reconstructive Surgery by Accreditation Council for Graduate Medical Education (ACGME). The purpose is to train military fellows (from all services) who upon completion of the program will serve as teaching faculty at one of the Armed Forces Ob/Gyn or Urology residencies.

The faculty consists of the following:

## **Walter Reed (WRNMMC)**

- 4 board certified FPMRS Staff
- 2 Pelvic Floor Physical Therapists
- 1 Female Urologist
- 2 Colo-Rectal Surgeons

## **Mid-Atlantic Urogynecology and Pelvic Surgery (Inova Fairfax Hospital)**

- 3 board certified FPMRS Staff

## **Overview:**

- Fellows also rotate with Pelvic Floor Physical Therapy, GI and have an opportunity for rotation at Fort Belvoir Community Hospital with FPMRS, Urology, and Colo-Rectal Surgery.
- All fellows since 2003 have graduated with over 600 surgical cases in laparoscopic, robotic, vaginal surgery, fistulas, ureterolysis, sacral neuromodulation, stents, rectopexy, etc.

- Clinical exposure includes PFPT, Urology, Colo-Rectal, pelvic ultrasound, MRI, complex urodynamics, bladder and pelvic floor Botox, bulking procedures, post-operative complications, etc.
- There are regularly scheduled didactic lectures, videos, and journal articles covering all topics listed in the FPMRS Guide to Learning.
- Each fellow will complete postgraduate university-level biostatistics and epidemiology courses at the Uniformed Services University.
- Research opportunities include both clinical and basic science. There are both ongoing projects at WRNMMC, USUHS, Inova, and in collaboration with outside facilities.

The schedule for fellows is as follows:

**BREAKDOWN OF ACADEMIC YEARS: 3 month blocks:**

<b>1st Year</b>	WRNMMC	Fairfax	Research	Fairfax
<b>2nd Year</b>	Research	Research	WRNMMC	WRNMMC
<b>3rd Year</b>	Fairfax	WRNMMC	Fairfax	Research

Date program initiated: 2003

**Program Length: 3 Years**