



WOMEN’S PELVIC WELLNESS CLINIC

XXXXXXX Women’s Pelvic Wellness Clinic is a unique, multidisciplinary program that combines the expertise of specialists with a common focus on the diagnosis and treatment of pelvic floor disorders. As the only program in XXXXXXX to combine urology, urogynecology and colorectal surgery, our program delivers an integrated, one-stop clinic for diagnosing and treating all pelvic health needs.

The Women’s Pelvic Wellness Clinic is designed with the patient experience in mind and offers accurate diagnosis and individualized treatment options in a single location, bringing the specialists to the patient to provide seamless, patient-centered and compassionate care. Patients will have the opportunity to see specialists who are fellowship-trained and board-certified in urogynecology and reconstructive pelvic surgery. Physical therapists, gastroenterologists and colorectal surgeons may also be seen depending on the patient’s condition and treatment plan.

As the population ages, it is projected that more than 43 million women will suffer from some type of pelvic floor disorder. The Women’s Pelvic Wellness Clinic is prepared to meet the complex needs of patients with compassionate care, expert diagnosis, and specialized treatment options with the ultimate goal to help women regain a healthy, higher quality of life.

The specialists at XXXXXXX Women’s Pelvic Wellness Clinic work with each other and work with their patients to develop treatment plans to meet each woman’s individual needs and lifestyle.

CONDITIONS AND TREATMENTS

Female urinary incontinence/loss of bladder control

Experts in the clinic strive to help women improve bladder control, eliminate leakage and enjoy a more normal lifestyle. From biofeedback to physical therapy to surgical interventions, there are many treatment options available depending on the severity of incontinence. Treatment options also include:

- Pelvic floor physical therapy
- Urethral sling surgery
- Intravesical botox
- Pessary fitting
- Posterior tibial nerve stimulation
- Sacral neuromodulation
- Peri-urethral bulking agents

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Pelvic organ prolapse (the dropping down of female pelvic organs including bladder, vagina, rectum due to loss of vaginal support)

Many women are able to reduce discomfort and pressure from a pelvic organ prolapse with nonsurgical treatment, which may include making lifestyle changes, doing exercises, and/or using a removable device called a pessary that is placed into the vagina to support areas of prolapse.

Surgical procedures used to correct different types of pelvic organ prolapse include:

- Repair of the bladder (cystocele) or urethra (urethrocele)
- Removal of the uterus (hysterectomy)
- Repair of the rectum (rectocele) or small bowel (enterocele)
- Repair of the vaginal wall (vaginal vault suspension)
- Closure of the vagina (vaginal obliteration)

Accidental bowel leakage (fecal incontinence)

Accidental bowel leakage is the impaired ability to control gas or stool and can range in severity from mild difficulty with gas control to severe loss of control over liquid or formed stools on a daily basis. It is not an uncommon condition and it often coexists with urinary problems, but unfortunately, due to embarrassment, many patients do not seek treatment.

Many patients do not know medications and dietary changes can help. Pelvic floor physical therapy with biofeedback is an integral part of treatment. For people whose symptoms do not improve with these first-line therapies, there are innovative approaches including nerve stimulation, bulking injections and surgery to repair muscle disruption.

OUR PROVIDERS

XXXX XXXXX, MD

Dr. X is the Medical Director of the Women's Pelvic Wellness program. She joined the Department of Urology in 2008 after completing a fellowship in Urogynecology and Reconstructive Pelvic Surgery at the XXXXXXXX Institute. She is board certified in both Urology and Urogynecology and Reconstructive Pelvic Surgery.

XXXX XXXXX, MD, MS

Dr. X is Chief of Urogynecology and Reconstructive Pelvic Surgery in the Ob-Gyn Division of Gynecology. He is board certified in Obstetrics and Gynecology and Urogynecology and Reconstructive Pelvic Surgery. He completed his fellowship at XXXXXXXX.

XXXX XXXXXXXX, MD, MAS

Dr. X is a member of the UW Ob-Gyn Division of Gynecology, specializing in Urogynecology and Reconstructive Pelvic Surgery. She completed her fellowship in Urogynecology and Reconstructive Pelvic Surgery at the XXXXXXXX.

XXXX XXXXXXXXXX, MD

Dr. X is board certified in Obstetrics and Gynecology and Urogynecology and Reconstructive Pelvic Surgery. She completed her fellowship in Urogynecology and Reconstructive Pelvic Surgery at XXXXXXXX.

XXXX XXXX, NP

X is a nurse practitioner specializing in gynecology. She graduated from Edgewood College and completed advanced training through the Adult Health Nurse Practitioner program at the XXXXXX School of Nursing. She joined the XXXXXX Women's Pelvic Wellness team in 2016.

To make an appointment, please call (xxx) xxx-xxxx or toll-free (xxx) xxx-xxxx.

Add website address